SELF: Self-Evolution with Language Feedback

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Abstract

Large Language Models (LLMs) have shown impressive adaptability in various fields, yet the optimal pathway of autonomous model evolution remains under-explored. Drawing inspiration from the self-driven learning process of humans, we introduce SELF (Self-Evolution with Language Feedback), a novel learning framework that empowers LLMs to continually self-improve their abilities. SELF initiates with a meta-skill learning process that equips the LLMs with capabilities for self-feedback 011 and self-refinement. SELF employs language-012 based feedback for detailed and nuanced eval-014 uations, pinpointing response flaws and suggesting refinements. Subsequently, the model engages in an iterative process of self-evolution: they autonomously generate responses to unlabeled instructions, refine these responses inter-019 actively, and use the refined and filtered data for iterative self-training, thereby progressively boosting their capabilities. Moreover, the SELF framework equips the model with the ability to self-refine during inference, leading to further improved response quality. Our experiments on mathematical and general tasks demonstrate that SELF enables the model to continually self-improve without human intervention. The SELF framework indicates a promising direction for the autonomous evolution of LLMs, transitioning them from passive information receivers to active participants in their development.

1 Introduction

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Large Language Models (LLMs), like Chat-GPT (OpenAI, 2022) and GPT-4 (OpenAI, 2023), stand at the forefront of the AI revolution, demonstrating versatility across tasks. Despite their evident capabilities, the way towards achieving autonomous development of LLMs is still underexplored.

The development of automatically improved LLMs can draw inspiration from human self-driven



Figure 1: Evolutionary Journey of SELF: An initial LLM undergoes successive self-evolution iterations (1st, 2nd, 3rd), enhancing its capabilities and acquiring a self-refinement meta-skill.

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learning mechanisms. When facing new challenges, humans naturally engage in a learning cycle of initial attempts, introspective feedback, and behavior refinement. This leads to a critical question: "Can LLMs mimic the human learning process, utilizing self-refinement to enhance their inherent capabilities?" Fascinatingly, a recent study (Ye et al., 2023) in top-tier LLMs such as GPT-4 has revealed emergent meta-skills for self-refinement, signaling a promising future direction for the selfevolution of LLMs. Despite this, current methods for LLM development typically rely on a single round of instruction fine-tuning (Wei et al., 2021; Zhou et al., 2023) with meticulously human-crafted datasets and reinforcement learning-based methods (Ouyang et al., 2022) that depend on an external reward model. These strategies not only require extensive resources and ongoing human intervention but also treat LLMs as mere passive repositories of information rather than active learners. These limitations hinder LLMs from tapping into their inherent capabilities, obstructing their progress toward a self-driven, autonomous learning paradigm. Thus, we introduce SELF (Self-Evolution with Language Feedback) framework, designed to unlock the potential for autonomous self-evolution in LLMs. Fig-

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ure 1 depicts how SELF mimics human-like self-069 driven learning, emphasizing progressive improvement of model capability with self-evolution training. At the core of SELF are the two meta-skills (self-feedback and self-refinement), empowering the model to progressively self-evolve by training on its own synthesized data. Additionally, SELF leverages self-generated natural language feedback to offer in-depth analysis and guidance for refining 077 responses, without the need for external rewards or direct human guidance.

Specifically, the SELF framework initiates by teaching LLMs essential meta-skills, namely selffeedback and self-refinement, using a limited set of examples. Once these skills are acquired, the model engages in a cycle of continuous self-evolution, iteratively training with extensive, self-generated data. Given a large-scale unlabeled corpus, this data is compiled from initial responses and refined through self-refinement and filtering, with model itself. During this iterative process, the quality of self-evolution training data and model capability are interactively improved, fostering ongoing self-evolution of LLMs. Crucially, in the inference phase, these learned meta-skills enable LLMs to further enhance response quality via selfrefinement. In summary, the SELF framework transforms LLMs from passive recipients of data into active learners in self-evolution and alleviates data scarcity issues by generating large-scale selfcurated training datasets. This not only reduces the need for labor-intensive manual intervention but also promotes the continuous self-improvement of LLMs, establishing a more autonomous and efficient training approach.

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We evaluate SELF in mathematical and gen-104 eral domains. SELF notably improves the 105 test accuracy on mathematical domains (6.82% on GSM8k (Cobbe et al., 2021) and 4.9% on 107 SVAMP (Patel et al., 2021)), and increases the win rate on general domain (10% on Vicuna test-109 set (Lianmin et al., 2023) and 6.9% on Evol-110 Instruct testset (Xu et al., 2023)), compared with 111 typical supervised fine-tuning. The main contri-112 butions are summarized as follows: (1) SELF em-113 powers LLMs with self-evolving capabilities, al-114 lowing for autonomous model evolution, and re-115 116 ducing human intervention. (2) SELF facilitates self-refinement into smaller LLMs, even with chal-117 lenging math problems. The capability of self-118 refinement was previously considered an emergent 119 characteristic of top-tier larger LLMs. (3) Exper-120

iments demonstrate the effectiveness of SELF in both mathematical and general domains, confirming its advanced capabilities in self-evolution and self-refinement.

2 **Related Works**

Self-improvement Methods A straightforward 126 and effective method to improve large language 127 models (LLMs) for reasoning tasks is self-128 consistency (Wang et al., 2022a). This involves 129 sampling various reasoning paths and selecting the 130 most consistent answer. Various research efforts 131 have been undertaken to enhance the output quality 132 of LLMs through online self-improvement (Shinn 133 et al., 2023; Madaan et al., 2023; Ye et al., 2023; 134 Chen et al., 2023; Ling et al., 2023). The main 135 idea is to generate an initial output with an LLM, 136 have the same LLM provide feedback on its out-137 put, and then use this feedback to refine the initial 138 output. Some works focus on self-improvement 139 over prompts (Fernando et al., 2023; Zhang et al., 140 2023). While simple and effective, online self-141 improvement requires multi-turn inference for re-142 finement, leading to increased computational over-143 head. Therefore, other methods explore self-144 improvement during fine-tuning. These methods 145 aim to iteratively enhance the LLM's performance 146 by leveraging both ground truth and synthetic data 147 it generates (Yuan et al., 2024; Chen et al., 2024; 148 Gou et al., 2023; Wang et al., 2023; Li et al., 2023). 149 Our SELF, autonomously enhances its capabili-150 ties without reliance on ground-truth data via self-151 refinement, providing detailed language feedback. 152 Autonomous Improvements of LLMs "Align-153 ment" (Leike et al., 2018) aims to train agents 154 to act in line with human intentions. Several re-155 search efforts (Ouyang et al., 2022; Bai et al., 156 2022a; Scheurer et al., 2023) leverage Reinforce-157 ment Learning from Human Feedback (RLHF) 158 (Christiano et al., 2017). RLHF begins with fit-159 ting a reward model to approximate human prefer-160 ences. Subsequently, an LLM is finetuned through reinforcement learning to maximize the estimated 162 human preference of the reward model. Reward 163 Ranked Fine-tuning (RAFT) utilizes a reward 164 model to rank responses sampled from an LLM. 165 Subsequently, it fine-tunes the LLM using highly-166 ranked responses (Dong et al., 2023). Recent advancements in LLMs have explored Reinforce-168 ment Learning (RL) approaches that do not rely on human feedback. RLAIF (Pang et al., 2023) 170

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These meta-skills are acquired by fine-tuning

(section 3.3).

proposes to employ a LLMs to label the preference

data in replace of human supervision. LLMs are

updated progressively through online RL in inter-

acting with the environment in Carta et al. (2023).

The connection between conventional RL research

and RLHF in LLMs is discussed by Sun (2023).

However, scalar rewards in Reinforcement Learn-

ing (RL) offer limited insights for evaluating com-

plex reasoning tasks (Lightman et al., 2023), as

they fail to specify detailed errors and optimiza-

tion paths. Recognizing this limitation, the SELF

framework suggests utilizing natural language feed-

back, which effectively guides the self-evolution

of LLMs. Unlike scalar rewards, which require a

retrained model for each evaluation protocol and

dimension, natural language feedback is more flex-

ible, addressing multiple aspects simultaneously.

