SEMANTIC-AWARE WASSERSTEIN POLICY REGULAR-IZATION FOR LARGE LANGUAGE MODEL ALIGNMENT

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ABSTRACT

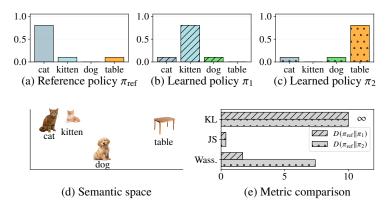
Large language models (LLMs) are commonly aligned with human preferences using reinforcement learning from human feedback (RLHF). In this method, LLM policies are generally optimized through reward maximization with Kullback-Leibler (KL) divergence regularization of the reference policy. However, KL and its f-divergence variants only compare token probabilities at identical indices, failing to capture semantic similarity. We propose Wasserstein Policy Regularization (WPR), a semantic-aware regularization for the RLHF framework based on the entropy-regularized Wasserstein distance, which incorporates the geometry of the token space. The dual formulation of the distance expresses the regularization as penalty terms applied to the reward via optimal dual variables, which yield a tractable objective compatible with standard RL algorithms. Empirically, our method outperforms KL- and f-divergence-based baselines, demonstrating the benefits of semantic-aware policy distances for alignment.

1 Introduction

Large language models (LLMs) have achieved remarkable progress in recent years, powering applications ranging from conversational agents to code generation (Touvron et al., 2023; Achiam et al., 2023; Hui et al., 2024). A central challenge in their deployment is aligning model behavior with human preferences. Reinforcement learning from human feedback (RLHF) has emerged as the dominant paradigm for alignment, where models are optimized to produce responses that better reflect user intent (Christiano et al., 2017; Bai et al., 2022; Ouyang et al., 2022). The standard RLHF pipeline trains a reward model from human preference data and then optimizes the LLM policy to maximize reward while remaining close to a supervised fine-tuned reference model (Ouyang et al., 2022). Recent advances such as Direct Preference Optimization (DPO) (Rafailov et al., 2023) and its variants (Azar et al., 2024; Ethayarajh et al., 2024) follow a similar principle, often reducing the preference learning to implicit reward maximization with reverse Kullback–Leibler (KL) regularization to maintain the reference policy.

The policy regularization by the KL divergence is widely adopted because the KL divergence can be computed directly from the token probabilities of the reference and the trained models, which is implemented as a penalty on the reward. While KL-based regularization is effective in practice, it exhibits known shortcomings; for example, the reverse KL tends to be mode-seeking, which reduces output diversity. Recent works have addressed these issues by replacing reverse KL with alternative f-divergences, such as f-DPO (Wang et al., 2024) and χ PO (Huang et al., 2025). However, these f-divergence-based constraints still measure policy discrepancy only by comparing token probabilities at identical indices, thereby ignoring semantic relationships between tokens.

To illustrate this limitation, we introduce a simple example in Figure 1. We consider a vocabulary {cat, kitten, dog, table} and compare a reference policy π_{ref} and two learned policies, π_1 and π_2 , in the context of next token selection when answering the question "What is in this image?" given a small cat image. In this example, π_{ref} , π_1 , and π_2 assign high probability mass to cat, kitten, and table, respectively. Semantically, (cat, kitten) is more closely related than (cat, table), so we would expect π_{ref} to be closer to π_1 than π_2 . However, KL values diverge due to the support mismatch, and other f-divergences such as Jensen-Shannon (JS) divergence assign the same distance to π_1 and π_2 , failing to reflect semantic proximity.



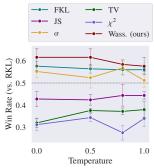


Figure 1: Motivating example for the Wasserstein distance in LLM policy comparison. (a-c) Probability distributions of the reference and learned policies. (d) Semantic space among tokens. (e) Comparison under different divergences, where Wasserstein distance captures semantic relationships that KL and JS divergences fail to reflect.

Figure 2: Win rates against KL-based regularization across sampling temperatures on dialogue generation with Gemma-2B, comparing *f*-divergences and our Wasserstein distance.

To overcome this limitation, we introduce a new RLHF regularization framework based on Wasserstein distances, which we refer to as Wasserstein Policy Regularization (WPR). Unlike the KL and other f-divergences, the Wasserstein metric compares distributions by explicitly considering the geometry of the underlying token space. This enables flexible, user-defined cost functions that naturally encode semantic similarity between tokens. Additionally, it remains well-defined even when the support of two distributions does not overlap. In the context of language modeling, these properties are crucial because policies that assign high probability to semantically related tokens (e.g., cat and kitten) could likewise be regarded as similar. As illustrated in Figure 1, the Wasserstein distance properly identifies the reference policy $\pi_{\rm ref}$ as being closer to π_1 than to π_2 , thereby capturing semantic proximity that KL and other f-divergences fail to reflect. As a result, as shown in Figure 2, the policy regularization with the Wasserstein distance achieves superior generation performance compared to KL and other f-divergence-based approaches, with experimental details provided in Section 5.2.

Building on these properties, we propose a tractable optimization framework that leverages the entropy-regularized Wasserstein distance, i.e., Sinkhorn distance, as a semantic-aware policy regularizer. Computing this distance requires solving an entropic optimal transport problem; we recast it in the dual and show that the resulting optimal dual variables represent the regularization penalty. Therefore, this penalty can be incorporated into the reward as token-wise adjustments, analogous to standard KL-based regularization, making our formulation directly compatible with standard RL algorithms such as PPO. The optimal dual variables can be obtained efficiently via the Sinkhorn algorithm with modest overhead. Empirically, our approach outperforms KL- and *f*-divergence–based baselines, highlighting the effectiveness of semantic-aware policy distances for RLHF.

2 Related Works

Aligning Large Language Models Traditional Supervised Fine-Tuning (SFT) methods have been effective in language generation, but they have shown limitations in producing outputs that are well-aligned with human preferences, in terms of sentiment (Maas et al., 2011), helpfulness (Askell et al., 2021), harmlessness (Gehman et al., 2020), and truthfulness (Lin et al., 2022). Reinforcement Learning from Human Feedback (RLHF) (Stiennon et al., 2020; Ouyang et al., 2022) has become the standard approach for aligning LLMs with human preferences. It proceeds by training a reward model on human preference datasets, and then using this reward model to perform reinforcement learning to generate outputs that are better aligned with human preferences (Christiano et al., 2017; Ziegler et al., 2019; Böhm et al., 2019). This approach has enabled the development of successful LLMs such as ChatGPT (Achiam et al., 2023). Recent work has proposed alternatives that avoid explicit reward models, such as RAFT (Dong et al., 2023), RRHF (Yuan et al., 2023), and DPO (Rafailov et al., 2023), which reformulate preference alignment as direct policy optimization.

Regularization for Policy Learning Methods such as RLHF and DPO incorporate regularization by a reverse KL divergence during preference alignment to prevent the learned policy from deviating significantly from a reference model trained via SFT. While this helps constrain the learning direction to remain close to the behavior of the reference model, the mode-seeking nature of reverse KL tends to limit the diversity of generated outputs (Wiher et al., 2022; Khalifa et al., 2021; Perez et al., 2022; Glaese et al., 2022). To address this limitation, studies such as f-DPO (Wang et al., 2024) and χ PO (Huang et al., 2025) have been proposed. In parallel, other works (Han et al., 2025; Kim et al., 2025) have explored alternative divergences for directly matching the optimal policy, though our focus in this work is on regularization. However, f-divergence-based methods share a key limitation: they measure the distributional discrepancy solely based on probability values at identical indices, without reflecting the semantic relationships between tokens. In contrast, this paper proposes a novel approach that leverages distance metrics from the Integral Probability Metric (IPM) (Müller, 1997), such as Wasserstein distance (Adler & Lunz, 2018; Panaretos & Zemel, 2019), which enables semantic-aware policy regularization.

Application of Wasserstein Distance The Wasserstein distance and its variants, such as the Sinkhorn distance, have been widely applied across many machine learning domains, including generative modeling, robust optimization, and reinforcement learning (Arjovsky et al., 2017; Sinha et al., 2018; Moskovitz et al., 2021; Song et al., 2023; Cui et al., 2024). For example, in generative modeling, Wasserstein GANs (Arjovsky et al., 2017) leverage the Wasserstein distance between the generator distribution and the data distribution to improve training stability and mitigate mode collapse. In robust optimization, adversarial training is formulated using a Wasserstein ball around the data distribution, enabling certified robustness guarantees (Sinha et al., 2018). In reinforcement learning, the Wasserstein natural gradient aligns policy updates with the local optimal-transport geometry induced by Wasserstein regularization in behavioral policy optimization (Moskovitz et al., 2021). Song et al. (2023) explore trust-region policy optimization based on Wasserstein and Sinkhorn distance. Building on this line of work, we explore Wasserstein regularization for RLHF, enabling semantic-aware policy alignment.

