The Fine-Grained Complexity of Gradient Computation for Training Large Language Models

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Abstract

Large language models (LLMs) have made fundamental contributions over the last a few years. To train an LLM, one needs to alternatingly run 'forward' computations and 'backward' computations. The forward computation can be viewed as attention function evaluation, and the backward computation can be viewed as a gradient computation. In previous work by [Alman and Song, NeurIPS 2023], it was proved that the forward step can be performed in almost-linear time in certain parameter regimes, but that there is no truly sub-quadratic time algorithm in the remaining parameter regimes unless the popular hypothesis SETH is false. In this work, we show nearly identical results for the harder-seeming problem of computing the gradient of loss function of one layer attention network, and thus for the entire process of LLM training. This completely characterizes the fine-grained complexity of every step of LLM training.

1 Introduction

Large language models (LLMs) have emerged as popular technologies, driving breakthroughs across many applications in natural language processing, computer vision, translation, and many other areas $[VSP⁺17$ $[VSP⁺17$, [DCLT18,](#page-10-0) [LOG](#page-12-0)⁺19, [YDY](#page-14-0)⁺19, [BMR](#page-10-1)⁺20, [JZLD21,](#page-12-1) [ZRG](#page-14-1)⁺22, [CND](#page-10-2)⁺22, [TLI](#page-13-1)⁺23, [TMS](#page-13-2)⁺23, [Man23,](#page-12-2) [TDFH](#page-13-3)⁺22, [YCRI22,](#page-14-2) [WTB](#page-14-3)⁺22, [WSD](#page-14-4)⁺23, [WCZ](#page-13-4)⁺23, [ZJL](#page-14-5)⁺23, [ZWH](#page-14-6)⁺24, $LLS+24a$ $LLS+24a$, [XSL24,](#page-14-7) [CLL](#page-10-3)+24, [WMS](#page-14-8)+24]. The training of these models is a computationally intensive process, characterized by alternating between two primary operations: forward computation and backward computation. Forward computation, or function evaluation, involves the propagation of input data through the network to generate predictions. Conversely, backward computation, or gradient computation, is the process of calculating the gradient of the loss function with respect to the model's parameters, facilitating the optimization of these parameters during training.

The efficiency of these computations directly impacts the feasibility and scalability of training LLMs, particularly as models grow in size and complexity. Recent work by [\[AS23,](#page-9-0) [AS24c,](#page-9-1) [AS24a\]](#page-9-2) has carefully studied the *forward* computation step. They demonstrated a sharp computational boundary, showing that how quickly the forward steps can be performed depends critically on how large the entries are of the matrices which define the model parameters. They showed a near-linear time algorithm when these entries are small, and also proved that when the entries are large, there is no algorithm much faster than the trivial algorithm, assuming the Strong Exponential Time Hypothesis (SETH) [\[IP01\]](#page-11-0) holds.

The Strong Exponential Time Hypothesis (SETH) was introduced by Impagliazzo and Paturi [\[IP01\]](#page-11-0) over 20 years ago. It is a strengthening of the $P \neq NP$ conjecture, and asserts that our current best SAT algorithms are roughly optimal (for detailed statement, see Hypothesis [3.1](#page-4-0) below). SETH is a popular conjecture from fine-grained complexity theory which has been used to prove lower bounds for a wide variety of algorithmic problems. See, for instance, the survey [\[Wil18\]](#page-13-5).

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In other words, in some parameter regimes, the algorithm of [\[AS23\]](#page-9-0) performs the forward steps about as quickly as one could hope for, whereas in other regimes, assuming SETH, it is impossible to design a nontrivially fast algorithm. However, this leaves open many important questions about LLM training. In the case when forward computation can be done quickly, can the same be said for backward computation? If not, then the entire training process would still be slow. Relatedly, in parameter regimes where forward computation is known to be hard, is backward computation also hard? If not, perhaps heuristic tricks could be used, or other details of the model could be modified, to speed up the overall training. As we will see shortly, the backward step is defined in a much more complicated way than the forward step, and it is not evident that algorithms or lower bounds for one extend to the other.

Our study aims to resolve these questions and determine the fine-grained complexity of the backward computation phase. Our main result (which we state more formally shortly) shows that the same computational threshold from forward computation also arises for the backward problem, and that the problems are easy (or hard) in the exact same parameter regimes. Thus, the forward algorithm of [\[AS23\]](#page-9-0) can be combined with our novel backward algorithm to perform each training step for LLMs in almost linear time when the parameter matrix entries are small enough, whereas when the entries are not small enough, neither step can be performed quickly.

In addition to characterizing the fine-grained complexity of LLM training, our result for gradient computation is novel for a few reasons.

- Previous work on computational lower bounds only focuses on forward computations, see [\[AS23,](#page-9-0) [KWH23,](#page-12-4) [AS24c,](#page-9-1) [AS24a\]](#page-9-2). To our knowledge, ours is the first work to prove hardness of a backward computation step for training an LLM or similar model.
- There has been previous work on algorithms for backward/gradient computation problems $[BPSW21, SYZ21, DHS⁺22, ALS⁺23, GQSW24, SZZ24]$ $[BPSW21, SYZ21, DHS⁺22, ALS⁺23, GQSW24, SZZ24]$. That said, most of these works focus on backwards computation in other settings. The only previous work we're aware of that studies the optimization of attention layers (for LLMs) is [\[GSWY23\]](#page-11-2), which uses Newton methods that rely on Hessian computations. However, Hessian computation is substantially more expensive than gradient computation; our algorithm and results apply directly to the gradient computation and get around the Hessian "barrier", allowing for faster algorithms in some parameter regimes, and more powerful lower bounds in others.

Bounded entries. Our result proves that the size of the entries of the matrices defining the LLM play a substantial role in determining how quickly LLM training can be performed. Prior work on LLM implementations has observed a similar phenomenon, that algorithmic techniques like quantization [\[ZBIW19,](#page-14-9) [HCL](#page-11-3)⁺24] and low-degree polynomial approximation [\[KVPF20\]](#page-12-5), which *require* bounded or low-precision entries, can substantially speed up LLM operations. See, for instance, the discussion of these phenomena in [\[ZBIW19,](#page-14-9) Section 2] and [\[KVPF20,](#page-12-5) Section 3.2.1]. Our work can be viewed as giving a theoretical explanation for this phenomenon.

Polynomial approximation. Our new algorithmic approach, which uses a polynomial to approximate the softmax function, is also not unlike algorithms which have found success in practice [\[BGVM20,](#page-9-4) [KWH23,](#page-12-4) [ZBKR24\]](#page-14-10). For example, see detailed discussions in in [\[ZBKR24,](#page-14-10) Section 4.1]. Our new algorithm improves on these approaches by using *theoretically optimal* polynomials for softmax, and combining them with a number of linear algebraic techniques, to give provable guarantees about their correctness and near linear running time.

Follow-up work of this paper. Recently, a number of works have considered different extensions of this paper. [\[LSSZ24\]](#page-12-6) extends our analysis into tensor attention gradient computation and $[LSS+24]$ $[LSS+24]$ extends our results to multi-layer Transformers. On the other hand, $[LLS+24b]$ $[LLS+24b]$ borrows our techniques and provides a fine-grained attention I/O complexity for attention backward. $[LLS+24c]$ $[LLS+24c]$ uses our techniques to provide a fast attention gradient approximation based on Fourier transform. [\[LLS](#page-12-10)⁺24d] computes a sparse attention matrix based on our analysis as well.

1.1 Problem Definition

Before formally stating our results, we begin by precisely defining the problems we study. We begin with the following problem of computing a general Attention forward layer.

Definition 1.1 (ℓ -th layer forward computation). *Given weights* $Q, K, V \in \mathbb{R}^{d \times d}$, and letting $E_{\ell} \in \mathbb{R}^{n \times d}$ denote the ℓ -th layer input, then $E_{\ell+1} \in \mathbb{R}^{n \times d}$ is defined recursively as

$$
E_{\ell+1} \leftarrow D^{-1} \exp(E_{\ell} Q K^{\top} E_{\ell}^{\top} / d) E_{\ell} V
$$

where

- $D := \text{diag}(\exp(E_{\ell}QK^{\top}E_{\ell}^{\top}/d)\mathbf{1}_n).$
- exp *denotes the exponential function which is applied entry-wise, i.e.*, $\exp(A)_{i,j}$ = $\exp(A_{i,j})$ *for all matrices A.*
- diag() *operation takes a vector as input and generates a diagonal matrix with the entries of that vector.*
- \cdot 1_n denotes the length-n all ones vector.

In mathematical terms, optimization in the context of attention computation is described as (by renaming the $QK^{\top} \in \mathbb{R}^{d \times d}$ to be $X \in \mathbb{R}^{d \times d}$ and $V \in \mathbb{R}^{d \times d}$ to be $Y \in \mathbb{R}^{d \times d}$):

Definition 1.2 (Attention optimization). *Given four* $n \times d$ *size matrices* A_1, A_2, A_3 *and* $E \in \mathbb{R}^{n \times d}$. *Suppose that a* $d \times d$ *size square matrix* $Y \in \mathbb{R}$ *is also given. The attention optimization problem is formulated as:*

$$
\min_{X \in \mathbb{R}^{d \times d}} L(X) := 0.5 \| D(X)^{-1} \exp(A_1 X A_2^{\top}/d) A_3 Y - E \|_F^2.
$$

Here $D(X) \in \mathbb{R}^{n \times n}$ *is*

$$
D(X) := \text{diag}(\exp(A_1 X A_2^\top / d) \mathbf{1}_n).
$$

and $\|\cdot\|_F^2$ denotes the squared Frobenius norm, i.e., $\|A\|_F^2 := \sum_{i,j} A_{i,j}^2$.

Remark 1.3. *In principle, the loss function above, and resulting gradients below, should depend on both* X *and* Y *. However, since the final matrix computed in the norm in* L *depends only linearly on* Y *, it is straightforward to incorporate it into either an algorithm or lower bound. Thus, in this work, we focus on the case where* X *is variable and* Y *is a fixed input to simplify some arguments.*

We thus define the Approximate Attention Loss function Gradient Computation problem as follows:

Definition 1.4 (Approximate Attention Loss Gradient Computation (AAttLGC(n, d, ϵ))). *Given four* $n \times d$ *size matrices* $A_1 \in \mathbb{R}^{n \times d}$, $A_2 \in \mathbb{R}^{n \times d}$, $A_3 \in \mathbb{R}^{n \times d}$, $E \in \mathbb{R}^{n \times d}$ and a square matrix $Y \in \mathbb{R}^{d \times d}$, which we think of as fixed matrices. Assume that $||A_1X||_{\infty} \leq B$, $||A_2||_{\infty} \leq B$ for a *positive parameter* B*. Further assume that all the entries of these matrices can be represented as* $O(\log n)$ -bit rational numbers. Let $L(X)$ be defined as Definition [1.2.](#page-2-0) Let $\frac{dL(X)}{dX}$ denote the gradient *of loss function* $L(x)$ *.*

The goal is to output a vector \widetilde{g} *such that*

$$
\|\widetilde{g} - \frac{\mathrm{d}L(X)}{\mathrm{d}X}\|_{\infty} \le \epsilon.
$$

Here for matrix A, $||A||_{\infty} := \max_{i,j} |A_{i,j}|$ *.*

1.2 Main Results

Our main results show that there is a threshold in the computational complexity of AAttLGC(n, $d =$ $O(\log n)$) depending on the bound B. When $B = o(\sqrt{\log n})$ we give a new near-linear-time algorithm, and when $B = \omega(\sqrt{\log n})$, we show that such an algorithm is impossible assuming SETH. This matches the results of [\[AS23\]](#page-9-0), where a nearly identical threshold at B around $\sqrt{\log n}$ was also observed. Our results therefore imply that the entire LLM training process has this computational threshold.

Theorem 1.5 (Main result, Lower bound, informal version of Theorem [E.5\)](#page-28-0). *Assuming* SETH*, there is no algorithm running in time* $O(n^{2-q})$ *for any* $q > 0$ *for the* AAttLGC($n, d = O(\log n)$, $B =$ $\omega(\sqrt{\log n}))$ (see Definition [1.4\)](#page-2-1).