As depicted in Fig. 2, the SELF framework en-

hances model capabilities through a two-stage

learning phase: (1) Meta-skill Learning Phase:

This phase uses an annotated meta-skill training

corpus to fine-tune the model, and equips the model

with essential meta-skills for self-feedback and self-

refinement with limited supervised examples. (2)

Self-Evolution Phase: With the acquired meta-

skills, the model progressively improves through

multiple iterations of the self-evolution training process. The whole process is illustrated in Alg. 1

Meta-skill learning targets on instill two essential

meta-skills into LLMs for self-evolution. (1) Self-

Feedback Ability: This skill enables LLMs to

evaluate their responses using natural language

feedback. This provides the suggestion for further

refinement, thus laying a solid foundation for subse-

quent self-refinement. Self-feedback also enables

the model to filter out low-quality self-evolution

training data if a response is judged as unqualified

by the model (section 3.2.1). (2) Self-Refinement

Ability: Self-refinement enables the model to opti-

mize its responses based on self-feedback. This

ability has two applications: (1) enhancing the

quality of the self-evolution training corpus (sec-

tion 3.2.1) and (2) improving model performance

by refining the models' outputs during inference

Method

in Appendix I.

3.1

Meta-Skill Learning

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the model using the Meta-Skill Training Corpus (section 3.1.1) with designed training objective (section 3.1.2). The resulting model is denoted as $M_{\rm meta}$.

3.1.1 Meta-Skill Training Corpus

The meta-skill training corpus D_{meta} represents the generation, feedback, and refinement process. It is constructed as follows: (1) For each unlabeled prompt p, the initial model M_{init} generates an initial response r. (2) An annotator L provides evaluation feedback f for the initial response r, then produces a refined answer \hat{r} according to the feedback f. Each instance in D_{meta} takes the form (p, r, f, \hat{r}) , representing the process of response evaluation and refinement. An example instance of D_{meta} is provided in appendix H.

3.1.2 Training Objective

In the meta-skill learning phase, the objective is to empower the initial model M_{init} to develop metaskills, resulting in an enhanced model M_{meta} . This process is guided by the cross-entropy loss following the maximum likelihood estimation (MLE) paradigm:

$$\mathcal{L}_{\text{meta}}(\phi) = -\mathbb{E}_{(p,r,f,\hat{r})\sim D_{\text{meta}}} \left[\log \tau_{\phi}(f|p,r) + \log \tau_{\phi}(\hat{r}|p,r,f) + \beta \log \tau_{\phi}(\hat{r}|p) \right],$$
(1)

where p is prompt, r is the initial model response, f is the feedback to the model response r, and \hat{r} is the revised response based on feedback f. $\tau_{\phi}(y|x)$ denotes the probability distribution given by the auto-regressive language model with parameters ϕ predicting the response y given the input prompt x. The coefficient β in eq. (1) controls a balanced emphasis on direct response generation and the model's capability for self-feedback and self-refinement.

Insight. Training with D_{meta} aims to achieve two goals: (i) To guide the model in generating feedback (f) concerning its initial responses (r) (selffeedback) and subsequently employing this feedback to enhance the quality of the final answer (\hat{r}) (self-refinement). (ii) Training with D_{meta} instructs the model to process problems in a Chainof-Thought (CoT) manner. This involves evaluating the initial response, integrating the feedback, and then revising the response in a chain process $\Psi(\hat{r}|p) := \sum_{r,f} \tau_{\phi}(r|p) \cdot \tau_{\phi}(f|p,r) \cdot \tau_{\phi}(\hat{r}|p,r,f).$



Figure 2: Illustration of SELF. The "Meta-Skill Learning" (left) phase empowers the LLM to acquire meta-skills in self-feedback and self-refinement. The (b)"Self-Evolution" phase (right) utilizes meta-skills for self-evolution training with self-curated data, enabling continuous model enhancement.

3.2 Self-Evolution Training Process

The model M_{meta} , equipped with meta-skills, undergoes progressive improvement through multiple iterations of the self-evolution training process. Each iteration of the self-evolution process begins with the model autonomously creating high-quality training data (section 3.2.1) from an unlabeled corpus. With an unlabeled dataset of prompts, the model generates initial responses and then refines them through self-feedback and self-refinement. These refined responses, superior in quality, are further filtered with self-feedback and utilized as the training data for the model's subsequent selfevolution training (section 3.2.2). This autonomous self-evolving process interactively improves LLMs as the improved model capability leads to better data quality, which in turn boosts model performance. It also alleviates the data scarcity problem by self-generating data.

3.2.1 Self-Evolution Training Data

Let M_{evol}^t denotes the model at t^{th} iteration and initialize M_{evol}^0 from M_{meta} . During t^{th} self-evolution iteration, M_{evol}^{t-1} processes each unlabeled prompt p by first generating an initial response r. r is then refined using the model's self-feedback f, resulting in a self-refined response \hat{r} . The prompts and their corresponding self-refined responses (p, \hat{r}) are then incorporated into the t^{th} round self-evolution datasets, denoted as D_{evol}^t , for subsequent self-evolution processes.

5 Data Filtering with Self-feedback: To enhance 6 the quality of D_{evol}^t , we employ the self-feedback 7 capability of M_{evol}^{t-1} to filter out data of lower quality. M_{evol}^{t-1} evaluates the self-refined data, \hat{r}_{evol} , 8 keeping only the responses that meet high-quality standards. The effect is analyzed in appendix Q.

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To mitigate the catastrophic forgetting issue of meta-skill, the meta-skill learning data D_{meta} are also included in self-evolution training. At t^{th} iteration, the model undergoes self-evolution training with the updated self-curated data D_{evol}^t , improving its performance and aligning it more closely with human values.

3.2.2 Mathematical Modeling

Main Objective. We denote τ_{ϕ}^{t} as the probability distribution generated by M_{evol}^{t} with parameters ϕ . The self-evolution training loss $\mathcal{L}_{\text{evol}}^{t}(\phi)$ is defined as:

$$\begin{aligned} \mathcal{L}_{\text{evol}}^{t}(\phi) \\ &= -\mathbb{E}_{p_{\text{evol}}}\mathbb{E}_{\hat{r}_{\text{evol}}\sim\Psi^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}})} \left[\log\tau_{\phi}^{t}(\hat{r}_{\text{evol}}|p_{\text{evol}})\right] \\ &= -\mathbb{E}_{p_{\text{evol}}}\left[\sum_{\hat{r}_{\text{evol}}}\Psi^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}})\log\tau_{\phi}^{t}(\hat{r}_{\text{evol}}|p_{\text{evol}})\right], \end{aligned}$$

$$(2)$$

where p_{evol} is sampled from unlabeled prompts corpus (detiled in appendix C.2) for self-evolution t^{th} 315 round. The joint probability distribution is: 316

$$\Psi^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}}) = \sum_{\substack{r_{\text{evol}}, f_{\text{evol}} \\ \phi}} \left(\tau_{\phi}^{t-1}(r_{\text{evol}}|p_{\text{evol}}) \cdot \tau_{\phi}^{t-1}(f_{\text{evol}}|r_{\text{evol}}, p_{\text{evol}}) \right) \cdot \tau_{\phi}^{t-1}(\hat{r}_{\text{evol}}|f_{\text{evol}}.r_{\text{evol}}, p_{\text{evol}}) \right).$$
(3)

The rationale behind learning from 318 $\Psi^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}})$ is discussed in appendix A.1. 319

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Optimizing eq. (2) is equivalent to minimizing the Kullback-Leibler (KL) divergence:

$$\begin{aligned} \operatorname{KL}(\Psi^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}})) &= \sum_{\hat{r}_{\text{evol}}} \Psi^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}}) \log \frac{\Psi^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}})}{\tau_{\phi}^{t}(\hat{r}_{\text{evol}}|p_{\text{evol}})} \\ &= -\underbrace{H(\Psi^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}}))}_{\text{constant for fixed }\Psi^{t-1}} - \underbrace{\sum_{\hat{r}_{\text{evol}}} \Psi^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}}) \log \tau_{\phi}^{t}(\hat{r}_{\text{evol}}|p_{\text{evol}})}_{\text{Eq. (2)}}. \end{aligned}$$

The optimization of KL divergence is to fine-tune the model parameters ϕ to ensure that the model's 324 predictive probability distribution τ_{ϕ}^{t} aligns with 325 the joint probability of the preceding iteration's 326 chain process (Ψ^{t-1}) . The goal is to enhance 327 the model's ability to directly produce refined responses (\hat{r}_{evol}) in the t^{th} iteration, effectively condensing the intricate process of generation, feedback, and refinement from the $(t-1)^{th}$ iteration. This advancement demonstrates the model's evolv-332 333 ing capability to streamline the complex steps into a more straightforward inference. The potential plateau is discussed in appendix A.3.

