RARE: Retrieval-Augmented Reasoning Enhancement for Large Language Models

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Abstract

This work introduces RARE (Retrieval-Augmented Reasoning Enhancement), a versatile extension to the mutual reasoning framework (rStar), aimed at enhancing reasoning ac-005 curacy and factual integrity across large language models (LLMs) for complex, knowledgeintensive tasks such as medical and commonsense reasoning. RARE incorporates two innovative actions within the Monte Carlo Tree Search framework: (A6), which generates search queries based on the initial problem statement, performs information retrieval using those queries, and augments reasoning with the retrieved data to formulate the final answer; and (A7), which leverages information retrieval specifically for generated sub-questions and re-answers these sub-questions with the rele-018 vant contextual information. Additionally, a Retrieval-Augmented Factuality Scorer is proposed to replace the original discriminator, prioritizing reasoning paths that meet high standards of factuality. Experimental results with LLaMA 3.1 show that RARE enables opensource LLMs to achieve competitive performance with top closed-source models like GPT-4 and GPT-40. This research establishes RARE as a scalable solution for improving LLMs in domains where logical coherence and factual integrity are critical¹.

1 Introduction

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Question answering (QA) is a cornerstone task in natural language processing that involves generating answers to questions posed in natural language. QA spans a broad spectrum of domains and types, ranging from open-domain QA (Yang et al., 2018; Kwiatkowski et al., 2019) to more specialized areas like medical QA (Jin et al., 2021; Cao et al., 2011). The overwhelming volume and complexity of medical information necessitate medical QA, which benefits many downstream tasks such as medical

education, clinical decision support, and patient care optimization (Cai et al., 2023; Liu et al., 2023; Jin et al., 2024).

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Medical QA represents a unique and demanding subset of QA, requiring models to navigate intricate medical knowledge, interpret clinical scenarios, and select correct and contextually appropriate options (Singhal et al., 2023b; Wu et al., 2024). Similar to general domain QA, Medical QA requires structured multi-step reasoning, where answers emerge from various sequential steps. Take Figure 1 as an example, to find appropriate treatment given patient information, the QA model should first identify patient conditions (colored in red, e.g., chief complaint and past conditions), then analyze contributing factors and diagnose the disease (colored in blue), and determine appropriate evidence-based interventions in the final step (colored in yellow). Without such structured multi-step reasoning, it would be challenging to arrive at an accurate and contextually relevant answer for such a complex medical question.

Moreover, Medical QA presents two non-trivial challenges that distinguish it from general-domain QA. First, Medical QA depends heavily on domain-specific knowledge that is not always available within pre-trained models, necessitating knowledge-based retrieval from external sources (Xiong et al., 2024a). Figure 1 is an example which involves specific medical terms such as allergic conjunctivitis. In addition, medical knowledge evolves rapidly, and new treatments or updated guidelines may not be included in the model's pretrained corpus. For example, newer drugs (like epinastine hydrochloride for allergic conjunctivitis) may be recommended by recent guidelines but absent in older pre-trained models. Second, Medical QA encompasses a wide variety of question types, including not only multi-step reasoning and knowledge-based retrieval as previously mentioned, but also questions requiring iterative evidence re-

The anonymous version of our code can be accessed at: https://anonymous.4open.science/r/RARE-EBEB

	Retrieval- Augment	ted Gei	nerator		Retrieva	al-Agun	nented Factuality Scorer
Question			Reasoning candidates		Final answer		
A 35-year-old ma the physician bec itchy, watery eye; past week. He ha sneezing multiple day during this pe had a similar epis ago around spring has iron deficienc and ankylosing s Which of the follo most appropriate A: Erythromycin c Ketotifen eye dro compresses, D: Fluorometholone	ear-old man comes to ysician because of vatery eyes for the eek. He has also been ng multiple times a		Let's think step by step. The patient presents with symptoms - described itchy, watery eyes, sneezing, bilateral injection discharge The answer is B: Ketotifen eye drops.		Let's think step by step. The patient presents with symptoms - itchy watery eyes, sneezing, bilateral conjunctive injection, and watery discharge - along with the history of a similar episode around excinential		
	during this period. He a similar episode 1 year around springtime. He ron deficiency anemia ankylosing spondylitis th of the following is the appropriate treatment?	s period. He appisode 1 year pringtime. He iency anemia g spondylitis jollowing is the ate treatment? in ointment, B: drops, C:Warm D: pone eye drops	Based on watery ey treatmen answer is	the patient's symptoms of itc yes, sneezing,the most appr t is fluorometholone eye drops D: Fluorometholone eye drop	hy, ropriate s. The s.	0.625	Springume. It's clear that the patient is experiencing allergic conjunctivitis, likely triggered by seasonal allergens like pollen given his profession as an elementary school teacher For symptomatic relief of allergic conjunctivitis, antihistamine eyedrops or
	ifen eye drops, C:Warm presses, D: ometholone eye drops		Given the eyes, sne would be this patie comprese	e patient's symptoms of itchy, sezing Therefore, warm com e the most appropriate treatme nt. The answer is C: Warm ses.	watery ipresses ent for	0.6	mast cell stabilizers can be effective. Among the options provided, ketotifen eye drops act as a mast cell stabilizer and would be appropriate for treating allergic conjunctivitis. The answer is B: Ketotifen ey drops.

Figure 1: Overview of our reasoning process, which combines generation and factuality scoring. (1) A retrievalaugmented generator produces multiple candidate reasoning trajectories using Monte Carlo Tree Search (MCTS); (2) a retrieval-augmented factuality scorer evaluates the factual accuracy of each reasoning trajectory; (3) the trajectory with the highest factuality score is selected as the final answer.

trieval, where they demand retrieval of relevant knowledge at each reasoning step to ensure accuracy and relevance throughout the process.

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In parallel, Commonsense Question Answering shares similar complexities with Medical QA, particularly in its reliance on structured multi-step reasoning and iterative evidence retrieval. While Medical QA draws heavily on domain-specific knowledge, Commonsense QA focuses on leveraging a model's understanding of general world knowledge and logical connections to answer questions that are often indirect or abstract. For example, tasks like StrategyQA (Geva et al., 2021) require models to infer hidden relationships and execute multi-hop reasoning, akin to diagnosing a condition in Medical QA (Trivedi et al., 2023; Bauer et al., 2018; Chen et al., 2020). This similarity in reasoning processes across both domains underscores the importance of designing frameworks that can adapt to and optimize multi-step reasoning workflows, irrespective of the domain.