Theorem 1.6 (Main result, Upper bound, informal version of Theorem [D.6\)](#page-24-0). *Assuming entries are bounded, there is a* $n^{1+o(1)}$ *time algorithm to solve* $\text{AAttLGC}(n, d = O(\log n), B = o(\sqrt{\log n}))$ *(see Definition [1.4\)](#page-2-1) up to* $1/\text{poly}(n)$ *accuracy.*

Our new algorithm (Theorem [1.6\)](#page-3-0) builds on a low-rank approximation for the attention matrix from prior work [\[AA22,](#page-9-5) [AS23\]](#page-9-0). Incorporating these approximation into the gradient computation is not straightforward; in the forward problem, one simply multiplies the attention matrix by an input value matrix, but in the backward problem, it is combined with other matrices in an intricate (non-linear) way. We ultimately use tools from tensor algebra to get a handle on the entry-wise products and high-rank sparse matrices which arise in the gradient computation but do not typically preserve the needed low-rank structure.

Our new lower bound (Theorem [1.5\)](#page-2-2) comes from a careful reduction from a special case the forward problem (where hardness is known from prior work) to the backward problem. Reducing from computing a function to computing its gradient in general is quite challenging or impossible without control over how quickly the gradient may be growing or changing, and in general, the gradient of the forward (attention) computation can behave quite erratically (which is likely necessary for the expressive power of attention units). Nonetheless, in the special case of the inputs for which attention computation is known to be hard from prior work, we are able to reasonably control the growth of these gradients and successfully perform our reduction.

Roadmap. We discuss other related works in Section [2.](#page-3-1) In Section [3,](#page-4-1) we provide the basic notation, definitions, backgrounds, and facts which we will use. In Section [4,](#page-7-0) we provide the proof sketch of our algorithm and defer the details to the Appendix. In Section [5,](#page-8-0) we briefly conclude our paper. In Section [6,](#page-8-1) we discuss the limitations of our paper. In Section [7,](#page-9-6) we provide the broader impact statement.

2 Related Work

Fine-grained Complexity. Numerous algorithmic techniques have been used in theory and in practice for attention computations. The first algorithm with provable guarantees, by Zandieh, Han, Daliri, and Karbasi [\[ZHDK23\]](#page-14-11), used locality sensitive hashing (LSH) techniques [\[CKNS20\]](#page-10-6), while later work by Alman and Song [\[AS23\]](#page-9-0) used polynomial approxmation methods [\[ACSS20,](#page-9-7) [AA22\]](#page-9-5). We particularly focus here on the latter technique, which is the only algorithm we're aware of which achieves near-linear running time.

Keles, Wijewardena, and Hedge [\[KWH23\]](#page-12-4) established the first lower bound on attention computation under the assumption of SETH. Their findings demonstrated that when $d = \omega(\log n)$, it is not possible to execute forward computations in subquadratic time. The later lower bound of [\[AS23\]](#page-9-0) further incorporated the magnitudes of the input entries into the lower bound to tightly match the aforementioned algorithms. Both use the high-level technique of [\[BIS17\]](#page-9-8) from kernel density estimation, and build on methods derived from fine-grained complexity associated with approximate nearest neighbor search [\[Rub18\]](#page-13-8) and the polynomial method [\[AA22\]](#page-9-5).

Fast Attention Computation. Optimizing the computation of attention mechanisms in pre-trained LLMs, given their extensive parameter sets, has been a focal point of recent research. Various studies have explored the application of locality sensitive hashing (LSH) techniques to approximate attention mechanisms. [\[KKL20\]](#page-12-11) introduced two methods to enhance computational efficiency, including the use of LSH to replace dot product attention and a reversible residual layer to substitute the standard residual layer. $[CLP+21]$ $[CLP+21]$ refined this approximation, noting that LSH's efficiency does not require constant parameter updates. [\[ZHDK23\]](#page-14-11) proposed an innovative estimator based on Kernel Density Estimation (KDE) to speed up the softmax function and matrix multiplication computations. Some recent works $[HIK+23, KMZ23]$ $[HIK+23, KMZ23]$ have specifically used sketching techniques to avoid large entries in the attention matrix. [\[PMXA23\]](#page-12-13) developed techniques utilizing a transformer within a transformer (TinT) model to simulate the transformer's forward and backward passes, significantly increasing parameter efficiency. $[MGN^+23]$ $[MGN^+23]$ tackled the challenge of fine-tuning LLMs with high memory demands by improving the classical ZO-SCD optimizer, creating a memoryefficient gradient estimator that requires only a forward pass. [\[BSZ24\]](#page-10-8) provided insights into dynamic attention problems, they provide algorithm and hardness for the dynamic setting of attention problem. $[GSY + 23a]$ $[GSY + 23a]$ introduces a quantum algorithm for attention computation, opening new avenues for

efficiency improvements. [\[GSYZ24\]](#page-11-6) provides a result for computing the attention matrix differentially privately. [\[DMS23\]](#page-10-9) introduces a randomized and deterministic attention sparsification algorithms for over-parameterized feature dimension. [\[DLMS23\]](#page-10-10) provides a zero-th order method to accelerate the computation of attention. [\[FA23,](#page-11-7) [SLBK23,](#page-13-9) [LLSS24\]](#page-12-15) use weights sparsity to accelerate the attention computation, but cannot reduce the time complexity. $[SMN+24]$ $[SMN+24]$ compress the input token length to accelerate attention inference. $[CLS^+24]$ $[CLS^+24]$ uses Half-Space Reporting (HSR) techniques to accelerate attention computation. [\[SYZ24\]](#page-13-11) studies proxy for softmax attention such as matrix exponential and provides fast algorithms for these proxies.

Transformer Training. Transformer architectures (the backbone of LLMs) have been trained with alternating steps of forward and backward computations since their introduction [\[VSP](#page-13-0)+17, [DCLT18,](#page-10-0) $LOG+19, YDY+19, BMR+20, ZRG+22$ $LOG+19, YDY+19, BMR+20, ZRG+22$. In Appendix [B](#page-16-0) below, we perform computations to verify that our stated problems are the same as the forward and backward steps from the literature. Note that there are many weights update methods, such as LoRA $[$ HSW⁺21, [ZL23,](#page-14-12) [HSK](#page-11-9)⁺24], prefix turning [\[LL21,](#page-12-16) [LSSY24\]](#page-12-17), and many so on. In this paper, we consider the standard training algorithm with gradient back-propagation. On the other hand $[HYW^+23, HLSL24, WHHL24, HCL^+24, HWL24a,$ $HCW⁺24$ $HCW⁺24$] introduce the modern Hopfield models as a proxy for possible fast attention computation in training (and inference), which have been used in various applications [\[XHH](#page-14-13)+24, [WHL](#page-13-13)+24]. Similar analyses of computational feasibility have also been conducted for transformer-based diffusion models, such as Diffusion Transformers (DiTs) [\[HWL](#page-11-14)+24b, [Ano24\]](#page-9-9).

3 Preliminary

In Section [3.1,](#page-4-2) we define some basic notation we will use. In Section [A.3,](#page-15-0) we state important facts related to fast matrix multiplication. In Section [3.2,](#page-4-3) provide the formal definition of the Strong Exponential Time Hypothesis. In Section [3.3,](#page-5-0) we define several intermediate functions related to softmax and exponential which will arise in our algorithms. In Section [3.4,](#page-5-1) we define the loss function. In Section [3.5,](#page-5-2) we provide standard tensor tricks which we will use. In Section [3.6,](#page-6-0) we show how to reformulate the loss function for our purposes.

3.1 Notation

For any positive integer n, we define $[n] := \{1, 2, \ldots, n\}$. For two same length vector x and y, we use $\langle x, y \rangle$ to denote the inner product between x and y, i.e., $\langle x, y \rangle = \sum_{i=1}^{n} x_i y_i$. We use $x \circ y$ to denote vector that *i*-th entry is $x_i y_i$. Let $\mathbf{1}_n$ denote the length-n all ones vector. It is not hard to see that $\langle x \circ y, 1_n \rangle = \langle x, y \rangle$. For a vector x, we use x^{\perp} to denote the transpose of x. For a matrix M, we use M^{\top} to denote the transpose of matrix M. For a vector x, we use $\exp(z)$ to denote the vector that *i*-th coordinate is $\exp(z_i)$. For a matrix M, we use $\exp(M)$ to denote the matrix that (i, j) -th coordinate is $\exp(M_{i,j})$. For a function f, we use $O(f)$ to denote $f \cdot \text{poly}(\log f)$. Let n_0, n_1, m_0, m_1 be positive integers. Let $X \in \mathbb{R}^{n_0 \times m_0}$ and $Y \in \mathbb{R}^{n_1 \times m_1}$. We define the Kronecker product between matrices X and Y, denoted $X \otimes Y \in \mathbb{R}^{n_0 n_1 \times m_0 m_1}$, as $(X \otimes Y)_{(j_0-1)n_1+j_1,(i_0-1)m_2+i_1}$ is equal to $X_{j_0,i_0} Y_{j_1,i_1}$, where $j_0 \in [n_0], i_0 \in [m_0], j_1 \in [n_1], i_1 \in [m_1]$.

3.2 Backgrounds on Complexity

Over 20 years ago, Impagliazzo and Paturi [\[IP01\]](#page-11-0) introduced the Strong Exponential Time Hypothesis (SETH), an enhancement of the $P \neq NP$ conjecture. It posits that the existing algorithms for solving SAT problems are essentially as efficient as possible:

Hypothesis 3.1 (Strong Exponential Time Hypothesis (SETH)). *For any* $\epsilon > 0$ *, there exists a positive integer* $k ≥ 3$ *for which solving* k -SAT *problems with* n *variables in* $O(2^{(1-ε)n})$ *time is impossible, including with the use of randomized algorithms.*

SETH, a widely recognized conjecture, has been instrumental in establishing fine-grained lower bounds across a broad spectrum of algorithmic challenges, as highlighted in the survey [\[Wil18\]](#page-13-5).

3.3 Definitions related with Softmax

Now, we start by some definitions about $X \in \mathbb{R}^{d \times d}$ which will be helpful. Let x denote the vectorization of X.

Definition 3.2. Let $A_1, A_2 \in \mathbb{R}^{n \times d}$ be two matrices. Suppose that $A = A_1 \otimes A_2 \in \mathbb{R}^{n^2 \times d^2}$. We define $A_{j_0} \in \mathbb{R}^{n \times d^2}$ be a $n \times d^2$ size sub-block from A. Note that there n such sub-blocks.

For every $j_0 \in [n]$, let us define function $u(x)_{j_0} : \mathbb{R}^{d^2} \to \mathbb{R}^n$ to be:

$$
u(x)_{j_0} := \underbrace{\exp(A_{j_0} x)}_{n \times 1}.
$$

Definition 3.3. Suppose that there are two $n \times d$ size matrices $A_1, A_2 \in \mathbb{R}^{n \times d}$. We define $A_{j_0} \in$ $\mathbb{R}^{n \times d^2}$ be a $n \times d^2$ size sub-block from A. (Recall that $\mathsf{A} = A_1 \otimes A_2 \in \mathbb{R}^{n^2 \times d^2}$.)

For every index $j_0 \in [n]$, we consider a function, $\alpha(x)_{j_0} : \mathbb{R}^{d^2} \to \mathbb{R}$ as:

$$
\alpha(x)_{j_0} := \langle \underbrace{\exp(A_{j_0} x)}_{n \times 1}, \underbrace{1_n}_{n \times 1} \rangle.
$$

Definition 3.4. *Suppose that* $\alpha(x)_{j_0} \in \mathbb{R}$ *is defined as in Definition [3.3.](#page-5-3)*

Recall $u(x)_{j_0} \in \mathbb{R}^n$ *is defined as in Definition [3.2.](#page-5-4)*

For a fixed $j_0\in [n]$, let us consider function $f(x)_{j_0}:\mathbb{R}^{d^2}\to \mathbb{R}^n$

$$
f(x)_{j_0} := \underbrace{\alpha(x)_{j_0}^{-1} \underbrace{u(x)_{j_0}}_{\text{scalar}}.
$$

Let $f(x) \in \mathbb{R}^{n \times n}$ denote the matrix where j_0 -th row is $(f(x)_{j_0})^{\top}$.

Definition 3.5. For every $i_0 \in [d]$, we define $h()_{i_0} : \mathbb{R}^{d^2} \to \mathbb{R}^n$ as:

$$
h(y)_{i_0} := \underbrace{A_3}_{n \times d} \underbrace{Y_{*,i_0}}_{d \times 1}.
$$

Here let $Y \in \mathbb{R}^{d \times d}$ denote the matrix representation of $y \in \mathbb{R}^{d^2}$. Let $h(y) \in \mathbb{R}^{n \times d}$ matrix where i_0 *column is* $h(y)_{i_0}$.

