
Self-alignment of Large Video Language Models with Refined Regularized Preference Optimization

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Models

Abstract

Despite recent advances in Large Video Language Models (LVLMs), they still struggle with fine-grained temporal understanding, hallucinate, and often make simple mistakes on even simple video question-answering tasks, all of which pose significant challenges to their safe and reliable deployment in real-world applications. To address these limitations, we propose a self-alignment framework that enables LVLMs to learn from their own errors. Our proposed framework first obtains a training set of preferred and non-preferred response pairs, where non-preferred responses are generated by incorporating common error patterns that often occur due to inadequate spatio-temporal understanding, spurious correlations between co-occurring concepts, and over-reliance on linguistic cues while neglecting the vision modality, among others. To facilitate self-alignment of LVLMs with the constructed preferred and non-preferred response pairs, we introduce Refined Regularized Preference Optimization (RRPO), a novel preference optimization method that utilizes sub-sequence-level refined rewards and token-wise KL regularization to address the limitations of Direct Preference Optimization (DPO). We demonstrate that RRPO achieves more precise alignment and more stable training compared to DPO. Our experiments and analysis validate the effectiveness of our approach across diverse video tasks, including video hallucination, short- and long-video understanding, and fine-grained temporal reasoning.

1 Introduction

Despite recent progress in Large Video Language Models (LVLMs) [1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15], these models continue to face limitations in fine-grained temporal understanding [16, 17, 18], demonstrate a propensity for hallucination [19, 20], struggle with long-video understanding [21, 22, 23, 24, 25], and frequently make naive mistakes in short-video question-answering tasks [16, 17, 18]. Please see Figure 1 for a number of examples. These shortcomings severely limit their safe and reliable deployment in real-world applications. The underlying causes

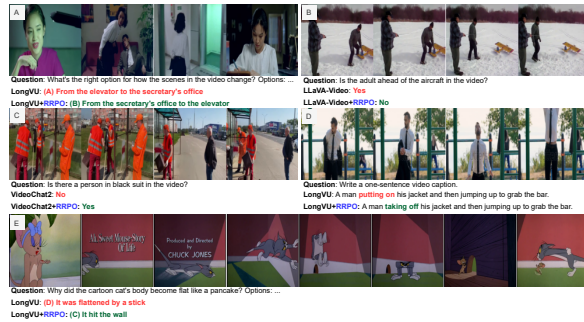


Figure 1: Examples of failure cases in simple video understanding tasks by state-of-the-art LVLMs, and improvements observed after self-alignment with RRPO.

of these limitations are multifaceted, encompassing factors such as inadequate spatial and temporal understanding [16, 17, 18], vision-language representational misalignments [26, 22], challenges in processing long visual sequences due to context length constraints [21, 22, 23], spurious correlations between co-occurring concepts [27, 28], and an over-reliance on linguistic cues while neglecting the visual information [16, 17, 18, 29].

To address these shortcomings and enhance video understanding in LVLMs, we design a self-alignment [30] framework that enables LVLMs to learn from their own errors. Specifically, we begin by sampling video-question pairs from an open-source benchmark. We then apply spatio-temporal perturbations to the video content to mimic common errors that often arise from over-reliance on linguistic cues, spurious correlations between co-occurring concepts, and insufficient spatio-temporal understanding. Using the perturbed video and the corresponding question, we perform inference with the target LVLM. If the model’s response is incorrect, we construct a self-alignment pair by treating the incorrect response as a non-preferred sample and the correct response as the preferred one, which is kept for self-alignment training. Responses that are already correct are discarded, as they offer limited self-improvement potential. Subsequently, we optimize a loss function to prioritize the preferred response over the non-preferred one. Notably, our data generation pipeline is free from human annotation and can be easily scaled. A high-level overview of our self-alignment framework is depicted in Figure 2.

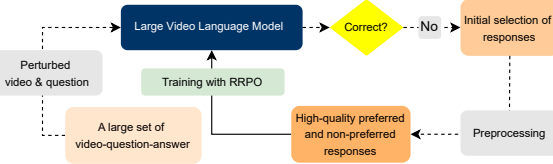


Figure 2: An overview of our self-alignment framework.

To effectively train LVLMs using the generated preferred and non-preferred response pairs, we introduce **Refined Regularized Preference Optimization (RRPO)**, an approach designed to address limitations of Direct Preference Optimization (DPO) [31]. RRPO is designed to address the key drawbacks of DPO. RRPO provides a fine-grained sub-sequence-level reward to explicitly penalize the tokens containing the key concepts that are different between the preferred and non-preferred response pairs. This is contrary to DPO’s response-level reward which penalizes all tokens within non-preferred responses, thus lacking precision and often proving unsuitable for fine-grained alignment. It should be noted that our fine-grained reward further benefits from computing a smaller gradient during optimization and is therefore less prone to diverge away from its initial state unlike DPO’s response-level feedback along with weak regularization which can cause significant divergence from the base model, leading to suboptimal performance. However, sub-sequence-level rewards may incentivize the model to exploit shortcuts, such as outputting correct concepts without proper context or complete responses. To mitigate this, we also minimize token-wise KL-divergence [27] using a reference model on the preferred responses. This ensures that the LVLM maintains a tight bound on its likelihood across the entirety of the preferred response while reducing the likelihood on the non-preferred concepts.

Through empirical and theoretical analysis, we demonstrate that RRPO exhibits greater stability and smoother convergence during optimization compared to DPO. We validate our method on three popular LVLMs specialized for video understanding, VideoChat2, LLaVA-Video, and longVU, covering a wide range of architectures, LLMs, vision encoders, and training setups. Our in-depth evaluation demonstrates that our proposed self-alignment reduces hallucinations and improves performance in fine-grained temporal understanding, as well as in both short- and long-video understanding tasks.

In summary, our contributions are as follows:

- We design a *self-alignment* framework to facilitate self-improvement of LVLMs based on their own errors. We introduce **RRPO**, a preference optimization method that addresses the limitations of DPO by utilizing sub-sequence-level refined rewards and token-wise strong KL regularizer, resulting in more precise alignment and stable training.
- Our rigorous evaluation demonstrates the effectiveness of our proposed method across diverse video tasks, including video hallucination, short and long video understanding, and fine-grained temporal reasoning, among others. Moreover, our experimental and theoretical analyses highlight the superiority of RRPO over DPO in aligning LVLMs. We make our code, data, and model weights public to enable fast and accurate reproducibility.

2 Preference Responses for Self-alignment

As the first step in our framework, we construct a training dataset $\mathcal{D}$ comprising both preferred responses and responses containing incorrect concepts in order to align the LVLMM π_θ to favor correct concepts over incorrect ones. We begin by utilizing a large and diverse publicly available video instruction tuning dataset, containing triplets of video x_v , question x_q , and their human-preferred answers y^+ . To generate non-preferred responses y^- , we obtain perturbed videos $\hat{x}_v = f_p(x_v)$, where f_p is a perturbation function which masks a large portion of frames and applies temporal shuffling, compromising spatio-temporal consistency. Our intention from this step is to provoke the LVLMM to generate responses primarily based on language cues or their parametric knowledge. These perturbed videos $\hat{x}_v$ are fed to π_θ as inputs to generate responses with potential erroneous concepts $y^- = \pi_\theta(x_q, \hat{x}_v)$. An example is illustrated in Figure 3. We then verify the correctness of y^- , retaining incorrect responses and discarding correct ones. Next, We employ an LLM to meticulously compare y^- against y^+ and identify key incorrect concepts within y^- , ensuring that for each incorrect concept $y_i^- \in y^-$ there exists a corresponding correct concept $y_i^+ \in y^+$. In the context of our work, a concept can be actions, objects, attributes, relations, and other key elements in the response that contribute to the semantic understanding of the video. Furthermore, for lengthy responses, we maintain structural similarity between the incorrect and correct versions by rewriting the correct response while incorporating the incorrect concepts. Finally, we apply deduplication based on these correct-incorrect concept pairs, constructing a high-quality training dataset. Examples are provided in Figure 4.

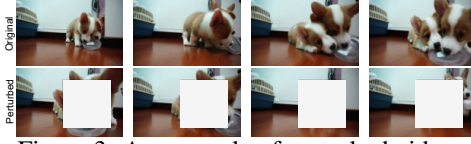


Figure 3: An example of perturbed video.



Figure 4: A few training samples. We bold the correct and incorrect concepts.

3 RRPO

Preliminaries. Given an input $x = \{x_q, x_v\}$ with a pair of responses $\{y^+, y^-\}$, where $y^+ \succ y^- | x$, DPO [31] can be employed to align π_θ to favor y^+ over y^- . This is achieved by maximizing the reward margin between π_θ and a reference model π_{ref} , using the following training objective:

$$\mathcal{L}_{\text{DPO}}(\pi_\theta; \pi_{\text{ref}}) = -\mathbb{E}_{(x, y^+, y^-) \sim \mathcal{D}} \left[\log \sigma(r_\theta(x, y^+) - r_\theta(x, y^-)) \right], \quad (1)$$

where reward $r_\theta(x, y) = \beta \log \frac{\pi_\theta(y|x)}{\pi_{\text{ref}}(y|x)}$ and β controls the deviation from π_{ref} . Note that $r_\theta(x, y)$ is calculated at a response-level by penalizing all the tokens in y , despite the fact that the difference between y^+ and y^- might only be limited to a few key tokens. Such response-level reward can be considered coarse-grained reward modeling and is not suitable for fine-grained alignment. Moreover, as the reward is calculated by penalizing all the tokens in the response, the gradient for $\mathcal{L}_{\text{DPO}}$ tends to be very large for long responses, and accordingly π_θ can diverge to an undesired state thus losing its out-of-the-box capabilities [27, 32, 33].