3 PRELIMINARY

3.1 Wasserstein distance

The Wasserstein distance between two distributions π and π' is defined as

$$D_{\mathbf{W}}(\pi||\pi') := \min_{\boldsymbol{P} \in U(\pi,\pi')} \mathbb{E}_{(y,y') \sim \boldsymbol{P}} \left[c(y,y') \right] = \min_{\boldsymbol{P} \in U(\pi,\pi')} \langle \boldsymbol{P}, \boldsymbol{C} \rangle, \tag{1}$$

where $U(\pi, \pi') := \{ \boldsymbol{P} \in \mathbb{R}^{d \times d}_+ | \boldsymbol{P} \boldsymbol{1}_d = \pi, \boldsymbol{P}^\top \boldsymbol{1}_d = \pi' \}$ is the set of couplings between π and π' , $\boldsymbol{C} \in \mathbb{R}^{d \times d}_+$ is the cost matrix with entries $\boldsymbol{C}_{y,y'} := c(y,y') \geq 0, \langle \cdot, \cdot \rangle$ denotes the Frobenius inner product, and d is the cardinality of the outcome space.

To obtain a smooth approximation, one may add an entropy regularization term to the Wasserstein objective, yielding the entropy-regularized Wasserstein distance, also known as the Sinkhorn distance:

$$D_{\tilde{\mathbf{W}}}(\pi||\pi') := \min_{\boldsymbol{P} \in U(\pi,\pi')} \left\{ \langle \boldsymbol{P}, \boldsymbol{C} \rangle - \frac{1}{\lambda} \mathcal{H}(\boldsymbol{P}) \right\}, \tag{2}$$

where λ is an entropy regularization hyperparameter, and $\mathcal{H}(\boldsymbol{P}) := -\sum_{i=1}^d \sum_{j=1}^d P_{ij} (\log P_{ij} - 1)$ is the entropy regularization term, equivalent to the Shannon entropy up to an additive constant.

While the Wasserstein distance directly relies on the Kantorovich dual formulation of optimal transport, the Sinkhorn distance arises from the dual of its entropically regularized variant (Villani, 2008; Peyré et al., 2019):

$$D_{\mathbf{W}}(\pi||\pi') = \max_{\boldsymbol{\phi}, \boldsymbol{\psi}} \left\{ \sum_{i=1}^{d} \phi_i \pi_i + \sum_{j=1}^{d} \psi_j \pi'_j \middle| \phi_i + \psi_j \le C_{ij} \ \forall i, j \right\},\tag{3}$$

$$D_{\tilde{\mathbf{W}}}(\pi||\pi') = \max_{\phi,\psi} \left\{ \sum_{i=1}^{d} \phi_i \pi_i + \sum_{j=1}^{d} \psi_j \pi'_j - \frac{1}{\lambda} \sum_{i=1}^{d} \sum_{j=1}^{d} \exp\left(\lambda(\phi_i + \psi_j - C_{ij})\right) \right\}, \tag{4}$$

where ϕ and ψ are the dual variables. In the Wasserstein case with the Euclidean cost, the dual variables reduce to a single 1-Lipschitz function, which is typically parameterized by a critic network and optimized with gradient-based methods (Arjovsky et al., 2017). In contrast, the entropy-regularized formulation yields dual optimality conditions corresponding to matrix scaling factors, which can be computed efficiently by the Sinkhorn-Knopp algorithm (Sinkhorn & Knopp, 1967) as closed-form iterations alternating between row and column normalization (Cuturi, 2013; Cuturi & Doucet, 2014).

The entropy-regularized Wasserstein distance produces smoother and denser couplings between distributions, and it converges to the Wasserstein distance as $\lambda \to \infty$. Moreover, compared to the unregularized Wasserstein distance, the Sinkhorn distance can be computed more efficiently, incurring substantially less computational overhead. Since our setting requires computing next-token predictive distributions conditioned on various prompts and partial responses, we employ the entropic regularization variant rather than the critic-based Wasserstein distance, as the former admits the closed-form iterations. \(^1\)

3.2 REINFORCEMENT LEARNING FROM HUMAN PREFERENCES (RLHF)

Our goal is to align an autoregressive LLM, denoted as $\pi_{\theta}(\mathbf{y}|\mathbf{x})$ where \mathbf{x} is a user prompt and \mathbf{y} is a response, with human preferences through reinforcement learning (RL). The RLHF procedure consists of three main stages. First, we perform supervised fine-tuning (SFT) to obtain a reference model π_{ref} , which serves as the initial aligned model. Second, we train a reward model $r(\mathbf{x}, \mathbf{y})$ on a preference dataset, enabling the estimation of scalar rewards for responses \mathbf{y} given prompts \mathbf{x} . Finally, using both the reference model π_{ref} and the reward model r, we optimize the following objective to fine-tune the language model π_{θ} :

$$\max_{\pi_{\theta}} \mathcal{J}(\pi_{\theta}; \pi_{\text{ref}}) := \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\mathbb{E}_{\mathbf{y} \sim \pi_{\theta}(\mathbf{y}|\mathbf{x})} \left[r(\mathbf{x}, \mathbf{y}) \right] - \beta D \left(\pi_{\theta}(\mathbf{y}|\mathbf{x}) || \pi_{\text{ref}}(\mathbf{y}|\mathbf{x}) \right) \right], \tag{5}$$

where D denotes a policy divergence, β is a policy regularization hyperparameter, and \mathcal{D} is the prompt dataset. This objective encourages the policy to generate responses that maximize reward while remaining close to the reference model.

In most of the previous works, the divergence D is instantiated as the (reverse) KL divergence:

$$\max_{\pi_{\theta}} \mathcal{J}_{KL}(\pi_{\theta}; \pi_{ref}) := \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\mathbb{E}_{\mathbf{y} \sim \pi_{\theta}(\mathbf{y}|\mathbf{x})} \left[r(\mathbf{x}, \mathbf{y}) \right] - \beta D_{KL} \left(\pi_{\theta}(\mathbf{y}|\mathbf{x}) || \pi_{ref}(\mathbf{y}|\mathbf{x}) \right) \right]$$
(6)

$$= \mathbb{E}_{\mathbf{x}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) \right] - \beta \sum_{n=1}^{N} D_{\text{KL}} \left(\pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1}) || \pi_{\text{ref}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1}) \right) \right]$$
(7)

$$= \mathbb{E}_{\mathbf{x}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) - \beta \log \frac{\pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})}{\pi_{\text{ref}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \right] \right], \tag{8}$$

where $D_{\text{KL}}(\pi(y_n)||\pi'(y_n)) := \mathbb{E}_{y_n \sim \pi(y_n)} \left[\log \frac{\pi(y_n)}{\pi'(y_n)}\right]$, N is the sequence length of \mathbf{y} , and $R(\mathbf{x}, \mathbf{y}_{1:n}) = r(\mathbf{x}, \mathbf{y}_{1:N})$ for n = N, and 0 otherwise. As shown in Eq. (8), the KL regularization term D_{KL} can be rewritten as the expectation of the log-ratio between the two policies, which allows standard RL algorithms such as PPO to be applied for optimization. Furthermore, several works (Wang et al., 2024; Huang et al., 2025) have generalized the KL divergence to other f-divergences and developed tractable optimization formulations accordingly.

However, as mentioned in the Introduction, KL or other f-divergence measures compare policies solely by token-level probability differences at identical indices, without accounting for the underlying semantic structure of tokens. This limitation prevents them from fully capturing meaningful distributional differences in language generation. To address this, we replace the divergence term with the Wasserstein distance, more precisely the Sinkhorn distance, which naturally incorporates semantic information, and we develop a tractable optimization framework for this objective.

¹In preliminary experiments, we explored the critic-based Wasserstein distance but found that the resulting policy regularization was insufficient, leading to suboptimal performance.

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Figure 3: Overview of RLHF with Wasserstein Policy Regularization. (a) Standard RLHF with a policy regularization penalty. (b) Our proposed Wasserstein policy regularization, where the penalty is computed from the optimal dual variables obtained via the Sinkhorn-Knopp algorithm.