In this paper, we propose Retrieval-Augmented Reasoning Enhancement (RARE) to handle aforementioned challenges. We built upon rStar (Qi et al., 2024) where a language model generates reasoning steps and another verifies them, improving accuracy without fine-tuning or superior models. To generate an effective multi-step reasoning path, RARE includes five types of actions to prompt language model to generate the next reasoning step. Actions include proposing a one-step thought, proposing the remaining thought steps, asking and answering a sub-question, re-answering a sub-question, and rephrasing the question. These actions help the model explore different reasoning paths. To answer knowledge-based questions, RARE also designed a new action A6, which generates multiple search queries based on the question and retrieves relevant documents. To answer composite questions, we add action A7, which refines sub-questions, retrieves targeted information, and updates the next step. RARE applies the Monte Carlo Tree Search (MCTS) algorithm to select the best action path that leads to the final answer. In addition, RARE is complemented by Retrieval-Augmented Factuality Scorer (RAFS) that evaluates and ranks reasoning paths for factual accuracy. 117

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We applied RARE and other baselines on 3 medical QA tasks and 4 general domain QA tasks. Results show that RARE significantly enhances accuracy across various LLMs, enabling the opensource LLMs (LLAMA3.1) to achieve competitive performance with top closed-source LLMs like GPT-40. Our contributions are as follows:

- 1. Formulating Medical QA as Multi-Step Reasoning: We build upon the rStar framework to model medical QA as a structured multi-step reasoning task, addressing the complexity and sequential nature of medical queries.
- 2. Novel Retrieval Actions: We introduce two retrieval-augmented actions within the MCTS framework, enabling the integration of real-time, context-specific information to enhance reasoning accuracy and relevance.
- 3. **Retrieval-Augmented Factuality Scorer**: We propose a Retrieval-Augmented Factuality Scorer to evaluate and rank reasoning paths, ensuring they maintain both logical coherence and factual

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reliability throughout the reasoning process.

2 Preliminaries

This section introduces the foundational concepts and notations used in this work, focusing on the Monte Carlo Tree Search (MCTS) algorithm and the rStar framework (Qi et al., 2024), which serve as the basis for our proposed RARE method.

2.1 Monte Carlo Tree Search (MCTS)

Monte Carlo Tree Search (MCTS) is a decisionmaking algorithm widely used in complex decision processes, such as games, by building a search tree and simulating outcomes to estimate the value of potential actions. MCTS operates through four main phases (Browne et al., 2012).

Selection: Starting from the root node, the algorithm traverses through child nodes based on strate-166 gies like the Upper Confidence Bound applied on 167 168 Trees (UCT), which balances exploration and exploitation, continuing until a leaf node is reached. 169 Expansion: At the leaf node, if it does not rep-170 resent a terminal state, one or more feasible child 171 nodes are added to represent potential future ac-172 tions. 173

Simulation (Evaluation): From one of the newly
added nodes (typically selected randomly), random
simulations (or "rollouts") are performed by selecting actions randomly until reaching a terminal state,
thereby estimating the node's potential.

Backpropagation: After simulation, the results (win, loss, or draw) are propagated back through the traversed nodes, updating the statistical data (e.g., rewards or visit counts) to guide future decision-making.

By iterating through these phases, MCTS incrementally builds a decision tree, enabling optimal strategy refinement in scenarios where direct calculation of the best strategy is infeasible due to a vast state space. A crucial component of MCTS is the Upper Confidence Bound applied on Trees (UCT) algorithm, used during the selection phase to balance exploration and exploitation. The UCT formula for choosing actions is defined as follows:

$$\text{UCT}_j = \bar{X}_j + C_V \sqrt{\frac{2\ln N}{N_j}} \tag{1}$$

where \bar{X}_j is the average reward of action j, N is the total visit count of the parent node, N_j is the visit count of node j, and C is a constant that controls the balance between exploration and exploitation.

2.2 Mutual Reasoning Makes Smaller LLMs Stronger Problem-Solvers

Building upon MCTS, (Qi et al., 2024) proposed rStar, a framework augments MCTS with a diverse set of reasoning actions. This enhancement is designed to improve exploration of the solution space in complex reasoning tasks by allowing more dynamic and human-like reasoning pathways. Traditional approaches, such as Chain of Thought (CoT) reasoning (Wei et al., 2022) or self-consistency (Wang et al., 2022), often rely on a single action type, which can limit the diversity and effectiveness of generated solutions. In contrast, rStar incorporates five distinct actions that enable more adaptive exploration:

A1: Propose a One-Step Thought. This action generates the next reasoning step based on previous steps, allowing the LLM to build the solution incrementally.

A2: Propose Remaining Thought Steps. This action enables the LLM to produce all remaining reasoning steps in one inference, similar to CoT, for simpler questions.

A3: Generate Next Sub-question and Answer. This action decomposes the main problem into a sequence of sub-questions, each solved in turn. A4: Re-answer Sub-question. This action allows the LLM to re-answer a previously generated subquestion, increasing accuracy by using few-shot prompting.

A5: Rephrase Question/Sub-question. This action rephrases the question to clarify conditions and reduce misunderstandings, enhancing the LLM's interpretation of the problem.

These actions allow rStar to dynamically select reasoning trajectories, enhancing MCTS-based exploration of candidate solutions. Additionally, rStar leverages a reward mechanism to guide tree expansion. Each node s generated under action a has a reward value Q(s, a). Unexplored nodes are initialized with $Q(s_i, a_i) = 0$, leading to random tree expansions initially. Upon reaching a terminal node s_d , a reward score $Q(s_d, a_d)$ is computed based on whether the trajectory reaches the correct answer and is then back-propagated to each intermediate node in the trajectory $t = x \oplus s_1 \oplus s_2 \oplus ... \oplus s_d$. For each intermediate node s_i , the reward is updated as $Q(s_i, a_i) = Q(s_i, a_i) + Q(s_d, a_d)$, with $Q(s_d, a_d)$ determined by the likelihood or confidence from self-consistency majority voting. This reward propagation directs the search toward paths

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with higher probabilities of correctness, enhancingdecision-making within the reasoning process.

3 Methodology

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3.1 Overview of RARE Framework

Inspired by the generator-discriminator structure of rStar (Qi et al., 2024), RARE introduces a retrievalaugmented generator and a factuality scorer to enhance reasoning accuracy and factual integrity in large language models. As illustrated in Figure 1, RARE operates in two main stages:

- Candidate Generation with Retrieval-Augmented Generator: The retrievalaugmented generator builds on the MCTSbased rStar self-generator, incorporating two new retrieval-augmented actions that dynamically fetch relevant external information. These actions improve the relevance and accuracy of candidate reasoning trajectories by integrating contextually enriched knowledge into intermediate reasoning steps, especially for complex questions.
- · Factuality Evaluation with Retrieval-Augmented Factuality Scorer: Replacing the discriminator in rStar, the Retrieval-Augmented Factuality Scorer evaluates each candidate trajectory's factual reliability. This scorer verifies the alignment of intermediate reasoning steps with retrieved evidence, assigning a factuality score that reflects the trajectory's consistency with external knowledge. The trajectory with the highest factuality score is selected as the final answer, prioritizing the most factually supported reasoning path. This selection ensures coherence and factual alignment, enhancing response reliability.

Through these stages, RARE systematically integrates retrieval-based evidence into the reasoning process, optimizing both reasoning coherence and factual accuracy. This approach makes RARE well-suited for knowledge-intensive tasks, such as commonsense and medical reasoning.

3.2 Retrieval-Augmented Generator

To enhance the reasoning process with external knowledge, we introduce two new actions to the original rStar generator (Qi et al., 2024), transforming it into a **Retrieval-Augmented Generator**, as illustrated in Figure 2 and 3. These retrievalaugmented actions enable the generator to dynamically incorporate external information, improving both the relevance and accuracy of generated reasoning trajectories:



Figure 2: Illustration of the proposed retrievalaugmented action A6 in RARE: Given a question, LLMs generate search queries and retrieve relevant documents to construct a contextually enriched final answer. Key entities are underlined.