Refined Regularized Preference Optimization. Our goal is to design a method that can provide a fine-grained reward to penalize individual sub-sequences consisting of the tokens belong to the key differing concepts between y^+ and y^- . We refer to this as refined reward modeling. Let y be expressed as a sequence of tokens $T = \{t_1, t_2, \dots, t_{|y|}\}$. Here, the i -th sub-sequence y_i can be expressed as $T[s_i : e_i]$, where s_i and e_i are the start and end indices of y_i with $1 \leq s_i \leq e_i \leq |y|$. Therefore, the reward for y_i can be computed as:

$$r_\theta(x, y_i) = \beta \log \frac{\prod_{j=s_i}^{e_i} \pi_\theta(t_j|x, t_{<j})}{\prod_{j=s_i}^{e_i} \pi_{\text{ref}}(t_j|x, t_{<j})}. \quad (2)$$

Assuming there exists N such sub-sequences, we can train π_θ to maximize the total reward margin

$$u = \sum_{i=1}^N u_i = \sum_{i=1}^N (r_\theta(x, y_i^+) - r_\theta(x, y_i^-)). \quad (3)$$

Subsequently, we replace the reward formulation in Equation 1 with our refined reward modeling as:

$$\mathcal{L}_{\text{RRPO}}^{(\text{rank})}(\pi_\theta; \pi_{\text{ref}}) = -\mathbb{E}_{(x, y^+, y^-) \sim \mathcal{D}} [\log \sigma(u)]. \quad (4)$$

However, the sparsity of the rewards used to calculate $\mathcal{L}_{\text{RRPO}}^{(\text{rank})}$ may allow π_θ to exploit shortcuts and effectively game the reward function by merely outputting key concepts without appropriate context or generating complete responses. This *reward hacking* may occur since π_θ is incentivized to maximize reward margin based on the differing sub-sequences; the model can learn to produce short, incomplete responses that contain the correct key concepts, even if those responses lack overall coherence, fluency, or completeness. To mitigate this reward hacking, we introduce a regularizer between π_θ and π_{ref} , based on token-wise KL (TKL) divergence [27, 34], as follows:

$$\mathbb{D}_{\text{TKL}}(x, y; \pi_{\text{ref}} \parallel \pi_\theta) = \sum_{t=1}^{|y|} \mathbb{D}_{\text{KL}}(\pi_{\text{ref}}(\cdot \mid [x, y_{<t}]) \parallel \pi_\theta(\cdot \mid [x, y_{<t}])). \quad (5)$$

Accordingly, to ensure π_θ retains its original likelihood across the entirety of y^+ while reducing the likelihood of non-preferred concepts, we optimize $\mathbb{D}_{\text{TKL}}$ between π_θ and π_{ref} over y^+ . We then modify Equation 4 and define the final RRPO loss as:

$$\mathcal{L}_{\text{RRPO}}(\pi_\theta; \pi_{\text{ref}}) = -\mathbb{E}_{(x, y^+, y^-) \sim \mathcal{D}} \left[\log \sigma(u) + \alpha \cdot \mathbb{D}_{\text{TKL}}(x, y^+) \right], \quad (6)$$

where α controls the divergence between π_θ and π_{ref} , and π_{ref} is kept fixed.

How is RRPO update different from DPO? The gradient for $\mathcal{L}_{\text{RRPO}}$ can be obtained as:

$$\nabla_\theta \mathcal{L}_{\text{RRPO}} = -\nabla_\theta \mathbb{E} [\log \sigma(u) + \alpha \cdot \mathbb{D}_{\text{TKL}}(x, y^+)] = -\mathbb{E} [\nabla_\theta \log \sigma(u) + \alpha \cdot \nabla_\theta \mathbb{D}_{\text{TKL}}(x, y^+)]. \quad (7)$$

First, let's calculate the gradient for the ranking loss. Using chain rule, we can write $\nabla_\theta \log \sigma(u) = \left[\frac{\sigma'(u)}{\sigma(u)} \nabla_\theta u \right]$. Using the identity $\sigma'(u) = \sigma(u)(1 - \sigma(u))$, we have $\frac{\sigma'(u)}{\sigma(u)} = 1 - \sigma(u) = \sigma(-u)$. Therefore, $\nabla_\theta \log \sigma(u) = [\sigma(-u) \nabla_\theta u]$. Recalling our sub-sequence-level reward modeling defined in Equation 3, we can obtain:

$$\nabla_\theta u = \sum_{i=1}^N \nabla_\theta u_i = \beta \sum_{i=1}^N \left(\sum_{j=s_i^+}^{e_i^+} \nabla_\theta \log \pi_\theta(t_j^+ | x, t_{<j}^+) - \sum_{j=s_i^-}^{e_i^-} \nabla_\theta \log \pi_\theta(t_j^- | x, t_{<j}^-) \right), \quad (8)$$

as π_{ref} is fixed. Assuming the norm of the gradient of the log-probability for any single token is bounded, $\|\nabla_\theta \log \pi_\theta(t_j | x, t_{<j})\| \leq M$ for some $M > 0$, and that each differentiating sub-sequence y_i^+ or y_i^- has an average length L , we can further bound the gradient norm of the ranking loss:

$$\|\nabla_\theta \mathcal{L}_{\text{RRPO}}^{(\text{rank})}\| \leq \mathbb{E} [\sigma(-u) \|\nabla_\theta u\|] \leq \beta \sum_{i=1}^N (ML_i^+ + ML_i^-) \approx \beta M(2NL), \quad (9)$$

where L is the average length of the sub-sequences ($L \approx L_i^+ \approx L_i^-$). In contrast, the DPO gradient involves sums over the *entire* lengths of y^+ and y^- . A similar analysis for DPO yields a bound proportional to the total lengths:

$$\|\nabla_\theta \mathcal{L}_{\text{DPO}}\| \leq \beta M(|y^+| + |y^-|). \quad (10)$$

Crucially, the total length of the differentiating sub-sequences is typically much smaller than the total length of the full responses, i.e., $2NL \ll |y^+| + |y^-|$. Therefore, the upper bound on the gradient magnitude stemming from the ranking objective is smaller for RRPO compared to DPO:

$$\|\nabla_\theta \mathcal{L}_{\text{RRPO}}^{(\text{rank})}\| \ll \|\nabla_\theta \mathcal{L}_{\text{DPO}}\|.$$

Now, let’s consider the term $\nabla_{\theta} \mathbb{D}_{\text{TKL}}(\cdot)$ in Equation 7. Based on the formulation of $\mathbb{D}_{\text{KL}}(\pi_{\text{ref}} || \pi_{\theta}) = \sum_a \pi_{\text{ref}}(a) \log \frac{\pi_{\text{ref}}(a)}{\pi_{\theta}(a)}$ where a represents a token in the vocabulary, and since π_{ref} fixed, we derive:

$$\nabla_{\theta} \mathbb{D}_{\text{TKL}}(x, y^+) = \sum_{t=1}^{|y^+|} \nabla_{\theta} \mathbb{D}_{\text{KL}}(\cdot) = - \sum_{t=1}^{|y^+|} \sum_a \pi_{\text{ref}}(a | x, y_{<t}^+) \nabla_{\theta} \log \pi_{\theta}(a | x, y_{<t}^+). \quad (11)$$

Note that $\nabla_{\theta} \mathbb{D}_{\text{TKL}}$ is always negative. Therefore, for $\alpha > 0$ in Equation 7, the gradient magnitude of $\mathcal{L}_{\text{RRPO}}$ is further reduced than $\mathcal{L}_{\text{RRPO}}^{(\text{rank})}$.

$$\|\nabla_{\theta} \mathcal{L}_{\text{RRPO}}\| < \|\nabla_{\theta} \mathcal{L}_{\text{RRPO}}^{(\text{rank})}\| < \|\nabla_{\theta} \mathcal{L}_{\text{DPO}}\|$$

This mathematical derivation confirms that the proposed RRPO loss function effectively reduces the gradient, as initially hypothesized. The reduced gradient of RRPO ensures more stable updates compared to DPO in gradient-based optimization while simultaneously enabling precise penalties on specific tokens without the risk of significant divergence. Furthermore, the $\mathbb{D}_{\text{TKL}}$ term acts as a trust-region constraint [35], preventing the model from making large, destabilizing updates. As a result, RRPO allows larger learning rates and yielding smoother convergence in practice. We present the pseudocode of RRPO in Appendix A.

4 Experiment Setup

Base models. We use VideoChat2_{7B} [3], LLaVA-Video_{7B} (also known as LLaVA-Next-Video_{7B}) [9], and LongVU_{7B} [1] as our base models. These models are carefully selected to evaluate our method across diverse LLM architectures, vision encoders, cross-modal adapters, and training setups. For instance, among these models, VideoChat2 employs a video encoder, while the others rely on image encoders. Additionally, LongVU incorporates two vision encoders, whereas the rest use a single vision encoder. VideoChat2 utilizes QFormer [36] as its cross-modal adapter, whereas LLaVA-Video employs MLP projection layers. These models further differ in their LLM architectures, context lengths, and training setups, among other aspects.

Training data. Based on the availability and diversity of video-language instructions, we use VideoChat-IT [3] as our primary source for training samples. Specifically, we select a subset of VideoChat-IT encompassing eight video datasets: Kinetics700 [37], Something-Something-v2 [38], VideoChat [39], VideoChatGPT [40], CLEVRER [41], NEXTQA [42], EgoQA [43], and TGIF [44]. These datasets span a range of tasks, including video description, question answering, reasoning, and conversation. For the perturbation step, we mask a significant portion (25%-50%) of each frame and shuffle the temporal order. We explore three types of temporal perturbations: (i) random shuffling, (ii) local shuffling, and (iii) global shuffling. In random shuffling, frames are shuffled arbitrarily across time. For local shuffling, frames are initially segmented into smaller chunks, and the frames within each chunk are then shuffled. In global shuffling, the order of these chunks is shuffled, rather than individual frames. During inference, based on the LVLMs’ input capacity, we utilize a maximum of 16, 64, and 100 frames for VideoChat2, LLaVA-Video, and LongVU, respectively.

Following the generation of the responses, we verify their correctness. For Multiple Choice Questions (MCQ) and Binary Question Answering (BinaryQA) tasks, verification is straightforward, using regex-based checks. However, for open-ended questions, this method proves inadequate, as semantically equivalent responses can be expressed in diverse phrasings. Consequently, for open-ended questions, we employ a powerful LLM, GPT-4o-mini [45], as a judge [46, 47, 48, 49], to ascertain correctness by comparing the generated response with the ground truth from the video instruction tuning dataset. Additionally, for long responses, we employ GPT-4o-mini to rewrite the correct response while incorporating the incorrect concepts from the generated response. This ensures that correct and incorrect concepts are aligned across both preferred and non-preferred responses. The key statistics of our training data are presented in Table 1. The prompts used during pre-processing with GPT-4o-mini are in Appendix D.

Implementation details. For all base models, we utilize LoRA [50] for training, applying it specifically to the LLMs while freezing all other parameters. Unless otherwise specified, we utilize

Table 1: Key statistics of the generated training samples.

Model	# Samples	Unique pairs
VideoChat2 _{7B}	25K	18K
LongVU _{7B}	22K	14K
LLaVA-Video _{7B}	21K	16K

16 frames for self-alignment training; the rest follows the default training setup of each respective base model. We use $4 \times$ A100 80GB GPUs for training, with the training time varying between 1 to 10 hours. Additional implementation details and hyperparameters are provided in Appendix E.

