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| | Abstract. Spheroids are the most widely used 3D models for studying |
| | the effects of different micro-environmental characteristics on tumour be- |
| | haviour, and for testing different preclinical and clinical treatments. In |
| | order to speed up the study of spheroids, imaging methods that auto- |
| | matically segment and measure spheroids are instrumental; and, several |
| | approaches for automatic segmentation of spheroid images exist in the |
| | literature. However, those methods fail to generalise to a diversity of |
| | experimental conditions. In this work, we tackle this problem by devel- |
| | oping a generic segmentation algorithm that can be easily adapted to |
| | different scenarios. The feasibility of applying our approach has been tested with several detests of spheroid images where the spheroids were |
| | grown under several experimental conditions, and the images acquired |
| | using different equipment. In order to facilitate the dissemination and |
| | use of our method, we have implemented it in an open-source tool called |
| | SpheroidJ that has been released in the form of an ImageJ plugin and a |
| | standalone application. |
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| | Keywords: Spheroids; Segmentation; ImageJ; Java |
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| | Introduction |
| L | Introduction |
| ີລາ | ocer is the collective denomination for a group of diseases characterised by |
| hr | formal cell growth that can potentially disseminate invade and colonise dif- |
| ere | on parts of the body. It is the second leading cause of death in the world |
| vit | h approximately 9.6 million deaths per year [24] A lot of important mech- |
| ni | sms of tumour progression have been described, which enabled development |
| of t | reatments for various tumour types. However, the process of implementing |
| ne ne | treatment in clinics is a long expensive and complex process as the treat- |
| ne | that to pass different proof stages. Namely, from tens of thousands of drugs |
| | red only one gets the approval for use [18] This happens because most in- |
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models. However, none of them represents well the human organism and its re-sponse to treatments. For example, 2D cultures fail to reproduce the complex structure of tumours and their interactions with the surrounding tissue, whereas animal models fail to fully mimic the in vivo situation of a human cancer patient. Hence, it is important to have a biomimetic preclinical model since such mod-els may shorten preclinical trials and give more reliable results [1, 11]. Lately,

three-dimensional (3D) cell cultures are being developed to include cell-cell and
cell-extracellular matrix interactions and all physico-chemical characteristics of
microenvironment, as they have been described to play an important role in
tumour progression and response to treatment [7].

Spheroids are the most widely used 3D models since they can be used for studying the effects of different micro-environmental characteristics on tumour behaviour and for testing different preclinical and clinical treatments. They are cellular aggregates that represent well cell-cell interactions, and formation of oxygen and nutrient gradients [13]. These induce the formation of necrotic core inside the spheroid, a common feature of solid tumours that is impossible to reproduce in 2D systems. Spheroids can be grown in suspension, replicating isolated solid tumour, or embedded in extracellular matrix proteins, simulating the invasive capacity of tumour cells. Both necrosis and invasion are indicators of tumour progression and prognosis and their inclusion in a 3D model is essential for obtaining a more accurate representation of an in vivo cancer.

However, since the interactions in 3D models are radically different from tra-ditional 2D cultures, changes in imaging systems and analysing programs must be made to capture the new complexities. In particular, imaging methods that automatically segment and measure batches of spheroid images are instrumental for further analysis. Several software tools for spheroid segmentation are avail-able in the literature in the form of ImageJ plugins [9, 12]. Matlab packages [3,8] or standalone programs [5, 15]. In addition, several commercial systems, like Celigo [23] or Phaedra [6]; or tools designed to work with concrete microscopes. such as ReViMS [16] and aVista [4], have been released. Due to the variance in sizes, shapes and textures of spheroids, all these tools are specialised in images acquired under certain conditions, and fail to generalise properly. An approach to deal with the generalisation problem is the application of data-based methods like deep learning [2, 20]; however, deep learning models for spheroid segmen-tation [22] are not freely available, and have not been tested in a diversity of experimental conditions.

