

Cycle-Consistent Learning for Joint Layout-to-Image Generation and Object Detection

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<https://github.com/NUST-Machine-Intelligence-Laboratory/GDCC>

Abstract

In this paper, we propose a generation-detection cycle consistent (GDCC) learning framework that jointly optimizes both layout-to-image (L2I) generation and object detection (OD) tasks in an end-to-end manner. The key of GDCC lies in the inherent duality between the two tasks, where L2I takes all object boxes and labels as input conditions to generate images, and OD maps images back to these layout conditions. Specifically, in GDCC, L2I generation is guided by a layout translation cycle loss, ensuring that the layouts used to generate images align with those predicted from the synthesized images. Similarly, OD benefits from an image translation cycle loss, which enforces consistency between the synthesized images fed into the detector and those generated from predicted layouts. While current L2I and OD tasks benefit from large-scale annotated layout-image pairs, our GDCC enables more efficient use of auto-synthesized data, thereby further enhancing data efficiency. It is worth noting that our GDCC framework is computationally efficient thanks to the perturbative single-step sampling strategy and a priority timestep re-sampling strategy during training. Besides, GDCC preserves the architectures of L2I, OD models, and the generation pipeline within the framework, thus maintaining the original inference speed. Extensive experiments demonstrate that GDCC significantly improves the controllability of diffusion models and the accuracy of object detectors.

1. Introduction

Recent advancements in both layout-to-image (L2I) generation [36] and object detection (OD) [20] tasks have achieved remarkable success, largely driven by the availability of large-scale annotated datasets. Specifically, L2I

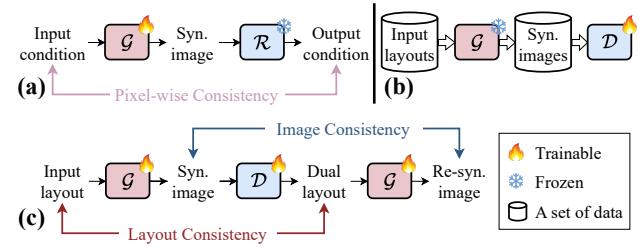


Figure 1. **Overall comparison.** (a) Some works such as [33] use a pre-trained discriminative reward model \mathcal{R} to fine-tune the L2I generator \mathcal{G} . (b) Some [6, 70] show that the synthesized images provided by a pre-trained \mathcal{G} can improve the performance of the object detector \mathcal{D} . (c) GDCC enables mutual enhancement between \mathcal{G} and \mathcal{D} through cycle-consistent learning. See §1.

generation methods incorporate image-based [33, 36, 79] or prompt-based [6, 77] conditional controls into text-to-image (T2I) diffusion models [52] to achieve more precise control over the instance placement during image synthesis. These methods train diffusion models to generate realistic images from structured layouts, which include bounding boxes and object class labels that define the spatial positioning and types of objects in the scene. On the other hand, OD takes an image as input and identifies the objects within it by predicting their bounding boxes and class labels. Current advancements have led to significant improvements in the precision of instance placement for L2I generation and the prediction accuracy of OD models.

Although both L2I generation and OD have been extensively studied, few have noticed the strong correlation between these two tasks, *i.e.*, they can be viewed as inverse tasks of each other, where L2I maps layouts to images and OD maps images to layouts. This natural duality between these two tasks has largely been overlooked in previous research. Our key finding is that such duality can be effectively leveraged to improve the performance of both tasks. Specifically, if we map an image to its corresponding layout using an OD model, and then map that layout back to an image using an L2I model, we should ideally recover the origi-

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nal image. Similarly, mapping a layout to an image and then mapping that image back should yield the original layout. This *cycle consistency* not only enforces tighter alignment between two tasks but also provides a natural regularization that enhances the learning processes of both tasks. Moreover, the cycle consistency allows for the use of synthetic data, opening up possibilities for improving data efficiency.

Based on the above insight, in this paper, we are the first to propose a **generation-detection cycle consistent** (GDCC) learning framework that jointly optimizes L2I generation and OD in an end-to-end manner. In GDCC, consistency is maintained in two directions through two key components: (i) the **layout translation cycle loss**, which ensures consistency between the original layouts used to generate images and those predicted from the synthesized images, and (ii) the **image translation cycle loss**, which enforces consistency between the synthesized images and those reconstructed from the layouts predicted by the detector. These two losses guide the learning process in a cycle-consistent manner, ensuring tight alignment between the tasks during training and fostering mutual enhancement, which leads to more controllable diffusion models and more accurate object detectors.

Our GDCC framework offers several key advantages. First, GDCC enables mutual enhancement between L2I generation and OD, setting it apart from earlier approaches that focus on using one task to improve the other [6, 33, 70].

Such mutual enhancement results in more powerful L2I or OD models, as opposed to relying on pre-trained ones that are not fully optimized for improving the other task and may introduce errors during the training. Second, GDCC shows superior data efficiency by effectively utilizing auto-synthesized layout data, a capability not achieved by previous methods. Third, GDCC is computationally efficient in both training and inference. Our training process is accelerated by a perturbative single-step sampling strategy and a priority timestep re-sampling strategy. Fourth, GDCC serves as a training framework that retains the original architectures of both L2I and OD models, as well as the generation pipeline, ensuring inference speed is maintained. The key contributions of this paper are as follows:

- We are the first to identify the duality between L2I generation and OD, an insight that has previously been overlooked in the literature.
- Inspired by the task duality, we propose a **generation-detection cycle consistent** (GDCC) framework that jointly optimizes both tasks in an end-to-end manner and enables mutual enhancement between them.
- Our GDCC demonstrates both data and computational efficiency by allowing for the use of auto-synthesized data and incorporating a perturbative single-step sam-

pling strategy along with a priority timestep re-sampling strategy to accelerate training.