Evaluation benchmarks. To assess the impact of our self-alignment framework, we conduct evaluations across a diverse range of video understanding tasks. Specifically, we choose TVBench [17] and TempCompass [20] for fine-grained temporal understanding, VideoHalluciner [19] and VidHalluc [51] for video hallucination, MVBench [3] and VideoMME [52] for short video understanding, and MLVU [24] and LongVideoBench [25] for long video understanding. It should be noted that these benchmarks, while selected for specific tasks, often assess overlapping video understanding capabilities. For instance, while VideoHalluciner and VidHalluc are primarily used for hallucination detection, they also evaluate temporal grounding [19, 51]. Similarly, while TVBench mainly focuses on temporal understanding, it covers short video understanding as well [17]. Given its inclusion of short, medium, and long videos, VideoMME explores video understanding of varying lengths.

5 Results and Analysis

This section details our experimental evaluation, which encompasses a comprehensive and comparative analysis against other alignment methods and existing off-the-shelf aligned LVLMs. Furthermore, we present a detailed analysis focusing on the trade-offs between post-alignment divergence and performance. To gain deeper insights into the impact of our proposed method, we conduct experiments exploring its effects on fine-grained temporal understanding, hallucination mitigation, and performance on comprehensive video understanding of varying lengths. Finally, our evaluation includes an investigation into the influence of data, the scaling of input frames, and the presence of subtitles on the performance of our method. We conclude with a discussion regarding the generalization capabilities of our approach.

Table 2: Comparison with existing preference optimization methods and RRPO ablation variants. $\Delta = \frac{1}{N} \sum (\text{acc}_{\text{aligned}} - \text{acc}_{\text{base}})$ and $\% \Delta = \frac{100}{N} \sum (\text{acc}_{\text{aligned}} - \text{acc}_{\text{base}}) / \text{acc}_{\text{base}}$, where N is the number of evaluation benchmarks used for each ablation. RRPO consistently outperforms existing alignment methods.

	TVB	VHall	VMME	MLVU	$\Delta / \% \Delta$
LongVU_{7B} (base)	53.7	39.2	56.2	63.6	—
+ DPO [31]	54.3	40.9	56.6	63.6	0.7/1.5
+ DPA [27]	54.6	40.3	56.9	63.9	0.7/1.5
+ TDPO [34]	53.9	41.4	57.0	63.8	0.8/1.9
+ DDPO [53]	54.2	41.7	56.7	63.6	0.9/2.0
+ RRPO w/o R^*	54.3	43.0	57.8	64.5	1.7/3.8
+ RRPO w/o $\mathbb{D}_{\text{TKL}}$	54.9	39.1	57.4	63.9	0.6/1.1
+ RRPO (ours)	56.5	44.0	57.7	64.5	2.5/5.4

(Abbreviations, TVB: TVBench; VHall: VideoHalluciner; VMME: VideoMME)

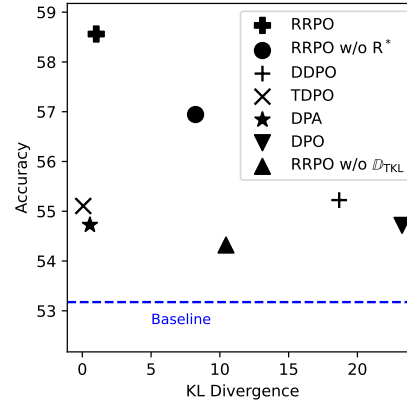


Figure 5: Performance relative to model divergence. RRPO exhibits the best performance-divergence trade-off.

Q1. How well does RRPO perform compared to other alignment methods? We conduct an in-depth analysis of RRPO against other recent preference optimization methods designed to address DPO’s limitations, namely TDPO [34], DDPO [53], and DPA [27] and present the results in Table 2. More specifically, DDPO was introduced to provide fine-grained rewards, TDPO to enhance DPO’s regularization, and DPA to address both of these challenges. A detailed discussion of their objectives, highlighting similarities and differences, is provided in Appendix B. Furthermore, we include two ablation variants of RRPO: one without the refined reward (RRPO w/o R^*) and the other without the token-wise KL regularizer (RRPO w/o $\mathbb{D}_{\text{TKL}}$). Our study covers various aspects of video understanding, including fine-grained temporal understanding on TVBench, hallucination mitigation on VideoHalluciner, comprehensive video understanding on VideoMME, and long video understanding on MLVU. The results presented in Table 2 demonstrate that RRPO consistently outperforms DPO, DPA, TDPO, and DDPO across all benchmarks. Moreover, among the ablation variants of RRPO, the inclusion of $\mathbb{D}_{\text{TKL}}$ alone yields significant performance gains, which are further enhanced by incorporating the refined reward. We present qualitative comparisons in Appendix G.

Table 3: Comparison with off-the-shelf aligned LVLMS. Ours LLaVA-Video-RRPO outperforms LLaVA-Video-TPO across all setups, both of which are based on LLaVA-Video_{7B}.

Model	TV Bench	TempCo- mpass _{Avg}	Video Halluc	Vid Halluc	MV Bench	Video MME	MLVU _{val} (M-Avg)	LongVideo Bench _{Val}
LLaVA-Video-TPO [54]	51.1	66.1	50.6	76.3	60.6	65.6 /71.5	68.7	60.1
LLaVA-Video-RRPO (ours)	52.2	67.4	55.8	76.6	62.0	65.5/ 71.8	69.4	61.3

Table 4: Evaluating our self-aligned LVLMS on diverse video understanding benchmarks. We **bold** the best in each group. 16f and 32f indicate the number of frames utilized during training. #F indicates number of frames used during inference. Here, we presents the overall results averaged across sub-categories where applicable, with detailed results available in Appendix C.

Models	#F	TV Bench	TempCo- mpass _{Avg}	Video Halluc	Vid Halluc	MV Bench	Video MME	MLVU _{val} (M-Avg)	LongVideo Bench _{Val}
Video-LLaVA _{7B} [10]		33.8	49.9	17.8	40.3	42.5	39.9	29.3	39.1
VideoLLaMA2 _{7B} [5]		42.9	43.4	10.0	66.3	54.6	62.4	48.4	—
LongVA _{7B} [21]		—	57.0	—	—	—	52.6	42.1	—
MiniCPM-V 2.6 _{7B} [55]		—	66.3	—	—	—	60.9	—	54.9
NVILA _{7B} [56]		—	—	—	—	68.1	64.2	70.1	57.7
LongVILA _{7B} [8]		—	—	—	—	67.1	60.1	—	57.1
Qwen2-VL _{7B} [57]		43.8	67.9	—	—	67.0	63.3	65.5	55.6
LLaVA-NeXT-Video-DPO _{7B} [58]		—	53.8	32.0	—	—	—	—	43.5
ShareGPT4Video _{8B} [59]		—	61.5	15.8	30.9	—	39.9	34.2	39.7
PLLaVA _{13B} [60]		—	—	41.2	48.2	—	—	—	45.6
Aria _{83.5B} [61]		51.0	69.6	—	—	69.7	67.6	—	63.0
LLaVA-NeXT-Video-DPO _{34B} [58]		—	—	32.3	49.5	—	—	—	50.5
Qwen2-VL _{72B} [57]		52.7	—	—	—	73.6	71.2	—	—
GPT-4o [62]		39.9	73.8	53.3	81.2	49.1	71.9	54.5	66.7
Gemini 1.5 Pro [11]		47.6	67.1	37.8	72.8	60.5	75.0	—	64.0
(The above models are presented for reference only, and may not be suitable for direct comparisons.)									
VideoChat2 _{7B} [3]		—	50.8	7.8	—	60.4	39.5	—	39.3
VideoChat2 _{7B}	16	44.0	59.3	23.1	73.3	60.2	41.0	46.4	40.4
+ DPO (16f)	16	45.7	60.0	22.1	72.4	59.6	43.0	47.4	41.0
+ RRPO (16f) (Ours)	16	45.8	60.2	32.9	76.4	59.0	44.3	47.9	42.8
LLaVA-Video _{7B} [9]		45.6	—	—	—	58.6	63.3	70.8	58.2
LLaVA-Video _{7B}	64	51.0	66.0	50.0	76.6	61.1	64.0	68.6	60.1
+ DPO (16f)	64	51.9	66.4	53.3	76.5	60.6	63.1	67.4	59.4
+ RRPO (16f) (Ours)	64	51.9	66.8	55.7	76.5	62.2	64.5	69.1	60.4
+ RRPO (32f) (Ours)	64	52.2	67.4	55.8	76.6	62.1	64.5	69.4	60.1
LongVU _{7B} [1]		—	—	—	—	66.9	—	65.4	—
LongVU _{7B}	1fps	53.7	63.9	39.2	67.3	65.5	56.2	63.6	48.6
+ DPO (16f)	1fps	54.3	64.3	40.9	68.5	65.9	56.6	63.6	49.4
+ RRPO (16f) (Ours)	1fps	56.5	64.5	44.0	71.7	66.8	57.7	64.5	49.7

For transparency, we report base LVLMS' results from the literature where available, marked in grey. Differences from our reproduced results, both higher and lower, stem from variations in frame count, input prompt, GPT variant used for evaluation, and occasional implementation issues. For fairness, self-aligned variants are compared against our reproduced results.

Q2. How much does the model diverge post alignment? Understanding the extent of model divergence after alignment is essential to ensure that the process refines behavior without undermining core capabilities as excessive divergence can lead to instability, reduced generalization, and loss of valuable pre-trained knowledge. Figure 5 presents a comparative analysis of performance improvements against model divergence following preference optimization. Despite using a $10\times$ higher learning rate (which is facilitated through the smaller and more stable gradient updates), RRPO exhibits a KL divergence of 1 compared to DPO's KL divergence of 20. While TDPO and DPA exhibit almost the same divergence as RRPO, their performance across all evaluation benchmarks is substantially worse. RRPO, in contrast, demonstrates the optimal performance-divergence trade-off.

Q3. How does RRPO performance compared to off-the-shelf aligned LVLMS? We further evaluate our aligned LVLMS against other off-the-shelf aligned LVLMS. Specifically, we compare our RRPO-trained LLaVA-Video with the concurrent work LLaVA-Video-TPO, both of which are based on the LLaVA-Video-Qwen_{7B} [9]. LLaVA-Video-TPO is trained using a combination of DPO and SFT with a manually curated video-language dataset. The results in Table 3 demonstrate that RRPO is significantly more effective than concurrent methods. Our LLaVA-Video-RRPO outperforms LLaVA-Video-TPO across all setups, with performance gains of up to 5.2%.

Table 5: Impact of different spatio-temporal perturbations in generating non-preferred responses. Default perturbations for each model are colored.

