## Learning to Write Rationally: How Information Is Distributed in Non-native Speakers' Essays

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#### Abstract

 People tend to distribute information evenly in language production for better and clearer communication. In this study, we compared essays written by second language (L2) learn- ers with various native language (L1) back- grounds to investigate how they distribute in- formation in their non-native L2 production. Analyses of surprisal and constancy of entropy rate indicated that writers with higher L2 pro- ficiency can reduce the expected uncertainty of language production while still conveying informative content. However, the uniformity of information distribution showed less vari- ability among different groups of L2 speakers, suggesting that this feature may be universal in L2 essay writing and less affected by L2 017 writers' variability in L1 background and L2 **proficiency**.

#### **019 1 Introduction**

 With increased globalization, more people have started acquiring and using multiple languages. For instance, the proportion of individuals who speak multiple languages daily in the United States has doubled over the past four decades, rising from [a](#page-4-0)bout one in ten speakers to about one in five [\(Di-](#page-4-0) [etrich et al.,](#page-4-0) [2022\)](#page-4-0). These rapid changes in linguis- tic diversity offer unique opportunities, but also present challenges: Not all speakers achieve perfect or proficient levels in their non-native languages (L2s) due to various factors, including the quan- tity and quality of exposure to L2s, the duration and nature of their acquisition process, and their prior language experiences and native language (L1) backgrounds. The language processing mech- anisms of multilingual speakers may differ from those of native (monolingual) speakers, not only due to variations in proficiency but also because of diverse language backgrounds and experiences.

**039** The cognitive mechanisms underlying multilin-**040** gual language processing represent a vibrant research topic spanning multiple fields, including **041** psychology, linguistics, cognitive sciences, and ar- **042** tificial intelligence. Many previous studies have **043** explored whether and how speakers with different **044** language backgrounds comprehend and produce **045** languages differently, using various approaches **046** (e.g. [Bernolet et al.,](#page-4-1) [2007;](#page-4-1) [Hartsuiker et al.,](#page-4-2) [2016;](#page-4-2) **047** [Hsiao and Gibson,](#page-4-3) [2003](#page-4-3) for behavioral studies, and **048** [Gries and Kootstra,](#page-4-4) [2017;](#page-4-4) [Putnam et al.,](#page-5-0) [2018](#page-5-0) for 049 corpus-based studies). Most of these studies have **050** reached a similar conclusion: the multiple language **051** systems of multilingual speakers are highly inter- **052** active, and phonological, lexical, and syntactic rep- **053** resentations are integrated across languages. Con- **054** sequently, multilingual speakers can't just turn off **055** the other language(s) when they use a particular **056** language. This other language(s) can influence the **057** comprehension and production processes of the **058** language currently in use, leading to unique pat- **059** terns in target language processing that can reveal **060** information and knowledge from other languages. **061**

Even though there are variations in language 062 production among multilingual speakers, the goal **063** remains the same: to deliver information effec- **064** tively and efficiently. To achieve this goal, people **065** distribute information evenly across language pro- **066** duction, maintaining relatively equal predictability **067** for each upcoming word. More specifically, the **068** information carried by a unit of production can **069** be quantified by several features, such as surprisal **070** [\(Shannon,](#page-5-1) [1948\)](#page-5-1), entropy [\(Shannon,](#page-5-1) [1948;](#page-5-1) [Genzel](#page-4-5) **071** [and Charniak,](#page-4-5) [2002\)](#page-4-5), and the uniformity of infor- **072** mation distribution [\(Frank and Jaeger,](#page-4-6) [2008\)](#page-4-6). Us- **073** ing these features, the goal of language production **074** can be described by the following principles: **075**

- The surprisal effect [\(Levy,](#page-5-2) [2008\)](#page-5-2): Processing **076** unexpected information in the produced signal **077** takes longer. **078**
- The constancy of entropy rate (ERC, [Genzel](#page-4-5) **079** [and Charniak,](#page-4-5) [2002\)](#page-4-5): The rate of information **080**

## **081** transmitted in a produced unit remains rela-**082** tively constant across language production.

 • The uniform information density theory (UID, [Frank and Jaeger,](#page-4-6) [2008\)](#page-4-6): People prefer to avoid sudden and rapid changes in informa- tion density by evenly distributing information across language production.