3.4 Loss Functions

In this section, we introduce some helpful definitions related to both $x \in \mathbb{R}^{d^2}$.

Definition 3.6. *For every* $j_0 \in [n]$ *, we use* $f(x)_{j_0} \in \mathbb{R}^n$ *to denote the normalized vector defined by Definition* [3.4.](#page-5-5) For every $i_0 \in [d]$, we let $h(y)_{i_0}$ to be defined in Definition [3.5.](#page-5-6)

Consider every $j_0 \in [n]$, every $i_0 \in [d]$. Let us consider $c(x)_{j_0,i_0} : \mathbb{R}^{d^2} \times \mathbb{R}^{d^2} \to \mathbb{R}$ as follows:

$$
c(x)_{j_0,i_0} := \langle f(x)_{j_0}, h(y)_{i_0} \rangle - E_{j_0,i_0}.
$$

Here E_{j_0,i_0} *is the* (*j*₀,*i*₀)*-th coordinate/location of* $E \in \mathbb{R}^{n \times d}$ *for j*₀ \in [*n*], *i*₀ \in [*d*]. *This is equivalent to*

$$
c(x) = f(x) h(y) - E
$$

_{n×d} n×_n n×_d n×_d

Definition 3.7. For every $j_0 \in [n]$, for every $i_0 \in [d]$. Let us define $L(x)_{j_0,i_0}$ to be $:= 0.5c(x)_{j_0,i_0}^2$.

3.5 Tensor Trick

We state the well-known tensor-trick. It has been widely used in literature of linear algebra related to tensor computations [\[SWZ19,](#page-13-14) [DSSW18,](#page-10-12) [DJS](#page-10-13)⁺19, [SWYZ21,](#page-13-15) [AS24c,](#page-9-1) [GSX23,](#page-11-15) [Zha22,](#page-14-14) [RSZ22,](#page-13-16) [GSY23b,](#page-11-16) [DSY23,](#page-10-14) [DGS23\]](#page-10-15).

Fact 3.8 (Tensor trick). For two matrices A_1 and $A_2 \in \mathbb{R}^{n \times d}$, define $A = A_1 \underset{\tau}{\otimes} A_2$. Let $X \in \mathbb{R}^{d \times d}$. Let $x \in \mathbb{R}^{d^2}$ denote the vector representation of X. Then we have $\text{vec}(A_1 X A_2^\top) = A x$.

Using the above tensor-trick, it is easy to observe that

Fact 3.9. For two matrices A_1 and $A_2 \in \mathbb{R}^{n \times d}$, denote $A = A_1 \otimes A_2$. Let $X \in \mathbb{R}^{d \times d}$. Let $A_{j_0} \in \mathbb{R}^{n \times d^2}$ a submatrix of A *(by properly selecting* n *rows of* A). Let $x \in \mathbb{R}^{d^2}$ denote the vector *representation of* X*. Then, we have*

- $\operatorname{vec}(\exp(A_1 X A_2^{\perp})) = \exp(A x)$
- $(\exp(A_1 X A_2^{\dagger})_{j_0,*})^{\dagger} = \exp(A_{j_0} x)$,

Here $\exp(A_1 X A_2^{\perp})_{j_0,*}$ *is the* j_0 *-th row of* $n \times n$ *matrix* $\exp(A_1 X A_2^{\perp})$ *.*

Proof. We can use the definition in fact and Fact [3.8,](#page-6-1) to prove it.

 \Box

3.6 Reshape the Loss function via Tensor Trick

Lemma 3.10. *Given the below requirements*

- Here are three matrices $A_1 \in \mathbb{R}^{n \times d}$, $A_2 \in \mathbb{R}^{n \times d}$, and $A_3 \in \mathbb{R}^{n \times d}$.
- Let $A = A_1 \otimes A_2 \in \mathbb{R}^{n^2 \times d^2}$ to be the Kronecker product of the two matrices A_1 and A_2 .
	- *i For every* j_0 ∈ [n], define A_{j_0} ∈ $\mathbb{R}^{n \times d^2}$ to be a $n \times d^2$ sized block in the matrix $A \in \mathbb{R}^{n^2 \times d^2}$.
- $E \in \mathbb{R}^{n \times d}$ *be a matrix. Define* E_{j_0,i_0} *as the* (j_0,i_0) -*th coordinate/location of* $E \in \mathbb{R}^{n \times d}$ *for every pair of* $j_0 \in [n]$ *and* $i_0 \in [d]$.
- Here are two square matrices $X \in \mathbb{R}^{d \times d}$, let $Y \in \mathbb{R}^{d \times d}$.
- *Let* L(X) *be defined as Definition [1.2.](#page-2-0)*
- For every pair of $j_0 \in [n]$, $i_0 \in [d]$, recall that definition of $L(x)_{j_0,i_0}$ can be found in in *Definition [3.7.](#page-5-7)*

Then, we have

$$
L(X) = \sum_{j_0 \in [n]} \sum_{i_0 \in [d]} L(x)_{j_0, i_0}.
$$

Proof. We can show that

$$
L(X) = 0.5 \cdot ||\underbrace{D(X)^{-1}}_{n \times n} \underbrace{\exp(A_1 X A_2^{\top})}_{n \times n} \underbrace{A_3}_{n \times d} \underbrace{Y}_{n \times d} - \underbrace{E}_{n \times d} ||_F^2
$$

\n
$$
= \sum_{j_0=1}^n \sum_{i_0=1}^d 0.5 \cdot (\langle (\exp(A_{j_0} x), \mathbf{1}_n \rangle^{-1} \cdot \exp(A_{j_0} x), A_3 Y_{*,i_0} \rangle - E_{j_0, i_0})^2
$$

\n
$$
= \sum_{j_0=1}^n \sum_{i_0=1}^d 0.5 (\langle f(x)_{j_0}, h(y)_{i_0} \rangle - E_{j_0, i_0})^2
$$

\n
$$
= \sum_{j_0=1}^n \sum_{i_0=1}^d L(x)_{j_0, i_0}
$$

where the first step follows from definition, the second step follows from writing down the summation, the third step follows from definition of $f(x)_{j_0}$ (recall the Definition [3.4\)](#page-5-5) and $h(y)_{i_0}$ (recall the Definition [3.5\)](#page-5-6), and the last step follows from $L(x)_{j_0,i_0}$ (see Definition [3.7\)](#page-5-7).

4 Proof Sketch for General Upper Bound

The most straightforward way to compute the gradient would take $O(n^2d^2)$ time in order to explicitly write down the matrix A. We first show how to obtain an intermediate algorithm, which runs in slightly improved time $O(n^2d + nd^2)$ to compute the gradient. Our final algorithm will build on this idea.

Lemma 4.1 (Warmup, attention gradient computation, informal version of Lemma [C.8\)](#page-21-0). *If the following conditions hold*

- Define four $n \times d$ size matrices E, A_1, A_2, A_3 and two $d \times d$ square matrices X, Y to be *input fixed matrices.*
- Let $X \in \mathbb{R}^{d \times d}$ and $Y \in \mathbb{R}^{d \times d}$ denote matrix variables (we will compute gradient with *respect to* X *).*
- Let $g = \frac{dL(X)}{dX}$ $\frac{L(A)}{dX}$.

Then the gradient g can be calculated in $O(n^2d + nd^2)$ *time.*

The key idea behind Lemma [4.1](#page-7-1) is to use algebraic manipulations to quickly compute the quantities defined in the previous section. We first compute $f(x)$ in $O(nd^2)$ time, then show $c(x)$ and $q(x)$ can be computed in $O(n^2d)$ time. Using these, we compute $p(x)$ in (n^2) time, then putting in all together, we compute g in $O(n^2d + nd^2)$ time. (We refer the details to Section [C.](#page-19-0))

For notational simplicity, we also write $x \in \mathbb{R}^{d^2 \times 1}$ to denote the vectorized version of X, and similarly $y \in \mathbb{R}^{d^2 \times 1}$ for Y.

Next, we will show how to improve the running time of computing the gradient from quadratic time $(\geq n^2)$ to almost linear time $n^{1+o(1)}$. We build on the approach of Lemma [4.1](#page-7-1) for computing the intermediate quantities f, c, q , and p , but speed up the time it takes to *implicitly*, rather than explicitly, represent these quantities. We want to emphasize that, although our algorithm relies on careful manipulation of the input matrices, our main algorithmic result does not make use of fast matrix multiplication (which may otherwise be quite impractical).

We now sketch the main algorithmic ideas. First, by linearity of derivative, we can show that

$$
\frac{\mathrm{d}L(x)}{\mathrm{d}x} = \sum_{j_0=1}^n \sum_{i_0=1}^d \frac{\mathrm{d}L(x)_{j_0, i_0}}{\mathrm{d}x}
$$

Based on calculations we perform in Section [B,](#page-16-0) Section [C,](#page-19-0) and several linear algebra facts, we can show that

$$
\frac{dL(x)_{j_0,i_0}}{dx}
$$
\n
$$
= \underbrace{c(x)_{j_0,i_0}}_{\text{scalar}} \cdot \underbrace{A_{j_0}^{\top} (\text{diag}(f(x)_{j_0}) - f(x)_{j_0} f(x)_{j_0}^{\top})}_{n \times n} \underbrace{h(y)_{i_0}}_{n \times 1}
$$

For any fixed $j_0 \in [n]$, consider this quantity. Since this expression involves an $n \times n$ matrix, the most straightforward way to calculate it would take $\Theta(n^2)$ time, and so summing over all $j_0 \in [n]$

would lead to a cubic-time algorithm. It is not too difficult to improve this: the $n \times n$ matrix (see Figure [1](#page-7-2) for an illustration)

$$
\left(\underbrace{\text{diag}(f(x)_{j_0})}_{\text{a diagonal matrix}} - \underbrace{f(x)_{j_0} f(x)_{j_0}^{\top}}_{\text{a rank 1 matrix}}\right)
$$

is easily decomposed into a low-rank part $(f(x)_{j_0}f(x)_{j_0}^{\perp}$ which has size $n \times n$) and a sparse part $(\text{diag}(f(x)_{j_0})$ which also has size $n \times n$), which reduces the calculation of each part to only $O(n)$ time, and the total running time to $\tilde{O}(n^2)$ time.

However, we are aiming for a almost-linear time algorithm, and it is not possible to achieve this by treating the different j_0 separately, since a given j_0 must take $\Omega(n)$ time to process. Instead, we use tensor techniques related to low-rank approximations to simultanouesly compute all j_0 together and sum them in almost-linear time.

To do that, we create several extra artificial or intermediate matrices $q(x) \in \mathbb{R}^{n \times n}$ (see Section [C\)](#page-19-0), $p(x) \in \mathbb{R}^{n \times n}$ (see Section [C\)](#page-19-0). We will show the gradient can be finally constructed using a simple chaining technique (see Section [D](#page-22-0) for more details), from f, c, q, p_1 (handling $diag(f(x)_{j_0})$ similarly), p_2 (handling $f(x)_{j_0} f(x)_{j_0}^{\top}$ similarly), $p (p = p_1 - p_2)$ to $\frac{dL}{dx}$. Intuitively, the chaining shows that a low rank representation for f yields one for c, and these in turn yield one for q , and so on.

In particular, using $q(x)$, we obtain that $\frac{dL(x)}{dx}$ can be written as

$$
\sum_{j_0=1}^n \mathsf{A}_{j_0}^\top \Big(\underbrace{\text{a diagonal matrix}}_{\text{diag}(f(x)_{j_0})} - \underbrace{\text{a rank 1 matrix}}_{f(x)_{j_0}f(x)_{j_0}^\top} \Big) \underbrace{\text{a column vector}}_{q(x)_{j_0}}
$$

which in fact notably removes the summation step of $i_0 = 1$ to d. Using the notation of $p(x)$, we finally yield that we need to compute $A_1^{\dagger} p(x) A_2$. Thus as long as $p(x)$ has a low-rank representation, then we can solve the in $n^{1+o(1)}$ time (see Section [D](#page-22-0) for more details). In particular, we will find that $p(x)$ is the entry-wise product of two matrices with low-rank representations from prior work, which we can combine using a column-wise Kronecker product to approximate $p(x)$ itself.