	TVB	VHall	VMME	MLVU	$\Delta/\%\Delta$
VideoChat2_{7B} (base)	44.0	23.1	41.0	46.4	—
+ None	40.7	16.0	39.9	43.8	-3.5/-11.6
+ RS	43.0	23.3	41.8	46.3	0.0/0.1
+ Mask	44.0	26.2	43.4	48.8	2.0/6.1
+ LS-Mask	44.6	28.2	44.6	49.4	3.1/9.7
+ GS-Mask	44.2	28.8	44.1	46.3	2.2/8.1
+ RS-Mask	45.8	32.9	44.3	47.9	4.1/14.4
LLaVA-Video_{7B} (base)	51.0	50.0	64.0	68.6	—
+ LS-Mask	51.9	55.7	64.5	69.1	1.9/3.7
+ GS-Mask	51.3	54.8	64.2	68.7	1.4/2.7
+ RS-Mask	51.5	51.6	64.6	69.6	0.9/1.6
LongVU_{7B} (base)	53.7	39.2	56.2	63.6	—
+ LS-Mask	56.5	44.0	57.7	64.5	2.5/5.4
+ GS-Mask	55.0	43.9	56.9	64.5	1.9/4.3
+ RS-Mask	55.1	42.4	57.0	64.3	1.5/3.3

(Abbreviations, RS: Random Shuffle; LS: Local Shuffle; GS: Global Shuffle; TVB: TVBench; VHall: VideoHalluc; VMME: VideoMME; LVB: LongVideoBench.)

Table 6: Impact of data size.

	TVB	VHall	VMME	MLVU	$\Delta/\%\Delta$
Baseline	51.0	50.0	64.0	68.6	—
+ 5K	50.9	53.7	64.0	69.0	1.0/1.9
+ 10K	51.2	53.8	64.3	69.0	1.2/2.3
+ 15K	51.8	54.4	64.2	68.9	1.4/2.8
+ 20K	51.9	55.7	64.5	69.1	1.9/3.7

Table 7: Impact of varying the number of frames at inference.

	TVB	MVB	LVB
32	Baseline 49.6	61.2	58.4
	+ RRPO 51.3	61.7	58.9
64	Baseline 51.0	61.1	60.1
	+ RRPO 52.2	62.1	60.1
128	Baseline 49.4	60.5	60.3
	+ RRPO 51.3	61.2	61.3

Table 8: Impact of varying subtitles along with videos (VMME).

	without	with
VideoChat2 _{7B}	41.0	48.0
+ RRPO	44.3	49.4
LLaVA-Video _{7B}	63.8	67.4
+ RRPO	64.5	68.0
LongVU _{7B}	56.2	62.0
+ RRPO	57.7	63.1

Q4. Does our method improve fine-grained temporal understanding? To evaluate this, we utilize TVBench [17] and TempCompass [20], designed to test the temporal understanding abilities of LVLMS. TVBench tests capabilities across various temporal tasks, including action localization, directional movement, and scene transitions, among others. Similarly, TempCompass evaluates performance on video captioning, caption matching, MCQ, and BinaryQA, covering video understanding tasks such as event ordering, action identification, and state change. As shown in Table 4, our method, RRPO, consistently improves base model performance by up to 2.8%, demonstrating its effectiveness in enhancing fine-grained temporal understanding and outperforming DPO across all setups.

Q5. Does our method effectively mitigate hallucinations? Hallucination occurs when LVLMS produce responses that are ungrounded, referred to as intrinsic hallucination, or unverifiable, referred to as extrinsic hallucination. Hallucination presents a significant obstacle to the reliable use of LVLMS. To evaluate the impact of our method on video hallucination, we employ VideoHalluc [19] and VidHalluc [51]. VideoHalluc tests LVLMS for both extrinsic and intrinsic hallucinations while including both spatial and temporal hallucinations. Additionally, VidHalluc focuses specifically on temporal hallucinations, such as action hallucination. As shown in Table 4, RRPO significantly reduces hallucination across all base models. Specifically, RRPO improves performance by 4.8% to 8.8% on VideoHalluc and by up to 4.4% on VidHalluc. In most cases, RRPO demonstrates a substantial performance advantage over DPO, with gains reaching 10.8%.

Q6. Does our method improve comprehensive video understanding across varying video lengths? To evaluate the comprehensive video understanding capabilities of LVLMS across varying video lengths, we leverage four benchmarks: MVBench [3], VideoMME [52], MLVU [24], and LongVideoBench [25]. Together, these benchmarks span a wide variety of perception and reasoning tasks, focusing on objects, actions, their attributes, and holistic video understanding. Among these, MVBench is specifically designed for a comprehensive evaluation of *short videos*, while MLVU and LongVideoBench offer thorough evaluations for *long videos*. VideoMME provides a comprehensive assessment across videos of *varying lengths*. As shown in Table 4, consistent improvements are observed across all benchmarks for LongVU and LLaVA-Next. For VideoChat2, self-alignment leads to substantial gains in three out of four setups, with only a minor regression in MVBench. Furthermore, RRPO consistently outperforms DPO, further demonstrating the advantages of fine-grained alignment in enhancing comprehensive video understanding.

Q7. How do perturbations in our data generation pipeline impact the quality of non-preferred responses? To assess the impact of the perturbations on the quality of non-preferred responses, we conduct in-depth analyses and present the results in Table 5. Our key observations are as follows: First, non-preferred responses generated without video perturbations leads to diminished model performance, likely due to reduced generalizability. Second, temporal perturbations alone are ineffective, although their combination with masking significantly boosts performance. Among the spatio-temporal perturbations, random shuffling with masking (RS-Mask) improves performance for models processing fewer frames (e.g., VideoChat2) whereas local shuffling with masking (LS-Mask) proves superior for models handling longer sequences (e.g., LongVU, LLaVA-Video).

Q8. How does our method scale with training data? To test the impact of scaling the amount of data, we perform an experiment by varying the number of training samples from 5K to 20K, incrementing by 5K. As shown in Table 6, performance improves with data size. This suggests that our data-generation pipeline is effective in producing high-quality training samples for self-alignment.

Q9. How does performance vary with the number of input frames? We investigate the effect of scaling the number of visual input frames during both inference and self-alignment training. For inference, we evaluate LLaVA-Video using 32, 64, and 128 frames across TVBench, MVBench, and LongVideoBench. The results are presented in Table 7. Our key observations are as follows: First, RRPO consistently improves performance over the base model across all setups. Second, neither the base model nor RRPO exhibits performance gains beyond 64 frames on TVBench and MVBench. This is likely due to the short-video nature of these benchmarks, where higher frame counts result in redundant frame resampling. However, for long-video understanding, increasing frame counts yields performance improvements, particularly for RRPO with a 1.2% improvement compared to the base model’s 0.2% gain. Subsequently, we explore the impact of increasing the number of frames during self-alignment training. Specifically, we raise the frame count from our default 16 to 32. The results presented in Table 4 demonstrate that this increase enhances performance. Notably, we observe a consistent performance improvement on fine-grained temporal understanding tasks, as evidenced by the gains on TVBench and TempCompass.

Q10. Does our method retain its performance advantage with subtitles? Subtitles generally enhance video understanding by providing additional language cues that LVLMs can leverage. Thus, we investigate whether our method maintains its benefits over base models when subtitles are included. As shown in Table 8, our method demonstrates consistent improvements across all setups.

Q11. Does our method generalize across diverse LVLM architectures and training setups? Given the rapid evolution of LVLMs, we carefully select VideoChat2, LLaVA-Video, and LongVU as the base models to cover a wide variety of design choices and training methodologies (e.g., Table 4). Specifically, VideoChat2 uses the UMT [63] video encoder, while LLaVA-Video and LongVU use DINOv2 [64] and SigLIP [65] as their image encoders. On the other hand, LongVU employs dual vision encoders, unlike the others. Moreover, the cross-modal adapters range from query-based for VideoChat2 to MLP projections for LLaVA-Video, and a combinations of both in the case of LongVU. Furthermore, the overlap between self-alignment training samples and instruction tuning data differs across models, with VideoChat2 having the highest overlap and LLaVA-Video having the least. Importantly, our self-alignment consistently improves performance across these diverse setups, even when reusing instruction tuning data.

6 Related work

Recent years have seen a surge in the development of LVLMs with improved video understanding capabilities [1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15]. This progress can be attributed to several key factors: (1) the development of diverse video benchmarks [3, 7, 66, 43, 67], which enable LVLMs to follow human instructions and reason across a variety of video tasks; (2) architectural innovations that support the use of rich, dense visual features and enable efficient processing of long sequences [21, 8, 1, 68, 69, 70, 5, 71]; and (3) advancements in training algorithms for both the pre-training [72, 63, 65, 73] and post-training [74, 75, 31] stages. LVLM training generally involves multi-stage processes [76, 77], with pre-training typically focusing on representational alignment between video and language [3, 78, 36], and post-training refining the model’s ability to follow instructions [3, 78, 79], reduce hallucination [53, 27], improve reasoning skills [80, 81], and align the model with human preferences [80, 81]. Our introduced RRPO is a post-training alignment method designed to enhance the overall video understanding capabilities of LVLMs. While concurrent works [82, 83, 54] have explored post-training alignments of LVLMs, they directly adopt DPO [31], which proves ineffective in fine-grained alignment, as discussed in Section 5.

7 Conclusion

To improve the video understanding abilities of LVLMs, we design a self-alignment framework that enables LVLMs to learn from their own errors. These errors commonly occur due to their lack of spatio-temporal reasoning, over-reliance on linguistic cues, and spurious correlations between

co-occurring concepts, among others. To effectively align LVLMs against such errors, we introduce RRPO, a novel preference optimization method designed for fine-grained alignment through refined reward modeling with strong regularization. Our in-depth experiments and analyses show that RRPO training is more stable and highly effective compared to prior and concurrent preference optimization methods across diverse tasks. Moreover, the fine-grained reward modeling in RRPO improves capabilities without causing significant divergence from the base models. Our proposed self-alignment with RRPO exhibits consistent improvements across all setups over the base models, effectively reducing hallucination and improving spatio-temporal reasoning, thus enabling safer and more reliable use of LVLMs. Moreover, we show that the approach scales well with more data and high-resolution temporal inputs, and generalizes well across diverse LVLM architectures and training setups. Future work can further investigate iterative self-alignment methodologies with RRPO, moving beyond the static dataset used in this work.