4 METHOD: WASSERSTEIN POLICY REGULARIZATION

4.1 RLHF OBJECTIVE WITH WASSERSTEIN POLICY REGULARIZATION

In this section, we propose Wasserstein Policy Regularization (WPR), which regularizes LLM policies in RLHF using the Wasserstein distance as the statistical distance between policies. We formulate the Wasserstein-regularized RLHF objective by replacing the token-level KL divergence regularization term in Eq. (7) with a Wasserstein regularization term:

$$\max_{\pi_{\boldsymbol{\theta}}} \mathcal{J}_{\mathbf{W}}(\pi_{\boldsymbol{\theta}}; \pi_{\mathrm{ref}}) := \tag{9}$$

$$\mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) \right] - \beta \sum_{n=1}^{N} D_{\mathbf{W}} \left(\pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1}) | | \pi_{\text{ref}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1}) \right) \right]$$

Here,
$$D_{\mathbf{W}}(\pi_{\boldsymbol{\theta}}(y_n|\mathbf{x},\mathbf{y}_{1:n-1})||\pi_{\mathrm{ref}}(y_n|\mathbf{x},\mathbf{y}_{1:n-1})) := \min_{\boldsymbol{P}^{(n)} \sim U_n(\pi_{\boldsymbol{\theta}},\pi_{\mathrm{ref}})} < \boldsymbol{P}^{(n)}, \boldsymbol{C} > \text{where}$$

$$U_n(\pi_{\boldsymbol{\theta}},\pi_{\mathrm{ref}}) := \left\{ \boldsymbol{P}^{(n)} \in \mathbb{R}_+^{d \times d} | \boldsymbol{P}^{(n)} \mathbf{1}_d = \pi_{\boldsymbol{\theta}}(\cdot|\mathbf{x},\mathbf{y}_{1:n-1}), \boldsymbol{P}^{(n)^{\top}} \mathbf{1}_d = \pi_{\mathrm{ref}}(\cdot|\mathbf{x},\mathbf{y}_{1:n-1}) \right\}, \boldsymbol{C} \in \mathbb{R}_+^{d \times d} \text{ is the cost matrix}, \boldsymbol{d} \text{ is the token dictionary size, and } N \text{ is the sequence length of } \mathbf{y}.$$

The next step is to formulate the Wasserstein distance between two token-level discrete distributions so as to obtain a tractable optimization objective for π_{θ} . However, computing the exact Wasserstein distance requires solving a linear program, which quickly becomes intractable when the distributional support is large (Kuhn et al., 2019). A widely used approximation is to introduce entropic regularization into the transport problem, referred to as the entropy-regularized Wasserstein distance or Sinkhorn distance (Cuturi, 2013):

$$\max_{\mathbf{T}} \mathcal{J}_{\tilde{\mathbf{W}}}(\pi_{\boldsymbol{\theta}}; \pi_{\text{ref}}) := \tag{10}$$

$$\mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) \right] - \beta \sum_{n=1}^{N} D_{\tilde{\mathbf{W}}}^{\lambda} \left(\pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1}) | | \pi_{\text{ref}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1}) \right) \right]$$

where
$$D_{\tilde{\mathbf{W}}}^{\lambda}\left(\pi_{\boldsymbol{\theta}}(\cdot|\mathbf{x},\mathbf{y}_{1:n-1})||\pi_{\text{ref}}(\cdot|\mathbf{x},\mathbf{y}_{1:n-1})\right) := \min_{\boldsymbol{P}^{(n)} \in U_n} \left\{ \langle \boldsymbol{P}^{(n)}, \boldsymbol{C} \rangle - \frac{1}{\lambda} \mathcal{H}(\boldsymbol{P}^{(n)}) \right\}.$$
 (11)

We refer to this objective, $\mathcal{J}_{\tilde{W}}(\pi_{\theta}; \pi_{ref})$, as the entropic Wasserstein-regularized RLHF objective. We now derive the dual problem from the regularized primal transportation problem in Eq. (11). Specifically, we introduce the Lagrangian function \mathcal{L} corresponding to Eq. (11).

$$\mathcal{L}(\mathbf{P}^{(n)}, \boldsymbol{\phi}, \boldsymbol{\psi}) := \sum_{i=1}^{d} \sum_{j=1}^{d} \left(P_{ij}^{(n)} C_{ij} + \frac{1}{\lambda} P_{ij}^{(n)} (\log P_{ij}^{(n)} - 1) \right) + \sum_{i=1}^{d} \phi_i([\pi_{\boldsymbol{\theta}}]_i - \sum_{k=1}^{d} P_{ik}^{(n)}) + \sum_{j=1}^{d} \psi_j([\pi_{\text{ref}}]_j - \sum_{k=1}^{d} P_{kj}^{(n)}),$$
(12)

Algorithm 1 Computation of Wasserstein Penalty via Sinkhorn-Knopp Algorithm

Input: Learned policy $\pi_{\theta}(\cdot|\mathbf{x},\mathbf{y}_{1:n-1})$, Reference policy $\pi_{\text{ref}}(\cdot|\mathbf{x},\mathbf{y}_{1:n-1})$, Cost matrix C

- 1: $\mathbf{u} \leftarrow \mathbf{1}_d, \mathbf{v} \leftarrow \mathbf{1}_d, \mathbf{K} \leftarrow \exp(-\lambda \mathbf{C})$
- 2: while converged do
 - 3: $\operatorname{diag}(\mathbf{u}) \leftarrow \pi_{\boldsymbol{\theta}} . / \mathbf{K}(\operatorname{diag}(\mathbf{v}))$
 - 4: $\operatorname{diag}(\mathbf{v}) \leftarrow \pi_{\operatorname{ref}} . / \mathbf{K}^{\top}(\operatorname{diag}(\mathbf{u}))$
 - 5: end while

6: $\phi \leftarrow -\frac{1}{\lambda} \log(\mathbf{u})$

Output: Dual variable ϕ

where $\{\phi_i\}_{i=1}^d$ and $\{\psi_j\}_{j=1}^d$ are the Lagrange multipliers, introduced to enforce the marginal constraints in U_n ; specifically, they ensure that the row sums of $\mathbf{P}^{(n)}$ match $\pi_{\boldsymbol{\theta}}(\cdot \mid \mathbf{x}, \mathbf{y}_{1:n-1})$ and the column sums match $\pi_{\text{ref}}(\cdot \mid \mathbf{x}, \mathbf{y}_{1:n-1})$. Here, $\mathbf{P}^{(n)}$, $\boldsymbol{\phi}$, and $\boldsymbol{\psi}$ are functions of $(\mathbf{x}, \mathbf{y}_{1:n-1})$, but we omit their input terms for brevity unless this causes ambiguity. Based on this Lagrangian, the corresponding dual problem is given by

$$\max_{\phi,\psi} \sum_{i=1}^{d} \phi_i [\pi_{\theta}]_i + \sum_{j=1}^{d} \psi_j [\pi_{\text{ref}}]_j - \sum_{i=1}^{d} \sum_{j=1}^{d} \frac{1}{\lambda} \exp(\lambda(\phi_i + \psi_j - C_{ij})), \tag{13}$$

which is derived in Appendix A.1. With strong duality and formulation of the primal solution, we can find the optimal solutions by Proposition 1 (Cuturi & Doucet, 2014).

Proposition 1. (Cuturi & Doucet, 2014) There exists a pair of vectors $(\mathbf{u}, \mathbf{v}) \in \mathbb{R}^d_+ \times \mathbb{R}^d_+$ such that the optimal solutions of $\mathbf{P}^{(n)}$, ϕ , and ψ are respectively given by

$$\mathbf{P}^{(n)^*} = \operatorname{diag}(\mathbf{u}) \exp(-\lambda \mathbf{C}) \operatorname{diag}(\mathbf{v}), \quad \phi^* = -\frac{1}{\lambda} \log(\mathbf{u}), \quad \psi^* = -\frac{1}{\lambda} \log(\mathbf{v}).$$
 (14)

We present the proof in Appendix A.2. Note that for any real value t, the pair of dual variables, $(\phi + t\mathbf{1}_d, \psi - t\mathbf{1}_d)$ yields the same dual objective value. Hence, the dual optimal solutions are not unique but are determined only up to an additive constant. However, as shown in Theorem 2, when formulating the policy optimization problem based on this optimal solution, the additive term remains constant with respect to the policy and can therefore be ignored, yielding an equivalent problem.

By strong duality, substituting the optimal primal and dual variables obtained in Proposition 1 into the objective in Eq. (13) yields an expression of the entropy-regularized Wasserstein distance in terms of the optimal variables. Plugging this result back into the RLHF formulation in Eq. (10), we obtain a tractable optimization problem, as stated in Theorem 2.

Theorem 2. Let $\phi^*(\mathbf{x}, \mathbf{y}_{1:n-1})$ denote the optimal dual variables of the entropic optimal transport problem in Eq. (13). Then, the entropic Wasserstein-regularized RLHF in Eq. (10) can be equivalently written as a reward maximization problem with an additional penalty, induced by ϕ^* , i.e.,

$$\mathcal{J}_{\tilde{W}}(\pi_{\boldsymbol{\theta}}; \pi_{ref}) = \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) - \beta \phi_{y_n}^*(\mathbf{x}, \mathbf{y}_{1:n-1}) \right] \right] + \mathcal{C}, \quad (15)$$

where C is a constant with respect to π_{θ} .

The proof is provided in Appendix A.3. Since the objective $\mathcal{J}_{\tilde{W}}$ of Eq. (15) can be expressed as the sum of token-wise rewards over sampled response sequences, the entropic Wasserstein-regularized RLHF problem, Eq. (10), can be optimized using standard RL methods such as PPO (Schulman et al., 2017). The full RLHF training algorithm is provided in Algorithm 2 of Appendix B.

