# Where Am I? Exploring the Situational Awareness Capability of Vision-Language Models in Vision-and-Language Navigation

**Anonymous ACL submission** 

### Abstract

Intuitively, it is important for humans to localize themselves by understanding their surroundings when navigating to a place, especially when the trajectory is long and complex. Similarly, we believe that this kind of capability, which we call situational awareness, is also crucial for developing better navigational agents. This work aims to evaluate the situational awareness capability of current popular vision-language model (VLM) based navigational agents. Inspired by the way of humans processing observations, we consider two types of visual inputs to the models: 360-degree panoramic images and egocentric navigational videos. Then we construct a new dataset, Situational Awareness Dataset (SAD), comprised of around 100K such panoramic images and videos and corresponding instructions for this task. We then evaluate multiple prominent VLMs including OpenAI o1, GPT-40, Gemini 2.0 Flash, Owen2.5-VL, and their finetuned versions on SAD. Our results show that the situational awareness capability of these models is far behind human performance, but can be significantly improved by further finetuning. Furthermore, our findings also suggest that fine-grained alignment between observations and instructions is very helpful to the visionand-language navigation (VLN) task, which is somehow overlooked by the community now.

### 1 Introduction

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Situational awareness is a broad concept referring to the capability of perception, comprehension, and projection of the elements in an environment (Endsley, 1995). This capability is crucial for effective decision-making in a variety of tasks, such as aviation and healthcare. Within the realm of visionand-language navigation (VLN), we simplify this concept to denote an agent's capability to understand its current position based on the observations in the navigation. This understanding is typically the initial step for navigation agents in assessing their progress and making informed decisions. Although fundamental, achieving situational awareness still necessitates intricate spatial reasoning and a nuanced language grounding capability. 043

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Recent advancements in large-scale visionlanguage models (VLMs) have demonstrated great potential across various vision-and-language tasks. Applying these models to the task of vision-andlanguage navigation in continuous environments (i.e., VLN-CE task; Krantz et al., 2020) using zero-shot learning has been a burgeoning area of research. Despite this interest, the performance of VLMs in this domain still lags far behind the methods that employ supervised learning. For instance, the state-of-the-art VLM-based method, AO-Planner (Chen et al., 2024a), achieves a 22.4% success rate on the RxR-CE dataset (Ku et al., 2020), whereas the popular supervised learning based method ETPNav (An et al., 2024) achieves 54.8%. Several factors contribute to this performance gap, with the situational awareness capability of these models being a fundamental determinant of their navigation performance. However, research on this capability within the VLN field remains limited. One major obstacle is the scarcity of fine-grained annotated data that aligns navigation instructions with observations in ground-truth trajectories.

To address this gap, we introduce a new dataset, the *Situational Awareness Dataset (SAD)*, which encompasses around 200,000 observations paired with instructions designed to evaluate situational awareness capabilities. Inspired by how humans localize themselves and navigate in a scene, we consider both types of 360-degree panoramic images and egocentric navigational videos as observation input in the dataset. These two completely different types of observations test situational awareness capability from different perspectives and pose different challenges for the models. The corresponding



Figure 1: An example for our situational awareness task. The navigation agent takes as input a 360-degree panoramic image and the whole instruction. The agent is required to understand the surrounding observations and language instructions, then predict which sentence in the instruction the current observation corresponds to.

instructions in the dataset are available in three typologically diverse languages–English, Hindi, and Telugu–to facilitate the examination of capabilities within multilingual contexts.

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We conduct evaluations of several prominent commercial and open-source VLMs in both zeroshot and finetuned settings to assess their situational awareness capability on SAD. The models tested include OpenAI o1, GPT-40, Gemini 2.0 Flash, and Qwen2.5-VL-7B/72B-Instruct. These models are good representatives of the current stateof-the-art in both commercial and open-source VLM fields. Our findings reveal that even the most advanced model, OpenAI o1 and Gemini 2.0 Flash, perform very poorly in the zero-shot setting. But they can be significantly improved by more than 3 times through further finetuning, though still lagging a large gap behind human performance. Moreover, we further investigate whether the situational awareness capability can be helpful to the VLN task. The experimental results show an agent with better situational awareness capability also performs better in the VLN task.