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Appendix

A RRPO Pseudocode (PyTorch Style)

```
import torch
import torch.nn.functional as F

def rrpo_loss(self, logits, ref_logits, phrase_ids, alpha, beta):
    """
    logits:          logits from pi_theta.
                     shape: (batch_size, sequence_length, vocab_size)
    ref_logits:       logits from pi_ref.
                     shape: (batch_size, sequence_length, vocab_size)
    phrase_ids:        phrase identifiers where tokens belonging to the same
                       phrase share the same value; additionally, they remain
                       the same between correct and misaligned phrases to
                       maintain correspondence.
                     shape: (batch_size, sequence_length)
    correct_idx:       indices of the correct responses in batch
    wrong_idx:         indices of the wrong responses in batch
    alpha:             coefficient to control the token-wise KL divergence
    beta:              coefficient to control reward/penalty
    """

    # compute log probabilities
    logps = logits.log_softmax(dim=-1)
    ref_ps = ref_logits.softmax(dim=-1)
    ref_logps = ref_ps.log()

    # compute token-wise KL divergence
    token_wise_kl = (ref_ps * (ref_logps - logps)).sum(dim=-1)

    # compute the margin
    logps_margin = logps - ref_logps

    # accumulate log probabilities of the phrases with key concepts
    # here 0 indicates ignored tokens
    unique_phrase_ids = torch.unique(phrase_ids, sorted=True)[1:]
    phrase_logps_margin = torch.zeros(
        phrase_ids.size(0), len(unique_phrase_ids))
    for i, phrase_id in enumerate(unique_phrase_ids):
        mask = (phrase_ids == phrase_id).float()
        phrase_logps_margin[:, i] = (logps_margin * mask).sum(dim=-1)

    chosen_logps_margin = phrase_logps_margin[correct_idx]
    rejected_logps_margin = phrase_logps_margin[wrong_idx]
    logits_margin = (chosen_logps_margin -
                     rejected_logps_margin).sum(dim=-1)

    chosen_token_wise_kl = token_wise_kl.sum(dim=-1)[chosen_idx]

    losses = -torch.logsigmoid(beta * logits_margin)
              + alpha * chosen_token_wise_kl

    return losses
```

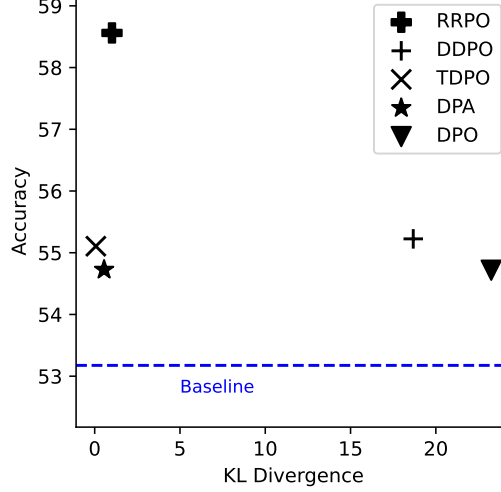


Figure S1: Comparison of characteristics among preference optimization methods. Both DDPO and DPO diverge significantly from their initial state after alignment. While TDPO and DPA are effective in restricting model divergence, they are less effective in improving performance. RRPO achieves excellent performance with minimal divergence from the base model.

B Comparing Loss Formulation of RRPO and Other Methods

This section presents a comparative analysis between RRPO and other preference optimization methods studied in this work, i.e., DPO, DDPO, TDPO, and DPA. We begin by outlining the respective loss functions, followed by a detailed discussion of their similarities and differences.

Comparison with DPO.

As previously discussed, the DPO [31] loss function is defined as:

$$\begin{aligned}\mathcal{L}_{\text{DPO}}(\pi_{\theta}; \pi_{\text{ref}}) &= -\mathbb{E} \left[\log \sigma(r_{\theta}(x, y^{+}) - r_{\theta}(x, y^{-})) \right], \\ &= -\mathbb{E} \left[\log \sigma \left(\beta \log \frac{\pi_{\theta}(y^{+}|x)}{\pi_{\text{ref}}(y^{+}|x)} - \beta \log \frac{\pi_{\theta}(y^{-}|x)}{\pi_{\text{ref}}(y^{-}|x)} \right) \right].\end{aligned}\quad (\text{S1})$$

The DPO loss function calculates reward over all tokens in y^{+} and y^{-} , despite the fact that there might be a few sub-sequences that are conceptually different. This approach results in coarse-grained reward modeling, and because it penalizes all tokens in the response, the loss function accumulates a large gradient and tends to diverge significantly from the base model, potentially resulting in weak alignment, as shown in Figure S1. RRPO is introduced to address two key challenges of DPO: to provide fine-grained feedback and restrict the divergence of the model away from its initial state.

Comparison with DDPO.

DDPO [53] extends DPO by incorporating a weighted reward based on the sub-sequence level differences between y^{+} and y^{-} , and is defined as:

$$\mathcal{L}_{\text{DDPO}}(\pi_{\theta}; \pi_{\text{ref}}) = -\mathbb{E} \left[\log \sigma \left(\beta \log \frac{\pi_{\theta}(y^{+}|x)}{\pi_{\text{ref}}(y^{+}|x)} - \beta \log \frac{\pi_{\theta}(y^{-}|x)}{\pi_{\text{ref}}(y^{-}|x)} \right) \right], \quad (\text{S2})$$

where $\log \pi(y|x) = \sum_{y_i \in y} \log p(y_i|x, y_{<i})$ is modified as:

$$\log \pi(y|x) = \frac{1}{N} \left[\sum_{y_i \in y_{\text{same}}} \log p(y_i|x, y_{<i}) + \gamma \sum_{y_i \in y_{\text{different}}} \log p(y_i|x, y_{<i}) \right].$$

Here, y_{same} and $y_{\text{different}}$ indicate unchanged and changed segments between y^{+} and y^{-} . Moreover, $\gamma > 1$ is a weighting hyperparameter, and larger γ indicates more weight on those changed segments.

While DDPO is designed to provide fine-grained feedback, its loss formulation is not as effective as RRPO and is also prone to diverging far from its initial state, similar to DPO, due to weak regularization, see Figure S1.

Comparison with TDPO.

TDPO [34] is also derived from DPO, incorporating an additional regularization term ($\mathbb{D}_{\text{TKL}}$) between π_θ and π_{ref} , which is defined as:

$$\begin{aligned} \mathcal{L}_{\text{TDPO}}(\pi_\theta; \pi_{\text{ref}}) = & -\mathbb{E} \left[\log \sigma \left((r_\theta(x, y^+) - r_\theta(x, y^-)) \right. \right. \\ & \left. \left. - \alpha \left(\beta \mathbb{D}_{\text{TKL}}(x, y_w; \pi_{\text{ref}} \| \pi_\theta) - \text{sg}(\beta \mathbb{D}_{\text{TKL}}(x, y_c; \pi_{\text{ref}} \| \pi_\theta)) \right) \right) \right]. \end{aligned} \quad (\text{S3})$$

As shown in Figure S1, TDPO is effective in restricting the divergence of the base model, but its performance is almost the same as DPO and falls short of our RRPO.

Comparison with DPA.

DPA [27] is a phrase-level alignment method unlike DPO and its variants. The DPA loss is composed of two terms where the first term computes the relative log-probability between two phrases of y^+ and y^- , and the second term works as a regularizer between π_θ and π_{ref} , formulated as:

$$\mathcal{L}_{\text{DPA}}(\pi_\theta; \pi_{\text{ref}}) = -\mathbb{E} \left[\frac{1}{N} \sum_{i=1}^N -\log \frac{P(y_i^+)}{P(y_i^+) + P(y_i^-)} + \alpha \cdot \mathbb{D}_{\text{TKL}}(x, y^+; \pi_{\text{ref}} \| \pi_\theta) \right], \quad (\text{S4})$$

where $P(y_i^+)$ and $P(y_i^-)$ denote the probability of i -th phrase in y^+ and y^- . Assume, y is expressed as a sequence of tokens $\{t_1, t_2, \dots, t_{|T|}\}$, then the probability of i -th phrase can be computed as $\prod_{j=s_i}^{e_i} \pi_\theta(t_j | x, t_{<j})$, where s_i and e_i represent the start and end token indices.

The loss formulation of RRPO draws inspiration from DPA to achieve fine-grained alignment without the risk of divergence. However, we identify a fundamental limitation in DPA: it directly adjusts the probabilities of π_θ to modify the probability ratio between preferred and non-preferred phrases. This approach leads to an inaccurate probability ratio after the initial pair of preferred and non-preferred segments, as subsequent segment probabilities become dependent on their preceding elements. Therefore, DPA is not accurate in providing fine-grained feedback for sequences composed of multiple sub-sequences of key concepts. As shown in Figure S1, DPA, while successful in controlling divergence, is ineffective in improving performance.

C Additional Results

Statistical analysis between RRPO and DPO. We perform statistical analysis between RRPO and DPO aligned model. We consider the performance (denoted as Score) difference, whether an improvement or decline, of the Model1 relative to the Model2 on a specific task to be statistically significant if the Adjusted Δ exceeds zero, where Δ denotes the difference in performance between the Model1 and Model2 . Statistical significance is assessed using the Standard Error (SE) at a 95% confidence level. The corresponding mathematical formulations are presented below.

$$\text{SE} = \sqrt{\frac{\text{Score}_{\text{Model1}} \times (1 - \text{Score}_{\text{Model2}})}{\text{number of samples}}},$$

$$\Delta = \text{Score}_{\text{Model1}} - \text{Score}_{\text{Model2}},$$

$$\text{Adjusted } \Delta = \Delta - 1.96 * \text{SE}.$$

The results presented in Table S1 shows that RRPO almost always outperforms DPO and even in several cases improvements are statistically significant.

Table S1: Statistical analysis between RRPO and DPO variants. Green underline indicates that the performance improvements are statistically significant. Also, there are no instances in which the DPO variants achieve statistically significant gains over RRPO.

Model	TV Bench	TempCo- mpass _{Avg}	Video Halluc	Vid Halluc	MV Bench	Video MME	MLVU _{val} (M-Avg)	LongVideo Bench _{val}
VideoChat2 _{7B} +DPO	45.7	60.0	22.1	72.4	59.7	43.0	47.4	41.0
VideoChat2 _{7B} +RRPO	45.8	60.2	<u>32.9</u>	<u>76.4</u>	59.1	44.3	47.9	42.8
LLaVA-Video _{7B} +DPO	51.9	66.4	53.3	76.5	60.2	63.1	67.4	59.4
LLaVA-Video _{7B} +RRPO	51.9	66.8	55.7	76.5	62.0	64.5	69.1	60.4
LLaVA-Video _{7B} +TPO	51.1	66.1	50.6	76.3	60.6	65.6	68.9	60.1
LLaVA-Video _{7B} +RRPO	52.2	67.4	<u>55.8</u>	76.6	62.0	65.5	69.4	61.3
LongVU _{7B} +DPO	54.3	64.3	40.9	68.5	65.8	56.6	63.6	49.4
LongVU _{7B} +RRPO	<u>56.5</u>	64.5	<u>44.0</u>	<u>71.7</u>	66.7	57.7	64.5	49.7

Detailed results. This section details the results for the subcategories of the evaluation benchmarks used in our study.