4.2 Computation of Wasserstein Penalty

As shown in the objective of Eq. (15), computing the Wasserstein penalty requires obtaining the optimal dual solution ϕ of the entropic optimal transport problem. To this end, we need to compute the vectors \mathbf{u} and \mathbf{v} introduced in Proposition 1. These can be efficiently obtained by applying the

Table 1: Comparison of win rates for policy regularization with various divergences, compared to SFT and RKL-regularized PPO on the TL;DR and the HH-RLHF datasets with the Gemma-2B model.

| Divergence | TL;DR | | HH-RLHF | |
|---------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| | vs. SFT | vs. RKL | vs. SFT | vs. RKL |
| RKL | 0.848 ± 0.021 | - | 0.828 ± 0.010 | - |
| FKL | $0.316 \pm \textbf{0.026}$ | 0.040 ± 0.011 | 0.808 ± 0.048 | 0.564 ± 0.019 |
| JS | $0.540 \pm \textbf{0.024}$ | 0.204 ± 0.029 | 0.744 ± 0.031 | 0.424 ± 0.024 |
| $\alpha \ (\alpha = 0.5)$ | $0.724 \pm \textbf{0.031}$ | 0.304 ± 0.016 | 0.792 ± 0.047 | 0.524 ± 0.046 |
| TV | $0.364 \pm \textbf{0.039}$ | 0.052 ± 0.021 | $0.748 \pm \textbf{0.038}$ | 0.376 ± 0.010 |
| χ^2 | $0.904 \pm \textbf{0.026}$ | $0.540 \pm \textbf{0.030}$ | $0.796 \pm \textbf{0.039}$ | $\textbf{0.344} \pm 0.017$ |
| Wasserstein (ours) | 0.924 ± 0.019 | 0.608 ± 0.029 | 0.852 ± 0.027 | 0.616 ± 0.039 |

Sinkhorn-Knopp algorithm (Sinkhorn & Knopp, 1967) for the matrix scaling problem, as described in Algorithm 1 (Cuturi, 2013; Cuturi & Doucet, 2014).

Specifically, as shown in Proposition 1, the optimal primal solution, $P^{(n)^*}$, can be expressed as the product of the positive matrix, $\exp(-\lambda C)$, and two diagonal matrices, $\operatorname{diag}(\mathbf{u})$ and $\operatorname{diag}(\mathbf{v})$, with positive entries. Since $P^{(n)^*}$ is a transportation map, it must be doubly stochastic. Consequently, solving for \mathbf{u} and \mathbf{v} in Proposition 1 reduces to a matrix scaling problem, which can be solved using the Sinkhorn-Knopp algorithm. This algorithm iteratively rescales the rows and columns of $P^{(n)^*}$ to match the target marginals π_{θ} and π_{ref} , respectively (lines 3-4 in Algorithm 1, where ./ denotes element-wise division).

Practical Consideration In practice, the Sinkhorn-Knopp algorithm can be directly applied, but it requires iterative matrix multiplications with the exponential of the cost matrix $\boldsymbol{K} := \exp(-\lambda \boldsymbol{C}) \in \mathbb{R}^{d \times d}_+$. This incurs $\mathcal{O}(d^2)$ computational complexity with respect to the dictionary size d, leading to increased time and memory consumption. To mitigate this, we employ two forms of truncation.

First, during the pre-computation of the cost matrix, we apply a nearest- k_1 truncation. For each token, distances are computed only to its k_1 nearest neighbors. Entries outside this neighborhood are set to zero in K, which is equivalent to assigning infinite distance. This yields a sparse K, enabling sparse matrix multiplications that reduce both storage and computational cost. Second, during the Sinkhorn-Knopp algorithm, we apply a top- k_2 truncation. The distributions π_{θ} and π_{ref} are truncated to their top- k_2 indices together with the actually sampled index, while the remaining probability mass is collected into a dummy index. This reduces the effective support size from d to at most $2k_2 + 2$, lowering the complexity from $\mathcal{O}(d^2)$ to $\mathcal{O}(k_2^2)$. Together, these truncations substantially reduce the computational cost of the entropic Wasserstein distance, with training time per step increasing by only 2.5% compared to standard KL regularization.

5 EXPERIMENTS

5.1 EXPERIMENTAL SETTINGS

Tasks and Training Details To evaluate our Wasserstein policy regularization, we conduct openended text generation experiments on two datasets: the TL;DR dataset (Völske et al., 2017) for text summarization and the Anthropic Helpful and Harmless (HH-RLHF) dataset (Bai et al., 2022) for dialogue generation. We follow the experimental setup of Chai et al. $(2025)^2$, which provides opensource implementations for RLHF research. Our base model is the pre-trained Gemma-2B (Team et al., 2024), and we use identical training configurations across all baselines and our method, varying only the regularization hyperparameters. For each method, the policy regularization hyperparameter β is selected via grid search to identify the value at which training remained stable, and the bestperforming model is reported. For Wasserstein policy regularization, we define the cost function as the Euclidean distance in the fixed token embedding space from the reference policy, set $\lambda = 100$,

²https://github.com/ernie-research/MA-RLHF

and apply truncation hyperparameters $k_1 = 512$ and $k_2 = 128$. Further experimental details are provided in Appendix C.

Baselines We compare regularization based on various divergences with the proposed entropic Wasserstein-based regularization. Specifically, in addition to our approach using the entropic Wasserstein distance in Eq. (10), we evaluate reverse KL (RKL) divergence in Eq. (8), as well as token-level divergence in Eq. (7) instantiated with alternative f-divergences, including forward KL (FKL), JS, α -divergence with $\alpha=0.5$, total variation (TV), and χ^2 divergence. Each f-divergence can be expressed in the form of a penalty on the reward through its defining function f, and the corresponding functions for each divergence are summarized in Table 6 of Appendix C.2.

$$\max_{\pi_{\boldsymbol{\theta}}} \mathcal{J}_f(\pi_{\boldsymbol{\theta}}; \pi_{\text{ref}}) \tag{16}$$

$$= \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{\mathbf{y}_{n} \sim \pi_{\boldsymbol{\theta}}(\mathbf{y}_{n} | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) - \beta \frac{\pi_{\text{ref}}(y_{n} | \mathbf{x}, \mathbf{y}_{1:n-1})}{\pi_{\boldsymbol{\theta}}(y_{n} | \mathbf{x}, \mathbf{y}_{1:n-1})} f\left(\frac{\pi_{\boldsymbol{\theta}}(y_{n} | \mathbf{x}, \mathbf{y}_{1:n-1})}{\pi_{\text{ref}}(y_{n} | \mathbf{x}, \mathbf{y}_{1:n-1})} \right) \right] \right].$$

Evaluation We adopt GPT-4 win rate, a widely used evaluation metric in recent LLM studies (Zheng et al., 2023; Chai et al., 2025), as our primary metric. For evaluation, we randomly sample 50 validation instances and generate model responses, repeating this procedure five times. Then, GPT-4 is asked to perform pairwise comparisons between model outputs and report a win rate. We use the GPT-4 evaluation prompts from Chai et al. (2025), with the full prompt included in Appendix C.3. For TL;DR, we assess relevance, coherence, consistency, and fluency; while for HH-RLHF we focus on helpfulness. To reduce evaluation bias, we randomize the order of the responses.

5.2 QUANTITATIVE RESULTS

Comparison to Other Divergences Table 1 reports the performance of summarization and dialogue generation tasks under different policy regularization methods. Additionally, Figure 2 presents winrate comparisons against RKL across varying sampling temperatures on the HH-RLHF dataset. As the results demonstrate, our proposed Wasserstein policy regularization method achieves the best results on both datasets. In contrast, f-divergence-based methods rely on probability ratios between policies, which can produce exploding values and unstable training. This issue is evident in the particularly poor TL;DR results of FKL and TV. By comparison, our method remains well-defined even under support mismatch, enabling stable training and delivering superior performance consistently.

MT-Bench Results To further empirically validate our approach, we evaluate model performance using MT-Bench, a GPT-4 based benchmark that achieves over 80% agreement with human preference judgments on LLM outputs (Zheng et al., 2023). MT-Bench is designed to assess LLM capabilities in multi-turn conversation and instruction following, spanning diverse categories to provide a comprehensive measure of alignment quality. We evaluate models fine-tuned on HH-RLHF using the official MT-Bench implementation³, and we follow the recommended single-answer grading protocol to compute scores for each method. As shown in Table 2, our method achieves the highest performance among all baselines, indicating that semantic-aware regularization also improves broader conversational and instruction following capabilities.

Table 2: MT-Bench score comparison on Gemma-2B trained on HH-RLHF, evaluated with GPT-4 single-answer grading.

| Divergence | Score |
|---------------------------|-------|
| RKL | 4.000 |
| FKL | 4.247 |
| JS | 4.197 |
| $\alpha \ (\alpha = 0.5)$ | 4.256 |
| TV | 4.072 |
| χ^2 | 4.144 |
| Wasserstein | 4.272 |

5.3 Analysis of Wasserstein Policy Regularization

Ablation Study We conduct an ablation study to better understand the effect of components in our Wasserstein policy regularization framework, with results summarized in Table 3. Changing the cost function from the Euclidean to cosine distance yields slightly improved results, suggesting that the framework is robust to the choice of token-level cost metric.

