RealmDreamer: Text-Driven 3D Scene Generation with Inpainting and Depth Diffusion

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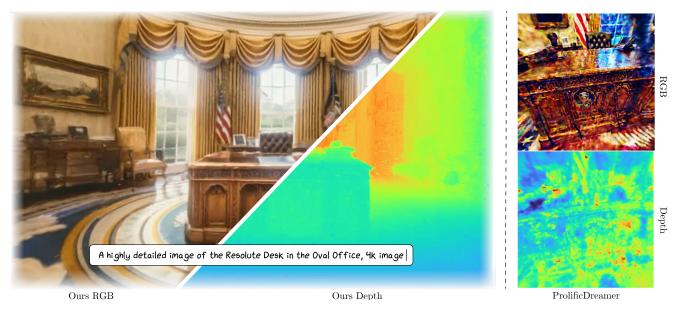


Figure 1. A scene created by our method on the left compared to baseline ProlificDreamer [57] on the right. RealmDreamer generates 3D scenes from text prompts (as above), achieving state-of-the-art results with parallax, detailed appearance, and realistic geometry.

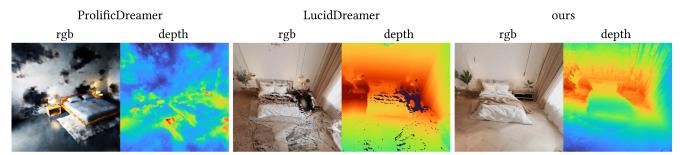
Abstract

We introduce **RealmDreamer**, a technique for generating forward-facing 3D scenes from text descriptions. Our method optimizes a 3D Gaussian Splatting representation to match complex text prompts using pretrained diffusion models. Our key insight is to leverage 2D inpainting diffusion models conditioned on an initial scene estimate to provide low variance and high-fidelity estimates of unknown regions during 3D distillation. In conjunction, we imbue correct geometry with geometric distillation from a depth diffusion model, conditioned on samples from the inpainting model. We find that the initialization of the optimization is crucial, and provide a principled methodology for doing so. Notably, our technique doesn't require video or multi-view data and can synthesize various high-quality 3D scenes in different styles with complex layouts. Further, the generality of our method allows 3D synthesis from a single image. As measured by a comprehensive user study, our method outperforms all existing approaches, preferred by 88-95%. Project page: realmdreamer.github.io

1. Introduction

Text-based 3D scene generation has the potential to revolutionize 3D content creation, with broad applications in virtual reality, game development, and even robotic simulation. However, unlike text-based 2D generative models, 3D data is scarce and lacks diversity, which greatly limits the development of generative 3D techniques. Ideally, one can mitigate this by leveraging rich 2D priors for 3D generation instead. Indeed, object-generation techniques such as DreamFusion [37] and ProlificDreamer [57] do just this, by distilling 2D diffusion priors into a 3D representation, with the latter even demonstrating early abilities to generate scenes. Unfortunately, such distillation approaches can often have saturated results, poor geometry, and lack detail, which become very apparent in the more challenging setting of scene generation (Fig. 2). This leaves the question: How to design a distillation technique for high-quality 3D scene generation from pretrained 2D priors?

A common observation from distillation based objectgeneration techniques is that greater 3D consistency in 2D



"A minimalist bedroom, 4K image, high resolution"

Figure 2. Our method, compared to state-of-the-art ProlificDreamer [57] and concurrent work LucidDreamer [9], shows significant improvements. ProlificDreamer yields unsatisfactory geometry and oversaturated renders. LucidDreamer, receiving the same input as our method and an updated depth model [24], displays degeneracy in disoccluded regions, such as the right side of the bed. In contrast, our approach produces visually appealing 3D scenes with realistic geometry.

diffusion models results in higher-quality distillation, as they provide lower-variance supervision during optimization. As a result, many methods use 2D diffusion models fine-tuned on 3D data [11], such as for novel-view synthesis [16, 31, 38]. Equivalent 3D scene datasets are scarce however, which limits the generalization of such techniques to scenes. Alternatively, ProlificDreamer [57] fine-tuned a diffusion model during distillation to be more 3D consistent, producing more highly-detailed textures than before. In this work, we introduce a technique to achieve these strengths *without* requiring 3D training data or fine-tuning existing 2D diffusion models.

We introduce RealmDreamer, a technique for highfidelity generation of 3D scenes from text prompts (Fig. 1). Our key insight is that we can obtain a 3D scene-aware diffusion model for *free*, by simply re-appropriating 2D inpainting diffusion models. Typically, 2D inpainting models condition on a partial image to fill in the rest. Instead, we demonstrate that such models can also condition on a 3D scene and fill in unknown regions for novel view synthesis through our proposed inpainting distillation process. As a result, we obtain high-quality 3D scenes with considerably improved detail and appearance over prior distillation techniques. Further, we propose a simple initialization strategy that provides a 3D scene to use as conditioning for this distillation and serves as an initial point cloud for the 3DGS model. We evaluate our technique on several quantitative metrics and obtain significantly higher quality results than prior work, as notably shown by a user study where we are preferred over state-of-the-art ProlificDreamer [57] by 95.5%. Concretely, our contributions are the following:

- 1. An occlusion-aware scene initialization for 3DGS, essential for obtaining high-quality scenes (Sec. 4.1).
- 2. A framework for distillation from 2D inpainting diffusion models which conditions on the existing scene, providing lower variance supervision (Sec. 4.2).
- 3. A method for geometry distillation from diffusion-based

depth estimators for higher-fidelity geometry. (Sec. 4.3).

4. State-of-the-art results in text-based generation of 3D scenes, as confirmed by several quantitative metrics and a user study (see Fig. 6, Tab. 1, Tab. 2).

2. Related Work

Text-to-3D. The first methods for text-to-3D generation were based on retrieval from large databases of 3D assets [4, 5, 10]. Subsequently, learning-based methods have dominated [1, 6, 30]. However, due to the dearth of diverse paired text and 3D data, many recent methods leverage 2D priors, such as CLIP [21, 46] or text-to-image diffusion models [8, 27, 37, 56, 57, 60]. These distill knowledge from 2D priors into a 3D representation, through variations on Dreamfusion's score distillation sampling (SDS) [37]. However, these techniques have primarily been limited to object synthesis. In contrast, there are iterative techniques that incrementally build 3D scenes [9, 20] or 3D-consistent perpetual views [13], but can struggle with high parallax. Our proposed technique builds on strengths from distillation and iterative techniques to produce large scale 3D scenes with high parallax using pretrained 2D priors.

View Synthesis with Diffusion and 3D inpainting. Motivated by the success of SDS, several techniques generate 3D objects from a single image by leveraging image-guided diffusion models to generate novel views and distill to 3D [12, 63]. When trained on larger datasets [11], with better conditioning architectures, these approaches [31, 32, 47– 49] can produce higher quality novel view renders with sharper texture. Some methods also condition denoising directly on renderings from 3D consistent models [3, 16] for view synthesis in a multi-view consistent manner. Unfortunately, most techniques rely on object-level data, limiting their use for text-based scene synthesis. 3D inpainting techniques [35, 36] also leverage image-guided diffusion models to remove small objects in scenes. Other works focus on

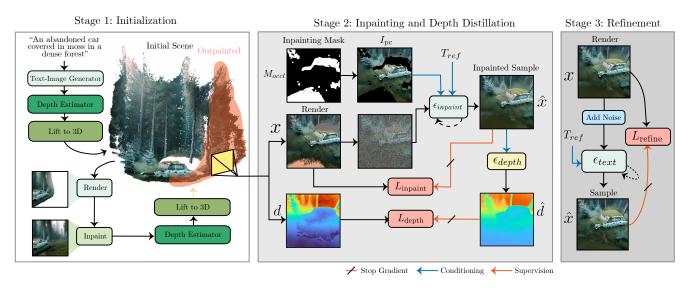


Figure 3. **Overview of our technique.** Our technique first uses a text prompt and an image to build a point cloud (Sec. 4.1), which is then completed during the inpainting stage (Sec. 4.2) with an additional depth diffusion prior (Sec. 4.3), and finally a refinement stage (Sec. 4.4) to improve the scene's coherence.

training custom inpainting models for indoor scenes [26] or objects [22] to generate novel views. In contrast to these, we leverage pre-trained text-guided inpainting priors and focus on generating large missing regions of diverse scenes with our novel inpainting distillation loss.

Concurrent work. In the rapidly evolving text-to-3D field, we focus on the most relevant concurrent works, highlighting our key differences. LucidDreamer [9] and Text2NeRF [61] uses an iterative approach similar to PixelSynth [42] and Text2Room [20] to generate 3D scenes but displays limited parallax. Considering LucidDreamer as the most relevant concurrent baseline, we compare it in the fairest setting possible, by using newer depth estimators [24, 58], and surpass it by 88.5% in our user study. Most recently, in follow-up work, CAT3D [15], utilizes a diffusion model finetuned on multiview datasets to generate multiple views from a single image. In contrast, our entire pipeline does not use multiview images.

3. Preliminaries

3.1. 3D Gaussian Splatting

3D Gaussian Splatting (3DGS) [25] has recently emerged as an explicit alternative to NeRF [34], offering extremely fast rendering speeds and a memory-efficient backwards pass. In 3DGS, a set of splats are optimized from a set of posed images. The soft geometry of each splat is represented by a mean $\mu \in \mathbb{R}^3$, scale vector $s \in \mathbb{R}^3$, and rotation R parameterized by quaternion $q \in \mathbb{R}^4$, so that the covariance of the Gaussian is given by $\Sigma = RSS^TR^T$ where S = Diag(s). Additionally, each splat has a corresponding opacity $\sigma \in \mathbb{R}$ and color $c \in \mathbb{R}^3$.

The splats $\{\Theta_i\}_{i=1}^N = \{\mu_i, s_i, q_i, \sigma_i, c_i\}_{i=1}^N$ are projected to the image plane where their contribution α_i is computed from the projected Gaussian (see [65]) and σ_i . A pixel's color is obtained by α -blending Gaussians sorted by depth:

$$C = \sum_{i=1}^{N} \alpha_i c_i \prod_{j=1}^{i-1} (1 - \alpha_j).$$
 (1)

A significant drawback of 3DGS-based approaches is the necessity of a good initialization. State-of-the-art results are only achieved with means μ_i initialized by the sparse depth of Structure-from-Motion [50], which is not applicable for scene generation. To address this challenge, we generate a prototype of our 3D scene using a text prompt, which we then optimize (Sec. 4.1).

3.2. Conditional Diffusion Models

Diffusion models [19, 23, 51–54] are generative models which learn to map noise $x_T \sim \mathcal{N}(0, I)$ to data by iteratively denoising a set of latents x_t corresponding to decreasing noise levels t using non-deterministic DDPM [19] or deterministic DDIM sampling [52], among others [23, 53, 54].

Given t, a diffusion model ϵ_{θ} is trained to predict the noise ϵ added to the image such that we obtain $\epsilon_{\theta}(x_t, t)$, which approximates the direction to a higher probability density. Often, the data distribution is conditional on quantities such as text T and images I, so the denoiser takes the form $\epsilon_{\theta}(x_t, I, T)$. In the conditional case, classifier-free



 I_{ref} a) Initialization from Stage 1

c) Finetuned Model

Figure 4. Progression of 3D Model after each stage. We show how the 3D model changes after each stage in our pipeline. As shown in a) Stage 1 (Sec. 4.1) creates a point cloud with many empty regions. In b), we show the subsequent inpainted model from Stage 2 (Sec. 4.2). Finally, the fine-tuning stage (Sec. 4.4) refines b) to produce the final model, with greater cohesion and sharper detail.

guidance is often used to obtain the predicted noise [2, 18]:

$$\tilde{e}_{\theta}(x_t, I, T) = e_{\theta}(x_t, \emptyset, \emptyset) + S_I \cdot (e_{\theta}(x_t, I, \emptyset) - e_{\theta}(x_t, \emptyset, \emptyset)) + S_T \cdot (e_{\theta}(x_t, I, T) - e_{\theta}(z_t, I, \emptyset))$$
(2)

where \emptyset indicates no conditioning, and the values S_I and S_T are the guidance weights for image and text, dictating fidelity towards the respective conditions. In the case of latent diffusion models like Stable Diffusion [43], denoising happens in a compressed latent space by encoding and decoding images with an encoder \mathcal{E} and decoder D.

Score Distillation Sampling. Distilling text-to-image diffusion models for text-to-3D generation of object-level data has enjoyed great success since the introduction of Score Distillation Sampling (SDS) [37, 56]. Given a text prompt T and a text-conditioned denoiser $\epsilon_{\theta}(x_t, T)$, SDS optimizes a 3D model by denoising noised renderings. Given a rendering from a 3D model x, we sample a timestep and corresponding x_t . Considering $\hat{x} =$ $\frac{1}{\alpha_t}(x_t - \sigma_t \epsilon_{\theta}(x_t, T))$ as the detached one-step prediction of the denoiser, SDS is equivalent to minimizing [64]:

$$L_{\text{sds}} = \mathbb{E}_{t,\epsilon} \left[w(t) \left\| x - \hat{x} \right\|_2^2 \right]$$
(3)

where w(t) is a time-dependent weight over all cameras with respect to the parameters of the 3D representation, and the distribution of t determines the strength of added noise. In this work, we use a variation of SDS to distill from pretrained-inpainting models (Sec. 4.2)

4. Method

We now describe our technique in detail, which broadly consists of three stages: initialization (left of Fig. 3, Sec. 4.1); inpainting (middle of Fig. 3, Sec. 4.2) with depth distillation (middle of Fig. 3, Sec. 4.3); and finetuning (right of Fig. 3, Sec. 4.4). Given a text-prompt T_{ref} and

camera poses, we initialize the scene-level 3DGS representation $\{\Theta_i\}_{i=1}^N$ leveraging 2D diffusion models and monocular depth priors, along with the computed occlusion vol*ume* (Sec. 4.1). With this robust initialization, we use 2D inpainting models to predict novel views, distilling to 3D to create a complete 3D scene (Sec. 4.2). In this stage, we also incorporate depth distillation for higher-quality geometry (Sec. 4.3). Finally, we refine the model with a sharpness filter on sampled images to obtain high-quality 3D samples (Sec. 4.4). The result from these stages are shown in Fig. 4.

4.1. Initializing a Scene-level 3D Representation

Our technique utilizes 3DGS for text-conditioned optimization, making a good initialization essential. A common strategy in this setting is to initialize with a sphere [28, 37] but the density of a scene is more complex and distributed. Hence, we leverage pretrained 2D priors to synthesize a robust initialization (left of Fig. 3).

Concretely, we first generate a reference image of the scene I_{ref} from the text prompt T_{ref} with a state-of-the-art text-to-image-model. We then employ a monocular depth model [24] \mathcal{D} to lift this image to a pointcloud \mathcal{P} from corresponding camera pose P_{ref} . Depending on the generated image, the extent of the pointcloud can vary widely. To make the initialization more robust, we outpaint I_{ref} by moving the camera left and right of P_{ref} to poses P_{aux} . We use an inpainting diffusion model [43] to fill in the unseen regions which are lifted to 3D using \mathcal{D} . The union of all generated points thus becomes \mathcal{P} .

Determining Incomplete Regions. Given the initial point cloud \mathcal{P} , we then precompute the undetermined 3D region, or the *occlusion volume* \mathcal{O} , which is the set of voxel centers within the scene's occupancy grid which are occluded by the existing points in \mathcal{P} from P_{ref} . We use \mathcal{O} when computing inpainting masks later and define the initialization of our 3DGS means as

$$\{\mu_i\}_{i=1}^N = \mathcal{P} \cup \mathcal{O}. \tag{4}$$

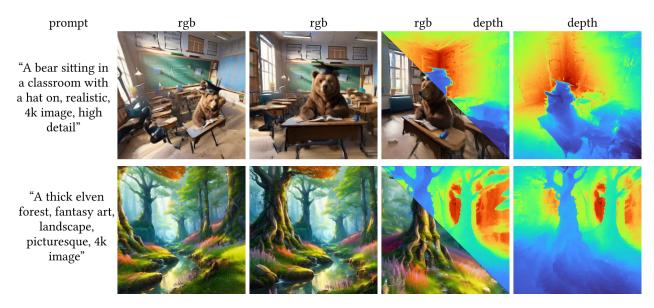


Figure 5. **Qualitative Results.** In the left column, we show the input prompt for our technique. In the next two columns, we show the renderings from our 3D model from different viewpoints. In the fourth column, we show the level of agreement between rendering and geometry by a split view of the rendering and depth. Finally, in the last column, we show the depth map.

More details can be found in the supplementary.

4.2. Inpainting Diffusion for 3D-Conditioned Distillation

Since our initialization is generated from sparse poses, viewing it from novel viewpoints exposes large holes in disoccluded regions (Fig. 4). We resolve this with a novel inpainting distillation technique, that conditions a 2D inpainting diffusion model $\epsilon_{\text{inpaint}}$ [43] on the existing scene to complete missing regions. The model takes as input a noisy rendering x_t of $\{\Theta_i\}_{i=1}^N$, and is conditioned by the text prompt T_{ref} , an occlusion mask M_{occl} , and the point cloud render I_{pc} . Sampling from this model results in novel views \hat{x} which plausibly fill in the holes in the renderings while preserving the structure of the 3D scene (Fig. 3).

Conditioning the inpainting model. To compute the conditioning mask M_{occl} for $\epsilon_{\text{inpaint}}$, we render the point cloud \mathcal{P} and the precomputed occlusion volume \mathcal{O} . We set all components of M_{occl} for which the occlusion volume is visible from the target to 0, and 1 otherwise. Note that this handles cases such as the point cloud occluding itself (see the supplement for a visualization).

Computing the inpainting loss. Our 2D inpainting diffusion model $\epsilon_{\text{inpaint}}$ [43] operates in latent space, thus additionally parametrized by its encoder \mathcal{E} and decoder D. We render an image x with the initialized 3DGS model, and encode it to obtain a latent z, where $z = \mathcal{E}(x)$. We then add noise to this latent, yielding z_t , corresponding to a randomly sampled timestep t from the diffusion model's noise schedule. Using these quantities, we take multiple DDIM [52] steps from z_t to compute a clean latent \hat{z} corresponding to the inpainted image.

We define our inpainting loss in both latent space and image space, by additionally decoding the predicted latent to obtain $\hat{x} = D(\hat{z})$. We compute the L2 loss between the latents of the render and sample, as well as an L2 and LPIPS perceptual [62] loss between the rendered image and the decoded sample. To prevent edits outside of the inpainted region, we also add an anchor loss on the unmasked region of x, as the L2 difference between x and original point cloud render I_{pc} . Our final inpainting loss is

$$L_{\text{inpaint}} = \lambda_{\text{latent}} ||z - \hat{z}||_2^2 + \lambda_{\text{image}} ||x - \hat{x}||_2^2 + \lambda_{\text{lpips}} \text{LPIPS}(x, \hat{x}) + \lambda_{\text{anchor}} ||M_{\text{occl}}(x - I_{\text{pc}})||_2^2$$
(5)

with λ weighting the different terms. We discuss the similarity of this loss with SDS in the supplemetary.

Discussion. In contrast to existing iterative methods which utilize inpainting (such as Text2Room and Lucid-Dreamer), our framework does not iteratively construct a scene with inpainting. In practice, sampling from inpainting models often produces artifacts (such as due to out-of-distribution masks), which iterative approaches can amplify when generating from new poses. In contrast, due to scene-conditioned multiview optimization, we obtain cohesive 3D scenes and do not progressively accumulate errors. Moreover, in contrast to DreamFusion and ProlificDreamer, our method utilizes a scene-conditional diffusion model, providing lower variance updates for effective optimization (see row 2 of Fig. 7). This avoids the high-saturation and blurry results that are typically found (Fig. 6).

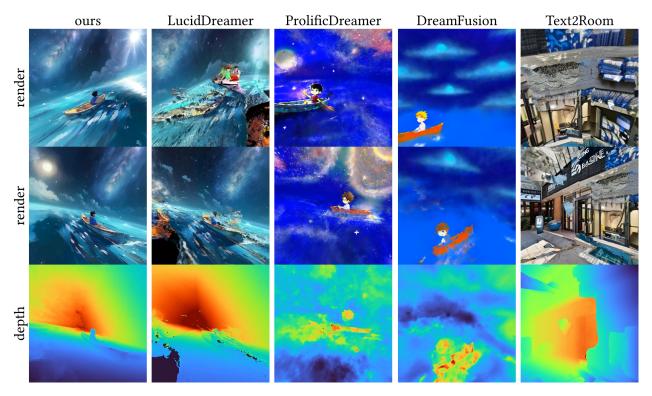


Figure 6. **Qualitative Comparisons.** Our technique shows superior quality in appearance and geometry than all baselines. Please see the supplementary for more comparisons. Prompt: "A boy sitting in a boat in the middle of the ocean, under the milkyway, anime style".

4.3. Depth Diffusion for Geometry Distillation

To improve the quality of generated geometry, we incorporate a pretrained geometric prior to avoid degenerate solutions. Here, we leverage monocular depth diffusion models and propose an additional depth distillation loss (middle of Fig. 3). Crucially, we integrate this with our inpainting distillation by conditioning the depth model ϵ_{depth} on the aforementioned samples \hat{x} from $\epsilon_{inpaint}$.

Our insight is that these samples \hat{x} act as suitable, in-domain, conditioning for the depth diffusion model throughout optimization, while renders x can be incoherent before convergence. Further, this ensures that predictions from ϵ_{depth} are aligned with $\epsilon_{inpaint}$ despite not using a RGBD prior. Starting from pure noise $d_1 \sim \mathcal{N}(0, I)$, we predict the normalized depth using DDIM sampling [52]. We then compute the (negated) Pearson Correlation between the rendered depth and sampled depth:

$$L_{\text{depth}} = -\frac{\sum (d_i - \frac{1}{n} \sum d_k) (\hat{d}_i - \frac{1}{n} \sum \hat{d}_k)}{\sqrt{\sum (d_i - \frac{1}{n} \sum d_k)^2 \sum (\hat{d}_i - \frac{1}{n} \sum \hat{d}_k)^2}}$$
(6)

where d is the rendered depth and n is the number of pixels.

4.4. Optimization and Refinement

The final loss for the first training stage of our pipeline is thus:

$$L_{\rm init} = L_{\rm inpaint} + L_{\rm depth}.$$
 (7)

After training with this loss, we have a 3D scene that roughly corresponds to the text prompt, but which may lack cohesiveness between the reference image I_{ref} and the inpainted regions (see Fig. 4). To remedy this, we incorporate an additional lightweight refinement phase. In this phase, we utilize a vanilla text-to-image diffusion model ϵ_{text} personalized for the input image with Dreambooth [12, 33, 40, 44]. We compute \hat{x} using the same procedure as in Sec. 4.2, except with ϵ_{text} . The loss L_{text} is the same as Eq. (5), except with the \hat{z} and \hat{x} sampled with this finetuned diffusion model ϵ_{text} . Note that the noise added to the renderings at this stage is smaller to combat the higher variance samples from the lack of image conditioning.

We also propose a novel sharpening procedure: instead of using \hat{x} to compute the image-space diffusion loss introduced earlier, we use $S(\hat{x})$, where S is a sharpening filter applied on samples from the diffusion model. Finally, to encourage high opacity points in our 3DGS model, we incorporate an opacity loss L_{opacity} per point that encourages a point's opacity to reach either 0 or 1, inspired by the transmittance regularizer used in Plenoxels [14]. The combined loss for the fine-tuning stage is:

$$L_{\text{refine}} = L_{\text{text}} + \lambda_{\text{opacity}} L_{\text{opacity}},\tag{8}$$

where λ_{opacity} controls the effect of the opacity loss.

4.5. Implementation Details

Point Cloud Initialization. We implement this stage (Sec. 4.1) in Pytorch3D [41], with Stable Diffusion [43] for outpainting. To lift the generated images to 3D, we use Marigold [24], a monocular depth estimation model. Since it predicts relative depth, we align its predictions with the metric depth predicted by DepthAnything [58].

Inpainting and Refinement Stage. Our inpainting (Sec. 4.2) and refinement stages (Sec. 4.4) are implemented in NeRFStudio [55] using the official implementation of Gaussian Splatting [25]. We use Stable Diffusion 2.0 as ϵ_{text} and its inpainting variant as $\epsilon_{\text{inpaint}}$, building on three-studio [17] to define our diffusion-guided losses. Further, we use Marigold [24] as our depth diffusion model. During the inpainting stage, we set the guidance weight for image and text conditioning of $\epsilon_{\text{inpaint}}$ as 1.8 and 7.5 respectively, and sample the timestep *t* from $\mathcal{U}(0.1, 0.95)$. We find that a high image guidance weight produces samples with greater overall cohesion. We also use a guidance weight of 7.5 for the text-to-image diffusion model ϵ_{text} during the refinement stage, sampling noise from $\mathcal{U}(0.1, 0.3)$.

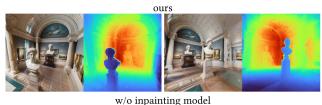
Timing. The first stage, currently unoptimized, takes 2.5 hours. The inpainting stage, trained for 15,000 iterations, runs for 8 hours on a 24GB Nvidia A10 GPU. The refinement stage, at 3,000 iterations, completes in 2.5 hours on the same GPU.

5. Results

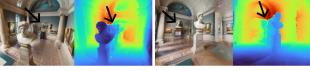
We evaluate our technique on a custom dataset of 20 prompts, and associated camera poses P_i , selected to showcase parallax and disocclusion. We built this dataset by creating a set of 20 prompts, and having a human expert manually choose camera poses using a web-viewer [55], by displaying a scene prototype obtained as in Sec. 4.1. No such dataset already exists for this problem, as existing textto-3D techniques [37, 57] typically operate with spherical camera priors.

5.1. Qualitative Results

We show some qualitative results in Fig. 5 with additional results in the supplementary, demonstrating effective 3D scene synthesis across various settings (indoor, outdoor) and image styles (realistic, fantasy, illustration). We would like to highlight the rendering quality and the consistency of rendering and geometry, underscoring our method's use of inpainting and depth priors.

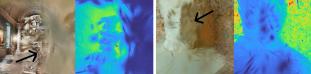






w/o outpainting





"A marble bust in a museum with pale teal walls, framed paintings, marble patterned floor, 4k image"

Figure 7. Ablation Results. We show the qualitative results of our model and its ablations. Arrows indicate failures in the ablated models. Please see Sec. 5.5 for a detailed discussion of the ablated components and their respective importance.

5.2. Comparisons

We compare our technique with state-of-the-art for textto-3D that use either distillation or iterative approaches: DreamFusion [37], ProlificDreamer [57], Text2Room [20], and concurrent work LucidDreamer [9] (Fig. 6). Both ProlificDreamer and DreamFusion generate oversaturated scenes with incorrect geometry and scene structure. On the other hand, Text2Room fails to construct non-room scenes, as it deviates from the input prompt during generation. Similarly, LucidDreamer's [9] scenes lack cohesion, with noisy results in occluded regions.

5.3. User Study

To validate the quality of our generated 3D scenes, we conduct a user study (Tab. 1), similar to prior work [7, 29, 57]. Participants overwhelmingly prefer results from our technique over baselines.

Table 1. **Results of user study.** We show the percentage of comparisons where our technique was preferred over baselines: PD [57], DF [37], T2R [20], and LD [9].

Ours vs. PD	Ours vs. DF	Ours vs. T2R	Ours vs. LD
95.5%	94.5%	88%	88.5%

Table 2. **CLIP alignment scores and additional metrics** for scene renderings of our method and the baselines. CLIP scores are scaled by 100. Higher is better for all metrics.

Method	CLIP	Depth Pearson	IS
Ours	31.69	0.89	6.99
Text2Room [20]	28.11	0.77	5.10
DreamFusion [37]	29.48	0.09	6.80
ProlificDreamer [57]	29.39	0.16	6.89
LucidDreamer [9]	29.97	0.80	5.73

5.4. Quantitative Metrics

We provide quantitative comparisons using CLIP [39] for text alignment, Inception Score [45] for render quality, and depth correlation with DepthAnythingV2 [59] for geometry. Since ground truth data isn't available, metrics like PSNR or LPIPS [62] can't be used. We evaluate renders from matching trajectories and prompts. For Text2Room, we use initial pose renders for CLIP as quality degrades significantly farther away. As Tab. 2 shows, our method outperforms all baselines across metrics.

5.5. Ablations

We verify the proposed contributions of our method by ablating the key components in Fig. 7 with the specified prompt (Tab. 3). In the first row, we show our method. In the second row, we show the importance of the low variance samples from the inpainting diffusion model (Sec. 4.2). Distillation with a vanilla text-to-image model as in the final stage, results in high-variance samples causing the 3DGS representation to diverge. In the third row, we remove L_{depth} ; this results in incorrect geometry and incoherent renderings. Note in particular the discrepancy in the background when viewing from left versus right. In the fourth row, we initialize our method using only the reference image I_{ref} without outpainting at the neighbouring poses P_{aux} . This results in poor results in the corresponding regions, as they lack a good initialization. Finally, in the last row, we show our result without using the μ initialization from Eq. (4), which results in divergence.

Table 3. **Ablation Study Results** showing the impact of different components on Depth Pearson correlation and CLIP score. CLIP scores are scaled by 100. Higher is better for both metrics.

Ablation	Depth	CLIP
No Depth Loss	0.86	31.55
No Initialization	0.42	20.31
No Inpainting	0.50	21.14
No Outpainting	0.79	31.00
Ours	0.90	33.10



Figure 8. **Result for single-image to 3D.** Using a provided image and a prompt obtained via an image captioning model, our technique can generate a 3D scene and fill in occluded regions.

5.6. Application: Single image to 3D

Our technique extends to creating 3D scenes from a single image, as shown in Fig. 8, by using a user's image as I_{ref} and a text-prompt T_{ref} obtained using an image-captioning model. Our pipeline can effectively fill in occluded areas and generate realistic geometry for unseen regions.

6. Conclusion

We have proposed **RealmDreamer**, a method for generation of forward-facing 3DGS scenes leveraging inpainting and depth diffusion. Our key insight was to leverage the lower variance of image conditioned (inpainting) diffusion models for synthesis of 3D scenes, providing much higher quality results than existing baselines as measured by a comprehensive user study. Still, limitations remain; our method takes several hours, and produces blurry results for complex scenes with significant disocclusion. Future work may explore efficient diffusion models for faster training, and conditioning for 360-degree generations.

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