### **2** Dataset and Evaluation Method

In order to streamline the evaluation process, we concentrate on the alignment between instructions and observations at the sentence level. This focus means we only assess the correspondence between the end of each instruction sentence and its associated observation.

### 2.1 Dataset

We construct the Situational Awareness Dataset (SAD) with the help of Habitat simulator and the existing RxR-CE dataset. The details of the construction process and the dataset can be found in Appendix §A.1. SAD contains instructions in three languages and the agent's observations corresponding to the end of each instruction. To simplify the task further, we limit our focus to instructions containing a maximum of 10 sentences. For each position, there are two types of observations: (1) a panoramic RGB image composed of 12 RGB sub-images captured from 12 different directions at equally spaced horizontal heading angles:  $(0^{\circ}, 30^{\circ}, ..., 330^{\circ})$ ; (2) a video recording the agent's egocentric observations 10 steps before arriving at this position. We ensure that there are at least 5 steps of difference between each video.

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#### 2.2 Evaluation Method

With the constructed dataset, we evaluate the situational awareness capability of agents through a straightforward question-answering format. Given an instruction and the corresponding panoramic image or egocentric video observations, we pose the following question to the agent: "Which sentence in the instruction does this image/video correspond to the end of?" The agent must predict the sentence index that align with the observation (see Figure 1).

We utilize two metrics to assess the agent's performance on this task: (1) Instruction-Level Accu-

	ACC_INSTR	ACC_SENT
Panoramic image observations	65.00	87.14
Egocentric video observations	-	91.00

Table 1: Human performance (%) on the constructed SAD dataset with two types of observations.

racy (ACC\_INSTR): this metric measures the ac-144 curacy over the whole instruction level. Only if the 145 predictions for all observations in an instruction are 146 correct, the instruction-level predictions are con-147 sidered correct. We don't report this metric for the 148 egocentric video observations, as the video dataset 149 may not contain the whole sentences for an instruc-150 tion in order to avoid large overlap between videos. 151 (2) Sentence-Level Accuracy (ACC\_SENT): this 152 metric evaluates accuracy based on individual sen-153 tences in the instruction. Each correct prediction 154 associated with an observation contributes to the 155 overall accuracy. 156

### 2.3 Human Performance

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To provide a human performance baseline on the SAD dataset, we randomly sample 200 instances from the dataset for both types of observations and have ten individuals perform the same situational awareness task respectively (see details in Appendix §C). The results show an average instruction-level accuracy of 65% and a sentence-level accuracy of 87% with the panoramic image observations. The performance with the egocentric video observations is a little higher, suggesting that humans better situate themselves based on videos of observation history.

## **3** Experiments

#### **3.1 Evaluation Settings**

**Dataset** We utilize our constructed SAD dataset for model evaluation. We test the models across all three language splits: English, Hindi, and Telugu. Each panorama sub-image and egocentric video is evaluated at a resolution of  $224 \times 224$ . Our preliminary experiments with GPT-40 indicate that higher resolutions do not significantly enhance performance while substantially increasing test time. Further details are provided in Appendix B.1.

181Test ModelsWe evaluate the following mod-182els on the SAD dataset in both zero-shot setting183and finetuned setting: GPT-40 (gpt-40-2024-08-18406; OpenAI, 2024a), OpenAI o1 (o1-2024-12-18517; OpenAI, 2024b), Gemini 2.0 Flash (DeepMind,

2025), and Qwen2.5-VL-7B/72B-Instruct (Qwen-Team, 2025). We run each model three times and report the average performance in each evaluation setting. For the zero-shot evaluation of panoramic image observation setting, all models employ the technique of structured outputs. Specifically, we force the model's output to include the reasoning steps for each image along with the final answer, formatted in JSON. Further details about the prompts we use are provided in Appendix B.2. For the finetuned setting, we use GPT-40 and Qwen2.5-VL-7B-Instruct models as the base models and finetune them on the SAD train set<sup>1</sup> for each type of observation. 186