³https://github.com/lm-sys/FastChat/tree/main/fastchat/llm_judge

Table 3: Ablation study of WPR on TL;DR.

| Method | | Win rate | |
|--|---|-------------------|--|
| Wellod | | vs. SFT | vs. RKL |
| Our default settings | | 0.924 ± 0.019 | 0.608 ± 0.029 |
| Cost change | $(L2 \rightarrow cosine)$ | 0.932 ± 0.014 | 0.644 ± 0.047 |
| Decreased k_1 Decreased k_2 Decreased λ | $(512 \to 256)$ $(128 \to 64)$ $(100 \to 10)$ | 0.864 ± 0.015 | $\begin{array}{c} 0.572 \pm 0.025 \\ 0.528 \pm 0.032 \\ 0.552 \pm 0.010 \end{array}$ |
| Decreased Sinkhorn iterations Increased Sinkhorn iterations | $(10 \rightarrow 5) \\ (10 \rightarrow 30)$ | | $\begin{array}{c} 0.328 \pm 0.026 \\ 0.536 \pm 0.029 \end{array}$ |

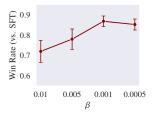


Figure 4: Sensitivity analysis of the policy regularization hyperparameter β on HH-RLHF.

Decreasing the truncation parameters k_1 and k_2 or the entropy regularization strength λ leads to a slight drop in performance, though our method still consistently outperforms RKL. Smaller k_1 and k_2 introduce approximation errors in the distance computation, and a smaller λ produces overly sharp couplings that reduce stability. In practice, we use the default settings, which provide consistently robust performance across datasets and configurations.

The number of Sinkhorn iterations also affects the distance computation. Reducing iterations from 10 to 5 leads to a sharp drop in performance due to insufficient convergence, while increasing iterations to 30 provides no additional benefit over the default setting. These results suggest that a moderate number of iterations is sufficient for achieving a balance between accuracy and computational efficiency.

Additionally, we analyze the sensitivity analysis of the policy regularization coefficient β in Figure 4. Our Wasserstein-regularized approach achieves stable performance across a broad range of β values, consistently outperforming the SFT baseline. In contrast, we observe that the f-divergence regularized RLHF yields stable training only within narrow ranges of β , as also reported in the previous work (Wang et al., 2024). While our method demonstrates robustness over a wider range of β , it still requires selecting an appropriate β , highlighting a fundamental limitation of RLHF. Developing approaches that reduce or remove this dependence is an important direction for future work.

Wasserstein Penalty Figure 5 compares the KL and Wasserstein penalties computed during training with our entropic Wasserstein-regularized RLHF objective on the TL;DR dataset. For a fair comparison, each case is scaled by its optimal regularization coefficient β , and both penalties are jointly normalized to the range [0,1] using a shared min-max range. Note that larger penalties correspond to greater deviation from the reference policy. As shown in the figure, the two penalties exhibit a strong positive correlation, with a Pearson correlation coefficient of 0.917. This result demonstrates that our Wasserstein penalty, similar to the KL penalty, increases as the learned policy differs from the reference policy. Moreover, the fitted trend line has a slope of 0.579, which is less than 1, with a substantial fraction of points lying below the line, indicating that the Wasserstein penalty tends to be more lenient than KL.

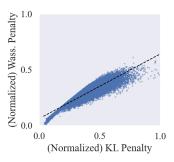


Figure 5: Normalized KL vs. Wasserstein penalty.

6 CONCLUSION

In this work, we propose a semantic-aware policy regularization framework for RLHF based on the entropy-regularized Wasserstein distance, which captures semantic similarity between tokens beyond the limits of KL and other f-divergences. By formulating the regularization in the dual space, our method yields tractable penalties compatible with standard RL algorithms, while remaining computationally efficient via the Sinkhorn-Knopp algorithm. Experiments on summarization and dialogue generation tasks demonstrate consistent improvements over KL- and f-divergence-based baselines, with higher win rates and MT-Bench score. These results highlight the effectiveness of semantic-aware policy distances for stable and robust alignment of large language models.

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A PROOFS AND DERIVATIONS

A.1 Derivation of Eq. (13)

We derive the dual problem in Eq. (13) from the Lagrangian \mathcal{L} in Eq. (12) constructed for the entropic primal transportation problem in Eq. (11). First, we rewrite the Lagrangian as follows:

$$\mathcal{L}(\boldsymbol{P}^{(n)}, \boldsymbol{\phi}, \boldsymbol{\psi}) \tag{17}$$

$$:= \sum_{i=1}^{d} \sum_{j=1}^{d} \left(P_{ij}^{(n)} C_{ij} + \frac{1}{\lambda} P_{ij}^{(n)} (\log P_{ij}^{(n)} - 1) \right)$$

$$+\sum_{i=1}^{d} \phi_i([\pi_{\theta}]_i - \sum_{k=1}^{d} P_{ik}^{(n)}) + \sum_{j=1}^{d} \psi_j([\pi_{\text{ref}}]_j - \sum_{k=1}^{d} P_{kj}^{(n)})$$
(18)

$$= \sum_{i=1}^{d} \sum_{j=1}^{d} P_{ij}^{(n)} \left(C_{ij} - \phi_i - \psi_j + \frac{1}{\lambda} (\log P_{ij}^{(n)} - 1) \right) + \sum_{i=1}^{d} \phi_i([\pi_{\boldsymbol{\theta}}]_i) + \sum_{j=1}^{d} \psi_j([\pi_{\mathsf{ref}}]_j), \quad (19)$$

where $\{\phi_i\}_{i=1}^d$ and $\{\psi_j\}_{j=1}^d$ are the Lagrange multipliers. Based on this Lagrangian, the primal and dual problem can be written as follows:

(Primal)
$$\min_{\boldsymbol{P}^{(n)}} \max_{\boldsymbol{\phi}, \boldsymbol{\psi}} \mathcal{L}(\boldsymbol{P}^{(n)}, \boldsymbol{\phi}, \boldsymbol{\psi}), \tag{20}$$

(Dual)
$$\max_{\boldsymbol{\phi}, \boldsymbol{\psi}} \min_{\boldsymbol{P}^{(n)}} \mathcal{L}(\boldsymbol{P}^{(n)}, \boldsymbol{\phi}, \boldsymbol{\psi}).$$
 (21)

By differentiating the Lagrangian with respect to $P_{ij}^{(n)}$, we derive the condition that the optimal $P_{ij}^{(n)*}$ satisfy as follows:

$$C_{ij} - \phi_i - \psi_j + \frac{1}{\lambda} \log P_{ij}^{(n)*} = 0 \quad \Leftrightarrow \quad P_{ij}^{(n)*} = \exp(\lambda(\phi_i + \psi_j - C_{ij})).$$
 (22)

Therefore, by substituting the optimal $P_{ij}^{(n)*}$ in Eq. (22) into Eq. (19), we can express the dual problem of Eq. (21) as

$$\max_{\phi,\psi} \sum_{i=1}^{d} \phi_i [\pi_{\theta}]_i + \sum_{j=1}^{d} \psi_j [\pi_{\text{ref}}]_j - \sum_{i=1}^{d} \sum_{j=1}^{d} \frac{1}{\lambda} \exp(\lambda(\phi_i + \psi_j - C_{ij})). \tag{23}$$

A.2 PROOF OF PROPOSITION 1

Proposition 1. (Cuturi & Doucet, 2014) There exists a pair of vectors $(\mathbf{u}, \mathbf{v}) \in \mathbb{R}^d_+ \times \mathbb{R}^d_+$ such that the optimal solutions of $\mathbf{P}^{(n)}$, ϕ , and ψ are respectively given by

$$\mathbf{P}^{(n)*} = \operatorname{diag}(\mathbf{u}) \exp(-\lambda \mathbf{C}) \operatorname{diag}(\mathbf{v}), \quad \phi^* = -\frac{1}{\lambda} \log(\mathbf{u}), \quad \psi^* = -\frac{1}{\lambda} \log(\mathbf{v}).$$
 (14)

Proof. From Eq. (22) in the derivation of Appendix A.1, the optimal $P_{ij}^{(n)*}$ can be written as

$$P_{ij}^{(n)*} = \exp\left(\lambda(\phi_i + \psi_j - C_{ij})\right) = \exp(\lambda\phi_i) \exp(-\lambda C_{ij}) \exp(\lambda\psi_j). \tag{24}$$

Defining the positive kernel $K := \exp(-\lambda C)$, where the exponential is applied element-wise, and the scaling vectors $\mathbf{u} := \exp(\lambda \phi)$ and $\mathbf{v} := \exp(\lambda \psi)$, the optimal coupling admits the compact representation

$$\mathbf{P}^{(n)} = \operatorname{diag}(\mathbf{u}) \, \mathbf{K} \, \operatorname{diag}(\mathbf{v}). \tag{25}$$

Since K is strictly positive, the Sinkhorn-Knopp theorem (Sinkhorn & Knopp, 1967) guarantees the existence and uniqueness (up to an additive constant) of strictly positive scaling vectors $\mathbf{u}, \mathbf{v} \in \mathbb{R}^d_+$ such that $\mathbf{P}^{(n)} \in U_n(\pi_{\theta}, \pi_{\text{ref}})$. Hence, the primal optimum $\mathbf{P}^{(n)}$ is unique and necessarily of the form $\operatorname{diag}(\mathbf{u}) \mathbf{K} \operatorname{diag}(\mathbf{v})$.