In this paper, we approach the generalisation problem by developing a generic
 algorithm that can be easily adapted to different scenarios. Namely, the contributions of this work are threefold:

- First of all, we present a generic spheroid segmentation algorithm that can
 be particularised to different conditions, see Section 3.
- 083- Subsequently, we conduct a thorough comparison of different variants of
our generic algorithm with images of spheroids with different sizes, shapes083
084085and textures, see Section 4. We also compare our approach with several
open-source tools, and show how well it generalises to different experimental
conditions.085
- Finally, we release our algorithm in the form of an ImageJ plugin and also as
 a user-friendly and standalone application called SpheroidJ, see Section 5.

2 Materials and methods

In our experiments, we have employed images from two different tumour spheroids under different experimental conditions. In addition, images were captured using different equipment (microscopes) and conditions (focus and magnification).

Human glioblastoma cell lines U87-MG and U251-MG and colorectal can-cer cell line HCT-116 were purchased from Sigma Aldrich and American Type Culture Collection, respectively. All cell lines were cultured in high-glucose Dul-becco's modified Eagle's medium (DMEM) (Lonza, BE12-614F), supplemented with 10% foetal bovine serum (FBS) (Sigma, F7524), 1% L-glutamine (Lonza, 17-605C) and 1% penicillin/streptomycin (Lonza, 17-602E). In order to follow HCT-116 cells easier during a long period of time, they were transduced with a green fluorescent protein-expressing lentiviral vector, so while alive, cells produce fluorescent protein. All cell lines were grown in humidified incubator with 5% CO₂ and trypsinised twice a week.

Spheroids were formed using hanging drop method. Shortly, cells were har-vested and resuspended at 40000 cells/mL in complete DMEM medium supple-mented with 20% methocel. Drops of 25 μ L were placed on the top of a petri dish and left for 48h for spheroid formation. For suspension culture, spheroids were transferred to round bottom 96 well plate (Sarstedt, 83,3925,500) treated with Anti-adherence rinsing solution (Stemcell, 07010). To investigate the importance of nutrients or growth factors present in microenvironment, spheroids were grown in media with different chemical composition. Besides, suspension culture was used to evaluate the efficacy of tested drugs. For invasion assays, spheroids were embedded in rat tail type I collagen hydrogels. Different final concentrations of collagen enabled studying the effect of different matrix stiff-ness on spheroid behaviour.

Spheroid growth and invasion were followed for up to two months by bright-field and fluorescence imaging, using Nikon Eclipse Ti-E C1 and Leica DMi8 microscopes. Transduced cells were imaged using GFP filter set. Images were acquired using 2x and 10x magnification on Nikon microscope and 5x on Leica microscope. The images were organised in 6 datasets (3 brightfield datasets and 3 fluorescence datasets), and their features are summarised in Table 1. In addition to those datasets, we have also employed the dataset provided in [9]. A sample from each dataset is provided in Figure 1.

3 Segmentation algorithms

In this section, we present our generic algorithm for segmenting spheroids. Such an algorithm can be particularised in different ways to produce distinct segmentation procedures that are useful for several scenarios.

3.1 Generic segmentation algorithm

Given an image containing a spheroid, our generic algorithm aims to produce a mask for the region that contains it. Our algorithm, that is diagrammatically 134

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Table 1. Features of the 7 datasets employed in this work. The datasets are named with the following convention: the first character of the name indicates whether is a brightfield (B) or a fluorescence dataset (F): the second, the microscope: the third, the magnification: and, the fourth, the culture media.