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#### 3.2 Evaluation Results

Table 2 presents the evaluation results of the tested models with panoramic image observations on the SAD dataset. The approximate accuracy estimates for random guesses are 0.02% and 14.29%, respectively.<sup>2</sup> In terms of exact match instructionlevel accuracy (ACC\_INSTR), all models perform very poorly. Among them, OpenAI o1 emerges as the leader, outperforming others by approximately 50%. GPT-40 and Gemini 2.0 Flash exhibit similar performance levels, while the open-sourced Qwen2.5-VL-7B/72B-Instruct models perform the poorest. This suggests that the OpenAI o1 model demonstrates a superior comprehensive reasoning capability in understanding complete trajectories compared to the other models. For sentence-level accuracy (ACC\_SENT), OpenAI o1 once again achieves the highest performance, though Gemini 2.0 Flash closely follows. The Qwen2.5-VL-7B/72B-Instruct models still lag significantly behind other models. Furthermore, the evaluation across different language splits reveals no substantial performance differences, suggesting consistent model capabilities across various languages. In addition, with only 10% of the training data, the finetuned GPT-40 model achieves a quite large performance boost, surpassing the zero-shot performance of all other models.

Table 3 presents the results of sentence-level accuracy with the egocentric video as visual input. Gemini 2.0 Flash achieves the best performance, even surpassing the finetuned Qwen2.5-VL-7B-

<sup>&</sup>lt;sup>1</sup>We only use 10% training data for GPT-40 due to the 8GB upload limitation of OpenAI APIs.

<sup>&</sup>lt;sup>2</sup>These values are calculated as  $1/7! \times 100\% \approx 0.02\%$ and  $1/7 \times 100\% \approx 14.29\%$ , where 7 is the average number of images per example.

Models	English		Hindi		Telugu	
	ACC_INSTR	ACC_SENT	ACC_INSTR	ACC_SENT	ACC_INSTR	ACC_SENT
GPT-40	6.36	26.74	4.29	25.55	8.15	27.76
OpenAI 01	11.61	32.92	17.18	37.62	15.99	37.47
Gemini 2.0 Flash	6.99	32.13	9.51	35.79	7.71	32.17
Qwen2.5-VL-7B-Instruct	2.84	18.25	4.29	20.94	3.97	21.53
Qwen2.5-VL-72B-Instruct	3.68	20.49	5.52	24.61	5.34	22.58
GPT-4o-Finetuned	19.17	48.57	21.17	46.97	18.29	44.21
Qwen2.5-VL-7B-Instruct-Finetuned	15.26	30.28	18.32	40.10	12.45	35.68

Table 2: Evaluation results with panoramic images as visual input on the SAD dataset. ACC\_INSTR and ACC\_SENT denote the instruction-level accuracy and sentence-level accuracy, respectively. All the results are averaged over three runs and reported in percentage. All the model without "Finetuned" suffix are evaluated in the zero-shot setting.

Models	English	Hindi	Telugu
Gemini 2.0 Flash	43.00	47.58	39.31
Qwen2.5-VL-7B-Instruct	12.18	14.58	18.06
Qwen2.5-VL-72B-Instruct	26.80	25.63	20.64
Qwen2.5-VL-7B-Instruct-Finetuned	42.72	45.38	30.88

Table 3: Evaluation results with egocentric videos as visual input on the SAD dataset. We only report ACC\_SENT here.

Instruct model. This suggests that the Gemini 2.0 Flash model has a decent video understanding capability. Compared with using panoramic images as visual input, the performance with egocentric videos is generally better across all models, indicating that the models are more capable of situational awareness when provided with video observations.

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### 3.3 Can Situational Awareness Capability Help the VLN Task?

Equipped with better situational awareness capability, can the model perform better in the VLN task? To answer this question, we conduct an experiment comparing the zero-shot performance of nonfinetuned Qwen2.5-VL-7B-Instruct and the one finetuned through the situational awareness task with egocentric video observations for the VLN-CE task. We choose R2R-CE dataset for this experiment instead of RxR-CE to avoid the potential effects of training on RxR-CE dataset. Besides the current step's observation, we use at most 10 recent historical images as input. As shown in Table 4, using the finetuned model as the agent is better than using the non-finetuned version. Though the performance is still quite low compared to current SOTA baselines, the significant improvements can still demonstrate the usefulness of training with situational awareness task to the VLN task.