- A6: Search Query Generation and Information Retrieval. This action prompts the LLM to construct search queries based on the initial question and perform information retrieval. The retrieved documents provide additional context that enriches the reasoning trajectory, supporting the generator in forming a more comprehensive and contextually relevant final answer.
- A7: Sub-question Retrieval and Reanswering. This action refines answers to sub-questions generated through Action A3. For each sub-question, the generator retrieves specific, relevant information and uses it to re-answer the sub-question. This approach enhances the accuracy of intermediate reasoning steps, thereby improving the coherence and factual reliability of the entire reasoning trajectory.

With these retrieval-augmented actions, the generator can explore a broader solution space, leading to reasoning paths that are both logically coherent

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and enriched with external knowledge. This transformation into a retrieval-augmented generator allows RARE to better handle complex, knowledgeintensive reasoning tasks.

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Figure 3: Illustration of the proposed retrievalaugmented action A7 in RARE: LLMs decompose the question into sub-questions, perform retrieval for each sub-question, and re-answer them based on the retrieved documents. The final sub-question is a rephrased version of the original question, so the sub-answer to this final sub-question also serves as the answer to the original question. In comparison with previous figure, we can find that A6 tends to use existing entity from the main question where A7 tends to use additional entity from previous subanswer.

3.3 Retrieval-Augmented Factuality Scorer (RAFS)

Inspired by the Search Augmented Factuality Evaluator (SAFE) (Wei et al., 2024), which combines an LLM (GPT-3.5-turbo) with Google Search to evaluate the factuality of responses, RARE introduces the Retrieval-Augmented Factuality Scorer (RAFS). RAFS adapts this approach by replacing GPT-3.5-turbo with LLaMA 3.1 and Google Search with a corpus index retrieval system containing both general-domain knowledge (Wikipedia) and medical-domain resources (PubMed, StatPearls, and Medical Textbooks). This adaptation enhances domain specificity and accessibility for tasks requiring specialized knowledge. To assess the factual accuracy of generated reasoning paths, RAFS evaluates each candidate trajectory in four systematic steps, as illustrated in Figure 4.

Split into Statements: Each reasoning trajectory is divided into individual statements. This segmentation enables RAFS to independently verify the factual accuracy of discrete reasoning steps, enhancing the reliability of the overall evaluation.

Generate Retrieval Queries: For each statement, RAFS employs an LLM to generate multiple retrieval queries designed to retrieve contextually relevant evidence. These queries target information that can either support or refute the content of each statement, ensuring comprehensive factual verification.

Retrieve Information: The retrieval system gathers documents or information that corresponds to each generated query. This evidence provides a factual basis for evaluating each reasoning step's consistency with external sources.

Rate Using Retrieved Information: Each statement is compared against the retrieved evidence and labeled as either **Supported** or **Not Supported**, based on alignment with the information. The overall factuality score for the reasoning path is calculated as the proportion of supported statements, indicating the trajectory's factual reliability.

As shown in Figure 4, RAFS outputs a factuality score along with **Supported** or **Not Supported** labels for each statement. This scoring aids in selecting the most reliable reasoning path from multiple candidates, allowing RARE to prioritize responses that align closely with verified external knowledge.

4 Experiments

In this section, we evaluate the performance of our proposed method, RARE, on both medical reasoning and commonsense reasoning tasks using three large language models: LLaMA 3.2 3B Instruct, LLaMA 3.1 8B Instruct and LLaMA 3.1 70B Instruct (Dubey et al., 2024). Throughout our work, we may drop "Instruct", but we are always referring to the "Instruct" versions.

4.1 Performance on Medical Reasoning tasks

Table 1 shows the performance of RARE and various baseline methods on three challenging medical reasoning benchmarks: MedQA, MedMCQA, and MMLU-Medical. These datasets require not only complex reasoning but also a high degree of factual accuracy, making them suitable for evaluating the effectiveness of RARE's retrieval-augmented reasoning approach.



Figure 4: The Retrieval-Augmented Factuality Scorer (RAFS) assesses the factual accuracy of reasoning paths in four steps. (1) Split into sentences: The reasoning is divided into individual statements. (2) Generate retrieval queries: For each statement, an LLM generates multiple search queries aimed at retrieving relevant information. (3) Retrieve information: The retrieval system gathers supporting information based on these queries. (4) Rate using retrieved information: Each statement is evaluated against the retrieved information and labeled as Supported or Not Supported. The final output includes a factuality score, calculated as the proportion of supported statements, which aids in selecting the most factually reliable reasoning path.

The results demonstrate the effectiveness of RARE in enhancing the reasoning capabilities of LLaMA models compared to baseline methods, including Chain of Thought, Retrieval-Augmented Generation (RAG), Self-Consistency(SC), and rStar. Across all model sizes-LLaMA3.2 3B, LLaMA3.1 8B, and LLaMA3.1 70B-RARE consistently outperforms baseline methods. The largest model, LLaMA3.1 70B, achieves the best results. On LLaMA3.2 3B, RARE improves performance over rStar by 2.59% on MedQA, 2.35% on MedM-CQA, and 1.66% on MMLU-Medical. Similarly, on LLaMA3.1 8B, RARE achieves substantial gains, outperforming rStar by 5.17% on MedQA, 2.19% on MedMCQA, and 2.39% on MMLU-Medical. The performance improvement becomes more pronounced as model size increases, with RARE-enhanced LLaMA3.1 70B outperforming GPT-4 on MedQA (87.43% vs. 83.97%) and MMLU-Medical (90.91% vs. 89.44%), highlighting its competitive edge. Furthermore, RARE with LLaMA3.1 8B significantly outperforms other large models, such as GPT-3.5, Mixtral, and Med-

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itron, across all benchmarks. The findings illustrate the scalability and robustness of RARE in enhancing reasoning and factual accuracy. 419

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4.2 Performance on Commonsense Reasoning

Table 2 presents the performance of RARE com-423 pared to other reasoning methods and larger lan-424 guage models on commonsense reasoning bench-425 marks, including StrategyQA, CommonsenseQA, 426 Social IQA, and Physical IQA. These datasets test a 427 range of commonsense reasoning skills, with Strat-428 egyQA requiring more complex, implicit reason-429 ing, while the others benefit from advanced rea-430 soning methods even if they do not strictly require 431 them. RARE consistently outperforms baseline 432 methods, including CoT, RAG, SC and rStar, across 433 both LLaMA3.1 8B and LLaMA3.1 70B models. 434 For LLaMA3.1 8B, RARE achieves substantial 435 improvements over rStar, with gains of 6.45% on 436 StrategyQA, 4.26% on CommonsenseQA, 2.1% on 437 SIOA, and 1.85% on PIOA. These results high-438 light the impact of retrieval-augmented actions 439 and factuality scoring in addressing complex rea-440

Model	Method	MedQA	MedMCQA	MMLU-M
	CoT	52.63	49.82	57.67
	RAG	52.08	51.78	67.58
LLaMA3.2 3B	SC	56.09	50.85	58.49
	rStar	61.27	54.26	69.32
	RARE	63.86	56.61	70.98
	CoT	61.51	55.15	71.63
	RAG	63	56.87	74.56
LLaMA3.1 8B	SC	64.73	56.35	72.73
	rStar	70.40	62.13	79.24
	RARE	75.57	64.32	81.63
	CoT	76.67	68.75	81.72
	RAG	77.61	71.19	84.76
LLaMA3.1 70B	SC	79.49	70.19	82.73
	rStar	84.99	72.72	88.15
	RARE	87.43	75.18	90.91
Meditron 70B	CoT	51.69	46.74	64.92
Mixtral (8x7B)	CoT	64.10	56.28	74.01
GPT-3.5	CoT	65.04	55.25	72.91
GPT-4	CoT	83.97	69.88	89.44
GPT-40 Mini	CoT	73.29	66.17	84.30
GPT-40	CoT	85.55	74.70	90.45

Table 1: Performance of RARE and baseline methods on three medical reasoning benchmarks: MedQA, MedM-CQA, and MMLU-Medical. SC is self-consistency.

soning challenges. On LLaMA3.1 70B, RARE further closes the gap with state-of-the-art proprietary models, achieving 85.74% on StrategyQA, 86.98% on CommonsenseQA, 81.63% on SIQA, and 92.66% on PIQA, surpassing GPT-40 in StrategyQA, CommonsenseQA and PIQA while performing closely in SIQA. RARE also consistently outperforms Claude-3 Haiku, Claude-3.5 Sonnet and GPT-40-mini across all benchmarks, demonstrating its competitive edge.

