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# Efficient Preference-Based Reinforcement Learning: Randomized Exploration Meets Experimental Design

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## Abstract

We study reinforcement learning from human feedback in general Markov decision processes, where agents learn from trajectory-level preference comparisons. A central challenge in this setting is to design algorithms that select informative preference queries to identify the underlying reward while ensuring theoretical guarantees. We propose a meta-algorithm based on randomized exploration, which avoids the computational challenges associated with optimistic approaches and remains tractable. We establish both regret and last-iterate guarantees under mild reinforcement learning oracle assumptions. To improve query complexity, we introduce and analyze an improved algorithm that collects batches of trajectory pairs and applies optimal experimental design to select informative comparison queries. The batch structure also enables parallelization of preference queries, which is relevant in practical deployment as feedback can be gathered concurrently. Empirical evaluation confirms that the proposed method is competitive with reward-based reinforcement learning while requiring a small number of preference queries.

## 1 Introduction

Reinforcement learning (RL) is a fundamental paradigm in machine learning, where agents learn to make sequential decisions by interacting with an environment to maximize cumulative rewards [Barto, 2021]. RL has enabled advances in domains such as game play [Silver et al., 2017], robotics [Todorov et al., 2012], or autonomous driving [Lu et al., 2023]. However, the practicality of RL is hindered by the challenge of designing rewards: crafting a reward function that aligns with human objectives is often difficult, and a misspecified reward function can lead to suboptimal or unsafe behavior [Amodei et al., 2016, Hadfield-Menell et al., 2017]. This motivates the development of principled alternatives to manual reward design.

Rather than relying on manually specified reward functions, reinforcement learning from human feedback (RLHF) guides learning through preference feedback: at each step, a human oracle compares trajectories and indicates which is preferable [Christiano et al., 2017]. This preference signal is often much easier to provide than engineering a reward function [Pereira et al., 2019, Lee et al., 2023]. RLHF has proven to be effective in robotics [Jain et al., 2013] and, more recently, fine-tuning of large language models [Ziegler et al., 2019, Stiennon et al., 2020, Rafailov et al., 2023]. This highlights the practical relevance of RLHF compared to reward-based learning.

Despite its empirical success, the theoretical foundations of RLHF are still in development. Existing works first studied the simpler setting of dueling bandits. In this context, the learner selects pairs of actions and observes noisy preference feedback [Yue et al., 2012, Komiyama et al., 2015]. Classical algorithms for regret minimization in this setting include approaches based on zeroth-order

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optimization [Yue and Joachims, 2009] or the principle of optimism [Ailon et al., 2014]. A key challenge in this setting is reducing the number of preference queries. For this purpose, several recent works propose query selection strategies for dueling bandits [Das et al., 2024, Liu et al., 2024, Scheid et al., 2024, Mukherjee et al., 2024], often hinging on optimal experimental design mechanisms [Pukelsheim, 2006]. However, such approaches are usually limited to finite-armed bandits, where the resulting optimization problems can be solved efficiently.

In the online RL setting, the theory of RLHF has received increasing attention, with several works establishing either regret or probably approximately correct (PAC) guarantees. PAC-RL methods aim to identify a near-optimal policy with high probability [Xu et al., 2020, Novoseller et al., 2020, Zhu et al., 2023], while regret-based approaches provide bounds on the cumulative reward during learning [Pacchiano et al., 2021, Chen et al., 2022, Wu and Sun, 2023]. Similar to dueling bandits, a central challenge in RLHF is to actively select informative trajectory comparisons to drive learning. In RL, however, this active-learning problem presents additional difficulties: First, the learner cannot freely choose arbitrary state-action pairs or trajectories, but must reach them through exploration [Wagenmaker et al., 2022]. Second, many existing approaches with guarantees [Pacchiano et al., 2021, Zhan et al., 2024] rely on maximizing an exploration bonus involving a norm of state distributions – a problem which is computationally intractable even in tabular settings [Efroni et al., 2021].

To sidestep these challenges, another line of work focuses on RLHF with offline data. In this setting, learning proceeds over a fixed pre-collected dataset of trajectory preferences [Zhu et al., 2023, Zhan et al., 2023]. Although this offline paradigm avoids the need for online exploration and active query selection, it depends critically on having access to sufficiently diverse and informative preference data *a priori* [Rashidinejad et al., 2021, Xie et al., 2021, Zanette et al., 2021, Zanette, 2023] — a requirement that can be difficult to meet in practice. Hence, this merely shifts the exploration and active learning challenges to the data collection phase.

Despite progress on statistical guarantees in RLHF, a central challenge remains open: designing tractable algorithms for active preference query selection that reduce the workload of human annotators. In existing approaches, a human must provide feedback at every round, which is impractical in real-world applications. Our goal in this work is to develop RLHF algorithms that are computationally efficient, reduce the demand for human feedback, and actively select informative queries. Some recent work has made progress on computational tractability. For instance, Wu and Sun [2023] propose a randomized exploration algorithm with regret guarantees limited to linear dynamics, and Dwaracherla et al. [2024] show empirically that randomized exploration is efficient for fine-tuning of language models. In parallel, Wang et al. [2023] introduce a general reduction from RLHF to standard RL and establish PAC-style guarantees under RL oracle access. However, neither approach addresses the open challenges of reducing feedback requirements or enabling active query selection.

**Contributions** In this work, we focus on reinforcement learning from human feedback (RLHF) and develop meta-algorithms that reduce the RLHF problem to standard RL by leveraging existing RL algorithms as subroutines. Leveraging randomized exploration for tractable and efficient preference query selection, we provide both online algorithms with regret guarantees and a preference-free algorithm with PAC-style guarantees under RL-oracle assumptions. Our contributions are as follows:

- We propose two meta-algorithms for RLHF using RL oracles: Algorithm 1, optimized for regret minimization, and Algorithm 2, which performs preference-free exploration and defers preference collection to a single batch at the end. For these methods, we establish regret and PAC-style guarantees, respectively, holding in general MDPs.
- We present a second meta-algorithm for regret minimization (Algorithm 3) with better scalability and query efficiency thanks to: Lazy updates, inspired by linear bandits [Abbasi-Yadkori et al., 2011], which enables parallelization of the preference oracle calls; Greedy optimal design, which selects informative preference queries and improves sample efficiency.
- We provide empirical results showing that: Our algorithms are implementable, competitive with reward-based RL, and substantially outperform a baseline that relies solely on entropy-based exploration; Algorithm 3 achieves comparable performance to Algorithm 1 while significantly reducing the query complexity.<sup>2</sup>

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<sup>2</sup>The code is openly accessible at [https://github.com/andrschl/isaac\\_rlhf](https://github.com/andrschl/isaac_rlhf).

## 2 Preliminaries

**Notation** Let  $\mathbb{N}$  and  $\mathbb{R}$  denote the sets of natural and real numbers, respectively. We write  $\|\cdot\|$  for the Euclidean norm and  $\langle \cdot, \cdot \rangle$  for the standard inner product in  $\mathbb{R}^d$ . Moreover, for a positive definite matrix  $A \in \mathbb{R}^{d \times d}$ , we denote  $\|x\|_A := \sqrt{\langle x, Ax \rangle}$  for the Mahalanobis norm. Furthermore, we denote the closed Euclidean ball of radius  $a > 0$  by  $\mathcal{B}^d(a) \subset \mathbb{R}^d$ , and for a compact subset  $\mathcal{X} \subset \mathbb{R}^n$ , we denote the set of all probability measures supported on  $\mathcal{X}$  by  $\Delta_{\mathcal{X}}$ . Finally, we use the standard notation  $\mathcal{O}(n)$  and  $\Omega(n)$  for asymptotic upper and lower bounds, as well as  $\tilde{\mathcal{O}}(n) = \mathcal{O}(n \text{polylog}(n))$  for suppressing polylogarithmic terms.

**Setting** We consider an infinite-horizon<sup>3</sup> Markov decision process (MDP)  $\mathcal{M} = \{\mathcal{S}, \mathcal{A}, \nu_0, P, r, \gamma\}$  with state and action spaces  $\mathcal{S} \subseteq \mathbb{R}^n$  and  $\mathcal{A} \subset \mathbb{R}^m$ , respectively, initial state distribution  $s_0 \sim \nu_0$ , transition law  $s_{h+1} \sim P(\cdot | s_h, a_h)$ , and discount rate  $\gamma \in (0, 1)$ . We assume a linear reward model  $r_{\theta^*}(s, a) := \langle \theta^*, \phi(s, a) \rangle$ , where  $\|\theta^*\| \leq B$  and  $\phi : \mathcal{S} \times \mathcal{A} \rightarrow \mathbb{R}^d$  is a continuous feature mapping such that  $\max_{s, a} \|\phi(s, a)\| \leq L$ . We denote the set of all trajectories as  $\mathcal{T} := (\mathcal{S} \times \mathcal{A})^\infty$ , and the distribution over  $\mathcal{T}$  induced by a stationary Markov policy  $\pi : \mathcal{S} \rightarrow \Delta_{\mathcal{A}}$  as  $\mathbb{P}_\pi$ . For a trajectory  $\tau = (s_0, a_0, s_1, \dots) \in \mathcal{T}$ , we denote the discounted sum of features by  $\phi(\tau) := \sum_{h=0}^{\infty} \gamma^h \phi(s_h, a_h)$  and the feature expectation of a policy  $\pi$  by  $\phi(\pi) := \mathbb{E}_{\tau \sim \mathbb{P}_\pi} [\phi(\tau)]$ . Furthermore, given a reward parameter  $\theta$ , we denote the value of a policy  $\pi$  by  $V_\theta^\pi := \mathbb{E}_{\tau \sim \mathbb{P}_\pi} [\sum_{h=0}^{\infty} \gamma^h r_\theta(s_h, a_h)] = \langle \theta, \phi(\pi) \rangle$  and the optimal value by  $V_\theta^* := \max_{\pi} V_\theta^\pi$ .

**Interaction protocol** For each round  $t = 1, \dots, T$  of RLHF, a learner, the MDP, and a preference oracle interact as follows. The learner selects two policies  $\pi_t$  and  $\pi'_t$ , and executes them to obtain two trajectories  $\tau_t \sim \mathbb{P}_{\pi_t}$  and  $\tau'_t \sim \mathbb{P}_{\pi'_t}$ . Subsequently, the learner may query the preference oracle, which returns a binary label  $y_t = \mathbb{1}(\tau_t \succ \tau'_t) \in \{0, 1\}$ . The label equals one if the trajectory  $\tau_t$  is preferred over  $\tau'_t$ , denoted as  $\tau_t \succ \tau'_t$ , and zero otherwise. Each such interaction is one RLHF round.

**Preference model** We consider a stochastic preference model characterized by a preference function  $\mathcal{P} : \mathcal{T} \times \mathcal{T} \rightarrow [0, 1]$ , assigning to each pair of trajectories  $\tau, \tau' \in \mathcal{T}$  the probability  $\mathcal{P}(\tau \succ \tau')$  of preferring  $\tau$  to  $\tau'$ . We make the following assumption about the preference model.

**Assumption 2.1** (Bradley–Terry model). The preference function  $\mathcal{P}$  satisfies for all  $\tau, \tau' \in \mathcal{T}$

$$\mathcal{P}(\tau \succ \tau') = \sigma(\langle \theta^*, \phi(\tau) - \phi(\tau') \rangle), \quad (1)$$

where  $\sigma(x) = 1/(1 + e^{-x})$  denotes the sigmoid function.

This preference model is a special case of the Plackett-Luce model [Plackett, 1975, Luce et al., 1959], and is commonly used in the dueling bandit setting as well as the RLHF framework [Yue et al., 2012, Christiano et al., 2017, Ouyang et al., 2022]. It captures that the probability of preferring  $\tau$  over  $\tau'$  is increasing in the difference between their values  $\langle \theta^*, \phi(\tau) - \phi(\tau') \rangle$ .

*Remark 2.2.* In practice, we cannot compare trajectories of infinite length. Fortunately, many environments terminate in finite time, and otherwise one may truncate each trajectory at horizon  $H = \mathcal{O}(\log_\gamma(\varepsilon))$ , introducing at most an  $\varepsilon$  error in value estimates (see e.g. [Schlaginhaufen and Kamarpour, 2024]). For simplicity, however, we omit this truncation step in our presentation.

**Regret** To assess the learner’s online performance, we consider the cumulative regret

$$R(T) = \sum_{t=1}^T \frac{(V_{\theta^*}^* - V_{\theta^*}^{\pi_t}) + (V_{\theta^*}^* - V_{\theta^*}^{\pi'_t})}{2} = \frac{1}{2} \sum_{t=1}^T (2V_{\theta^*}^* - V_{\theta^*}^{\pi_t} - V_{\theta^*}^{\pi'_t}).$$

Cumulative regret has been widely adopted in the RL and RLHF literature [Abbasi-Yadkori et al., 2011, Zanette et al., 2020, Wang et al., 2023, Zhan et al., 2024]. However, cumulative regret doesn’t provide us with a guarantee of the last iterate’s suboptimality. As a second metric, we therefore also consider the suboptimality of an output policy.

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<sup>3</sup>Our results extend directly to the finite-horizon setting as well.

**Suboptimality** The suboptimality of an output policy  $\hat{\pi}$  is defined by

$$\text{SubOpt}(\hat{\pi}) := V_{\theta^*}^* - V_{\theta^*}^{\hat{\pi}}.$$

Suboptimality has previously been considered as a performance metric for offline RLHF [Zhu et al., 2023], contextual bandits [Das et al., 2024], and online RLHF [Wang et al., 2023]. In the following, we propose a meta-algorithm that features two variants: one with theoretical guarantees on cumulative regret, and another specifically ensuring a bound on last-iterate suboptimality.

### 3 Randomized Preference Optimization

#### 3.1 Algorithm

Both algorithms share the same key ingredients: (i) estimating the reward parameter from preference feedback using maximum likelihood estimation, (ii) sampling reward parameters from a Gaussian distribution, reminiscent of linear Thompson sampling [Abeille and Lazaric, 2017], and (iii) leveraging an RL oracle to find an approximately optimal policy for the sampled reward parameter. In Algorithm 1, we apply these steps iteratively and, at each round, query the preference oracle by comparing a trajectory from the new policy to one from the previous policy to minimize regret. In contrast, Algorithm 2 performs preference-free exploration and defers all preference queries to a single batch at the end.

**Maximum likelihood estimation** Considering our preference model (1), a standard approach for estimating the reward parameter  $\theta^*$  is via maximum likelihood estimation. Given a pair of trajectories  $\tau_k = (s_{h,k}, a_{h,k})_{h=0}^{\infty}$  and  $\tau'_k = (s'_{h,k}, a'_{h,k})_{h=0}^{\infty}$  we consider the design points  $x_k := \phi(\tau_k) - \phi(\tau'_k) = \sum_{h=0}^{\infty} \gamma^h (\phi(s_{h,k}, a_{h,k}) - \phi(s'_{h,k}, a'_{h,k}))$  and the preference labels  $y_k = \mathbb{1}(\tau_k \succ \tau'_k)$ . In round  $t$ , the preference dataset is  $\mathcal{D}_t = \{(x_k, y_k)\}_{k=1}^{t-1}$  and the corresponding (constrained) maximum likelihood estimator (MLE) is given by  $\hat{\theta}_t = \arg \min_{\|\theta\| \leq B} \mathcal{L}_{\mathcal{D}_t}(\theta)$ , where

$$\mathcal{L}_{\mathcal{D}_t}(\theta) := - \sum_{(x,y) \in \mathcal{D}_t} [y \log \sigma(\langle \theta, x \rangle) + (1-y) \log \sigma(-\langle \theta, x \rangle)], \quad (2)$$

is the negative log-likelihood of the Bradley-Terry model (1). The loss function (2) is the familiar logistic loss from logistic regression [Shalev-Shwartz and Ben-David, 2014]. In particular, it is a convex problem that can be solved efficiently using standard methods such as LBFGS [Liu and Nocedal, 1989]. Moreover, we have the following time-uniform confidence result.