Further Analysis. Assuming that each self-336 evolution round is effective, implying that as tincreases, the quality of responses sampled from Ψ^t improves, optimizing the KL divergence as de-339 scribed in eq. (4) is fundamentally a process aimed 340 at enhancing the direct generation of high-quality 341 responses. Before delving deeper, it is crucial to introduce several key concepts. We define a binary 343 variable X to evaluate the quality of responses. A higher probability, $p(X = 1 | p_{evol}, \hat{r}_{evol})$, indi-345 cates a higher quality of the response \hat{r}_{evol} in relation to the prompt p_{evol} . For the self-evolving 347 model with parameters ϕ at the t^{th} iteration, the 348 model's log-likelihood of producing high-quality responses to a specified prompt is defined as fol-351 lows:

$$\log p^{t}(X = 1 \mid p_{\text{evol}})$$

:=
$$\log \sum_{\hat{r}} p(X = 1 \mid p_{\text{evol}}, \hat{r}_{\text{evol}}) \tau_{\phi}^{t}(\hat{r}_{\text{evol}} \mid p_{\text{evol}})$$

By minimizing the KL divergence in eq. (4), we can increase $\log p^t(X = 1 \mid p_{evol})$ by progressively 354

improving its Evidence Lower Bound (ELBO):

$$\log p^{t}(X = 1 | p_{\text{evol}})$$

$$= \log \sum_{\hat{r}_{\text{evol}}} p(X = 1 | p_{\text{evol}}, \hat{r}_{\text{evol}}) \tau_{\phi}^{t}(\hat{r}_{\text{evol}} | p_{\text{evol}}).$$

$$= \log \mathbb{E}_{\Psi^{t-1}(\hat{r}_{\text{evol}} | p_{\text{evol}})} \left[\frac{p(X = 1 | p_{\text{evol}}, \hat{r}_{\text{evol}}) \tau_{\phi}^{t}(\hat{r}_{\text{evol}} | p_{\text{evol}})}{\Psi^{t-1}(\hat{r}_{\text{evol}} | p_{\text{evol}})} \right]$$

$$\geq \mathbb{E}_{\Psi^{t-1}(\hat{r}_{\text{evol}} | p_{\text{evol}})} \left[\log \frac{p(X = 1 | p_{\text{evol}}, \hat{r}_{\text{evol}}) \tau_{\phi}^{t}(\hat{r}_{\text{evol}} | p_{\text{evol}})}{\Psi^{t-1}(\hat{r}_{\text{evol}} | p_{\text{evol}})} \right]$$

$$= \mathbb{E}_{\Psi^{t-1}(\hat{r}_{\text{evol}} | p_{\text{evol}})} \left[\log p(X = 1 | p_{\text{evol}}, \hat{r}_{\text{evol}}) \right]$$

$$- \underbrace{\operatorname{KL}(\Psi^{t-1}(\hat{r}_{\text{evol}} | p_{\text{evol}}) | | \tau_{\phi}^{t}(\hat{r}_{\text{evol}} | p_{\text{evol}})}_{\text{Eq. (4)}}.$$

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The entire self-evolution training process can be viewed as a continuous exploration of inherent model capabilities in generation, self-feedback, and self-refinement, ultimately enhancing the model's ability to generate high-quality responses directly. Overall Objective. In the iterative self-evolution process, meta-skills, i.e., the ability to selffeedback and self-refinement, is crucial for guiding the evolution process. We incorporate D_{meta} into self-evolution training to mitigate the potential catastrophic forgetting of meta-skills:

$$\mathcal{L}_{\text{meta}}^{t}(\phi) = -\mathbb{E}_{(p,r,f,\hat{r})\sim D_{\text{meta}}} \\ \left[\log \tau_{\phi}^{t}(f|p,r) + \log \tau_{\phi}^{t}(\hat{r}|p,r,f)\right].$$

$$36i$$

The total objective for the t^{th} round of selfevolution is:

$$\mathcal{L}_{\text{self}}^t(\phi) = \mathcal{L}_{\text{evol}}^t(\phi) + \mathcal{L}_{\text{meta}}^t(\phi).$$
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3.3 Response Refinement during Inference

Equipped with the meta-skills for self-feedback and self-refinement, the model can conduct selfrefinement during inference. Specifically, the model generates an initial response and then refines it using self-refinement, akin to the method described in section 3.1. Response refinement during inference consistently improves the model's performance as shown in section 4.2.

Experiments 4

This section begins with an introduction to the experimental settings (section 4.1), encompassing the evaluation data, baseline model, and model variations. The following experiments are exhibited: (1) We demonstrate the efficacy of SELF compared to baselines in the main experiment (Section 4.2). (2) We show progressive performance enhancements observed during the self-evolution processes in the

ablation study (Section 4.3). (3) Comparison with other self-improvement methods (Section 4.4)

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The additional experiments in the Appendix provide comprehensive insights into our SELF framework. (3) appendix Q shows the impact of data filtering with self-feedback in self-evolution training data construction. (4) appendix K evaluates different meta-skill training data organization methods, highlighting the effectiveness of single-response refinement over multiple-response. (5) appendix L analyzes various self-evolution training strategies, emphasizing the superiority of "Restart Training". (6) appendix M demonstrates that SELF outperforms supervised fine-tuning (SFT) with humanannotated data. (7) appendix N assesses the scalability of SELF across varying base models, indicating its increased effectiveness with more advanced models. (8) appendix O exhibits that the quality of the meta-skill data influences the self-evolution process, with improvements observed when using higher-quality data. (9) appendix P conducts the comparison between single-round and iterative selfevolution training and reveals the advantages of the iterative approach in improving LLMs' capabilities over successive rounds.

4.1 **Experiment Settings**

4.1.1 Evaluation

Inference Setting. We adopt two inference settings: (1) **Direct Response** (default): the model directly answers the question with a Zero-shot Chain of Thought (CoT) methodology (Kojima et al., 2022), which is the default setting to evaluate the model capability directly; (2) Self-Refinement: during inference, the model self-refines its original answer for once, as described in section 3.3.

Benchmarks. We evaluate two mathematical benchmarks to show the efficacy of SELF on complex reasoning tasks and further verify the generalizability of SELF on seven general benchmarks. Please refer to Appendix F for more details about these benchmarks.

4.1.2 Setup and Baselines

The complete SELF framework includes meta-432 skill training with D_{meta} , three iterations of self-433 evolution training, and optional self-refinement dur-434 435 ing inference. Our evaluation primarily focuses on assessing how self-evolution training can progres-436 sively enhance the capabilities of LLMs. For build-437 ing the meta-skill training corpus D_{meta} , we employ 438 GPT-4 as the language model labeler L due to its 439

proven proficiency in refining responses (An et al., 2023) via the prompt described in appendix B^1 . The data statistic of D_{meta} is shown in appendix C.1 and further details of unlabeled corpus construction is described in appendix C.2. We note that all model training utilized the same training hyperparameters, as shown in appendix D. In this study, we experiment with Vicuna-7b (Vicuna) (Chiang et al., 2023). All other compared baselines are outlined. For more details about these baselines, please refer to Appendix G:

(1) Vicuna + D_{OA} : we construct D_{QA} , which includes all the (p, \hat{r}) pairs from D_{meta} , and finetune the model as:

$$\mathcal{L}_{\text{QA}}(\phi) = -\mathbb{E}_{(p,\hat{r})\sim D_{\text{OA}}}\left[\log \tau_{\phi}(\hat{r}|p)\right].$$

(2) RLHF: we utilize the RLHF implementation from $trlx^2$.