Table S2: Detailed results on TempCompass.

Models	Caption Matching	Captioning	Multi-choice	Yes-No	Avg.
VideoChat2 _{7B}	69.5	46.6	58.0	63.0	59.3
+ RRPO	73.2	48.5	56.6	62.6	60.2
LlavaVideo _{7B}	75.1	50.2	67.6	71.0	66.0
+ RRPO	75.8	52.0	68.6	70.9	66.8
+ RRPO (32f)	76.6	53.0	68.7	71.3	67.4
LongVU _{7B}	74.7	49.8	63.9	67.3	63.9
+ RRPO	75.2	50.6	64.7	67.4	64.5

Table S3: Detailed results on VideoHalluciner.

Model	Object relation	Temporal	Semantic	Factual	Non-factual	Avg.
VideoChat2 _{7B}	47.5	8.0	38.5	1.0	20.5	23.1
+ RRPO	53.5	24.0	55.0	5.0	27.0	32.9
LlavaVideo _{7B}	66.0	56.5	65.5	13.5	48.5	50.0
+ RRPO	65.5	65.5	71.0	23.5	53.0	55.7
+ RRPO (32f)	65.5	65.5	71.5	23.5	53.0	55.8
LongVU _{7B}	50.5	46.0	43.0	17.0	39.5	39.2
+ RRPO	53.0	48.0	50.0	26.0	43.0	44.0

Table S4: Detailed results on VidHalluc.

Model	BinaryQA	MCQ	Scene Transition	Avg.
VideoChat2 _{7B}	66.8	84.9	68.2	73.3
+ RRPO	72.7	85.5	70.9	76.4
LlavaVideo _{7B}	77.9	91.4	60.6	76.6
+ RRPO	78.4	91.6	59.5	76.5
+ RRPO (32f)	78.6	91.7	59.5	76.6
LongVU _{7B}	71.4	87.0	43.4	67.3
+ RRPO	74.2	88.2	52.7	71.7

Table S5: Detailed results on VideoMME.

Model	Short	Medium	Long	Avg.
VideoChat2 _{7B}	49.0	38.6	35.6	41.0
+ RRPO	52.2	41.9	38.8	44.3
LlavaVideo _{7B}	76.3	62.8	52.8	64.0
+ RRPO	76.6	63.1	53.8	64.5
+ RRPO (32f)	76.7	62.9	53.9	64.5
LongVU _{7B}	66.1	54.7	47.9	56.2
+ RRPO	67.7	55.0	50.3	57.7

D Additional Details of Training Data

Prompt templates.

The instructions used in processing open-ended generated responses employing GPT4o are presented in Figures S2 and S3.

```
% {Prompt used in open-ended response processing stage 1}
Thoroughly read the question and the given answers.

Your task is to determine whether the "Predicted answer" is "Correct" or "Wrong"
based on the "Question" and "Reference answer".
To determine correctness, focus on the key aspects in the answers, such as
objects, actions, and their attributes, among others.
The "Predicted answer" may have partial information in comparison to the
"Reference answer", in that case check whether at least the partial information
can be fully verified based on the "Reference answer".

Please respond with any of the following and nothing else:

- "Correct" if the predicted answer is correct based on the reference answer.
- "Wrong" if the predicted answer is not fully correct based on the reference
answer.
- "Undecided" if you are not sure about their correctness.

Question: {question}
Reference answer: {ground_truth}
Predicted answer: {generated_response}
```

Figure S2: Prompt used in open-ended response processing stage 1.

```
% {Prompt used in open-ended response processing stage 2}
***Turn 1***

Identify the key differences between these two sentences.
To identify differences focus on the key aspects in the sentences,
such as objects, actions, and their attributes, among others.
If there are no key difference between these two sentences,
please respond with "None" and nothing else.

Sentence 1: {sentence_from_ground_truth}
Sentence 2: {sentence_from_generated_response}

***Turn 2***

Please rewrite the "Sentence 1" by incorporating the differences you
mentioned earlier. Your final response should contain only the revised
sentence and nothing else.

Sentence 1: {sentence_from_ground_truth}
```

Figure S3: Prompt used in open-ended response processing stage 2.

E Implementation Details

Training hyperparameters.

Table S6: Details of training hyperparameters.

	VideoChat2	LLaVA-Video	LongVU
LLM	Mistral	Qwen2	Qwen2
Vision encoder	UMT	SigLIP	SigLIP+DINOv2
Trainable module	LoRA in LLM and everything else is kept frozen		
LoRA setup [50]	rank=128, alpha=256		
Learning rate	2e-5	5e-6	5e-6
Learning rate scheduler	Cosine	Cosine	Cosine
Optimizer	AdamW	AdamW	AdamW
Weight decay	0.02	0.0	0.0
Warmup ratio	-	0.03	0.03
Epoch	1	1	1
Batch size per GPU	2	1	1
Batch size (total)	32	32	32
α (loss coefficient)	0.01	0.01	0.05
β (loss coefficient)	0.9	0.1	0.5
Memory optimization	-	Zero stage 3 [84, 85]	FSDP

Licenses of existing assets used.

- VideoChat2 (Apache License 2.0): https://huggingface.co/OpenGVLab/VideoChat2_stage3_Mistral_7B
- LLaVA-Video (Apache License 2.0): <https://huggingface.co/lmms-lab/LLaVA-Video-7B-Qwen2>
- LongVU (Apache License 2.0): https://huggingface.co/Vision-CAIR/LongVU_Qwen2_7B
- VideoChat-IT (MIT): <https://huggingface.co/datasets/OpenGVLab/VideoChat2-IT>

F Broader impact

As generative models are increasingly deployed in real-world applications, there is a growing need for post-training methods that enable fine-grained alignment with human preferences and values. Our proposed method, RRPO, can be applied to align generative models in both language and multimodal settings. By facilitating more precise alignment, RRPO has the potential to improve the safety, reliability, and usability of these models for real-world usage.

G Qualitative Results

We present several examples in Figures S4 - S7 highlighting the effectiveness of RRPO over the base model and other preference optimization methods (e.g., DPO) in diverse video understanding tasks. We also present some failure cases in Figures S8 - S9.

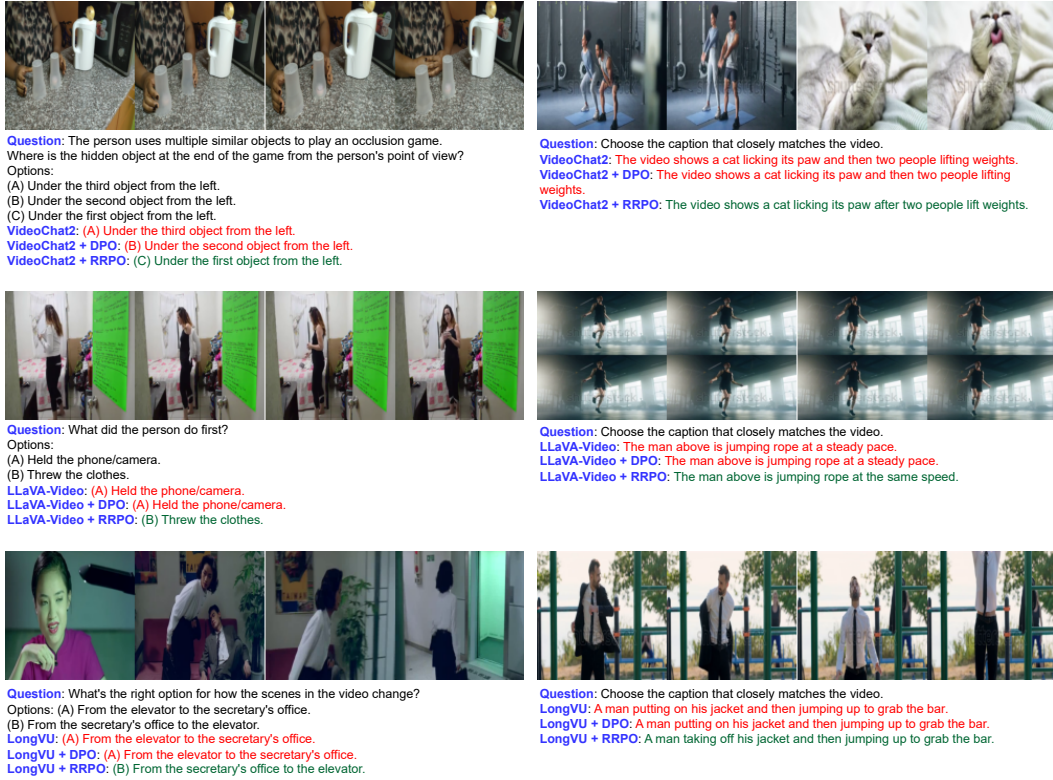


Figure S4: Qualitative examples on fine-grained temporal understanding tasks.

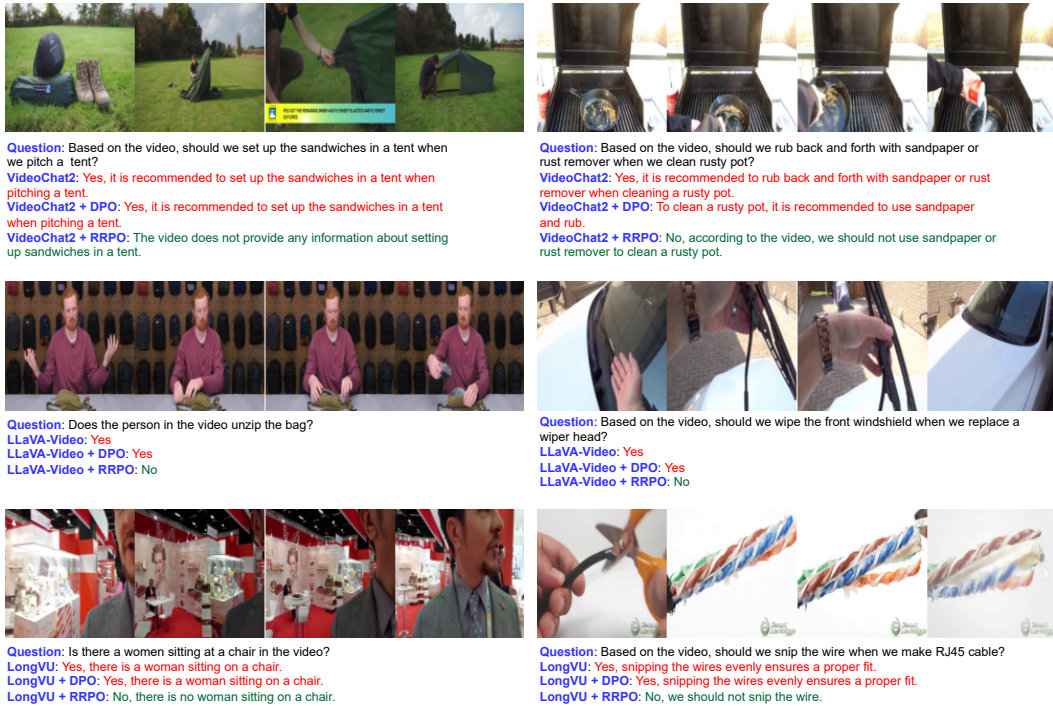


Figure S5: Qualitative examples on video hallucination tasks.