**Lemma 3.1.** *Let  $\lambda \geq 0$  and define the design matrix at time  $t$  given by  $V_t = \lambda I + \sum_{k=1}^{t-1} x_k x_k^\top$ . Then, with probability  $1 - \delta$ , for all  $t \in \mathbb{N}$ , the true reward parameter  $\theta^*$  is contained in the ellipsoid*

$$\mathcal{E}_t(\delta) := \left\{ \theta : \left\| \theta - \hat{\theta}_t \right\|_{V_t}^2 \leq \beta_t(\delta)^2 := \mathcal{O} \left( \kappa \left[ \log \left( \frac{1}{\delta} \right) + d \log \left( \frac{t-1}{d} \right) \right] + \lambda \right) \right\}.$$

Here,  $\kappa := \max_{\theta \in \mathcal{B}^d(B), x \in \mathcal{B}^d(2LH_\gamma)} 1/\dot{\sigma}(\langle \theta, x \rangle)$  denotes the Lipschitz constant of the inverse sigmoid function, and  $H_\gamma = (1-\gamma)^{-1}$  the effective horizon of the MDP.

The above lemma hinges on a result for likelihood-ratio confidence sets by Lee et al. [2024]. The proof and the precise constants are deferred to Appendix D.

*Remark 3.2.* Compared to the standard analysis of stochastic linear bandits Abbasi-Yadkori et al. [2011], our parameter  $\beta_t$  includes an additional factor of  $\sqrt{\kappa}$ , which arises naturally due to preference-based feedback. This result improves upon the bound provided by Zhu et al. [2023], which incurs a larger factor of  $\kappa$  instead of  $\sqrt{\kappa}$ . While the  $\sqrt{\kappa}$  factor can theoretically be avoided by constructing confidence sets using the Hessian of the negative log-likelihood  $\mathcal{L}_{\mathcal{D}_t}$  [Lee et al., 2024, Das et al., 2024], it reappears in the regret bounds as shown in [Das et al., 2024]. We adopt confidence sets based on  $V_t$ , as this facilitates preference-free exploration, and both  $V_t$  and its inverse can be efficiently updated via rank-one operations, unlike Hessian-based approaches.

**Randomized exploration** Many approaches to regret minimization and pure exploration in RLHF rely on maximizing an exploration bonus of the form  $\|\phi(\pi_t) - \phi(\pi'_t)\|_{V_t^{-1}}$  or  $\mathbb{E}_{\tau \sim \mathbb{P}_{\pi_t}, \tau' \sim \mathbb{P}_{\pi'_t}} \|\phi(\tau) - \phi(\tau')\|_{V_t^{-1}}^2$ . Although such methods yield provable guarantees for regret [Pacchiano et al., 2021] or last-iterate suboptimality [Das et al., 2024], they are computationally intractable

in RL settings (see Appendix E.2). To address this, we adopt a randomized exploration scheme inspired by Thompson sampling algorithms for linear bandits. In line with Abeille and Lazaric [2017], we sample the reward parameter from an inflated version of the confidence set defined in Lemma 3.1, which produces a computationally efficient alternative to optimism-based approaches. Furthermore, we also show that this randomized strategy extends to the pure exploration setting.

**RL oracle** With the objective of a meta-algorithm, we assume access to the following RL oracle.

**Assumption 3.3 (PAC-RL oracle).** We assume access to an  $(\varepsilon, \delta)$ -PAC oracle,  $A_{\text{RL}}^{\text{PAC}}$ , for the RL problem. That is, a polynomial-time algorithm that produces for every  $\varepsilon > 0$ ,  $\delta \in (0, 1)$ , and  $\theta \in \mathbb{R}^d$  a policy  $\pi = A_{\text{RL}}^{\text{PAC}}(\theta, \varepsilon, \delta)$  such that with probability at least  $1 - \delta$  we have  $V_\theta^* - V_\theta^\pi \leq \varepsilon$ .

This assumption of a PAC-RL oracle is satisfied in several settings, including tabular and linear MDPs [Dann et al., 2019, Ménard et al., 2021, Al Marjani et al., 2021, Wagenmaker et al., 2022, He et al., 2021]. Moreover, it is relatively mild compared to stronger oracles considered in the RLHF literature [Zhan et al., 2024], such as reward-free algorithms [Wang et al., 2020, Kaufmann et al., 2021, Ménard et al., 2021]. In practice, common choices for  $A_{\text{RL}}^{\text{PAC}}$  are policy optimization methods such as proximal policy optimization (PPO) [Schulman et al., 2017] or soft actor critic [Haarnoja et al., 2018], which have shown strong empirical performance in continuous control and large-scale applications such as training large language models.

**Algorithm statement** Our algorithm randomized preference optimization (RPO) presented below comes in two variants: (i) RPO-Regret (Algorithm 1) which balances exploration and exploitation for regret minimization, and (ii) RPO-Explore (Algorithm 2) which performs preference-free exploration and collects a single batch of preferences at the end. In RPO-Regret, we sample in each round a reward parameter from a confidence set (see Lemma 3.1) inflated by  $\sqrt{d}$ , compute the policy  $\pi_t$  via the RL oracle, and update the reward estimate by maximum likelihood using the newly collected preference. In contrast, RPO-Explore samples reward parameters centered at zero, stores trajectory pairs during exploration, and collects a single batch of preferences at the end.

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**Algorithm 1: RPO-Regret** (online preference learning for regret minimization)

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**Input:**  $T \in \mathbb{N}$ ,  $\delta \in (0, 1)$ ,  $\lambda > 0$

1 **Initialize:**  $\varepsilon = 1/\sqrt{T}$ ;  $\delta' = \delta/5$ ;  $V_1 = \lambda I$ ;  $\mathcal{D}_1 = \emptyset$ ;  $\hat{\theta}_1 = 0$ ; and choose  $\pi_0$ .

2 **for**  $t = 1, 2, \dots, T$  **do**

3      $\tilde{\theta}_t \sim \mathcal{N}(\hat{\theta}_t, \beta_t(\delta')^2 V_t^{-1})$  // Reward sampling

4      $\pi_t = A_{\text{RL}}^{\text{PAC}}(\tilde{\theta}_t, \varepsilon, \delta'/T)$ ,  $\pi'_t = \pi_{t-1}$  // RL update

5      $\tau_t \sim \mathbb{P}_{\pi_t}$ ,  $\tau'_t \sim \mathbb{P}_{\pi'_t}$

6      $x_t = \phi(\tau_t) - \phi(\tau'_t)$ ,  $V_{t+1} = V_t + x_t x_t^\top$

7      $y_t = \mathbb{1}(\tau_t \succ \tau'_t)$ ,  $\mathcal{D}_{t+1} = \mathcal{D}_t \cup \{(x_t, y_t)\}$  // Preference feedback

8      $\hat{\theta}_{t+1} \in \arg \min_{\|\theta\| \leq B} \mathcal{L}_{\mathcal{D}_{t+1}}(\theta)$  // Reward estimation

9 **end**

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**Algorithm 2: RPO-Explore** (preference-free exploration and batched reward estimation)

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**Input:**  $T \in \mathbb{N}$ ,  $\delta \in (0, 1)$ ,  $\lambda > 0$

1 **Initialize:**  $\varepsilon = 1/\sqrt{T}$ ;  $\delta' = \delta/5$ ;  $V_1 = \lambda I$ ;  $\mathcal{B} = \mathcal{D} = \emptyset$ ; and choose  $\pi_0$ .

2 **for**  $t = 1, 2, \dots, T$  **do**

3      $\tilde{\theta}_t \sim \mathcal{N}(0, V_t^{-1})$  // Reward sampling

4      $\pi_t = A_{\text{RL}}^{\text{PAC}}(\tilde{\theta}_t, \varepsilon, \delta'/T)$ ,  $\pi'_t = \pi_{t-1}$  // RL update

5      $\tau_t \sim \mathbb{P}_{\pi_t}$ ,  $\tau'_t \sim \mathbb{P}_{\pi'_t}$

6      $x_t = \phi(\tau_t) - \phi(\tau'_t)$ ,  $V_{t+1} = V_t + x_t x_t^\top$

7      $\mathcal{B} = \mathcal{B} \cup \{(\tau_t, \tau'_t, x_t)\}$  // Defer preference feedback

8 **end**

9 **foreach**  $(\tau, \tau', x) \in \mathcal{B}$  **do**

10      $y = \mathbb{1}(\tau \succ \tau')$ ,  $\mathcal{D} = \mathcal{D} \cup \{(x, y)\}$  // Preference feedback

11 **end**

**Output:** Policy  $\hat{\pi} = A_{\text{RL}}^{\text{PAC}}(\hat{\theta}, \varepsilon, \delta')$  with  $\hat{\theta} \in \arg \min_{\|\theta\| \leq B} \mathcal{L}_{\mathcal{D}}(\theta)$  // One MLE at end

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### 3.2 Theoretical results

We analyze the regret of RPO-Regret and the suboptimality of the output policy  $\hat{\pi}$  of RPO-Explore.

#### 3.2.1 Regret analysis

We show that RPO-Regret incurs sublinear regret with high probability.

**Theorem 3.4.** *For any  $\delta \in (0, 1)$  and  $T \in \mathbb{N}$ , Algorithm 1 satisfies, with probability at least  $1 - \delta$ ,*

$$R(T) = \mathcal{O} \left( \sqrt{\kappa d^3 T \log(dT/\delta)^3} \right).$$

The regret bound of Theorem 3.4 matches the best existing bounds for algorithms with randomized exploration in reinforcement learning, see [Efroni et al., 2021, Ouhamma et al., 2023]. In addition, due to learning from preferences, we have an extra  $\sqrt{\kappa}$  factor (see Remark 3.2), which is in line with other recent work on RLHF [Wu and Sun, 2023, Das et al., 2024].

**Comparison with prior work** For episodic tabular MDPs Pacchiano et al. [2021] prove a regret bound of  $\tilde{\mathcal{O}}(\kappa d \sqrt{T})$ . Similarly, Chen et al. [2022] considers episodic linear MDPs and derives a regret bound of  $\tilde{\mathcal{O}}(d \sqrt{HT})$ , avoiding dependence on  $\kappa$  by assuming a linear preference model. However, these approaches rely on a type of optimism which is computationally intractable in this setting (see Appendix E.2). Similar to us, Wu and Sun [2023] avoid this challenge by resorting to randomized exploration and proves a  $\tilde{\mathcal{O}}(d^3 \sqrt{\kappa T})$  regret bound for linear MDPs. Compared to Wu and Sun [2023], our analysis improves the dependence on dimensionality from  $d^3$  to  $d^{3/2}$  and avoids the need for truncation techniques on the value function. Furthermore, our settings differ in two key points: First, we assume access to an RL oracle without restricting the class of MDPs, whereas Wu and Sun [2023] considers linear MDPs. Second, their approach is model-based, while Algorithm 1 is oracle-based and can accommodate both model-based and model-free implementations.

**Proof idea** The full proof of Theorem 3.4 is provided in Appendix A. Analogous to the analysis of linear Thompson sampling [Abeille and Lazaric, 2017], the main idea is to control the regret by showing that randomized exploration ensures a constant probability of optimism. However, compared to the linear bandit analysis, our setting comes with additional challenges: First, due to preference-based learning we require a different regret decomposition accounting for the reference policy. Second, as we observe preference feedback on trajectories rather than policies, we need to apply Freedman’s inequality (see Lemma D.9) to control the deviation between expected and observed features. Lastly, as we assume a PAC RL oracle – in place of an exact maximization oracle – we need to carefully track the resulting approximation error.

#### 3.2.2 Suboptimality gap

As RPO-Explore collects no preferences during exploration, it may incur linear regret as the policies  $\pi_t$  can be highly suboptimal. However, Theorem 3.5 below shows that the final output policy is  $\tilde{\mathcal{O}}(1/\sqrt{T})$ -optimal.

**Theorem 3.5.** *For any  $\delta \in (0, 1)$  and  $T \in \mathbb{N}$ , Algorithm 2 satisfies, with probability at least  $1 - \delta$ ,*

$$\text{SubOpt}(\hat{\pi}) = \mathcal{O} \left( \sqrt{\frac{\kappa d^3}{T} \log \left( \frac{dT}{\delta} \right)^3} \right).$$

In other words, we need  $\tilde{\mathcal{O}}(\kappa d^3/\varepsilon^2)$  iterations to output an  $\varepsilon$ -optimal policy with high probability.

Except for the extra  $\sqrt{d}$  dependency, which is inherent to approaches based on randomized exploration,<sup>4</sup> we match the last iterate guarantee proposed by Das et al. [2024] for a contextual linear bandit setting, but with an algorithm that (i) collects a single batch of preferences and (ii) remains tractable in a full RL setting with trajectory-level feedback, given the PAC RL oracle is tractable.

<sup>4</sup>Recently, Abeille et al. [2025] showed that, in certain cases, the factor  $\sqrt{d}$  can be removed by an improved analysis. Their assumptions do not hold in our setting, so whether  $\sqrt{d}$  can be avoided remains open.

**Comparison with prior work** Algorithm 2 is reminiscent of reward-free RL algorithms [Wang et al., 2020], but in a preference-based setting. To our knowledge, Algorithm 2 is the first tractable algorithm to perform efficient preference-free exploration with trajectory-level preferences, and the first – across preference- or reward-based RL – to do so via randomized exploration. Few other works provide suboptimality guarantees in preference-based RL, but require preference-feedback at every round. Wang et al. [2023] propose a meta-algorithm interfacing with a PAC-RL oracle that outputs an  $\varepsilon$ -optimal policy after  $\tilde{\mathcal{O}}(\kappa^2 d^3 / \varepsilon^2)$  queries. A different approach by Zhan et al. [2024] leverages optimal design to prove a bound of  $\tilde{\mathcal{O}}((|S|^2 |A|d + \kappa^2 d^2) / \varepsilon^2)$ , but their method relies on an intractable maximization oracle. In comparison, Algorithm 2 achieves a bound of  $\tilde{\mathcal{O}}(\kappa d^3 / \varepsilon^2)$ , improving the dependence on  $\kappa$  over both prior results. The extra  $\sqrt{d}$  compared to Zhan et al. [2024] is expected for randomized (rather than optimistic) exploration [Abeille and Lazaric, 2017]. Finally, note that an online-to-batch conversion yields similar suboptimality bounds for Algorithm 1, but would require preferences at every round [Ménard et al., 2021].

**Proof idea** The proof of Theorem 3.5, presented in Appendix B, builds on Das et al. [2024]’s suboptimality analysis for the contextual bandits setting. However, to sidestep the intractability of maximizing an exploration bonus over policies, we leverage randomized exploration [Abeille and Lazaric, 2017] to ensure a constant probability of optimism. This allows us to derive a bound on the output policy’s suboptimality that mirrors the regret bound, without needing additional assumptions.