Extensive experimental results confirm that GDCC establishes new benchmarks in both L2I generation and OD. For L2I generation, it achieves up to a 2.1% FID improvement over baseline L2I methods, and shows a 2.3% increase in YOLO score, indicating superior alignment between generated images and conditional layouts. For OD, GDCC achieves up to a 1.2% end-to-end improvement in AP, further validating the mutual enhancement between two tasks. With the incorporation of additional auto-synthesized training data, GDCC further achieves a 2.8% gain in detector mAP and a 3.0% enhancement in generator FID. These results confirm the effectiveness of our cycle-consistent framework in improving the controllability of diffusion models for image synthesis and the accuracy of detectors.

2. Related Work

Diffusion Models. Diffusion probabilistic models, first introduced in [57], have witnessed significant advancements both theoretically [13, 24, 31] and methodologically [25, 58, 59] in recent years. Latent Diffusion Model [52] further reduces computational costs by applying the diffusion process in the latent feature space rather than the pixel space. Due to their exceptional sample quality, diffusion models have set new standards across various benchmarks [11, 65, 75], including image editing [2, 22, 29, 40, 45], image-to-image transformation [32, 54, 64], and text-to-image (T2I) generation [16, 46, 47, 49, 50, 52, 55, 69]. Recent layout-to-image (L2I) studies seek to achieve more precise control over instance placement by extending pre-trained T2I models with layout conditions such as bounding boxes and object labels. Early approaches [27, 36, 60, 62, 76, 80] relied on a closed-set vocabulary from training labels (*e.g.*, COCO [3]) without using text prompts. With the emergence of image-text models such as CLIP [48], open-vocabulary methods became feasible [6, 7, 9, 10, 70, 72, 77, 82]. These methods incorporate layout information as text embeddings into pre-trained T2I diffusion models [52] to achieve more precise control over instance positioning.

In this paper, we boost L2I generation performance from a new perspective by proposing a cycle-consistent learning framework to achieve mutual benefits with OD, which naturally performs the inverse mapping of L2I from images to layouts. Our framework is computationally efficient thanks to the perturbative single-step sampling strategy and a priority timestep re-sampling strategy, while maintaining the same inference cost as the original L2I and OD models.

L2I Generation and OD. Several works have involved both L2I and OD tasks, but primarily use one to enhance the other. For example, ControlNet++ [33] uses pre-trained discriminative reward models to fine-tune controllable diffu-

sion models. However, these reward models are constrained by their original training data and struggle to adapt to the styles of synthesized images, which hinders their ability to provide more accurate feedback signals for training L2I models. On the other hand, methods [6, 61, 81] explore using synthetic data from diffusion models to improve object detection and segmentation. GeoDiffusion [6] demonstrates that OD can benefit from high-quality synthesized data generated by L2I models. DetDiffusion [70] leverages perceptive models (e.g., semantic segmentation) to enhance generation controllability and improve downstream OD performance, but introduces an extra perceptual model and lacks end-to-end joint optimization between the L2I and OD models. Despite these advances, the potential of tuning L2I models to generate samples specifically designed to boost OD performance remains underexplored.

This paper, for the first time, fully recognizes the duality between L2I and OD tasks and proposes a unified framework GDCC that enables *mutual enhancement* between the two tasks. Furthermore, in addition to leveraging large-scale paired layout-image data, our framework can utilize synthetic layout data, resulting in superior data efficiency.

Cycle-Consistent Learning. Cycle-consistent learning is a technique that leverages cyclic transformations to regularize the training process, ensuring that the data or tasks remain aligned when converted back and forth between representations. It can be applied within a single task through sample cycling, such as object tracking [43, 67, 71], temporal representation learning [14], visual acoustic matching [44], and image generation [8, 30, 33, 37, 74, 83]. It has also been shown to improve model performance across related tasks such as question answering *v.s.* question generation [34, 56, 63], captioning *v.s.* grounding [18, 68], vision-language navigation *v.s.* instruction generation [66], *etc.*

In this paper, we explore the uncharted potential of cycle-consistent learning between L2I generation and OD tasks, wherein the correlation and inherent duality have long been overlooked. These two tasks are seamlessly integrated into an end-to-end cycle-consistent learning framework, where their symmetrical structures provide informative feedback signals that enhance each other. Moreover, our framework allows for the usage of synthetic layout data, leading to superior data efficiency.

3. Methodology

In §3.1, we first introduce the preliminaries of diffusion-based L2I generation and OD. We then explore the inherent duality between these two tasks and show how GDCC utilizes cycle consistency to achieve mutual improvement (§3.2.1). Finally, we show GDCC (§3.2.2) and GDCC with extra auto-synthesized data (§3.2.3).

3.1. Preliminary

Diffusion-based L2I Generation.

Diffusion models (DMs) [11, 13, 25], functioning by progressively transforming an initial random noise distribution into a coherent image, have arisen as renowned T2I generation methods. DMs define a T -step Markovian diffusion forward process to add Gaussian noise ϵ into input image \mathbf{x}_0 :

$$\mathbf{x}_t = \sqrt{\bar{\alpha}_t} \mathbf{x}_0 + \sqrt{1 - \bar{\alpha}_t} \epsilon, \quad \epsilon \sim \mathcal{N}(\mathbf{0}, I), \quad (1)$$

where \mathbf{x}_t is the perturbed image, t is the timestep, $\bar{\alpha}_t = \prod_{s=0}^t \alpha_s$, and $\alpha_t = 1 - \beta_t$ is a differentiable function of t determined by the denoising sampler.

Diffusion-based L2I generation introduces additional control over DMs by incorporating layout conditions. Given a text prompt \mathbf{y} and a layout condition \mathbf{l} , the training loss can be formulated as:

$$\mathcal{L}_{\text{dm}} = \mathbb{E}_{t, \mathbf{x}_0, \mathbf{y}, \mathbf{l}, \epsilon \sim \mathcal{N}(0, 1)} \|\epsilon - \epsilon_\theta(t, \mathbf{x}_t, \mathbf{y}, \mathbf{l})\|_2^2, \quad (2)$$

where ϵ_θ is the noise predictor realized as a U-Net [53].