(3) Self-Consistency: we compare the selfrefinement inference strategy in SELF with the Self-Consistency (Wang et al., 2022a).

4.2	Main Result	46	6

4.2.1 Math Test

Model	SE	SC	SR	GSM8K(%)	SVAMP(%)
				16.43	36.40
Vicuna		\checkmark		19.56	40.20
			\checkmark	15.63	36.80
				24.49	44.90
Vicuna + D_{QA}		\checkmark		25.70	46.00
			\checkmark	24.44	45.30
	\checkmark			29.64	49.40
Vicuna + SELF (Ours)	\checkmark	\checkmark		29.87	50.20
	\checkmark		\checkmark	31.31	49.80
	\checkmark	\checkmark	\checkmark	32.22	51.20

Table 1: Experiment results on GSM8K and SVAMP compare SELF with other baseline methods. We evaluate the impact of Self-Evolution (SE), Self-Consistency (SC), and Self-Refinement (SR) strategies on model performance.

In section 4.2.1, we compare SELF against baseline models, as detailed in section 4.1.2. This comparison elucidates SELF's effectiveness in enhancing LLM performance through self-evolution and offers several key insights:

(1) Self-Evolution Enhances LLM: Vicuna + SELF significantly outperforms its baseline Vicuna + D_{OA} (24.49% $\xrightarrow{+5.15\%}$ 29.64% on GSM8K and

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¹Separate prompts have been designed for the math domain appendix B.1 and general domain appendix B.2.

²https://github.com/CarperAI/trlx

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44.90% $\xrightarrow{+4.5\%}$ 49.40% on SVAMP) in direct response setting, showcasing self-evolution is effective in optimizing LLMs.

(2) SELF Instills Self-Refine Capability in LLMs: The integration of self-refinement inference strategy with Vicuna + SELF further boosts performance (29.64% $\xrightarrow{+1.67\%}$ 31.31%), while baseline models show marginal or negative effect via self-refinement. We also provide a case analysis for the limited self-refinement ability of baseline models, as shown in fig. 4.

(3) SELF can work with Self-Consistency: SELF works effectively with self-consistency, improving accuracy across models. The base Vicuna model, which may have uncertainties in its outputs, shows notable improvement with self-consistency, achieving a +3.13% increase. Combining selfrefinement with self-consistency further elevates performance (e.g., 29.64% $\xrightarrow{+2.58\%}$ 32.22% on GSM8K), indicating that these two strategies can complement each other effectively.

4.2.2 Comparison with RLHF

Method	Feedback Acc.(%)	GSM8K Acc.(%)
Vicuna + D_{QA} RLHF SELF	24 72	24.49 25.55 27.67

Table 2: Comparison of SELF and RLHF on GSM8K. "Feedback Acc." measures how accurately feedback identifies correct and incorrect answers, while "GSM8K Acc." shows the model performance on GSM8K testset.

In section 4.2.2, we compare the performance of SELF with RLHF. To alleviate the effect led by different amounts of training data and make a fair comparison, for SELF, we adopt data solely from the initial round of self-evolution training. This ensures the same training data quantity with RLHF and leads to sub-optimal results compared with the one in section 4.2.1.

As section 4.2.2 shows, RLHF achieves a 25.55% accuracy on GSM8K, which is lower than the 27.67% performed by SELF. We observe that the simple scalar reward of RLHF often fails to identify the correctness of the reasoning process, which limits performance improvements. On the GSM8K test set, for incorrect answers produced by the SFT model (Vicuna + D_{QA}), the reward model only identifies 24% of them as incorrect, i.e., the reward model assigns lower scalar rewards to incor-

rect answers compared to correct answers. In contrast, SELF utilizes informative natural language feedback to provide a more accurate assessment. It correctly identifies 72% of incorrect answers. 510

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4.2.3 General Test

To demonstrate the generalizability of the SELF framework across a wider range of datasets and tasks, we conducted following experiments for comparing three configurations of the Vicuna model, i.e., Vicuna, Vicuna + D_{QA} , and Vicuna + SELF with details in Appendix R.

Five Open LLM Leaderboard datasets This experiment evaluates the SELF model, trained for general domains on five datasets. The results of these experiments are summarized in Table 3:

	Vicuna Vicuna		Vicuna		
Datasets	vicuna	+ D _{QA}	+ D_{QA} + SELF		
Arc	71.34	72.54	73.71		
TruthfulQA	50.36	51.17	52.36		
Winogrande	69.38	68.12	67.17		
HellaSwag	73.80	75.01	76.24		
MMLU	48.60	48.71	49.17		
Average	62.70	63.11	63.73		

Table 3: Results on five open LLM leaderboard datasets.

The overall average performance of the SELF framework showed improvement over its baseline.

Vicuna and Evol-instruct Test Evaluations We also test the efficacy and generalizability of SELF on two general domain benchmarks, explicitly using the Vicuna and Evol-Instruct test sets.

The results are depicted in Figure 3. In the figure, blue represents the number of test cases where the model being evaluated is preferred over the baseline model (Vicuna), as assessed by GPT-4. Yellow denotes test cases where both models perform equally, and pink indicates the number of test cases where the baseline model is favored over the model being evaluated.

In the Vicuna testset, SELF increases direct response win rate from 65.0% to 72.5% compared with Vicuna + D_{QA} . After self-refinement, the win rate is further improved to 75.0%. In the Evol-Instruct testset, the win rate of Vicuna + D_{QA} is 48.6%. SELF increases the win rate to approximately 52.8%. Applying self-refinement during inference further improves the win rate to 55.5%.

These findings in the general domain highlight the SELF framework's adaptability and robustness,

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(b) Results on Evol-Instruct testset.

Figure 3: Results on Vicuna testset and Evol-Instruct testset

particularly when self-refinement is employed, showcasing its efficacy across varied test domains.

4.3 Ablation Study

SVAMP (%)		GSM8K (%)		Dox	D _{mata}	Self Evol.		
DR	SR	DR	SR	- 94	- nicia	1st	2nd	3rd
36.4	36.8	16.43	15.63					
44.9	45.3	24.49	24.44	\checkmark				
46.8	47.0	25.39	28.28		\checkmark			
47.8	48.0	27.67	29.34		\checkmark	\checkmark		
48.9	49.0	28.66	29.87		\checkmark	\checkmark	\checkmark	
49.4	50.2	29.64	31.31		\checkmark	\checkmark	\checkmark	\checkmark

Table 4: Performance under various training settings of SELF. A checkmark \checkmark in a column denotes the additive adoption of the corresponding setting in that training scenario. We present two kinds of inference results: **Direct Response** (DR) and **Self-Refinement** (SR), the latter conducts self-refinement to DR.

We conduct ablation experiments on SVAMP and GSM8K datasets to assess the incremental effect of each stage. While baseline models exhibit slight or even adverse effects via self-refinement, the SELF framework endows LLMs with an inherent capability through meta-skill learning and multi-iterations of self-evolution training. As depicted in table 4, our framework facilitates gradual performance improvements through successive SELF stages. More detailed observations are highlighted in Appendix T:

4.4 Comparison with self-improvement methods

We provide additional experiments comparing our SELF method with two self-improvement works, i.e., SPIN (Chen et al., 2024) and Self-rewarding (Self-RW) (Yuan et al., 2024). We compared fairly by reimplementing each method based on the Mistral-7B (Jiang et al., 2023) post-meta-skill learning (Base). We report the results in the GSM8K dataset. 563

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Model	SELF	Self-RW	SPIN
Base	51.10	51.10	51.10
Iter 1	52.23 ± 0.15	52.15 ± 0.10	52.24 ± 0.18
Iter 2	52.41 ± 0.10	52.45 ± 0.12	52.44 ± 0.20
Iter 3	53.51 ± 0.18	52.37 ± 0.17	52.44 ± 0.14

Table 5: Comparison of accuracy on the GSM8K dataset over 3 self-improvement iterations.