### 3.3 Practical limitations

While Algorithm 1 is tractable and efficient, it presents certain limitations. Issuing preference queries at each round (line 7) is impractical, due to the need for continuous feedback, and requesting a label for all trajectory pairs can be expensive and inefficient, as many comparisons may be uninformative. Moreover, the large regret of Algorithm 2 may be undesirable for certain applications. The next section introduces a refined regret-minimization algorithm that addresses these issues by decoupling trajectory collection from query selection and querying only the most informative comparisons.

## 4 A practical algorithm with efficient query selection

We present Algorithm 3, an improved method for preference collection and active query selection.

### 4.1 Algorithm

As discussed earlier, we design Algorithm 3 by using lazy updates to collect a batch of trajectory pairs, then applying optimal design to select the informative queries from the batch.

---

**Algorithm 3: LRPO-OD-Regret** (lazy randomized preference optimization with optimal design)

---

**Input:**  $T \in \mathbb{N}$ ,  $\delta \in (0, 1)$ ,  $\lambda > 1$ ,  $C > 0$

- 1 **Initialize:**  $\varepsilon = 1/\sqrt{T}$ ;  $\delta' = \delta/5$ ;  $V_1 = W_1 = \lambda I$ ;  $\mathcal{D}_1 = \mathcal{D} = \emptyset$ ;  $t_{\text{stop}} = 1$ ;  $\hat{\theta}_1 = 0$ ;  $\pi'.$
- 2 **for**  $t = 1, 2, \dots, T$  **do**
- 3     **if**  $\det(W_t) > (1 + C) \det(V_{t_{\text{stop}}})$  **then**
- 4          $\mathcal{D}_{\text{opt}}, V_t = \text{D-OptDes}(\mathcal{D}, V_{t_{\text{stop}}}, W_t)$  *// Optimal design*
- 5          $\mathcal{D}_t = \mathcal{D}_{t_{\text{stop}}}$
- 6         **for**  $(\tau, \tau') \in \mathcal{D}_{\text{opt}}$  **do**
- 7              $\mathcal{D}_t = \mathcal{D}_t \cup \{(x, y)\}$ ,  $x = \phi(\tau) - \phi(\tau')$ ,  $y = \mathbb{1}(\tau \succ \tau')$  *// Preferences*
- 8         **end**
- 9          $\hat{\theta}_t \in \arg \min_{\|\theta\| \leq B} \mathcal{L}_{\mathcal{D}_t}(\theta)$  *// Reward estimation*
- 10          $t_{\text{stop}} = t$ ,  $\mathcal{D} = \emptyset$ ,  $\pi' = \mathbf{A}_{\text{RL}}^{\text{PAC}}(\hat{\theta}_t, \varepsilon, \delta'/T)$
- 11     **end**
- 12      $\tilde{\theta}_t \sim \mathcal{N}(\hat{\theta}_{t_{\text{stop}}}, \beta_{t_{\text{stop}}}(\delta')^2 V_{t_{\text{stop}}}^{-1})$  *// Reward sampling*
- 13      $\pi_t = \mathbf{A}_{\text{RL}}^{\text{PAC}}(\tilde{\theta}_t, \varepsilon, \delta'/T)$  *// Update policy with RL*
- 14      $\mathcal{D} = \mathcal{D} \cup \{(\tau_t, \tau'_t)\}$ ,  $x_t = \phi(\tau_t) - \phi(\tau'_t)$  with  $\tau_t \sim \mathbb{P}_{\pi_t}$ ,  $\tau'_t \sim \mathbb{P}_{\pi'}$
- 15     If  $t = t_{\text{stop}}$ , then  $W_{t+1} = V_t + x_t x_t^\top$ , else:  $W_{t+1} = W_t + x_t x_t^\top$
- 16 **end**

---

**Lazy updates** We use an idea from Abbasi-Yadkori et al. [2011] to collect many trajectory pairs without querying the preference oracle. The modification compared to Algorithm 1 is collecting trajectories without updating the MLE  $\hat{\theta}_{t_{\text{stop}}}$  until the information gain, represented by  $\det(V_t)$ , increases by a multiplicative constant; see line 4 of Algorithm 3. We show that this procedure limits the number of batches to  $\mathcal{O}(\log(T))$ . In other words, the average (over batches) size of a given batch is of order  $\mathcal{O}(T/\log(T))$ . A key advantage of this lazy update structure is that the preference queries (line 7) can be collected in parallel across all trajectory pairs within a batch. This significantly reduces the workload of the preference oracle, *e.g.* a human annotator, by eliminating the need for round-by-round feedback, and the algorithm no longer pauses at each timestep to wait for preference labels.

**D-Optimal design** To select informative preference queries from the collected trajectories above, we leverage tools from optimal experimental design. Specifically, we apply an approximate D-optimal design criterion to each collected batch of trajectory pairs; see Appendix E.1 for background on D-optimal design. Given the current matrix  $V_{t_{\text{stop}}}$  and the set of candidate trajectory pairs  $\mathcal{D}$ , we use a greedy algorithm to solve the following maximization problem:

$$\max_{\{n_x\}} \log \det \left( V_{t_{\text{stop}}} + \sum_{x \in \mathcal{D}} n_x x x^\top \right) \quad \text{subject to } \sum_{x \in \mathcal{D}} n_x = |\mathcal{D}|, \quad n_x \in \mathbb{N}.$$

Due to the submodularity of the log det function for  $\lambda$  greater than one, the greedy procedure of Algorithm 4 achieves an  $(1 - 1/e)$ -approximation to the optimal solution; see [Nemhauser et al., 1978, Krause et al., 2008] and Appendix E.1.

Another key feature of Algorithm 4 is its early stopping rule: the while loop terminates early if  $\det(V)$  exceeds the determinant of the naive design  $W$ ; if this never happens we simply return  $W$ . When this early termination is satisfied, Algorithm 3 requires fewer preferences than Algorithm 1. Since the optimal design maximizes the information gain (as measured by  $\det(V)$ ), this termination condition is expected to be satisfied frequently in practice.

---

**Algorithm 4:** Greedy D-Optimal Design

---

**Input:** Dataset  $\mathcal{D}$ , previous design matrix  $V$ , current design matrix  $W$  including  $\mathcal{D}$ .

```

1 Initialize dataset  $\mathcal{D}_{\text{opt}} = \emptyset$ 
2 while  $\det(V) < \det(W)$  and  $|\mathcal{D}_{\text{opt}}| < |\mathcal{D}|$  do
3    $(\tau, \tau') = \arg \max_{(\tau, \tau') \in \mathcal{D}} \det(V + (\phi(\tau) - \phi(\tau'))(\phi(\tau) - \phi(\tau'))^\top)$ 
4    $V = V + x x^\top$ , where  $x = \phi(\tau) - \phi(\tau')$ ;  $\mathcal{D}_{\text{opt}} = \mathcal{D}_{\text{opt}} \cup \{(\tau, \tau')\}$ 
5 end
```

**Output:**  $(\mathcal{D}_{\text{opt}}, V)$  if  $\det(V) \geq \det(W)$ , else  $(\mathcal{D}, W)$

---

## 4.2 Theoretical result

We now provide our high probability regret bound for Algorithm 3.

**Theorem 4.1.** Instantiating Algorithm 3 with  $C > 0$  and  $\lambda \geq 4H_\gamma^2 L^2$ , it holds for any  $\delta \in (0, 1)$  and  $T \in \mathbb{N}$ , with probability at least  $1 - \delta$  that

$$R(T) \leq \mathcal{O} \left( \sqrt{(1 + C)\kappa d^3 T \log(dT/\delta)^3} \right).$$

In addition, the number of times the condition of line 4 holds is at most  $\frac{d}{\log(1+C)} \log \left( 1 + \frac{T(2LH_\gamma)^2}{d\lambda} \right)$ .

Therefore, the size of the batches is on average of order  $\tilde{\mathcal{O}}(T/(d \log(T)))$ .

Compared to Theorem 3.4, the above regret bound increases only by constant factors. Regarding the number of preference queries, Sekhari et al. [2023] shows that at least  $\Omega(T)$  queries are required to achieve  $\mathcal{O}(\sqrt{T})$  regret in the worst case. However, optimal design may lead to significantly fewer queries in favorable instances, as demonstrated in our experiments, while preserving the worst-case guarantees.

**Proof idea** We briefly outline the main idea of the proof of Theorem 4.1; the full argument is deferred to Appendix C. The central observation is that similarly as for the standard lazy update analysis [Abbasi-Yadkori et al., 2011], the regret only increases by a constant factor  $(1 + C)$  given that the optimal design subroutine ensures that  $\det V_{t_{\text{stop}}} \geq \det W_{t_{\text{stop}}}$  and  $|\mathcal{D}_{\text{opt}}| \leq |\mathcal{D}|$ .

## 5 Experiments

We first validate our theoretical results on regret minimization in a tabular gridworld environment, where our RL oracle assumption provably holds, and then compare Algorithm 1 and 3 on more challenging continuous control tasks. The validation of Algorithm 2 is deferred to Appendix F.

### 5.1 Tabular environment

We consider a  $6 \times 6$  gridworld environment with deterministic transitions and 4 actions (up, down, left, right). The agent starts in the center and receives reward 0.5 if it reaches one of two boundary states. The reward features are one-hot features of six boundary states – including the two goal states (see Figure 3 for an illustration of the environment). We compare RPO-Regret (Algorithm 1) against an RLHF baseline that explores purely through entropy regularization, using synthetic preferences generated from the ground truth reward parameter  $\theta^*$ . We compute optimal policies using soft value iteration [Haarnoja et al., 2017], and to reduce variance in the reward estimate, we sample 100 trajectories from  $\pi_t$  and  $\pi'_t$  in each RLHF round.

As shown in Figure 1, RPO-Regret attains considerably lower regret with less variance across runs than the baseline. These results underscore that entropy exploration does not necessarily guarantee low regret in MDPs.

### 5.2 Continuous control

We validate our theoretical results on regret minimization (Theorems 3.4 and 4.1) on the Isaac-Cartpole-v0 environment from Nvidia Isaac Lab [Mittal et al., 2023]. In this task the goal is to balance a pole on a cart by applying left or right forces, preventing the pole from falling. We compare RPO-Regret with its lazy variants (LRPO-Regret without optimal design and LRPO-OD-Regret with optimal design). To simulate human preferences, we generate synthetic preferences using the built-in task-specific reward function, which is a linear combination of 5 reward

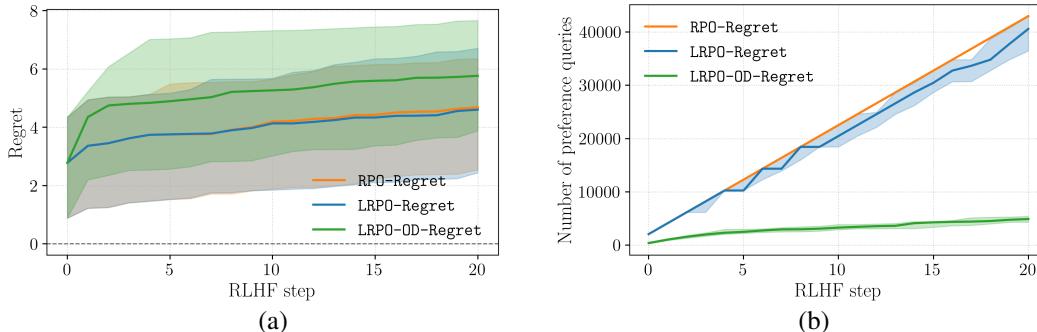


Figure 2: Comparison of regret minimization algorithms in terms of (a) the cumulative regret (estimated from samples against an RL policy trained with  $\theta^*$ ) and (b) number of preference queries performed. In particular, we compare RPO-Regret (orange, Algorithm 1) with its lazy versions LRPO-Regret and LRPO-OD-Regret (blue & green). Here, LRPO-Regret and LRPO-OD-Regret refer to Algorithm 3 without and with optimal design subroutine. The solid lines indicate the median and the shaded areas the 0.2 and 0.8 quantiles, across 20 independent runs.

terms (see Appendix F). Furthermore, we adopt PPO [Schulman et al., 2017] as our RL oracle using 30 PPO steps per iteration of Algorithm 1 and 3. Again, we sample 100 trajectories from  $\pi_t$  and  $\pi'_t$  in each RLHF round.

Figure 2 shows that for all three algorithms the regret slope flattens after a few RLHF rounds, demonstrating sublinear regret and performance competitive with RL using ground truth rewards. Although LRPO-OD-Regret suffers slightly higher regret initially, it quickly reaches the same performance as RPO-Regret and LRPO-Regret, while reducing the number of preference queries considerably. This highlights that, despite theoretical worst-case lower bounds, the number of preference queries can be considerably reduced in practice by selecting informative queries with optimal design. Additional experimental results and further implementation and evaluation details are provided in Appendix F.

## 6 Conclusion

We presented two simple meta-algorithms for reinforcement learning from human feedback (RLHF) that combine an RL oracle and randomized exploration, achieving complementary guarantees: regret bounds for Algorithm 1 and PAC-style guarantees for Algorithm 2. Algorithm 2, to our knowledge, is the first tractable method to perform preference-free exploration with trajectory-level preferences. Building on this framework, we introduced Algorithm 3, a practical regret-minimization algorithm that combines lazy updates to enable parallelization with optimal design to reduce query complexity, while maintaining regret guarantees. Empirically, our approach is competitive with reward-based RL while requiring significantly fewer preference queries. Overall, our contributions advance the state of RLHF by combining strong theoretical guarantees with practical algorithm design, improving efficiency and broadening applicability to real-world scenarios.

Our work opens several directions for future research. First, we adopt the Bradley-Terry model for preference generation, which may not fully capture the complexity of real-world human feedback. Extending the framework to richer preference models is an important direction. Second, our approach relies on an RL oracle at every RLHF step, which may be computationally demanding. While using a reward-free algorithm as an RL oracle is theoretically efficient, practical RL implementations are typically based on policy optimization, which is not a reward-free algorithm, and often entails high sample complexity. Thus, it remains open whether we could require fewer RL oracle calls or whether reward-free oracles can be successfully implemented. Finally, our experimental evaluation is limited to tabular settings and simple robotic control tasks with synthetic feedback. Assessing performance on more complex tasks and with real human or LLM-generated feedback would offer a stronger test of the method’s practical applicability.

**Acknowledgments** Andreas Schlaginhaufen is funded by a PhD fellowship from the Swiss Data Science Center.

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# Appendix

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## A Proof of Theorem 3.4

**Theorem 3.4.** For any  $\delta \in (0, 1)$  and  $T \in \mathbb{N}$ , Algorithm 1 satisfies, with probability at least  $1 - \delta$ ,

$$R(T) = \mathcal{O} \left( \sqrt{\kappa d^3 T \log(dT/\delta)^3} \right).$$

*Proof.* The proof proceeds in four steps. We first define a set of good events of concentration of parameters and sums of trajectory features, we show that they are satisfied with high probability. Second, we decompose the regret into two terms: a pessimism term and an estimation error term. We then show that the pessimism term is controlled by establishing a constant probability of optimism, and the estimation error term is controlled by the estimation error of the maximum likelihood estimator.

Throughout the proof, we work with the two filtrations  $\mathcal{F}_{t-1} = \sigma(x_1, y_1, \dots, x_{t-1}, y_{t-1})$  and  $\mathcal{F}_{t-1}^\theta = \sigma(\mathcal{F}_{t-1}, \tilde{\theta}_t)$ . In particular, both  $\hat{\theta}_t$  and  $V_t$  are  $\mathcal{F}_{t-1}$  measurable. Therefore,  $\tilde{\theta}_t$  follows a Gaussian distribution given  $\mathcal{F}_{t-1}$ , i.e.  $\tilde{\theta}_t | \mathcal{F}_{t-1} \sim \mathcal{N}(\hat{\theta}_t, \beta_t^2 V_t^{-1})$ , while it is fully determined by  $\mathcal{F}_{t-1}^\theta$ .