5 Conclusion

Our results give a complete fine-grained analysis of the running time needed to train LLMs. We show that there is a threshold depending on the parameter B , the magnitude of the parameter matrix entries. In settings where B is small, a near-linear-time algorithm for LLM training is possible by using our novel algorithm for backward computation. In settings where B is large, not only does our algorithm not apply, but we show it is impossible to design a nontrivially-fast algorithm (barring a breakthrough in satisfiability algorithms that would refute the popular SETH).

These insights can guide LLM designers to more efficient algorithms. When B can be made small, it would lead to substantial savings in the computational resources needed for training and expression. When B must be large (perhaps to achieve a high expressiveness?), our lower bounds show that one may as well use straigthforward algorithms and focus on other aspects of algorithm speedup such as parallelization. The magnitude of B needed has been studied more recently (e.g., $[AS24c]$), and the need for fast training algorithms may further motivate this direction of research.

6 Limitations

Our main algorithm shows that the polynomial method can be used to quickly train LLMs with provable guarantees. While polynomial methods are frequently used for LLM operations in practice, they are typically simpler than the algorithms we present here. Implementing our algorithm in a practical way would require substantial future engineering work which is beyond the scope of this paper. Our lower bound is predicated on the Strong Exponential Time Hypothesis (SETH), a popular conjecture from fine-grained complexity theory. As with most results in complexity theory, results proved using a conjecture like this naturally come with associated limitations: the hard instances of SAT may not translate to the most important instances of LLM training, or the conjecture may

not even be true! That said, we wish to emphasize that SETH is the most popular conjecture in fine-grained complexity, used to prove the optimality of many algorithms in nearly every domain of computation, and decades of research in satisfiability algorithms have supported its veracity.

7 Broader Impact Statement

We give a new algorithm with provable guarantees for LLM training, which can help to guide future algorithm design in practice. This will help to develop the many positive broader impacts of LLMs. Since this is a purely theoretical work, which addresses theoretical computational concerns for implementing known algorithms, we believe it does not introduce any negative societal impact.

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Appendix

Roadmap.

In Section [A,](#page-15-1) we provide basic notation and facts. In Section [B,](#page-16-0) we provide details about gradient computations. In Section [C,](#page-19-0) we explain the computation time for the gradient of attention loss. In Section [D,](#page-22-0) we show how to further improve the gradient computation from quadratic time to almost linear time. In Section [E,](#page-25-0) we provide our main lower bound result.

A Preliminaries

In Section [A.1,](#page-15-2) we define some basic notation. In Section [A.2,](#page-15-3) we state several facts which we will use.

A.1 Notation

For any positive integer n, we define $[n] := \{1, 2, \ldots, n\}.$

For two same length vector x and y, we use $\langle x, y \rangle$ to denote the inner product between x and y, i.e., $\langle x, y \rangle = \sum_{i=1}^n x_i y_i$. We use $x \circ y$ to denote vector that *i*-th entry is $x_i y_i$. Let $\mathbf{1}_n$ denote the length-*n* all ones vector. It is not hard to see that $\langle x \circ y, \mathbf{1}_n \rangle = \langle x, y \rangle$.

For a vector u, we use u^{\perp} to denote the transpose of u. For a matrix M, we use M^{\perp} to denote the transpose of matrix M.

For a vector u, we use $\exp(u)$ to denote the vector that i-th coordinate is $\exp(u_i)$. For a matrix A, we use $\exp(A)$ to denote the matrix that (i, j) -th coordinate is $\exp(A_{i,j})$.

We define the Kronecker product between matrices X and Y, denoted $X \otimes Y \in \mathbb{R}^{n_0 n_1 \times m_0 m_1}$, as $(X \otimes Y)_{(j_0-1)n_1+j_1,(i_0-1)m_2+i_1}$ is equal to $X_{j_0,i_0}Y_{j_1,i_1}$, where $j_0 \in [n_0], i_0 \in [m_0], j_1 \in [n_1], i_1 \in$ $[m_1]$.

For each positive integers m_1, m_2, m_3 , we use $\mathcal{T}_{\text{mat}}(m_1, m_2, m_3)$ to denote the time of multiplying $m_1 \times m_2$ matrix with another $m_2 \times m_3$ matrix.

A.2 Basic Facts

Fact A.1. Let $x, y, z \in \mathbb{R}^n$. Then we have

- $\langle x \circ y, z \rangle = x^{\top} \text{diag}(y) z.$
- $\langle x, y \rangle = \langle x \circ y, \mathbf{1}_n \rangle$.

Fact A.2 (Folklore). Let $U_1, V_1 \in \mathbb{R}^{n \times k_1}$. Let $U_2, V_2 \in \mathbb{R}^{n \times k_2}$. Then we have $(U_1V_1^{\perp}) \circ (U_2V_2^{\perp}) = (U_1 \oslash U_2)(V_1 \oslash V_2)^{\perp}$

Here, given $U_1 \in \mathbb{R}^{n \times k_1}$ and $U_2 \in \mathbb{R}^{n \times k_2}$, the $U_1 \otimes U_2 \in \mathbb{R}^{n \times k_1 k_2}$ is the row-wise Kronecker *product, i.e.,* $(U_1 \oslash U_2)_{i,l_1+(l_2-1)k_1}$:= $(U_1)_{i,l_1}U_{i,l_2}$ *for all* $i \in [n]$ *,* $l_1 \in [k_1]$ *and* $l_2 \in [k_2]$

A.3 Matrix Multiplication

We define matrix multiplication notation and state some well-know facts here.

Definition A.3. Let n_1, n_2, n_3 , denote any three positive integers. We use $\mathcal{T}_{\text{mat}}(n_1, n_2, n_3)$ to denote *the time of multiplying an* $n_1 \times n_2$ *matrix with another* $n_2 \times n_3$ *.*

The straightgforward algorithm following the definition of matrix multiplication gives that $\mathcal{T}_{\text{mat}}(n_1, n_2, n_3) \leq O(n_1 n_2 n_3)$. In fact, we will only use this straightforward bound in all our algorithms in this paper, and we avoid needing any other (potentially impractical) matrix multiplication algorithms. Nonetheless, we will emphasize the appearances of \mathcal{T}_{mat} in our algorithms below, since then any fast algorithms or systems for performing matrix multiplication could be used to speed up these steps of our approach.

It is well-known that

Fact A.4 ([\[BCS97,](#page-9-11) [Blä13\]](#page-9-12)). Let n_1, n_2, n_3 , denote any three positive integers. $\mathcal{T}_{\text{mat}}(n_1, n_2, n_3)$ = $O(\mathcal{T}_{\mathrm{mat}}(n_1, n_3, n_2)) = O(\mathcal{T}_{\mathrm{mat}}(n_2, n_1, n_3)) = O(\mathcal{T}_{\mathrm{mat}}(n_2, n_3, n_1)) = O(\mathcal{T}_{\mathrm{mat}}(n_3, n_1, n_2)) =$ $O(\mathcal{T}_{\text{mat}}(n_3, n_2, n_1)).$

B More Details about Gradient Computation

In this section, we provide details and calculations to assist with gradient and derivative computations. We remark that, in this section, for convenience of computing a closed form for the gradient, we ignore the $1/d$ factor in function f. Since it is only a rescaling factor, it won't affect how we compute these matrices in general.

Lemma B.1 (The gradient computation for several different functions with respect to x_i). *For every* $i \in [d^2]$, define $A_{j_0,i} \in \mathbb{R}^n$ to be the *i*-th column for $A_{j_0} \in \mathbb{R}^{n \times d}$. $u(x)_{j_0} \in \mathbb{R}^n$. The scalar function $\alpha(x)_{j_0} \in \mathbb{R}$, column function $f(x)_{j_0} \in \mathbb{R}^n$, scalar function $c(x)_{j_0,i_0} \in \mathbb{R}$ and scalar function $L(x)_{j_0,i_0}^{\infty} \in \mathbb{R}$ are defined as in Definitions [3.2,](#page-5-4) [3.3,](#page-5-3) [3.4,](#page-5-5) [3.6](#page-5-8) and [3.7](#page-5-7) respectively.

Then, for each $i \in [d^2]$, we have

• Part 1.

$$
\frac{\mathrm{d}x}{\mathrm{d}x_i} = e_i
$$

• **Part 2.** *For each* $j_0 \in [n]$ *,*

$$
\frac{\mathrm{d}\,\mathsf{A}_{j_0}\,x}{\mathrm{d}x_i}=(\mathsf{A}_{j_0})_i
$$

• **Part 3.** *For each* $j_0 \in [n]$

$$
\frac{\mathrm{d}u(x)_{j_0}}{\mathrm{d}x_i} = \mathsf{A}_{j_0,i} \circ u(x)_{j_0}
$$

• **Part 4.** *For each* $j_0 \in [n]$ *,*

$$
\frac{\mathrm{d}\alpha(x)_{j_0}}{\mathrm{d}x_i} = \langle A_{j_0,i}, u(x)_{j_0} \rangle
$$

• **Part 5.** *For each* $j_0 \in [n]$ *,*

$$
\frac{\mathrm{d}f(x)_{j_0}}{\mathrm{d}x_i} = \mathsf{A}_{j_0,i} \circ f(x)_{j_0} - \langle \mathsf{A}_{j_0,i}, f(x)_{j_0} \rangle \cdot f(x)_{j_0}
$$

• **Part 6.** *For each* $j_0 \in [n]$ *, for each* $i_0 \in [d]$ *,*

$$
\frac{d\langle f(x)_{j_0}, h(y)_{i_0}\rangle}{dx_i} = \langle h(y)_{i_0}, A_{j_0,i} \circ f(x)_{j_0}\rangle - \langle h(y)_{i_0}, f(x)_{j_0}\rangle \cdot \langle A_{j_0,i}, f(x)_{j_0}\rangle
$$

• **Part 7.** *For each* $j_0 \in [n]$ *, for every* $i_0 \in [d]$

$$
\frac{\mathrm{d}c(x)_{j_0,i_0}}{\mathrm{d}x_i} = \langle A_{j_0,i} \circ f(x)_{j_0}, h(y)_{i_0} \rangle - \langle f(x)_{j_0}, h(y)_{i_0} \rangle \cdot \langle A_{j_0,i}, f(x)_{j_0} \rangle
$$

• **Part 8.** *For each* $j_0 \in [n]$ *, for each* $i_0 \in [d]$

$$
\frac{\mathrm{d}L(x)_{j_0,i_0}}{\mathrm{d}x_i} = (\langle h(y)_{i_0}, A_{j_0,i} \circ f(x)_{j_0} \rangle - \langle f(x)_{j_0}, A_{j_0,i} \rangle \cdot \langle h(y)_{i_0}, f(x)_{j_0} \rangle) \cdot c(x)_{j_0,i_0}
$$

Proof. Proof of Part 1. We have

$$
\frac{\mathrm{d}x}{\mathrm{d}x_i} = e_i
$$

Proof of Part 2. We have

$$
\frac{d A_{j_0} x}{dx_i} = A_{j_0} \frac{dx}{dx_i}
$$

$$
= A_{j_0} \cdot e_i
$$

$$
= A_{j_0,i}
$$

$$
= A_{j_0,i}
$$

Proof of Part 3.

We can show

$$
\frac{du(x)_{j_0}}{dx_i} = \frac{d \exp(A_{j_0} x)}{dx_i}
$$

$$
= \exp(A_{j_0} x) \circ \frac{d A_{j_0} x}{dx_i}
$$

$$
= \exp(A_{j_0} x) \circ A_{j_0,i}
$$

$$
= u(x)_{j_0} \circ A_{j_0,i}
$$

where the 3rd step follows from Part 2, the last step follows from definition of $u(x)_{j_0}$.

Proof of Part 4.

For simplicity of writing proofs, we use (\cdot) to denote (x) .

We can show

$$
\frac{d\alpha(\cdot)_{j_0}}{dx_i} = \frac{d\langle u(\cdot)_{j_0}, \mathbf{1}_n \rangle}{dx_i}
$$

$$
= \langle u(\cdot)_{j_0} \circ \mathsf{A}_{j_0, i}, \mathbf{1}_n \rangle
$$

$$
= \langle u(\cdot)_{j_0}, \mathsf{A}_{j_0, i} \rangle
$$

where the 1st step follows from definition of $\alpha(\cdot)$, the 2nd step follows from Part 3, the 3rd step follows from Fact [A.1.](#page-15-4)

Proof of Part 5. For simplicity of writing proofs, we use (\cdot) to denote (x) .

