
Distributed mediation analysis with communication-efficiency

Shaomin Li

School of Mathematics and Statistics
Beijing Jiaotong University
Beijing, 100044
sml11@bjtu.edu.cn

Abstract

We study the mediation analysis under the distributed framework, where data are stored and processed across different worker machines due to storage limitations or privacy concerns. Building upon the classic Sobel’s test and MaxP test, we introduce the distributed Sobel’s test and distributed MaxP test, respectively. These tests are both communication-efficient and easy to implement. Theoretical analysis and numerical experiments show that, compared to the global test obtained by pooling all data together, the proposed tests achieve nearly identical power, independent of the number of machines. Furthermore, based on these two distributed test statistics, many enhanced mediation tests derived from the Sobel’s or MaxP tests can be easily adapted to the distributed system. We apply our method to an educational study, testing whether the effect of high school mathematics on college-level Probability and Mathematical Statistics courses is mediated by Calculus. Our method successfully detects the mediation effect, which would not be identifiable using data from only the first or second class, highlighting the advantage of our approach.

1 Introduction

Mediation analysis is regarded as a prevalent tool to dissect a mediation relationship between exposures and outcomes, and it has been widely applied in different fields, such as epidemiology [29], economics [1], psychology [18], education [11], and many others. Baron and Kenny[3] provided the basis for the advance of mediation analysis. They proposed a conventional regression-based approach, commonly referred to as the causal steps method, to examine the logical relationships among exposure, mediator, and outcome variables linking in a causal chain. While the causal steps method established necessary conditions for causal inference, it did not provide a joint test of the indirect effect of exposure on the outcome through a mediator. To test the mediation effect, the classic tests are Sobel’s test [31] and the MaxP test [24]. However, these tests suffer from low statistical power, as it overlooks the impact of the composite null structure in mediation analysis [25]. To address the aforementioned issues, Nuijten et al.[26] proposed an approach based on Bayesian models. Zhang[37] developed two data-adaptive tests that outperform both Sobel’s test and MaxP test. These studies were limited to a small number of mediators. For high-dimensional mediators, one usually first estimates the proportions of sub-null hypotheses and generates weighted p -values [7, 8, 10, 17, 23].

In many applications, data is collected independently by numerous agents and organizations. Due to limitations in resources and concerns about privacy, only summary statistics can be shared between sites, while raw data remains inaccessible. To address this, distributed learning algorithms have gained attention in multi-source studies, enabling collaborative analyses without compromising the

privacy of individual-level data. There has been substantial research on distributed estimation, which can be categorized into two main approaches: the one-shot average method [6, 13, 14, 32, 38] and the multi-round iteration method [12, 19, 20, 35, 36]. However, research on distributed statistical testing is still in its early stages. For example, Battley et al.[4] explored distributed versions of Wald and Rao’s score tests for sparse high-dimensional schemes. Zhao et al.[39] proposed a distributed specification test for massive datasets and analyzed the impact of divide-and-conquer strategies on nonparametric testing. Du et al.[9] addressed one-sample mean testing within distributed frameworks. Li et al.[22] introduced a distributed conditional independence test aimed at discovering causal relationships. Cai et al.[5] studied distributed nonparametric goodness-of-fit testing under differential privacy constraints in a white-noise-with-drift model. In the context of mediation analysis research, meta-analysis is often employed to combine results from multiple studies. This is typically done by either computing a weighted average of p-values or test statistics [30], or by averaging the estimated mediation effects using a weighted approach [21]. However, these methods often lack a detailed and rigorous statistical framework to support their use.

The distributed tests discussed above all rely on a simple weighted average approach. One limitation of this method is that, when the total sample size N is fixed, the power of the test declines sharply as the number of data blocks K increases, as shown in the simulation. In this paper, we develop a distributed framework for testing mediation effects, which overcomes this limitation. Specifically, our main contributions can be summarized as follows:

- We propose communication-efficient distributed versions of the classic Sobel’s test statistic T_{Sobel} and the MaxP test statistic T_{MaxP} , denoted as T_{Sobel}^{Dis} and T_{MaxP}^{Dis} , respectively. After presenting the theoretical properties of these statistics, we provide an easy-to-implement algorithm. Both theoretical analysis and numerical experiments demonstrate that the proposed tests achieve nearly identical power to the global test, which is obtained by pooling all data together—a process difficult to implement in practice due to data-sharing limitations.
- Our method lays the foundation for the further development of distributed mediation analysis. Although the classic Sobel’s and MaxP tests are conservative and underpowered, primarily because they do not account for the composite null nature of the mediation effect, many enhanced mediation tests are built upon Sobel’s or MaxP tests. Consequently, the distributed versions of these enhanced tests can be derived from our distributed Sobel’s or MaxP tests.
- We apply our method to an educational study, demonstrating that high school mathematics’ effect on college-level Probability and Mathematical Statistics is mediated by Calculus. The data are sourced from three classes, with only summary information of local data available from each class due to student privacy concerns. Our distributed test successfully detects the mediation effect, which would be undetectable using local tests from just the first or second class.