*Step 1 (good events):* Recall that in Algorithm 1 we set  $\varepsilon = 1/\sqrt{T}$  and  $\delta' = \delta/5$ . We define the following high probability events.

1. Let  $\delta'' = \delta'/T$  and  $c(\delta'') := \sqrt{2d \log(2d/\delta'')} = \sqrt{2d \log(10dT/\delta)}$ . Consider the inflated ellipsoid

$$\mathcal{E}_t^{\text{TS}} := \left\{ \theta \in \mathbb{R}^d : \left\| \theta - \hat{\theta}_t \right\|_{V_t} \leq \beta_t(\delta') c(\delta'') \right\} = c(\delta'') \mathcal{E}_t(\delta').$$

We define the events

$$\widehat{E}_t := \{ \theta^* \in \mathcal{E}_t(\delta') \}, \quad \widetilde{E}_t := \{ \tilde{\theta}_t \in \mathcal{E}_t^{\text{TS}} \}, \quad \text{and } E_t := \widehat{E}_t \cap \widetilde{E}_t$$

and let  $G_1 := \bigcap_{t=1}^T E_t$ . This event implies that  $\theta^*$  lies in the confidence set uniformly over times  $t \in [1, T]$ , and the sampled parameter is close to  $\hat{\theta}_t$ .

2. Let  $G_2$  denote the event that for

$$C_T := 2 \sqrt{T \left( 2d \log \left( 1 + \frac{4TL^2H_\gamma^2}{d\lambda} \right) + \frac{12dL^2H_\gamma^2}{\log(2)\lambda} \log \left( 1 + \frac{4L^2H_\gamma^2}{\log(2)\lambda} \right) \right) + \frac{16LH_\gamma}{\sqrt{\lambda}} \log \left( \frac{2}{\delta'} \right)},$$

it holds that

$$\sum_{t=1}^T \mathbb{E} \left[ \left\| \phi(\tau_t) - \phi(\tau'_t) \right\|_{V_t^{-1}} \mid \mathcal{F}_{t-1} \right] \leq C_T,$$

and that

$$\sum_{t=1}^T \mathbb{E} \left[ \left\| \phi(\tau_t) - \phi(\tau'_t) \right\|_{V_t^{-1}} \mid \mathcal{F}_{t-1}^\theta \right] \leq C_T.$$

3. Let  $A_t = \left\{ V_{\tilde{\theta}_t}^* - V_{\tilde{\theta}_t}^{\pi_t} \leq \varepsilon \right\}$ , where  $\pi_t = \mathbb{A}_{\text{RL}}^{\text{PAC}} \left( \tilde{\theta}_t, \varepsilon, \delta'/T \right)$ , and let  $G_3 = \bigcap_{t=1}^T A_t$ .

As shown below, with probability at least  $1 - \delta$ , all the above good events happen at the same time.

**Proposition A.1.** Let  $G := \bigcap_{i=1}^3 G_i$ . It holds that  $\Pr[G] \geq 1 - \delta$ .

*Proof.* For the event  $G_1$ , Lemma 3.1 and D.1 imply that  $\Pr \left[ \bigcup_{t=1}^T \widehat{E}_t^{\complement} \right] \leq \delta'$  and  $\Pr[\widetilde{E}_t^{\complement}] \leq \delta'/T$  for any  $t \in [1, T]$ . Hence, a union bound yields  $\Pr \left[ G_1^{\complement} \right] \leq 2\delta'$ . Furthermore, by Lemma D.4 2), we have  $\Pr \left[ G_2^{\complement} \right] \leq \delta'$ . Moreover, by union bound and the definition of  $\mathbb{A}_{\text{RL}}^{\text{PAC}}$ , we have  $\Pr \left[ G_3^{\complement} \right] \leq \delta'$ . Hence, we have  $\Pr[G] \geq 1 - \sum_{i=1}^3 \Pr \left[ G_i^{\complement} \right] \geq 1 - 4\delta' \geq 1 - \delta$ .  $\square$

*Step 2 (regret decomposition):* Recall that in algorithm 1, we choose  $\pi'_t = \pi_{t-1}$ . Hence, we can upper bound the cumulative regret as follows

$$\begin{aligned} R(T) &= \frac{1}{2} \sum_{t=1}^T \left( 2V_{\theta^*}^* - V_{\theta^*}^{\pi_t} - V_{\theta^*}^{\pi'_t} \right) \\ &\leq \sum_{t=1}^T (V_{\theta^*}^* - V_{\theta^*}^{\pi_t}) + V_{\theta^*}^* - V_{\theta^*}^{\pi'_0} \\ &\leq \sum_{t=1}^T \underbrace{(V_{\theta^*}^* - V_{\theta^*}^{\pi_t})}_{r_t} + BLH_\gamma. \end{aligned}$$

Let  $\Delta_t(\theta) := \max_\pi \langle \theta, \phi(\pi) - \phi(\pi'_t) \rangle$ . On the good event  $G$ , we can decompose the instantaneous regret as follows

$$\begin{aligned} r_t &:= V_{\theta^*}^* - V_{\theta^*}^{\pi_t} \\ &= \left( V_{\theta^*}^* - V_{\theta^*}^{\pi'_t} \right) - \left( V_{\tilde{\theta}_t}^{\pi_t} - V_{\tilde{\theta}_t}^{\pi'_t} \right) + \left( V_{\tilde{\theta}_t}^{\pi_t} - V_{\tilde{\theta}_t}^{\pi'_t} \right) - \left( V_{\theta^*}^* - V_{\theta^*}^{\pi'_t} \right) \\ &\leq \left( V_{\theta^*}^* - V_{\theta^*}^{\pi'_t} \right) - \left( V_{\tilde{\theta}_t}^* - V_{\tilde{\theta}_t}^{\pi'_t} \right) + \varepsilon + \left( V_{\tilde{\theta}_t}^{\pi_t} - V_{\tilde{\theta}_t}^{\pi'_t} \right) - \left( V_{\theta^*}^{\pi_t} - V_{\theta^*}^{\pi'_t} \right) \\ &= \underbrace{\Delta_t(\theta^*) - \Delta_t(\tilde{\theta}_t)}_{r_t^{\text{TS}}} + \underbrace{\langle \tilde{\theta}_t - \theta^*, \phi(\pi_t) - \phi(\pi'_t) \rangle}_{r_t^{\text{MLE}}} + \varepsilon. \end{aligned}$$

Here,  $r_t^{\text{TS}}$  is a pessimism term that is negative by construction for optimistic algorithms, and  $r_t^{\text{MLE}}$  is related to the estimation error of the reward parameter.

*Step 3 (bounding  $r_t^{\text{TS}}$ ):* This part of the analysis highlights the distinctiveness of randomized exploration. While optimistic algorithms ensure negativity of  $r_t^{\text{TS}}$  through their intractable optimization procedures, randomized exploration controls it using probability arguments. Specifically, following the proof of Abeille and Lazaric [2017], we begin by bounding  $r_t^{\text{TS}}$  on the good event via a conditional expectation given the optimism event. The bound on  $r_t^{\text{TS}}$  then follows by a careful application of the anti-concentration property established in Lemma D.2.

Conditioned on  $\tilde{E}_t$ , we can lower bound

$$\Delta_t(\tilde{\theta}_t) \geq \min_{\theta \in \mathcal{E}_t^{\text{TS}}} \Delta_t(\theta) = \max_\pi \langle \tilde{\theta}_t, \phi(\pi) - \phi(\pi'_t) \rangle =: \underline{\Delta}_t,$$

for some  $\tilde{\theta}_t \in \mathcal{E}_t^{\text{TS}}$ . Moreover, if  $O_t := \{\Delta_t(\tilde{\theta}_t) \geq \Delta_t(\theta^*)\}$  denotes the event of  $\tilde{\theta}_t$  being optimistic at time  $t$ , we can upper bound  $\Delta_t(\theta^*)$  as follows

$$\Delta_t(\theta^*) \leq \mathbb{E} \left[ \Delta_t(\tilde{\theta}_t) \mid \mathcal{F}_{t-1}, O_t \right].$$

Putting this together, while keeping track of the events  $E_t$  and  $A_t$ , we have

$$\begin{aligned} r_t^{\text{TS}} \mathbb{1}(E_t \cap A_t) &\leq \mathbb{E} \left[ \left( \Delta_t(\tilde{\theta}_t) - \underline{\Delta}_t \right) \mathbb{1}(E_t \cap A_t) \mid \mathcal{F}_{t-1}, O_t \right] \\ &\stackrel{(i)}{\leq} \mathbb{E} \left[ \left( \langle \tilde{\theta}_t, \phi(\pi_t) - \phi(\pi'_t) \rangle + \varepsilon - \max_\pi \langle \tilde{\theta}_t, \phi(\pi) - \phi(\pi'_t) \rangle \right) \mathbb{1}(E_t \cap A_t) \mid \mathcal{F}_{t-1}, O_t \right] \\ &\stackrel{(ii)}{\leq} \mathbb{E} \left[ \left( \langle \tilde{\theta}_t, \phi(\pi_t) - \phi(\pi'_t) \rangle - \langle \tilde{\theta}_t, \phi(\pi_t) - \phi(\pi'_t) \rangle \right) \mathbb{1}(E_t \cap A_t) \mid \mathcal{F}_{t-1}, O_t \right] + \varepsilon \\ &\stackrel{(iii)}{\leq} 2\beta_t(\delta')c(\delta'') \mathbb{E} \left[ \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1}, \tilde{E}_t, O_t \right] \Pr \left[ \tilde{E}_t \mid \mathcal{F}_{t-1} \right] + \varepsilon, \end{aligned}$$

where (i) follows from  $\varepsilon$ -optimality of  $\pi_t$ , in (ii) we used that  $\max_\pi \langle \tilde{\theta}_t, \phi(\pi) - \phi(\pi_t) \rangle \geq 0$ , and (iii) follows from the Cauchy-Schwarz inequality. By the law of total probability, we have that

$$\mathbb{E} \left[ \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1}, \tilde{E}_t, O_t \right] \leq \mathbb{E} \left[ \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1}, \tilde{E}_t \right] / \Pr \left[ O_t \mid \mathcal{F}_{t-1}, \tilde{E}_t \right].$$

Next, as  $\theta^* \in \mathcal{E}_t$  on  $\widehat{E}_t$ , we have

$$\Pr \left[ O_t \mid \mathcal{F}_{t-1}, \widehat{E}_t \right] \geq \Pr \left[ \Delta_t(\tilde{\theta}_t) \geq \max_{\theta \in \mathcal{E}_t} \Delta_t(\theta) \mid \mathcal{F}_{t-1} \right].$$

Since  $\theta \mapsto \Delta_t(\theta)$  is the sum of a linear function and the function  $\theta \mapsto \max_{\pi} \langle \theta, \phi(\pi) \rangle$  which is convex and continuous by Proposition D.7. Then, applying Lemma D.2 with  $f(\theta) = \Delta_t(\theta)$ ,  $\tilde{x} = \tilde{\theta}_t \mid \mathcal{F}_{t-1}$ , and  $\mathcal{E} = \mathcal{E}_t$ , we have

$$\Pr \left[ O_t \mid \mathcal{F}_{t-1}, \widehat{E}_t \right] \geq 1 / (4\sqrt{e\pi}) =: p.$$

As a result, we can upper bound the instantaneous regret as

$$\begin{aligned} r_t^{\text{TS}} \mathbb{1}(E_t \cap A_t) &\leq \frac{2\beta_t(\delta')c(\delta'')\mathbb{E} \left[ \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1} \right]}{p} + \varepsilon \\ &\leq \frac{2\beta_t(\delta')c(\delta'')\mathbb{E} \left[ \|\phi(\tau_t) - \phi(\tau'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1} \right]}{p} + \varepsilon, \end{aligned}$$

where the second inequality follows from the convexity of norms. Applying Lemma D.4 2), we have on the good event  $G$  that

$$\begin{aligned} \sum_{t=1}^T r_t^{\text{TS}} &\leq \frac{2\beta_T(\delta')c(\delta'')}{p} \sum_{t=1}^T \mathbb{E} \left[ \|\phi(\tau_t) - \phi(\tau'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1} \right] + T\varepsilon \\ &\leq \frac{2\beta_T(\delta')c(\delta'')}{p} C_T + T\varepsilon, \end{aligned} \tag{3}$$

for the constant

$$C_T = 2\sqrt{T \left( 2d \log \left( 1 + \frac{4TL^2H_\gamma^2}{d\lambda} \right) + \frac{12dL^2H_\gamma^2}{\log(2)\lambda} \log \left( 1 + \frac{4L^2H_\gamma^2}{\log(2)\lambda} \right) \right)} + \frac{16LH_\gamma}{\sqrt{\lambda}} \log \left( \frac{2}{\delta'} \right).$$

*Step 4 (bounding  $r_t^{\text{MLE}}$ ):* Conditioned on event  $E_t$  we have

$$\begin{aligned} r_t^{\text{MLE}} &= \langle \tilde{\theta}_t - \theta^*, \phi(\pi_t) - \phi(\pi'_t) \rangle \\ &= \langle \tilde{\theta}_t - \hat{\theta}_t, \phi(\pi_t) - \phi(\pi'_t) \rangle + \langle \hat{\theta}_t - \theta^*, \phi(\pi_t) - \phi(\pi'_t) \rangle \\ &\leq \beta_t(\delta')(1 + c(\delta'')) \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_t^{-1}} \\ &\leq \beta_t(\delta')(1 + c(\delta'')) \mathbb{E} \left[ \|\phi(\tau_t) - \phi(\tau'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1}^\theta \right], \end{aligned}$$

where the last inequality follows from the convexity of norms. From here, we can again apply the second result of Lemma D.4. We deduce that on the good event  $G$ , we have

$$\begin{aligned} \sum_{t=1}^T r_t^{\text{MLE}} &\leq \beta_T(\delta')(1 + c(\delta'')) \sum_{t=1}^T \mathbb{E} \left[ \|\phi(\tau_t) - \phi(\tau'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1}^\theta \right] \\ &\leq \beta_T(\delta')(1 + c(\delta'')) C_T. \end{aligned}$$

In summary, we can conclude that with probability at least  $1 - \delta$ , the regret can be bounded as follows

$$\begin{aligned}
R(T) &\leq \sum_{t=1}^T (r_t^{\text{TS}} + r_t^{\text{MLE}}) + T\varepsilon + BLH_\gamma \\
&\leq \left( \frac{2\beta_T(\delta')c(\delta'')}{p} + \beta_T(\delta')(1 + c(\delta'')) \right) C_T + 2T\varepsilon + BLH_\gamma \\
&\leq \frac{3\beta_T(\delta')c(\delta'')}{p} C_T + 2T\varepsilon + BLH_\gamma \\
&= \frac{3 \left[ \sqrt{\kappa \left[ \log \left( \frac{5}{\delta} \right) + d \log \left( \max \left\{ e, \frac{4eBLH_\gamma(T-1)}{d} \right\} \right) \right]} + 2\sqrt{\lambda}B \right] \sqrt{2d \log(10dT/\delta)}}{p} \\
&\quad \cdot \left[ 2\sqrt{T \left( 2d \log \left( 1 + \frac{4TL^2H_\gamma^2}{d\lambda} \right) + \frac{12dL^2H_\gamma^2}{\log(2)\lambda} \log \left( 1 + \frac{4L^2H_\gamma^2}{\log(2)\lambda} \right) \right)} + \frac{16LH_\gamma}{\sqrt{\lambda}} \log \left( \frac{10}{\delta} \right) \right] \\
&\quad + 2\sqrt{T} + BLH_\gamma \\
&= \mathcal{O} \left( \sqrt{\kappa d^3 T \log \left( \frac{dT}{\delta} \right)^3} \right).
\end{aligned}$$

□

## B Proof of Theorem 3.5

**Theorem 3.5.** For any  $\delta \in (0, 1)$  and  $T \in \mathbb{N}$ , Algorithm 2 satisfies, with probability at least  $1 - \delta$ ,

$$\text{SubOpt}(\hat{\pi}) = \mathcal{O} \left( \sqrt{\frac{\kappa d^3}{T} \log \left( \frac{dT}{\delta} \right)^3} \right).$$

In other words, we need  $\tilde{\mathcal{O}}(\kappa d^3/\varepsilon^2)$  iterations to output an  $\varepsilon$ -optimal policy with high probability.