4.3 Ablation Study

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To evaluate the contributions of each component in the RARE framework, we conduct an ablation study on 250 samples from the MedQA dataset using the LLaMA 3.1 8B model. Table 3 shows the accuracy results for different configurations, isolating the impact of the Retrieval-Augmented Factuality Scorer and the two retrieval-augmented actions (A6 and A7).

Starting with the baseline (rStar) at 70.0% accuracy, we observe that adding the Retrieval-Augmented Factuality Scorer alone results in a modest increase to 70.6%, suggesting that the factuality scoring component enhances reasoning reliability. The addition of action A6, which generates search queries and retrieves relevant information, raises accuracy to 72.4%, demonstrating the value of augmenting reasoning paths with external knowledge. Similarly, adding action A7, which retrieves information for sub-questions and re-answers them, brings accuracy up to 71.2%, further emphasizing the benefits of targeted retrieval for improving in-

Model	Method	SQA	CQA	SIQA	PIQA
	CoT	67.83	73.62	72.01	76.17
	RAG	66.08	74.45	68.73	78.67
LLaMA3.1 8B	SC	68.41	74.90	72.77	77.42
	rStar	71.57	76.58	73.69	84.06
	RARE	78.02	80.84	75.79	85.91
	CoT	76.71	78.62	78.92	81.66
	RAG	75.54	82.23	79.12	86.07
LLaMA3.1 70B	SC	77.29	78.87	80.50	82.67
	rStar	81.80	86.16	80.81	91.62
	RARE	85.74	86.98	81.63	92.66
Claude-3 Haiku	CoT	69.58	67.40	64.33	82.32
Claude-3.5 Sonnet	CoT	76.86	74.12	67.09	89.39
GPT-40 Mini	СоТ	78.60	82.31	79.94	88.41
GPT-40	CoT	80.64	86.50	81.90	91.13

Table 2: Performance comparison on common sense reasoning tasks with various LLMs and reasoning methods, evaluated on StrategyQA (SQA), CommonsenseQA (CQA), Social IQA (SIQA), and Physical IQA (PIQA). SC is self-consistency.

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termediate reasoning steps.

Combining both A6 and A7 yields an accuracy of 73.2%, showing that the two retrieval-augmented actions work synergistically to strengthen the reasoning process by providing relevant context at multiple stages. Finally, the full RARE configuration, which includes rStar, both retrieval-augmented actions (A6 and A7), and the Factuality Scorer, achieves the highest accuracy at 74.8%. This result highlights the effectiveness of the combined framework, where each component contributes to the overall improvement in factual accuracy and reasoning capability.

Configuration	Accuracy
rStar	70.0
rStar + RAFS	70.6
rStar + A6	72.4
rStar + A7	71.2
rStar + A6 + A7	73.2
RARE (rStar + A6 + A7 + RAFS)	74.8

Table 3: Ablation study on RARE components, evaluated on 250 MedQA samples using LLaMA 3.1 8B.

5 Related Work

Prompting LLMs to reason has been a focal point of recent research, particularly through the development of prompting-based methods like Chainof-Thought (Wei et al., 2022). These approaches aim to enhance the inference capabilities of LLMs by designing effective reasoning prompts and sequences. Key advancements in this domain include methods for planning (Hao et al., 2023; Ding et al., 2023), problem decomposition (Zhou et al., 2022; Khot et al., 2022), abstraction (Zheng et al., 2023),

and programming (Chen et al., 2022; Zhou et al., 497 2023b). Although these techniques have improved 498 single-step inference significantly, they often rely 499 on a singular type of operation, which may constrain the diversity and effectiveness of generated solutions. MCTS has emerged as a powerful tool 502 for optimizing solution paths across a large number 503 of possible options, enhancing both exploration efficiency and decision-making quality (Silver et al., 2018). MCTS has been successfully employed in various fields, including game theory (Sironi et al., 507 2018; Ontanón, 2016), strategic planning (Zhou 508 et al., 2023a; Yu et al., 2023). When combined 509 with reinforcement learning, MCTS enables mod-510 els to learn through self-play, achieving human-511 level or even superhuman performance in com-512 plex tasks like Go (Silver et al., 2016). Recent 513 research has also applied MCTS to LLMs to iden-514 tify optimal reasoning pathways, thereby enhanc-515 ing performance without requiring additional la-516 beled data (Feng et al., 2023; Zhou et al., 2023a; 517 Tian et al., 2024; Huang et al., 2024). For instance, Feng et al. (2023) constrained search steps to the 519 word or sentence level, while Tian et al. (2024) 520 used η MCTS for multi-level planning with well-521 designed reward signals. Moreover, MCTS has 522 been utilized to gather high-quality reasoning paths 523 for training reward models, leading to iterative im-524 provements in LLM reasoning (Zhang et al., 2024). 525 Zhou et al. (2023a) further expanded the use of MCTS by integrating all potential reasoning and 527 action steps into the search space, creating a unified framework for inference, action, and planning 529 in LLMs. The most relevant work to our study is 530 531 rStar, which extends MCTS by incorporating a set of diverse reasoning operations (Qi et al., 2024). 532

Medical RAG has proven effective in enhancing 533 LLM reasoning by grounding it in retrieved, upto-date documents, particularly for tasks such as 535 medical question answering and generation (Xiong et al., 2024a; Tian et al., 2019; Xia et al., 2022; 537 Wang et al., 2024; Yao et al., 2024). Applica-538 tions also include classification, information ex-539 traction, lay language generation (Li et al., 2024; 540 Guo et al., 2024; Yao et al., 2023), and medical 541 dialogue (Shi et al., 2024). Enhancements to RAG, such as query rewriting (Zhang et al., 2022) and 543 multi-step retrieval (Mrini et al., 2022), enable it-544 erative use of retrieved data to improve tasks like 545 clinical decision-making and literature review (Zakka et al., 2024; Wang et al., 2023; Jeong et al., 547

2024). For example, Wang et al. (2023) introduced a hybrid retriever with complex filtering for high-quality documents, while Jeong et al. (2024) proposed SelfBioRAG, combining retrieval with self-reflection to enhance reasoning. Iterative RAG methods, such as i-MedRAG, allow LLMs to pose follow-up queries iteratively, refining retrieval and reasoning (Xiong et al., 2024b). The most related work to RARE is SeRTS (Hu et al., 2024), which focuses on query generation and optimization via MCTS, differing from RARE's emphasis on agentic planning. While SeRTS operates like depth-first search by generating and executing queries step-bystep, RARE integrates both RAG-based and non-RAG-based operations, with A6 proposing multiple queries simultaneously (breadth-first search) for broader exploration. Additionally, RARE's design allows direct answers for simpler problems (e.g., step-by-step reasoning or CoT-like generation), whereas SeRTS strictly follows an iterative query generation approach. RARE's flexibility enables more comprehensive reasoning and retrieval capabilities compared to SeRTS.