| Dataset | Method | # Images | Image size | Microscope | • Magnification | Format | Type | Culture |
|-----------|--------------|----------|----------------------|------------|--|--------|-----------------------|------------|
| BL5S | Brightfield | 50 | 1296×966 | Leica | 5x | TIFF | RGB | Suspension |
| BN2S | Brightfield | 154 | $1002 \times \ 1004$ | Nikon | 2x | ND2 | Gray 16bits | Suspension |
| BN10S | Brightfield | 105 | $1002 \times \ 1004$ | Nikon | 10x | ND2 | Gray 16bits | Suspension |
| FL5C | Fluorescence | 19 | 1296×966 | Leica | 5x | TIFF | RGB | Collagen |
| FL5S | Fluorescence | 50 | 1296×966 | Leica | 5x | TIFF | RGB | Suspension |
| FN2S | Fluorescence | 34 | $1002 \times \ 1004$ | Nikon | 2x | ND2 | Gray 16bits | Suspension |
| BO10S [9] | Brightfield | 64 | 3136×2152 | Olympus | 10x | JPG | RGB | Suspension |
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| I | BL5S | | BN2S | | BN10S | | BO1 | 0S |
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| | F | L5C | | FL5S | | FN2S | S | |
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Fig. 1. Samples from the 7 datasets employed in this work

described in Figure 2, is based on the sequential application of several image processing techniques, such as edge detection or thresholding, and morphological operations like dilation or erosion. Namely, the procedure can be split into two steps: contour generation and contour refinement.

In the first step, the algorithm tries to find the contour of the spheroid, either by binarising the image, or by finding the edges of the image and later binarising it. This step can be particularised in two different ways. First, the Sobel edge detector [10] can be iterated several times on the image to detect a closed contour, this iterative procedure can be employed when the edges of the spheroid are not clear. And, second, the threshold values to binarise the image can be fixed manually, or automatically selected by using algorithms like IsoData [17] or Otsu [14].

Once the contour of the image is generated, the second step of our algorithm refines such a contour. First of all, the algorithm tries to close the contour region by applying several times the dilation operation, and subsequently filling the



Fig. 2. Generic algorithm for spheroid segmentation

holes produced in the image. After applying the dilation operation, the contour region is bigger than the actual spheroid region; therefore, an erosion operation is applied to adjust that region. Finally, the watershed operation [19] is applied to remove artefacts that do not belong to the spheroid. An example showing the application of our procedure is depicted in Figure 3.



Fig. 3. Example of the application of our generic algorithm for a sample from the BN10S dataset. (1) Find edges; (2) Binarising; (3) Dilation; (4) Fill holes; (5) Erosion; (6) Final segmentation (in yellow)

As it can be noted from the above description, our generic algorithm can be customised by fixing 5 parameters: (1) the number of iterations that the Sobel edge detector is applied; (2) the thresholding method; (3) the number of times that the dilation and erosion operations are employed; (4) whether the fill holes operation is applied; and (5) whether the watershed operation is employed.

3.2 Particular algorithms

Due to the different nature of spheroid images, we have particularised our generic algorithm using 5 strategies; that is, using different values for the 5 parameters of our segmentation algorithm. In addition, several variants of our algorithm are combined to deal with those cases where a proper spheroid mask is not algorithm 224

225generated. We consider a mask as valid when it has a minimum size and satisfies225226some solidity conditions — note that these conditions depend on the particular226227characteristics of the spheroid image. The rest of this section is devoted to present227228the 5 versions of our algorithm.228

A1. Threshold. The first strategy is based on just binarising the spheroid images by using the IsoData method [17]. In those cases where such a direct approach does not produce a valid mask, we sequentially binarise the image, dilate it, fill the holes, erode the image, and, finally, apply the watershed operation. This straightforward approach is useful when the spheroid image can be clearly distinguished from the background of the image.

A2. Edges. The second strategy does not directly binarise the image but it
firstly finds the edges of the image, and subsequently binarise the image using
the IsoData method. In case that the method does not work, the number of
iterations that the find edges operation is applied is increased. The process stops
after a valid mask is found or when a number of iterations is reached.

A3. Threshold+Edges. This approach is a sequential application of Algorithms
 A1 and A2. Namely, it starts applying the threshold approach, and if it fails to
 find a valid mask, it applies the edges approach.