During the sampling stage of L2I generation, the denoising process progressively eliminates the noise estimated by the diffusion model from a randomly sampled noise to predict the final image. Given noise ϵ , conditional text \mathbf{y} , and layout \mathbf{l} , the sampling process can be simplified to:

$$\mathbf{x}^{\text{syn}} = \mathcal{G}^T(t, \epsilon, \mathbf{y}, \mathbf{l}), \quad \epsilon \sim \mathcal{N}(\mathbf{0}, I), \quad (3)$$

where $\mathbf{x}^{\text{syn}} \in \mathbb{R}^{H \times W \times 3}$ represents the synthesized image, and \mathcal{G}^T denotes an L2I generator that performs T denoising steps. The layout $\mathbf{l} = \{(\mathbf{b}_n, c_n)\}_{n=1}^N \in \mathbb{R}^{N \times 5}$ consists of N bounding boxes, where each bounding box $\mathbf{b}_n = [x_{n,1}, y_{n,1}, x_{n,2}, y_{n,2}]$ defines the spatial location of object n , and $c_n \in \mathcal{C}$ denotes its corresponding semantic class.

Object Detection. This task aims to train a detector $\mathcal{D}(\cdot)$ to identify and localize objects within an image by predicting bounding boxes and their corresponding class labels:

$$\mathbf{l} = \mathcal{D}(\mathbf{x}), \quad (4)$$

where $\mathbf{x} \in \mathbb{R}^{H \times W \times 3}$ denotes the input image, and $\mathbf{l} = \{(\mathbf{b}_n, c_n)\}_{n=1}^{N'} \in \mathbb{R}^{N' \times 5}$ is the N' predicted layouts for the N objects in the image.

3.2. Generation-Detection Cycle-Consistent Learning Framework

3.2.1. Task Duality and Cycle-Consistency

From §3.1, it becomes evident that L2I and OD can be viewed as inverse tasks of each other, where the input and output of L2I generation correspond to the output and input of OD, respectively.

Though largely overlooked in previous research, such task duality can be effectively leveraged to improve both tasks through cycle consistency learning.

Specifically, if a layout is mapped to an image using an L2I generator \mathcal{G} , and then mapped back to a layout using an object detector \mathcal{D} , the process should recover the original layout. This forces consistency in what we term a **layout translation cycle**, ensuring more precise and realistic image generation that faithfully reflects input layouts.

Similarly, mapping an image to a layout and then back again should ideally recover the original image. This ensures consistency in an **image translation cycle**, which enhances its ability to accurately predict layouts from images.

These two cycle-consistent learning processes improve both \mathcal{G} and \mathcal{D} in an end-to-end manner, with each receiving feedback from the other.

In the following, we will present GDCC (§3.2.2) and GDCC with extra auto-synthesized data (§3.2.3).

3.2.2. GDCC

In the paired data setting, each image $\mathbf{x}_0 \in \mathbb{R}^{H \times W \times 3}$ is annotated with a structured layout $\mathbf{l} \in \mathbb{R}^{N \times 5}$ that includes bounding boxes and class labels for the objects in the image. The framework is shown in Fig. 2. Below, we detail the learning process of GDCC in this context.

Layout Translation Cycle.

As discussed in §3.2.1, in this process, \mathcal{G} is optimized to minimize the discrepancy between the predicted and the original input layouts to achieve more precise and realistic image generation that faithfully reflects the input layout.

Specifically, given an L2I generation model \mathcal{G} and the layout input $\mathbf{l} \in \mathbb{R}^{N \times 5}$, a conditionally synthesized images $\mathbf{x}_1^{\text{syn}} \in \mathbb{R}^{H \times W \times 3}$ can be obtained as follows:

$$\mathbf{x}_1^{\text{syn}} = \mathcal{G}^T(t, \epsilon, \mathbf{y}, \mathbf{l}). \quad (5)$$

Next, a pre-trained object detector \mathcal{D} is employed to map $\mathbf{x}_1^{\text{syn}}$ back into the layout space:

$$\hat{\mathbf{l}} = \mathcal{D}(\mathbf{x}_1^{\text{syn}}), \quad (6)$$

where a score threshold s_{thre} is applied to filter the predicted bounding boxes, leading to a more stable training process. The **layout translation cycle loss** $\mathcal{L}_{\text{layoutTC}}$ is then computed by measuring the similarity between the input layout \mathbf{l} and its dual layout $\hat{\mathbf{l}} \in \mathbb{R}^{N \times 5}$:

$$\begin{aligned} \mathcal{L}_{\text{layoutTC}} &= \mathcal{L}_{\text{bbox}}(\mathbf{l}, \hat{\mathbf{l}}) \\ &= \mathcal{L}_{\text{reg}}(\{\mathbf{b}_n\}_{n=1}^N, \{\hat{\mathbf{b}}_n\}_{n=1}^{N'}) \\ &\quad + \mathcal{L}_{\text{cls}}(\{\mathbf{c}_n\}_{n=1}^N, \{\hat{\mathbf{c}}_n\}_{n=1}^{N'}), \end{aligned} \quad (7)$$

where N' is the number of detected objects and the bounding box loss $\mathcal{L}_{\text{bbox}}$ consists of a smooth L1 loss \mathcal{L}_{reg} for regression and a cross-entropy loss \mathcal{L}_{cls} for classification.