Unlike SPIN and Self-RW, which use Direct Preference Optimization loss, our SELF framework, utilizing standard supervised fine-tuning loss, achieves higher accuracy on the GSM8K dataset after three self-improvement iterations. As demonstrated in Table 5, our SELF framework is efficient and effective during iterative self-improvement training. The small standard deviation further highlights the reliability of our results.

5 Conclusion

We present SELF (Self-Evolution with Language Feedback), an innovative framework that enables LLMs to undergo self-evolution via self-feedback and self-refinement. SELF transforms LLMs from passive information recipients to active participants in their evolution. It utilizes natural language feedback for detailed and informative evaluations Through meta-skill learning, SELF equips LLMs with the capability for self-feedback and selfrefinement. This allows models to autonomously enhance their abilities through self-evolution training and online refinement. Experiments conducted on benchmarks underscore SELF's capacity to progressively enhance model capabilities while reducing the need for human intervention. SELF represents a leading step in the autonomous development of LLMs, showcasing their potential for continuous learning and self-evolution.

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6 Limitations

As the self-evolution process progresses through multiple iterations, there is a possibility that performance improvements may plateau. This phenomenon could occur due to several factors, such as the model reaching its inherent capacity limits or the diminishing returns from additional rounds of self-evolution. We add a discussion in Appendix A.3. Moreover, although the use of natural language feedback in the SELF framework 610 enhances the evaluation and refinement process, it 611 introduces a dependency on the accuracy and rele-612 vance of the feedback provided. Ensuring that the 613 language feedback precisely pinpoints true infor-614 mation is critical. 615

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Why Refinement is Better A.1

We discuss why it's necessary to optimize $\tau_{\phi}^{t}(\hat{r}_{\text{evol}}|p_{\text{evol}})$ in the t^{th} round self-evolution by learning from $\Psi^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}})$, and why we believe samples from $\Psi^{t-1}(\hat{r}_{evol}|p_{evol})$ are typically of higher quality than those from $\tau_{\phi}^{t-1}(r_{\text{evol}}|p_{\text{evol}})$ directly.

Firstly, similar to the insights analyzed in section 3.1.2, we believe that a process akin to CoT, involving feedback followed by refinement before providing an answer, helps in generating highquality responses. Secondly, r_{evol} is already a reasonably good output after meta-skill learning and previously (t-1) rounds of self-evolution. We can assume that the self-feedback f_{evol} is informative, hence $\hat{r}_{\text{evol}} \sim \tau_{\phi}^{t-1}(\hat{r}_{\text{evol}}|p_{\text{evol}}, r_{\text{evol}}, f_{\text{evol}})$ is of higher quality than $r_{\rm evol} \sim au_{\phi}^{t-1}(r_{\rm evol}|p_{\rm evol})$ because it incorporates useful feedback information. If f_{evol} suggests that the initial response r_{evol} does not require refinement, we still proceed through the process of revising from r_{evol} to \hat{r}_{evol} using f_{evol} , but set $\hat{r}_{evol} = r_{evol}$. By doing so, we ensure that the quality of \hat{r}_{evol} is at least as good as that of r_{evol} .

Moreover, as described in section 3.2.2, we utilize Data Filtering with Self-feedback. In other words, we only keep \hat{r}_{evol} evaluated as *qualified*, allowing us to emphasize high-quality outputs and further improve τ_{ϕ}^{t} .

A.2 Why Integration of Meta-skill Training Data D_{meta} Elevates Direct QA

The D_{meta} dataset trains the model to not only modify answers but also to fully grasp a prompt, create feedback, and then develop a revised answer. This approach resembles training the model to think through a problem in a chain-of-thought methodically (CoT) manner, before responding. The training encompasses a thorough examination of the entire process, which not only betters the model's direct response capability but also enriches its understanding of the logic behind those answers, thereby enhancing its generalization ability.

A.3 Potentially Limited Plateau of **Self-evolution Training**

Based on eq. (2) and eq. (3), the model in the t^{th} round is updated to improve direct response quality by incorporating the generate-feedback-refinement process from the $(t-1)^{th}$ round. This is based on the assumption that the refined response is superior

to the initial one generated by M_{evol}^{t-1} . As illus-925 trated in Fig. 1, the direct generation performance of M_{evol}^t (green curve) consistently falls below the self-refinement of M_{evol}^{t-1} (blue curve). The self-refinement gains in the $(t-1)^{th}$ round indicate the potential benefit that the t^{th} round self-evolution could bring to direct generation. This also helps de-931 termine when to halt the self-evolution process, i.e., the process can be stopped when self-refinement brings no benefit to the direct response. 934

Prompt of Generating Feedback and B **Refinement for** *D*_{meta}

We introduce the prompt for generating feedback and refinement in two domains: Math and General. We outline specific prompts designed to guide the evaluation and improvement of responses to questions for building D_{meta} in each domain.

Math Domain B.1

For the Math Domain, the prompt instructs evaluators to assess the quality of a response to a math question, provide a step-by-step analysis, and determine its correctness. If the response is incorrect, the evaluator is asked to refine and provide a correct answer.

> Prompt for feedback and refinement: (Feedback) Please assess the quality of the response to the given question. Here is the question: p. Here is the response: r. Firstly, provide a step-by-step analysis and verification for response starting with "Response Analysis:". Next, judge whether the response correctly answers the question in the format of "judgment: correct/incorrect" (Refinement) If the answer is correct, output it. Otherwise, output a refined answer based on the given

B.2 General Domain

response and your assessment.

For the general test, aligned with the methodology described in section 3, we deploy the following prompt to guide an LLM-based annotator in generating response feedback and refinement. This prompt serves as the foundation for the metaskill learning corpus and assists in producing selfevolution training data in the general test setting.

Prompt for feedback and refinement:
(Feedback) Please assess the quality of response to
the given question.
Here is the question: <i>p</i> .
Here is the response: r .
Firstly provide an analysis and verification for re-
sponse starting with "Response Analysis:".
Next, then rate the response on a scale of 1 to 10 (1
is worst, 10 is best) in the format of "Rating:"
(Refinement) Finally output an improved answer
based on your analysis if no response is rated 10.

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Data Generation С

C.1	D_{meta} Data Quantity	
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The D_{meta} dataset was generated using 3.5k un-961 labeled prompts from GSM8K and 2K from 962 SVAMP³. 963

For general tests, 6K conversations were selected from 90K ShareGPT dialogues to form the general 965 D_{meta} data. 966

Unlabeled Prompts for Self-Evolution C.2 Training

Math Domain: For math tests, unlabeled prompts in self-evolution training were sourced as follows:

(1) First round self-evolving phase: 4K leftover prompts from GSM8k and 1K from SVAMP, excluding those used in D_{meta} .

(2) Second/Third rounds: 10K/15K prompts were generated using Self-Instruct method (Wang et al., 2022b), based on a template shown in appendix C.2 with initial 4 to 6 seed examples.

General Domain: 15K unlabeled prompts from ShareGPT dialogues were used for self-evolution training data construction.