2 Preliminaries: Mediation Analysis

Let A represent the exposure variable, Y the continuous outcome, M the continuous mediator, and $X \in \mathbb{R}^p$ the vector of additional covariates used to adjust for potential confounding. In their seminal work, Baron and Kenny[3] proposed the following linear structural equation models for the outcome and mediator:

$$Y = \beta_0 + \beta_A A + \beta M + \beta_X^T X + \epsilon_Y, \quad (1)$$

$$M = \gamma_0 + \gamma A + \gamma_X^T X + \epsilon_M, \quad (2)$$

where ϵ_Y and ϵ_M represent error terms with zero means and constant variances, assumed to be uncorrelated with one another.

The mediation effect is the Natural Indirect Effect (NIE), a concept introduced by [28] and [27], which quantifies the effect of the exposure on the outcome that is mediated through the mediator. For continuous mediator and outcome variables, the mediation effect is defined as the product $\beta\gamma$, where β and γ are the coefficients from the respective equations. Graphically, the mediation effect corresponds to the NIE conveyed through the chain $A \rightarrow M \rightarrow Y$, as illustrated in the directed acyclic graph (DAG) in Figure 1. The modern causal inference framework relies on the following standard identification assumptions to estimate the mediation effect [34, 33].

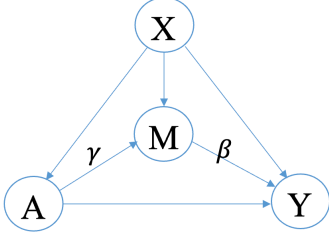


Figure 1: The causal graph with treatment A , outcome Y , mediator M , and confounder X . γ is the effect of A on M , and β is the effect of M on Y .

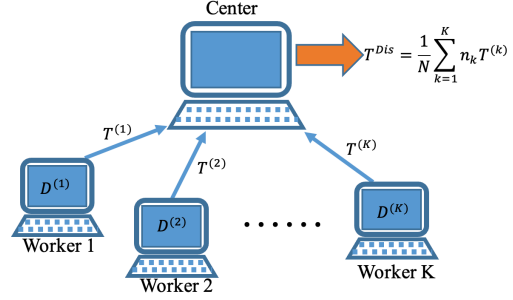


Figure 2: A distributed framework with K worker machines connected to a central processor. The k -th machine computes a local statistic $T^{(k)}$ using its local data $D^{(k)}$, and then transmits it to the central processor. The central processor subsequently computes the distributed statistic T^{Dis} based on the K local statistics.

Assumptions

- A1. There are no unmeasured exposure-outcome confounders given X ;
- A2. There are no unmeasured mediator-outcome confounders given $(X; A)$;
- A3. There are no unmeasured exposure-mediator confounders given X ;
- A4. There is no effect of exposure that confounds the mediator-outcome relationship;
- A5. There is no exposure and mediator interaction on the outcome.

To test the existence of a mediation effect, we can formalize the problem as a hypothesis testing problem:

$$H_0 : \beta\gamma = 0 \quad \text{versus} \quad H_1 : \beta\gamma \neq 0. \quad (3)$$

The null hypothesis is composite and can be decomposed into three disjoint cases:

Case 1. $\beta \neq 0, \gamma = 0$; Case 2. $\beta = 0, \gamma \neq 0$; Case 3. $\beta = 0, \gamma = 0$.

The classic tests, Sobel's test and MaxP test, are constructed from the t-test statistics, $T_\beta = \hat{\beta}/\hat{\sigma}_\beta$, and $T_\gamma = \hat{\gamma}/\hat{\sigma}_\gamma$, where $\hat{\beta}$ and $\hat{\gamma}$ are least squared estimators, and $\hat{\sigma}_\beta$ and $\hat{\sigma}_\gamma$ are the estimated standard errors for $\hat{\beta}$ and $\hat{\gamma}$, respectively. Under mild regularity conditions, we have $T_\beta \xrightarrow{d} N(0, 1)$ if $\beta = 0$, and $T_\gamma \xrightarrow{d} N(0, 1)$ if $\gamma = 0$. Building on these two t-statistics, a Wald-type Sobel's test statistic [31] is constructed as

$$T_{Sobel} = \frac{\hat{\beta}\hat{\gamma}}{\sqrt{\hat{\gamma}^2\hat{\sigma}_\beta^2 + \hat{\beta}^2\hat{\sigma}_\gamma^2}} = \frac{T_\beta T_\gamma}{\sqrt{T_\beta^2 + T_\gamma^2}}.$$

Alternatively, the MaxP test statistic [24] can be defined as:

$$T_{MaxP} = \max\{2 - 2\Phi(|T_\beta|), 2 - 2\Phi(|T_\gamma|)\},$$

where $\Phi(\cdot)$ is the standard normal cumulative distribution function.

According to [23], in cases 1 and 2, T_{Sobel} asymptotically follows $N(0, 1)$, while in case 3, T_{Sobel} asymptotically follows $N(0, 1/4)$. In cases 1 and 2, T_{MaxP} asymptotically follows a uniform distribution on $[0, 1]$, and in case 3, T_{MaxP} asymptotically follows a $Beta(2, 1)$ distribution. In practice, these two tests do not account for case 3, making them overly conservative and underpowered. Numerous enhanced tests have been proposed based on these methods, such as those in [17, 7, 23, 8, 10], though this lies beyond the scope of our discussion.

