

# Object-Centric Dexterous Manipulation from Human Motion Data

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1       **Abstract:** Manipulating objects to achieve desired goal states is a basic but important  
2       skill for dexterous manipulation. Human hand motions demonstrate proficient  
3       manipulation capability, providing valuable data for training robots with multi-finger  
4       hands. Despite this potential, substantial challenges arise due to the embodiment gap  
5       between human and robot hands. In this work, we introduce a hierarchical policy  
6       learning framework that uses human hand motion data for training object-centric  
7       dexterous robot manipulation. At the core of our method is a high-level trajectory  
8       generative model, learned with a large-scale human hand motion capture dataset,  
9       to synthesize human-like wrist motions conditioned on the desired object goal states.  
10      Guided by the generated wrist motions, deep reinforcement learning is further used to  
11      train a low-level finger controller that is grounded in the robot’s embodiment to physi-  
12      cally interact with the object to achieve the goal. Through extensive evaluation across  
13      10 household objects, our approach not only demonstrates superior performance but  
14      also showcases generalization capability to novel object geometries and goal states.  
15      Furthermore, we transfer the learned policies from simulation to a real-world bi-  
16      manual dexterous robot system, further demonstrating its applicability in real-world  
17      scenarios. Project website: <https://sites.google.com/view/obj-dex>.

18      **Keywords:** Dexterous Manipulation, RL, Learning from Human

## 19   1 Introduction

20   Developing bimanual multi-fingered robotic systems capable of handling complex manipulation tasks  
21   with human-level dexterity has been a longstanding goal in robotics research. Regardless of how the  
22   goals are specified, a common element across these definitions is an object-centric perspective focusing  
23   on the state of the objects being manipulated. As such, the goal of our work is to train a policy for  
24   a bimanual dexterous robot to manipulate the objects according to the task goal defined as a sequence  
25   of object pose trajectories.

26   Prior works primarily utilize deep reinforcement learning (RL) to learn object-centric dexterous ma-  
27   nipulation skills [1–3]. Training RL policy that controls both robot arms and two multi-finger hands is  
28   possible in theory, but presents substantial challenges in practice due to the high degree of freedom of the  
29   robot action space. Imitation learning (IL) can potentially tackle this challenge by leveraging the guid-  
30   ance from human motion data to assist policy learning. However, another challenge arises due to the mor-  
31   phological differences between human and robotic hands, often referred to as the “embodiment gap”.

32   One critical observation is that human finger motions are not consistently useful across various manip-  
33   ulation tasks due to the embodiment gap. Based on this observation, we propose a hierarchical policy  
34   learning framework consisting of a high-level planner for the wrist and a low-level controller for the  
35   hand. The high-level planner is a generative-based policy, trained by imitation learning with human  
36   wrist movements, to generate robot arm actions conditioned on a desired trajectory of the object’s move-  
37   ments. Based on the generated arm motions, the low-level controller outputs fine-grained finger actions  
38   learned through RL exploration rather than imitation of human data. Our experiments demonstrate that

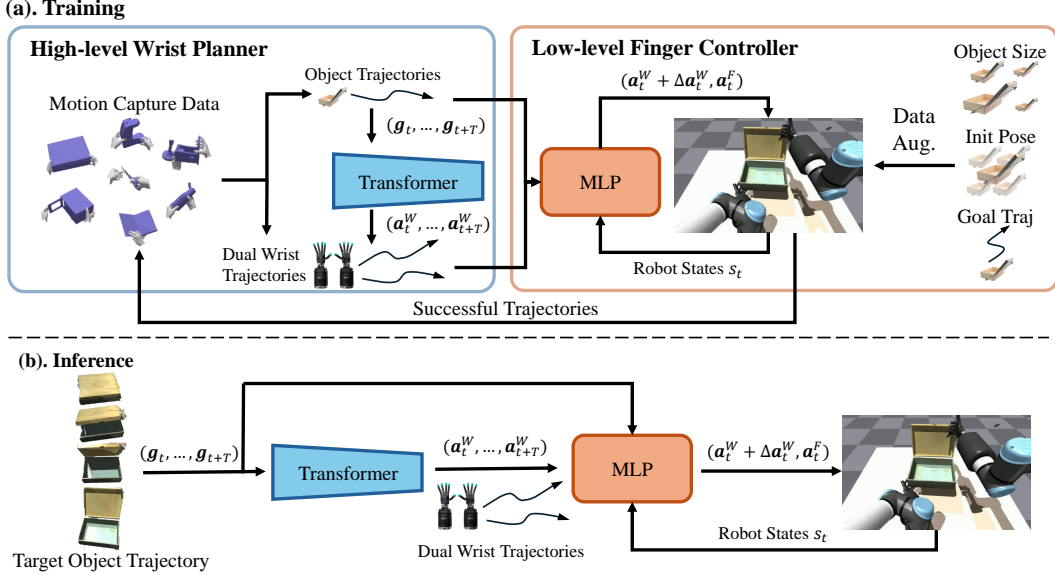


Figure 1: Overview of our framework. (A) Training: We train a generation model to synthesize dual hand trajectory and then use the RL to train a low-level robot controller. (B) Inference: Given a single object goal trajectory, our framework generates dual hand reference trajectory and guides the low-level controller to accomplish the task.