Agents	SR	SPL	Path Length
Random	6.50	6.49	0.21
Qwen2.5-VL-7B-Instruct	8.21	7.72	2.37
Qwen2.5-VL-7B-Instruct-Finetuned	11.26	9.27	2.51

Table 4: Impact of finetuning with the situational awareness tasks on the R2R-CE dataset.

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### 4 Related Work

**Situational Awareness** The concept of situational awareness is extensively studied in the field of cognitive science, psychology, human factors, aviation, healthcare, and more (Munir et al., 2022; Endsley, 2021; Stanton et al., 2001). Recently, Berglund et al. (2023) studies the emergence of situational awareness in large language models (LLMs). We further specify this concept in the context of VLN task in this work.

VLN with LLMs and VLMs The VLN task is a representative research topic in the field of embodied AI, and how to make use of LLMs and VLMs to solve this task has attracted much attention (Zhou et al., 2024; Chen et al., 2024b; Long et al., 2024; Zhang et al., 2024; Lin et al., 2024; Chen et al., 2023; Cai et al., 2024; Chen et al., 2024a; Qiao et al., 2024). However, little work studies the fundamental situational awareness capability of these models. This work aims to study such capability.

### 5 Conclusion

This work presents the situational awareness task and a corresponding dataset SAD with two types of visual observations. Our findings based on evaluations of multiple prominent VLMs suggest that the situational awareness capability of these models is still limited, and improving such capability can benefit the performance in VLN tasks.

### 6 Limitations

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288Our work has several limitations. First, the format289of the evaluation is a simple question-answering290task, which may not fully capture the situational291awareness capability of vision-and-language mod-292els and may not be directly applied to evaluate the293agents trained with supervised learning. Second,294we show that the situational awareness capability is295helpful to the VLN task, but we only study the zero-296shot setting. Future work could explore enhancing297the trained vision-language-action agents such as298NaVid with the situational awareness capability in299VLN-CE tasks.

**Use of AI Assistance** We used AI assistant tools (ChatGPT and GitHub Copilot) to aid in rewriting code and text. All AI-generated content was 303 thoroughly reviewed and verified by the authors. AI was not used to generate new research ideas or original findings; rather, it served as a support tool to improve clarity, efficiency, and organization. In accordance with ACL guidelines, our use of AI aligns with permitted assistance categories, and we have transparently reported all relevant usage in this paper. While AI contributed to enhancing the 310 quality of the work, no direct research outputs are 311 the result of AI assistance.

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#### A Dataset 408

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#### **Dataset Construction** A.1

We develop the Situational Awareness Dataset 410 (SAD) using the Habitat simulator by leveraging the existing RxR-CE dataset. The RxR-CE dataset is a large-scale multilingual vision-and-413 language navigation resource featuring 126,000 414 navigation instructions and demonstrations within 415 Matterport3D (Chang et al., 2017) and Habitat en-416 vironments. To construct SAD, we utilize both the standard annotation task data and extended pose 418 trace data from the RxR-CE dataset. The annota-419 tion task data includes essential components for 420 vision-and-language navigation, such as navigation instructions and reference paths. It also provides a "timed\_instruction" field, indicating the 423 start and end times of words or phrases in align-424 ment with the recording. The extended pose trace 425 data offers snapshots detailing the virtual camera 426 parameters and field-of-view from the annotators' perspectives. 428

> We load this dataset into the Habitat simulator and calculate the camera poses and corresponding timestamps based on the supplied camera extrinsic matrix data. By extracting the timestamp of the concluding word in each instruction sentence from the "timed\_instruction" data, we align these timestamps with the camera pose data, thereby obtaining the corresponding observations within the Habitat simulator.