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6 Conclusion

introduced RARE (Retrieval-This work Augmented Reasoning Enhancement), а framework designed to improve the reasoning accuracy and factual reliability of large language models (LLMs) through retrieval-augmented actions and factuality scoring. RARE operates entirely as an autonomous language agent, requiring no additional training or fine-tuning of the underlying LLM. This makes the framework robust to overfitting and highly adaptable across tasks and datasets, as it relies solely on real-time retrieval and reasoning mechanisms. Experiments on medical and commonsense reasoning benchmarks demonstrate RARE's effectiveness. On medical reasoning tasks, RARE significantly outperformed baseline methods and surpassed larger models such as GPT-4. On commonsense reasoning tasks, RARE outperformed Claude-3.5 Sonnet and GPT-40 Mini, achieving performance competitive with GPT-40.

By enhancing LLMs with retrieval-augmented reasoning, RARE bridges the gap between opensource models and state-of-the-art proprietary systems, showcasing its potential as a scalable and effective solution for knowledge-intensive reasoning tasks.

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7 Limitations

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While RARE demonstrates significant improvements in reasoning accuracy and factual reliability, it has certain limitations that present opportunities for future work.

First, the framework has only been tested on open-source models like LLaMA 3.1 and not on larger proprietary models such as GPT-4. This is due to the high number of API calls required by RARE's iterative retrieval and reasoning process, making evaluations on closed-source models prohibitively costly. However, the framework is designed to be model-agnostic and can be directly applied to proprietary models if resources permit.

Second, RARE is designed to identify a single reasoning trajectory that leads to a correct answer but does not necessarily optimize for the best or shortest path that maximizes robustness (e.g., achieving the highest model confidence). Future work could explore designing better reward functions to prevent reward hacking and improve the selection of the most reliable reasoning paths.

Additionally, while the Retrieval-Augmented Factuality Scorer evaluates reasoning paths based on factual accuracy, the inter-agreement between RAFS and human evaluations has not been thoroughly analyzed. Furthermore, as there are no established evaluation metrics for assessing the reasoning steps in Medical QA to the best of our knowledge, this remains an open challenge for the research community.

Finally, RARE is currently limited to using Monte Carlo Tree Search for exploring action paths. While effective, this approach does not leverage a trained reward model to dynamically guide the search process. Future extensions could incorporate reward models or alternative optimization strategies to further enhance reasoning quality and efficiency.

These limitations highlight areas for improvement and potential research directions to make RARE more robust, generalizable, and applicable to a wider range of models and reasoning tasks.

8 Ethics Statement

642This work aims to advance the field of Medical QA643by enhancing the reasoning capabilities of language644models through the RARE framework. While the645results demonstrate significant improvements, sev-646eral ethical considerations must be addressed to647ensure responsible development and deployment:

Considering clinical applicability, RARE is designed to improve reasoning and factual reliability but is not intended to replace healthcare professionals or serve as a standalone diagnostic or treatment tool. Any integration into medical workflows must be supervised by qualified practitioners to ensure patient safety and ethical use.

Considering Bias and Fairness, Language models, including those tested with RARE, may reflect biases present in their training data. These biases could impact the fairness and reliability of the reasoning process, particularly in sensitive medical contexts. Future work must include rigorous audits for bias and fairness to minimize potential harm.

Considering Generalizability, as RARE has been primarily evaluated in English-language, text-based general and medical domain QA tasks, its applicability to non-English-speaking contexts and multimodal scenarios remains untested. Efforts should be made to extend the framework to diverse linguistic and cultural contexts to ensure equitable access to its benefits.

Considering Societal Impacts, while RARE demonstrates the potential for improving medical reasoning tasks, its outputs should be considered supplementary to human expertise. The ethical deployment of RARE requires clear guidelines to avoid overreliance on AI and ensure that it enhances, rather than replaces, human decisionmaking in healthcare.

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A Appendix

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A.1 Implementation Details

In the MCTS framework of the Retrieval-Agumented Generator, we set the number of rollouts to 4 for LLaMA 3.2 3B and LLaMA 3.1 8B models, and 2 for the LLaMA 3.1 70B model. This configuration strikes a balance between effective inference and computational efficiency, particularly for larger models where inference costs are higher.

In the factuality scoring stage, we perform a self-scorer setup, where the Retrieval-Augmented Factuality Scorer uses the same backbone model as the generator. For instance, when the generator utilizes LLaMA 3.1 3B, the RAFS also employs the LLaMA 3.2 3B model for factuality evaluation. This ensures consistency between the generator and scorer while maintaining efficient inference. All inference processes, including factuality scoring, are parallelized to further enhance efficiency.

A.2 Computational Analysis

Table 4 presents the inference costs of RARE on MedQA for two model sizes: LLaMA3-8B and LLaMA3-70B. The table reports the average number of model calls and the total number of tokens generated per question during the reasoning process. For LLaMA3-8B, RARE required an average of 47.27 calls and generated 119.9k tokens, while for the larger LLaMA3-70B model, the number of calls was reduced to 26.67, with 87.8k tokens generated on average.

These differences in inference costs are a result of the experimental setup, where the number of rollouts is set to 4 for LLaMA3-8B and 2 for LLaMA3-70B. This configuration was designed to balance computational efficiency and effective inference, ensuring that both models perform optimally within practical time constraints. The results demonstrate that RARE's implementation is flexible and scalable, enabling the use of larger models like LLaMA3-70B without incurring excessive inference costs while still maintaining high reasoning accuracy.

	LLaMA3.1-8B	LLaMA3.1-70B
Avg. calls	47.27	26.67
Avg. generated tokens	119.9k	87.8k

Table 4: Inference costs of RARE on MedQA. We show the average number of inferences and generated tokens required to answer a question.

A.3 Evaluation tasks

To rigorously test the reasoning capabilities of
RARE, we evaluate it on a range of reasoning tasks,
categorized into two main domains:1034
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Medical Reasoning Tasks: We use three medical datasets that require complex, domain-specific reasoning, including:

- MedQA-USMLE (Jin et al., 2021): A medical question-answering dataset based on the United States Medical Licensing Examination (USMLE) questions.
- **MedMCQA** (Pal et al., 2022): A dataset consisting of multiple-choice medical questions designed to test clinical knowledge.
- MMLU-Medical (Singhal et al., 2023a): The medical subset of the Massive Multitask Language Understanding (MMLU) benchmark, focusing on diverse topics in the medical field.

Commonsense Reasoning Tasks: We evaluate RARE's general reasoning ability on commonsense datasets. While **StrategyQA** requires complex, implicit reasoning strategies, other tasks benefit from advanced reasoning but may not require it to the same extent:

- **StrategyQA** (Geva et al., 2021): A dataset of open-domain questions that require implicit reasoning strategies.
- **CommonsenseQA** (Talmor et al., 2018): A multiple-choice question-answering dataset designed to test commonsense knowledge.
- **PIQA** (**Physical Interaction QA**) (Bisk et al., 2020): A dataset for physical reasoning, where models must answer questions about common physical interactions.
- **SIQA** (Social IQA) (Sap et al., 2019): A dataset that tests social and emotional reasoning.

