

000 001 002 003 004 005 ADEPT: CONTINUAL PRETRAINING VIA ADAPTIVE 006 EXPANSION AND DYNAMIC DECOUPLED TUNING 007 008 009

010 **Anonymous authors**
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ABSTRACT

033 Conventional continual pretraining (CPT) for large language model (LLM) do-
034 main adaptation often suffers from catastrophic forgetting and limited domain ca-
035 pacity. Existing strategies adopt layer expansion, introducing additional trainable
036 parameters to accommodate new knowledge. However, the uniform expansion
037 and updates still entangle general and domain learning, undermining its effective-
038 ness. Our pilot studies reveal that LLMs exhibit functional specialization, where
039 layers and units differentially encode general-critical capabilities, suggesting that
040 parameter expansion and optimization should be function-aware. We then pro-
041 pose ADEPT, Adaptive Expansion and Dynamic Decoupled Tuning for continual
042 pretraining, a two-stage framework for domain-adaptive CPT. ADEPT first per-
043 forms *General-Competence Guided Selective Layer Expansion*, duplicating lay-
044 ers least critical for the general domain to increase representational capacity while
045 minimizing interference with general knowledge. It then applies *Adaptive Unit-
046 Wise Decoupled Tuning*, disentangling parameter units within expanded layers
047 according to their general-domain importance and assigning asymmetric learning
048 rates to balance knowledge injection and retention. Experiments on mathematical
049 and medical **domains** show that ADEPT outperforms full-parameter CPT by up
050 to 5.76% on the general **benchmarks** and 5.58% on the target domain **benchmarks**
051 with only 15% of parameters tuned and less than 50% training time. Ablation
052 studies, theoretical analysis, and extended investigations further demonstrate the
053 necessity of targeted expansion and decoupled optimization, providing new prin-
054 ciples for efficient and robust domain-adaptive CPT. Our code is open-sourced at
<https://anonymous.4open.science/r/ADEPT-F2E3>.

1 INTRODUCTION

035 Large language models (LLMs) have demonstrated remarkable performance across a wide range of
036 general-domain tasks (OpenAI, 2023; Dubey et al., 2024c). However, their deployment in special-
037 ized domains, such as mathematics or healthcare, requires targeted adaptation (Ding et al., 2024;
038 Chen et al., 2024; Ahn et al., 2024). Continual pretraining (CPT), which conducts post-pretraining
039 on domain-specific corpora, has emerged as a crucial paradigm for injecting domain knowledge and
040 capabilities into pretrained LLMs (Wu et al., 2024a; Ibrahim et al., 2024; Yıldız et al., 2024).

041 Despite its promise, CPT faces a persistent challenge: catastrophic forgetting. After pretraining,
042 LLMs already encode substantial general knowledge, leaving limited parameter capacity for inte-
043 grating new domain-specific information. While domain signals can be forcefully fitted through
044 gradient-based optimization, the aggressive updates on the existing parameters come at the cost of
045 overfitting to the target corpora, which in turn disrupts general abilities and triggers catastrophic
046 forgetting (Liu et al., 2024a; Luo et al., 2025). This tension between new knowledge injection and
047 previous knowledge retention poses a central obstacle to reliable and stable domain adaptation.

048 To address catastrophic forgetting, some approaches attempt through data-centric strategies, such as
049 data replay or rehearsal (Huang et al., 2024; Zhang et al., 2025). While replay partially preserves
050 prior knowledge, it fails to expand model capacity, leaving the conflict between knowledge injection
051 and retention unresolved. Others focus on increasing capacity via transformer-layer extension (Wu
052 et al., 2024b), yet typically insert new layers uniformly and update all parameters indiscriminately.
053 This expansion strategy neglects the functional specialization within LLMs, where different layers
054 and neurons serve distinct functional roles. Our pilot studies reveal that general-critical layers in

054 LLMs are mainly located in early depths, and functional units within layers contribute unequally
 055 to general-domain performance, highlighting functional specialization similar to that found in the
 056 human brain (Xu et al., 2025; Zheng et al., 2024; Dai et al., 2022c). Consequently, indiscriminate
 057 expansion and optimization may overwrite general-critical regions with new knowledge, compro-
 058 mising general competency preservation and leaving forgetting unresolved.