*Proof.* Similar to the proof of Theorem 4.1, we start by defining a set of good events.

*Step 1 (good events):* Recall that in Algorithm 2 we set  $\varepsilon = 1/\sqrt{T}$  and  $\delta' = \delta/5$ ; at round  $t$ , conditional on  $\mathcal{F}_{t-1} = \sigma(x_1, \dots, x_{t-1})$ , we sample  $\tilde{\theta}_t \sim \mathcal{N}(0, V_t^{-1})$  with  $V_t = \lambda I + \sum_{k=1}^{t-1} x_k x_k^\top$  (where  $x_k = \phi(\tau_k) - \phi(\tau'_k)$ ), and  $\hat{\theta}$  is the MLE estimate at time  $T + 1$  using all the data from round 1 to  $T$ . We now define the following high probability events.

1. Let  $\delta'' = \delta'/T$  and  $c(\delta'') := \sqrt{2d \log(2d/\delta'')} = \sqrt{2d \log(10dT/\delta)}$ . Consider the centered ellipsoid

$$\bar{\mathcal{E}}_t^{\text{TS}} := \left\{ \theta \in \mathbb{R}^d : \|\theta\|_{V_t} \leq c(\delta'') \right\}.$$

We define the events

$$\hat{E} := \left\{ \|\theta^* - \hat{\theta}\|_{V_{T+1}} \leq \beta_{T+1}(\delta') \right\}, \quad \tilde{E}_t := \left\{ \tilde{\theta}_t \in \bar{\mathcal{E}}_t^{\text{TS}} \right\},$$

and let  $G_1 := \bigcap_{t=1}^T \tilde{E}_t \cap \hat{E}$ . This event implies that  $\theta^*$  lies in the confidence ellipsoid  $\bar{\mathcal{E}}_{T+1}(\delta')$ , and the sampled parameter lies in  $\bar{\mathcal{E}}_t^{\text{TS}}$  for all  $t \in [1, T]$ .

2. Let  $G_2$  denote the event that for

$$C_T := 2\sqrt{T \left( 2d \log \left( 1 + \frac{4TL^2H_\gamma^2}{d\lambda} \right) + \frac{12dL^2H_\gamma^2}{\log(2)\lambda} \log \left( 1 + \frac{4L^2H_\gamma^2}{\log(2)\lambda} \right) \right)} + \frac{16LH_\gamma}{\sqrt{\lambda}} \log \left( \frac{2}{\delta'} \right),$$

it holds that

$$\sum_{t=1}^T \mathbb{E} \left[ \|\phi(\tau_t) - \phi(\tau'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1} \right] \leq C_T.$$

3. Let  $A_t = \left\{ V_{\tilde{\theta}_t}^* - V_{\tilde{\theta}_t}^{\pi_t} \leq \varepsilon \right\}$ , where  $\pi_t = \mathbf{A}_{\text{RL}}^{\text{PAC}}\left(\tilde{\theta}_t, \varepsilon, \delta'/T\right)$ , and let  $G_3 = \bigcap_{t=1}^T A_t$ .
4. Let  $G_4$  denote the event that  $V_{\hat{\theta}}^* - V_{\hat{\theta}}^{\hat{\pi}} \leq \varepsilon$  where  $\hat{\pi} = \mathbf{A}_{\text{RL}}^{\text{PAC}}\left(\hat{\theta}, \varepsilon, \delta'\right)$ .

Analogously to Proposition A.1, it follows that  $\Pr[G_1^{\complement}] \leq 2\delta'$  and  $\Pr[G_k^{\complement}] \leq \delta'$  for  $k = 2, 3, 4$ . Thus, by a union bound, the good event  $G := \bigcap_{i=1}^4 G_i$  happens with probability at least  $1 - \delta$ .

*Step 2 (suboptimality bound):* In the following, we will denote  $\pi^* \in \arg \max_{\pi} \langle \theta^*, \phi(\pi) \rangle$  for an arbitrary optimal policy corresponding to the ground truth reward parameter  $\theta^*$ . Under the above good event  $G$ , we can bound the suboptimality of  $\hat{\pi}$  as follows

$$\begin{aligned} \text{SubOpt}(\hat{\pi}) &= \langle \theta^*, \phi(\pi^*) - \phi(\hat{\pi}) \rangle \leq \langle \theta^* - \hat{\theta}, \phi(\pi^*) - \phi(\hat{\pi}) \rangle + \varepsilon \\ &\leq \max_{\pi, \pi'} \langle \theta^* - \hat{\theta}, \phi(\pi) - \phi(\pi') \rangle + \varepsilon \leq \beta_{T+1}(\delta') \max_{\pi, \pi'} \|\phi(\pi) - \phi(\pi')\|_{V_{T+1}^{-1}} + \varepsilon. \end{aligned} \quad (4)$$

Next, we continue with bounding the term  $\max_{\pi, \pi'} \|\phi(\pi) - \phi(\pi')\|_{V_{T+1}^{-1}}$ .

*Step 3 (approximate G-optimal design):* Due to the matrix inequalities  $V_{T+1} \succeq V_T \succeq \dots \succeq V_1$ , we have

$$\|\cdot\|_{V_{T+1}^{-1}} \leq \|\cdot\|_{V_T^{-1}} \leq \dots \leq \|\cdot\|_{V_1^{-1}}.$$

Therefore, we can bound the right-hand-side of (4) as follows

$$\begin{aligned} \max_{\pi, \pi'} \|\phi(\pi) - \phi(\pi')\|_{V_{T+1}^{-1}} &\leq \frac{1}{T} \sum_{t=1}^T \max_{\pi, \pi'} \|\phi(\pi) - \phi(\pi')\|_{V_{T+1}^{-1}} \\ &\leq \frac{1}{T} \sum_{t=1}^T \max_{\pi, \pi'} \|\phi(\pi) - \phi(\pi')\|_{V_t^{-1}} \\ &\leq \frac{2}{T} \sum_{t=1}^T \max_{\pi} \|\phi(\pi) - \phi(\pi_t')\|_{V_t^{-1}}, \end{aligned}$$

where we used the triangle inequality in the last step. If it were tractable to compute  $\pi_t = \arg \max_{\pi} \|\phi(\pi) - \phi(\pi_t')\|_{V_t^{-1}}$ , we could invoke Lemma D.4 directly from here. Instead, we leverage randomized exploration to keep our algorithm tractable. In particular, we consider the function  $f_t(\theta) = \max_{\pi} \langle \theta, \phi(\pi) - \phi(\pi_t') \rangle$ , the ellipsoid  $\bar{\mathcal{E}}_t = \{\theta : \|\theta\|_{V_t} \leq 1\}$ , and the event  $O_t = \{f_t(\tilde{\theta}_t) \geq \max_{\theta \in \bar{\mathcal{E}}_t} f_t(\theta)\}$ . By Proposition D.7  $f_t$  is convex and continuous. Applying Lemma D.2 with  $f = f_t$ ,  $\tilde{\theta} = \tilde{\theta}_t \mid \mathcal{F}_{t-1}$ , and  $\mathcal{E} = \bar{\mathcal{E}}_t$ , it holds that  $\Pr[O_t \mid \mathcal{F}_{t-1}] \geq p := 1/(4\sqrt{e\pi})$ . Hence, we can proceed analogously to the proof of Theorem 3.4:

$$\begin{aligned} \max_{\pi} \|\phi(\pi) - \phi(\pi_t')\|_{V_t^{-1}} \mathbb{1}(\tilde{E}_t \cap A_t) &\stackrel{(i)}{=} \max_{\theta \in \bar{\mathcal{E}}_t} f_t(\theta) \mathbb{1}(\tilde{E}_t \cap A_t) \\ &\leq \mathbb{E} [f_t(\tilde{\theta}_t) \mathbb{1}(\tilde{E}_t \cap A_t) \mid O_t, \mathcal{F}_{t-1}] \\ &\leq \mathbb{E} [\langle \tilde{\theta}_t, \phi(\pi_t) - \phi(\pi_t') \rangle \mathbb{1}(\tilde{E}_t \cap A_t) \mid O_t, \mathcal{F}_{t-1}] + \varepsilon \\ &\leq c(\delta'') \mathbb{E} [\|\phi(\pi_t) - \phi(\pi_t')\|_{V_t^{-1}} \mid O_t, \mathcal{F}_{t-1}] + \varepsilon \\ &\stackrel{(ii)}{\leq} \frac{c(\delta'')}{p} \mathbb{E} [\|\phi(\pi_t) - \phi(\pi_t')\|_{V_t^{-1}} \mid \mathcal{F}_{t-1}] + \varepsilon \\ &\leq \frac{c(\delta'')}{p} \mathbb{E} [\|\phi(\tau_t) - \phi(\tau_t')\|_{V_t^{-1}} \mid \mathcal{F}_{t-1}] + \varepsilon. \end{aligned}$$

Here, (i) follows because  $\bar{\mathcal{E}}_t$  is a centered ellipsoid, and (ii) from the total law of probability.

Using Lemma D.4, we conclude that with probability  $1 - \delta$ , we have that

$$\begin{aligned}
\text{SubOpt}(\hat{\pi}) &\leq \varepsilon(1 + 2\beta_{T+1}(\delta')) + \underbrace{\frac{2\beta_{T+1}(\delta')c(\delta'')}{pT} \sum_{t=1}^T \mathbb{E} \left[ \|\phi(\tau_t) - \phi(\tau'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1} \right]}_{\leq C_T} \\
&\leq \left[ \sqrt{\kappa \left[ \log \left( \frac{5}{\delta} \right) + d \log \left( \max \left\{ e, \frac{4eBLH_\gamma T}{d} \right\} \right) \right]} + 2\sqrt{\lambda}B \right] \left\{ \frac{3}{\sqrt{T}} + \frac{2\sqrt{2d \log(10dT/\delta)}}{pT} \right. \\
&\quad \cdot \left. \left[ 2\sqrt{T \left( 2d \log \left( 1 + \frac{4TL^2H_\gamma^2}{d\lambda} \right) + \frac{12dL^2H_\gamma^2}{\log(2)\lambda} \log \left( 1 + \frac{4L^2H_\gamma^2}{\log(2)\lambda} \right) \right)} + \frac{16LH_\gamma}{\sqrt{\lambda}} \log \left( \frac{10}{\delta} \right) \right] \right\} \\
&= \mathcal{O} \left( \sqrt{\frac{\kappa d^3}{T} \log \left( \frac{dT}{\delta} \right)^3} \right).
\end{aligned}$$

□

**Remark B.1** (Connection to G-optimal design). Given a subset  $\mathcal{X} \subset \mathbb{R}^d$ , a G-optimal design selects  $x_1, \dots, x_T \in \mathcal{X}$  to minimize  $\max_{x \in \mathcal{X}} \|x\|_{V^{-1}}$  with  $V = \sum_{t=1}^T x_t x_t^\top$ . Under compactness and if  $\text{span}(\mathcal{X}) = \mathbb{R}^d$ , the Kiefer-Wolfowitz theorem [Kiefer and Wolfowitz, 1960] yields the lower bound  $\max_{x \in \mathcal{X}} \|x\|_{V^{-1}} \geq \sqrt{d/T}$ , which is tight up to rounding. In the proof above, we show that Algorithm 2 guarantees  $\max_{\pi, \pi'} \|\phi(\pi) - \phi(\pi')\|_{V_{T+1}^{-1}} = \mathcal{O}(d \log(dT/\delta)/\sqrt{T})$ . Thus, ignoring the noise in  $\phi(\tau)$  (handled via Freedman) and, for simplicity, the regularization  $\lambda$ , Algorithm 2 achieves a  $\mathcal{O}(\sqrt{d} \log(dT/\delta))$ -approximate G-optimal design with probability at least  $1 - \delta$ .

## C Proof of Theorem 4.1

**Theorem 4.1.** Instantiating Algorithm 3 with  $C > 0$  and  $\lambda \geq 4H_\gamma^2L^2$ , it holds for any  $\delta \in (0, 1)$  and  $T \in \mathbb{N}$ , with probability at least  $1 - \delta$  that

$$R(T) \leq \mathcal{O} \left( \sqrt{(1 + C)\kappa d^3 T \log(dT/\delta)^3} \right).$$

In addition, the number of times the condition of line 4 holds is at most  $\frac{d}{\log(1+C)} \log \left( 1 + \frac{T(2LH_\gamma)^2}{d\lambda} \right)$ .

Therefore, the size of the batches is on average of order  $\tilde{\mathcal{O}}(T/(d \log(T)))$ .

We start the proof by showing that the number of rounds where the design matrix is updated is small.

**Lemma C.1** (Number of design matrix updates). Using Algorithm 3 with a parameter  $C > 0$ , it holds that:

$$\sum_{t=1}^T \mathbb{1}[V_{t+1} \neq V_t] \leq \frac{d}{\log(1+C)} \log \left( 1 + \frac{T(2LH_\gamma)^2}{d\lambda} \right).$$

That is, the number of updates of the matrix  $V_t$  is at most logarithmic in the number of interactions  $T$ .

*Proof.* Denote  $N_T = \sum_{t=1}^T \mathbb{1}[V_{t+1} \neq V_t]$ , and let  $t_{\text{stop}} \leq T$  be the last time the matrix  $V_t$  was updated. Then,

$$\det(V_T) = \det(V_{t_{\text{stop}}}) \geq (1 + C)^{N_T} \det(\lambda I).$$

Here, we used that for two consecutive update rounds  $t_{\text{stop}} \geq t'_{\text{stop}}$  we have that  $\det V_{t_{\text{stop}}} \geq (1 + C) \det V_{t'_{\text{stop}}}$ . Then, using the trace-determinant inequality  $\det A \leq (\text{tr}(A)/d)^d$ , we have

$$(1 + C)^{N_T} \lambda^d \leq \left( \frac{d\lambda + T(2LH_\gamma)^2}{d} \right)^d,$$

and

$$N_T \leq \frac{d}{\log(1+C)} \log \left( 1 + \frac{T(2LH_\gamma)^2}{d\lambda} \right).$$

□

We now present the proof for the regret bound, which proceeds similarly to that of Theorem 3.4 up to some modifications. The first change is in the regret decomposition, which needs to be adapted because we no longer compare to the past policy but rather to  $\pi'_t = \mathbf{A}_{\text{RL}}^{\text{PAC}}(\hat{\theta}_{t_{\text{stop}}(t)}, \varepsilon, \delta)$ . The second change is using Lemma D.5 instead of Lemma D.4 to bound the sum of norms of trajectory features. Finally, the good events defined in the proof of Theorem 3.4 are slightly modified to account for the lazy design matrix and the new choice of comparator policy  $\pi'_t$ .