3 Distributed Mediation Analysis

In the distributed framework, the total N data are splitted and stored in K worker machines (locations) connected to a central processor as shown in Figure 2, where $D^{(k)} = (Y^{(k)}, A^{(k)}, M^{(k)}, X^{(k)}) = \{(Y_{ki}, A_{ki}, M_{ki}, X_{ki})\}_{i=1}^{n_k}$ denotes the data in the k -th machine, $k = 1, \dots, K$, and $N = \sum_{k=1}^K n_k$. Assume that there exist positive constants c_1 and c_2 such that $c_1 \leq \inf_{k_1, k_2} n_{k_1}/n_{k_2} \leq \inf_{k_1, k_2} n_{k_1}/n_{k_2} \leq c_2$, and K can be either finite or diverging to infinity as long as $K/\min_k n_k \rightarrow 0$ as $N \rightarrow \infty$. Each worker machine extracts statistics based on the local data and transmits it to the central machine. The final statistic is obtained by suitably aggregating the local statistics.

Note that both the Sobel's and MaxP tests are based on T_β and T_γ . To derive the distributed versions of these tests, we first compute the distributed versions of T_β and T_γ . Specifically, we calculate the local values $T_\beta^{(k)}$ and $T_\gamma^{(k)}$ on each machine, transmit them to the central machine, and then obtain the distributed statistics by weighted averaging:

$$\bar{T}_\beta = \sum_{k=1}^K \sqrt{\frac{n_k}{N}} T_\beta^{(k)}, \quad \bar{T}_\gamma = \sum_{k=1}^K \sqrt{\frac{n_k}{N}} T_\gamma^{(k)}. \quad (4)$$

The properties of the distributed $\bar{T}_\beta$ and $\bar{T}_\gamma$ are outlined below, based on Lemma 25 of [16].

Proposition 3.1. *Under assumptions A1-A5 and with $K = o(\sqrt{N})$, as $N \rightarrow \infty$,*

$$\bar{T}_\beta - \sum_{k=1}^K \sqrt{\frac{n_k}{N}} \frac{\beta}{\hat{\sigma}_\beta^{(k)}} \xrightarrow{d} N(0, 1), \quad \bar{T}_\gamma - \sum_{k=1}^K \sqrt{\frac{n_k}{N}} \frac{\gamma}{\hat{\sigma}_\gamma^{(k)}} \xrightarrow{d} N(0, 1).$$

Based on $\bar{T}_\beta$ and $\bar{T}_\gamma$, we can construct Sobel's test and MaxP test in the distributed framework, as shown below:

$$T_{Sobel}^{Dis} = \frac{\bar{T}_\beta \bar{T}_\gamma}{\sqrt{(\bar{T}_\beta)^2 + (\bar{T}_\gamma)^2}}, \quad (5)$$

and

$$T_{MaxP}^{Dis} = \max\{2 - 2\Phi(|\bar{T}_\beta|), 2 - 2\Phi(|\bar{T}_\gamma|)\}. \quad (6)$$

The asymptotic properties of these distributed statistics are analogous to those of the global statistics, as demonstrated in the following theorem.

Theorem 3.1. *Under Assumptions A1-A5, the null hypothesis, and $K = o(\sqrt{N})$, as $N \rightarrow \infty$, we have the following results.*

In Cases 1 and 2,

$$T_{Sobel}^{Dis} \xrightarrow{d} N(0, 1), \quad \text{and} \quad T_{MaxP}^{Dis} \xrightarrow{d} \text{Uniform}(0, 1).$$

In Case 3,

$$T_{Sobel}^{Dis} \xrightarrow{d} N(0, 1/4), \quad \text{and} \quad T_{MaxP}^{Dis} \xrightarrow{d} \text{Beta}(2, 1).$$

The proof of Theorem 3.1 follows a similar approach to the proofs of Results 1(b) and 2(b) in [23], and is therefore omitted here. According to the theorem, given the significance level α , we reject H_0 if $|T_{Sobel}^{Dis}| > Z_{1-\alpha/2}$ or $T_{MaxP}^{Dis} < \alpha$, where $Z_{1-\alpha/2}$ denotes the $1 - \alpha/2$ percentile of the standard normal distribution. The distributed test procedure is outlined in Algorithm 1. From the algorithm, we can observe that each machine only needs to transmit two scalars to the central machine. This not only minimizes transmission costs but also significantly protects data privacy. The following theorem demonstrates that the asymptotic power of the distributed test, based on the local summary statistics, is equivalent to the asymptotic power of the global test that aggregates all the data.

To investigate the power of the two distributed statistics, we first introduce the necessary notations. Let $\mu_\beta \equiv E[\bar{T}_\beta] = \sum_{k=1}^K \sqrt{\frac{n_k}{N}} E[T_\beta^{(k)}]$ and $\mu_\gamma \equiv E[\bar{T}_\gamma] = \sum_{k=1}^K \sqrt{\frac{n_k}{N}} E[T_\gamma^{(k)}]$. According to [23], $E[T_\beta^{(k)}] \approx \sqrt{n_k} \beta \frac{\sigma_M}{\sigma_Y} \sqrt{1 - R_{M|A,X}^2}$, $E[T_\gamma^{(k)}] \approx \sqrt{n_k} \gamma \frac{\sigma_A}{\sigma_M} \sqrt{1 - R_{A|X}^2}$, where

Algorithm 1: The Distributed Test of Mediation Effects.