 Numerous empirical studies substantiated these principles. For instance, people need longer time to process unexpected words during comprehen- sion (e.g. [Smith and Levy,](#page-5-3) [2013;](#page-5-3) [Wilcox et al.,](#page-5-4) [2023\)](#page-5-4) and speakers maintain uniformity of infor- mation and constancy of predictability by selecting shorter words (e.g. [Mahowald et al.,](#page-5-5) [2013\)](#page-5-5), repeti- [t](#page-5-6)ive/familiar syntactic structures (e.g. [Xu and Reit-](#page-5-6) [ter,](#page-5-6) [2016,](#page-5-6) [2018\)](#page-5-7), or faster speech rate (e.g. [Priva,](#page-5-8) [2017\)](#page-5-8). The surprisal effect can also be observed in cross-lingual production: multilingual speakers will switch languages to avoid uncommon words in their production that will take longer to process [\(Calvillo et al.,](#page-4-7) [2020\)](#page-4-7).

 While numerous studies, including those men- tioned above, have explored how individuals use these rules to enhance language production, how L2 speakers acquire and utilize those rules to dis- tribute information in their L2 production remains under-researched. Considering that L2 speakers' preferences in lexical selection and syntactic struc- tures can differ from native speakers and can vary based on their L1 backgrounds, we hypothesize that L2 production varies across multilingual speak- ers. In this study, we employ well-attested features from psycholinguistics and information science to examine how L2 speakers of English with diverse native language (L1) backgrounds and varying lev- els of L2 English proficiency distribute information in their written English output.

# **<sup>118</sup>** 2 Method

# **119** 2.1 Corpus and data pre-processing

120 We used the TOEFL11 corpus [\(Blanchard et al.,](#page-4-8) [2013\)](#page-4-8) for this study. The TOEFL11 corpus contains written essays from actual TOEFL exam takers from 11 different L1 backgrounds which are from 7 language families; speakers are grouped into 3 proficiency groups based on their essay scores. De- tailed information is presented in Table [1.](#page-2-0) We also included essays written by native English speak-28 ers from the ICNALE corpus<sup>1</sup> [\(Ishikawa,](#page-5-9) [2013\)](#page-5-9) as

native-like information distribution patterns. This **129** inclusion helps in understanding whether and how **130** information distribution varies with changes in **131** speakers' L2 proficiency and L1 backgrounds. Due **132** to the size of the dataset and shorter essay length **133** in the low proficiency group and the native speaker **134** group, only the first 300 tokens in each essay were **135** used for position-based analyses. **136**

### 2.2 Information-based feature extraction **137**

To extract information features, corpus-based stud- **138** ies typically analyze the information and language **139** resources within the target corpora. However, **140** since the TOEFL11 corpus consists entirely of nonnative speakers' language production, using this **142** method for extracting information features poten- **143** tially introduces biases toward non-native-like syn- **144** tactic structures or lexical selections. To minimize **145** such biases, we extracted information features us- **146** ing pre-trained large language models (LLMs), as **147** these models are more robust and generalized due **148** to their extensive and diverse corpora resources. **149**

We extracted three widely used information- **150** [b](#page-4-5)ased features [\(Frank and Jaeger,](#page-4-6) [2008;](#page-4-6) [Genzel](#page-4-5) **151** [and Charniak,](#page-4-5) [2002;](#page-4-5) [Wilcox et al.,](#page-5-4) [2023\)](#page-5-4) as fol- **152** lows: First, we converted each essay into tokens **153** and obtained the conditional probability *p* for each **154** [t](#page-5-10)oken *w* using a pre-trained LLM (GPT-2, [Radford](#page-5-10) **155** [et al.,](#page-5-10) [2019\)](#page-5-10). We then converted the probability **156** sequences into the following features: 157

• Surprisal: The surprisal feature [\(Shannon,](#page-5-1) **158** [1948;](#page-5-1) [Wilcox et al.,](#page-5-4) [2023\)](#page-5-4) measures how **159** much information a signal carries. Given the **160** context history  $(C)$ , the surprisal of the *i*-th 161 token is calculated as: **162** 

$$
S_i = -log_2(p(w_i|C_{t (1) 163
$$

In our study, surprisal measures how unpre- **164** dictable the exact token is given the previous **165** context. The lower surprisal value indicates a **166** more predictable upcoming word. **167** 