39 the learned policy exhibits generalization to novel object geometries and unseen motion trajectories.  
 40 In addition, we successfully transfer our policy from simulation environments to a real-world bimanual  
 41 dexterous robot, further validating its practical applicability in real-world manipulation tasks.

## 42 2 Related Works

### 43 2.1 Dexterous Manipulation

44 Dexterous manipulation is a long-standing research topic in robotics [4–7]. Traditional methods rely  
 45 on analytical dynamic models for trajectory optimization [4, 5, 7–10], which fall short in complex  
 46 tasks due to the simplification of contact dynamics. Recently, deep reinforcement learning (RL)  
 47 has showcased promising results in training dexterous manipulation skills such as in-hand object  
 48 reorientation [11–16, 16–21], bimanual manipulation [1, 2, 22], sequential manipulation [23–25],  
 49 and human-like activities [26]. Despite the progress, successfully training a dexterous RL policy  
 50 often requires extensive reward engineering and system design, which limits its practicality in  
 51 some scenarios. Besides RL, imitation learning (IL) is also widely used for training dexterous  
 52 policies [27, 28]. By performing supervised-learning with human teleoperation data [29–33], prior  
 53 works show impressive results in dexterous grasping [34, 35] and general manipulation tasks [36–43].

### 54 2.2 Learning from Human Motion

55 Recently, learning from human motion data has started to receive more attention because it allows  
 56 scaling up data collection without robot hardware. Prior works leverage human data [44–49], motion  
 57 capture data [50–55] to extract valuable motion hints for manipulation [44–46, 48, 52]. For dexterous  
 58 manipulation, [31, 36, 48, 51, 56, 57] showcase the potential of using analytical methods (e.g., inverse  
 59 kinematics) to retarget human hand motion to robot hardware. However, due to the embodiment gap  
 60 between human and robot hands, position-based retargeting methods do not guarantee the replication  
 61 of task success. In contrast, our approach uses human data as guidance for RL training, which learns  
 62 the motion retargeting conditioned on the robot’s embodiment. Notably, [27, 58–62] share the same  
 63 idea of utilizing human data as guidance or reward for reinforcement learning.

### 64 3 Task Formulation

65 The goal of an object-centric manipulation task is to let the robot physically interact with the object  
66 to achieve the desired motion trajectory. We define the motion trajectory as the sequence of the object’s  
67  $SE(3)$  transformation  $G = (g_1, g_2, \dots, g_T)$ , where each time step  $g_i = (g_i^R, g_i^T, g_i^J)$  consists a 3D rotation  
68  $g_i^R$ , a 3D translation  $g_i^T$ , and the joint angle  $g_i^J$ .  $g_i^J$  can be omitted if the object is a single rigid body.

69 We then formulate an object-centric manipulation task as a Markov Decision Process (MDP)  
70  $\mathcal{M} = (\mathcal{S}, \mathcal{A}, \pi, \mathcal{T}, R, \gamma, \rho, G)$ , where  $\mathcal{S}$  is the state space,  $\mathcal{A}$  is the action space,  $\pi$  is the agent’s policy,  
71  $\mathcal{T}(s_{t+1}|s_t, a_t)$  is the transition distribution,  $R$  is the reward function,  $\gamma$  is the discount factor, and  $\rho$   
72 is the initial state distribution. The policy  $\pi$  conditions on the reference object state trajectory  $G$  and  
73 the current state  $s_t$ , and generates robot action distributions  $a_t$  to maximize the likelihood between  
74 the future object states  $(s_{t+1}, s_{t+2}, \dots, s_{t+T})$  and the reference trajectory  $G$ .

### 75 4 Method

76 In this section, we introduce our framework for object-centric manipulation. The overview of  
77 the framework is shown in Figure 1. Our framework consists of three parts: high-level planner  
78 (Section 4.1), low-level controller (Section 4.2). The data augmentation loop and the details of our  
79 sim-to-real policy transfer are introduced in Appendix.

#### 80 4.1 High-Level Planner

81 We train a Transformer-based generative model  $\pi^H$  that takes object category ID  $c$ , and the desired  
82 object motion trajectory  $G = (g_t, g_{t+1}, \dots, g_{t+T})$  as inputs and outputs a sequence of 6-DoF wrist  
83 actions  $(a_t^W, a_{t+1}^W, \dots, a_{t+T}^W)$ , where each action  $a_i^W = (p_i^l, p_i^r)$  consists the 6-DoF pose of the left hand  
84  $p_i^l$  and right hand  $p_i^r$  in  $SE(3)$ . In our experiments, we use  $T = 10$ .