- Step 1. For $k = 1, \dots, K$, compute the local statistics $T_\beta^{(k)}$ and $T_\gamma^{(k)}$, then transmit them to the central machine.
- Step 2. In the central machine, compute the distributed statistics $\bar{T}_\beta$ and $\bar{T}_\gamma$ using (4), then compute the distributed Sobel statistic T_{Sobel}^{Dis} and MaxP statistic T_{MaxP}^{Dis} using (5) and (6), respectively.
- Step 3. Given the significance level α , if $|T_{Sobel}^{Dis}| > Z_{1-\alpha/2}$ or $T_{MaxP}^{Dis} < \alpha$, reject H_0 .
-

$\sigma_A = \sqrt{\text{Var}(A)}$, $R_{A|X}^2$ and $R_{M|A,X}^2$ are the coefficients of determination by regressing A on X , and regressing M on $(A, X^T)^T$, respectively. Thus, $\mu_\beta \approx \sqrt{N}\beta \frac{\sigma_M}{\sigma_Y} \sqrt{1 - R_{M|A,X}^2}$
 $\mu_\gamma \approx \sqrt{N}\gamma \frac{\sigma_A}{\sigma_M} \sqrt{1 - R_{A|X}^2}$.

Theorem 3.2. *Under the same assumptions as in Theorem 3.1, the powers of T_{Sobel}^{Dis} and T_{MaxP}^{Dis} can be calculated analytically as*

$$\int \int_{\{\frac{1}{x^2} + \frac{1}{y^2} \leq \frac{1}{Z_{1-\alpha/2}^2}\}} \frac{1}{2\pi} e^{-\frac{(x-\mu_\gamma)^2}{2} - \frac{(y-\mu_\beta)^2}{2}} dx dy$$

and

$$\{\Phi(\mu_\beta - Z_{1-\alpha/2}) + \Phi(-\mu_\beta - Z_{1-\alpha/2})\} \{\Phi(\mu_\gamma - Z_{1-\alpha/2}) + \Phi(-\mu_\gamma - Z_{1-\alpha/2})\},$$

respectively.

The proof of Theorem 3.2 is analogous to the proofs of Results 1(c) and 2(c) in [23], and is therefore not repeated here. Furthermore, the analytical powers of the proposed distributed tests are identical to the powers of the global tests in [23], provided that $K = o(\sqrt{N})$. This property is also corroborated by subsequent simulations. Notably, for a given total sample size N , the power of our tests remains unaffected by the number of machines K , as long as $K = o(\sqrt{N})$. This behavior can be attributed to the fact that $T_\beta^{(k)}$ and $T_\gamma^{(k)}$ (for $k = 1, \dots, K$) exhibit an approximately linear form. In contrast, many test statistics for other hypothesis testing problems (e.g., goodness-of-fit tests) are degenerate U-statistics, which leads to a reduction in power for their distributed versions as K increases, as discussed in [39, 2, 6, 15, 5].

Remark 3.1. *The condition $K = o(\sqrt{N})$ is commonly used in distributed statistical inference and federated learning. This is equivalent to $K/n_k \rightarrow 0$ as $n_k \rightarrow \infty$, meaning the number of sites K is much smaller than the sample size within each site. This setup is frequently encountered in practice, particularly in meta-analysis, where researchers aggregate conclusions from dozens of studies, each with hundreds or even thousands of data points. When $K = o(\sqrt{N})$ is not satisfied, test power may decrease, and Type I error could become uncontrollable. In practice, determining this boundary is quite challenging. Our simulations reveal that when $N = 2^{11}$ and $K = 32$ (less than $\sqrt{N} \approx 45$), our method yields results similar to the global method. However, when $K = 64$, the difference between our method and the global method increases. This suggests that our method is somewhat tolerant of larger values of K . Therefore, we recommend ensuring that $K < \sqrt{N}/2$ in practice, which should be sufficiently effective.*

4 Simulation Studies

In this section, we conduct extensive simulation studies to evaluate the performance of the proposed distributed Sobel test and MaxP test. We generated the p -dimensional exposure variable $A \sim \text{Bernoulli}(0.5)$, the covariate $X \sim N(0, \Sigma_X)$ with $p = 3$ and $\Sigma_X = ([0.5]^{|j-l|})_{p \times p}$. The mediator M and the outcome Y were simulated as follows

$$Y = A + \beta M + \beta_X^T X + \epsilon_Y, \quad \epsilon_Y \sim N(0, 2), \quad (7)$$

$$M = \gamma A + \gamma_X^T X + \epsilon_M, \quad \epsilon_M \sim N(0, 1), \quad (8)$$