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³Adhering to the official recommendation https: //github.com/arkilpatel/SVAMP/tree/main, training prompts consist of MAWPS (Koncel-Kedziorski et al., 2016) and ASDiv-A (Miao et al., 2020)

You are an experienced instruction creator.
You are asked to develop 3 diverse instruc-
tions according to the given examples.
Here are the requirements:
1. The generated instructions should follow
the task type in the given examples.
2. The language used for the generated in-
structions should be diverse.
Given examples: {examples}
The generated instructions should be:
A
B
С

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D Training Hyperparameters

Our experiments were conducted in a computing environment with 8 NVIDIA V100 GPUs, each having 32GB of memory. All models were finetuned in a full-parameter setting. We utilized the AdamW optimizer for model training over 3 epochs, with a batch size of 128. The learning rate was set at 2e-5, including a 3% learning rate warmup period. Below we provide a comprehensive overview of the training hyperparameters employed in table 6. These parameters were uniformly applied across all training methods in our experiments.

Parameter	Value
Global Batch Size	128
LR	2×10^{-5}
Epochs	3
Max Length	2048
Weight Decay	0
Warmup Ratio	0.03

Table 6:	Training	hyperparameters.
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We note that the SELF framework is compatible with versatile LLMs. In this study, we perform the experiment with **Vicuna-7b** (Chiang et al., 2023), a capable open-source instruction-following model fine-tuned from LLaMA-7b (Touvron et al., 2023), will be referred to simply as "Vicuna" in subsequent sections. To verify the generalizability of SELF, we also experiment with OpenL-LaMA (Geng and Liu, 2023) and Vicuna-1.5 (Chiang et al., 2023) in Appendix N.

E Case Study Analysis

This subsection provides an in-depth case study 1006 that contrasts the performance of the original Vi-1007 cuna and Vicuna + SELF models. Illustrated 1008 in fig. 4, both models perform initial predictions, 1009 followed by self-feedback and refinement steps. 1010 Notably, Vicuna's refinement fails to correct its ini-1011 tial errors, while Vicuna + SELF effectively utilizes 1012 self-feedback and refinement to derive an accurate 1013 and logically coherent answer. 1014

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F Benchmark Details

GSM8K (Cobbe et al., 2021) contains high-quality, 1016 linguistically diverse grade school math word prob-1017 lems crafted by expert human writers, which incor-1018 porates approximately 7.5K training problems and 1019 1K test problems. The performance is measured 1020 by accuracy (%). SVAMP (Patel et al., 2021) is 1021 a challenge set for elementary Math Word Problems (MWP). It is composed of 1K test samples. 1023 The evaluation metric is accuracy (%). Vicuna 1024 testset (Lianmin et al., 2023) is a benchmark for 1025 assessing instruction-following models, containing 80 examples across nine skills in mathematics, 1027 reasoning, and coding. Evol-Instruct testset (Xu et al., 2023) includes 218 real-world human instruc-1029 tions from various sources, offering greater size 1030 and complexity than the Vicuna testset. Arc (Ac-1031 curacy Normalized) (Clark et al., 2018) assesses 1032 the model's performance on answering multiple-1033 choice questions. TruthfulQA (Multiple Choice 1034 2) (Lin et al., 2022) evaluates the model's ability 1035 to discern truthful answers from deceptive ones. 1036 Winogrande (Accuracy) (Sakaguchi et al., 2020) 1037 tests the model's competency in completing fill-in-1038 the-blank tasks with binary options for commonsense reasoning. HellaSwag (Accuracy Normal-1040 ized) (Zellers et al., 2019) evaluates the model's 1041 understanding of daily situations and commonsense 1042 reasoning. MMLU (Accuracy) (Hendrycks et al., 1043 2021) assesses the model's proficiency in generat-1044 ing language responses comprehensively. 1045

G Baseline Details

(1) Vicuna + D_{QA} : To demonstrate the improvement brought by SELF and exclude the impact 1048 of standard domain-specific supervised fine-tuning 1049 (SFT), we set a direct baseline that trained solely on 1050 pseudo-labeled question-answer pairs in the metaskill training corpus. Specifically, we construct 1052



Figure 4: Case study comparing the original Vicuna (left) and Vicuna+SELF (right) on a SVAMP problem. Both models generate direct predictions and undergo self-feedback and self-refinement. Both models initially produce answers, followed by self-feedback and self-refinement. Vicuna maintains the incorrect response after refinement, whereas Vicuna+SELF demonstrates enhanced self-refinement, leading to a correct and logically consistent solution.

 D_{QA} , which includes all the (p, \hat{r}) pairs from D_{meta} , and fine-tune the model as:

$$\mathcal{L}_{\text{QA}}(\phi) = -\mathbb{E}_{(p,\hat{r})\sim D_{\text{OA}}}\left[\log \tau_{\phi}(\hat{r}|p)\right]$$

We refer to this approach as Vicuna + D_{QA} , the most straightforward baseline. The performance gap between Vicuna + D_{QA} and SELF verify the efficacy of the proposed SELF framework, excluding the effect of training on domain-specific QA data.

(2) **RLHF:** we utilize the RLHF implementation from trlx⁴. We apply the same SFT model as the policy model for RLHF, **Vicuna** + D_{QA} as described above, which is consistent with SELF. The reward model is initialized from **Vicuna-7b** and is fine-tuned using pair-wise comparison data derived from the meta-skill training corpus D_{meta} (section 3.1.1), where the refined response \hat{r} is presumed to be better than the original one r.

(3) Self-Consistency: we compare the self-refinement inference strategy in SELF with the

Self-Consistency (Wang et al., 2022a) (i.e., multiple sampling and selecting an answer with majority1073voting) and examine their combined efficacy.1074

H Meta-Skill Training Corpus

The example shown below exemplifies a standard1077training example from our meta-skill corpus. It1078illustrates the model's initial response, followed by1079its self-feedback, and the ensuing refinement. This1080process demonstrates how the model is trained for1081self-feedback and self-refinement capabilities.1082

⁴https://github.com/CarperAI/trlx

Question: Greg has an alarm set to ring three times a day as a reminder. When the alarm goes off, it continues to ring until Greg turns it off. The first time it went off today, it rang four times. The second time it went off, it rang for three times as long as the first time. The third time, it rang for half as long as the second time. How many times did the alarm ring in all?

Original Response: The alarm rang four times the first time, three times as long as the first time the second time, and half as long as the second time the third time. So, the total number of times the alarm rang is 4 + 3*3 + 2*2 = 24.

Feedback: The response correctly interprets the problem. The first time the alarm rang, it rang for 4 times. The second time it rang, it rang for 3 times as long as the first time, which is 3*4 = 12 times. The third time it rang, it rang for half as long as the second time, which is 12/2 = 6 times. However, the final calculation is incorrect. The total number of times the alarm rang is not 4 + 3*3 + 2*2 = 24, but 4 + 12 + 6 = 22. Judgement: incorrect

Refined Response: The alarm rang four times the first time, three times as long as the first time the second time, and half as long as the second time the third time. So, the total number of times the alarm rang is 4 + 12 + 6 = 22.

I Algorithm

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The "Two-Phase SELF Process" algorithm outlines a method for developing a base language model through a two-staged approach: Meta-Skill Learning and Self-Evolving. The process starts with training on a "Meta-Skill Learning corpus", which consists of data representing the generation, feedback and refinement process. Following this, the model enters the "Self-Evolving Phase", where it undergoes iterative refinements, employing data augmentation in each iteration to produce selfrefined outputs from its previously refined versions. This iterative self-evolution aims to leverage accumulated knowledge and further enhance the model with newly generated data. The final outcome is an advanced Language Model that has significantly evolved from its original state through multiple self-evolution stages. More details are delineated in Alg. 1.

J Data Filtering Standards

We design a boolean function, qualified(f), to evaluate feedback f across different domains, determining if a response to a specific prompt satisfies essential quality criteria.