#### 85 4.2 Low-Level Controller

86 We use Proximal Policy Optimization (PPO) [63] to train  $\pi^L$ . The policy  $\pi^L$  takes the current  
87 observation  $s_t$ , the desired object motion trajectory  $G = (g_t, g_{t+1}, \dots, g_{t+T})$ , and a sequence of 6-DoF  
88 wrist actions  $(a_t^W, a_{t+1}^W, \dots, a_{t+T}^W)$  generated by high-level planner as inputs, and outputs the finger  
89 joint action  $a_t^F$ . Here the observation  $s_t$  contains the object pose and robot proprioception. The reward  
90 function is defined as  $r_t = \exp(-(\lambda_1 * \|g_t^R - \hat{g}_t^R\|_2 + \lambda_2 * \|g_t^T - \hat{g}_t^T\|_2 + \lambda_3 * \|g_t^J - \hat{g}_t^J\|_2))$ , aiming to minimize the  
91 distance between object’s movements and the desired goal trajectory.  $\pi^L$  also learns to output a residual  
92 wrist action  $\Delta a_t^W$  within a fixed range. The final robot action is a combination of  $(a_t^W + \Delta a_t^W, a_t^F)$ .  
93 Please refer to Appendix B for more detail about the observation space and the reward function.

### 94 5 Experiments

95 The experiments are designed to answer the following research questions: (1) Can the high-level  
96 planner generalize to unseen trajectories and unseen objects? (Sec. 5.1) (2) Does our hierarchical  
97 approach help bridge the embodiment gap between human and robot hands? (Sec. 5.2) (3) Can our  
98 trained policy generalize to unseen object geometries and goal trajectories? (Sec. 5.3) (4) Can we  
99 transfer the policy from simulation to a real-world bimanual dexterous robot system? (Sec. 5.4).

#### 100 5.1 Performance of the high-level planner

101 Table 1 shows that Ours performs the best in generating wrist motions, with the lowest cumulative  
102 translation and orientation error.

#### 103 5.2 Effectiveness of learning from human with hierarchical pipeline

104 Table 3 demonstrates that our hierarchical learning framework outperforms traditional hand pose  
105 matching methods (*Finger Joint Mapping*, *Fingertip Mapping*) by 50% in completion rate, indicating  
106 that our low-level RL significantly helps in bridging the embodiment gap when learning from human

		MLP	RNN	Ours				
					Fingertip Mapping	Vanilla RL	Ours	
Trained	TE	5.4 $\pm$ 0.2	5.0 $\pm$ 0.1	<b>4.2</b> $\pm$ 0.2	Box	13.1 $\pm$ 1.8	20.4 $\pm$ 1.8	<b>69.8</b> $\pm$ 6.6
	OE	14.6 $\pm$ 0.7	12.4 $\pm$ 0.8	<b>9.6</b> $\pm$ 0.6		Micro.	60.6 $\pm$ 2.7	56.1 $\pm$ 9.8
Unseen Traj	TE	5.6 $\pm$ 0.5	6.2 $\pm$ 0.3	<b>5.0</b> $\pm$ 0.8	Laptop	9.2 $\pm$ 0.5	8.6 $\pm$ 1.4	<b>76.7</b> $\pm$ 4.1
	OE	9.4 $\pm$ 1.0	9.2 $\pm$ 0.5	<b>7.2</b> $\pm$ 0.7	Coffee.	8.2 $\pm$ 0.6	9.2 $\pm$ 3.1	<b>74.8</b> $\pm$ 3.8
Unseen Object	TE	18.2 $\pm$ 1.5	17.7 $\pm$ 1.2	<b>12.4</b> $\pm$ 1.1	Mixer	8.3 $\pm$ 2.1	10.8 $\pm$ 3.2	<b>82.8</b> $\pm$ 2.1
	OE	109.4 $\pm$ 5.8	82.2 $\pm$ 4.2	<b>75.5</b> $\pm$ 4.7	Notebook	4.5 $\pm$ 0.1	4.5 $\pm$ 0.3	<b>64.3</b> $\pm$ 8.4