A.4 Baselines

We compare the performance of RARE with several baseline reasoning methods, including:

Chain of Thought (CoT) (Wei et al., 2022): 1073
 A reasoning approach that generates explanations step-by-step, aiming for more coherent
answers. 1076

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1120 1121 • Self-Consistency (Wang et al., 2022): A method that uses majority voting among multiple reasoning paths to increase response accuracy.

- rStar (Qi et al., 2024): A framework that extends MCTS with a diverse set of reasoning actions, improving reasoning accuracy.
- Retrieval-Augmented Generation (RAG) (Lewis et al., 2020): An approach that incorporates retrieval-based information to support response generation.

A.5 Retrieval Model and Corpus

For information retrieval, we use the MedCorp corpus, a domain-specific collection of high-quality and uptodate sources that include:

- Wikipedia: A general knowledge resource with broad coverage of diverse topics.
- PubMed: A database of biomedical and life sciences literature.
- Medical Textbooks: Authoritative resources for foundational medical knowledge.
- StatPearls: A database of peer-reviewed medical topics, frequently used for medical education.

To retrieve relevant information from this corpus, we employ the ColBERT retrieval model (Khattab and Zaharia, 2020), which is optimized for passage retrieval and relevance scoring. ColBERT enables our retrieval-augmented generator to efficiently locate and incorporate contextually relevant information, enhancing the factual accuracy of generated responses.

A.6 Evaluation of Reasoning Candidates with RAFS

Figure 5 demonstrates how the Retrieval-Augmented Factuality Scorer (RAFS) evaluates reasoning candidates for a medical question. The example involves diagnosing and treating a patient presenting with symptoms consistent with seasonal allergic conjunctivitis. RAFS assigns factuality scores to each candidate reasoning path based on their alignment with retrieved evidence.

Candidate Reasoning 1 accurately identifies the condition and treatment, correctly selecting ketotifen eye drops (Answer B) with a factuality score of 1.0. Candidate Reasoning 2 suggests fluorometholone eye drops (Answer D) but includes conflicting reasoning and inaccuracies, resulting in a lower factuality score of 0.625. Candidate Reasoning 3 incorrectly recommends warm compresses (Answer C) as the most appropriate treatment, reflecting limited factual alignment and receiving a score of 0.6.

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This example highlights RAFS's ability to differentiate between reasoning paths based on factual correctness, ensuring that the most reliable and evidence-supported answer is prioritized.

Common Trajectories Leading to Correct A.7 Answers

Figures 6 and 7 illustrate the top 10 most common reasoning trajectories that lead to correct answers on MedQA and StrategyQA, respectively. Each trajectory represents a sequence of actions selected by the Retrieval-Augmented Generator during the reasoning process.

In Figure 6 (MedQA), trajectories like A1 \rightarrow A2, A3 \rightarrow A2, and A1 \rightarrow A6 are prominent, accounting for a significant portion of successful reasoning paths. Notably, more complex trajectories such as A3 \rightarrow A7 \rightarrow A3 also contribute, showcasing the generator's ability to adaptively explore diverse paths.

Figure 7 (StrategyQA) reveals a similar distribution, with trajectories like A1 \rightarrow A2, A3 \rightarrow A2, and A1 \rightarrow A6 remaining dominant. However, simpler actions like A6 and A2 also play a notable role in this task, reflecting differences in task complexity and reasoning requirements.

Both figures highlight the flexibility of RARE's generator, which leverages a rich action space to explore diverse reasoning strategies. The distribution of trajectories emphasizes the importance of both simple and complex reasoning paths in solving different types of tasks effectively.

Prompt of Different Actions in MCTS A.8

RAFS Examples

Question: A 35-year-old man comes to the physician because of itchy, watery eyes for the past week. He has also been sneezing multiple times a day during this period. He had a similar episode 1 year ago around springtime. He has iron deficiency anemia and ankylosing spondylitis. Current medications include ferrous sulfate, artificial tear drops, and indomethacin. He works as an elementary school teacher. His vital signs are within normal limits. Visual acuity is 20/20 without correction. Physical examination shows bilateral conjunctival injection with watery discharge. The pupils are 3 mm, equal, and reactive to light. Examination of the anterior chamber of the eye is unremarkable. Which of the following is the most appropriate treatment? A: Erythromycin ointment, B: Ketotifen eye drops, C:Warm compresses, D: Fluorometholone eye drops

Candidate Reasoning 1: Let's think step by step. Based on the symptoms described - itchy, watery eyes, sneezing, bilateral conjunctival injection, and watery discharge - along with the history of a similar episode around springtime, it's clear that the patient is experiencing allergic conjunctivitis, likely triggered by seasonal allergens like pollen given his profession as an elementary school teacher. For symptomatic relief of allergic conjunctivitis, antihistamine eyedrops or mast cell stabilizers can be effective. Among the options provided, ketotifen eye drops act as a mast cell stabilizer and would be appropriate for treating allergic conjunctivitis. The answer is B: Ketotifen eye drops. \checkmark The factuality score is 1.0

Candidate Reasoning 2: Based on the patient's symptoms of itchy, watery eyes, sneezing, and physical examination findings of bilateral conjunctival injection with watery discharge, the diagnosis is allergic conjunctivitis. Considering the timing of the episode and the patient's profession, the most likely causative agent is seasonal pollen. Treatment should focus on reducing symptoms rather than eliminating the allergen source. Fluorometholone eye drops are corticosteroid drops that reduce inflammation and can provide relief from itching and redness. Other options like erythromycin or ketotifen may have some effect but would be less effective in addressing this presentation. Warm compresses might help with discharge, but again, would be less effective compared to the impact of corticosteroids. Therefore, the most appropriate treatment is fluorometholone eye drops. The answer is D: Fluorometholone eye drops. × **The factuality score is 0.625**

Candiate Reasoning 3: Given the patient's symptoms of itchy, watery eyes, sneezing, and conjunctival injection, along with a history of similar episodes around springtime, this case is most consistent with seasonal allergic conjunctivitis. The best treatment for mild allergic conjunctivitis involves avoiding triggers when possible, using lubricating artificial tears regularly, and applying a cold compress. Warm compresses are often recommended to help loosen crusts and debris, improving comfort. Therefore, warm compresses would be the most appropriate treatment for this patient. The answer is C: Warm compresses. × The factuality score is 0.6

Figure 5: Evaluation of reasoning candidates by the Retrieval-Augmented Factuality Scorer (RAFS). Each candidate provides a reasoning path for a given question, with RAFS assigning a factuality score based on alignment with retrieved evidence.