*Proof.* Let us first define the function  $t_{\text{stop}} : \mathbb{N} \rightarrow \mathbb{N}$ , which to a time  $t$ , assigns the last time  $t_{\text{stop}}(t) \leq t$  that the update condition (line 4 in Algorithm 3) was met.

We work with the same two filtrations as before  $\mathcal{F}_{t-1} = \sigma(x_1, y_1, \dots, x_{t-1}, y_{t-1})$  and  $\mathcal{F}_{t-1}^\theta = \sigma(\mathcal{F}_{t-1}, \tilde{\theta}_t)$ . And we recall that, given  $\mathcal{F}_{t-1}$ ,  $\tilde{\theta}_t$  in Algorithm 3 is sampled from  $\mathcal{N}(\hat{\theta}_{t_{\text{stop}}(t)}, \beta_{t_{\text{stop}}(t)}^2 V_{t_{\text{stop}}(t)}^{-1})$ .

*Step 1 (good events):* Consider  $\delta' = \delta/5$ , we redefine the high-probability events:

1. Let  $\delta'' = \delta'/T$  and  $c(\delta'') := \sqrt{2d \log(2d/\delta'')}$ . Consider the inflated ellipsoid

$$\mathcal{E}_{t_{\text{stop}}(t)}^{\text{TS}} := \left\{ \theta \in \mathbb{R}^d : \left\| \theta - \hat{\theta}_{t_{\text{stop}}(t)} \right\|_{V_{t_{\text{stop}}(t)}^{-1}} \leq \beta_{t_{\text{stop}}(t)}(\delta') c(\delta'') \right\}.$$

We define the events  $E_t := \hat{E}_t \cap \tilde{E}_t$ ,  $\hat{E}_t := \{ \theta^* \in \mathcal{E}_{t_{\text{stop}}(t)} \}$ ,  $\tilde{E}_t := \{ \tilde{\theta}_t \in \mathcal{E}_{t_{\text{stop}}(t)}^{\text{TS}} \}$ , and let  $G_1 := \bigcap_{t=1}^T E_t$ .

2. Let  $C_T := 2\sqrt{\frac{8(1+C) dT L^2 H_\gamma^2}{\lambda} \log\left(1 + \frac{4TL^2 H_\gamma^2}{\lambda d}\right)} + \frac{16LH_\gamma}{\sqrt{\lambda}} \log(2/\delta)$ , and define  $G_2$  as the event under which it holds that

$$\sum_{t=1}^T \mathbb{E} \left[ \|\phi(\tau_t) - \phi(\tau'_t)\|_{V_{t_{\text{stop}}(t)}^{-1}} \mid \mathcal{F}_{t-1} \right] \leq C_T,$$

and

$$\sum_{t=1}^T \mathbb{E} \left[ \|\phi(\tau_t) - \phi(\tau'_t)\|_{V_{t_{\text{stop}}(t)}^{-1}} \mid \mathcal{F}_{t-1}^\theta \right] \leq C_T.$$

3. Let  $A_t = \left\{ V_{\tilde{\theta}_t}^* - V_{\tilde{\theta}_t}^{\pi_t} \leq \varepsilon \right\}$ , where  $\pi_t = \mathbf{A}_{\text{RL}}^{\text{PAC}}(\tilde{\theta}_t, \varepsilon, \delta'/T)$ , and let  $G_3 = \bigcap_{t=1}^T A_t$ .

We also define the intersection,  $G := \bigcap_{i=1}^3 G_i$ , of all good events.

We now compare each of these events to their counterparts in the proof of Theorem 3.4. The event  $G_1$  is modified because we replace  $V_t$  by  $V_{t_{\text{stop}}(t)}$  and  $\hat{\theta}_t$  by  $\hat{\theta}_{t_{\text{stop}}(t)}$ . The event  $G_1$  still holds with probability at least  $1 - 2\delta'$  using the same concentration arguments as before. The event  $G_2$  is also modified to account for the lazy design matrix, and it holds with probability  $1 - \delta'$  thanks to Lemma D.5. Finally, the event  $G_3$  remains unchanged.

We conclude that  $G$  happens with probability at least  $1 - \delta$ .

*Step 2 (regret decomposition):* Since Algorithm 3 uses a different comparator policy  $\pi'_t$  than Algorithm 1, we derive a new regret decomposition. On the good event  $G$ , we have

$$\begin{aligned}
R(T) &= \frac{1}{2} \sum_{t=1}^T \left( 2V_{\theta^*}^* - V_{\theta^*}^{\pi_t} - V_{\theta^*}^{\pi'_t} \right) \\
&= \frac{1}{2} \sum_{t=1}^T ((V_{\theta^*}^* - V_{\theta^*}^{\pi_t}) + \langle \theta^*, \phi(\pi^*) - \phi(\pi'_t) \rangle) \\
&= \frac{1}{2} \sum_{t=1}^T ((V_{\theta^*}^* - V_{\theta^*}^{\pi_t}) + \langle \theta^*, \phi(\pi^*) - \phi(\pi_t) \rangle + \langle \theta^*, \phi(\pi_t) - \phi(\pi'_t) \rangle) \\
&= \frac{1}{2} \sum_{t=1}^T \left( 2(V_{\theta^*}^* - V_{\theta^*}^{\pi_t}) + \langle \theta^* - \hat{\theta}_{t_{\text{stop}}(t)}, \phi(\pi_t) - \phi(\pi'_t) \rangle + \langle \hat{\theta}_{t_{\text{stop}}(t)}, \phi(\pi_t) - \phi(\pi'_t) \rangle \right) \\
&\leq \frac{1}{2} \sum_{t=1}^T \left( 2 \underbrace{(V_{\theta^*}^* - V_{\theta^*}^{\pi_t})}_{r_t} + \left\| \theta^* - \hat{\theta}_{t_{\text{stop}}(t)} \right\|_{V_{t_{\text{stop}}(t)}} \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_{t_{\text{stop}}(t)}^{-1}} + \varepsilon \right),
\end{aligned}$$

where the last line follows from the Cauchy-Schwarz inequality and because  $\pi'_t = \mathbf{A}_{\text{RL}}^{\text{PAC}}(\hat{\theta}_{t_{\text{stop}}(t)}, \varepsilon, \delta)$ .

The second term in the decomposition above can be bounded on the good event  $G$  as:

$$\begin{aligned}
\sum_{t=1}^T \left\| \theta^* - \hat{\theta}_{t_{\text{stop}}(t)} \right\|_{V_{t_{\text{stop}}(t)}} \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_{t_{\text{stop}}(t)}^{-1}} &\leq \beta_T \sum_{t=1}^T \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_{t_{\text{stop}}(t)}^{-1}} \\
&\leq \beta_T C_T
\end{aligned}$$

$$\text{where } C_T = 2 \sqrt{\frac{8(1+C) d T L^2 H_\gamma^2}{\lambda} \log\left(1 + \frac{4 T L^2 H_\gamma^2}{\lambda d}\right)} + \frac{16 L H_\gamma}{\sqrt{\lambda}} \log(2/\delta).$$

For the first term in the regret decomposition, similarly to Appendix A, we have that:

$$r_t = V_{\theta^*}^* - V_{\theta^*}^{\pi_t} = \underbrace{\Delta_t(\theta^*) - \Delta_t(\tilde{\theta}_t)}_{r_t^{\text{TS}}} + \underbrace{\langle \tilde{\theta}_t - \theta^*, \phi(\pi_t) - \phi(\pi'_t) \rangle}_{r_t^{\text{MLE}}}$$

where we recall the gap function  $\Delta_t(\theta) := \max_{\pi} \langle \theta, \phi(\pi) - \phi(\pi'_t) \rangle$ .

*Step 3 (bounding  $r_t^{\text{TS}}$ ):* The proof for  $\sum_t r_t^{\text{TS}}$  proceeds exactly like Appendix A up to Equation (3), this is because the probability of the optimism event  $O_t$  and the events  $E_t$  and  $\hat{E}_t$  is unaffected by the change to the algorithm. Then, we have that:

$$R^{\text{TS}}(T) = \sum_{t=1}^T r_t^{\text{TS}} \leq \frac{2\beta_T(\delta')c(\delta'')}{p} \sum_{t=1}^T \mathbb{E} \left[ \|\phi(\tau_t) - \phi(\tau'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1} \right] + T\varepsilon.$$

We can then conclude, on the good event  $G$ , that

$$R^{\text{TS}}(T) \leq \frac{2\beta_T(\delta')c(\delta'')}{p} C_T + T\varepsilon.$$

*Step 4 (bounding  $r_t^{\text{MLE}}$ ):* This step is analogous to Appendix A. We have:

$$\begin{aligned}
\sum_{t=1}^T r_t^{\text{MLE}} &\leq \beta_T(\delta')(1 + c(\delta'')) \sum_{t=1}^T \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_t^{-1}} \\
&\leq \beta_T(\delta')(1 + c(\delta'')) \sum_{t=1}^T \mathbb{E}[\|\phi(\tau_t) - \phi(\tau'_t)\|_{V_t^{-1}} \mid \mathcal{F}_{t-1}^\theta], \\
&\leq \beta_T(\delta')(1 + c(\delta'')) C_T
\end{aligned}$$

where the second inequality follows from the convexity of the norm.

In summary, we conclude that with probability at least  $1 - \delta$ , the regret can be bounded as follows:

$$\begin{aligned} R(T) &\leq \frac{1}{2} \sum_{t=1}^T \left( 2 \underbrace{(V_{\theta^*}^* - V_{\theta^*}^{\pi_t})}_{=r_t^{\text{TS}} + r_t^{\text{MLE}}} + \underbrace{\|\theta^* - \hat{\theta}_{t_{\text{stop}}(t)}\|_{V_{t_{\text{stop}}(t)}}}_{\leq \beta_T} \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_{t_{\text{stop}}(t)}^{-1}} + \varepsilon \right) \\ &\leq \frac{2\beta_T(\delta')c(\delta'')}{p} C_T + T\varepsilon + \beta_T(\delta')(1 + c(\delta''))C_T + \frac{\beta_T}{2} C_T + T\varepsilon. \end{aligned}$$

□

## D Technical results

This section presents the technical results necessary for our theorems' proofs.

### D.1 Confidence sequence

The first result is a confidence sequence for the maximum likelihood estimation. It is an elliptical relaxation of the likelihood ratio confidence sequence provided in Theorem 3.1 of Lee et al. [2024].

**Lemma 3.1.** *Let  $\lambda \geq 0$  and define the design matrix at time  $t$  given by  $V_t = \lambda I + \sum_{k=1}^{t-1} x_k x_k^\top$ . Then, with probability  $1 - \delta$ , for all  $t \in \mathbb{N}$ , the true reward parameter  $\theta^*$  is contained in the ellipsoid*

$$\mathcal{E}_t(\delta) := \left\{ \theta : \left\| \theta - \hat{\theta}_t \right\|_{V_t}^2 \leq \beta_t(\delta)^2 := \mathcal{O} \left( \kappa \left[ \log \left( \frac{1}{\delta} \right) + d \log \left( \frac{t-1}{d} \right) \right] + \lambda \right) \right\}.$$

Here,  $\kappa := \max_{\theta \in \mathcal{B}^d(B), x \in \mathcal{B}^d(2LH_\gamma)} 1/\dot{\sigma}(\langle \theta, x \rangle)$  denotes the Lipschitz constant of the inverse sigmoid function, and  $H_\gamma = (1 - \gamma)^{-1}$  the effective horizon of the MDP.

*Proof.* By a first-order Taylor approximation with integral remainder, we have

$$\mathcal{L}_{\mathcal{D}_t}(\theta^*) = \mathcal{L}_{\mathcal{D}_t}(\hat{\theta}_t) + \langle \nabla \mathcal{L}_{\mathcal{D}_t}(\hat{\theta}_t), \theta^* - \hat{\theta}_t \rangle + (\theta^* - \hat{\theta}_t)^\top G_t(\hat{\theta}_t, \theta^*)(\theta^* - \hat{\theta}_t),$$

where  $\mathcal{L}_{\mathcal{D}_t}$  was defined in Equation (2) and

$$\begin{aligned} G_t(\hat{\theta}_t, \theta^*) &= \int_0^1 (1 - \tau) \left( \sum_{k=1}^{t-1} \dot{\sigma}(\langle \hat{\theta}_t + \tau(\theta^* - \hat{\theta}_t), x_k \rangle) x_k x_k^\top \right) d\tau \\ &= \sum_{k=1}^{t-1} \left[ \int_0^1 (1 - \tau) \dot{\sigma}(\langle \hat{\theta}_t + \tau(\theta^* - \hat{\theta}_t), x_k \rangle) d\tau \right] x_k x_k^\top \\ &\succeq \kappa^{-1} \sum_{k=1}^{t-1} x_k x_k^\top. \end{aligned} \tag{5}$$

Rearranging terms gives

$$\begin{aligned} \mathcal{L}_{\mathcal{D}_t}(\theta^*) - \mathcal{L}_{\mathcal{D}_t}(\hat{\theta}_t) &\stackrel{(i)}{\geq} (\theta^* - \hat{\theta}_t)^\top G_t(\hat{\theta}_t, \theta^*)(\theta^* - \hat{\theta}_t) \\ &\stackrel{(ii)}{\geq} (\theta^* - \hat{\theta}_t)^\top \left( \kappa^{-1} \sum_{k=1}^{t-1} x_k x_k^\top \right) (\theta^* - \hat{\theta}_t) \\ &= \kappa^{-1} \left\| \theta^* - \hat{\theta}_t \right\|_{V_t}^2 - \kappa^{-1} \lambda \left\| \theta^* - \hat{\theta}_t \right\|^2, \end{aligned}$$

where (i) follows from the first order optimality condition for  $\hat{\theta}_t$  and (ii) from the lower bound in (5). Rearranging again and applying Theorem 3.1 by Lee et al. [2024] for likelihood ratio confidence sequences with the Lipschitz constant of  $\mathcal{L}_{\mathcal{D}_t}$  equal to  $L_t = 2LH_\gamma(t-1)$ , we get

$$\left\| \theta^* - \hat{\theta}_t \right\|_{V_t}^2 \leq \kappa \left[ \log \left( \frac{1}{\delta} \right) + d \log \left( \max \left\{ e, \frac{4eBLH_\gamma(t-1)}{d} \right\} \right) \right] + 4\lambda B^2.$$

□

## D.2 Optimism with constant probability

We first recall the following standard concentration and anti-concentration property of the Gaussian distribution.

**Lemma D.1** (Appendix A of [Abeille and Lazaric, 2017]). *Let  $z \sim \mathcal{N}(0, I)$  be a  $d$ -dimensional Gaussian random vector. Then, we have:*

1. *Anti-concentration: For any  $u \in \mathcal{B}^d(1)$ , we have  $\Pr[\langle u, z \rangle \geq 1] \geq \frac{1}{4\sqrt{e\pi}}$ .*
2. *Concentration:  $\Pr[\|z\| \leq \sqrt{2d \log(2d/\delta)}] \geq 1 - \delta$ .*

The anti-concentration property yields the following key result, which is required to prove a constant probability of optimism and subsequently control pessimism terms in the regret. While it has been proven by Abeille and Lazaric [2017] in their linear Thompson sampling analysis, we provide a concise proof based on convex analysis for completeness.