Table 1: Results for the high-level planner

Table 2: Results for the real-world experiments

	Fingertip Mapping	Finger Joint Mapping	Vanilla RL	Ours (w. FR)	Ours (w.o. DAL)	Ours
Box	14.6 $\pm$ 0.3	8.9 $\pm$ 0.2	23.5 $\pm$ 3.5	56.2 $\pm$ 7.4	100 $\pm$ 0.0	<b>100</b> $\pm$ 0.0
Coffee Maker	9.3 $\pm$ 0.6	9.0 $\pm$ 0.5	10.7 $\pm$ 2.7	78.6 $\pm$ 1.6	71.5 $\pm$ 2.6	<b>86.1</b> $\pm$ 5.5
Espresso Machine	22.2 $\pm$ 0.4	7.0 $\pm$ 0.8	14.3 $\pm$ 1.5	70.7 $\pm$ 3.5	75.4 $\pm$ 4.3	<b>81.1</b> $\pm$ 8.6
Ketchup	14.8 $\pm$ 0.7	9.5 $\pm$ 0.2	4.9 $\pm$ 2.7	15.2 $\pm$ 1.7	21.8 $\pm$ 7.2	<b>41.2</b> $\pm$ 13.3
Microwave	38.7 $\pm$ 0.2	27.5 $\pm$ 0.6	43.5 $\pm$ 2.4	61.2 $\pm$ 5.3	100 $\pm$ 0.0	<b>100</b> $\pm$ 0.0
Mixer	21.7 $\pm$ 0.9	10.7 $\pm$ 0.8	42.1 $\pm$ 1.4	42.2 $\pm$ 4.0	44.2 $\pm$ 6.4	<b>57.6</b> $\pm$ 4.9
Notebook	10.1 $\pm$ 0.5	5.9 $\pm$ 0.4	10.6 $\pm$ 2.9	31.1 $\pm$ 4.1	38.1 $\pm$ 4.8	<b>38.7</b> $\pm$ 3.3
Scissors	4.2 $\pm$ 0.5	4.1 $\pm$ 0.6	4.4 $\pm$ 0.6	20.7 $\pm$ 2.0	35.9 $\pm$ 4.0	<b>41.4</b> $\pm$ 14.9
Laptop	9.9 $\pm$ 0.4	8.8 $\pm$ 1.1	33.0 $\pm$ 2.1	42.5 $\pm$ 5.4	100 $\pm$ 0.0	<b>100</b> $\pm$ 0.0

Table 3: Results for the experiments of using one policy per object.

	Fingertip Mapping	Finger Joint Mapping	Vanilla RL	Ours (w. FR)	Ours (w.o. DAL)	Ours
Single Obj - Trained Traj	10.4 $\pm$ 2.8	7.1 $\pm$ 4.8	17.1 $\pm$ 9.6	30.8 $\pm$ 12.1	59.6 $\pm$ 14.4	<b>83.8</b> $\pm$ 9.1
Single Obj - Unseen Traj	4.8 $\pm$ 0.3	5.5 $\pm$ 0.8	18.8 $\pm$ 5.7	19.6 $\pm$ 10.1	42.5 $\pm$ 7.5	<b>57.1</b> $\pm$ 10.2
Multi Obj - Trained Obj	6.9 $\pm$ 1.7	5.3 $\pm$ 1.2	17.7 $\pm$ 10.1	15.5 $\pm$ 6.2	35.2 $\pm$ 2.8	<b>47.6</b> $\pm$ 4.2
Multi Obj - Unseen Obj	3.2 $\pm$ 0.6	2.9 $\pm$ 0.2	8.1 $\pm$ 4.2	8.2 $\pm$ 5.3	18.6 $\pm$ 3.7	<b>36.4</b> $\pm$ 5.0

Table 4: Results for the generalization experiments.

107 data. Moreover, *Ours* surpasses *Vanilla RL* by 47.3% on average, underscoring the challenge of  
 108 training arm and hand actions together with RL, and emphasizing the advantage of our high-level  
 109 planner for guiding the RL in high-dimensional action space.

### 110 5.3 Generalization to unseen scenarios

111 In Table 4, our algorithm surpassing the results of *Vanilla RL* on *Single Obj - Unseen Traj* and *Multi Obj*  
 112 *- Unseen Obj* by more than 28%. This indicates that our hierarchical structure substantially improves  
 113 generalization capabilities across unseen trajectories and unseen object geometries.

### 114 5.4 Transfer from simulation to real-world

115 In Table 2 real-world experiments, our approach has more than a 50% completion rate improvements  
 116 compared to prior methods, which barely achieve any success (< 20% completion rate) on several  
 117 objects. This result showcases the ability of our approach on tackling real-world bimanual dexterous  
 118 manipulation tasks.

## 119 6 Conclusion

120 In this work, we present a hierarchical policy learning framework that effectively utilizes human hand  
 121 motion data to train object-centric dexterous robot manipulation. Our approach demonstrated superior  
 122 performance across various household objects and showcased generalization capabilities to novel  
 123 object geometries and goal trajectories. Moreover, the successful transfer of the learned policies from  
 124 simulation to a real-world bimanual dexterous robot system underscores the practical applicability  
 125 of our method in real-world scenarios.

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