where $\beta_X = (1, -0.5, 1)^T$, $\gamma_X = (0.5, 1, -1)^T$. Under the null hypothesis, we consider three scenarios: (1) $(\beta, \gamma) = (0.2, 0)$; (2) $(\beta, \gamma) = (0, 0.2)$; (3) $(\beta, \gamma) = (0, 0)$. Under the alternatives, we set $(\beta, \gamma) = (0.2, 0.05)$, $(0.1, 0.1)$, and $(0.05, 0.2)$. We compared the proposed distributed tests with the global tests (denoted as T_{Sobel}^G and T_{MaxP}^G), which use all the data pooled together, the local tests from the first machine (denoted as $T_{Sobel}^{(1)}$ and $T_{MaxP}^{(1)}$), and the simple average tests that average the K local statistics (denoted as $T_{Sobel}^{ave} = \sum_{k=1}^K \sqrt{\frac{n_k}{N}} T_{Sobel}^{(k)}$ and $T_{MaxP}^{ave} = \sum_{k=1}^K \frac{n_k}{N} T_{MaxP}^{(k)}$). The significance level $\alpha = 0.05$. We conducted the tests in R Studio on a MacBook Pro with an M2 CPU, and each experiment was repeated 2,000 times to calculate the empirical sizes and powers of the tests.

4.1 Balanced Data

In this setting, we set the sample size in each machine are the same, that is, $n = N/K$. We fix the total sample size $N = 2^{11}$, and set the number of machines $K = 1, 2, 4, 8, 16, 32, 64$. The empirical sizes are presented in Figure 3. We can see that all the tests can control the type I error, while the empirical sizes of the six tests are close to 0 when $\beta = \gamma = 0$. This is because in this case, the six tests are too conservative. As the number of machine K increases, the empirical sizes of $T_{Sobel}^{(1)}$ and $T_{MaxP}^{(1)}$ tends to decrease, while our proposed distributed test are not influenced by K . This is because for fixed N , as K increases, the sample size in the first machine n will decrease, thus, the local tests may distance away from their asymptotic null distribution. As contrast, the asymptotic null distributions of our distributed tests is not influenced by K as long as $K = o(n)$.

Figure 4 shows the empirical powers. As expected, the powers of the local tests ($T_{Sobel}^{(1)}$ and $T_{MaxP}^{(1)}$) and average tests (T_{Sobel}^{ave} and T_{MaxP}^{ave}) decrease as K increases, while the proposed distributed test is less affected by K and performs similarly to the global tests. It is also evident that the performance of T_{MaxP}^{ave} is even worse than that of $T_{MaxP}^{(1)}$. In the leftmost four plots of Figure 4, we can observe that when K is large (e.g., $K = 64$), the power of our method is slightly lower than that of the global tests. This may be due to the fact that when N is fixed and K is large, the condition $K = o(\sqrt{N})$ might not be satisfied, causing the distribution of our test statistic to deviate somewhat from the asymptotic distribution.

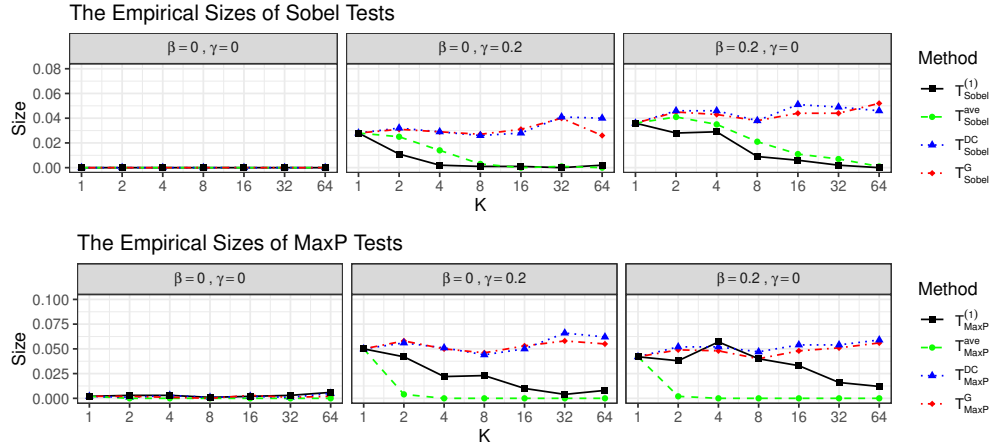


Figure 3: The empirical sizes of the eight tests under three null hypothesis and seven choices of K , with the total sample size N fixed at 2^{11} .