**Lemma D.2.** *Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be a continuous and convex function, and consider the ellipsoid  $\mathcal{E} := \{\theta \in \mathbb{R}^d : \|\theta - \theta_0\|_V \leq b\}$  for a positive definite matrix  $V$  and  $b > 0$ . If  $\tilde{\theta} \sim \mathcal{N}(\theta_0, b^2 V^{-1})$ , then  $\Pr[f(\tilde{\theta}) \geq \max_{\theta \in \mathcal{E}} f(\theta)] \geq 1/(4\sqrt{e\pi})$ .*

*Proof.* Note that by definition of  $\tilde{\theta}$  we have  $\tilde{\theta} \stackrel{d}{=} \theta_0 + bV^{-1/2}\tilde{z}$ , where  $\tilde{z} \sim \mathcal{N}(0, I)$ . Hence, considering  $g(z) := f(\theta_0 + bV^{-1/2}z)$ , we have

$$p := \Pr\left[f(\tilde{\theta}) \geq \max_{\theta \in \mathcal{E}} f(\theta)\right] = \Pr\left[g(\tilde{z}) \geq \max_{z \in \mathcal{B}^d(1)} g(z)\right],$$

where we used that  $\theta_0 + bV^{-1/2}z \in \mathcal{E}$  if and only if  $z \in \mathcal{B}^d(1)$ . Since  $g$  is a continuous convex function, we can choose  $\bar{z} \in \arg \max_{z \in \mathcal{B}^d(1)} g(z)$  such that  $\|\bar{z}\| = 1$ . By optimality of  $\bar{z}$  it holds that

$$\partial g(\bar{z}) \subseteq N_{\mathcal{B}^d(1)}(\bar{z}), \quad (6)$$

where  $N_{\mathcal{B}^d(1)}(\bar{z}) = \{h \in \mathbb{R}^d : 0 \geq \langle h, z - \bar{z} \rangle, \forall z \in \mathcal{B}^d(1)\} = \{h \in \mathbb{R}^d : h = \lambda\bar{z}, \lambda \geq 0\}$  denotes the normal cone to  $\mathcal{B}^d(1)$  at  $\bar{z}$ . While this optimality condition for convex function maximization is somewhat standard (see e.g. [Rockafellar, 1997, Theorem 32.4]), we can verify directly that by optimality of  $\bar{z}$  we have

$$\begin{aligned} \partial g(\bar{z}) &:= \{h \in \mathbb{R}^d : g(z) - g(\bar{z}) \geq \langle h, z - \bar{z} \rangle, \forall z\} \\ &\subseteq \{h \in \mathbb{R}^d : g(z) - g(\bar{z}) \geq \langle h, z - \bar{z} \rangle, \forall z \in \mathcal{B}^d(1)\} \\ &\subseteq \{h \in \mathbb{R}^d : 0 \geq \langle h, z - \bar{z} \rangle, \forall z \in \mathcal{B}^d(1)\} =: N_{\mathcal{B}^d(1)}(\bar{z}). \end{aligned}$$

Since  $g$  is convex and finite on all of  $\mathbb{R}^d$ , we have  $\partial g(\bar{z}) \neq \emptyset$ . Therefore, the inclusion (6) implies that

$$g(\tilde{z}) \geq g(\bar{z}) + \langle \lambda\bar{z}, \tilde{z} - \bar{z} \rangle = g(\bar{z}) + \lambda(\langle \bar{z}, \tilde{z} \rangle - 1), \quad \text{for some } \lambda \geq 0.$$

Therefore,  $\langle \bar{z}, \tilde{z} \rangle \geq 1$  implies that  $g(\tilde{z}) \geq g(\bar{z})$ , which yields the lower bound

$$p = \Pr[g(\tilde{z}) \geq g(\bar{z})] \geq \Pr[\langle \tilde{z}, \bar{z} \rangle \geq 1].$$

In light of Lemma D.1, this establishes  $p \geq 1/(4\sqrt{e\pi})$ .  $\square$

The above Lemma is helpful in the following way: Let  $\theta^* \in \mathcal{E}$ ,  $\tilde{\theta} \sim \mathcal{N}(\theta_0, b^2 V^{-1})$ , and  $x_{\tilde{\theta}} = \arg \max_{x \in \mathcal{X}} \langle \tilde{\theta}, x \rangle$  for some bounded subset  $\mathcal{X} \subset \mathbb{R}^d$  (assuming the maximum exists). If  $f$  is the support function of  $\mathcal{X}$ , i.e.  $f(\theta) = \max_{x \in \mathcal{X}} \langle \theta, x \rangle$ , then we have with probability at least  $1/(4\sqrt{e\pi})$  that

$$\max_{x \in \mathcal{X}} \langle \theta^*, x \rangle = f(\theta^*) \leq \max_{\theta \in \mathcal{E}} f(\theta) \leq f(\tilde{\theta}) = \langle \tilde{\theta}, x_{\tilde{\theta}} \rangle.$$

Moreover, by part 2. of Lemma D.1, we still have that  $\|\tilde{\theta} - \theta_0\|_V \leq \tilde{\mathcal{O}}(\sqrt{db})$  with high probability. This idea will be key to the proofs of Theorems 3.4, 3.5, and 4.1.

### D.3 Elliptical potential bounds

Another key component of the convergence proofs are the following so-called elliptical potential lemmas that provide an upper bound on the sum of norms of sequentially observed vectors in the norm induced by their design matrix.

**Lemma D.3** (Lemma 19.4 of Lattimore and Szepesvári [2020]). *Let  $(x_t)_{t \geq 1} \subset \mathbb{R}^d$  and for all  $t \geq 1$ ,  $\|x_t\| \leq L$ , let  $V_t = \lambda I + \sum_{k=1}^{t-1} x_k x_k^\top$  for some  $\lambda > 0$ . Then,*

$$\sum_{t=1}^T \min\{1, \|x_t\|_{V_t^{-1}}^2\} \leq 2d \log\left(1 + \frac{TL^2}{d\lambda}\right).$$

In the analysis of our algorithms, a central challenge is to control the norms of policy feature differences  $\phi(\pi_t) - \phi(\pi'_t)$ . However, the learner only observes the trajectory-level differences  $x_t = \phi(\tau_t) - \phi(\tau'_t)$ , which are random variables with mean  $\phi(\pi_t) - \phi(\pi'_t)$ . To overcome this, we build on Lemma D.3 and introduce new tools to bound the sum of norms of policy feature differences.

**Lemma D.4** (Elliptical lemma). *Let  $\{x_t\}_{t \geq 1} \subset \mathbb{R}^d$  be a sequence of random vectors adapted to a filtration  $\{\mathcal{F}_t\}_{t \geq 1}$ , and let  $\|x_t\| \leq L$  almost surely for all  $t \geq 1$ . Let  $V_t = \lambda I + \sum_{k=1}^{t-1} x_k x_k^\top$  for some  $\lambda > 0$ . Then, the following holds:*

**1) Deterministic bound.** For all  $T \in \mathbb{N}$ , almost surely,

$$\sum_{t=1}^T \|x_t\|_{V_t^{-1}}^2 \leq 2d \log\left(1 + \frac{TL^2}{d\lambda}\right) + \frac{3dL^2}{\lambda \log 2} \log\left(1 + \frac{L^2}{\lambda \log 2}\right).$$

**2) High-probability bound.** For all  $\delta \in (0, 1)$ , with probability at least  $1 - \delta$ ,

$$\begin{aligned} \forall T \in \mathbb{N}, \quad \sum_{t=1}^T \mathbb{E}[\|x_t\|_{V_t^{-1}} | \mathcal{F}_{t-1}] &\leq 2 \sqrt{T \left( 2d \log\left(1 + \frac{TL^2}{d\lambda}\right) + \frac{3dL^2}{\lambda \log 2} \log\left(1 + \frac{L^2}{\lambda \log 2}\right) \right)} \\ &\quad + \frac{8L}{\sqrt{\lambda}} \log(1/\delta). \end{aligned}$$

The first statement is a small improvement over Lemma D.3 because it involves  $\|x_t\|_{V_t^{-1}}^2$  instead of  $\min\{1, \|x_t\|_{V_t^{-1}}^2\}$  and maintains a similar upper bound. In the second statement,  $\{x_t\}_{t \geq 1}$  represent trajectory features and their expected values are policy features. Hence, the second statement of the lemma above allows us to control the elliptical potentials of the policy features while only observing trajectory features.

*Proof.* **First statement:** The proof of this result is based on the observation in [Lattimore and Szepesvári, 2020, Exercise 19.3]. Namely, the number of times the term  $\|x_t\|_{V_t^{-1}}^2$  can be larger than one is at most  $\frac{3d}{\log(2)} \log(1 + \frac{L^2}{\lambda \log(2)})$ .

Let's define the rounds  $\mathcal{T}_T = \{t \leq T, \|x_t\|_{V_t^{-1}}^2 \leq 1\}$ , we have:

$$\begin{aligned} \sum_{t=1}^T \|x_t\|_{V_t^{-1}}^2 &= \sum_{t \in \mathcal{T}_T} \|x_t\|_{V_t^{-1}}^2 + \sum_{t \notin \mathcal{T}_T} \|x_t\|_{V_t^{-1}}^2 \\ &\leq \sum_{t \in \mathcal{T}_T} \min\{1, \|x_t\|_{V_t^{-1}}^2\} + \frac{3dL^2}{\lambda \log(2)} \log\left(1 + \frac{L^2}{\lambda \log(2)}\right), \end{aligned}$$

where the first term of the last inequality follows by definition of  $\mathcal{T}_T$ . The second term follows because the number of times  $1 \leq t \leq T$  not in  $\mathcal{T}_T$  is at most  $\frac{3d}{\log(2)} \log(1 + \frac{L^2}{\lambda \log(2)})$  as previously discussed, and because  $\|x_t\|_{V_t^{-1}}^2 \leq L^2/\lambda$ . Then, the proof is concluded by bounding the first sum on the right-hand side using Lemma D.3.

**Second statement:** The proof proceeds by using Lemma D.9. We have for any  $\delta \in (0, 1)$  that with probability  $1 - \delta$ :

$$\begin{aligned} \sum_{t=1}^T \mathbb{E}[\|x_t\|_{V_t^{-1}} | \mathcal{F}_{t-1}] &\leq 2 \sum_{t=1}^T \|x_t\|_{V_t^{-1}} + \frac{8L}{\sqrt{\lambda}} \log(1/\delta) \\ &\leq 2 \sqrt{T \sum_{t=1}^T \|x_t\|_{V_t^{-1}}^2} + \frac{8L}{\sqrt{\lambda}} \log(1/\delta) \\ &\leq 2 \sqrt{T \left( 2d \log \left( 1 + \frac{TL^2}{d\lambda} \right) + \frac{3dL^2}{\log(2)\lambda} \log \left( 1 + \frac{L^2}{\log(2)\lambda} \right) \right)} + \frac{8L}{\sqrt{\lambda}} \log(1/\delta), \end{aligned}$$

where the first inequality uses Lemma D.9, the second uses the Cauchy-Schwarz inequality, and the last follows from the first result of the lemma.  $\square$

We now present a variant of the elliptical potential lemma above, adapted for the case where the design matrix is updated with lazy updates and optimal design; see Algorithm 3 for more details.

**Lemma D.5** (Lazy elliptical lemma). *Let  $(x_t)_{t \geq 1} \subset \mathbb{R}^d$  be a sequence of random vectors adapted to a filtration  $(\mathcal{F}_t)_{t \geq 1}$ , with  $\|x_t\| \leq L$  almost surely. Fix  $\lambda \geq L^2$  and  $C > 0$ .*

Define  $(V_t, W_t)_{t \geq 1}$  as in Algorithm 3:

- $V_1 = W_1 = \lambda I$ ,  $\mathcal{D}_1 = \emptyset$ ,  $t_{\text{stop}} = 1$ .
- For  $t = 1, \dots, T$ :
  - If  $\det(W_t) > (1 + C) \det(V_{t_{\text{stop}}})$ :
    - \* Let  $V_t = V_{t-1} + \sum_{x \in \mathcal{D}_{\text{opt}}} x x^\top$  be such that  $\det V_t \geq \det W_t$  and  $|\mathcal{D}_{\text{opt}}| \leq |\mathcal{D}|$ .
    - \* Set  $t_{\text{stop}} = t$ ,  $\mathcal{D} = \emptyset$
  - Observe  $x_t$  and append  $\mathcal{D} = \mathcal{D} \cup \{x_t\}$ .
  - Update

$$W_{t+1} = \begin{cases} V_t + x_t x_t^\top, & \text{if } t = t_{\text{stop}}, \\ W_t + x_t x_t^\top, & \text{otherwise,} \end{cases} \quad V_{t+1} = V_t.$$

Then, the following holds:

**1) Deterministic bound.** For all  $T \in \mathbb{N}$ ,

$$\sum_{t=1}^T \|x_t\|_{V_t^{-1}}^2 \leq \frac{2(1+C)dL^2}{\lambda} \log \left( 1 + \frac{TL^2}{\lambda d} \right).$$

**2) High-probability bound.** For a fixed  $T \in \mathbb{N}$  and any  $\delta \in (0, 1)$ , with probability at least  $1 - \delta$ ,

$$\sum_{t=1}^T \mathbb{E}[\|x_t\|_{V_t^{-1}} | \mathcal{F}_{t-1}] \leq 2 \sqrt{\frac{2(1+C)dT L^2}{\lambda} \log \left( 1 + \frac{TL^2}{\lambda d} \right)} + \frac{8L}{\sqrt{\lambda}} \log(1/\delta).$$

*Proof.* **First statement:** First note that  $V_t \succeq \lambda I$  for all  $t$ , hence  $\|x_t\|_{V_t^{-1}}^2 \leq L^2/\lambda$ . For non-update steps,  $t \neq t_{\text{stop}}$ , we have  $V_t \preceq W_t$  and  $\det(W_t) \leq (1 + C) \det(V_t)$ . Hence, by Lemma D.8

$$\forall x \in \mathbb{R}^d, \quad \|x\|_{V_t^{-1}}^2 \leq \frac{\det(V_t^{-1})}{\det(W_t^{-1})} \|x\|_{W_t^{-1}}^2 \leq (1 + C) \|x\|_{W_t^{-1}}^2. \quad (7)$$

Using the inequality  $\min\{1, z\} \leq 2 \log(1 + z)$  for  $z \geq 0$ , we get

$$\begin{aligned} \min\{1, \|x_t\|_{V_t^{-1}}^2\} &\leq (1 + C) \min\{1, \|x_t\|_{W_t^{-1}}^2\} \leq 2(1 + C) \log \left( 1 + \|x_t\|_{W_t^{-1}}^2 \right) \\ &= 2(1 + C) \log \frac{\det(W_{t+1})}{\det(W_t)}, \end{aligned}$$

where the last equality follows from  $W_{t+1} = W_t + x_t x_t^\top$  and the matrix determinant lemma (see [Abbasi-Yadkori et al., 2011, Lemma 11]).