A4. Threshold & edges. This strategy applies both Algorithms A1 and A2 to the
input image, adds the two resulting masks, and fills the holes of the resulting
mask to produce the final output.

A5. Fluorescence. Finally, we have designed an algorithm that takes advantage of images acquired with fluorescence. To this aim, the normal image is processed by sequentially finding its edges and binarising it; and, the fluorescence image is binarised using the IsoData thresholding method. The two images produced in this way are combined using the AND binary operation to output the mask.

4 Results

In this section, we compare the different versions of our generic algorithm for the datasets presented in Section 2. In addition, we include in the comparison two open-source Fiji macros: Insidia [12], and the macro presented in [9] (from now on, this macro will be called "Ivanov"). The metric employed to measure the accuracy of the different methods is the IoU, also known as Jaccard index — this metric measures the area of intersection between the ground truth and the predicted region over the area of union between the ground truth and the predicted region — the ground truth was manually generated by experts using the free-hand tool of ImageJ [21]. We first analyse the 4 brightfield datasets; and, after that, the fluorescence datasets.

The results for the brightfield datasets are presented in Table 2. A statistical analysis of such results is also included. In particular, Friedman tests were carried 269

Table 2. Mean (and standard deviation) for the brightfield datasets. The best result for each dataset is highlighted in bold face, $^{***}\rho < 0.001$, > significant difference between methods. In and Iv stand for Insidia and Ivanov, respectively.

| | Insidia | Ivanov | A1 | A2 | A3 | A4 | Friedman Test | Dunn test |
|----------|------------|------------|------------|------------|------------|------------|---------------|-------------------|
| BL5S | 0(0) | 0(0) | 0.55(0.33) | 0.31(0.42) | 0.63(0.39) | 0(0) | 154.756*** | A3>A1>A2,A4,In,Iv |
| BN2S | 0.65(0.35) | 0.2(0.36) | 0.93(0.04) | 0.94(0.02) | 0.72(0.35) | 0.73(0.35) | 427.632*** | A2,A1>A4>A3>In>I |
| BN10S | 0.84(0.07) | 0.03(0.18) | 0.65(0.38) | 0.69(0.42) | 0.6(0.42) | 0.95(0.01) | 190.462*** | A4>In>A2,A1>A3>I |
| BO10S | 0.91(0.09) | 0.94(0.17) | 0.94(0.03) | 0.42(0.42) | 0.79(0.36) | 0.88(0.10) | 224.473*** | A1,Iv>In,A4,A3>A2 |
| Combined | 0.64(0.37) | 0.28(0.43) | 0.81(0.27) | 0.68(0.41) | 0.7(0.39) | 0.74(0.35) | 385.751*** | A1>A4,A3,A2>In,Iv |

out to compare the total scores for the six methods. When significant differences
among the methods were found, a Dunn-Bonferroni pairwise post hoc test was
also included. We can notice that there is not a single method that excels the
others in all the datasets; but, our generic algorithm can be successfully adapted
to several experimental conditions. In addition, our method outperforms both
Insidia and Ivanov macros in most datasets.

On the contrary to the brightfield datasets, there is a method. Algorithm A5, that produces better results than the other algorithms for all the fluorescence datasets, see Table 3. This is due to the fact that, Algorithm A5, as well as humans, not only uses the brightfield image for segmentation, but it also takes advantage of the fluorescence image where the location of the spheroid region is clearly defined — the accuracy of all the other studied methods and macros is considerably lower than the accuracy obtained by Algorithm A5 since they only consider the brightfield image. However, since the spheroid region of a fluorescence image does not perfectly adjust to the spheroid, this produces a lower accuracy than the methods for the brightfield datasets.