In the **Math Domain**, the function assesses feedback based on the explicit statement of "correctness" in the evaluator's judgment, aligned with the prompt structure in appendix B.1. It checks if Algorithm 1 Two-Phase SELF Process

Data: (1) Meta-Skill training data (D_{meta}) and (2) unlabeled prompts
Input : An initial Language Model M_{init} Result: A stronger Language Model M_{evol}^T after self-evolving
// Meta-Skill Learning Phase Data: Meta-Skill learning corpus (D_{meta}) $M_{meta} = $ Supervised_fine_tuning (M_{init}, D_{meta})
// Self-Evolving Phase
Initialize M_{evol}^0 with M_{meta}
foreach iteration t in 1 to Number of self-evolving iterations
T do
// Data-Augmentation
Initialize D_{evol}^t as an empty set
foreach prompt p_{evol}^{i} in t^{th} unlabeled prompts do
Generate direct output r_{evol}^i using M_{evol}^{t-1}
Generate self-refined output $\hat{r}_{\text{evol}}^{i}$ from r_{evol}^{i} using M_{evol}^{t-1}
Use M_{evol}^{t-1} to filter the self-refined output
Add $(p_{\text{evol}}^{i}, \hat{r}_{\text{evol}}^{i})$ to D_{evol}^{t} , where r_i is the refined response
end
<pre>// Self-Evolution Training</pre>
$M_{\text{evol}}^{t} = \text{Supervised_fine_tuning}(M_{\text{evol}}^{t-1}, D_{\text{evol}}^{t})$
end
// Training Complete
return Improved Language Model M_{evol}^T

the word "correct" immediately follows the phrase "judgment:" in the feedback. A presence of "correct" results in qualified(f) returning 1, meeting the qualification criteria. Absence leads to a return of 0.

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For the **General Domain**, following the structure in appendix B.2, qualified(f) extracts and evaluates a numerical rating from the feedback. If the rating, found after "Rating:", is 7 or higher, the function returns 1, indicating qualification. Ratings below 7 return 0, failing to meet the threshold. A rating of 7 balances quality and training data quantity.

qualified(f) is key in both domains for filtering and assessing feedback quality, ensuring only high-quality responses are used for refined answer generation in self-evolution training. Post data filtering, Ψ^{t-1} in eq. (3) requires an update to $\Psi'^{t-1} = \Psi^{t-1} \times qualified(f)$, adding a quality filter through self-feedback. For clarity, we continue using original formulation as stated in eq. (3) in the main text.

K Multiple v.s. Single Self-Refinement

This study explores the effects of two meta-
skill training data organization strategies on
model performance: (1) Multiple Self-Refinement
 $(D_{meta-multi})$, involving the sampling of three re-1135
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sponses for the model to choose the best for refinement, and (2) Single Self-Refinement (D_{meta}) , where the model generates and refines a single response.

> table 7 compares these methods' performances. Both strategies show performance gains with increased training data volume. However, as data volume expands, the multiple-response refinement shows a smaller improvement in direct generation performance (+4.02%) than the single-response method (+5.84%). Considering the simplicity and computational efficiency of the single-response method, which only samples one response during inference, and its better performance than the multiple-response approach, we have opted for the single-response refinement strategy in our experiments.

Data Size	Vicuna + D_{meta}	Vicuna + $D_{meta-multi}$
3.5k 7.5k	$\begin{array}{c} 25.39 \rightarrow 28.28 \\ 31.23 \rightarrow 32.98 \end{array}$	$\begin{array}{c} 25.92 \rightarrow 27.29 \\ 29.94 \rightarrow 32.14 \end{array}$

Table 7: Performance comparison of single and multiple response refinement with varying volumes of meta-skill training data. The arrow indicates improvement from direct generation to self-refinement: "direct generation \rightarrow self-refinement".

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L Self-Evolution Training: Continual Training v.s. Restart Training

Training Approach	DR (%)	SR (%)
Base Model	24.49	24.49
Restart Training	27.67	29.34
Continual Training (Mixed Data)	27.22	28.43
Continual Training (D_{evol}^t Only)	24.87	25.85

Table 8: Analysis about varied self-evolution trainingmethodologies on GSM8K.

"Restart Training", which combines meta-skill learning corpus with all rounds of self-evolution training data, significantly improves direct generation (+3.18%) and self-refinement (+3.85%).

"Continual Training (Mixed Data)", where the model is trained simultaneously with all rounds of self-evolution data, also shows notable enhancements in direct generation (+2.73%) and selfrefinement (+3.94%). In contrast, "Continual Training (D_{evol}^t Only)", which trains the model sequentially with self-evolution data from each round, demonstrates more modest gains (+0.38% in direct generation, +0.98% in self-refinement). The relatively lower performance of the latter approach highlights the importance of a mixed data strategy for effective self-evolution training. 1169

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Throughout our main text, we have consistently employed the "Restart Training" method. This approach was selected for its superior performance, as evidenced in table 8. In addition, the integration of D_{meta} into the self-evolution training is crucial to prevent the potential catastrophic forgetting of meta-skills. This strategy is essential for preserving the effectiveness and reliability of the selfevolution training process, as highlighted in section 3.2.2.

M SELF vs. Supervised Fine-Tuning on 7.5K GSM8k training data.

DR (%)	SR (%)	D_{0A}	D_{meta}	Self	Evol.
		- QA	- neu	1st	2nd
28.05	-	\checkmark			
31.23	32.98		\checkmark		
35.43	36.22		\checkmark		
37.87	38.12		\checkmark	\checkmark	\checkmark
35.70	-	SFT	(GSM8K training data)		

Table 9: Comparison between SELF and Supervised Fine-Tuning on GSM8K. A "-" symbol in the table indicates self-refinement was not conducted during inference because the model lacks the necessary selfrefinement skill.

When fine-tuned on the GSM8K 7.5k training set, the Vicuna model achieves an accuracy of 35.70%, which is lower than the SELF method (37.87%).

The experiments in table 9 use 7.5k meta-skill data, ensuring a fair comparison with the supervised fine-tuned model. This approach differs from the one in section 4.2.1, where only 3.5k meta-skill data are used.

table 9 indicates that, with 7.5k unlabeled training prompts for the meta-skill learning corpus, Vicuna + D_{QA} achieves 28.05%. Post metaskill learning, direct generation results improve to 31.23%, further increasing to 32.98% after selfrefinement. Subsequent self-evolution rounds lead to performance gains, reaching 37.87%(direct generation) and 38.12%(self-refinement) in the second round, outperforming supervised fine-tuning (35.70%). **Continuous Improvement of SELF vs. Supervised Fine-tuning:** SELF's primary advantage lies in its ability for continuous improvement and adaptation. In contrast to supervised fine-tuning, SELF doesn't rely on human or external LLM annotations (like GPT3.5/GPT4) for training data in self-evolution training.

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N Scalability of SELF Framework

To explore how SELF performs with different starting model qualities, we conduct experiments using the OpenLlama-3b model (Geng and Liu, 2023), a smaller LLM along with a stronger LLM, VicunaV1.5(finetuned from Llama2-7b)l (Chiang et al., 2023), on the GSM8K dataset. This allows us to assess SELF's adaptability to model quality. Experiments with SELF are based on the first round of self-evolution. The results are as follows:

Model	DR(%)	SR (%)
OpenLlama-3b	2.04	1.01
OpenLlama-3b + D_{QA}	12.13	10.97
OpenLlama-3b + D_{QA} + SELF	15.32	15.78
Vicuna (Llama-7b)	16.43	15.63
Vicuna + D_{QA}	24.49	24.44
Vicuna + D_{QA} + SELF	27.67	29.34
VicunaV1.5 (Llama2-7b)	18.5	17.43
VicunaV1.5 + D_{QA}	26.04	25.48
VicunaV1.5 + D_{QA} + SELF	30.22	32.43

Table 10: Scalability of the SELF framework across different models.

Applicability and Robustness of SELF Framework: The average improvement of 17.32% via direct generation and 16.87% after self-refinement underscores the framework's scalability and efficacy. It reveals a consistent positive impact of the SELF Framework across diverse models.

SELF Framework exhibits enhanced performance on more powerful models: As shown in table 10, applying SELF to VicunaV1.5 results in the most significant gains - 30.22% in direct generation and 32.43% after self-refinement, surpassing the performance on Vicuna and OpenLlama-3b. This indicates that the effectiveness of the SELF framework improves with the underlying model's capabilities.