4.2 Unbalanced Data

In this setting, we first generate the local sample sizes n_k randomly from 50 to 150 for $k = 1, 2, \dots, 32$. Then, we generate a total of $\sum_{k=1}^K n_k$ data points. Next, we calculate the local tests ($T_{Sobel}^{(1)}$ and $T_{MaxP}^{(1)}$) based on n_1 samples, the global tests ($T_{Sobel}^{(G)}$ and $T_{MaxP}^{(G)}$) based on $\sum_{k=1}^K n_k$ samples, the average tests (T_{Sobel}^{ave} and T_{MaxP}^{ave}) based on the first K local test statistics, and the dis-

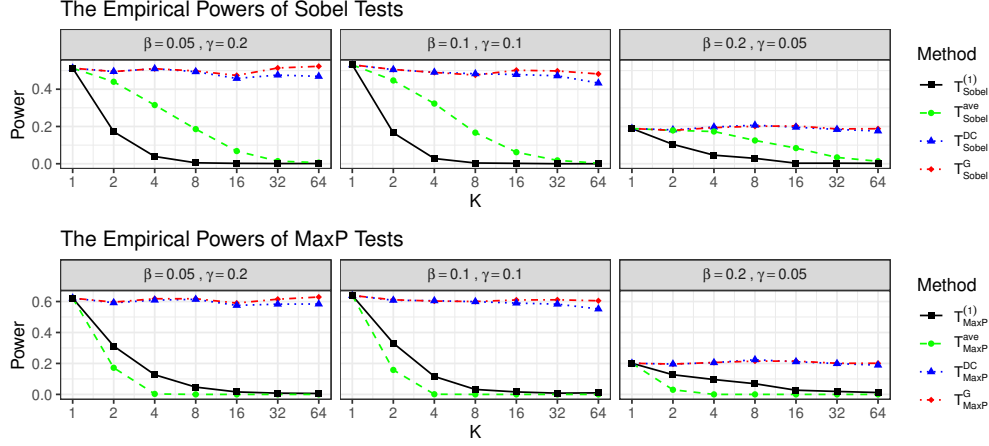


Figure 4: The empirical powers of the eight tests under three alternative hypothesis and seven choices of K , with the total sample size N fixed at 2^{11} .

tributed tests (T_{Sobel}^{Dis} and T_{MaxP}^{Dis}) based on the first K summary local statistics, for $K = 1, 2, \dots, 32$. The empirical sizes and powers are presented in Figures 5 and 6, respectively.

We observe that the sizes of the local tests are close to zero, as they only use n_1 samples. As K increases, the total sample size N also increases, and the empirical sizes of the global tests and distributed tests approach the nominal significance levels in scenarios 1 and 2. However, in scenario 3 ($\beta = 0, \gamma = 0$), increasing the sample size does not affect the empirical sizes of the Sobel and MaxP tests. We can also see that the size and power of T_{MaxP}^{ave} are close to zero, indicating that averaging the local p-values does not improve the power of the test.

As expected, the powers of the local tests in the first machine are close to zero, and the powers of the global and distributed tests increase as K increases. Notably, the power of the distributed tests is nearly identical to that of the global tests, despite using only the local summary statistics. This highlights the advantage of the proposed distributed tests: they do not require pooling all the data together, yet they achieve the same performance as the global tests, which pool all the data.

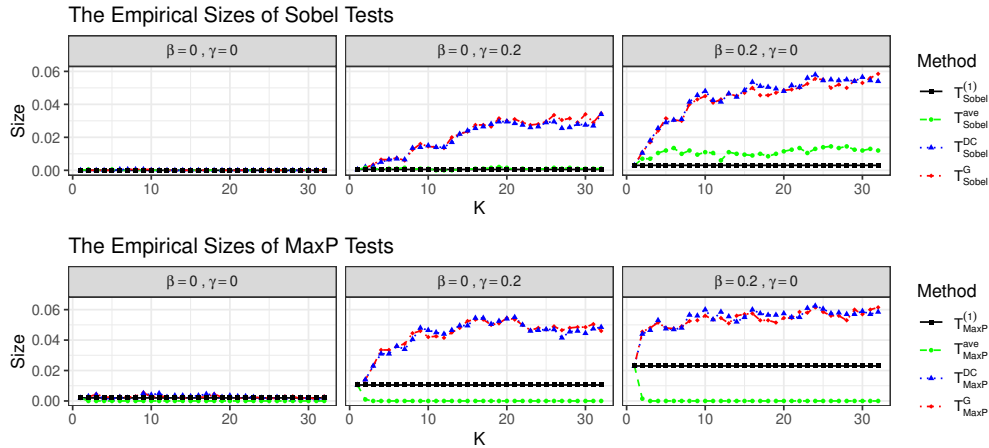


Figure 5: The empirical sizes of the six tests under three null hypothesis. The number of machines K increases from 1 to 32, and the total sample size N increases with K .

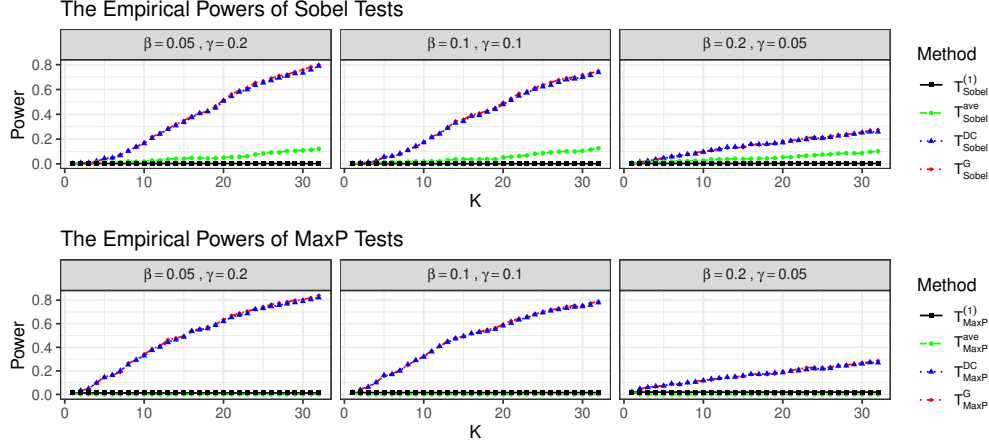


Figure 6: The empirical powers of the six tests under three alternative hypothesis. The number of machines K increases from 1 to 32, and the total sample size N increases with K .