We can show that

$$
\frac{\mathrm{d}f(\cdot)_{j_0}}{\mathrm{d}x_i} = \frac{\mathrm{d}\alpha(\cdot)_{j_0}^{-1}u(\cdot)_{j_0}}{\mathrm{d}x_i}
$$

$$
= \alpha(\cdot)_{j_0}^{-1} \frac{\mathrm{d}u(\cdot)_{j_0}}{\mathrm{d}x_i} + \left(\frac{\mathrm{d}\alpha(\cdot)_{j_0}^{-1}}{\mathrm{d}x_i}\right)u(\cdot)_{j_0}
$$

For the first term, we have

$$
\alpha(\cdot)_{j_0}^{-1} \frac{\mathrm{d}u(\cdot)_{j_0}}{\mathrm{d}x_i} = \alpha(\cdot)_{j_0}^{-1} u(\cdot)_{j_0} \circ A_{j_0, i}
$$

$$
= f(\cdot)_{j_0} \circ A_{j_0, i}
$$

where the 1st step follows from Part 3, the 2nd step follows from definition of $f(\cdot)$. For the second term, we have

$$
\begin{aligned}\n(\frac{d\alpha(\cdot)_{j_0}^{-1}}{dx_i})u(\cdot)_{j_0} &= -\alpha(\cdot)_{j_0}^{-2}\frac{d\alpha(\cdot)_{j_0}}{dx_i}u(\cdot)_{j_0} \\
&= -\alpha(\cdot)_{j_0}^{-2}\cdot\langle u(\cdot)_{j_0}, A_{j_0,i}\rangle\cdot u(\cdot)_{j_0} \\
&= -f(\cdot)_{j_0}\cdot\langle f(\cdot)_{j_0}, A_{j_0,i}\rangle\n\end{aligned}
$$

Figure 2: An example of $diag(f(x)_{j_0}) - f(x)_{j_0} f(x)_{j_0}^{\perp}$.

where the 1st step follows from basic calculus, the 2nd step follows from Part 4, the 3rd step follows from definition of $f(\cdot)_{j_0}$.

Using all of the results above, it holds that

$$
\frac{\mathrm{d}f(\cdot)_{j_0}}{\mathrm{d}x_i} = f(\cdot)_{j_0} \circ \mathsf{A}_{j_0,i} - f(\cdot)_{j_0} \cdot \langle f(\cdot)_{j_0}, \mathsf{A}_{j_0,i} \rangle
$$

Proof of Part 6. It follows Part 5 directly.

Proof of Part 7. For simplicity of writing proofs, we use (\cdot) to denote (x) .

Following the definition of c in Definition [3.6,](#page-5-8) it holds that

$$
c(\cdot)_{j_0,i_0} := \langle f(\cdot)_{j_0}, h(y) \rangle - E_{j_0,i_0} \tag{1}
$$

Thus it holds that

$$
\frac{dc(\cdot)_{j_0,i_0}}{dx_i} = \frac{d(\langle f(\cdot)_{j_0}, h(y)_{i_0}\rangle - E_{j_0,i_0})}{dx_i}
$$

=
$$
\frac{d\langle f(\cdot)_{j_0}, h(y)_{i_0}\rangle}{dx_i}
$$

=
$$
\langle f(\cdot)_{j_0} \circ A_{j_0,i}, h(y)_{i_0}\rangle - \langle f(\cdot)_{j_0}, h(y)_{i_0}\rangle \cdot \langle f(\cdot)_{j_0}, A_{j_0,i}\rangle,
$$

where the 1st step is because of Eq. [\(1\)](#page-18-0), the 2nd step is from $\frac{dE_{j_0,i_0}}{dx_i} = 0$, and the 3rd step is followed by Part 4.

Proof of Part 8. For simplicity of writing proofs, we use (\cdot) to denote (x). Following the definition of $L(\cdot)$ in Definition [3.7,](#page-5-7) it holds that

$$
L(\cdot)_{j_0, i_0} = 0.5c(\cdot)_{j_0, i_0}^2 \tag{2}
$$

Thus, we have

$$
\frac{dL(\cdot)_{j_0,i_0}}{dx_i} = \frac{d(0.5c(\cdot)_{j_0,i_0}^2)}{dx_i}
$$

= $c(\cdot)_{j_0,i_0} \frac{dc(\cdot)}{dx_i}$
= $c(\cdot)_{j_0,i_0} \cdot (\langle f(\cdot)_{j_0} \circ A_{j_0,i}, h(y)_{i_0} \rangle - \langle f(\cdot)_{j_0}, h(y)_{i_0} \rangle \cdot \langle f(\cdot)_{j_0}, A_{j_0,i} \rangle),$

where the 1st step is followed by the Eq. [\(2\)](#page-18-1), the 2nd step is due to the chain rule, the last step followed by Part 5.

 \Box

C Time for Straightforward Computation

In Section [C.1,](#page-19-1) we show the calculation of f (Similarly as Section [B,](#page-16-0) we still ignore the $1/d$ factor here) and h. In Section [C.2,](#page-19-2) we show the way we calculate c in straightforward way. In Section [C.3](#page-20-0) and Section [C.4,](#page-20-1) we define two artificial functions p and q , and show how to compute them. In Section [C.5,](#page-20-2) we provide the way to re-write the gradient in an elegant way. In Section [C.6,](#page-21-1) we finally put these all together and find the running time of our algorithm.

C.1 Compute f and h

Lemma C.1 (Computing f and h). *Suppose the following objects are given*

- *Let* f(x) *be defined as Definition [3.4](#page-5-5)*
- *Let* h(y) *be defined as Definition [3.5](#page-5-6)*

Then, we have

- $f(x)$ *can be calculated in time of* $\mathcal{T}_{\text{mat}}(n, d, n) + \mathcal{T}_{\text{mat}}(n, d, d)$
- $h(y)$ *can be calculated in time of* $\mathcal{T}_{\text{mat}}(n, d, d)$

Proof. Note that

$$
f(x) = D^{-1} \exp(A_1 X A_2^\top)
$$

and

$$
D = \text{diag}(\exp(A_1 X A_2^\top) \mathbf{1}_n)
$$

We firstly compute $\exp(A_1 X A_2^+)$, this takes time of $\mathcal{T}_{\text{mat}}(n, d, d)$ and $\mathcal{T}_{\text{mat}}(n, d, n)$.

Then we can compute D, which takes $O(n^2)$ time.

Then we can compute $D^{-1} \exp(A_1 X A_2^{\top})$, this takes $O(n^2)$ time.

Thus, the overall time is

$$
\mathcal{T}_{\text{mat}}(n, d, d) + \mathcal{T}_{\text{mat}}(n, d, n) + O(n^2)
$$

= $O(\mathcal{T}_{\text{mat}}(n, d, d) + \mathcal{T}_{\text{mat}}(n, d, n))$

Note that $h(y) = A_3 Y$ which takes time of $\mathcal{T}_{\text{mat}}(n, d, d)$. Thus, the proof is completed.

 $C.2$ Compute c

Lemma C.2 (Computing c). *Suppose the following objects are given*

- $E \in \mathbb{R}^{n \times d}$
- $f(x) \in \mathbb{R}^{n \times n}$ is given
- $h(y) \in \mathbb{R}^{n \times d}$ is given,

Then one can compute $c(x) \in \mathbb{R}^{n \times d}$ *in* $\mathcal{T}_{\text{mat}}(n, n, d)$ *time.*

Proof. Based on Definition of $c(x) \in \mathbb{R}^{n \times d}$ which is

$$
c(x) = f(x)h(y) - E
$$

Computing $f(x)h(y)$ takes time of $\mathcal{T}_{\text{mat}}(n, n, d)$, and calculating $f(x)h(y) - E$ takes time of $O(nd)$. Thus, finally, overall time is

$$
\mathcal{T}_{\mathrm{mat}}(n,n,d)+O(nd).
$$

 \Box

C.3 Computation for q

We will define q , and then explain how to calculate q .

Definition C.3. *Define* $c(x) \in \mathbb{R}^{n \times d}$ *as in Definition* [3.6.](#page-5-8) *Define* $h(y) \in \mathbb{R}^{n \times d}$ *as in Definition* [3.5.](#page-5-6) *We define* $q(x) \in \mathbb{R}^{n \times n}$ *as*

$$
q(x) := \underbrace{c(x)}_{n \times d} \underbrace{h(y)}_{d \times n}^\top
$$

Then we use $q(x)_{j_0}^{\top}$ to denote the j_0 -th row of $q(x) \in \mathbb{R}^{n \times n}$. Lemma C.4. *If it holds that*

- *Suppose* $c(x) \in \mathbb{R}^{n \times d}$ *is given*
- *Suppose* $h(y) \in \mathbb{R}^{n \times d}$ *is given*

Then, we can compute $q(x)$ *in the time of* $O(\mathcal{T}_{\text{mat}}(n, n, d))$ *.*

Proof. Recall that $q(x) = c(x)h(y)^{\perp}$. Thus it takes time of $\mathcal{T}_{\text{mat}}(n, d, n) = O(\mathcal{T}_{\text{mat}}(n, n, d)).$

C.4 Computation for $p(x)$

Let us firstly define p , and then we can show how to construct it. **Definition C.5.** For every index $j_0 \in [n]$, we define $p(x)_{j_0} \in \mathbb{R}^n$ as

$$
p(x)_{j_0} := (\text{diag}(f(x)_{j_0}) - f(x)_{j_0} f(x)_{j_0}^{\top}) q(x)_{j_0}.
$$

We define $p(x) \in \mathbb{R}^{n \times n}$ *in the sense that* $p(x)_{j_0}^T$ *is the* j_0 -*th row of* $p(x)$ *.* Lemma C.6. *If the below requirements are holding that*

- *Suppose* $f(x) \in \mathbb{R}^{n \times n}$ *is given*
- *Suppose* $q(x) \in \mathbb{R}^{n \times n}$ *is given*

Then, we can compute $p(x)$ *in* $O(n^2)$ *time.*

Proof. Since $diag(f(x)_{j0})$ is a diagonal matrix and $f(x)_{j0} f(x)_{j0}^{\perp}$ is a rank-one matrix, we know that $p(x)_{j_0} \in \mathbb{R}^n$ can be computed in $O(n)$, for each $j_0 \in [n]$. Thus we can construct matrix $p(x) \in \mathbb{R}^{n \times n}$ in $n \times O(n) = O(n^2)$ time in total.

C.5 Analyze the closed form of gradient

Lemma C.7. *Define the functions* $f(x) \in \mathbb{R}^{n \times n}$, $c(x) \in \mathbb{R}^{n \times d}$, $h(y) \in \mathbb{R}^{n \times d}$, $q(x) \in \mathbb{R}^{n \times n}$ and $p(x)$ ∈ $\mathbb{R}^{n \times n}$ *as in Definitions* [3.4,](#page-5-5) [3.6,](#page-5-8) [3.5,](#page-5-6) [C.3](#page-20-3) *and* [C.5](#page-20-4) *respectively.* $A_1, A_2 \in \mathbb{R}^{n \times d}$ *are two given matrices. We define* $A = A_1 \otimes A_2$ *. Let* $L(x)$ *be defined as Definition [1.2.](#page-2-0) Let* $L(x)_{j_0,i_0}$ *be defined as Definition* [3.7.](#page-5-7) Then, we can show that $\frac{dL(x)}{dx} = \text{vec}(A_1^\top p(x)A_2)$.