059 Inspired by the functional specialization perspective, we propose our core insight: **effective CPT**
 060 **should expand and update the model adaptively, preserving the regions responsible for the**
 061 **general domain and targeting more adaptable parameters.** Specifically, we argue that capacity
 062 allocation must be importance-guided, and optimization must be function-decoupled to minimize in-
 063 terference with general competencies. As illustrated in Figure 1, domain-specific extension should
 064 be allocated to the regions less constrained by general-domain knowledge and skills, and par-
 065 ameters within these regions should be decoupled and tuned accordingly, preserving general-critical
 066 parameters and allowing the rest to be more adaptable to absorb new domain-specific information.

067 Building on this insight, we propose **Adaptive Expansion** and **Dynamic Decoupled Tuning** for continual **pre-**
 068 **training** (ADEPT), a framework for domain-adaptive
 069 continual pretraining. ADEPT comprises two stages:
 070 *General-Competence Guided Selective Layer Expansion*, which identifies and duplicates layers least critical for
 071 the general domain, allocating additional capacity pre-
 072 cisely where interference with general capabilities is
 073 minimized, thereby preventing catastrophic forgetting. *Adap-
 074 tive Unit-Wise Decoupled Tuning*, which disentangles the
 075 parameters within the expanded layers based on their
 076 importance to the general domain. Asymmetric learn-
 077 ing rates are then applied on their subsets, ensuring
 078 that general-critical parameters are preserved while more
 079 adaptable parameters can fully absorb domain-specific
 080 knowledge. Extensive experiments on mathematical and
 081 medicine domains demonstrate that ADEPT enables effi-
 082 cient and robust domain knowledge injection, while sub-
 083 stantially alleviating catastrophic forgetting. Specifically,
 084 compared to full-parameter CPT, ADEPT achieves up to
 085 **5.58%** accuracy gain on target-domain benchmarks, and
 086 up to **5.76%** gain on the general domain, confirming both effective knowledge acquisition and strong
 087 retention of general competencies. Furthermore, ADEPT attains these improvements with only 15%
 088 of parameters tuned, and reduces training time relative to other baselines greatly, highlighting its
 089 efficiency. Ablation studies and theoretical analysis further validate the designs of ADEPT.

090 To summarize, our contributions are threefold:

- 092 **1. Insightfully**, we highlight the importance of considering functional specialization in LLMs for
 093 continual pretraining through empirical experiments and theoretical analysis, advocating for tar-
 094 geted layer expansion and decoupled training as a principled solution to domain adaptation.
- 095 **2. Technically**, we propose ADEPT, a framework that consists of General-Competence Guided
 096 Selective Layer Expansion and Adaptive Unit-Wise Decoupled Tuning, enabling adaptive and
 097 effective domain knowledge integration while minimizing catastrophic forgetting.
- 098 **3. Empirically**, we conduct extensive experiments on both mathematical and medical domains,
 099 demonstrating that ADEPT consistently outperforms baselines in domain performance while pre-
 100 serving general competencies.

102 2 PILOT STUDY: PROBING PARAMETER IMPORTANCE

103 2.1 EXPERIMENTAL SETUP FOR IMPORTANCE PROBING

104 To investigate the functional specialization of LLMs and understand how different parameters con-
 105 tribute to preserving general-domain knowledge during CPT, we conduct importance probing on

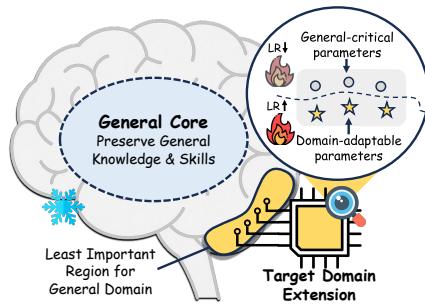


Figure 1: Illustration of the core idea of ADEPT. Target domain extension are applied on the least important region for general domain, minimizing catastrophic forgetting. Asymmetric learning rates are applied to parameter subsets for targeted knowledge injection.