• Entropy: The entropy feature measures the **168** expected predictability of the upcoming to- **169** ken [\(Shannon,](#page-5-1) [1948\)](#page-5-1) through the following **170** equation, given the history of context *C*. **171**

$$
H_i = -\sum_{w \in vocab} (p(w|C_{t\n(2)
$$

Unlike surprisal, entropy calculates the ex- **173** pected predictability of the next word before **174**

<span id="page-1-0"></span><sup>1</sup>The ICNALE corpus: http://language.sakura.ne.jp/icnale/

<span id="page-2-0"></span>

*<sup>a</sup>of low, medium, and high proficiency speakers. <sup>b</sup>mean (SD) of native speakers: 250.72 (30.92).*

Table 1: Corpus description.

**175** it is produced. Therefore, a lower value indi-**176** cates higher certainty in the selection of the **177** next word.

 • UID score: Given the language production *y*, the UID score measures the variance of the surprisal, representing how uniformly in- formation is distributed across the language production.

183 
$$
UID(y) = \frac{1}{|y|} \sum_{i} (y_i - \overline{y})^2
$$
 (3)

**184** Based on this equation, a signal with a per-**185** fectly even distribution of information re-**186** ceives a 0 UID score.

**187** For surprisal and entropy features, both token-**188** based values and document-based mean values **189** were extracted for further analysis.

### **<sup>190</sup>** 3 Results

#### **191 191 3.1 Proficiency vs. information distribution**

 We fitted two linear mixed-effect models using token-based surprisal and entropy as response vari- ables, token positions and proficiency as fixed effects, and individual essays as random effects. We observed a trend towards more native-like pat- terns, with decreasing entropy values and increas- ing surprisal values in position-based results as the speaker's proficiency increases (see Figure [1](#page-2-1) & Table [2\)](#page-3-0). Such a pattern was also observed in the following document-level analysis (see Figure [2\)](#page-3-1). These findings indicate the significance of L2 proficiency in predicting how native-like the infor- mation distribution pattern is in L2 production: a higher L2 proficiency is associated with lower un-certainty, but a higher level of informative content.

<span id="page-2-1"></span>

Figure 1: Entropy (top) and surprisal (bottom) against token position, group by speaker proficiency. Shaded area: actual entropy/surprisal values.

### 3.2 L1 background vs. information **207** distribution **208**

Using only L2 speakers' data and document-based **209** features, a one-way ANOVA analysis indicated a **210** significant effect of L1 backgrounds on mean sur- **211** prisal,  $F(10, 10989) = 143.1***$ , mean entropy, 212  $F(10, 10989) = 82.14^{***}$ , and UID,  $F(10, 10989)$  213  $= 28.22^{***}$  (\*\*\* indicates  $p < 0.001$ ). These differences were also observed when controlling for **215** proficiency (see Figure [2\)](#page-3-1), indicating that speak- **216** ers' information distribution patterns are influenced **217** by L1 background. Table [3](#page-3-2) summarized the num- **218** ber of significant pairs regarding all three features **219** mentioned above. Medium-proficient L2 speakers **220** show the largest variation in distributing informa- **221** tion, while low-proficient speakers have the least **222**

<span id="page-3-0"></span>

Proficiency	<b>Surprisal</b>	Entropy
low	$-3.974***$	$1.25\overline{6}^{***}$
medium	$-2.739***$	$0.696***$
high	$-1.703***$	$0.391***$
*** $p < 0.001$		

Table 2:  $\beta$  values of proficiency (native speakers as reference level) of linear mixed effects models.

<span id="page-3-2"></span>

Proficiency Surprisal Entropy			UID
low	14	13	14
medium	40	35	26
high	23	36	Q

Table 3: Numbers of significant pairs of group differences in post hoc ANOVA analysis.

**223** variation. A further discussion of this pattern fol-**224** lows in the next sections.

#### **<sup>225</sup>** 4 Discussion

 This study explored how multilingual speakers with different L1 backgrounds distribute information in their L2 written production. Our results revealed more "native-like" trends in surprisal and entropy as the speakers' L2 proficiency increased. In con- trast, the UID score indicated that all multilingual speakers tend to hold the fundamental principles of information distribution in their L2 writing, even when they are less proficient in L2. These results provide additional insights regarding specific ef- fects of L2 proficiency on L2 speakers' language production and communication.