Proof. From the Lemma statement, we have

$$
\frac{\mathrm{d}L(x,y)_{j_0,i_0}}{\mathrm{d}x_i} = c(x,y)_{j_0,i_0} \cdot (\langle f(x)_{j_0} \circ \mathsf{A}_{j_0,i}, h(y)_{i_0} \rangle - \langle f(x)_{j_0}, h(y)_{i_0} \rangle \cdot \langle f(x)_{j_0}, \mathsf{A}_{j_0,i} \rangle) \tag{3}
$$

Note that by Fact [A.1,](#page-15-4) it holds that

$$
\langle f(x)_{j_0} \circ A_{j_0,i}, h(y)_{i_0} \rangle = A_{j_0,i}^{\top} \operatorname{diag}(f(x)_{j_0}) h(y)_{i_0}
$$

and

$$
\langle f(x)_{j_0}, v \rangle \cdot \langle f(x)_{j_0}, A_{j_0, i} \rangle = A_{j_0, i}^{\top} f(x)_{j_0} f(x)_{j_0}^{\top} h(y)_{i_0}
$$

Therefore, Eq. [\(3\)](#page-20-5) becomes

$$
\frac{dL(x)_{j_0,i_0}}{dx_i} = c(x,y)_{j_0,i_0} \cdot (\mathsf{A}_{j_0,i}^\top \text{diag}(f(x)_{j_0}) h(y)_{i_0} - \mathsf{A}_{j_0,i}^\top f(x)_{j_0} f(x)_{j_0}^\top h(y)_{i_0})
$$
\n
$$
= c(x,y)_{j_0,i_0} \cdot \mathsf{A}_{j_0,i}^\top (\text{diag}(f(x)_{j_0}) - f(x)_{j_0} f(x)_{j_0}^\top) h(y)_{i_0},\tag{4}
$$

where the 2nd step follows from simple algebra.

Recall the way we define $q(x)_{j_0}$ (see Definition [C.3\)](#page-20-3).

$$
q(x)_{j_0} := \sum_{i_0=1}^d c(x)_{j_0, i_0} h(y)_{i_0}.
$$
 (5)

Recall that $p(x)_{j_0} \in \mathbb{R}^n$ is define as Definition [C.5,](#page-20-4)

$$
p(x)_{j_0} := (\text{diag}(f(x)_{j_0}) - f(x)_{j_0} f(x)_{j_0}^{\perp}) q(x)_{j_0}.
$$
\n(6)

It holds that

$$
\frac{dL(x)}{dx}
$$
\n
$$
= \sum_{j_0=1}^n \sum_{i_0=1}^d \frac{dL(x)_{j_0,i_0}}{dx}
$$
\n
$$
= \sum_{j_0=1}^n \sum_{i_0=1}^d \underbrace{c(x)_{j_0,i_0}}_{\text{scalar}} \cdot \underbrace{A}_{d^2 \times n}^{\top} \underbrace{(\text{diag}(f(x)_{j_0}) - f(x)_{j_0} f(x)_{j_0}^{\top})}_{n \times n} \underbrace{h(y)_{i_0}}_{n \times 1}
$$
\n
$$
= \sum_{j_0=1}^n A_{j_0}^{\top} (\text{diag}(f(x)_{j_0}) - f(x)_{j_0} f(x)_{j_0}^{\top}) q(x)_{j_0}
$$
\n
$$
= \sum_{j_0=1}^n A_{j_0}^{\top} p(x)_{j_0}
$$
\n
$$
= \text{vec}(A_1^{\top} p(x) A_2)
$$

where the 1st step is because of Definition [1.2,](#page-2-0) the 2nd step is based on Eq. [\(4\)](#page-21-2), the 3rd step is followed by Eq. [\(5\)](#page-21-3), the 4th step is due to Eq. [\(6\)](#page-21-4), and the last step uses tensor-trick.

C.6 Putting it together

Lemma C.8 (Attention gradient computation, formal version of Lemma [4.1\)](#page-7-1). *If it holds that*

- Define $A_1, A_2, A_3, E \in \mathbb{R}^{n \times d}$. Define $X, Y \in \mathbb{R}^{d \times d}$ to be several input fixed matrices.
- Let $X, Y \in \mathbb{R}^{d \times d}$ denote matrix variables (we will compute gradient with respect to X)
	- *For easy of writing, we also use vector variables* $x \in \mathbb{R}^{d^2 \times 1}$ *and* $y \in \mathbb{R}^{d^2 \times 1}$ *, i.e.,* $\operatorname{vec}(X) = x$.

• Let
$$
g = \frac{dL(X)}{dx} \in \mathbb{R}^{d^2}
$$
 (where $L(X)$ is defined as Definition 1.2)

Then we can show that gradient $g \in \mathbb{R}^{d^2}$ *can be computed in* $\mathcal{T}_{\text{mat}}(n, d, n) + \mathcal{T}_{\text{mat}}(n, d, d)$ *time.*

Proof. Step 1. we compute $f(x)$, $h(y)$. This takes $O(\mathcal{T}_{\text{mat}}(n, n, d) + \mathcal{T}_{\text{mat}}(n, d, d))$ time due to Lemma [C.1.](#page-19-3)

Step 2. we compute $c(x)$. This takes time of $O(\mathcal{T}_{\text{mat}}(n, n, d) + \mathcal{T}_{\text{mat}}(n, d, d))$ due to Lemma [C.2.](#page-19-4) Step 3. we compute $q(x)$. This take time of $O(\mathcal{T}_{\text{mat}}(n, n, d))$ due to Lemma [C.4.](#page-20-6)

Step 4. we compute $p(x)$. This take time of $O(n^2)$ due to Lemma [C.6.](#page-20-7)

Step 5. using Lemma [C.7,](#page-20-8) we know that gradient is equivalent to $\text{vec}(A_1^{\dagger} p(x)A_2)$. Suppose $A_1^{\dagger} \in$ $\mathbb{R}^{d \times n}$, $p(x) \in \mathbb{R}^{n \times n}$, $A_2 \in \mathbb{R}^{n \times d}$ are given, then it can be calculated in time of $O(\mathcal{T}_{\text{mat}}(n, n, d))$ + $\mathcal{T}_{\mathrm{mat}}(n, d, d)$.

Thus, overall running for computing gradient is

$$
O(\mathcal{T}_{\mathrm{mat}}(n,d,d)+\mathcal{T}_{\mathrm{mat}}(n,d,n))
$$

time.

D Fast Running Time via Polynomial Method

Recall that in the previous section, for convenience of computing the derivative, we ignored the d factor in f. That factor d doesn't impact the running time of our algorithms since it is just a rescaling factor. To apply the tools from previous work [\[AS23\]](#page-9-0), we will now reconsider the $1/d$ factor in f. In Section [D.1,](#page-22-1) we will show how to efficiently and explicitly construct a low rank representation for f . In Section [D.2,](#page-22-2) we show how to create a low rank construction for $c(x)$. In Section [D.3,](#page-22-3) Section [D.4](#page-23-0) and Section [D.5,](#page-23-1) we further give low rank presentations for $q(x)$, $p_1(x)$, $p_2(x)$. In Section [D.6,](#page-24-1) we prove our final algorithmic result by putting everything together.

D.1 Low rank representation to f

Using [\[AS23\]](#page-9-0)'s polynomial method result, we are able to obtain the following low-rank representation result,

Lemma D.1 (Section 3 of [\[AS23\]](#page-9-0)). *For any* $B = o(\sqrt{\log n})$ *, there exists a* $k_1 = n^{o(1)}$ *such that:* Let $A_1, A_2 \in \mathbb{R}^{n \times d}$ *be two matrices and* $X \in \mathbb{R}^{d \times d}$ *be a square matrix. It holds that* $||A_1^{\top}X||_{\infty} \le$ $B, \|A_2\|_{\infty} \leq B$, then there are two matrices $U_1, V_1 \in \mathbb{R}^{n \times k_1}$ such that $||U_1V_1^{\top} - f(x)||_{\infty} \leq$ ϵ / $\text{poly}(n)$ *. Here* $f(x) = D^{-1} \exp(A_1 X A_2^\top / d)$ and we define $D = \text{diag}(\exp(A_1 X A_2^\top / d) \mathbf{1}_n)$ *.* Moreover, these matrices U_1, V_1 can be explicitly constructed in $n^{1+o(1)}$ time.

D.2 Low rank representation to c

Lemma D.2. Let $d = O(\log n)$. Assume that each number in the $n \times d$ matrices E and $h(y)$ can be *written using* $O(\log n)$ *bits. Let* $n \times d$ *matrix* $c(x)$ *be defined as Definition* [3.6.](#page-5-8) *Then, there are two matrices* $U_1, V_1 \in \mathbb{R}^{n \times k_1}$ *we have* $||U_1 V_1^\top h(y) - E - c(x)||_{\infty} \le \epsilon/\text{poly}(n)$ *.*

Proof. We can show that

$$
||U_1V_1^{\top}h(y) - E - c(x)||_{\infty} = ||U_1V_1^{\top}h(y) - E - f(x)h(y) + E||_{\infty}
$$

= $||(U_1V_1^{\top} - f(x))h(y)||_{\infty}$
 $\leq \epsilon / \text{poly}(n)$

where the first step follows from $c(x) = f(x)h(y) - E$.

 \Box

 \Box

D.3 Low rank representation to q

Lemma D.3. *Let* $k_2 = n^{o(1)}$ *. Define* $c(x) \in \mathbb{R}^{n \times d}$ *to be as in Definition* [3.6.](#page-5-8) *Define* $h(y) \in \mathbb{R}^{n \times d}$ *to be as in Definition [3.5.](#page-5-6)* Assume that $q(x) := h(y)c(x)^\top \in \mathbb{R}^{n \times n}$. There are two matrices $U_2, V_2 \in \mathbb{R}^{n \times k_2}$ such that $||U_2V_2^\top - q(x)||_{\infty} \le \epsilon/\text{poly}(n)$. The matrices U_2, V_2 can be explicitly $\emph{constructed in } n^{1+o(1)}$ time.

Proof. We define $\tilde{q}(x)$ to be the approximation of $q(x)$. From Lemma [D.2,](#page-22-4) we know that $U_1V_1^{\dagger}h(y) - E$ is a good approximation to $c(x)$. Then we should pick in this way $\tilde{q}(x) = h(y)(U_1 V_1^{\top} h(y) - E)^{\top}$.

Now, let us turn $\tilde{q}(x)$ into some low-rank representation

$$
\widetilde{q}(x) = \underbrace{h(y)}_{n \times d} \underbrace{h(y)}_{d \times n} \underbrace{V_1}_{n \times k_1} \underbrace{U_1^{\top}}_{k_1 \times n} - \underbrace{h(y)}_{n \times d} \underbrace{E^{\top}}_{d \times n}
$$

It is obvious that we should can first compute $h(y)^\top V_1$ which only takes $n^{1+o(1)}$ time. Then since all the low rank matrices are known, then we can explicitly construct $U_2, V_2 \in \mathbb{R}^{n \times k_2}$ where $k_2 = \max\{d, k\} + d = n^{o(1)}.$

For controlling the error, we can show

$$
\|\tilde{q}(x) - q(x)\|_{\infty} = \|h(y)(U_1 V_1^{\top} h(y)) - E^{\top} - h(y)c(x)^{\top}\|_{\infty}
$$

\n
$$
\leq d \cdot \|h(y)\|_{\infty} \cdot \|U_1 V_1^{\top} h(y)) - E - c(x)\|_{\infty}
$$

\n
$$
\leq \epsilon / \text{poly}(n)
$$

Thus, we complete the proof.

D.4 Low rank representation to $p_1(x)$

Lemma D.4. *Let* $k_1 = n^{o(1)}$ *. Let* $k_2 = n^{o(1)}$ *. Assume that* $p_1(x) := f(x) \circ q(x)$ *. Assume* $U_1, V_1 \in \mathbb{R}^{n \times k_1}$ approximates the $f(x)$ such that $||U_1V_1^{\top} - f(x)||_{\infty} \leq \epsilon/\text{poly}(n)$. Assume $U_2, V_2 \in \mathbb{R}^{n \times k_2}$ approximates the $q(x) \in \mathbb{R}^{n \times n}$ such that $||U_2V_2^\top - q(x)||_{\infty} \le \epsilon/\text{poly}(n)$. Then there are matrices $U_3, V_3 \in \mathbb{R}^{n \times k_3}$ such that $||U_3V_3^\top - p_1(x)||_{\infty} \leq \epsilon/\text{poly}(n)$. The matrices U_3, V_3 *can be explicitly constructed in* $n^{1+o(1)}$ *time.*

Proof. We choose $U_3 = U_1 \oslash U_2$ and $V_3 = V_1 \oslash V_2$. This can be computed in $n^{1+o(1)}$ time.

For easy of writing proofs, we call $f(x) = U_1 V_1^{\perp}$ and $\tilde{q}(x) = U_2 V_2^{\perp}$.