For update steps,  $t = t_{\text{stop}}$ , we have by construction  $\det(V_t) \geq \det(W_t)$  and  $W_{t+1} = V_t + x_t x_t^\top$ . Therefore, with the same reasoning as above,

$$\min\{1, \|x_t\|_{V_t^{-1}}^2\} \leq 2 \log \left(1 + \|x_t\|_{V_t^{-1}}^2\right) = 2 \log \frac{\det(W_{t+1})}{\det(V_t)} \leq 2 \log \frac{\det(W_{t+1})}{\det(W_t)}.$$

By summing over  $t$  and telescoping, we therefore get

$$\sum_{t=1}^T \min\{1, \|x_t\|_{V_t^{-1}}^2\} \leq 2(1+C) \log \frac{\det(W_{T+1})}{\det(W_1)} \leq 2(1+C)d \log \left(1 + \frac{TL^2}{\lambda d}\right).$$

Using that  $\|x_t\|_{V_t^{-1}}^2 \leq (L^2/\lambda) \min\{1, \|x_t\|_{V_t^{-1}}^2\}$  concludes the proof of the first result.  $\square$

**Second statement:** Analogously to Lemma D.4, the second statement follows from the first statement and Lemma D.9.  $\square$

*Remark D.6.* Note that we have not used the trick from [Lattimore and Szepesvári, 2020, Exercise 19.3] in the proof above, as it doesn't trivially extend to our lazy setting.

#### D.4 Miscellaneous

**Proposition D.7.** *The function  $f(\theta) = \sup_{\pi \in (\Delta_{\mathcal{A}})^S} \langle \theta, \phi(\pi) \rangle$  is convex and continuous over  $\mathbb{R}^d$ .*

*Proof.* The function  $f$  is the support function of the set  $\mathcal{Z} = \{\phi(\pi) : \pi : \mathcal{S} \rightarrow \Delta_{\mathcal{A}}\}$ . To prove the convexity, note that for any  $\eta \in (0, 1)$ , we have

$$f(\eta\theta + (1-\eta)\theta') \leq \eta \sup_{z \in \mathcal{Z}} \langle \theta, z \rangle + (1-\eta) \sup_{z \in \mathcal{Z}} \langle \theta', z \rangle \leq \eta f(\theta) + (1-\eta) f(\theta').$$

Furthermore, any convex function is continuous over the relative interior of its effective domain  $\text{dom } f = \{x : f(x) < \infty\}$  (see e.g. [Rockafellar, 1997, Theorem 10.1]). Since  $|f(\theta)| \leq \|\theta\| LH_\gamma$ , this implies that  $f$  is continuous over  $\mathbb{R}^d$ .  $\square$

**Lemma D.8** (Lemma 12 of [Abbasi-Yadkori et al., 2011]). *Let  $A, B$ , and  $C$  be positive semi-definite matrices such that  $A = B + C$ . Then, we have that:*

$$\sup_{x \neq 0} \frac{x^T Ax}{x^T Bx} \leq \frac{\det(A)}{\det(B)}.$$

This next lemma is one of the versions of Freedman's inequality [Freedman, 1975].

**Lemma D.9** (Lemma 2 of Zhu and Nowak [2022]). *Let  $(z_t)_{t \leq T}$  be a real-valued sequence of random variables adapted to a filtration  $\mathcal{F}_t$ . If  $0 \leq z_t \leq B$  almost surely, then with probability at least  $1 - \delta$ ,*

$$\sum_{t=1}^T z_t \leq \frac{3}{2} \sum_{t=1}^T \mathbb{E}[z_t | \mathcal{F}_{t-1}] + 4B \log(2\delta^{-1})$$

and

$$\sum_{t=1}^T \mathbb{E}[z_t | \mathcal{F}_{t-1}] \leq 2 \sum_{t=1}^T z_t + 8B \log(2\delta^{-1}).$$

## E Discussion and background

### E.1 Background on optimal experimental design

**Continuous designs** Given a (possibly infinite) set of features  $\mathcal{X} \subset \mathbb{R}^d$ , a *D-optimal design* is a probability measure  $\xi^* \in \Delta_{\mathcal{X}}$  maximizing the log-determinant of the (normalized) information matrix

$$\xi^* \in \arg \max_{\xi \in \Delta_{\mathcal{X}}} \log \det V(\xi), \quad V(\xi) := \int_{\mathcal{X}} x x^\top d\xi(x).$$

The Kiefer–Wolfowitz equivalence theorem [Kiefer and Wolfowitz, 1960] further implies that any D-optimal design also minimizes the *G-criterion*

$$\xi^* \in \arg \min_{\xi \in \Delta_{\mathcal{X}}} \max_{x \in \mathcal{X}} \|x\|_{V(\xi)^{-1}}^2 \quad \text{with} \quad \max_{x \in \mathcal{X}} \|x\|_{V(\xi^*)^{-1}}^2 = d. \quad (8)$$

Consequently,  $\mathcal{X}$  is contained in the ellipsoid induced by  $V(\xi^*)$ :

$$\mathcal{X} \subseteq \mathcal{E}(\xi^*) \quad \text{where} \quad \mathcal{E}(\xi^*) := \left\{ x \in \mathbb{R}^d : \|x\|_{V(\xi^*)^{-1}}^2 \leq d \right\}.$$

This characterization can be interpreted geometrically:  $\mathcal{E}(\xi^*)$  is the minimum-volume centered ellipsoid containing  $\mathcal{X}$ ; see [Lattimore and Szepesvári, 2020, Theorem 21.1]. Moreover, although  $\mathcal{X}$  may be infinite, a D-optimal design can be chosen with finite support, in which case  $V(\xi^*) = \sum_{i=1}^m w_i x_i x_i^\top$  for some  $x_i \in \mathcal{X}$  and weights  $w_i \geq 0$ ,  $\sum_i w_i = 1$ .

**Discrete designs.** When a budget of  $n$  samples is available, a (discrete) D-optimal design may be posed as the allocation problem

$$\max_{\{n_x\}_{x \in \mathcal{X}}} \log \det \left( \sum_{x \in \mathcal{X}} n_x x x^\top \right) \quad \text{s.t.} \quad n_x \in \mathbb{N}, \quad \sum_{x \in \mathcal{X}} n_x = n,$$

equivalently as selecting a multiset  $S$  of size  $n$  to maximize  $\log \det(\sum_{x \in S} x x^\top)$ . This is a challenging combinatorial optimization problem. However, if  $\lambda \geq 1$ , the set function

$$f_\lambda(S) := \log \det \left( \lambda I + \sum_{x \in S} x x^\top \right), \quad S \subseteq \mathcal{X},$$

is a non-negative, monotone, and submodular function. Therefore, under a cardinality constraint,  $|S| \leq n$ , the standard greedy algorithm achieves a  $(1 - 1/e)$ -approximation guarantee [Nemhauser et al., 1978]. Hence, Algorithm 4 provides a principled way to select informative queries between two consecutive update steps  $t_{\text{stop}}$  and  $t'_{\text{stop}}$ .

## E.2 On the intractability of optimistic approaches

**Optimism for regret minimization** Optimism in the face of uncertainty is a widely used principle for regret minimization in reinforcement learning. In the bandit setting, optimistic algorithms can be applied directly and yield minimax-optimal regret bounds [Auer, 2002]. For regret minimization in RLHF, an optimistic algorithm would choose the policy  $\pi_t$  to maximize the upper confidence bound on the reward difference relative to a comparator policy  $\pi'_t$ :

$$\pi_t = \arg \max_{\pi} \max_{\theta \in \mathcal{E}_t} V_\theta^\pi - V_\theta^{\pi'_t} = \arg \max_{\pi} V_{\hat{\theta}_t}^\pi + \beta_t \|\phi(\pi) - \phi(\pi'_t)\|_{V_t^{-1}},$$

where  $\mathcal{E}_t$  is a confidence set for  $\theta^*$ . This leads to the following bound on the instantaneous regret:

$$\begin{aligned} r_t &= \left( V_{\theta^*}^* - V_{\theta^*}^{\pi'_t} \right) - \left( V_{\theta^*}^{\pi_t} - V_{\theta^*}^{\pi'_t} \right) \\ &\leq \left( \max_{\pi} \max_{\theta \in \mathcal{E}_t} V_\theta^\pi - V_\theta^{\pi'_t} \right) - \left( V_{\theta^*}^{\pi_t} - V_{\theta^*}^{\pi'_t} \right) \\ &= \left( V_{\hat{\theta}_t}^{\pi_t} - V_{\hat{\theta}_t}^{\pi'_t} \right) - \left( V_{\theta^*}^{\pi_t} - V_{\theta^*}^{\pi'_t} \right) \\ &\leq \left\| \tilde{\theta}_t - \theta^* \right\|_{V_t} \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_t^{-1}} \leq 2\beta_t(\delta') \|\phi(\pi_t) - \phi(\pi'_t)\|_{V_t^{-1}}, \end{aligned}$$

where  $\tilde{\theta}_t \in \mathcal{E}_t$ . The cumulative regret can then be bounded using standard elliptical potential arguments (see Lemma D.4).

**Optimism for preference-free exploration** As is evident from the proof of Theorem 3.5, algorithms that solely maximize an exploration bonus of the form

$$\|\phi(\pi) - \phi(\pi'_t)\|_{V_t^{-1}} \quad \text{or} \quad \mathbb{E}_{\tau \sim \mathbb{P}_\pi, \tau' \sim \mathbb{P}_{\pi'_t}} \|\phi(\tau) - \phi(\tau')\|_{V_t^{-1}}^p, p = 1, 2,$$

are also effective for preference-free exploration.

**Challenge of optimizing the exploration bonus** The key problem of the above approaches is that for trajectory-level feedback – preferences or reward – they lead to optimization problems over policies that cannot be framed in terms of state-action rewards. Efroni et al. [2021] therefore conjecture that exactly solving these problems is intractable even in tabular settings. This stands in contrast to standard reinforcement learning with state-action feedback, where optimistic algorithms, and approaches based on optimal design [Wagenmaker et al., 2022, Mutny et al., 2023], involve (or can be reduced to) maximization of bonuses of the form

$$\mathbb{E}_{(s,a) \sim \mu_\pi} \|\phi(s, a)\|_{V^{-1}}^p, p = 1, 2,$$

which are linear in the occupancy measure  $\mu_\pi$  and can be maximized via dynamic programming.

These computational challenges associated with exploration under trajectory-level feedback motivate alternative approaches, such as randomized exploration, which can provide near-optimal theoretical guarantees while remaining computationally tractable.

## F Experiments

### F.1 Gridworld environment

As illustrated in Figure 3 below, the gridworld consists of 36 grid cells and the initial state lies in the center. The agent can choose the actions up, down, left, right, and will deterministically move in that direction or stay if it hits a boundary. The reward features are one-hot features for the six boundary states in blue, and the ground truth reward is 0.5 for two of these states as indicated in Figure 3. Moreover, rewards are discounted with  $\gamma = 0.9$ . Our gridworld implementation builds on the code by Schlaginhaufen and Kamgarpour [2023].

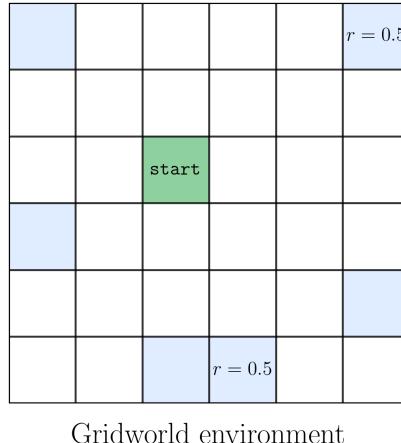


Figure 3: Illustration of the gridworld environment.

### F.2 Cartpole environment

Here, we provide additional details for experiments on Isaac Lab’s Isaac-Cartpole-v0 environment, as well as experimental results for the pure exploration version of our algorithm.

**Implementation details** All experiments run on Isaac Lab’s unmodified Isaac-Cartpole-v0 environment using the default PPO configuration. As reward features, we use the pre-defined reward terms. For cartpole these are: 1) Alive term: equal to 1 for all non-terminal states; 2) Termination term: equal to 1 for terminal states. A state is terminal if the cart goes out of bounds; 3) Goal tracking term: absolute value of pole angle measured from the upright position; 4) Cart velocity term: absolute value of cart velocity; 5) Joint velocity term: absolute value of pole angular velocity. However, our implementation supports any Isaac Lab manager-based tasks.

We train over 30 RLHF iterations, using 30 steps of PPO at each iteration, and training is repeated for 20 independent seeds. For the randomized exploration, we set  $\beta_t = 0.001 + 0.1 \max(1, \log t)$  and

$\lambda = 1$ , and for lazy updates we set  $C = 0.5$ . At each RLHF iteration we compare 100 independently sampled trajectories. For the maximum likelihood estimation we perform 50 Adam steps (batch size 64,  $\ell_2$  penalty  $\lambda = 10^{-1}$ ). Experiments were executed on a single machine equipped with an Intel i9-14900KS CPU and an NVIDIA RTX 4090 GPU; completing 30 RLHF iterations required approximately 2 min 50 s.

**Preference-free exploration** Our results for the preference-free exploration algorithm RPO-Explore are shown in Figure 4 and 5 below. In Figure 4, we see that all three versions of RPO-Explore achieve performance competitive to RL with the ground truth reward<sup>5</sup>, but RPO-OD-Explore needs the least preference queries. Moreover, in Figure 5 we see that the performance during training is poor, *i.e.* the regret is large, which is to be expected due to the pure exploration scheme.

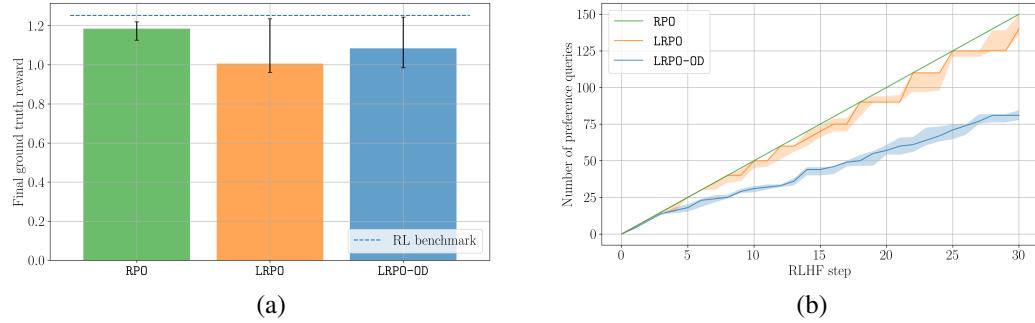


Figure 4: Comparison of RLHF algorithms in terms of (a) the last iterate ground truth reward  $V_{\theta^*}^{\hat{\pi}}$  (estimated from samples) and (b) number of preference queries performed. In particular, we compare RPO-Explore (green, Algorithm 1) with its lazy versions LRPO-Explore and LRPO-OD-Explore (orange & blue). Here, LRPO-Explore and LRPO-OD-Explore refer to Algorithm 3 without and with optimal design subroutine. The error bars indicate the 0.2 and 0.8 quantiles, across 20 independent runs. The dashed blue line indicates the mean reward achieved by PPO with the ground truth parameter  $\theta^*$ .

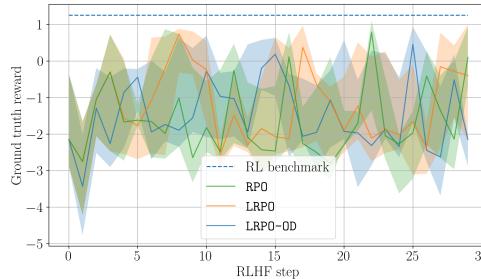


Figure 5: Comparing the ground truth rewards  $V_{\theta^*}^{\pi_t}$  (estimated from samples) of RLHF algorithms for reward-free exploration during training, using the same color codes as in Figure 4.

<sup>5</sup>Note that the RL baseline makes  $24 \times 4096 \times 50 = 4'915'200$  queries to the ground truth reward, whereas RPO uses at most 150 binary preference queries.

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