Perturbative Single-step Sampling. The T -step samplings process to generate $\mathbf{x}_1^{\text{syn}}$ in Eq. (5) is time-consuming and requires gradient storage at each timestep to facilitate back-propagation, which reduces the efficiency of layout translation cycle. Inspired by [33], we implement a *perturbative*

single-step denoising strategy to accelerate the L2I process. Instead of generating $\mathbf{x}_1^{\text{syn}}$ from Gaussian noise, we obtain a special noise $\mathbf{x}_t^{\text{pert}}$ by perturbing image \mathbf{x}_0 with a small noise ϵ_0 for $t \leq t_{\text{thre}}$ diffusion steps, where t_{thre} is a hyper-parameter that constrains ϵ_0 to be relatively small:

$$\mathbf{x}_t^{\text{pert}} = \sqrt{\bar{\alpha}_t} \mathbf{x}_0 + \sqrt{1 - \bar{\alpha}_t} \epsilon_0. \quad (8)$$

We then perform a single-step denoising process on $\mathbf{x}_t^{\text{pert}}$ to achieve L2I generation and obtain $\mathbf{x}_1^{\text{syn}}$:

$$\begin{aligned} \mathbf{x}_1^{\text{syn}} &= \frac{\mathbf{x}_t^{\text{pert}} - \sqrt{1 - \alpha_t} \epsilon_\theta(t - 1, \mathbf{x}_t^{\text{pert}}, \mathbf{y}, \mathbf{l})}{\sqrt{\alpha_t}} \\ &= \mathcal{G}(t, \mathbf{x}_t^{\text{pert}}, \mathbf{y}, \mathbf{l}), \end{aligned} \quad (9)$$

where \mathcal{G} denotes the L2I generator that performs perturbative single-step denoising, which is guided by the diffusion model loss \mathcal{L}_{dm} defined in Eq. (2).

In summary, the total loss for training \mathcal{G} in the layout transition cycle for the paired data setting is defined as follows:

$$\mathcal{L}_{\text{gen}} = \begin{cases} \mathcal{L}_{\text{dm}} + \lambda_1 \cdot \mathcal{L}_{\text{layoutTC}} & \text{if } t \leq t_{\text{thre}} \\ \mathcal{L}_{\text{dm}} & \text{otherwise} \end{cases}. \quad (10)$$

Here, λ_1 adjusts the weight of the layout translation cycle loss $\mathcal{L}_{\text{layoutTC}}$, and t_{thre} denotes a threshold beyond which $\mathcal{L}_{\text{layoutTC}}$ is no longer applied, as the noise introduced in the perturbative single-step sampling process becomes too large to yield desired $\mathbf{x}_t^{\text{pert}}$ and $\mathbf{x}_1^{\text{syn}}$ for consistency learning.

Image Translation Cycle.

As discussed in §3.2.1, in this process, \mathcal{D} is optimized to minimize the difference between the predicted and original images, thereby improving its ability to accurately predict layouts.

Formally, the layout $\hat{\mathbf{l}}$ obtained from $\mathbf{x}_1^{\text{syn}}$ (cf., Eq. (6)) can be remap to image space by \mathcal{G} , resulting in $\mathbf{x}_2^{\text{syn}} \in \mathbb{R}^{H \times W \times 3}$. The **image translation cycle loss** $\mathcal{L}_{\text{imageTC}}$ is then computed by evaluating the similarity between $\mathbf{x}_1^{\text{syn}}$ (cf. Eq. (9)) and $\mathbf{x}_2^{\text{syn}}$:

$$\begin{aligned} \mathcal{L}_{\text{imageTC}} &= \|\mathcal{G}(t, \mathbf{x}_t^{\text{pert}}, \mathbf{y}, \mathbf{l}) - \mathcal{G}(t, \mathbf{x}_t^{\text{pert}}, \mathbf{y}, \hat{\mathbf{l}})\|_2^2 \\ &= \|[\mathbf{x}_t^{\text{pert}} - \sqrt{1 - \bar{\alpha}_t} \epsilon_\theta(t, \mathbf{x}_t^{\text{pert}}, \mathbf{y}, \mathbf{l})]\|/\sqrt{\bar{\alpha}_t} \\ &\quad - \|[\mathbf{x}_t^{\text{pert}} - \sqrt{1 - \bar{\alpha}_t} \epsilon_\theta(t, \mathbf{x}_t^{\text{pert}}, \mathbf{y}, \hat{\mathbf{l}})]\|/\sqrt{\bar{\alpha}_t}\|_2^2 \\ &= (\sqrt{(1 - \bar{\alpha}_t)/\bar{\alpha}_t}) \|\epsilon_\theta(t, \mathbf{x}_t^{\text{pert}}, \mathbf{y}, \mathbf{l}) \\ &\quad - \epsilon_\theta(t, \mathbf{x}_t^{\text{pert}}, \mathbf{y}, \hat{\mathbf{l}})\|_2^2. \end{aligned} \quad (11)$$

We obtain $\mathcal{L}_{\text{imageTC}} = \mathbb{E}_{t, \mathbf{x}_0, \mathbf{y}, \mathbf{l}, \epsilon \sim \mathcal{N}(0, 1)} \|\epsilon_\theta(t, \mathbf{x}_t^{\text{pert}}, \mathbf{y}, \mathbf{l}) - \epsilon_\theta(t, \mathbf{x}_t^{\text{pert}}, \mathbf{y}, \hat{\mathbf{l}})\|_2^2$ by omitting the scaling factor. As seen, with the above perturbative single-step denoising strategy, the image translation cycle only requires to compute the noise predicted by the U-Net denoiser ϵ_θ at timestep t during two generation forward translations, which significantly improves the efficiency of GDCC.