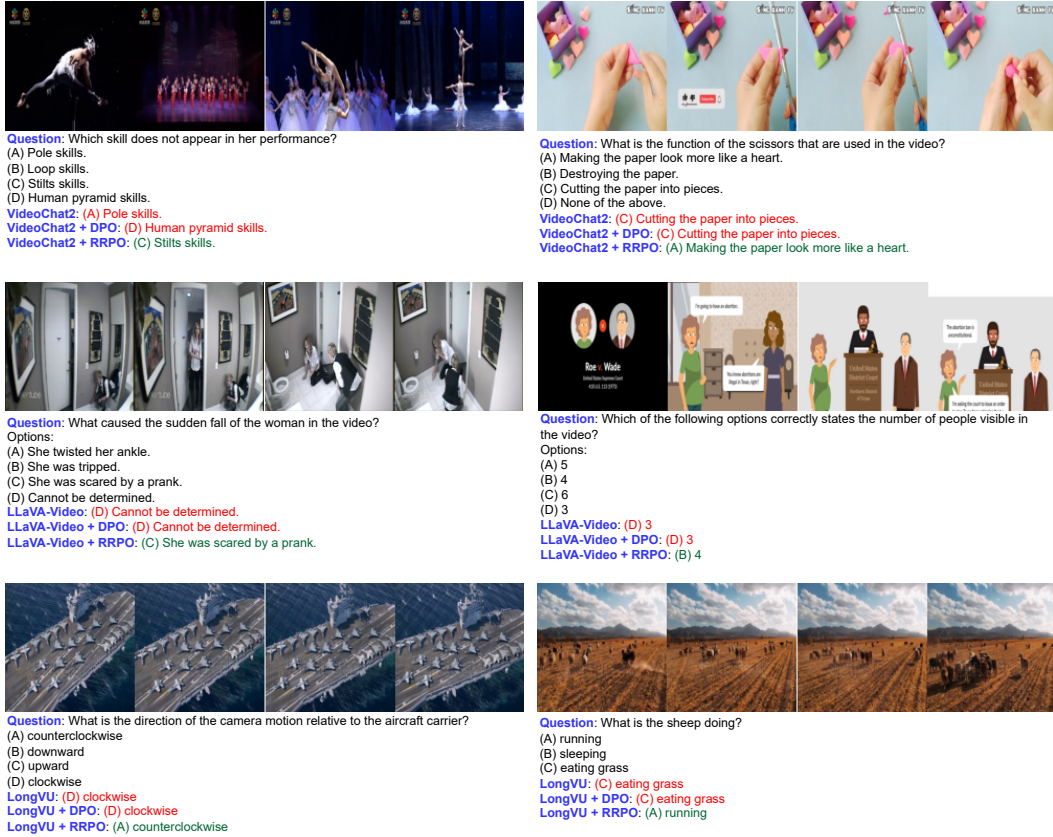
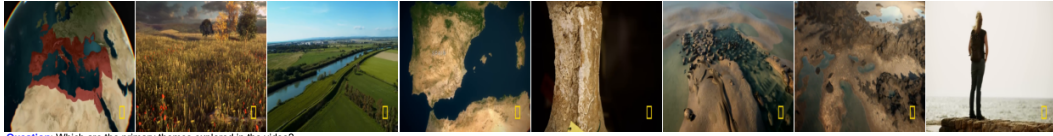


Figure S6: Qualitative examples on comprehensive video understanding tasks (short).



Question: Which are the primary themes explored in the video?

- (A) Secrets about Rome found underwater.
 (B) How Rome grew into an empire.
 (C) The Roman Maritime's prosperity.
 (D) The high technologies used to detect sank ships.

VideoChat2: (D) The high technologies used to detect sank ships.

VideoChat2 + DPO: (C) The Roman Maritime's prosperity.

VideoChat2 + RRPO: (A) Secrets about Rome found underwater.



Question: What is this video mainly about?

- (A) Two teams complete the mission and survive in the jungle for 24 hours.
 (B) Two teams work together to accomplish assigned tasks.
 (C) Two teams battled the game planners.
 (D) Two squads search for the man in the black suit via VCR.

VideoChat2: (D) Two squads search for the man in the black suit via VCR.

VideoChat2 + DPO: (D) Two squads search for the man in the black suit via VCR.

VideoChat2 + RRPO: (A) Two teams complete the mission and survive in the jungle for 24 hours.



Question: What caused the German athlete in the video to encounter difficulties when attempting to clear the height of 2 meters 27?

Options:

- (A) The athlete slipped on the takeoff and lost balance, causing him to miss the jump.
 (B) The athlete's coach gave him incorrect instructions, leading to a failed attempt.
 (C) The athlete suddenly stopped when he was approaching the crossbar frame, leaving little time for another high jump attempt.
 (D) The athlete misjudged the distance and jumped too early, resulting in a failed attempt.

LLaVA-Video: (A) The athlete slipped on the takeoff and lost balance, causing him to miss the jump.

LLaVA-Video + DPO: (A) The athlete slipped on the takeoff and lost balance, causing him to miss the jump.

LLaVA-Video + RRPO: (C) The athlete suddenly stopped when he was approaching the crossbar frame, leaving little time for another high jump attempt.



Question: In which order are the following magics performed in this video?

- (a) Finding words in a dictionary.
 (b) Drawing a diamond using a match.
 (c) Producing a popcorn from eyes.
 (d) Seeing things through a bearded dragon.
 (e) Inducing judges to choose the cards that they get.

Options:

- (A) (c)(a)(e)(d)(b).
 (B) (c)(d)(a)(e)(b).
 (C) (a)(e)(b)(c)(d).
 (D) (a)(b)(d)(c)(e).

LLaVA-Video: (C) (a)(e)(b)(c)(d).

LLaVA-Video + DPO: (C) (a)(e)(b)(c)(d).

LLaVA-Video + RRPO: (B) (c)(d)(a)(e)(b).



Question: Why was the man's ear cut off in the video?

Options:

- (A) Because he got into a fight with someone
 (B) Another man accidentally cut the wrong person
 (C) Because he violated some agreement and was punished
 (D) He was retaliated against by others

LongVU: (A) Because he got into a fight with someone

LongVU + DPO: (A) Because he got into a fight with someone

LongVU + RRPO: (B) Another man accidentally cut the wrong person



Question: What genre is this movie?

Options:

- (A) Sci-fi
 (B) Comedy
 (C) Thriller
 (D) Romance

LongVU: (A) Sci-fi

LongVU + DPO: (A) Sci-fi

LongVU + RRPO: (B) Comedy

Figure S7: Qualitative examples on comprehensive video understanding tasks (long).



Question: Describe this video.

VideoChat2: The video shows two men standing in the snow, one of them is holding a fishing rod and the other is pulling a sled. The man holding the fishing rod is wearing a gray jacket and a black hat, while the other man is wearing a plaid shirt and a black hat. They seem to be enjoying their time in the snow and are having a good time.

VideoChat2 + DPO: The video shows two men standing in the snow, one of them is holding a fishing rod. They are trying to pull a sled out of the snow. The man holding the fishing rod is wearing a gray jacket and a black hat, while the other man is wearing a plaid shirt and a black hat. They seem to be struggling to pull the sled out of the snow. The snow is deep and white, and there are no other people or objects visible in the video. The sound of the wind can be heard in the background.

VideoChat2 + RRPO: The video shows two men standing in the snow, one of whom is holding a fishing rod. They are standing near a yellow sled that is lying on the ground. One of the men is wearing a hat and a plaid shirt, while the other is wearing a hat and a gray sweater. The man holding the fishing rod is pulling on the line, and the other man is standing nearby. The sled is lying on its side, and there are no other objects visible in the scene. The men seem to be enjoying their time in the snow, and the overall atmosphere of the video is peaceful and serene.



Question: Describe this video.

LongVU: The video captures a sequence of events in a snowy landscape, beginning with a person standing on the snow, holding a long, thin object, possibly a stick or rod, with a small, colorful object attached to it. The person is dressed in winter clothing, including a jacket, pants, and a beanie, suggesting cold weather conditions. The background features leafless trees and a clear sky, indicating a winter setting.

As the video progresses, the person's position changes slightly, and the camera angle shifts to reveal more of the snowy landscape, including a small, colorful object on the ground, which is later identified as a toy airplane. The person's actions suggest they are preparing to launch the airplane, as they are seen holding the rod and the airplane is positioned on the ground, ready for takeoff.

The person then moves closer to the airplane, indicating they are about to launch it. The camera angle changes to provide a clearer view of the person's actions and the airplane's position. The person's stance and the positioning of the airplane suggest they are actively controlling its flight.

The video then shows the airplane in motion, with the person holding the rod and the airplane airborne, indicating that it has been launched. The person's posture and the airplane's position suggest they are actively controlling its flight. Finally, the airplane is seen descending towards the ground, with the person still holding the rod and the airplane in motion. The person's posture and the airplane's position suggest they are actively controlling its descent. The snowy landscape and leafless trees in the background remain consistent throughout the video, providing a continuous winter setting.

LongVU + DPO: The video captures a sequence of events in a snowy landscape, beginning with a person standing on the snow-covered ground, holding a long, thin object, possibly a stick or rod, with a small, colorful object attached to it. The person is dressed in winter clothing, including a jacket, pants, and a beanie, suggesting cold weather conditions. The background features leafless trees and a clear sky, indicating a winter setting.

As the video progresses, the person's position changes slightly, and the camera angle shifts to reveal more of the snowy landscape, including a small, colorful object on the ground, which appears to be a toy or model airplane. The person's posture and the positioning of the object suggest they might be preparing for an activity involving the airplane.