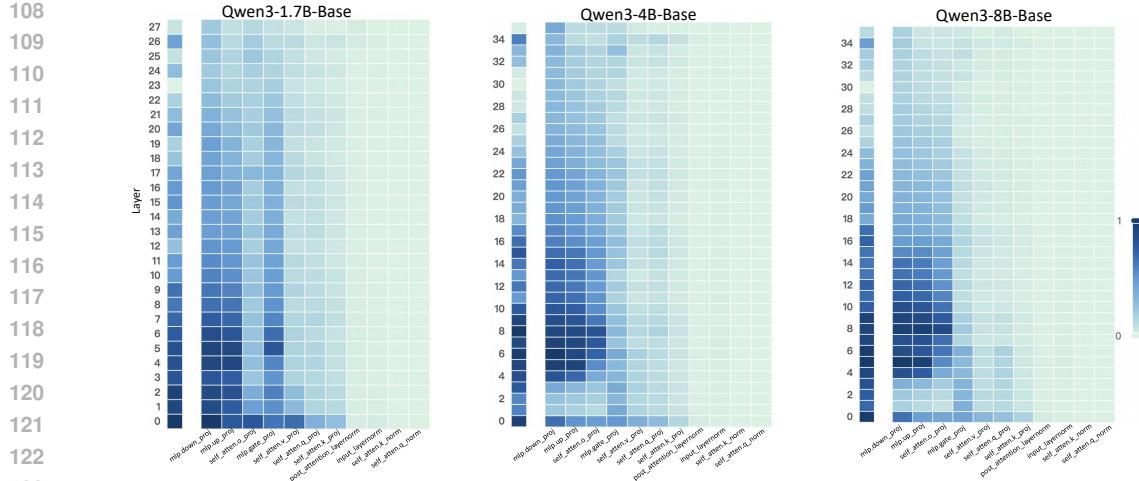


Figure 2: Layer- and unit-level importance distribution of the Qwen3 family. The vertical axis corresponds to different layers, while the horizontal axis denotes parameter units within each layer. Deeper blue indicates higher importance for preserving general-domain competencies.

multiple backbone models, including *Qwen3-Base* (1.7B, 4B, 8B) (Yang et al., 2025) and *LLaMA3-8B* (Dubey et al., 2024b). Our analyses focus on probing **general-knowledge-critical parameters rather than domain-specific ones**. The rationale is that successful CPT must inject new, domain-specific knowledge without inducing catastrophic forgetting. This necessitates identifying and preserving the model’s core parameters that are crucial for its general-domain competencies. By contrast, domain knowledge can then be effectively allocated to less critical parameters, without risking the erosion of pre-existing knowledge and skills. To support this analysis, we construct a *General Competence Detection Corpus* containing broad world knowledge and instruction-following tasks in both English and Chinese, which **serves** as the probing ground to reflect a model’s general competencies. Details of its construction are provided in Appendix B.3.

2.2 LAYER-LEVEL IMPORTANCE PROBING

Our first research question is: **How do different layers contribute to preserving general knowledge?** To answer this, we measure the importance of each transformer layer by the model’s degradation in general-domain performance when that layer is ablated. Formally, given the *General Competence Detection Corpus* $\mathcal{D}_{\text{probe}}$, we first compute the baseline next-token prediction loss of the pretrained LLM M_0 :

$$\mathcal{L}_{\text{base}} = \frac{1}{|\mathcal{D}_{\text{probe}}|} \sum_{x \in \mathcal{D}_{\text{probe}}} \ell(M_0(x), x), \quad (1)$$

where $\ell(\cdot)$ denotes the standard next-token prediction loss in CPT. For each transformer layer $l \in \{1, \dots, L\}$, we mask its output via a residual bypass and recompute the loss:

$$\hat{\mathcal{L}}^{(l)} = \frac{1}{|\mathcal{D}_{\text{probe}}|} \sum_{x \in \mathcal{D}_{\text{probe}}} \ell(M_0^{(-l)}(x), x), \quad (2)$$

where $M_0^{(-l)}$ denotes the model with the l -th layer masked. The importance of layer l is defined as the loss increase relative to the baseline:

$$J_{\text{base}}^{(l)} \equiv \hat{\mathcal{L}}^{(l)} - \mathcal{L}_{\text{base}}, \quad (3)$$

A larger $I_{\text{layer}}^{(l)}$ indicates that layer l plays a more critical role in preserving general knowledge. Figure 2 (left-hand bars) reports the layer-level importance distributions of the *Qwen3 family* (results for *LLaMA3-8B* provided in Appendix D). We find that general-knowledge-critical layers are concentrated in the early layers, with importance gradually decreasing toward later layers. This uneven distribution suggests that uniformly expanding layers across the entire depth would be suboptimal. Since some layers are tightly coupled with general knowledge while others are more flexible,