O Impact of Meta-Skill Corpus Quality

We examine the influence of meta-skill learning quality on the self-evolution process with the following results:

Training Stage	DR (%) (GPT-3.5-turbo/GPT4)	SR (%) (GPT-3.5-turbo/GPT4)
Vicuna + D_{meta}	24.84/25.39 (0.55↑)	25.22/28.28 (3.06↑)
Vicuna + D_{meta} + SELF Evol.	25.11/27.67 (2.56↑)	25.47/29.34 (3.87↑)

Table 11: Effect of meta-skill corpus quality on model performance using GPT-3.5-turbo and GPT4.

The presented table 11 demonstrates the remarkable performance improvements achieved by using GPT-4 for generating the meta-skill corpus in our SELF framework, compared to using GPT-3.5turbo. The table shows significant enhancements in both direct generation and self-refinement across training stages when GPT-4 is utilized. For instance, in the "Vicuna + D_{meta} " stage, direct generation performance increases from 24.84% with GPT-3.5-turbo to 25.39% with GPT-4, marking a gain of 0.55%. Similarly, in the "Vicuna + D_{meta} + SELF Evolution" stage, the self-refinement result improves from 25.47% with GPT-3.5-turbo to 29.34% with GPT-4, showing an enhancement of 3.87%.

This analysis highlights the significant impact of utilizing high-quality meta-skill training data on the performance of the Vicuna model within the SELF framework. The shift from GPT-3.5-turbo to GPT-4 for the generation of the meta-skill corpus leads to consistent improvements in both Direct Generation and Self-Refinement metrics.

P Single-Round vs. Iterative Self-Evolution Training

Given an equal number of unlabeled prompts, we evaluate the effectiveness of training within a single-round versus iterative training. The former method uses a single model to self-curate training data from all available unlabeled prompts at once. In contrast, the latter method involves dividing the unlabeled prompts into multiple parts. For the iterative approach, the model is initially trained on a portion of the unlabeled prompts and selfcurated labels. Following this, the trained model is employed to create new training data based on previously unused prompts. As described in our main text, we divide the unlabeled prompts into three parts, enabling the model to undergo three iterative rounds of self-evolution.

table 12 shows that in the "Single-Round" training, the performance is 28.40% for direct generation and 30.55% for self-refinement. In con-

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Training Method	DR (%)	SR (%)
SELF (Single-Round)	28.40	30.55
SELF (Iterative)	29.64	31.31

Table 12: Comparison of single-round training and iterative training.

trast, the iterative approach yields higher scores of 29.64% for direct generation and 31.31% for self-refinement.

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Advantages of Iterative Training: Iterative training benefits from the enhanced capabilities of LLMs in subsequent rounds, which generate higher-quality training data and lead to improved test performance.

Q Analysis on Data Filtering with Self-Feedback

Filter Strategy	Training Acc. (%)	Test Acc. (%)
Unfiltered	29.89	26.90
Filtered	44.10	27.67

Table 13: Impact of Data Filtering with Self-Feedback on GSM8K. "Training Acc." shows the accuracy of the self-evolution training data post-filtering, and "Test Acc." represents the model's test performance post-training on these filtered data.

table 13 presents an analysis of filtering selfevolution training data using self-feedback (section 3.2.1) on GSM8K, focusing on training data quality and its influence on self-evolution training. The filtering criteria are detailed in appendix J.

The combination of self-refinement and self-feedback filtering results in higher self-evolution training data accuracy (+14.21%) and improved fine-tuned model performance (+0.77%). Despite the significant training data accuracy improvement, the performance gain is modest due to the reduced data size (from 4K to 1.8K) after filtering.

R General Test Details

Five Open LLM Leaderboard datasets Tt is noteworthy that limitations were observed in the Winogrande task. Specifically, incorporating external data, the Vicuna + D_{QA} model failed to enhance performance on the Winogrande task and even contributed to model degradation after self-evolution. This observation suggests that the SELF-evolution process aims to unlock and amplify the inherent1313potential of the base model rather than distilling1314unknown skills.1315

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Vicuna and Evol-instruct Test Evaluations We utilize GPT-4 to evaluate the models' responses on both test sets. We follow the assessment methodology proposed by (Xu et al., 2023), which mitigated the order bias presented in the evaluation procedures.

S Other Related Works

Recent advancements in autonomous improve-1323 ments of large language models (LLMs) have 1324 spurred significant research into methodologies 1325 aimed at aligning LLM behavior with human in-1326 tentions. Alignment strategies such as Reinforce-1327 ment Learning from Human Feedback (RLHF) 1328 have gained traction, wherein a reward model is 1329 trained to approximate human preferences, and sub-1330 sequently, an LLM is fine-tuned through reinforce-1331 ment learning to maximize this estimated human 1332 preference. Several comparative studies shed light 1333 on distinct approaches. For instance, SELF, com-1334 pared to Promptbreeder (Fernando et al., 2023) and 1335 AutoCoT (Zhang et al., 2023), focuses on internal 1336 self-enhancement rather than prompt evolution or 1337 diversity generation. In contrast to CRITIC (Gou 1338 et al., 2023), which employs external tools for vali-1339 dation, SELF relies on internal language feedback 1340 for self-refinement. While Multiagent Debate (Du 1341 et al., 2023) enhances factuality through debate 1342 formats, SELF operates as a single-agent frame-1343 work. Constitutional AI (Bai et al., 2022b) em-1344 phasizes harmlessness principles, whereas SELF 1345 offers a more general approach without specific 1346 constraints. Unlike open-ended learning (Team 1347 et al., 2021), which aims at creating generally capa-1348 ble agents in diverse environments, SELF concen-1349 trates on language-based self-improvement within 1350 a single-agent framework. SPIN (Chen et al., 2024) 1351 aims to iteratively improve the LLM's performance 1352 by leveraging both ground truth and synthetic data it generates, thereby narrowing the quality 1354 gap between human-labeled and LLM-generated 1355 responses. Conversely, SELF autonomously re-1356 fines its capabilities without relying on ground 1357 truth data. Self-Rewarding (Yuan et al., 2024) 1358 resembles the Reinforcement Learning with Hu-1359 man Feedback (RLHF). It assigns single numerical 1360 values as feedback via LLM-as-a-Judge prompting, using Direct Preference Optimization (DPO) 1362 1363for self-improvement training. In contrast, SELF1364provides comprehensive language feedback, eval-1365uating and guiding self-refinement, and employs1366Supervised Fine-Tuning (SFT) on self-refined re-1367sponses, which is a more clear and coherent train-1368ing framework.

T Ablation Findings

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(1) Meta-skill Training Elevates Performance: 1370 Training with the meta-skills dataset D_{meta} as de-1371 fined in eq. (1), and setting $\beta = 1$ for a fair com-1372 parison with the question-answer dataset D_{OA} , im-1373 proves direct response performance. Specifically, 1374 we observe an increase of +0.90% on the GSM8K 1375 dataset and +1.9% on the SVAMP dataset, com-1376 pared to using the D_{OA} dataset alone. This under-1377 scores the interesting finding that arming the model 1378 with self-feedback and self-refinement meta-skills 1379 implicitly elevates its capacity to generate superior responses directly, even without explicit self-1382 refinement. We offer an insight in appendix A.2.

(2) Continuous Improvement through Self-Evolution: The results reveal that three selfevolution rounds consecutively yield performance enhancements (e.g., $25.39\% \xrightarrow{+2.28\%}$ $27.67\% \xrightarrow{+0.99\%} 28.66\% \xrightarrow{+0.98\%} 29.64\%$ on GSM8K). This shows that the model actively selfevolves, refining its performance autonomously without additional manual intervention.

(3) Persistent Efficacy of Self-Refinement: After meta-skill learning, regardless of model variation, executing self-refinement consistently results in notable performance improvements. This shows that the self-refinement meta-capability learned by SELF is robust and consistent across evolution steps.