Finally, by the definitions of u and v, the corresponding optimal dual variables are given by

$$\phi^* = -\frac{1}{\lambda} \log \mathbf{u}, \qquad \psi^* = -\frac{1}{\lambda} \log \mathbf{v},$$
 (26)

which yields the stated representation

$$\mathbf{P}^{(n)^*} = \operatorname{diag}(\mathbf{u}) \exp(-\lambda \mathbf{C}) \operatorname{diag}(\mathbf{v}), \qquad \phi^* = -\frac{1}{\lambda} \log \mathbf{u}, \qquad \psi^* = -\frac{1}{\lambda} \log \mathbf{v}.$$
 (27)

A.3 PROOF OF THEOREM 2

Theorem 2. Let $\phi^*(\mathbf{x}, \mathbf{y}_{1:n-1})$ denote the optimal dual variables of the entropic optimal transport problem in Eq. (13). Then, the entropic Wasserstein-regularized RLHF in Eq. (10) can be equivalently written as a reward maximization problem with an additional penalty, induced by ϕ^* , i.e.,

$$\mathcal{J}_{\tilde{W}}(\pi_{\boldsymbol{\theta}}; \pi_{ref}) = \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_{n} \sim \pi_{\boldsymbol{\theta}}(y_{n}|\mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) - \beta \phi_{y_{n}}^{*}(\mathbf{x}, \mathbf{y}_{1:n-1}) \right] \right] + \mathcal{C}, \quad (15)$$

where C is a constant with respect to π_{θ} .

Proof. First, the objective of Wasserstein-regularized RLHF can be written as

$$\mathcal{J}_{\tilde{\mathbf{W}}}(\pi_{\boldsymbol{\theta}}; \pi_{\text{ref}}) := \tag{28}$$

$$\mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) \right] - \beta \sum_{n=1}^{N} D_{\tilde{\mathbf{W}}}^{\lambda} \left(\pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1}) || \pi_{\text{ref}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1}) \right) \right].$$

By strong duality, the entopic Wasserstein distance $D_{\tilde{W}}^{\lambda}$ is equal to the optimal objective value of the dual problem in Eq. (13). Substituting the optimal solutions from Proposition 1, we obtain

$$D_{\tilde{\mathbf{W}}}^{\lambda}\left(\pi_{\boldsymbol{\theta}}(y_{n}|\mathbf{x},\mathbf{y}_{1:n-1})||\pi_{\text{ref}}(y_{n}|\mathbf{x},\mathbf{y}_{1:n-1})\right)$$

$$= \sum_{i=1}^{d} \phi_{i}^{*}(\mathbf{x},\mathbf{y}_{1:n-1})\pi_{\boldsymbol{\theta}}(y_{n} = i|\mathbf{x},\mathbf{y}_{1:n-1}) + \sum_{i=1}^{d} \psi_{i}^{*}(\mathbf{x},\mathbf{y}_{1:n-1})\pi_{\text{ref}}(y_{n} = i|\mathbf{x},\mathbf{y}_{1:n-1})$$

$$= \sum_{i=1}^{d} \phi_{i}^{*}(\mathbf{x},\mathbf{y}_{1:n-1})\pi_{\boldsymbol{\theta}}(y_{n} = i|\mathbf{x},\mathbf{y}_{1:n-1}) + \sum_{i=1}^{d} \psi_{i}^{*}(\mathbf{x},\mathbf{y}_{1:n-1})\pi_{\boldsymbol{\theta}}(y_{n} = i|\mathbf{x},\mathbf{y}_{1:n-1})$$

$$= \sum_{i=1}^{d} \phi_{i}^{*}(\mathbf{x},\mathbf{y}_{1:n-1})\pi_{\boldsymbol{\theta}}(y_{n} = i|\mathbf{x},\mathbf{y}_{1:n-1}) + \sum_{i=1}^{d} \psi_{i}^{*}(\mathbf{x},\mathbf{y}_{1:n-1})\pi_{\boldsymbol{\theta}}(y_{n} = i|\mathbf{x},\mathbf{y}_{1:n-1})$$

$$= \sum_{i=1}^{d} \phi_{i}^{*}(\mathbf{x},\mathbf{y}_{1:n-1})\pi_{\boldsymbol{\theta}}(y_{n} = i|\mathbf{x},\mathbf{y}_{1:n-1}) + \sum_{i=1}^{d} \psi_{i}^{*}(\mathbf{x},\mathbf{y}_{1:n-1})\pi_{\boldsymbol{\theta}}(y_{n} = i|\mathbf{x},\mathbf{y}_{1:n-1})$$

$$= \sum_{i=1}^{d} \phi_{i}^{*}(\mathbf{x},\mathbf{y}_{1:n-1})\pi_{\boldsymbol{\theta}}(y_{n} = i|\mathbf{x},\mathbf{y}_{1:n-1}) + \sum_{i=1}^{d} \psi_{i}^{*}(\mathbf{x},\mathbf{y}_{1:n-1})\pi_{\boldsymbol{\theta}}(y_{n} = i|\mathbf{x},\mathbf{y}_{1:n-1})$$

$$= \sum_{i=1}^{d} \phi_{i}^{*}(\mathbf{x}, \mathbf{y}_{1:n-1}) \pi_{\boldsymbol{\theta}}(y_{n} = i | \mathbf{x}, \mathbf{y}_{1:n-1}) + \sum_{j=1}^{d} \psi_{j}^{*}(\mathbf{x}, \mathbf{y}_{1:n-1}) \pi_{\text{ref}}(y_{n} = j | \mathbf{x}, \mathbf{y}_{1:n-1})$$

$$-\sum_{i=1}^{d} \sum_{j=1}^{d} \frac{1}{\lambda} \exp(\lambda(\phi_i^*(\mathbf{x}, \mathbf{y}_{1:n-1}) + \psi_j^*(\mathbf{x}, \mathbf{y}_{1:n-1}) - C_{ij}))$$
(30)

$$= \sum_{i=1}^{d} \phi_i^*(\mathbf{x}, \mathbf{y}_{1:n-1}) \pi_{\boldsymbol{\theta}}(y_n = i | \mathbf{x}, \mathbf{y}_{1:n-1}) + \mathcal{C}$$
(31)

$$= \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[\phi_{y_n}^* (\mathbf{x}, \mathbf{y}_{1:n-1}) \right] + \mathcal{C}, \tag{32}$$

where \mathcal{C} denotes a constant with respect to π_{θ} .

Substituting Eq. (32) into Eq. (28), the objective reduces to a reward maximization problem with an additional penalty induced by the dual variables ϕ^* :

$$\mathcal{J}_{\tilde{\mathbf{W}}}(\pi_{\boldsymbol{\theta}}; \pi_{\mathrm{ref}})$$

$$= \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) \right] - \beta \sum_{n=1}^{N} \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[\phi_{y_n}^*(\mathbf{x}, \mathbf{y}_{1:n-1}) \right] + \mathcal{C} \right]$$
(33)

$$= \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) - \beta \phi_{y_n}^*(\mathbf{x}, \mathbf{y}_{1:n-1}) \right] \right] + \mathcal{C}$$
(34)

B TRAINING ALGORITHM OF RLHF WITH WASSERSTEIN POLICY REGULARIZATION

Algorithm 2 RLHF with Wasserstein Policy Regularization

Input: Current policy π_{θ} , Old policy π_{θ^-} , Reference policy π_{ref} , Reward model $r(\mathbf{x}, \mathbf{y})$, Cost matrix C, Dataset \mathcal{D}

- 1: for $t_{\text{train}} = 1$ to T_{train} do
- 2: Sample $\mathbf{y}_{1:d} \sim \pi_{\boldsymbol{\theta}}(\cdot|\mathbf{x})$ for $\mathbf{x} \sim \mathcal{D}$ (Computation with Batch Samples)
- 3: Get $R(\mathbf{x}, \mathbf{y}_{1:n})$ with reward model r for $n = \{1, 2, \dots, d\}$
 - 4: Compute $\phi_{y_n}^*(\mathbf{x}, \mathbf{y}_{1:n-1})$ via Algorithm 1 using C for $n = \{1, 2, \dots, d\}$
 - 5: Obtain \hat{A}_n for $n = \{1, 2, \dots, d\}$ via Eq. (35)
 - 6: Compute $\nabla_{\boldsymbol{\theta}} \mathcal{J}_{\tilde{\mathbf{W}}}(\boldsymbol{\theta})$ via Eq. (40)
 - 7: Compute $\nabla_{\psi} \mathcal{L}_V(\psi)$ via Eq. (38)
 - 8: Update $\theta \leftarrow \theta + \eta_{\pi} \nabla_{\theta} \mathcal{J}_{\tilde{W}}(\theta), \psi \leftarrow \psi \eta_{V} \nabla_{\psi} \mathcal{L}_{V}(\psi)$ and $\theta^{-} \leftarrow \theta$
 - 9: end for