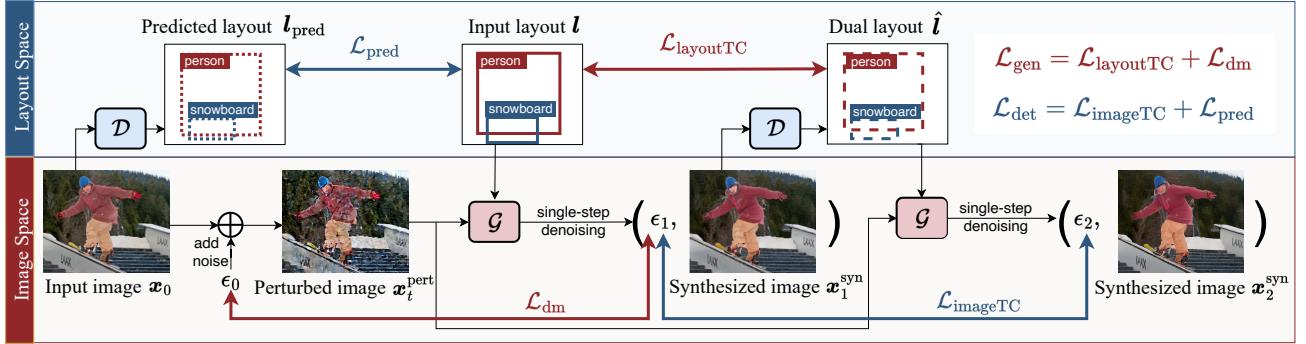


Figure 2. **GDCC framework in paired data setting.** The L2I generator \mathcal{G} maps from the layout space to the image space, while the object detector \mathcal{D} performs the inverse mapping. Given a paired data with an input image \mathbf{x}_0 and its corresponding layout \mathbf{l} , \mathcal{G} is trained with the layout translation cycle loss $\mathcal{L}_{\text{layoutTC}}$ and the diffusion model loss \mathcal{L}_{dm} , and \mathcal{D} is trained with the image translation cycle loss $\mathcal{L}_{\text{imageTC}}$ and the prediction loss $\mathcal{L}_{\text{pred}}$. See §3.2.2 for details.

To maintain the performance of \mathcal{D} on real-world data, we make full use of the paired data by predicting the layout $\mathbf{l}_{\text{pred}} \in \mathbb{R}^{N \times 5}$ from image \mathbf{x}_0 , and minimizing the prediction loss between \mathbf{l}_{pred} and the annotated layout \mathbf{l} , defined as $\mathcal{L}_{\text{pred}} = \mathcal{L}_{\text{bbox}}(\mathbf{l}, \mathbf{l}_{\text{pred}})$, during the training of \mathcal{D} . In summary, the total loss for training \mathcal{D} in the image translation cycle in paired data setting is as follows:

$$\mathcal{L}_{\text{det}} = \begin{cases} \mathcal{L}_{\text{pred}} + \lambda_2 \cdot \mathcal{L}_{\text{imageTC}} & \text{if } t \leq t_{\text{thre}} \\ \mathcal{L}_{\text{pred}} & \text{otherwise} \end{cases}. \quad (12)$$

Similar to Eq. (10), λ_2 is the weight of $\mathcal{L}_{\text{imageTC}}$. Image translation cycle is performed within t_{thre} timesteps to fulfill the constraint of the perturbative single-step denoising.

Priority Timestep Re-Sampling. In the process of perturbative single-step sampling, the t_{thre} value is supposed to be small to ensure that ϵ_0 remains relatively constrained. However, the traditional uniform sampling strategy leads to a low cycle reward probability (*i.e.*, $t_{\text{thre}}/t_{\text{max}}$), resulting in slow convergence. Thus, we introduce the re-weighting factor w to increase the reward probability from $w * t_{\text{thre}}/t_{\text{max}}$. The re-weighted timestep sampling probability $p_{\text{reweight}}(t)$ for each interval is given by:

$$p_{\text{reweight}}(t) = \begin{cases} w * t_{\text{thre}}/t_{\text{max}} & \text{if } t \leq t_{\text{thre}} \\ 1 - w * t_{\text{thre}}/t_{\text{max}} & \text{otherwise} \end{cases}. \quad (13)$$

When $t \leq t_{\text{thre}}$, the layout and image translation cycle losses, as defined in Eq. (10) and (12), are triggered. The effectiveness of this re-sampling strategy is demonstrated by the results shown in Table 5b. The re-sampling strategy increases the reward frequency, simultaneously regulating the balance between the reward and the original loss terms (*i.e.*, \mathcal{L}_{dm} and $\mathcal{L}_{\text{pred}}$). An appropriately chosen w enhances reward training efficiency, achieving superior results within a fraction of the original training time.

3.2.3. GDCC with Extra Auto-Synthesized Data

In this section, we explore GDCC learning with extra auto-synthesized data. In addition to leveraging large-scale annotated layout-image pairs to achieve mutual improvement of the L2I generator and object detector, GDCC also facilitates more efficient use of *annotation-free* auto-synthesized data, thereby further enhancing data efficiency.

To generate additional synthetic layouts, we employ VisorGPT [73], a recently developed generative model pre-trained on COCO [38] that autonomously samples layouts based on its learned visual priors. Specifically, we first input the class names and the corresponding number of instances from each image in the training set into VisorGPT to sample synthetic layouts $\mathbf{l}^{\text{syn}} \in \mathbb{R}^{N \times 5}$. Second, the synthetic layouts are fed into the generator \mathcal{G} to obtain corresponding generated synthetic images $\mathbf{x}_0^{\text{syn}} \in \mathbb{R}^{H \times W \times 3}$. Third, to construct an augmented training set \mathcal{S}^{new} , we incorporate the synthetic data \mathcal{S}^{syn} into the original training set \mathcal{S} : $\mathcal{S}^{\text{new}} = \mathcal{S} \cup \mathcal{S}^{\text{syn}}$. Experimental results are presented in Table 3. As shown, incorporating additional synthetic data further enhances the performance, demonstrating the data efficiency of GDCC and the great potential of leveraging synthetic data to improve both the generator and detector.

4. Experiments

4.1. Experimental Setup

Following [6], we train and evaluate the models on the COCO [3, 38] and NuImages [4] datasets. For L2I generation models, *fidelity* is evaluated using Frechet Inception Distance (FID) [23] and YOLO score [36], while *trainability* is measured by re-training object detection (OD) models on the synthetic and real data using Average Precision (AP). For OD models, detection fine-tuning performance is assessed using AP. Related details are shown in Appendix §B.