For each position's observation, we render a panoramic RGB image composed of 12 RGB sub-images captured from 12 different directions at equally spaced horizontal heading angles:  $(0^{\circ}, 30^{\circ}, ..., 330^{\circ})$ . These sub-images are generated in three resolutions:  $224 \times 224$ ,  $480 \times 480$ , and  $1024 \times 1024$ . To simplify the task further, we limit our focus to instructions containing a maximum of 10 sentences. More detailed information about the dataset is provided in Table 5.

#### **Dataset Details** A.2

The number of examples in the training, validation, 449 and test splits of the SAD dataset is shown in Ta-450 ble 5. The dataset is divided into three language 451 splits: English, Hindi, and Telugu. 452

Languagas	Panoramic image observation			Egocentric video observation		
Languages	Train	Val	Test	Train	Val	Test
English	10,609	1,210	1,904	58,448	8,761	10,747
Hindi	1,642	202	381	8,509	1,023	1,818
Telugu	10,016	1,141	2,175	40,391	6,961	9,375

Table 5: Statistics of the SAD dataset. The dataset is divided into three language splits. There are two types of observations: panoramic images and egocentric videos.

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#### **Experiments** B

#### Effects of Different Image Resolutions **B.1**

We study the effects of different image resolutions on the performance of GPT-40 on our proposed SAD dataset. We evaluate the model on three different image resolutions:  $224 \times 224$ ,  $480 \times 480$ , and  $1024 \times 1024$ . The results are shown in Table 6. We find that the higher resolutions do not bring significant improvement in the performance while significantly increasing the test time. Therefore, we use the image resolution of  $224 \times 224$  for evaluation in the main experiments.

Image Resolution	ACC_Instr	ACC_Sent	Inf. Time
$224 \times 224$	6.36	26.74	30min
$480 \times 480$	7.36	26.78	52min
$1024\times1024$	6.93	26.85	20.5h

Table 6: Effects of image resolutions on the performance of GPT-40 on our proposed SAD dataset.

#### **B.2** Prompts

We present the prompts we use for the VLMs in the following code snippet (see Listing 1 for the panoramic image observations and Listing 2 for the egocentric video observations). It contains the system prompt and the user prompt. We also use the technique of structured outputs to force the model to output the reasoning steps and answers in a json format. We use the same prompts for all the models we evaluate in this work.

#### С Human Evaluation on the SAD Dataset

We conduct a human evaluation on the SAD dataset in order to assess its quality and find potential problems during the automatic data generation process.

We randomly sample 200 English examples 479 from the test split of the dataset and send them 480 to 10 people who are fluent speakers of English 481 and have at least bachelor degrees. Each partici-482 pant finished 120 examples in five days. We only 483 484 send them the questions without giving them the
485 answers. We make sure that every question is sent
486 to three different people. After receiving their re487 sults, we use a script to check their correctness and
488 calculate the final results.

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For the IRB approval, no ethics review board approval was sought for this study because the human evaluations were designed solely to collect anonymous, non-identifiable responses, did not involve challenging psychological content, and imposed no obligations on participants - criteria that, under current guidelines, do not warrant formal ethical oversight.

```
1 class SingleImageStep(pydantic.BaseModel):
      explanation: str
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      answer: int
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  class SituationalAwarenessOutput(pydantic.BaseModel):
6
      number_of_input_images: int
      reasoning_steps: list[SingleImageStep]
8
9
      answer: list[int]
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  SYSTEM_PROMPT = inspect.cleandoc(
       ""You are an agent navigating through a virtual environment according to
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      the given instruction. But now your task is not to navigate, but to predict
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      the positions of the given observation images in the corresponding
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                     You would be given a set of images and an corresponding
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      instruction.
      instruction. The given images are the RGB {image_type} observation of your
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      current position. Each panoramic image is comprised of 12
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      sub-egocentric-images, where each sub-image corresponds to a different
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      direction. You need to think of where the position is in the instruction.
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      The entire instruction is comprised of multiple sub-instructions. Each
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      sub-instruction starts with '#' followed by a number, which is the index of
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      the sub-instruction. Each position is the end of each sub-instruction. So
      your task is to predict at the end of which sub-instruction you could see
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      the current given image. Note that the number of input images are strictly
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      equal to the number of sub-instructions. Moreover, There will not be two
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      images corresponding to the same position. Your final answer should be a
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      list of integers, where each integer represents that image's positions in
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      the instruction. For example, "[2, 3, 1, 4]" means you would observe the first input image at the end of the second sub-instruction, the second
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      input image corresponds to the end of the third sub-instruction, the third
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      input image corresponds to the end of the first sub-instruction, and the
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      fourth input image corresponds to the end of the fourth sub-instruction.
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 ).replace("\n", " ")
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  USER_PROMPT = inspect.cleandoc(
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        "Given the following {num_input_images} images, please predict their
      observation positions in the instruction. The instruction is:
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      {instruction_with_index}"""
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  ).replace("\n", " ")
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  response = client.beta.chat.completions.parse(
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      model=test_model,
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      messages=[
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          {
               "role": "system",
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               "content": [
48
/10
                   {
                        "type": "text",
50
                        "text": SYSTEM_PROMPT.format(image_type=image_type),
51
52
                   }
               ],
53
54
          },
55
           {
               "role": "user",
56
               "content": [
57
58
                   {
                        "type": "text"
59
                        "text": USER_PROMPT.format(
60
                            num_input_images=len(multiple_images_input),
61
                            instruction_with_index=instruction_with_index,
62
                       ),
63
64
                   }
               ٦
65
                 multiple_images_input,
66
67
          },
68
      ].
      response_format=SituationalAwarenessOutput,
69
```