Figure 6: Top 10 common trajectories that lead to correct answer (MedQA)



Figure 7: Top 10 common trajectories that lead to correct answer (StrategyQA)

Multi-step reasoning in Medical QA

Question: A 23-year-old pregnant woman at 22 weeks gestation presents with burning upon urination. She states it started 1 day ago and has been worsening despite drinking more water and taking cranberry extract. She otherwise feels well and is followed by a doctor for her pregnancy. Her temperature is $97.7^{\circ}F$ (36.5°C), blood pressure is 122/77 mmHg, pulse is 80/min, respirations are 19/min, and oxygen saturation is 98% on room air. Physical exam is notable for an absence of costovertebral angle tenderness and a gravid uterus. Which of the following is the best treatment for this patient? A: Ampicillin, B: Ceftriaxone, C:Ciprofloxacin, D: Doxycycline, E: Nitrofurantoin

Step 1: Identify key clinical features A 23-year-old pregnant woman at 22 weeks gestation presents with burning upon urination (dysuria), worsening symptoms over one day, and no systemic signs of infection (normal temperature, blood pressure, and oxygen saturation). Physical exam shows no costoverterbral angle tenderness, suggesting the absence of pyelonephritis.

Step 2: Determine the likely diagnosis Dysuria without systemic signs in a pregnant woman is most consistent with acute cystitis, a lower urinary tract infection.

Step 3: Evaluate treatment options for cystitis in pregnancy Nitrofurantoin: Safe and effective during the second trimester, commonly used for uncomplicated cystitis. Ampicillin: Can be used but has high resistance rates among common uropathogens like E. coli. Ceftriaxone: Typically used for severe infections like pyelonephritis and administered intravenously, not necessary here. Ciprofloxacin: A fluoroquinolone, contraindicated in pregnancy due to potential cartilage damage to the fetus. Doxycycline: A tetracycline, contraindicated in pregnancy due to risks of fetal bone growth inhibition and teeth discoloration.

Step 4: Select the best treatment Nitrofurantoin is the safest and most effective option for this patient in the second trimester.

Step 5: Conclusion The best treatment for this patient is nitrofurantoin. The answer is E: Nitrofurantoin.

Figure 8: An example of a medical question that requires multi-step reasoning to answer.

Action 1. Propose an one-step thought.

Instruction: A 46-year-old woman comes to the physician because of a 2-week history of diplopia and ocular pain when reading the newspaper. She also has a 3-month history of amenorrhea, hot flashes, and increased sweating. She reports that she has been overweight all her adult life and is happy to have lost 6.8 kg (15 lb) of weight in the past 2 months. Her pulse is 110/min, and blood pressure is 148/98 mm Hg. Physical examination shows moist palms and a nontender thyroid gland that is enlarged to two times its normal size. Ophthalmologic examination shows prominence of the globes of the eyes, bilateral lid retraction, conjunctival injection, and an inability to converge the eyes. There is no pain on movement of the extraocular muscles. Visual acuity is 20/20 bilaterally. Neurologic examination shows a fine resting tremor of the hands. Deep tendon reflexes are 3+ with a shortened relaxation phase. Which of the following is the most likely cause of this patient's ocular complaints? A: Granulomatous inflammation of the cavernous sinus, B: Abnormal communication between the cavernous sinus and the internal carotid artery, C: Glycosaminoglycan accumulation in the orbit, D: Bacterial infection of the orbital contents, E: Sympathetic hyperactivity of levator palpebrae superioris

Response: Let's think step by step.

Step 1: Identify key clinical features: A 46-year-old woman presents with diplopia, ocular pain, weight loss, amenorrhea, and hyperthyroid signs like tachycardia, enlarged thyroid gland, and hyperreflexia.

Step 2: Recognize underlying condition: These findings suggest Graves' disease with thyroid-associated orbitopathy (TAO).

Step 3: Determine cause of ocular symptoms: Prominent globes, lid retraction, and conjunctival injection are caused by immune-mediated glycosaminoglycan accumulation in the orbit, characteristic of TAO.

Step 4: Eliminate other options: Conditions like cavernous sinus inflammation, carotid-cavernous fistula, and bacterial infection do not fit the patient's presentation.

Step 5: The most likely cause of the ocular complaints is glycosaminoglycan accumulation in the orbit.

Step 6: Conclusion: The answer is C: Glycosaminoglycan accumulation in the orbit. ### Instruction: {user question}

Response: Let's think step by step.

Action 2: Propose the remaining thought steps /A4: Answer the sub-question again.

Instruction: A 1-year-old boy presents to the emergency department with weakness and a change in his behavior. His parents state that they first noticed the change in his behavior this morning and it has been getting worse. They noticed the patient was initially weak in his upper body and arms, but now he won't move his legs with as much strength or vigor as he used to. Physical exam is notable for bilateral ptosis with a sluggish pupillary response, a very weak sucking and gag reflex, and shallow respirations. The patient is currently drooling and his diaper is dry. The parents state he has not had a bowel movement in over 1 day. Which of the following is the pathophysiology of this patient's condition? A: Antibodies against postsynaptic nicotinic cholinergic ion channels, B: Autoantibodies against the presynaptic voltage-gated calcium channels, C: Autoimmune demyelination of peripheral nerves, D: Blockade of presynaptic acetylcholine release at the neuromuscular junction, E: Lower motor neuron destruction in the anterior horn

Response: Let's think step by step. The infant has rapidly progressing weakness starting from the upper body and moving downward, bilateral ptosis, sluggish pupils, weak sucking and gag reflexes, shallow respirations, drooling, constipation (dry diaper and no bowel movement), and decreased muscle strength. These symptoms are consistent with infant botulism, caused by ingestion of Clostridium botulinum spores (often from honey) that produce botulinum toxin. The toxin inhibits the release of acetylcholine at the presynaptic terminals of the neuromuscular junction by cleaving SNARE proteins necessary for vesicle fusion. This blockade leads to flaccid paralysis and autonomic dysfunction. Therefore, the pathophysiology is blockade of presynaptic acetylcholine release at the neuromuscular junction. The answer is D: Blockade of presynaptic acetylcholine release at the neuromuscular junction.

Instruction: {user question}
Response:

Action 3: Propose next sub-question along with its answer.

Given a question, please decompose it into sub-questions. For each sub-question, please answer it in a complete sentence, ending with "The answer is ". When the original question is answerable, please start the subquestion with "Now we can answer the question: <original question>".

Question 1: A 23-year-old pregnant woman at 22 weeks gestation presents with burning upon urination. She states it started 1 day ago and has been worsening despite drinking more water and taking cranberry extract. She otherwise feels well and is followed by a doctor for her pregnancy. Her temperature is 97.7°F (36.5°C), blood pressure is 122/77 mmHg, pulse is 80/min, respirations are 19/min, and oxygen saturation is 98% on room air. Physical exam is notable for an absence of costovertebral angle tenderness and a gravid uterus. Which of the following is the best treatment for this patient? A: Ampicillin, B: Ceftriaxone, C: Ciprofloxacin, D: Doxycycline, E: Nitrofurantoin

Question 1.1: What is the most likely diagnosis for this patient?

Answer 1.1: The patient is a 23-year-old pregnant woman at 22 weeks gestation presenting with burning upon urination, known as dysuria. She has no fever, normal vital signs, and no costovertebral angle tenderness. This suggests that she is experiencing an acute uncomplicated urinary tract infection (UTI), specifically cystitis.

Question 1.2: Which antibiotics are safe and effective for treating cystitis during pregnancy?

Answer 1.2: During pregnancy, certain antibiotics are preferred due to their safety profiles for both the mother and the fetus. Nitrofurantoin is commonly used and considered safe during the second trimester for treating cystitis. Ampicillin may be less effective due to resistance. Ceftriaxone is typically reserved for more severe infections like pyelonephritis and is administered intravenously. Ciprofloxacin and doxycycline are contraindicated in pregnancy because they can harm fetal development.