Using Fact [A.2,](#page-15-5) we know that

$$
||U_3V_3^{\top} - p_1(x)||_{\infty} \le ||U_3V_3^{\top} - f(x) \circ q(x)||_{\infty}
$$

\n
$$
= ||(U_1 \oslash U_2)(V_1 \oslash V_2)^{\top} - f(x) \circ q(x)||_{\infty}
$$

\n
$$
= ||(U_1V_1^{\top}) \circ (U_2V_2^{\top}) - f(x) \circ q(x)||_{\infty}
$$

\n
$$
= ||\widetilde{f}(x) \circ \widetilde{q}(x) - f(x) \circ q(x)||_{\infty}
$$

\n
$$
= ||\widetilde{f}(x) \circ \widetilde{q}(x) - \widetilde{f}(x) \circ q(x) + \widetilde{f}(x) \circ q(x) - f(x) \circ q(x)||_{\infty}
$$

\n
$$
\le ||\widetilde{f}(x) \circ \widetilde{q}(x) - \widetilde{f}(x) \circ q(x)||_{\infty} + ||\widetilde{f}(x) \circ q(x) - f(x) \circ q(x)||_{\infty}
$$

\n
$$
\le \epsilon / \text{poly}(n)
$$

where the 1st step follows from the way we define $p_1(x)$, the 2nd step follows from the way we define U_3 and V_3 , the 3rd step follows from Fact [A.2,](#page-15-5) the 4th step follows from the way we define $f(x)$ and $\tilde{q}(x)$, the 5th step follows from simple algebra, the 6th step follows by triangle inequality, and the last step follows by that entries are bounded and $||\hat{f}(x) - f(x)||_{\infty} \leq \epsilon / \text{poly}(n)$ (Lemma assumption) and $\|\tilde{q}(x) - q(x)\|_{\infty} \leq \epsilon/\text{poly}(n)$ (Lemma assumption)

 \Box

D.5 Low rank representation $p_2(x)$

Lemma D.5. Let $k_1 = n^{o(1)}$. Let $k_2 = n^{o(1)}$. Let $k_4 = n^{o(1)}$. Assume that $p_2(x)$ is an $n \times n$ where j_0 -th column $p_2(x)_{j_0} = f(x)_{j_0} f(x)_{j_0}^\top q(x)_{j_0}$ for each $j_0 \in [n]$. Assume $U_1, V_1 \in \mathbb{R}^{n \times k_1}$ *approximates the* $f(x)$ *such that* $||U_1V_1^{\top} - f(x)||_{\infty} \le \epsilon/\text{poly}(n)$ *. Assume* $U_2, V_2 \in \mathbb{R}^{n \times k_2}$ *approximates the* $q(x) \in \mathbb{R}^{n \times n}$ *such that* $||U_2V_2^\top - q(x)||_{\infty} \le \epsilon/\text{poly}(n)$ *. Then there are matrices* $\overline{U_4}, V_4 \in \mathbb{R}^{n \times k_4}$ such that $||U_4V_4^{\top} - p_2(x)||_{\infty} \leq \epsilon/\text{poly}(n)$. The matrices U_4, V_4 can be explicitly $\emph{constructed in } n^{1+o(1)}$ time.

 \Box

Proof. We define a local vector function $r(x) \in \mathbb{R}^n$ where $r(x)_{j_0}$ is $f(x)_{j_0} q(x)_{j_0}$. Let $\tilde{r}(x)$ denote the approximation of $r(x)$ the approximation of $r(x)$.

Note that $(U_1V_1)_{j_0,*}^{\dagger}$ is a good approximation to $f(x)_{j_0}$.

Note that $(U_2V_2)_{j_0,*}^{\perp}$ is a good approximation to $q(x)_{j_0}$.

Let $\widetilde{r}(x)_{j_0} := \langle f(x)_{j_0}, \widetilde{q}(x)_{j_0} \rangle = (U_1 V_1)_{j_0,*} \cdot (U_2 V_2)_{j_0,*}^{\perp}$.

For the computation side, we firstly compute $V_1 V_2^T$. This takes $n^{1+o(1)}$ time. Next, we we have

$$
\widetilde{r}(x)_{j_0} = (U_1 V_1)_{j_0,*} \cdot (U_2 V_2)_{j_0,*}^{\perp}
$$

$$
= \underbrace{(U_1)_{j_0,*}}_{1 \times k_1} \underbrace{V_1 V_2^{\top}}_{k_1 \times k_2} \underbrace{(U_2)_{j_0,*}}_{k_2 \times 1}
$$

Once the $V_1V_2^{\dagger}$ are pre-computed, the above step only takes $O(k_1k_2)$ time. Since there *n* coordinates, so the overall time is still $O(nk_1k_2) = n^{1+o(1)}$.

Let $f(x) = U_1 V_1^{\perp}$ denote the approximation of $f(x)$. Then we just use $f(x)$ and $\tilde{r}(x)$ to approximate $p_2(x)$ in the following sense, let $\tilde{p}_2(x) = f(x) \text{diag}(\tilde{r}(x))$. Since $f(x)$ has low rank representation, and diag($\tilde{r}(x)$) is a diagonal matrix, then it is obvious how to construct U_1 and V_2 . Basically $U_3 = U_3$ and $diag(\tilde{r}(x))$ is a diagonal matrix, then it is obvious how to construct U_4 and V_4 . Basically $U_4 = U_1$ and $V_4 = \text{diag}(\tilde{r}(x))V_1$.

Now, we need to control the error, we have

$$
||U_4V_4^{\perp} - p_2(x)||_{\infty} = ||\widetilde{p}_2(x) - p_2(x)||_{\infty}
$$

\n
$$
= \max_{j_0 \in [n]} ||\widetilde{f}(x)_{j_0}\widetilde{r}(x)_{j_0} - f(x)_{j_0}r(x)_{j_0}||_{\infty}
$$

\n
$$
= \max_{j_0 \in [n]} ||\widetilde{f}(x)_{j_0}\widetilde{r}(x)_{j_0} - \widetilde{f}(x)_{j_0}r(x)_{j_0} + \widetilde{f}(x)_{j_0}r(x)_{j_0} - f(x)_{j_0}r(x)_{j_0}||_{\infty}
$$

\n
$$
\leq \max_{j_0 \in [n]} ||\widetilde{f}(x)_{j_0}\widetilde{r}(x)_{j_0} - \widetilde{f}(x)_{j_0}r(x)_{j_0}||_{\infty} + ||\widetilde{f}(x)_{j_0}r(x)_{j_0} - f(x)_{j_0}r(x)_{j_0}||_{\infty}
$$

where the 2nd step follows follows from definition of $p_2(x)$ and $\tilde{p}_2(x)$.

For the first term, we have

$$
\max_{j_0 \in [n]} \|\widetilde{f}(x)_{j_0}\widetilde{r}(x)_{j_0} - \widetilde{f}(x)_{j_0}r(x)_{j_0}\|_{\infty} \le \max_{j_0 \in [n]} \|\widetilde{f}(x)_{j_0}\|_{\infty} \cdot |\widetilde{r}(x)_{j_0} - r(x)_{j_0}|
$$

$$
\le \epsilon / \text{poly}(n)
$$

For the second term, we have

$$
\max_{j_0 \in [n]} \|\widetilde{f}(x)_{j_0} r(x)_{j_0} - f(x)_{j_0} r(x)_{j_0}\|_{\infty} \le \max_{j_0 \in [n]} \|\widetilde{f}(x)_{j_0} - f(x)_{j_0}\|_{\infty} \cdot |r(x)_{j_0}|
$$

$$
\le \epsilon / \text{poly}(n)
$$

Using the three equations we obtained above, the proof is completed.

 \Box

D.6 Fast Computation in Almost Linear Time

Theorem D.6 (Main result, formal version of Theorem [1.6\)](#page-3-0). *Assuming the entries of* A_1, A_2, X, A_3, Y, E are represented using $O(\log n)$ bits, there is a $n^{1+o(1)}$ time algorithm to solve AAttLGC($n, d = O(\log n), B = o(\sqrt{\log n})$) (see Definition *[1.4\)](#page-2-1)* up to $1/\text{poly}(n)$ *accuracy. In* p articular, our algorithm outputs a gradient vector $\widetilde{g} \in \mathbb{R}^{d^2}$ such that $\|\frac{\mathrm{d}L}{\mathrm{d}x} - \widetilde{g}\|_{\infty} \leq 1/\mathrm{poly}(n)$.

Proof. Recall definition of $n \times n$ matrices $p(x)$ (Definition [C.5\)](#page-20-4), $p_1(x)$ (see Lemma [D.5\)](#page-23-2) and $p_2(x)$ (Lemma [D.4\)](#page-23-3), it is straightforward that

$$
p(x) = p_1(x) - p_2(x).
$$

Using Lemma [D.1,](#page-22-5) Lemma [D.2,](#page-22-4) Lemma [D.3,](#page-22-6) we know that assumptions in Lemma [D.4](#page-23-3) and Lemma [D.5](#page-23-2) are holding, so that we can use Lemma [D.4](#page-23-3) and Lemma [D.5](#page-23-2) to obtain that

- $p_1(x)$ has approximate low rank representation U_3, V_3 , let $\widetilde{p}_1(x)$ denote $U_3V_3^{\perp}$
- $p_2(x)$ has approximate low rank representation U_4 , V_4 , let $\widetilde{p}_2(x)$ denote $U_4V_4^{\perp}$

All of the Lemmas [D.1,](#page-22-5) [D.2,](#page-22-4) [D.3,](#page-22-6) [D.4](#page-23-3) and [D.5](#page-23-2) are taking $n^{1+o(1)}$ time. According to the proof for the Lemma [C.7,](#page-20-8) we have that

$$
\frac{L(X)}{\mathrm{d}x} = \text{vec}(A_1^\top p(x) A_2)
$$

Thus, we firstly compute $A_1^{\perp} U_3 V_3^{\perp} A_2$,

- We compute $A_1^\top U_3 \in \mathbb{R}^{d \times k_3}$, this takes $n^{1+o(1)}$ time
- We compute $V_3^{\top} A_2 \in \mathbb{R}^{k_3 \times d}$, this takes $n^{1+o(1)}$ time
- Compute $(A_1^\top U_3) \cdot (V_3^\top A_2)$, this takes $d^2 n^{o(1)}$ time

Second, we can compute $A_1^{\dagger} U_4 V_4^{\dagger} A_2$,

- We compute $A_1^\top U_4 \in \mathbb{R}^{d \times k_4}$, this takes $n^{1+o(1)}$ time
- We compute $V_4^{\top} A_2 \in \mathbb{R}^{k_4 \times d}$, this takes $n^{1+o(1)}$ time
- Compute $(A_1^\top U_4) \cdot (V_4^\top A_2)$, this takes $d^2 n^{o(1)}$ time

So, overall running time is still $n^{1+o(1)}$.

We have

$$
\|\frac{dL(X)}{dx} - \tilde{g}\|_{\infty} = \|\text{vec}(A_1^{\top}p(x)A_2) - \text{vec}(A_1^{\top}\tilde{p}(x)A_2)\|_{\infty} \n= \|A_1^{\top}p(x)A_2 - A_1^{\top}\tilde{p}(x)A_2\|_{\infty} \n= \|A_1^{\top}(p_1(x) - p_2(x))A_2 - A_1^{\top}(\tilde{p}_1(x) - \tilde{p}_2(x))A_2\|_{\infty} \n\le \|A_1^{\top}(p_1(x) - \tilde{p}_1(x))A_2\|_{\infty} + \|A_1^{\top}(p_2(x) - \tilde{p}_2(x))A_2\|_{\infty} \n\le \|A_1\|_{\infty} \|A_2\|_{\infty} \cdot n^2 \cdot (\|p_1(x) - \tilde{p}_1(x)\|_{\infty} + \|p_2(x) - \tilde{p}_2(x)\|_{\infty}) \n\le \epsilon / \text{poly}(n)
$$

where the 4th step follows from triangle inequality, the last step follows from entries in A_1, A_2 are bounded, and $||p_1(x) - \widetilde{p}_1(x)||_{\infty} \leq \epsilon / \text{poly}(n)$, $||p_2(x) - \widetilde{p}_2(x)||_{\infty} \leq \epsilon / \text{poly}(n)$.

Picking $\epsilon = 1/\text{poly}(n)$, we have the proof completed.

 \Box

E General Lower Bound

We will critically make use of the known hardness result for attention computation itself, which we state now.