162 uniform expansion not only risks representational interference in critical layers but also allocates
 163 parametric budget where it is too constrained to be leveraged for domain learning. In contrast, iden-
 164 tifying more adaptable layers with minimal impact on general knowledge and allocating expansion
 165 there for knowledge injection is a superior strategy. This leads to our first key observation:

166 ***Observation I:*** *Layers exhibit heterogeneous importance for preserving general competencies,*
 167 *which motivates a selective expansion strategy that targets layers less constrained by general abili-
 168 ties yet more adaptable for domain adaptation.*

170 2.3 UNIT-LEVEL IMPORTANCE PROBING

172 Building on the layer-level exploration, our next research question is: **How do parameter units**
 173 **within each layer contribute to preserving general knowledge?** To answer this, we partition each
 174 transformer layer into functional units (e.g., attention projections, MLP components, and normaliza-
 175 tion) and assess their relative contributions to preserving general competencies. The detailed parti-
 176 tioning scheme is provided in Appendix C. This granularity provides a more fine-grained perspective
 177 than layer-level probing, while avoiding the prohibitive cost of neuron-level analysis. Formally, for
 178 each parameter θ_j in a unit U , we estimate its importance using a first-order Taylor approximation:

$$179 \quad I_j = \theta_j \cdot \nabla_{\theta_j} \mathcal{L}, \quad (4)$$

181 where \mathcal{L} is the autoregressive training loss. The importance of unit U is then defined as the average
 182 importance of its parameters:

$$183 \quad I_{\text{unit}} = \frac{1}{|U|} \sum_{j \in U} I_j. \quad (5)$$

186 A higher I_{unit} indicates that the unit plays a more critical role in preserving general competencies.
 187 Figure 2 (right-hand heatmaps) illustrates the unit-level importance distributions of the Qwen3 fam-
 188 ily (results for LLaMA3-8B provided in Appendix D). We observe that importance is unevenly
 189 distributed across modules within a layer, with some units contributing more to general competen-
 190 cies and others more flexible. This finding suggests that treating all parameter units equally would
 191 be suboptimal, as a single update rule cannot simultaneously protect critical units and fully train
 192 adaptable ones, risking either damaging previous knowledge or failing to sufficiently learn new
 193 knowledge. This motivates us to pursue unit-level decoupling, where training can selectively protect
 194 critical units while enabling less general-relevant units to absorb new knowledge without constraint.
 195 This leads to our second key observation:

196 ***Observation II:*** *Parameter units within each layer exhibit heterogeneous importance, which mo-
 197 tivates unit-level decoupling that selectively protects critical units while enabling more adaptable
 198 ones to sufficiently absorb domain knowledge.*

199 **Summary.** Building on the above observations, we propose ADEPT, a continual pretraining frame-
 200 work designed to enable effective domain knowledge injection while preserving general compe-
 201 tencies. Inspired by the uneven importance distribution of layers (***Observation I***), ADEPT selec-
 202 tively expands layers less constrained by general abilities but more receptive to domain adaptation,
 203 thereby introducing fresh parameter capacity rather than uniformly expanding layers as in LLaMA-
 204 Pro (Wu et al., 2024b). Guided by the heterogeneous importance of parameter units within layers
 205 (***Observation II***), ADEPT further performs *unit-level decoupling* on the expanded layers, protecting
 206 critical units while enabling adaptable ones to specialize in domain knowledge.

207 3 METHODOLOGY

209 As illustrated in Figure 3, ADEPT includes two stages:

- 211 • **# Stage 1: General-Competence Guided Selective Layer Expansion.** adaptively selects and du-
 212 plicates layers that minimally affect general competencies while being more adaptable to domain-
 213 specific knowledge, thereby introducing fresh representational capacity for domain adaptation.
- 214 • **# Stage 2: Adaptive Unit-Wise Decoupled Tuning.** further decouples units within the expanded
 215 layers and apply learning-rate-driven adaptive tuning according to their importance to the general
 216 domain, ensuring knowledge injection while preserving general competencies.