Question 1.3: Now we can answer the question: Which of the following is the best treatment for this patient?

Answer 1.3: The best treatment for this pregnant patient with acute cystitis is Nitrofurantoin, as it is safe during the second trimester and effective against common urinary pathogens. Therefore, the answer is E: Nitrofurantoin.

Question 2: {user question}

Action 5: Rephrase the question/sub-question.

You are an AI assistant to help me rephrase questions by splitting the question context into conditions. In your rephrased question, remember to fully express the information in the original question.

Original Question: A 62-year-old woman comes to the physician because of coughing and fatigue during the past 2 years. In the morning, the cough is productive of white phlegm. She becomes short of breath walking up a flight of stairs. She has hypertension and hyperlipidemia. She has recently retired from working as a nurse at a homeless shelter. She has smoked 1 pack of cigarettes daily for 40 years. Current medications include ramipril and fenofibrate. Her temperature is 36.5°C (97.7°F), respirations are 24/min, pulse is 85/min, and blood pressure is 140/90 mm Hg. Scattered wheezing and rhonchi are heard throughout both lung fields. There are no murmurs, rubs, or gallops but heart sounds are distant. Which of the following is the most likely underlying cause of this patient's symptoms? A: Chronic decrease in pulmonary compliance, B: Local accumulation of kinins, C: Mycobacterial invasion of pulmonary parenchyma, D: Progressive obstruction of expiratory airflow, E: Incremental loss of functional residual capacity

Rephrased Question: A 62-year-old woman comes to the physician due to a 2-year history of coughing and fatigue. She has a morning cough productive of white phlegm and becomes short of breath when climbing stairs. She has hypertension and hyperlipidemia and recently retired from nursing at a homeless shelter. She has a 40-pack-year smoking history. Her medications include ramipril and fenofibrate. Vital signs are temperature 36.5°C (97.7°F), respirations 24/min, pulse 85/min, and blood pressure 140/90 mmHg. Physical examination reveals scattered wheezing and rhonchi throughout both lung fields. Heart sounds are distant with no murmurs, rubs, or gallops. Which of the following is the most likely underlying cause of this patient's symptoms? A: Chronic decrease in pulmonary compliance, B: Local accumulation of kinins, C: Mycobacterial invasion of pulmonary parenchyma, D: Progressive obstruction of expiratory airflow, E: Incremental loss of functional residual capacity

Original question: {user question} Rephrased Question:

Action 6: Generate multiple search queries and retrieve information.

Given a question, generate a search query that would help gather information to answer it. Your goal is to formulate a query that will retrieve useful evidence or additional details that contribute to answering the question. The query should aim to obtain new information and be specific enough to ensure that the search results are relevant and helpful.

Question 1: A 23-year-old pregnant woman at 22 weeks gestation presents with burning upon urination. She states it started 1 day ago and has been worsening despite drinking more water and taking cranberry extract. She otherwise feels well and is followed by a doctor for her pregnancy. Her temperature is 97.7°F (36.5°C), blood pressure is 122/77 mmHg, pulse is 80/min, respirations are 19/min, and oxygen saturation is 98% on room air. Physical exam is notable for an absence of costovertebral angle tenderness and a gravid uterus. Which of the following is the best treatment for this patient? A: Ampicillin, B: Ceftriaxone, C: Ciprofloxacin, D: Doxycycline, E: Nitrofurantoin

Query 1.1: Common causes and management of dysuria in pregnant women without systemic symptoms.

Document 1.1: Dysuria in pregnant women without systemic symptoms like fever or flank pain is often indicative of acute cystitis, a lower urinary tract infection typically caused by bacteria such as Escherichia coli. Pregnancy increases the risk of urinary tract infections due to hormonal changes that relax ureteral smooth muscle and mechanical compression from the enlarging uterus, leading to urinary stasis. Management involves confirming the diagnosis with a urine culture and initiating antibiotic therapy that is safe for use during pregnancy.

Query 1.2: Antibiotics that are safe and effective for treating cystitis during pregnancy.

Document 1.2: Safe and effective antibiotics for treating cystitis in pregnancy include nitrofurantoin and certain beta-lactam antibiotics like ampicillin and cephalexin. Nitrofurantoin is commonly used during the second trimester and is effective against common urinary pathogens. Ampicillin can be used but may have increased resistance rates. Ceftriaxone is a third-generation cephalosporin administered intravenously and is typically reserved for more severe infections like pyelonephritis. Antibiotics such as doxycycline (a tetracycline) and ciprofloxacin (a fluoroquinolone) are contraindicated in pregnancy due to potential risks to fetal development. Query 1.3: Antibiotics contraindicated during pregnancy and their associated risks.

Document 1.3: Certain antibiotics are contraindicated during pregnancy due to teratogenic effects or adverse outcomes for the fetus. Doxycycline, a tetracycline antibiotic, is contraindicated because it can inhibit bone growth and cause permanent tooth discoloration in the developing fetus. Ciprofloxacin, a fluoroquinolone, is avoided as it has been associated with cartilage damage in animal studies and potential musculoskeletal risks in humans. These medications should not be used to treat infections in pregnant patients.

Question 2: {user question}

Action 7: Re-answer the question/sub-question with retrieved information.

Instruction: A 1-year-old boy presents to the emergency department with weakness and a change in his behavior. His parents state that they first noticed the change in his behavior this morning and it has been getting worse. They noticed the patient was initially weak in his upper body and arms, but now he won't move his legs with as much strength or vigor as he used to. Physical exam is notable for bilateral ptosis with a sluggish pupillary response, a very weak sucking and gag reflex, and shallow respirations. The patient is currently drooling and his diaper is dry. The parents state he has not had a bowel movement in over 1 day. Which of the following is the pathophysiology of this patient's condition? A: Antibodies against postsynaptic nicotinic cholinergic ion channels, B: Autoantibodies against the presynaptic voltage-gated calcium channels, C: Autoimmune demyelination of peripheral nerves, D: Blockade of presynaptic acetylcholine release at the neuromuscular junction, E: Lower motor neuron destruction in the anterior horn

Relevant Documents:

Infant Botulism: Caused by ingestion of Clostridium botulinum spores (common sources include honey and soil). Spores germinate in the infant's gut, producing botulinum toxin.

Botulinum Toxin Mechanism: Blocks the release of acetylcholine at presynaptic neuromuscular junctions by cleaving SNARE proteins. Results in flaccid paralysis and autonomic dysfunction. Clinical Features: Symmetric descending paralysis starting with cranial nerves (ptosis, poor suck, weak gag reflex).

Autonomic symptoms: constipation, dry mouth, drooling. Hypotonia and respiratory difficulties.

Response: Let's think step by step. The infant presents with rapidly progressing weakness starting in the upper body and moving downward, bilateral ptosis with sluggish pupillary response, weak sucking and gag reflexes, shallow respirations, drooling, and constipation (dry diaper, no bowel movement). These symptoms are characteristic of infant botulism, caused by ingestion of Clostridium botulinum spores that produce botulinum toxin. The toxin inhibits the release of acetylcholine at the presynaptic terminals of the neuromuscular junction by cleaving SNARE proteins necessary for neurotransmitter release. This blockade leads to flaccid paralysis and autonomic dysfunction. Therefore, the pathophysiology is blockade of presynaptic acetylcholine release at the neuromuscular junction.

Instruction: {user question}
Relevant Documents: {relevant documents}
Response: