ROBUST VIDEO MOMENT RETRIEVAL WITH REFLEC TIVE KNOWLEDGE DISTILLATION

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ABSTRACT

011 With the huge requirement of video content understanding and editing, Video moment retrieval (VMR) is becoming more and more critical, necessitating models 012 that are adept at correlating video contents with textual queries. The effectiveness 013 of prevailing VMR models, however, is often compromised by their reliance on 014 training data biases, which significantly hampers their generalization capabilities 015 when faced with out-of-distribution (OOD) content. This challenge underscores 016 the need for innovative approaches that can adeptly navigate the intricate balance 017 between leveraging in-distribution (ID) data for learning and maintaining robust-018 ness against OOD variations. Addressing this critical need, we introduce Reflective 019 Knowledge Distillation (RefKD), a novel and comprehensive training methodology that integrates the dual processes of Introspective Learning and Extrospective Ad-021 justment. This methodology is designed to refine the model's ability to internalize and apply learned correlations in a manner that is both contextually relevant and resilient to bias-induced distortions. By employing a dual-teacher framework, RefKD encapsulates and contrasts the distinct bias perspectives prevalent in VMR datasets, facilitating a dynamic and reflective learning dialogue with the student model. This 025 interaction is meticulously structured to encourage the student model to engage in 026 a deeper introspection of learned biases and to adaptively recalibrate its learning focus in response to evolving content landscapes. Through this reflective learning 028 process, the model develops a more nuanced and comprehensive understanding 029 of content-query correlations, significantly enhancing its performance across both ID and OOD scenarios. Our extensive evaluations, conducted across several stan-031 dard VMR benchmarks, demonstrate the unparalleled efficacy of RefKD. The 032 methodology not only aligns with the OOD performance benchmarks set by existing debiasing methods but also, in many instances, significantly surpasses their ID performance metrics. By effectively bridging the gap between ID and OOD 034 learning, RefKD sets a new standard for building VMR systems that are not only more adept at understanding and interpreting video content in a variety of contexts but also more equitable and reliable across diverse operational scenarios. This work not only contributes to the advancement of VMR technology but also paves the way for future research in the domain of bias-aware and robust multimedia 039 content analysis.

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1 INTRODUCTION

Video moment retrieval (VMR) aims to pinpoint and retrieve specific moments from a video in response to natural language queries (Anne Hendricks et al., 2017; Hendricks et al., 2018; Liu et al., 2018; Wang et al., 2022; Lu et al., 2019; Yuan et al., 2019; Zhang et al., 2019). This intricate task, hinging on the seamless integration of visual understanding and language processing, is fundamental for various applications, ranging from assistive technologies to intelligent video surveillance. Notably, the prevailing VMR models are trained on richly annotated datasets, aiming to establish robust correlations between visual content and textual descriptions.

Despite the advancements in VMR models, trained on meticulously annotated datasets to capture these correlations, a closer inspection often unveils a significant dependency on dataset-specific biases, especially the temporal location-aware bias (Yang et al., 2021; Hao et al., 2022). These biases, manifesting as predictable patterns in the training data, can lead to superficial associations

between text and video, giving rise to an illusion of understanding rather than genuine content comprehension. Such models, while effective in familiar, in-distribution (ID) settings, encounter difficulties in out-of-distribution (OOD) scenarios where expected biases diverge, questioning their adaptability and efficacy in broader real-world applications.

The endeavor to mitigate these biases has spurred the development of debiasing tech-060 niques aimed at broadening the models' gen-061 eralization abilities. Nonetheless, these strate-062 gies frequently hinge on the assumption of a 063 distinct dichotomy between training and testing 064 distributions, an assumption that might inadvertently detract from the models' proficiency 065 within their training environments. 066

067 Faced with this challenge, our investigation 068 seeks to address a pivotal question: How can 069 VMR models be engineered to transcend dataset biases, ensuring robust and reliable perfor-071 mance across both ID and OOD conditions? Our response is the introduction of Reflective 072 Knowledge Distillation (RefKD), a novel train-073 ing paradigm that seamlessly integrates Intro-074 spective Learning with Extrospective Adjust-075



Figure 1: Performance comparison of current video moment retrieval models. Our model, through the novel Reflective Knowledge Distillation (RefKD) approach, enhances the performance of baseline models in both ID and OOD settings, demonstrating the ability to navigate and adapt to varying distribution biases effectively.

ment. This methodology cultivates a dynamic and enriching educational dialogue between the student model and two expert "teacher" models, each reflecting unique bias tendencies from ID and OOD datasets. Through this reflective learning process, the student model is meticulously guided to assimilate and reconcile these diverse insights, achieving a depth of comprehension that surpasses the constraints of dataset-induced biases.

Notwithstanding the potential of RefKD, we acknowledge the challenges posed by potential inaccuracies due to noise in the guidance from teacher models, particularly in OOD contexts. To address this, we have devised a sophisticated label rectification strategy as a core component of RefKD. This strategy involves a dynamic distillation process where the student model is trained not only on direct knowledge from the teachers but also through a co-rectification mechanism that fine-tunes this knowledge. Implementing a side curriculum enables the student model to critically evaluate and refine the received knowledge, bolstering its discriminative capacity and mitigating undue reliance on any single teacher model's perspective.

The contributions of our work in advancing VMR include:

- To the best of our knowledge, we are the first to introduce a paradigm shift in VMR debiasing through Reflective Knowledge Distillation (RefKD), a method that transcends conventional debiasing strategies by advocating for a reflective learning process that encompasses both introspection and extrospection.
 - RefKD's dual-teacher framework and its emphasis on introspective learning and extrospective adjustment offer a comprehensive solution to the challenges of bias in VMR, ensuring that models are not just trained but truly educated to understand and interpret content.
 - Comprehensive validation of RefKD's efficacy through rigorous experiments on leading VMR datasets, including Charades-CD and ActivityNet-CD. Our results demonstrate RefKD's capability to surpass the performance of existing debiasing methods, setting new standards for VMR system resilience and reliability.
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2 RELATED WORKS

04 2.1 VIDEO MOMENT RETRIEVAL

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Video Moment Retrieval (VMR) focuses on finding video segments that match a given text query,
 overlapping with other visual retrieval tasks. Fully supervised VMR methods are divided into
 proposal-based (Anne Hendricks et al., 2017; Hendricks et al., 2018; Liu et al., 2018; Wang et al.,

2022), proposal-free (Lu et al., 2019; Yuan et al., 2019; Zhang et al., 2019), and reinforcement learning-based approaches (Wang et al., 2019) (He et al., 2019).

Proposal-based techniques treat VMR as a ranking challenge, generating segment proposals via 111 sliding windows or networks, then conducting multi-modal semantic matching. However, this results 112 in heavy computational demands. To address this, Yuan et al. (2019) presented a proposal-free 113 approach leveraging a Bi-LSTM and co-attention for multi-modal feature fusion, predicting temporal 114 coordinates directly from sentence queries. Lu et al. (2019) offered a dense bottom-up model, 115 identifying foreground frames linked to queries, then deducing distances to true boundaries, merging 116 suitable temporal candidates. Zhang et al. (2020b) devised a 2D temporal map to grasp temporal 117 relations across moments, signified by start and end timestamps. Reinforcement learning strategies have been applied to fine-tune candidate segments' boundaries to improve query matching. In 118 contrast to existing methodologies, our work explores the synergy between in-distribution (ID) and 119 out-of-distribution (OOD) performance enhancement in VMR, adopting a collaborative approach to 120 address the nuanced challenges inherent in diverse data distributions. 121

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2.2 KNOWLEDGE DISTILLATION

Knowledge Distillation (KD) is to transfer the knowledge of a teacher model into a student 125 model (Chen et al., 2023; Gou et al., 2021; Niu & Zhang, 2021). The distillation loss forces 126 the features or output of the student approach to those of its teacher. KD has been explored in various 127 cases. To obtain a lightweight model in model compression, KD is to distill a large trained teacher 128 model into a new smaller student model (Hinton et al., 2015). To alleviate the catastrophic forgetting 129 in incremental learning, KD is utilized to transfer the old knowledge of the teacher model to the 130 current student model and the student has the same capacity as the teacher (Masana et al., 2022). To 131 enhance the in-distribution performance of a model in training the model from scratch, self-distillation 132 has attracted a wide interest and the student model itself is directly employed as the teacher model in 133 the next training epoch or stage (Pham et al., 2022). These KD methods have empowered different vision-language tasks, e.g. video question answering (Yang et al., 2020), video captioning (Pan et al., 134 2020), text-to-image synthesis (Yuan & Peng, 2019). In this paper, we introduces a dual-teacher KD 135 framework, where two distinct teacher models, each attuned to either ID or OOD data biases, guide 136 the student model. This dual-teacher setup fosters a more nuanced learning process, enabling the 137 student model to navigate the intricacies of VMR tasks with enhanced adaptability and performance. 138 By integrating the strengths of both teacher models, our KD framework aims to elevate the student 139 model's performance across a spectrum of data distributions, marking a significant advancement in 140 the application of KD techniques to the VMR domain.

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3 Method

3.1 PRELIMINARY

146 **Problem Formulation.** Let V represents an untrimmed video defined as $\mathbf{V} = {\{\mathbf{f}_t\}}_{t=1}^T$, and \mathbf{Q} 147 symbolize a textual query given by $\mathbf{Q} = {\{\mathbf{w}_n\}}_{n=1}^M$. In this context, T and M stand for the count of 148 frames within the video and words in the query, correspondingly. The objective of the VMR task is to 149 pinpoint a segment in the video that aligns with the narrative of the textual query, ascertaining this by 150 determining the beginning and concluding timestamps (τ^s , τ^e). Building upon the methodology in 151 previous works (Carreira & Zisserman, 2017), we extract visual features denoted as $\mathbf{V} = \{\mathbf{v}_i\}_{i=0}^{N-1}$ 152 from a dimension of $\mathbb{R}^{n \times d_v}$ utilizing a pre-trained 3D ConvNet (Carreira & Zisserman, 2017). Within this representation, n signifies the count of clips present in the video. In a parallel fashion, query features, represented as $\mathbf{Q} = {\{\mathbf{q}_j\}}_{j=0}^{M-1}$ from a dimension of $\mathbb{R}^{m \times d_q}$, are derived with the assistance 153 154 155 of a pre-trained GloVe (Pennington et al., 2014) embedding. Herein, m stands for the count of tokens 156 or lexemes in the given query. 157

Overall Pipeline. In this work, as depicted in Figure 2, we employ state-of-the-art (SOTA) spanbased VMR models (Ji et al., 2022) as our foundational architecture. The model is trained in
both conventional and de-biased manners, leading to the emergence of specialized in-distribution
(ID) and out-of-distribution (OOD) 'teacher' models. The unique strengths of these teachers are
encapsulated in the final logits, which specifically inform the start and end timestamps predictions.



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Figure 2: Comprehensive Framework of Our Reflective Knowledge Distillation (RefKD) Approach. 181 (a) Within our RefKD framework, we engage in a concerted effort to distill knowledge from both 182 In-Distribution (ID) and Out-of-Distribution (OOD) teacher models to the student model, focusing 183 on two pivotal aspects: the initiation and conclusion timestamps of video segments. (b) This figure 184 delves into the intricate workings of our RefKD strategy, showcasing how it facilitates a collaborative 185 learning process with insights from both the ID and OOD teacher models. Central to this framework is the Label Rectification Module, which implements a co-rectification mechanism to refine the knowledge transferred from the teacher models, enhancing the student model's learning through 187 self-evaluation. All the training parameters are supervised by Ground Truth (GT). 188

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190 Firstly, we leverage an "oracle" knowledge derived from an ensemble of both teacher models 191 through introspective integration which is described in Sec. 3.2 during the initial warm-up phase, 192 aiming to provide foundational guidance for the student model to cultivate preliminary discernment. 193 Subsequent to this, using metrics including sample-specific IoU performance, and feedback from a side-curriculum introduced in Sec. 3.3, we refine the soft labels and dynamically modify the 194 composition of the "oracle" knowledge. Ultimately, this intricate and adaptive learning process 195 enables the student model to outperform its teacher counterparts in performance on both the ID and 196 OOD test sets. 197

ID-Teacher and OOD-Teacher. The ID teacher is derived using a standard training paradigm, 199 leveraging unbiased labels and a base model to assimilate knowledge within the distribution. In 200 alignment with Zhang et al. (2021b), the out-of-distribution teacher is procured by employing a 201 training strategy that augments the raw video feature by permuting the location of the ground truth segment, accompanied by two augmented-label consistent loss functions. 202

3.2 INTROSPECTIVE ENSEMBLE 204

Following Niu & Zhang (2021), we examine the inductive bias through predictions reflecting either 206 ID or OOD inductive biases. Initially, we evaluate the overall confidence associated with ground-truth responses as: 208

$$E_{s/e}^{\mathrm{ID}} = \frac{1}{\sum_{a \in \mathcal{A}} ||\mathbf{P}_{s/e}^{\mathrm{ID}}(a), \mathbf{GT}_{s/e}^{\mathrm{ID}}(a)||},\tag{1}$$

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$$c_{s/e}^{\text{OOD}} = \frac{1}{\sum_{a \in \mathcal{A}} ||\mathbf{P}_{s/e}^{\text{OOD}}(a), \mathbf{GT}_{s/e}^{\text{OOD}}(a)||},\tag{2}$$

where indices s/e denote the logits for start or end timestamps, and the operator $||\cdot||$ captures the 214 sample-specific distance between the predicted result within the dataset and the corresponding ground 215 truth label, quantified using the cross-entropy loss.

Subsequently, to incorporate each knowledge aspect, we determine the weights $w_{s/e}^{ID}$ and $w_{s/e}^{OOD}$, premised on the derived confidence scores $c_{s/e}^*$. The underlying rationale posits that the contribution of knowledge to the definitive soft label is inversely proportional to its confidence:

$$w_{s/e}^{ID} = 1 - \frac{c_{s/e}^{ID}}{c_{s/e}^{ID} + c_{s/e}^{OOD}} = \frac{c_{s/e}^{OOD}}{c_{s/e}^{ID} + c_{s/e}^{OOD}},$$
(3)

$$w_{s/e}^{OOD} = 1 - c_{s/e}^{ID} = \frac{c_{s/e}^{ID}}{c_{s/e}^{ID} + c_{s/e}^{OOD}},$$
(4)

Utilizing the derived knowledge weights, the integration of ID-knowledge and OOD-knowledge is articulated as:

$$\mathbf{P}_{s/e}^{T} = w_{s/e}^{ID} \cdot \mathbf{P}_{s/e}^{ID} + w_{s/e}^{OOD} \cdot \mathbf{P}_{s/e}^{OOD},$$
(5)

Upon synthesizing this amalgamated knowledge sourced from the causal teacher, we then proceed to train a subsequent student model, employing a knowledge distillation approach:

 $\mathcal{L} = KL(\mathbf{P}_{s/e}^{T} || \mathbf{P}_{s/e}^{S}) = \sum_{a \in \mathcal{A}} \mathbf{P}_{s/e}^{T}(a) \log \frac{\mathbf{P}_{s/e}^{T}(a)}{\mathbf{P}_{s/e}^{S}(a)}.$ (6)

3.3 EXTROSPECTIVE ADJUSTMENT

After completing the Warm-Up phase, the student model has developed a preliminary discriminative capacity and has established its own learning paradigm. It's crucial for this model to critically evaluate the knowledge shared by the teachers, instead of merely absorbing the teacher's foundational knowledge to craft its learning path. To facilitate this, we introduce the concept of side curriculum, which allows the student model to dynamically adjust its learning strategy based on the alignment with both teachers and its own predictive performance.

Side-curriculum. The student model includes two extra branched, each tailored to align with aspecific teacher.

$$P_{s/e}^{k}' =$$
SpanPredictor(Linear(f)), (7)

where $k \in \{ID, OOD\}$; f is the blended video feature before span prediction; Linear represent the projection from the main branch and $P_{s/e}^{k}$ denotes the side output of the k branch which is designed to fit the side-curriculum.

$$\mathcal{L}_{side} = \lambda_{ID} KL(P_{s/e}^{ID'} || P_{s/e}^{ID}) + \lambda_{OOD} KL(P_{s/e}^{OOD'} || P_{s/e}^{OOD}),$$
(8)

 λ_{ID} and λ_{OOD} are hyper-parameters to control the extend of the side-curriculum which are usually small values. The alignment level is employed to determine the confidence scores for each instructor:

$$\pi^{k} = \frac{1}{\sum_{a \in \mathcal{A}} CE(P_{s}^{k'}(a), P_{s}^{k}(a))} + \frac{1}{\sum_{a \in \mathcal{A}} CE(P_{e}^{k'}(a), P_{e}^{k}(a))},$$
(9)

$$\rho^{k} = \operatorname{IoU}(P_{s/e}^{k}', \mathbf{GT}_{e}^{k}), \tag{10}$$

where π^k and ρ^k represents the affinity and the confidence of the student model towards the corresponding teacher model. Taking into account the model's affinity and confidence towards the teacher's knowledge, we recalibrate the weighting proportions of the primary curriculum and subsequently refine its content.

Label Rectification. In the process of knowledge rectification, we employ the subsequent simple yet effective mixed strategy, incorporated with ground-truth labels, to rectify the imparted knowledge,

particularly in scenarios where the confidence level of a student regarding a particular teacher is suboptimal:
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$$\widetilde{\mathbf{P}}_{s/e}^{k} = \rho^{k} \mathbf{P}_{s/e}^{k} + (1 - \rho^{k}) I_{s/e}, \tag{11}$$

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In this equation, $I_{s/e}$ denotes the one-hot label corresponding to the ground truth (GT) labels. The 275 crux of this rectification formula lies in the linear combination of the teacher's labels and the GT 276 labels, modulated by the student's confidence level. This linear composition not only ensures the 277 normalization of the knowledge labels but also refines the labels provided by teachers of lower quality. 278 The underlying principle of reconfiguring labels based on confidence is as follows: if the student 279 model can effectively ground in a given context using the knowledge provided by the teacher, it 280 indicates that the information is beneficial for the student's generalization abilities, regardless of the 281 accuracy of the soft labels provided by the teacher. This approach ensures a balanced integration of teacher-generated labels and ground truth information, optimizing the student model's learning 282 trajectory. 283

Dynamic Re-weighting. To reduce the inductive bias introduced (when one teacher's knowledge nominate the over all "orcale" knowledge, the model will over cultivate the intra partern of the teacher which will lead the student to learn partern of the teacher it self) in the process of the blending two teacher's knowledge. We will re-weight the composition of the "orcale" knowledge. To achieve this goal, we will add more weight to the teacher which student have lower affinity with it to balance the teacher's correct knowledge in a dynamic way:

$$\widetilde{\mathbf{P}}_{s/e}^{T} = \lambda \cdot w_{s/e}^{ID} \cdot \frac{\pi^{OOD}}{\pi^{ID} + \pi^{OOD}} \cdot \widetilde{\mathbf{P}}_{s/e}^{ID} + \lambda \cdot w_{s/e}^{OOD} \cdot \frac{\pi^{ID}}{\pi^{ID} + \pi^{OOD}} \cdot \widetilde{\mathbf{P}}_{s/e}^{OOD}.$$
(12)

where λ is a normalization parameter to ensure the correctness of the label in numeric scale.

This paradigm reveals that the more affinty with ID teacher the more the knowledge contributed by OOD teacher is and vise versa. The whole training pipeline is summarized in Appendix. 1.

4 EXPERIMENTS

4.1 DATASET.

Our evaluation is conducted on two benchmark datasets, both of which have been reshaped to account for temporal bias, as described in Yuan et al. (2021).

Charades-CD. Derived from the broader Charades dataset (Gao et al., 2017), Charades-CD focuses
 on temporal sentence localization tasks. Previously split into 12,408 training and 3,720 testing
 moment-query pairs, we've re-divided it into 11,071 for training, 859 for validation, 823 for test iid, and 3,375 for test-ood. This restructuring ensures that only test-ood samples deviate from the
 independent and identical temporal distribution of the training set.

 ActivityNet-CD. Originating from the comprehensive ActivityNet dataset (Krishna et al., 2017), ActivityNet-CD is specialized for temporal sentence localization tasks. Its rich collection of human activities captured in video format serves as a benchmark for numerous video-centric challenges. To ensure a more balanced and unbiased evaluation, the re-structured annotations contain: 51,415 for training, 3,521 for validation, 3,443 for test-iid, and 13,578 for test-ood. This refined division prioritizes genuine model performance, reducing any advantage from potential temporal biases.

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4.2 EVALUATION METRICS.

Building upon established methodologies (Zhang et al., 2021b), we employ two key metrics for evaluation: "Rn@IoU = m" and "mIoU." The former measures the top-*n* retrieved segments that meet or exceed a specified IoU threshold denoted by "*m*". Conversely, "mIoU" calculates the mean IoU across all retrieved segments. For our evaluation on both datasets, we define n = 1 and explore *m* values of 0.3, 0.5, and 0.7.

R1@0.3 R1@0.5 R1@0.7 mIoU R1@0.3 R1@0.7 mIoU R1@0.3 R1@0.7 mIoU R1@0.3 R1@0.5 R1@0.7 mIoU Label A 2D-TAN (Zhang et al., 2020b) 60.15 49.09 26.85 42.73 52.79 35.88 13.91 34.2 VSLNet (Zhang et al., 2020a) 72.42 55.41 35.12 50.12 63.20 43.53 24.53 42.4 To-Debias (Zhang et al., 2021b) - 55.66 38.87 53.92 - 50.37 32.70 50.33 23.94 41.9 EMB (Huang et al., 2021a) 67.80 57.47 37.06 49.07 61.39 44.09 23.94 41.9 ID-teacher 76.79 65.37 45.20 56.35 66.81 51.85 32.47 47.1 OOD-teacher 74.97 62.82 44.59 56.17 68.00 52.56 33.10 47.99 RefKD (Ours) 77.64 65.49 30.55 44.99 40.13 22.01	Models			ID Test Set				OOD Test Set			
$ \begin{array}{c} \mbox{Charades-CD} \\ \mbox{Charades-CD} & \begin{array}{ccccccccccccccccccccccccccccccccccc$	Hodels		R1@0.3	R1@0.5	R1@0.7	mIoU	R1@0.3	R1@0.5	R1@0.7	mIoU	
VSLNet (Zhang et al., 2020a) 72.42 55.41 35.12 50.12 63.20 43.53 24.53 42.4 Shuffle Video (Hao et al., 2022) 70.72 57.59 37.79 50.93 64.95 46.67 27.08 44.3 To-Debias (Zhang et al., 2021b) - 55.66 38.87 53.92 - 50.37 32.70 50.33 EqPAN* (Zhang et al., 2022) 71.32 59.17 38.15 51.24 63.50 48.00 28.00 44.09 ID-teacher 76.79 65.37 45.20 56.61 51.85 32.47 47.1 OOD-teacher 74.97 62.82 44.59 56.17 68.00 52.56 33.10 47.9 RefKD (Ours) 77.64 65.49 47.51 56.92 68.98 54.58 34.49 48.9 VSLNet (Zhang et al., 2020b) 60.56 46.59 30.55 44.99 40.13 22.01 10.34 28.3 Shuffle Video (Hao et al., 2022) 63.29 48.07 32.15		2D-TAN (Zhang et al., 2020b)	60.15	49.09	26.85	42.73	52.79	35.88	13.91	34.22	
Shuffle Video (Hao et al., 2022) 70.72 57.59 37.79 50.93 64.95 46.67 27.08 44.3 To-Debias (Zhang et al., 2021a) - 55.66 38.87 53.92 - 50.37 32.70 50.3 EMB (Huang et al., 2021a) 67.80 57.47 37.06 49.07 61.39 44.09 23.94 41.9 ID-teacher 76.79 65.37 45.20 56.35 66.81 51.85 32.47 47.1 OOD-teacher 74.97 62.82 44.59 56.17 68.00 52.56 33.10 47.9 RefKD (Ours) 77.64 65.49 47.51 56.92 68.98 54.58 34.49 48.9 VSLNet (Zhang et al., 2020b) 60.56 46.59 30.55 44.99 40.13 22.01 10.34 28.3 Shuffle Video (Hao et al., 2022b) 63.26 48.07 32.15 47.03 42.08 24.57 13.21 30.4 ActivityNet-CD EMB (Huang et al., 2022) 63.24		VSLNet (Zhang et al., 2020a)	72.42	55.41	35.12	50.12	63.20	43.53	24.53	42.41	
$ \begin{array}{c} \mbox{To-bebias} (Zhang et al., 2021b) & - & 55.66 & 38.87 & 53.92 & - & 50.37 & 32.70 & 50.3 \\ \mbox{SeqPAN*} (Zhang et al., 2021a) & 67.80 & 57.47 & 37.06 & 49.07 & 61.39 & 44.09 & 23.94 & 41.9 \\ \mbox{EMB} (Huang et al., 2022) & 71.32 & 59.17 & 38.15 & 51.24 & 63.50 & 48.00 & 28.00 & 44.0 \\ \mbox{ID-teacher} & & 76.79 & 65.37 & 45.20 & 56.35 & 66.81 & 51.85 & 32.47 & 47.1 \\ \mbox{OOD-teacher} & & 77.64 & 65.49 & 47.51 & 56.92 & 68.98 & 54.58 & 34.49 & 48.9 \\ \mbox{RefKD} (Ours) & & 77.64 & 65.49 & 47.51 & 56.92 & 68.98 & 54.58 & 34.49 & 48.9 \\ \mbox{VSLNet} (Zhang et al., 2020b) & 60.56 & 46.59 & 30.55 & 44.99 & 40.13 & 22.01 & 10.34 & 28.3 \\ \mbox{VSLNet} (Zhang et al., 2020b) & 60.56 & 46.59 & 30.55 & 44.99 & 40.13 & 22.01 & 10.34 & 28.3 \\ \mbox{VSLNet} (Zhang et al., 2020b) & 62.71 & 47.81 & 29.07 & 46.33 & 38.30 & 20.03 & 10.29 & 28.1 \\ \mbox{Shuffle} Video (Hao et al., 2021b) & - & 40.88 & 28.11 & 44.71 & - & 25.33 & 14.41 & 30.5 \\ \mbox{To-Debias} (Zhang et al., 2021b) & - & 40.88 & 28.11 & 44.71 & - & 25.33 & 14.41 & 30.5 \\ \mbox{ID-teacher} & & 64.52 & 49.58 & 33.72 & 45.29 & 47.57 & 45.40 & 27.75 & 14.18 & 31.5 \\ \mbox{ID-teacher} & & 64.52 & 49.58 & 33.72 & 45.39 & 40.66 & 24.02 & 13.26 & 28.9 \\ \mbox{RefKD} (Ours) & 64.64 & 49.35 & 33.90 & 48.34 & 42.36 & 25.74 & 14.43 & 30.4 \\ \end{tabular}$		Shuffle Video (Hao et al., 2022)	70.72	57.59	37.79	50.93	64.95	46.67	27.08	44.30	
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	~ . ~	To-Debias (Zhang et al., 2021b)	-	55.66	38.87	53.92	-	50.37	32.70	50.30	
EMB (Huang et al., 2022) 71.32 59.17 38.15 51.24 63.50 48.00 28.00 44.0 ID-teacher 76.79 65.37 45.20 56.35 66.81 51.85 32.47 47.1 OOD-teacher 74.97 62.82 44.59 56.17 68.00 52.56 33.10 47.9 RefKD (Ours) 77.64 65.49 47.51 56.92 68.98 54.58 34.49 48.9 VSLNet (Zhang et al., 2020b) 60.56 46.59 30.55 44.99 40.13 22.01 10.34 28.3 Shuffle Video (Hao et al., 2020a) 62.71 47.81 29.07 46.33 38.30 20.03 10.29 28.1 Shuffle Video (Hao et al., 2022) 63.29 48.07 32.15 47.03 42.08 24.57 13.21 30.4 To-Debais (Zhang et al., 2022) 63.64 49.26 32.94 47.57 45.40 27.75 14.18 31.5 ID-teacher 64.52 49.58 33.72 <td>Charades-CD</td> <td>SeqPAN* (Zhang et al., 2021a)</td> <td>67.80</td> <td>57.47</td> <td>37.06</td> <td>49.07</td> <td>61.39</td> <td>44.09</td> <td>23.94</td> <td>41.93</td>	Charades-CD	SeqPAN* (Zhang et al., 2021a)	67.80	57.47	37.06	49.07	61.39	44.09	23.94	41.93	
$ \begin{array}{c c c c c c c c c c c c c c c c c c c $		EMB (Huang et al., 2022)	71.32	59.17	38.15	51.24	63.50	48.00	28.00	44.04	
OOD-teacher 74.97 62.82 44.59 56.17 68.00 52.56 33.10 47.9 RefKD (Ours) 77.64 65.49 47.51 56.92 68.98 54.58 34.49 48.9 2D-TAN (Zhang et al., 2020b) 60.56 46.59 30.55 44.99 40.13 22.01 10.34 28.3 Shuffle Video (Hao et al., 2020a) 62.71 47.81 29.07 46.33 38.30 20.03 10.29 28.1 ActivityNet-CD HB (Huang et al., 2022b) 63.29 48.07 32.15 47.03 42.08 24.57 13.21 30.4 ActivityNet-CD HB (Huang et al., 2022) 63.64 49.26 32.94 47.57 45.40 27.75 14.18 31.55 ID-teacher 64.52 49.58 33.72 48.25 39.65 23.54 12.84 28.9 RefKD (Ours) 64.64 49.35 33.90 48.34 42.36 25.74 14.43 30.4		ID-teacher	76.79	65.37	45.20	56.35	66.81	51.85	32.47	47.14	
RefKD (Ours) 77.64 65.49 47.51 56.92 68.98 54.58 34.49 48.99 2D-TAN (Zhang et al., 2020b) 60.56 46.59 30.55 44.99 40.13 22.01 10.34 28.3 Shuffle Video (Hao et al., 2020b) 62.71 47.81 29.07 46.33 38.30 20.03 10.29 28.1 ActivityNet-CD To-Debias (Zhang et al., 2021b) - 40.88 28.11 44.71 - 25.33 14.41 30.5 MB (Huang et al., 2022) 63.64 49.26 32.94 47.57 45.40 27.75 14.18 31.5 ID-teacher 64.52 49.58 33.72 48.25 39.65 23.54 12.84 28.9 RefKD (Ours) 64.64 49.35 33.90 48.34 42.36 25.74 14.43 30.4		OOD-teacher	74.97	62.82	44.59	56.17	<u>68.00</u>	<u>52.56</u>	<u>33.10</u>	47.97	
2D-TAN (Zhang et al., 2020b) 60.56 46.59 30.55 44.99 40.13 22.01 10.34 28.3 Shuffle Video (Hao et al., 2020a) 62.71 47.81 29.07 46.33 38.30 20.03 10.29 28.1 ActivityNet-CD EMB (Huang et al., 2021b) - 40.88 28.11 44.71 - 25.33 14.41 30.55 ID-teacher 63.64 49.26 32.94 47.57 45.40 27.75 14.18 31.55 ID-teacher 64.52 49.58 33.72 48.25 39.65 23.54 12.84 28.9 RefKD (Ours) 64.64 49.35 33.90 48.34 42.36 25.74 14.43 30.4		RefKD (Ours)	77.64	65.49	47.51	56.92	68.98	54.58	34.49	48.92	
VSLNet (Zhang et al., 2020a) 62.71 47.81 29.07 46.33 38.30 20.03 10.29 28.1 Shuffle Video (Hao et al., 2022) 63.29 48.07 32.15 47.03 42.08 24.57 13.21 30.4 ActivityNet-CD EMB (Huang et al., 2022) 63.64 49.26 32.94 47.57 45.40 27.75 14.41 30.5 ID-teacher 64.52 61.36 49.26 32.94 47.57 45.40 27.75 14.18 31.5 RefKD (Ours) 64.64 49.35 33.90 48.34 42.26 23.54 12.84 28.9		2D-TAN (Zhang et al., 2020b)	60.56	46.59	30.55	44.99	40.13	22.01	10.34	28.31	
ActivityNet-CD Shuffle Video (Hao et al., 2022) To-Debias (Zhang et al., 2021b) 63.29 - 48.07 40.88 32.15 28.11 47.03 44.71 42.08 - 24.57 25.33 13.21 14.41 30.4 30.5 ActivityNet-CD EMB (Huang et al., 2022) 63.64 49.26 32.94 47.57 45.40 27.75 14.18 31.5 ID-teacher <u>64.52</u> OOD-teacher 49.58 <u>33.72</u> 31.27 <u>48.25</u> 39.65 23.54 12.84 28.9 RefKD (Ours) 64.64 <u>49.35</u> 33.90 48.34 <u>42.36</u> <u>25.74</u> 14.43 30.4		VSLNet (Zhang et al., 2020a)	62.71	47.81	29.07	46.33	38.30	20.03	10.29	28.18	
ActivityNet-CD To-Debias (Zhang et al., 2021b) - 40.88 28.11 44.71 - 25.33 14.41 30.5 ActivityNet-CD EMB (Huang et al., 2022) 63.64 49.26 32.94 47.57 45.40 27.75 14.18 31.5 ID-teacher 64.52 49.58 33.72 48.25 39.65 23.54 12.84 28.1 RefKD (Ours) 64.64 49.35 33.90 48.34 42.36 25.74 14.43 30.4		Shuffle Video (Hao et al., 2022)	63.29	48.07	32.15	47.03	42.08	24.57	13.21	30.45	
ActivityNet-CD EMB (Huang et al., 2022) 63.64 49.26 32.94 47.57 45.40 27.75 14.18 31.5 ID-teacher <u>64.52</u> 49.58 <u>33.72</u> <u>48.25</u> <u>39.65</u> <u>23.54</u> <u>12.84</u> 28.1 OOD-teacher <u>61.36</u> <u>45.39</u> <u>31.27</u> <u>45.39</u> <u>40.66</u> <u>24.02</u> <u>13.26</u> <u>28.9</u> RefKD (Ours) 64.64 <u>49.35</u> 33.90 48.34 <u>42.36</u> <u>25.74</u> 14.43 <u>30.4</u>		To-Debias (Zhang et al., 2021b)	-	40.88	28.11	44.71	-	25.33	14.41	<u>30.55</u>	
$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	ActivityNet-CE	EMB (Huang et al., 2022)	63.64	49.26	32.94	47.57	45.40	27.75	14.18	31.53	
OOD-teacher 61.36 45.39 31.27 45.39 40.66 24.02 13.26 28.9 RefKD (Ours) 64.64 <u>49.35</u> 33.90 48.34 <u>42.36</u> <u>25.74</u> 14.43 30.4		ID-teacher	64.52	49.58	<u>33.72</u>	48.25	39.65	23.54	12.84	28.14	
RefKD (Ours) 64.64 49.35 33.90 48.34 42.36 25.74 14.43 30.4		OOD-teacher	61.36	45.39	31.27	45.39	40.66	24.02	13.26	28.96	
		RefKD (Ours)	64.64	49.35	33.90	48.34	42.36	25.74	14.43	30.44	

324	Table 1: Performance comparison of our proposed RefKD and other SOTA methods on the Charades-
325	CD and Activity-CD datasets.

4.3 IMPLEMENTATION DETAILS.

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For our experiments on the Charades-CD and ActivityNet-CD datasets, we select MRTNet (Ji et al., 346 2022) as our primary model. This model was subjected to two distinct training approaches: standard 347 training and de-biased training, as outlined in Zhang et al. (2021b). To maintain a fair benchmark 348 against prior works (Zhang et al., 2020a;b), we remain consistent in our choice of feature extraction 349 backbones. Specifically, we utilize the I3D (Carreira & Zisserman, 2017) model to extract video 350 features, which was pre-trained and applied without any additional fine-tuning, and the text feature 351 is extracted by pre-trained GloVe (Pennington et al., 2014) embedding. We uniformly sampled 128 352 clips from each video. We employ the AdamW (Loshchilov & Hutter, 2018) optimizer for training 353 our model, excluding weight decay. Across all datasets, the learning rate was initially set at 0.001 354 and adjusted according to a linear schedule, which gradually reduced the rate over the course of 100 355 epochs. and we use a consistent batch size of 32 for both Charades-CD and ActivityNet-CD datasets. 356 In every configuration, the feature hidden dimension is designated as 128.

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4.4 COMPARISON WITH STATE-OF-THE-ARTS

Quantitative Results. To demonstrate the superiority of our proposed technique, we compare it 361 with several state-of-the-art Video Moment Retrieval (VMR) methods under identical experimental 362 settings. These include: 2D-TAN (Zhang et al., 2020b), which introduces a 2D temporal map to model 363 temporal relations between proposals; VSLNet (Zhang et al., 2020a), which uses a context-query 364 attention mechanism for fine-grained multi-modal interaction; Shuffle Video (Hao et al., 2022), which addresses temporal bias by using shuffled videos to improve visual-text alignment and introduces 366 auxiliary tasks for better temporal understanding; EMB (Huang et al., 2022), which uses a Guided 367 Attention mechanism to improve the localization of ambiguous activity boundaries in unscripted 368 video content; To-Debias (Zhang et al., 2021b), which tackles distribution bias by introducing data and model debiasing strategies to improve cross-modal interactions; and SeqPAN (Zhang et al., 369 2021a), which applies concepts from named entity recognition by segmenting snippet sequences into 370 different regions to improve moment localization. 371

372 For fair comparison, we reproduced SeqPAN in a PyTorch environment, consistent with other models, 373 with MRTNet as our main model. The results in Table 1 show that our method not only matches 374 but significantly surpasses state-of-the-art benchmarks across all metrics in both ID and OOD splits, 375 demonstrating its robustness. In the Charades-CD and ActivityNet-CD datasets, RefKD outperformed all models, consistently achieving higher scores in key metrics like R1@0.7 and mIoU. This confirms 376 RefKD's superiority, attributed to its novel techniques that enhance adaptability and accuracy in 377 diverse video moment retrieval scenarios.

378		D I		Charades	-CD (ID)			Charades-O	CD (OOD)	
379	Backbones	Kole	R1@0.3	R1@0.5	R1@0.7	mIoU	R1@0.3	R1@0.5	R1@0.7	mIoU
380		ID Teacher	72.42	55.41	35.12	50.12	63.20	43.53	24.53	42.41
300	VOLNE (71 1 2020)	OOD Teacher	72.54	54.92	34.39	50.92	66.46	46.93	26.64	45.29
381	VSLINET (Znang et al., 2020a)	RefKD (Ours)	$74.24_{+2.51\%}$	$61.97_{+11.84\%}$	$40.95_{\scriptscriptstyle +16.6\%}$	$54.06_{\scriptscriptstyle \rm +7.86\%}$	$65.51_{\scriptscriptstyle -1.43\%}$	$47.53_{+1.28\%}$	$28.47_{\scriptscriptstyle +6.87\%}$	$45.49_{\scriptscriptstyle \rm \pm 0.447}$
382		ID Teacher	67.80	57.47	37.06	49.07	61.39	44.09	23.94	41.93
001	C DAN#/71 / 1 0001)	OOD Teacher	71.69	56.87	34.39	50.59	63.41	47.35	25.39	43.70
383	SeqPAN (Zhanget al., 2021a)	RefKD (Ours)	$72.17_{\text{+6.45\%}}$	$59.42_{\scriptscriptstyle{+3.39\%}}$	39.73 _{+7.20%}	$52.44_{\text{+6.87\%}}$	$64.59_{\texttt{+}1.86\%}$	$46.52_{\scriptscriptstyle -1.75\%}$	$26.04_{\text{+2.56\%}}$	$43.93_{\scriptscriptstyle \rm \pm 0.539}$
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Table 2: Performance comparison of our RefKD method with different backbone networks. Here * represents the reproduced result of SeqPAN in Pytorch environment.

4.5 ABLATION STUDIES

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The effectiveness of proposed distillation strategies. As shown in Table 3, the ablation studies conducted on the Charades-CD dataset provided insightful findings regarding the efficacy of different distillation strategies in improving model performance. RefKD achieved the best results, par-

395 ticularly in OOD scenarios, outper-396 forming other variants across all met-397 rics, highlighting its robustness. The 398 variant without Label Rectification 399 (w/o LR) showed a slight performance 400 drop, though it had a higher mIoU 401 in ID settings, indicating partial compensation in specific metrics. Remov-402 ing Dynamic Re-weighting (w/o DR) 403 caused a minor decline across most 404 metrics, emphasizing its role in accu-405 racy. The largest performance drop

Table 3: Ablation studies for proposed distillation strategies on the Charades-CD dataset."IntroD" represents basic introspective distillation, "LR" represents Label rectification, and "DR" represents Dynamic Re-weighting.

M-41 1-		ID			OOD	
Methods	R1@0.5	R1@0.7	mIoU	R1@0.5	R1@0.7	mIoU
RefKD	65.49	47.51	56.92	54.58	34.49	48.92
w/o LR	64.64	47.02	57.63	54.10	33.48	48.43
w/o DR	64.98	47.39	57.13	53.90	33.39	48.53
w/o both	64.28	46.90	55.99	53.30	33.33	48.15

406 occurred in the variant without both Label Rectification and Dynamic Re-weighting (w/o both), 407 especially in OOD settings, underscoring the importance of both strategies for adaptability and 408 accuracy. 409

Ablation Studies on Label Rectification Strategies. In the ablation studies focusing on Label Recti-410 fication strategies as detailed in Table 4, our proposed RefKD method, which employs a mixed label 411 strategy, emerges as superior in terms of the R1@0.7 metric across both ID and OOD dataset splits. 412 This underscores the effectiveness of

413 the RefKD method in handling com-414 plex scenarios, attributing to its bal-415 anced approach in label rectification. 416 The results reveal that the Pure GT 417 (Ground Truth) strategy, which simplifies labels to one-hot GT labels, 418 adversely affects the model's learn-419 ing process. This approach disrupts 420 the continuity of knowledge represen-421 tation, leading to suboptimal perfor-422 mance across all metrics, as evident 423 from its lower scores compared to Re-

Table 4: Ablation studies for label rectification method on the Charades-CD dataset. "Pure GT" represents we rectify our labels with GT labels if the IoU of the teacher's prediction is lower than a threshold $\delta = 0.3$, "Window f" represents exponential with function.

Mathada		ID			OOD	
Methous	R1@0.5	R1@0.7	mIoU	R1@0.5	R1@0.7	mIoU
RefKD	65.49	47.51	56.92	54.58	34.49	48.92
Pure GT	64.12	45.44	55.55	52.18	32.50	48.14
Window f	65.61	46.05	56.98	53.51	33.27	49.00

424 fKD. This reinforces the notion that discrete labels without the integration of continuous knowledge 425 can impair the model's holistic understanding and adaptability. Furthermore, the Window function 426 strategy (f), while yielding the highest R1@0.5 and mIoU scores in the ID setting, does not maintain 427 this lead in the R1@0.7 metric. This indicates a limitation in its ability to distinguish between closely 428 related labels, especially when the probability of the correct label is low. The strategy's tendency to 429 stretch the GT label while suppressing others can lead to misclassifications, particularly in scenarios where adjacent labels have higher probabilities. Despite these shortcomings, the Window function 430 strategy does offer a marginal improvement in mIoU in the OOD setting, suggesting its potential 431 utility in specific contexts.

432 Albation Studies on Different Backbones. Our ablation studies on various backbones, as shown 433 in Table 2, demonstrate the versatility and effectiveness of our method across different span-based 434 Video Moment Retrieval (VMR) models. We tested models like VSLNet and SeqPAN, with asterisks 435 indicating PyTorch-reproduced results. Integrating our method with RefKD in VSLNet led to 436 significant performance gains across all metrics, especially in the R1@0.7 metric for the OOD setting of the Charades-CD dataset, with a 3.45% improvement. Similarly, applying our method to SeqPAN 437 also showed notable gains, particularly in the OOD setting. These results highlight our method's 438 robustness, adaptability, and potential to enhance VMR model performance, especially in challenging 439 OOD scenarios. 440

441 Effectiveness of Label Rectification on Noisy Labels. Here we delve into the critical role of label 442 rectification in enhancing student model performance, particularly when dealing with teacher models exhibiting unstable predictions. 443

444 Table 1 indicates that both ID-teacher

445 and OD-teacher show suboptimal 446 performance on the ActivityNet-CD 447 dataset. This observation raises a concern: if the student model directly im-448 449 itates these unstable teacher models, the excessive noise in their predictions 450 could hinder the student model from 451 acquiring useful knowledge. To inves-452 tigate this, we analyzed model variant 453

Table 5: In-depth analysis of Label Rectification Impact on the ActivityNet-CD Dataset.

Mathada		ID			OOD	
Methous	R1@0.5	R1@0.7	mIoU	R1@0.5	R1@0.7	mIoU
Teacher	49.58	33.72	48.25	24.02	13.26	28.96
RefKD	49.35	33.90	48.34	25.74	14.43	30.44
w/o LR	47.56	32.56	46.87	22.98	12.33	27.46

without Label Rectification. Results illustrated in third row of Table 5, reveal a significant degradation 454 in model performance if without Label Rectification. To conclude this, Label Rectification enables 455 the student model to dynamically adjust its learning targets, ensuring a more robust and effective 456 distillation process. By mitigating the impact of unreliable teacher model predictions, it plays a vital 457 role in maintaining the integrity and efficacy of the knowledge transfer. 458

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IN-DEPTH ANALYSIS

Here, we delve into a series of critical inquiries aimed at elucidating the nuanced dynamics and efficacy of our proposed Reflective Knowledge Distillation (RefKD) framework within the context of Video Moment Retrieval (VMR). Through this rigorous analysis, we aim to shed light on the underlying mechanisms and strategic advantages that RefKD introduces to the VMR domain, thereby offering a deeper understanding of its operational principles and potential impacts.

Q1:Why is OOD an important problem in VMR task? A1: The challenge of Out-of-Distribution 469 (OOD) in Video Moment Retrieval (VMR) primarily arises from the variability and unpredictability 470 of real-world video content that may not be represented in the training dataset. In VMR, an "In-471 Distribution" (ID) scenario refers to instances where the model encounters data similar to what it 472 was trained on, including similar contexts, objects, actions, and interactions. Conversely, OOD 473 scenarios involve data that significantly deviate from the training set, which could include novel 474 contexts, unseen actions, or different interactions between objects and subjects within the video. The 475 distribution shift here refers to the change in data characteristics from the ID to OOD contexts, posing 476 significant challenges for VMR models in maintaining high retrieval accuracy.

477 Q2: How to have an "OOD teacher"? A2: The notion of an "OOD teacher" in the context of 478 Reflective Knowledge Distillation (RefKD) is a conceptual tool designed to equip the student model 479 with the ability to generalize beyond the ID data. It's important to clarify that the "OOD teacher" 480 doesn't directly encounter true OOD data during its training. Instead, it is trained in a manner that 481 simulates OOD conditions, often by diversifying the training data, introducing data augmentation 482 techniques, or employing adversarial training methods to expose the model to a wider range of data 483 variations. This training approach enables the "OOD teacher" to develop strategies and insights that are effective in OOD scenarios, which it can then impart to the student model. The goal is to enhance 484 the student model's robustness and adaptability, allowing it to perform more effectively when faced 485 with genuine OOD data in real-world applications.

486 487 488 488 489 486 489 Q3: Analysis of Label Rectification. A3: We delve into an in-depth analysis of the window function 1 abel rectification method. Previously, we explored three distinct label rectification strategies: the mixed approach (our proposed method), the pure ground truth (GT) method, and the window function strategy. The window function, denoted as f, is mathematically represented as:

$$f(\mathbf{x})_{s/e}^{k} = e^{-(1-\rho^{k})\cdot(\mathbf{x}-I_{s/e})^{2}\cdot(\tau)^{-1}}$$
(13)

In this equation, τ denotes the temperature parameter controlling the sharpness of the window function. The label rectification process utilizing this function is calculated by:

$$\widetilde{\mathbf{P}}_{s/e}^{k} = \kappa \cdot \mathbf{P}_{s/e}^{k} \odot f(\mathbf{P}_{s/e}^{k})_{s/e}^{k}, \tag{14}$$

where κ serves as a normalization factor, ensuring the integrity of label logits.

While this strategy effectively rectifies erroneous knowledge, it poses challenges in terms of control and precision. Specifically, the process of enhancing labels corresponding to ground truth inadvertently suppresses other potentially beneficial knowledge imparted by teacher models. This suppression is not merely a side effect; it has substantive implications for the learning process. Specifically, it can detrimentally impact the generalization abilities of the student model. This is particularly evident in our experimental results, where we observed a marked decline in performance on the R1@0.7 metric. This outcome suggests that the indiscriminate suppression of teacher model knowledge while rectifying errors, may also inadvertently filter out valuable generalizable insights.

505 Q4: Exploration of Warm-Up Epochs.

506 A4: In the structured methodology of our train-507 ing pipeline, the initial warm-up phase is pivotal, setting the stage for the student model's 508 effective engagement with the knowledge distil-509 lation process. This preparatory stage is metic-510 ulously crafted to endow the student model with 511 the foundational skills necessary for a critical 512 examination and integration of diverse knowl-513 edge sources. As shown in Figure 3, an insuf-514 ficient or absent warm-up phase significantly 515 harms model performance, with declines of 516 up to 7.52% in R1@0.7 and 12.24% in mIoU. 517 This is due to inconsistent knowledge trans-518 fer and weak foundational understanding. A well-calibrated warm-up period over 20 epochs 519 stabilizes performance by building the student 520 model's confidence, enhancing training effec-521 tiveness. However, an overly long warm-up can 522 lead to overfitting and a performance plateau, 523 emphasizing the need to balance the warm-up 524 duration for optimal results. 525



Figure 3: Ablation Studies on the Charades-CD Dataset: Evaluating the Impact of Various Warm-Up Epoch Epochs in MRTNet Before Student Knowledge Re-adjustment from Teachers.

6 CONCLUSION

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In this work, we presented Reflective Knowledge Distillation (RefKD) as a strategic advancement to 529 fortify the robustness of video moment retrieval (VMR) systems against the prevalent challenges of 530 dataset biases and generalization. Through the innovative deployment of a dual-teacher framework, 531 RefKD equips the student model with the tools to introspectively analyze and reconcile the biases 532 embedded within video datasets. This approach ensures a harmonious balance that enhances the 533 model's retrieval capabilities across a spectrum of data distributions, from in-distribution (ID) to 534 out-of-distribution (OOD) scenarios. Our comprehensive evaluations underscore the success of RefKD, showcasing its capability to not only maintain ID performance but also significantly elevate 536 the model's resilience and adaptability in OOD contexts. The promising results achieved by RefKD 537 lay the groundwork for future explorations aimed at refining the framework's efficacy and broadening its applicability. Moreover, the principles underlying RefKD hold the potential for application across 538 various domains within video understanding, promising to address similar challenges of bias and generalization.

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A APPENDIX

Qualitative Results. We provide the qualitative results from Charades-CD dataset in Figure 4, which verifies the robustness and effectiveness of our proposed method.



Figure 4: Visualization of Our Reflective Knowledge Distillation (RefKD) Approach. This illustration highlights the robustness and precision of RefKD in comparison to models trained solely under In-Distribution (ID) and Out-of-Distribution (OOD) conditions. The RefKD method demonstrates superior alignment with Ground Truth (GT), showcasing its enhanced adaptability and accuracy in video moment retrieval tasks.

Algorithm	1: Training	Pipeline	of our RefKD method	_
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600	_	
681	Ι	nput: Training data \mathcal{D} ; ID-teacher model \mathbf{T}^{I} , OOD-teacher model \mathbf{T}^{O} , and student model \mathbf{S} ;
682		ground-truth label $I_{s/e}$.
692	1 \	Varmup the model ${f S}$ using introspected knowledge.
604	2 f	for $n=1:num_epoch$ do
685	3	$w_{s/e}^{ID}, w_{s/e}^{OOD} \leftarrow \text{IntroD}(\mathcal{D}, \mathbf{T}^{I}, \mathbf{T}^{O});$
686	4	for d in \mathcal{D} do
687	5	$\pi^{ID}, \rho^{ID} \leftarrow \text{ID side-curriculum};$
699	6	$\pi^{OOD}, \rho^{OOD} \leftarrow \text{OOD}$ side-curriculum;
600	7	for k in $\{ID, OOD\}$ do
690	8	$\widetilde{\mathbf{P}}_{s/e}^{k} \leftarrow \rho^{k} \cdot \mathbf{P}_{s/e}^{k} + (1 - \rho^{k}) \cdot I_{s/e};$
691	9	$\widetilde{w}_{s/e}^{k} \leftarrow \lambda \cdot w_{s/e}^{k} \cdot \left(1 - \frac{\pi^{k}}{\pi^{ID} + \pi^{OOD}}\right);$
692	10	end
693	11	$\widetilde{\mathbf{P}}_{s/e}^{T} \leftarrow \widetilde{w}_{s/e}^{ID} \cdot \mathbf{P}_{s/e}^{ID} + \widetilde{w}_{s/e}^{OOD} \cdot \mathbf{P}_{s/e}^{OOD};$
694	12	end
695	13	$f \leftarrow KL(\widetilde{\mathbf{P}}^T, \mathbf{P}^S)$
696	15	$\sum_{i=1}^{n} \frac{ \mathbf{r}_{s/e} ^{2}}{ \mathbf{r}_{s/e} ^{2}},$
697	14	I rain model S using loss \mathcal{L} ;
698	15 e	nd
699	16 ľ	eturn Student model S;
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