Training. We fine-tune the pre-trained generators *i.e.*, GeoDiffusion [6] and ControlNet [79], and a object detector,

Method	Res.	Epoch	FID ↓	mAP ↑	AP ₅₀ ↑	AP ₇₅ ↑
LostGAN [60] [ICCV 19]		200	42.55	9.1	15.3	9.8
LAMA [36] [ICCV 21]		200	31.12	13.4	19.7	14.9
CAL2IM [21] [CVPR 21]		200	25.95	10.0	14.9	11.1
Taming [27] [ArXiv 21]		128	33.68	-	-	-
TwFA [76] [CVPR 22]	256 ²	300	22.15	-	28.2	20.1
Frido [15] [AAAI 23]		200	37.14	17.2	-	-
L.Diffusion [†] [82] [CVPR 23]		180	22.65	14.9	27.5	14.9
DetDiffusion [‡] [70] [CVPR 24]		60	19.28	29.8	38.6	34.1
GeoDiffusion [6] [ICLR 24]		60	20.16	29.1	38.9	33.6
+ plain fine-tuning		2	20.13	29.3	39.0	33.9
+ GDCC		2	18.02	31.4	41.2	36.4
ReCo [†] [77] [CVPR 23]		100	29.69	18.8	33.5	19.7
L.Diffuse [†] [9] [ArXiv 23]		60	22.20	11.4	23.1	10.1
GLIGEN [35] [CVPR 23]		86	21.04	22.4	36.5	24.1
ControlNet [79] [ICCV 23]	512 ²	60	28.14	25.2	46.7	22.7
+ plain fine-tuning		2	28.06	25.4	46.7	23.0
+ GDCC		2	26.38	27.0	47.9	24.2
GeoDiffusion [6] [ICLR 24]		60	18.89	30.6	41.7	35.6
+ plain fine-tuning		2	18.78	30.9	41.9	35.7
+ GDCC		2	17.15	32.6	43.6	38.0

Table 1. **Quantitative results of generation fidelity on COCO 2017 [38].** GDCC is fine-tuned for 2 epochs on pre-trained L2I methods. “plain fine-tuning” refers to continuing training L2I model for same extra epochs as GDCC. [†]: re-implementation from GeoDiffusion [6]. [‡]: with additional mask annotations. YOLO score is reported as AP metrics. See §4.2 for details.

i.e., Faster R-CNN [51] for a few more epochs. For GeoDiffusion, experiments on both COCO [3, 38] and NuImages [4] are performed. In this process, only the U-Net denoiser parameters are updated, while all other parameters remain fixed. GeoDiffusion is fine-tuned for 2 epochs on COCO-Stuff and 3 epochs on NuImages, which is remarkably efficient. For ControlNet, we finetune the pretrained ControlNet using GDCC for 2 epochs by updating only the ControlNet-specific parameters and keep all others frozen. Related details are shown in Appendix §B.

Faster R-CNN [51], pre-trained separately on the COCO 2017 and the NuImages training sets, is employed for the respective datasets. A score threshold $s_{\text{thre}} = 0.5$ is used to filter the predicted bounding boxes. Each filtered bounding box is assigned to a ground truth box with an Intersection over Union (IoU) of at least 0.5, or classified as background. **Testing.** Our GDCC framework preserves the original architectures of all the L2I and OD models, as well as the layout encoding approach of L2I models, ensuring that the inference speed of each model remains unchanged.

Following GeoDiffusion [6], fidelity is assessed using a Mask R-CNN [20] pre-trained on the NuImages training set for NuImages dataset [4]. A YOLOv4 [1] model pre-trained on COCO 2017 training set is used to derive YOLO score. The pre-trained detector first performs inference on the generated images, and the resulting predictions are then compared with the corresponding ground truth annotations. FID is achieved by computing the similarity between generated

Method	mAP ↑	AP ₅₀ ↑	AP ₇₅ ↑	AP ^m ↑	AP ^l ↑
– Detection Fine-tuning –					
Faster R-CNN [51] [NIPS 15]	37.3	58.2	40.8	40.7	48.2
+ plain fine-tuning	37.5 \uparrow 0.2	58.4	40.9	40.8	48.4
+ GDCC	38.5 \uparrow 1.2	58.7	42.2	41.7	49.4
– Generation Trainability –					
L.Diffusion [82] [CVPR 23]	36.5 \downarrow 0.8	57.0	39.5	39.7	47.5
L.Diffuse [9] [ArXiv 23]	36.6 \downarrow 0.7	57.4	39.5	40.0	47.4
GLIGEN [35] [CVPR 23]	36.8 \downarrow 0.5	57.6	39.9	40.3	47.9
ControlNet [79] [ICCV 23]	36.9 \downarrow 0.4	57.8	39.6	40.4	49.0
GeoDiffusion [6] [ICLR 24]	38.4 \uparrow 1.1	58.5	42.4	42.1	50.3
+ plain fine-tuning	38.5 \uparrow 1.2	58.6	42.4	42.2	50.3
+ GDCC	39.0 \uparrow 1.7	58.9	43.1	42.6	50.7

Table 2. **Quantitative results of detection fine-tuning and generation trainability on COCO 2017 [38].** Detection fine-tuning refers to fine-tuning the detector for 2 epochs during the training of GDCC, while generative trainability denotes the re-training of the detector on generated and real samples. “plain fine-tuning” refers to continuing training OD or L2I model for the same extra epochs as GDCC. A Faster R-CNN pre-trained on COCO 2017 is employed as the baseline. Detectors are evaluated on COCO 2017 validation set after training. The input resolution is set to 800×456 following [6]. See §4.2 for details.

Setting	# Training Data	Generation Trainability ↑	Generation Fidelity		Detection
			FID ↓	YOLO score ↑	Score ↑
Baseline	75k	37.3	20.16	29.1	37.3
real	75k	39.0	18.02	31.4	38.5
real+syn.	75k+75k	39.6	17.54	32.0	38.9
real+syn.	75k+150k	40.1	17.16	32.5	39.2

Table 3. **Quantitative results of using extra auto-synthesized training data on COCO 2017 [38].** “syn.” denotes synthetic layouts and corresponding images generated by GDCC. The “Baseline” for *Detection Score* and *Generation Trainability* is a Faster R-CNN [51] pre-trained on COCO 2017, while the “Baseline” for *Generation Fidelity* is GeoDiffusion [6]. See §3.2.3 and §4.2.

and real samples following [6, 36]. To assess the trainability, we augment the original training data with generated images and their corresponding layouts, creating a unified dataset. We subsequently train Faster R-CNN [51] on this unified dataset using the standard $1 \times$ schedule. Related details are shown in Appendix §C.