70)

Listing 1: Prompts of OpenAI APIs for panoramic images as input.

```
USER_PROMPT = inspect.cleandoc(
568
                f "
                <video>
          3
570
                You are an agent navigating through a virtual environment according to
          4
571
                the given instruction. But now your task is not to navigate, but to
          5
572
                predict the positions of the given observation videos in the
          6
573
                corresponding instruction. You would be given a video and an
          7
574
                                              The given video are your most recent RGB
                corresponding instruction.
          8
575
          9
                observation while moving to your current position.
                You need to think of where your current position is in the
576
         10
577
         11
                instruction. The entire instruction is comprised of multiple
578
                sub-instructions. Each sub-instruction starts with '#' followed by a
579
                number, which is the index of the sub-instruction. Each position is
         14
                the end of each sub-instruction. So your task is to predict at the end
581
                of which sub-instruction you are moving to in the given video.
         15
582
                Your final answer should be an integer, which represents the
         16
583
         17
                sub-instruction index.
584
         18
                The instruction is as follows:
                <INSTRUCTION> {instruction} </INSTRUCTION>
585
         19
                Which instruction index is the answer?
         20
         21
           ).replace("\n", " ")
         22
         23
590
         24
            video_messages = [
         25
                {"role": "system", "content": "You are a helpful assistant."},
592
         26
593
         27
                {
                     "role": "user"
594
         28
                    "content": [
595
         29
                         {"type": "text", "text": USER_PROMPT},
596
         30
597
         31
                         {
                             "type": "video",
         32
                             "video": video_path,
599
         33
                             "total_pixels": 20480 * 28 * 28,
         34
                             "min_pixels": 16 * 28 * 2,
601
         35
                             "fps": 1.0,
         36
         37
                         },
604
         38
                    ],
605
         30
                },
         40 ]
607
         41
         42 video_messages, video_kwargs = prepare_message_for_vllm(video_messages)
         43
610
         44 n_try_times = 1
611
         45
           while True:
612
                try:
         46
613
                    chat_response = client.chat.completions.create(
         47
                         model=model_path,
614
         48
615
         49
                         messages=video_messages,
616
                         extra_body={"mm_processor_kwargs": video_kwargs},
         50
617
         51
                    )
618
         52
                except Exception as e:
619
         53
                    logger.error(f"Error during vLLM prediction: {e}. Retrying ...")
         54
                    if n_try_times > 3:
621
         55
                        logger.error("Max retry attempts reached. Skipping this example.")
         56
                         break
623
         57
                    else:
624
                         n_try_times += 1
         58
                         time.sleep(2)
625
         59
626
                         continue
         60
627
         61
                break
```

Listing 2: Prompts of OpenAI APIs for videos as input.