Definition E.1 (Attention Computation). *Given as input matrices* $Q, K, V \in \mathbb{R}^{n \times d}$ *and a parameter* $\varepsilon > 0$, compute a matrix $T \in \mathbb{R}^{n \times d}$ satisfying

$$
||T - D^{-1}AV||_{\infty} \le \varepsilon,
$$

where $A = \exp(QK^\top)$ *and* $D = \text{diag}(A\mathbf{1}_n)$ *.*

Lemma E.2 (Lemma 4.7 in [\[AS23\]](#page-9-0)). *Assuming* SETH*, there is no algorithm running in time* O(n 2−δ) *for any constant* δ > 0 *that solves Attention Computation (Definition [E.1\)](#page-25-1), even when the inputs satisfy the following constraints, for any parameter* $\kappa \geq 0$ *:*

• $d = O(\log n)$,

- $V \in \{0, 1\}^{n \times d}$,
- *There is a value* $B \le O(\log^2 n \cdot (1 + \kappa))$ *such that every entry of QK*[⊤] *is in the interval* [0, B] *and at least half the entries in each row of* QK[⊤] *are equal to* B*,*
- *moreover* $||Q||_{\infty}$, $||K||_{\infty} \leq O(\sqrt{\log n(1+\kappa)})$, and
- $\varepsilon < n^{\kappa O(1)}$.

Next, we show that the attention optimization problem behaves particularly well when given matrices constrained as in Lemma [E.2:](#page-25-2)

Lemma E.3. Let A be a fixed $n \times n$ *matrix whose entries are real numbers in the interval* [0, B], *and such that in each row of A, at least half the entries are equal to B. Let* V *be any* $n \times d$ *matrix whose entries are all in* $\{0,1\}$ *. For* $\lambda \in \mathbb{R}$ *, define the* $n \times n$ *matrix* $M_{\lambda} := \exp(\lambda A)$ *, where* $\exp is$ *applied entry-wise. Define the function* $f : \mathbb{R} \to \mathbb{R}$ by

$$
f(\lambda) := \|\mathrm{diag}(M_{\lambda} \mathbf{1}_n)^{-1} M_{\lambda} V\|_F^2,
$$

Then, for all $\lambda \in \mathbb{R}$ *we have*

- \bullet $|f'(\lambda)| \leq O(Bn)$,
- $|f''(\lambda)| \le O(B^2 n)$.

Proof. Let C denote the $n \times n$ matrix $C = \text{diag}(M_{\lambda} \mathbf{1}_n)^{-1} M_{\lambda}$. For $i, j \in [n]$, we calculate that $M_{\lambda}[i,j] = e^{\lambda A[i,j]}$ and so

$$
C[i,j] = \frac{e^{\lambda A[i,j]}}{\sum_{k=1}^{n} e^{\lambda A[i,k]}}.
$$

For $\ell \in [d]$, let $S_{\ell} \subseteq [n]$ be the set of 1s in column ℓ of V, i.e., $S_{\ell} = \{j \in [n] \mid V[j, \ell] = 1\}$. Hence, for $i \in [n]$ and $\ell \in [d]$, the entry (i, ℓ) of the matrix $diag(M_\lambda \mathbf{1}_n)^{-1} \tilde{M}_\lambda V$ is given by

$$
\begin{aligned}\n\text{diag}(M_{\lambda}\mathbf{1}_{n})^{-1}M_{\lambda}V[i,\ell] &= CV[i,\ell] \\
&= \sum_{j=1}^{n}C[i,j]V[j,\ell] \\
&= \sum_{j\in S_{\ell}}C[i,j] \\
&= \frac{\sum_{j\in S_{\ell}}e^{\lambda A[i,j]}}{\sum_{k=1}^{n}e^{\lambda A[i,k]}}.\n\end{aligned}
$$

where the first step follows from definition, the second step follows from simple algebra. We thus get an explicit expression for $f(\lambda)$:

$$
f(\lambda) = \sum_{i=1}^{n} \frac{\sum_{\ell=1}^{d} \left(\sum_{j \in S_{\ell}} e^{\lambda A[i,j]} \right)^{2}}{\left(\sum_{k=1}^{n} e^{\lambda A[i,k]} \right)^{2}}
$$

=
$$
\sum_{i=1}^{n} \frac{\sum_{\ell=1}^{d} \sum_{j_{1} \in S_{\ell}}^{n} \sum_{j_{2} \in S_{\ell}}^{n} e^{\lambda (A[i,j_{1}] + A[i,j_{2}])}}{\sum_{k_{1}=1}^{n} \sum_{k_{2}=1}^{n} e^{\lambda (A[i,k_{1}] + A[i,k_{2}])}}.
$$

We define

$$
a(\lambda, i) := \sum_{\ell=1}^d \sum_{j_1 \in S_\ell} \sum_{j_2 \in S_\ell} \sum_{j_3 \in S_\ell} e^{\lambda(A[i,j_1] + A[i,j_2])}
$$

and then we define

$$
b(\lambda, i) := \sum_{k_1=1}^n \sum_{k_2=1}^n e^{\lambda(A[i, k_1] + A[i, k_2])}
$$

Combining the above three equations, we can obtain

$$
f(\lambda) = \sum_{i=1}^{n} a(\lambda, i) / b(\lambda, i).
$$

Since, for each row of A, at least half the entries equal B, and all the entries are in the interval $[1, B]$, we can bound

$$
\left(\frac{n}{2}\right)^2 \cdot e^{2B\lambda} \le b(\lambda, i) \le (n)^2 \cdot e^{2B\lambda}.\tag{7}
$$

Furthermore, since the derivative of $e^{\lambda(A[i,k_1]+A[i,k_2])}$ with respect to λ is $(A[i,k_1]+A[i,k_2]) \cdot$ $e^{\lambda(A[i,k_1]+A[i,k_2])}$, we can bound

$$
2 \cdot b(\lambda, i) \le \frac{\mathrm{d}b(\lambda, i)}{\mathrm{d}\lambda} \le 2B \cdot b(\lambda, i). \tag{8}
$$

We may similarly bound

$$
0 \le a(\lambda, i) \le n^2 \cdot e^{2B\lambda},\tag{9}
$$

and

$$
2 \cdot a(\lambda, i) \le \frac{da(\lambda, i)}{d\lambda} \le 2B \cdot a(\lambda, i). \tag{10}
$$

We can thus bound the derivative of f (where here, all the \prime notation means derivative with respect to λ):

$$
f'(\lambda) = \sum_{i=1}^{n} \frac{a'(\lambda, i) \cdot b(\lambda, i) - a(\lambda, i) \cdot b'(\lambda, i)}{(b(\lambda, i))^2}
$$

\n
$$
\leq \sum_{i=1}^{n} \frac{a'(\lambda, i) \cdot b(\lambda, i)}{(b(\lambda, i))^2}
$$

\n
$$
= \sum_{i=1}^{n} \frac{a'(\lambda, i)}{b(\lambda, i)}
$$

\n
$$
\leq \sum_{i=1}^{n} \frac{2B \cdot n^2 e^{2B\lambda}}{(n/2)^2 \cdot e^{2B\lambda}}
$$

\n
$$
= \sum_{i=1}^{n} 8B
$$

\n
$$
= 8B \cdot n.
$$

where the 1st step follows from definition, the 2nd step follows from simple algebra, the 3rd step follows from cancelling $b(\lambda, i)$, the 4th step is using Eq. [\(7\)](#page-27-0) (for $b(\lambda, i)$) and Eq. [\(10\)](#page-27-1) (for $a'(\lambda, i)$), the 5th step follows from simple algebra, and the last step follows from simple algebra.

Similarly, we can provide a lower bound $f'(\lambda)$,

$$
f'(\lambda) = \sum_{i=1}^{n} \frac{a'(\lambda, i) \cdot b(\lambda, i) - a(\lambda, i) \cdot b'(\lambda, i)}{(b(\lambda, i))^2}
$$

$$
\geq -\sum_{i=1}^{n} \frac{a(\lambda, i) \cdot b'(\lambda, i)}{(b(\lambda, i))^2}
$$

$$
\geq -\sum_{i=1}^{n} \frac{(n^2 \cdot e^{2B\lambda}) \cdot (2B \cdot b(\lambda, i))}{((n/2)^2 \cdot e^{2B\lambda}) \cdot (b(\lambda, i))}
$$

$$
= -\sum_{i=1}^{n} 8B
$$

$$
= -8B \cdot n.
$$

where the 1st step follows from definition, the 2nd step follows form simple algebra, the 3rd step follows Eq. [\(8\)](#page-27-2) (for $b'(\lambda, i)$) and Eq. [\(9\)](#page-27-3) (for $a(\lambda, i)$), the 4th step follows from simple algebra, and the last step follows from simple algbera.

Finally, letting $f(\lambda, i) := a(\lambda, i)/b(\lambda, i)$, we have again by the quotient rule that $f''(\lambda)$ is equal to

$$
\sum_{i=1}^n \frac{a''(\lambda,i)-b''(\lambda,i)\cdot f(\lambda,i)-2\cdot b'(\lambda,i)\cdot f'(\lambda,i)}{b(\lambda,i)}
$$

which we similarly bound in magnitude by $O(B^2n)$.

We recall a simple approximation from calculus:

Lemma E.4. Let $f : [0,1] \to \mathbb{R}$ be a twice-differentiable function such that $|f''(\lambda)| \leq b$ for all $\lambda \in [0, 1]$ *. For any positive integer m, define the sum*

$$
t_m := \sum_{i=0}^{m-1} \frac{f'(i/m)}{m}.
$$

Then,

$$
|t_m - (f(1) - f(0))| \le b/m.
$$

Proof. If two $\lambda_0, \lambda_1 \in [0, 1]$ have $|\lambda_0 - \lambda_1| \leq 1/m$, then from our bound on $f''(\lambda)$, we know that $|f'(\lambda_1) - f'(\lambda_0)| \le b/m$. We can thus bound the difference

$$
f(1) - f(0) = \int_0^1 f'(\lambda) d\lambda
$$

by

$$
f(1) - f(0) \le \sum_{i=0}^{m-1} \frac{f'(i/m) + (b/m)}{m} = t_m + b/m
$$

and

$$
f(1) - f(0) \ge \sum_{i=0}^{m-1} \frac{f'(i/m) - (b/m)}{m} = t_m - b/m.
$$

Thus, we complete the proof.

Finally, we are ready for our main result:

Theorem E.5 (Formal version of Theorem [1.5\)](#page-2-2). Let $\kappa : \mathcal{N} \to \mathcal{N}$ by any function with $\kappa(n) = \omega(1)$ and $\kappa(n) = o(\log n)$. Assuming SETH, there is no algorithm running in time $O(n^{2-\delta})$ for any *constant* δ > 0 *for Approximate Attention Loss Gradient Computation (Definition [1.4\)](#page-2-1), even in the case where* $d = O(\log n)$ *and the input matrices satisfy* $||A_1||_{\infty}$, $||A_2||_{\infty}$, $||A_3||_{\infty} \leq O(\sqrt{\log n})$ $\kappa(n)$)*,* $B = 0$, $Y = I$, $X = \lambda I$ for some scalar $\lambda \in [0, 1]$ *, and* $\varepsilon = O(1/(\log n)^4)$ *.*

Proof. Suppose there were such an algorithm. We call it $O((\log n)^4)$ times to refute Lemma [E.2](#page-25-2) (with parameter $\kappa = \kappa(n)$). Let Q, K, V be the input matrices to Lemma [E.2,](#page-25-2) and set $A_1 = Q, A_2 = K$, $A_3 = V, Y = I$, and $X = \lambda I$ for a parameter $\lambda \in [0, 1]$. Suppose the function $f : [0, 1] \to \mathbb{R}$ is in Lemma [E.3](#page-26-0) where A is the matrix $A_1 A_2^{\dagger}$, so that M_{λ} is the matrix $\exp(A_1 X A_2^{\dagger})$. It follows from Lemma [E.3](#page-26-0) that

$$
|f''(\lambda)| \le O(n \log^2 n \cdot (\kappa(n))^2).
$$

 \Box

 \Box

We can compute $f(0)$ in $\tilde{O}(n)$ time since then M_f is the all-1s matrix, and our goal is to output $f(1)$.

Thus, by Lemma [E.4,](#page-28-1) it suffices to compute $f'(\lambda)$ on $O(\log^2(n)(\kappa(n))^2) = O(\log^4 n)$ points up to $O(1/(\log n)^4)$ error, and return their average. But, since we have picked $X = \lambda I$, we can calculate $f'(\lambda)$ from the gradient $\frac{dL(X)}{dX}$ (from Definition [1.4\)](#page-2-1), which is approximated by our assumed algorithm.

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