4.3 Heterogeneous case

While the proposed test primarily focuses on the homogeneous case, we also investigate its behavior in the heterogeneous setting. In this scenario, we consider a situation where the distribution of X varies across different centers, and the parameters γ and β differ for each machine, while maintaining the consistency of their signs across all centers. Specifically, we define $X^{(k)} \sim N(\mu_k 1_p, \Sigma_X)$, where $\mu_1, \dots, \mu_K \sim_{i.i.d} U(-3, 3)$, and $1_p = (1, \dots, 1)^T$ is a p -dimensional vector. The true parameter values for machine k are given by:

$$\begin{aligned}\beta_k &= 0.05 + e_{\beta,1}^{(k)}, 0.1 + e_{\beta,2}^{(k)}, 0.2 + e_{\beta,3}^{(k)}; \\ \gamma_k &= 0.05 + e_{\gamma,1}^{(k)}, 0.1 + e_{\gamma,2}^{(k)}, 0.2 + e_{\gamma,3}^{(k)},\end{aligned}$$

where $e_{\beta,1}^{(k)}, e_{\gamma,1}^{(k)} \sim_{i.i.d} U(-0.02, 0.02)$, $e_{\beta,2}^{(k)}, e_{\gamma,2}^{(k)} \sim_{i.i.d} U(-0.04, 0.04)$, and $e_{\beta,3}^{(k)}, e_{\gamma,3}^{(k)} \sim_{i.i.d} U(-0.08, 0.08)$.

The results from this simulation are shown in Figure 7, and are consistent with those obtained in the homogeneous case (Figure 4). Specifically, our method performs similarly to the global test, with noticeable differences only when K is particularly large ($K = 64$). This indicates that our method is well-suited to handle heterogeneity across centers.

5 Real Data Analysis

We examined the impact of Gaokao mathematics (A) performance on college-level "Probability and Mathematical Statistics" course grades (Y), with college "Calculus" course grades serving as a mediator (M). The *Gaokao* is the National Higher Education Entrance Examination in China, and the results of the Gaokao are often seen as a key determinant of a student's future academic and career opportunities in China. In this study, we sought to explore whether there is a mediating effect in which Gaokao mathematics performance influences calculus grades, which in turn affect the grades in the probability and statistics course. This research holds important implications for both the learning and teaching of Probability and Mathematical Statistics. The confounders (X) include learning interest and classroom efficiency.

We distributed surveys to three classes at a university. To protect student privacy, the surveys were organized and the statistical calculations were conducted by the instructors of each class. The results are as follows.

Class 1: $n_1 = 34$, $T_{\beta}^{(1)} = 4.654908$, $T_{\gamma}^{(1)} = 1.723737$;

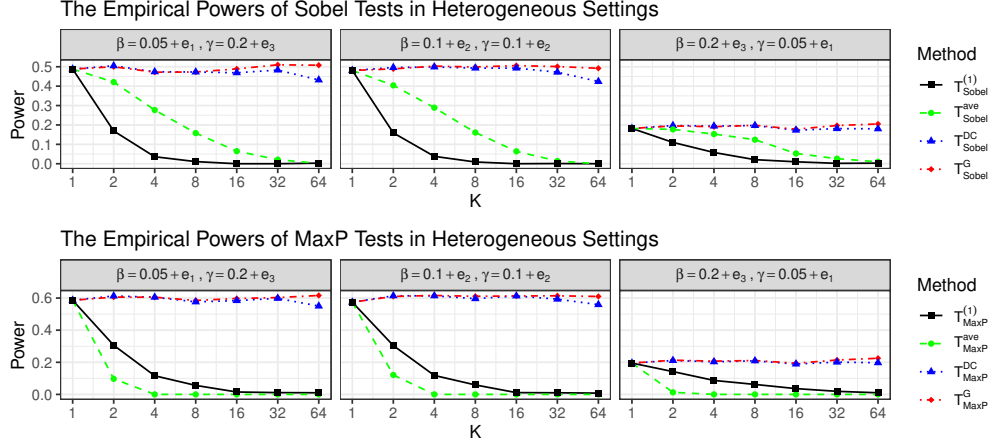


Figure 7: The empirical powers of the eight tests under three alternative hypothesis in heterogeneous settings, with the total sample size N fixed at 2^{11} .

Class 2: $n_2 = 14$, $T_{\beta}^{(2)} = 0.530207$, $T_{\gamma}^{(2)} = 0.981202$;

Class 3: $n_3 = 17$, $T_{\beta}^{(3)} = 4.829768$, $T_{\gamma}^{(3)} = 3.274552$.