Table 3. Mean (and standard deviation) for the fluorescence datasets. The best result for each dataset is highlighted in bold face, $^{***}\rho < 0.001$, > significant difference between methods. In and Iv stand for Insidia and Ivanov, respectively.

| | Insidia | Ivanov | A1 | A2 | A3 | A4 | A5 | Friedman Test | Dunn test |
|---------|-------------|------------|------------|------------|------------|------------|------------|---------------|----------------------|
| FL5C | 0.12(0.24) | 0.09(0.28) | 0.53(0.37) | 0(0) | 0.4(0.37) | 0(0) | 0.67(0.17) | 74.530*** | A5,A1,A3>In,Iv,A2,A4 |
| FL5S | 0.51(0.24) | 0.04(0.1) | 0.31(0.21) | 0.04(0.14) | 0.42(0.27) | 0(0) | 0.89(0.07) | 191.062*** | A5>In,A3,A1>A2,Iv,A4 |
| FN2S | 0.03(0.02) | 0(0) | 0.65(0.3) | 0.47(0.36) | 0.02(0.16) | 0.05(0.04) | 0.82(0.17) | 148.081*** | A5>A1,A2>A4,In,A3,Iv |
| Combine | 10.25(0.29) | 0.03(0.15) | 0.48(0.32) | 0.19(0.32) | 0.27(0.32) | 0.03(0.10) | 0.82(0.16) | 278.983*** | A5>A1,In,A3>A2,A4,I |

As we have seen throughout this section, there is not a single method that always produce the best results for different datasets of spheroid images; and, therefore, it is worth trying different approaches. To facilitate the use and comparison of different methods, we have developed a tool called SpheroidJ.

5 SpheroidJ

We have released our generic algorithm in an open-source and freely available program, called SpheroidJ, that can be employed both as an ImageJ plugin, and also as a standalone application.

ImageJ [21] is an image-analysis tool that has been widely employed to deal with many problems in life sciences, and that can be easily extended by means of plugins. The Spheroid plugin can be called from the ImageJ interface and provides two executions modes: the batch mode and the experimental mode. The former allows the users to employ any of the 5 algorithms presented in Section 3.2 in a folder containing spheroid images. The latter allows the users to configure the generic algorithm presented in Section 3.1 to deal with their own images. The parameters of the algorithm can be configured from the window presented in Figure 4 and applied either to a single image or a folder of images. The result outputted by both modes are the spheroid segmentations, either of the given image or for each image of the given folder, and an Excel file with a summary of measures (such as the area, perimeter, circularity or Feret's diameter) extracted from the segmented images.



Fig. 4. SpheroidJ plugin window to configure the segmentation algorithm

This ImageJ plugin has a main drawback: it does not provide a simple way of visualising and editing the segmentation results when dealing with a folder of images. This issue has been tackled with the development of a user-friendly and standalone application. This tool provides the same functionality explained for the ImageJ plugin, but after the segmentation process, it shows the results using the interface presented in Figure 5. In this way, the users can easily inspect the segmentation result, try different algorithms for a single image, and manually edit the segmented region if it was not properly detected.



Fig. 5. SpheroidJ standalone application

6 Conclusions and further work

Due to the variance in sizes, shapes and textures of spheroids, it does not exist a single algorithm that generalises correctly to all the possible scenarios. In this paper, we have tackled this challenge by designing a customisable algorithm that can be successfully adapted to different kinds of spheroid images. In order to facilitate the dissemination of our method, we have released both an ImageJ plugin and a standalone application.

The main task that remains as further work is the development of a segmentation algorithm that works properly for images acquired under different conditions and using different equipment, and that does not require the configuration of several parameters. The most promising research line in this direction is the construction of deep learning segmentation models; however, there is a wide variety of segmentation algorithms; hence, a thorough study will be necessary.

Availability and requirements

SpheroidJ will be made freely available after the revision process. The ImageJ
version of SpheroidJ can be installed from the ImageJ updater by adding the
SpheroidJ site. The standalone tool can be installed from the project webpage.
The datasets and ground truth employed in this work are also available at the
project webpage.

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