 Language surprisal and entropy emphasize in- coming production from different perspectives: Surprisal measures the exact information carried by the incoming word, while entropy estimates the expected certainty about upcoming words. As shown in Figure [1,](#page-2-1) native speakers seek to maxi- mize the information in each word (surprisal) while minimizing the overall expected uncertainty (en- tropy) for effective and clearest communication. As shown in our analyses of surprisal and entropy features, as L2 speakers' proficiency in a second language increases, they develop more native-like language production. Presumably, they have more L2 resources, which further lead to more advanced, sophisticated, and coherent lexical selection, longer production units, and more complex syntactic struc- tures in their L2 production [\(Crossley,](#page-4-9) [2020;](#page-4-9) [Lu,](#page-5-11) [2010,](#page-5-11) [2011\)](#page-5-12). Our analyses of information distri-bution among L2 speakers further support this by

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Figure 2: Boxplots of information features among nonnative speakers' essays. Red lines indicate the mean and 95% distribution among native speakers.

showing that higher L2 proficiency enables learn- **257** ers to produce language more effectively and effi- **258** ciently by carrying more information and reducing **259** expected uncertainty in their production. **260**

Even though we observed significant group dif- **261** ferences in mean surprisal and entropy measures **262** among speakers with different L2 proficiency lev- **263** els and L1 backgrounds, the UID scores showed a **264** slightly different pattern with fewer variations and **265** a more native-like distribution across all L2 profi- **266** ciency groups (see Figure [2c](#page-3-1) and Table [3\)](#page-3-2). Since **267** UID is associated with the variance of surprisals in 268 language production, the UID score suggests that **269** the ability to distribute information evenly might be **270** a generalized effect across L2 speakers, regardless **271** of their L1 background and L2 proficiency in the **272** target language. **273**

### **<sup>274</sup>** 5 Limitations

 Our study is among the first to explore surprisal, entropy, and uniform information density in L2 English writing in a large group of L2 English speakers with a wide variety of L1 backgrounds and with varying levels of L2 English proficiency. Here we outline several limitations of the present work and directions for future research.

 Firstly, the dataset contained only basic informa- tion regarding speakers' language background and experience. The only information available in the TOEFL11 dataset is the speakers' L1. Other crucial details, such as the frequency of L2 usage, dura- tion of L2 acquisition, and the amount of exposure to language(s) other than their L1 and L2 English, are missing. This lack of information restricts the analysis and discussions of underlying causes of the observed variations within each subgroup in the data set, making it challenging to deeply investi- gate the diversity of language production. Future studies may use datasets that include more details regarding language history and the L2 acquisition process to further explore variations in speakers' language production and information distribution patterns.

 Secondly, we only applied informatics features at the document level, which may underestimate local changes and fluctuations in information dis- tribution. Document-level features can also ignore or underestimate the impact of production length, as longer texts may exhibit larger variations in in- formation density due to the larger number of pro- duced words. In our study, we addressed this issue by analyzing language production within a finite length in some models, but this method involves a hard slicing of language production, potentially leading to incomplete representations of informa- tion density distribution. Future studies could ad- dress this issue by analyzing shorter production units, such as sentences or paragraphs, to better investigate how information is distributed among L2 learners' written production.

 Lastly, our work focused on computational- based features (surprisal, entropy, and UID) and we did not examine more traditional linguistic features, such as specific syntactic constructions. Research has shown that for better communication, speakers select specific types of lexical items and syntactic [s](#page-5-6)tructures when producing languages (e.g. [Xu and](#page-5-6) [Reitter,](#page-5-6) [2016\)](#page-5-6). In the L2 acquisition process, as proficiency increases, learners have more language

resources available to produce language, which **325** leads to more complex, richer, and more appro- **326** priate lexical selections and syntactic structures in **327** their language production (e.g. [Crossley,](#page-4-9) [2020;](#page-4-9) [Lu,](#page-5-12) **328** [2011\)](#page-5-12). For a more complete and detailed under- **329** standing of L2 speakers' acquisition and language **330** production, future studies could examine the rela- **331** tionships among computational linguistics features **332** and traditional linguistic features. **333**

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