Output: Learned policy π_{θ}

In this section, we present the detailed training algorithm for RLHF with Wasserstein Policy Regularization (WPR). As in conventional RLHF (Ouyang et al., 2022), we iteratively sample response as $y_n \sim \pi_{\theta^-}(\mathbf{x}, \mathbf{y}_{1:n-1})$ to get $\mathbf{y}_{1:d}$. Here, π_{θ^-} is old policy whose parameters θ^- are periodically updated by that of the current policy, π_{θ} . At each token generation step n, we adopt Generalized Advantage Estimation (GAE) (Schulman et al., 2016) for penalized reward $R'(\mathbf{x}, \mathbf{y}_{1:n}) = R(\mathbf{x}, \mathbf{y}_{1:n}) - \beta \phi_{y_n}^*(\mathbf{x}, \mathbf{y}_{1:n-1})$ in Eq. (15).

Then, the advantage with GAE denoted as \hat{A}_n at each step n can be expressed as

$$\hat{A}_n = \sum_{l>0} (\gamma \lambda)^l \, \delta_{n+l},\tag{35}$$

where

$$\delta_n = R'(\mathbf{x}, \mathbf{y}_{1:n}) + \gamma V_{\psi}(\mathbf{x}, \mathbf{y}_{1:n}) - V_{\psi}(\mathbf{x}, \mathbf{y}_{1:n-1}). \tag{36}$$

Here, γ is a discount factor; λ is a hyperparameter for GAE; and V_{ψ} is a value network, which estimates the discounted cumulative reward or return of given state $(\mathbf{x}, \mathbf{y}_{1:n})$, denoted as \hat{G}_n . Thus, the learning loss for V_{ψ} is defined as

$$\mathcal{L}_{V}(\boldsymbol{\psi}) = \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_{n} \sim \pi_{\boldsymbol{\theta}^{-}}(y_{n}|\mathbf{x}, \mathbf{y}_{1:n-1})} \left[(V_{\boldsymbol{\psi}}(\mathbf{x}, \mathbf{y}_{1:n}) - \hat{G}_{n})^{2} \right] \right].$$
(37)

Then, its gradient is expressed as follows.

$$\nabla_{\boldsymbol{\psi}} \mathcal{L}_{V}(\boldsymbol{\psi}) = \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_{n} \sim \pi_{\boldsymbol{\theta}^{-}}(y_{n}|\mathbf{x},\mathbf{y}_{1:n-1})} \left[2 \left(V_{\boldsymbol{\psi}}(\mathbf{x},\mathbf{y}_{1:n}) - \hat{G}_{n} \right) \nabla_{\boldsymbol{\psi}} V_{\boldsymbol{\psi}}(\mathbf{x},\mathbf{y}_{1:n}) \right] \right]$$
(38)

In RLHF, V_{ψ} and π_{θ} are updated together. By substituting a step-wise penalized reward $R'(\mathbf{x}, \mathbf{y}_{1:n})$ with \hat{A}_n , Eq. (15) is expressed as

$$\mathcal{J}_{\tilde{\mathbf{W}}}(\boldsymbol{\theta}) = \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_n \sim \pi_{\boldsymbol{\theta}^-}(y_n | \mathbf{x}, \mathbf{y}_{1:n-1})} \left[\frac{\pi_{\boldsymbol{\theta}}}{\pi_{\boldsymbol{\theta}^-}} \hat{A}_n \right] \right] + \mathcal{C}.$$
(39)

Here, we denote $\mathcal{J}_{\tilde{W}}(\pi_{\theta}; \pi_{\theta^{-}}, \pi_{ref})$ as $\mathcal{J}_{\tilde{W}}(\theta)$ for simplicity and $\frac{\pi_{\theta}}{\pi_{\theta^{-}}}$ is an importance weight. Then, the gradient of $\mathcal{J}_{\tilde{W}}$ is computed as

$$\nabla_{\boldsymbol{\theta}} \mathcal{J}_{\tilde{\mathbf{W}}}(\boldsymbol{\theta}) = \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{y_{n} \sim \pi_{\boldsymbol{\theta}^{-}}(y_{n}|\mathbf{x},\mathbf{y}_{1:n-1})} \left[\left(\frac{\pi_{\boldsymbol{\theta}}}{\pi_{\boldsymbol{\theta}^{-}}} \hat{A}_{n} \right) \nabla_{\boldsymbol{\theta}} \log \pi_{\boldsymbol{\theta}} \right] \right]. \tag{40}$$

In practice, clipping mechanism for advantage computation (Schulman et al., 2017) is adopted for Eq. (39) and $V_{\psi}(\mathbf{x},\mathbf{y}_{1:n-1})$ in Eq. (38) is also clipped for a stable training. Algorithm 2 presents the overall training framework for RLHF with Wasserstein Policy Regularization. In Algorithm 2, t_{train} and T_{train} are the training step and the maximum training step, respectively. At $t_{\text{train}}=1$, current policy π_{θ} , old policy π_{θ^-} , and reference policy π_{ref} are all initialized with SFT model. In Line # 8 in Algorithm 2, we update θ^- with updated θ at every training step, and η_{π} and η_{V} are learning rate for π_{θ} and V_{ψ} , respectively.

C ADDITIONAL EXPERIMENTAL SETTINGS

C.1 DATASETS

TL;DR For the summarization task, the policy is trained to generate concise summaries of Reddit posts. The dataset includes 93K preference pairs for training and 86K pairs for validation. Training data is derived from the Reddit TL;DR corpus (Völske et al., 2017). For validation, a subset of data from CNN/Daily Mail is also used as an out-of-distribution test set. The dataset is downloaded from Hugging Face.⁴

HH-RLHF For dialogue generation, we use the Anthropic HH-RLHF dataset (Bai et al., 2022), where the policy is trained to produce responses that are both helpful and harmless in single-turn and multi-turn dialogue settings. It comprises 112K preference-labeled instances for training and an additional 12.5K instances for validation. The dataset can be downloaded from Hugging Face.⁵

C.2 MODEL TRAINING DETAILS

We follow the experimental setup of Chai et al. (2025), which provides open-source implementations for RLHF research. This implementation is based on the Deepspeed-Chat package (Yao et al., 2023), and we adopt its configuration as the default setting. Our base model is the pre-trained Gemma-2B (Team et al., 2024), and we use identical training configurations across all baselines and our method, varying only the regularization hyperparameters. All baselines and our proposed method, including the SFT and reward model, are trained under our experimental environment.

Supervised Fine-Tuning (SFT) We split each dataset into three subsets and allocate 20% for supervised fine-tuning. Prompts are paired with their preferred responses to construct instruction data. In the TL;DR summarization task, posts are concatenated with their reference summaries, while dialogue is formatted with a human–assistant chat template. For this stage, we employ the Gemma-2B model as the backbone. The training configuration specifies a batch size of 512, a learning rate of 5×10^{-5} , a cosine learning rate scheduler with a warmup ratio of 0.1, and a total of 3 epochs.

Reward Model Training InstructGPT (Ouyang et al., 2022) mitigates distributional mismatch by fine-tuning the reward model on the same dataset used for SFT. Following this approach, we also train our reward model on the identical dataset. In this stage, 40% of the data is used for reward model training. Preference annotations are processed in the same way as in SFT. The reward model is initialized from the SFT checkpoint. The training configuration specifies a batch size of 64, a learning rate of 1×10^{-5} , a cosine learning rate scheduler with a warmup ratio of 0.1, and a single epoch.

Policy Optimization with PPO The remaining 40% of the dataset is used for PPO training. The policy is initialized from the SFT checkpoint, and the critic is initialized from the reward model. We use the same SFT and reward model checkpoints for all baselines. The training configuration uses a batch size of 256, learning rates of 1.5×10^{-5} for both the policy and the critic, and runs for one epoch. We follow the hyperparameters from the original implementation, except that we set the maximum response length to 256. The hyperparameters are summarized in Table 4.