The sample sizes of Class 2 and Class 3 are relatively small. Fortunately, the total sample size $N = n_1 + n_2 + n_3 = 65$ is sufficient. Although we do not have the original data for each class, the test results obtained using our proposed method are very close to the results from pooling the original data from all three classes. Let Dis_{ij} represent the distributed test using the local test statistics from classes i and j , for $(i, j) = (1, 2), (1, 3), (2, 3)$, and Dis_{123} represent the distributed test statistic using the local test statistics from all three classes. The corresponding p -values for these tests are shown in Table 1.

Table 1: The p -values of the tests.

Method	Class1	Class2	Class3	Dis_{12}	Dis_{13}	Dis_{23}	Dis_{123}
Sobel	0.106	0.6409	0.0067	0.0732	0.0032	0.0152	0.0032
MaxP	0.0848	0.596	0.0011	0.0476	0.001	0.002	0.0007

From this table, we can see that for a given significance level of $\alpha = 0.05$, when each class is tested individually, the results are as follows: the tests for Class 1 and Class 2 both fail to detect the mediation effect with Calculus as the mediator, while the test for Class 3 detects the mediation effect. However, by combining the test statistics from Class 1 and Class 2 using our proposed method, the resulting distributed MaxP test yields a p -value < 0.05 , indicating the presence of a mediation effect. This means that although the individual tests for Class 1 and Class 2 failed to detect the mediation effect, our method, which combines their local test statistics, successfully identified the mediation effect through the distributed test. Furthermore, the Sobel and MaxP tests for Dis_{13} , Dis_{23} , and Dis_{123} all detected the presence of the mediation effect, and the p -values of the Dis_{123} are the smallest.

In conclusion, this study successfully identified the mediation effect between Gaokao mathematics performance, Calculus grades, and Probability and Mathematical Statistics course grades by pooling test statistics from multiple classes. Despite mixed results from individual class tests, our method overcame the limitations of small sample sizes and revealed that Gaokao mathematics performance influences statistics course grades through Calculus. This finding has important implications for teaching and learning in higher education mathematics courses.

The above results highlight a key application of distributed testing, especially in healthcare settings. Many hospitals face limitations in data availability due to factors like privacy concerns and regulatory restrictions, preventing them from sharing raw data. Our distributed method addresses this by only requiring hospitals to share test statistics rather than raw data. This allows the detection of me-

diation effects that might be missed in individual analyses, making it a valuable tool for healthcare institutions with limited data and privacy constraints.

6 Conclusion

In this article, we construct a distributed framework for mediation analysis. Building on Sobel’s and MaxP tests, we introduce their distributed version, which are communication-efficient and easy to implement. Theoretical analysis and experiments show that the distributed tests achieve nearly identical power to global tests as long as $K = o(\sqrt{N})$. We apply our method to an educational study, demonstrating its ability to detect a mediation effect that would not be identifiable using data from only the first or second class, highlighting the advantage of our approach.

There are still several limitations. First, the Sobel’s and MaxP tests are conservative and under-powered, and focus on one-dimensional mediator, so the proposed distributed test inherits these disadvantages. Fortunately, there are several enhanced tests based on Sobel’s or MaxP tests, and therefore, their distributed versions can be easily derived from our distributed Sobel’s or MaxP tests. For instance, suppose there are J candidate mediator variables $M_1, \dots, M_J$, leading to J hypothesis tests $H_{0j} : \beta_j \gamma_j = 0$. Let $T_{MaxP,j}^G$ represents the global test statistics for the j -th test. Dai et al. [7] propose the HDMT method, which constructs the test statistic:

$$T_{HDMT,j} = (\hat{\pi}_{01} + \hat{\pi}_{10})T_{MaxP,j}^G + \hat{\pi}_{00}(T_{MaxP,j}^G)^2,$$

where $\hat{\pi}_{01}$, $\hat{\pi}_{10}$, and $\hat{\pi}_{00}$ are the estimated proportions of $(\beta_j = 0, \gamma_j \neq 0)$, $(\beta_j \neq 0, \gamma_j = 0)$, and $(\beta_j = 0, \gamma_j = 0)$ across all J tests, respectively. In the distributed framework, $T_{MaxP,j}^G$ can be replaced by the proposed distributed test statistic $T_{MaxP,j}^{Dis}$, and $\hat{\pi}_{01}$ can be approximated by the simple average $\frac{1}{K} \sum_{k=1}^K \hat{\pi}_{01}^{(k)}$.

Second, our study assumes that the outcome Y is continuous. If Y is binary, we could fit a logistic model

$$\text{logit}(\Pr(Y = 1|A, M, X)) = \beta_0 + \beta_A A + \beta_M M + \beta_X^T X$$

instead of the linear model in equation (1), and compute the local maximum likelihood estimate (MLE) of β , from which we could derive the distributed $\bar{T}_\beta$ based on the MLE. However, as shown in [19], the properties of the distributed $\bar{T}_\beta$ may be influenced by K . Therefore, improvements to our method are needed. These directions will be explored in future work.

7 Acknowledgment

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