4.2. Quantitative Results

Generation Fidelity on COCO 2017 [38]. For generation fidelity, as shown in Table 1, GDCC learning framework significantly improves existing L2I generation methods in terms of both image fidelity, as measured by FID, and control fidelity, as evaluated by YOLO score, by a large degree.

At a 256×256 input resolution, for the GeoDiffusion [6] method, our GDCC framework achieves improvements of **2.3%/2.3%/2.8%** in mAP, mAP₅₀, and mAP₇₅, reaching **31.4%/41.2%/36.4%**, even surpassing the performance of original GeoDiffusion at a 512×512 resolution. Additionally, GDCC achieves a **2.14%** improvement in FID. It is worth noting that, despite DetDiffusion [70]

Method	Res.	Epoch	FID ↓	Average Precision↑								Method	mAP ↑
				mAP	AP ₅₀	AP ₇₅	AP ^m	AP ^l	trailer	ped.	car		
Oracle	-	-	-	48.2	75.0	52.0	46.7	60.5	17.8	48.5	64.9	-	-
LostGAN [60] [ICCV 19]	256 ²	256	59.95	4.4	9.8	3.3	2.1	12.3	0.3	2.7	12.2	Faster R-CNN [51] [NIPS 15]	36.9
LAMA [36] [ICCV 21]		256	63.85	3.2	8.3	1.9	2.0	9.4	1.4	1.3	8.8	+ plain fine-tuning	37.2 ↑ 0.3
Taming [27] [ArXiv 21]		256	32.84	7.4	19.0	4.8	2.8	18.8	6.0	3.0	17.3	+ GDCC	37.9 ↑ 1.0
GeoDiffusion [6] [ICLR 24]		64	14.58	15.6	31.7	13.4	6.3	38.3	13.3	6.5	26.3	-	-
+ plain fine-tuning		3	14.31	15.8	31.8	13.5	6.3	38.5	13.6	6.7	26.3	-	-
+ GDCC		3	12.54	17.5	33.5	15.6	8.3	40.3	15.0	8.1	28.5	-	-
ReCo [77] [CVPR 23]	512 ²	64	27.10	17.1	41.1	11.8	10.9	36.2	8.0	7.6	31.8	LostGAN [60] [ICCV 19]	35.6 ↓ 1.3
GLIGEN [35] [CVPR 23]		64	16.68	21.3	42.1	19.1	15.9	40.8	8.5	14.7	38.7	LAMA [36] [ICCV 21]	35.6 ↓ 1.3
ControlNet [79] [ICCV 23]		64	23.26	22.6	43.9	20.7	17.3	41.9	10.5	16.7	40.7	Taming [27] [ArXiv 21]	35.8 ↓ 1.1
GeoDiffusion [6] [ICLR 24]		64	9.58	31.8	62.9	28.7	27.0	53.8	21.2	18.2	46.0	ReCo [77] [CVPR 23]	36.1 ↓ 0.8
+ plain fine-tuning		3	9.32	32.0	63.1	28.8	27.1	54.1	21.4	18.3	46.0	GLIGEN [35] [CVPR 23]	36.3 ↓ 0.6
+ GDCC		3	7.97	33.6	64.7	30.7	28.6	55.9	29.5	20.2	47.6	ControlNet [79] [ICCV 23]	36.4 ↓ 0.5

Table 4. **Quantitative results of generation fidelity (left), detection fine-tuning, and generation trainability (right) on NuImages[4].** GDCC is fine-tuned for 3 epochs on pre-trained L2I and OD models. “plain fine-tuning” refers to continuing training OD or L2I model for the same extra epochs as GDCC. “ped.” denotes pedestrian. For generation fidelity, YOLO score is reported as AP metrics. See §4.2.



Figure 3. **Generation visual results on COCO 2017 [38].** GDCC is fine-tuned on pre-trained GeoDiffusion [6] for 2 epochs. For fair comparisons, same seed is employed for sampling. See §4.3 for details. For more visualizations, please refer to Appendix §F-G.

employing additional and detailed mask annotations for supervision while GDCC only uses bounding box label, our method still outperforms it. For a 512×512 input, GDCC also achieves **2.0%/1.9%/2.4%** mAP and **1.74%** FID enhancement compared with initial model, demonstrating the **state-of-the-art** performance in L2I generation realm. Based on the classic controllable generator ControlNet [79], GDCC also achieves notable enhancements.

The enhanced FID and YOLO score achieved with GDCC demonstrate its effectiveness. GDCC not only enables precise layout control in generation but also enhances quality of the generated images, improving their resemblance to real-world data. Additionally, the improvements across different controllable generation methods demonstrate that GDCC is not dependent on any specific approach, highlighting its robustness and extensibility. Furthermore, compared with plain fine-tuning with same

epochs, GDCC achieves significant improvement.

Detection Performance and Generation Trainability on COCO 2017 [38]. A Faster R-CNN detector [51] trained on the COCO 2017 training set is employed for detection fine-tuning. To begin with, we set the performance of the detector on COCO 2017 validation set as our baseline.