Further into the video, the person is seen holding a remote control device, indicating they are controlling the airplane. The airplane is now visible in the air, suggesting it has been launched or is being flown. The person's actions and the airplane's position imply they are actively engaged in flying the aircraft.

The video continues to show the person adjusting their stance and the remote control device, possibly to maintain control of the airplane. The airplane's position in the air remains consistent, indicating stable flight conditions. The snowy landscape and leafless trees in the background remain unchanged, providing a consistent winter setting throughout the video.

Towards the end of the video, the person is seen holding the remote control device with both hands, possibly preparing for a maneuver or adjusting the airplane's flight path. The airplane is no longer visible in the frame, suggesting it may have moved out of the camera's field of view or is flying at a higher altitude.

In the final scene, the person is standing alone in the snowy landscape, holding the remote control device in one hand, with the other hand raised, possibly signaling or adjusting the flight of the airplane. The person's posture and the positioning of the remote control device suggest they are actively engaged in flying the airplane. The snowy landscape and leafless trees in the background remain consistent, indicating that the video captures a continuous sequence of events in the same winter setting.

LongVU + RRPO: The video captures a sequence of events centered around the operation of a colorful remote-controlled airplane in a snowy outdoor setting. Initially, a person is seen holding a remote control device, presumably controlling the airplane, which is not visible in the frame. The individual is dressed in winter clothing, including a yellow jacket, and is standing on a snowy surface with a backdrop of leafless trees and a clear sky. The ground is marked with tire tracks, suggesting recent activity.

As the video progresses, the person is shown walking towards the camera, indicating movement across the snowy landscape. The remote control device is no longer in view, implying it might have been set aside or is being operated from a distance. The individual's attire and the snowy environment remain consistent throughout these frames.

Subsequently, the focus shifts to the remote-controlled airplane itself, which is now visible on the snow, suggesting it has been recently operated or is being prepared for flight. The individual who was previously controlling the airplane is no longer in the frame, and the camera has zoomed in to capture the airplane's details, including its colorful design and the presence of a propeller.

The video concludes with the airplane in motion, as indicated by the blurred propeller and the disturbed snow around it. This suggests that the airplane has been activated and is either taking off or landing. The camera maintains its focus on the airplane, capturing the dynamic action against the unchanged snowy backdrop and leafless trees, emphasizing the contrast between the moving airplane and the stillness of the surrounding environment.



Question: Describe this video.

LLaVA-Video: The video depicts a winter scene where two individuals are engaged in an activity involving a small, yellow model airplane. The setting is an open, snow-covered field with a backdrop of leafless trees, indicating a cold season. The ground is covered in a thick layer of snow, and the sky appears overcast.

""Objects and Individuals""

1. ""Two Individuals""

- The first individual is wearing a plaid jacket, green pants, and a black cap. He is holding a remote control device, likely used to operate the model airplane.

- The second individual is dressed in a gray jacket, dark pants, and a beanie. He is handling the model airplane, which is predominantly yellow with some blue and red accents.

2. ""Model Airplane""

- The model airplane is small, yellow, and has a simple design with a single set of wings and a tail. It appears to be a glider or a basic remote-controlled plane.

""Activity Description""

- The person in the gray jacket is seen adjusting or preparing the model airplane on the snow. He seems to be ensuring that the airplane is stable and ready for operation.

- The person in the plaid jacket is holding the remote control, suggesting he is about to operate the airplane.

- As the video progresses, the person in the gray jacket steps back slightly, allowing the person in the plaid jacket to take control of the remote and start operating the model airplane.

- The model airplane is then seen being maneuvered by the person in the plaid jacket, who is using the remote control to steer it across the snowy field.

""Background and Environment""

- The background consists of a vast expanse of snow with tracks from previous activities, possibly from other model airplanes or vehicles.

- The trees in the distance are bare, reinforcing the winter setting.

""Conclusion""

- The video captures a moment of leisure and enjoyment as two individuals engage in flying a model airplane in a snowy field. The preparation and coordination involved in this activity highlight the teamwork and attention to detail required for such hobbies. The serene winter landscape adds to the overall ambiance of the scene.

LLaVA-Video + DPO: The video depicts a winter scene where two individuals are engaged in an activity involving a small, yellow model airplane. The setting is an open, snow-covered field with a backdrop of leafless trees, indicating a cold season.

""Objects and Individuals""

1. ""Two Individuals""

- The first individual is wearing a plaid jacket, green pants, and a black cap. He is holding a remote control device, likely used to operate the model airplane.

- The second individual is dressed in a gray jacket, dark pants, and a beanie. He is handling the model airplane, adjusting its position on the snow.

2. ""Model Airplane""

- The model airplane is predominantly yellow with some blue and red accents. It has a single propeller at the front and appears to be a simple, single-engine design.

""Activity Description""

- The person in the plaid jacket is operating the remote control, which suggests he is controlling the movement of the model airplane.

- The person in the gray jacket is adjusting the position of the model airplane on the snow, possibly preparing it for flight or ensuring it is stable.

- Throughout the video, the person in the gray jacket moves around the model airplane, making adjustments while the person in the plaid jacket maintains control over the remote.

""Background and Environment""

- The background consists of a vast, snow-covered field with tracks from previous activities, indicating that this area is frequently used for similar activities.

- The trees in the distance are bare, suggesting it is either late autumn or winter.

""Conclusion""

- The video captures a moment of preparation and coordination between two individuals as they work together to operate a model airplane in a snowy environment. The detailed actions and attire suggest a recreational activity that requires both technical skill and teamwork.

LLaVA-Video + RRPO: The video depicts a winter scene where two individuals are engaged in an activity involving a small, yellow model airplane. The setting is an open, snow-covered field with a backdrop of leafless trees, indicating a cold season.

""Objects and Individuals""

1. ""Two Individuals""

- The first individual is wearing a plaid jacket, green pants, and a black cap. He is holding a remote control device, likely used to operate the model airplane.

- The second individual is dressed in a gray jacket, dark pants, and a beanie. He is handling the model airplane, adjusting its position on the snow.

2. ""Model Airplane""

- The model airplane is predominantly yellow with some blue and red accents. It has a single propeller at the front and appears to be a simple, single-engine design.

""Activity Description""

- The first individual is standing and holding a remote control device, which he uses to operate the model airplane. His stance suggests he is focused on controlling the plane.

- The second individual is crouched down next to the model airplane, making adjustments to its position on the snow. He seems to be ensuring that the airplane is stable and ready for operation.

- Throughout the video, the second individual moves around the airplane, occasionally stepping back to assess his work before making further adjustments.

- The first individual remains stationary, concentrating on the remote control, while the second individual moves around the airplane, making sure it is properly positioned.

""Contextual Analysis""

- The activity involves both individuals working together to prepare the model airplane for flight. The person with the remote control is responsible for operating the plane once it takes off, while the other ensures the plane is correctly set up on the ground.

- The snowy environment provides a suitable surface for the model airplane to glide smoothly without the risk of sinking into softer ground.

- The presence of multiple tracks in the snow suggests that this area is frequently used for similar activities or other forms of recreation.

""Conclusion""

- The video captures a moment of teamwork and preparation as the two individuals collaborate to get the model airplane ready for flight. The snowy landscape and the individuals' attire indicate a cold, possibly windy day, which is ideal for flying model airplanes. The focus on the model airplane and the individuals' actions highlights their dedication to ensuring the plane is properly set up for a successful flight.

Figure S8: Building on the capabilities of the base models, we observe that RRPO-aligned models may still make mistakes or exhibit hallucinations in detailed video description tasks. For instance, VideoChat2 continues to display similar hallucinations after both DPO and RRPO training, as seen in the base model. In contrast, for LongVU, while both the base and DPO-aligned models hallucinate, the RRPO-aligned variant avoids such errors. Finally, in the case of LLaVA-Video, the RRPO-aligned model retains the base model's reliable behavior, as neither exhibits hallucinations.

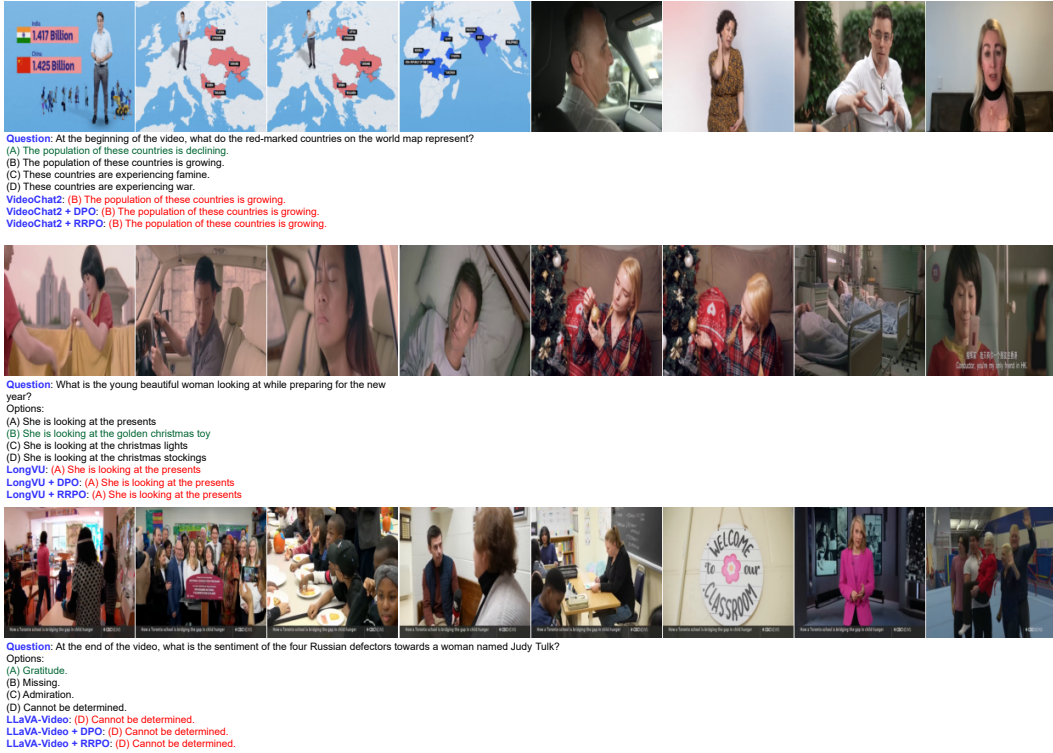


Figure S9: We also observe that RRPO-aligned models may still exhibit limitations in long video understanding tasks, primarily due to architectural constraints of the base model in processing extended frame sequences, as well as computational constraints during RRPO training that limit the use of long video inputs.

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