⁴https://huggingface.co/datasets/openai/summarize_from_feedback

⁵https://huggingface.co/datasets/Dahoas/full-hh-rlhf

⁶https://github.com/ernie-research/MA-RLHF

Table 4: Hyperparameters for PPO training.

| Hyperparameter | Value |
|---------------------|-------|
| PPO epochs | 1 |
| Rollout | 1 |
| Clip ratio | 0.2 |
| λ in GAE | 0.95 |
| γ in GAE | 1 |
| Max prompt length | 512 |
| Max response length | 256 |
| Warmup steps | 200 |
| Temperature | 0.8 |
| Top-p | 1.0 |
| Top-k | 50 |

Table 5: Policy regularization hyperparameter β for each method.

| Divergence | TL;DR | HH-RLHF |
|---------------------------|-------|---------|
| RKL | 0.005 | 0.001 |
| FKL | 0.05 | 0.0001 |
| JS | 0.05 | 0.01 |
| $\alpha \ (\alpha = 0.5)$ | 0.01 | 0.05 |
| TV | 0.01 | 0.01 |
| χ^2 | 0.001 | 0.001 |
| Wasserstein | 0.05 | 0.0005 |
| | | |

Table 6: Corresponding functions for each f-divergences.

| Divergence | f(u) |
|------------|---|
| RKL | $u \log u$ |
| FKL | $-\log u$ |
| JS | $u \log u - (u+1) \log(\frac{u+1}{2})$ |
| α | $\frac{1}{\alpha(\alpha-1)}(u^{1-\alpha}-(1-\alpha)u-\alpha)$ |
| TV | $\frac{1}{2} u-1 $ |
| χ^2 | $(u-1)^2$ |

Policy Regularization For each method, the policy regularization hyperparameter β is selected via grid search to identify the value at which training remained stable, and we report the best-performing model. Specifically, we perform a grid search over $\{0.5, 0.1, 0.05, 0.01, 0.005, 0.001, 0.0005, 0.0001\}$. The resulting β values used for each baseline are summarized in Table 5. Each f-divergence can be expressed in the form of a penalty on the reward through its defining function f, and the corresponding functions for each divergence are summarized in Table 6.

$$\max_{\pi_{\boldsymbol{\theta}}} \mathcal{J}_f(\pi_{\boldsymbol{\theta}}; \pi_{\text{ref}}) \tag{41}$$

$$= \mathbb{E}_{\mathbf{x} \sim \mathcal{D}} \left[\sum_{n=1}^{N} \mathbb{E}_{\mathbf{y}_{n} \sim \pi_{\boldsymbol{\theta}}(\mathbf{y}_{n}|\mathbf{x}, \mathbf{y}_{1:n-1})} \left[R(\mathbf{x}, \mathbf{y}_{1:n}) - \beta \frac{\pi_{\text{ref}}(y_{n}|\mathbf{x}, \mathbf{y}_{1:n-1})}{\pi_{\boldsymbol{\theta}}(y_{n}|\mathbf{x}, \mathbf{y}_{1:n-1})} f\left(\frac{\pi_{\boldsymbol{\theta}}(y_{n}|\mathbf{x}, \mathbf{y}_{1:n-1})}{\pi_{\text{ref}}(y_{n}|\mathbf{x}, \mathbf{y}_{1:n-1})} \right) \right] \right].$$

For WPR, we define the cost function as the Euclidean distance in the fixed token embedding space from the SFT model, set $\lambda=100$, and apply truncation hyperparameters $k_1=512$ and $k_2=128$. The number of Sinkhorn iterations is set to 10 for TL;DR and 50 for HH-RLHF.

C.3 EVALUATION DETAILS

We adopt GPT-4 win rate, a widely used evaluation metric in recent LLM studies (Zheng et al., 2023; Chai et al., 2025), as our main evaluation measure. For each comparison, we randomly sample 50 validation instances and generate model responses, repeating this procedure five times. Unless otherwise noted, the sampling temperature is fixed at 0.5. Then, GPT-4 is asked to perform pairwise comparisons between model outputs and compute the win rate. We use the gpt-40-2024-05-13 model for all evaluations. We follow the GPT-4 evaluation prompts provided by Chai et al. (2025), and for completeness, we include the full prompt below. For TL;DR, we assess relevance, coherence, consistency, and fluency; while for HH-RLHF we focus on helpfulness. To reduce evaluation bias, we randomize the order of the responses.

GPT-4 Evaluation Prompt for TL;DR

 You will be given two summaries written for an article. Your task is to pick the better one between them, based on the four criteria. Please make sure you read and understand these instructions very carefully.

Relevance - selection of important content from the source. The summary should include only important information from the source document. Annotators were instructed to penalize summaries that contained redundancies and excess information.

Coherence - the collective quality of all sentences. We align this dimension with the DUC quality question of structure and coherence whereby "the summary should be well-structured and well-organized. The summary should not just be a heap of related information, but should build from a sentence to a coherent body of information about a topic."

Consistency - the factual alignment between the summary and the summarized source. A factually consistent summary contains only statements that are entailed by the source document. Annotators were also asked to penalize summaries that contained hallucinated facts.

Fluency - the quality of the summary in terms of grammar, spelling, punctuation, word choice, and sentence structure.

You should output a single character to indicate which summary you think is better. 'A' stands for Summary A and 'B' stands for Summary B. If you think both summaries are equally good, output 'E'.

{article}

Summary A:
{summary_a}

Summary B:
{summary_b}

Article:

Your Choice (only a single character, you are allowed to think both summaries are equal and output 'E'):

GPT-4 Evaluation Prompt for HH-RLHF

For the following query to a chatbot assistant, which response is more helpful?

First provide a one-sentence comparison of the two responses and explain which you feel is more helpful. Second, on a new line, state only 'A' or 'B' to indicate which response is more helpful. If they are equally good or bad, state 'E'. Your response should use the json format, with "comparison" and "choice" as keys.

Query: dialogue

Response A: {resp_a}

Response B: {resp_b}

Your Judgment:

D GENERATED EXAMPLES

We present qualitative comparisons of response generation outputs. Table 7 shows an example from the TL;DR dataset, where we compare responses generated with reverse KL regularization and with our proposed Wasserstein Policy Regularization. Similarly, Table 8 provides an example from the HH-RLHF dataset under the same comparison. These examples illustrate that WPR produces responses that are better aligned with the underlying prompt compared to RKL.

E LLM USAGE

We used ChatGPT as an assistive tool during the paper writing process, primarily for language polishing and improving readability. Additionally, we employed GPT-40 API in the experimental evaluation as an automatic judge to compare model responses and compute win rates, following established evaluation protocols.

Table 7: Comparison of response generation outputs from the prompt on the TL;DR dataset with RKL and WPR.

| Prompt | POST |
|----------------|---|
| - | Subreddit: r/pettyrevenge |
| | I was driving home from work in San Antonio when I noticed this je |
| | in a sports car tailgating, honking, flashing lights, and in general being major pest. We pulled up to a red light and he gunned it right through the |
| | intersection, somehow managing to not cause a major accident. I fumed f |
| | a bit but figured that was the end of it. |
| | Ten minutes later I pulled into my apartment complex gate (it ha |
| | one of those bars that raises and lowers after you put in a code) and there |
| | was, idling next to it. I don't know if he was just visiting so didn't have the |
| | right entry numbers or what, but he was just waiting for someone to come |
| | so he could slip by on their pass. |
| | I pulled up to the gate, put my code in, and saw him inches fro |
| | my bumper waiting to race in behind me. The gate raised up, I went forwar |
| | he followed intently, and I stopped with my rear bumper just barely in fro of where the gate would fall. |
| | He fumed in his front seat while I waved, the gate lowered blocking |
| | him out, and I pulled away happy. TL;DR: |
| Responses | |
| RKL (A) | 26 year old male tailgating and harassing other motorists in San Antonio, T causing minor fender bender when attempting to sneak past gate with illeg |
| | entry pass. Satisfied revenge taken by waving just in front of gate causing |
| | blockage and subsequent departure. |
| WPR (ours) (B) | jerk in sports car tailgating me, gunned it through intersection somehor |
| | avoiding major accident. Pulled into apartment complex gate, saw him idli |
| | next to bar waiting for someone to come in so could slip by on pass. Garaised up blocking him out and I pulled away happy. |
| | |

Table 8: Comparison of response generation outputs from the prompt on the HH-RLHF dataset with RKL and WPR. **Prompt** Human: I need some assistance writing. See I was adopted years ago, and I am trying to meet my paternal mother. Can you write a letter asking if it is possible for us to meet? Assistant: Responses RKL (A) Yes, absolutely! Writing a letter to your biological mother asking for the opportunity to meet is a great way to initiate the process of connecting with your birth family. Explain why you want to meet and express your desire to build a relationship with her. Be respectful and compassionate in your letter, and make sure to include any relevant details about your upbringing and relationship history. Once you receive a response, take the time to prepare for your meeting and make it as positive and meaningful as possible. WPR (ours) (B) Here is an example letter for requesting a meeting with your biological mother: Dear Mother, I would like to request a meeting to reconnect with you after many years of separation. I want to finally learn more about my biological family and connect with the mother who gave me life. Please consider allowing me to meet with you to discuss our shared past and begin our long-awaited reunion. Thank you. **GPT-4 Judgment** Response B is more helpful because it provides a concrete example of a letter, which directly addresses the user's request.