As can be seen in Table 2, fine-tuning the detector at GDCC training process in an end-to-end manner leads to performance improvements with **1.2%** on the validation set. **For the first time**, we demonstrate that the L2I generation model can be advantageous to the object detector during training in an end-to-end manner, while previous works [6, 70] only use generated images to re-train the detector in the data augmentation manner. To make a comparison of generation trainability, we also re-train the detector with generated and real data with ImageNet [12] pre-trained weights. As shown, GeoDiffusion fine-tuned with

Components	Detection Score ↑	Generation Fidelity FID ↓ YOLO score ↑	t_{thre}	w	Epoch	Hours	mAP ↑	FID ↓	Detectors	Detection Score ↑ original / fine-tuning	Generation Fidelity FID ↓ YOLO score ↑
Baseline	37.3	20.16 29.1	50	0	2	1.9	37.5	20.13	Faster R-CNN [51]	37.3 / 38.5 ↑ 1.2	18.02 31.4
+ \mathcal{L}_{dm}	37.3	20.13 29.3	50	0	6	7.2	38.5	18.11	Mask R-CNN [20]	38.2 / 40.0 ↑ 0.8	17.86 31.6
+ \mathcal{L}_{gen}	37.7	18.94 30.6	50	3	2	2.5	38.0	18.98	Cascade R-CNN [5]	40.3 / 41.3 ↑ 1.0	17.64 31.8
+ $\mathcal{L}_{\text{pred}}$	37.5	20.16 29.1	50	6	2	2.6	38.5	18.02	YOLOX-S [17]	40.5 / 41.8 ↑ 1.3	17.60 31.9
+ \mathcal{L}_{det}	38.0	19.28 29.9	50	9	2	2.7	38.3	18.85	DINO [78]	49.0 / 50.1 ↑ 1.1	17.12 32.5
+ GDCC	38.5	18.02 31.4	100	6	2	2.9	37.9	19.29	CO-DETR [84]	52.0 / 52.9 ↑ 0.9	16.93 32.8

(a) essential components

(b) reward strategy

(c) different detectors

Table 5. **A set of ablative experiments on COCO 2017 [38].** GeoDiffusion [6] pre-trained on COCO [3, 38] is employed as L2I baseline. L2I and detection models are fine-tuned for 2 epochs. In (c), “fine-tuning” indicates optimizing the detector using GDCC. See §4.4.

GDCC achieves **1.7%/0.7%/2.3%** AP improvement over the baseline, demonstrating superior generation trainability.

Generation Fidelity on NuImages [4]. To illustrate the generalizability of GDCC with respect to dataset, more experiments are conducted on NuImages. As presented in Table 4, GDCC outperforms all baselines significantly in FID and YOLO score after three epochs of fine-tuning.

Detection Performance and Generation Trainability on NuImages [4]. As can be seen in Table 4, GDCC achieves improvement on NuImages validation set after fine-tuning Faster-RCNN which is pre-trained on training set. In a data augmentation manner, GDCC demonstrates an accuracy improvement of **2.0%** compared to the baseline.

Performance of Using Extra Auto-Synthesized Data on COCO 2017 [38]. Table 1, 2 use original paired COCO data, while Table 3 explores the use of synthetic data. As shown, using extra annotation-free auto-synthesized data boosts the performance of both generator and detector. As more synthetic data is incorporated, the performance further improves, highlighting the great potential of leveraging synthetic data. With the usage of 150k synthetic layouts and images, the detector mAP improves by **2.8%** through augmentation and **1.9%** in an end-to-end manner, respectively, while the generator FID achieves a **3.0%** gain.

4.3. Qualitative Results

Fig. 3 shows representative generation visual results on COCO 2017, with the same random seed used during sampling to ensure fair comparison. L2I model [6] demonstrates stronger layout controllability (1st and 2nd columns) and superior image fidelity (2nd column) after fine-tuning with GDCC. More generation and detection visualizations are shown in Appendix §F and §G, respectively.

4.4. Diagnostic Experiments

To gain more insights into GDCC, we conduct a set of ablative studies on COCO 2017 [38] using GeoDiffusion [6].

Essential Components. As shown in Table 5a, the diffusion training loss \mathcal{L}_{dm} (cf. Eq. (2)) and the prediction loss $\mathcal{L}_{\text{pred}}$ lead to a slight improvement in generation fidelity and detection score, respectively, due to more iterations on training samples. When fine-tuning the generator with \mathcal{L}_{gen} (cf.

Eq. (10)) which contains both \mathcal{L}_{dm} and layout translation cycle loss $\mathcal{L}_{\text{layoutTC}}$ (cf. Eq. (7)), there is a significant improvement in generation fidelity. Similarity, \mathcal{L}_{det} (cf. Eq. (12)) with image translation cycle loss $\mathcal{L}_{\text{imageTC}}$ (cf. Eq. (11)) further improve detector’s performance. GDCC, fine-tuning both the generator and detector in an end-to-end manner, achieves superior performance compared with each individual component. This indicates the duality of two tasks, and GDCC facilitates mutual enhancement during iterations.

Reward Strategy. A small t_{thre} facilitates the cycle reward process, while w not only increases the frequency of the cycle reward but also controls the balance between the cycle reward and the original \mathcal{L}_{dm} or $\mathcal{L}_{\text{pred}}$. We aim to identify an appropriate value for w while constraining $\mathcal{L}_{\text{pred}}$ within a small range to ensure both the effectiveness and efficiency of the algorithm. Setting $t_{\text{thre}} = 0$ indicates that only \mathcal{L}_{dm} and $\mathcal{L}_{\text{pred}}$ are active. Table 5b shows that: (i) a proper w enhances reward **training efficiency**, achieving better results in only 36% of training time without w ; (ii) a large t_{thre} introduces noise into the reward process.

Different Detectors. GDCC is a general training framework independent of the generators and detectors. In our main experiments, we use Faster R-CNN [51] as the default detector. To evaluate the generalization ability of GDCC, we conduct experiments using different detectors. As shown in Table 5c, GDCC consistently improves both detection and generation scores across all tested detectors.

5. Conclusion

In this paper, we propose GDCC, an end-to-end framework that jointly optimizes L2I generation and OD tasks. By exploring the inherent duality between these two tasks, GDCC facilitates mutual enhancement of L2I and OD models through the layout and image translation cycle losses. Additionally, GDCC allows for more efficient use of auto-synthesized data, further enhancing data efficiency. Notably, our GDCC is computationally efficient thanks to the perturbative single-step sampling and priority timestep resampling strategies during training, while maintaining the same inference cost as the original L2I and OD models. Experiments confirm that GDCC improves both the controllability of L2I models and accuracy of OD.

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