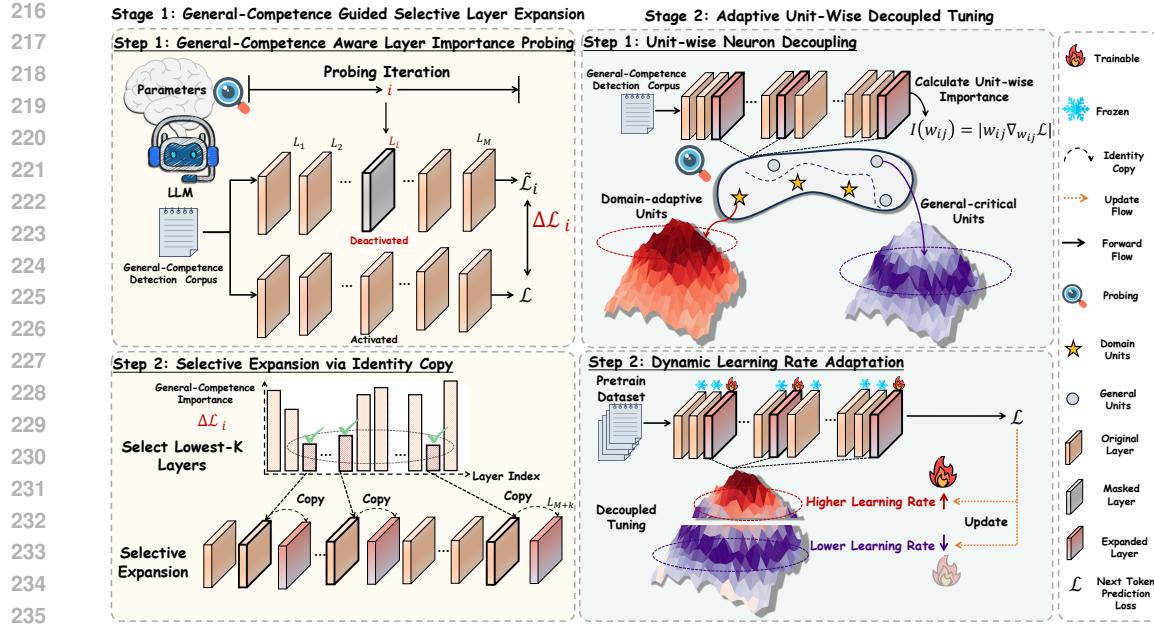


Figure 3: Illustration of ADEPT.

3.1 GENERAL-COMPETENCE GUIDED SELECTIVE LAYER EXPANSION

This stage aims to selectively expand model parameters in a way that introduces fresh representational capacity for domain adaptation while preserving general-domain competencies. To this end, we first estimate the contribution of each transformer layer to preserving general knowledge through *General-Competence Aware Layer Importance Probing*, and then perform *Selective Parameter Expansion via Identity Copy* to duplicate layers that are least critical for general abilities yet more adaptable to domain-specific knowledge.

General-Competence Aware Layer Importance Probing. To guide selective expansion, we leverage the layer importance scores $I_{\text{layer}}^{(l)}$ defined as Eq.3. Intuitively, $I_{\text{layer}}^{(l)}$ quantifies how much the l -th layer contributes to preserving general-domain knowledge. Layers with lower scores are deemed less critical for general competencies and are thus selected for expansion, as they can accommodate domain-specific adaptation with minimal risk of catastrophic forgetting.

Selective Parameter Expansion via Identity Copy. Based on the importance scores $I_{\text{layer}}^{(l)}$, we sort layers by ascending importance and select the k *least-important* ones for general competence:

$$\mathcal{S}_k = \arg \min_{\mathcal{S} \subseteq \{1, \dots, L\}} \sum_{l \in \mathcal{S}} I_{\text{layer}}^{(l)}. \quad (6)$$

We denote the selected set \mathcal{S}_k as the *Domain-Adaptable Layers*. For each selected layer $l \in \mathcal{S}_k$, we create a parallel copy by directly duplicating its parameters without re-initialization ($\tilde{\Theta}^{(l)} = \Theta^{(l)}$). To preserve stability, we follow the *Function Preserving Initialization* (FPI) principle (Chen et al., 2015), ensuring that the expanded model M_1 produces identical outputs as the original model M_0 at initialization. Concretely, in the duplicated branch, we set the output projections of both attention and feed-forward sublayers to zero ($W_{\text{MHSAs}}^{\text{out}} = 0$, $W_{\text{FFN}}^{\text{out}} = 0$), so the forward computation remains unchanged ($M_1(x) = M_0(x)$, $\forall x$). The duplicated layers thus provide *fresh representational capacity* that can specialize for domain signals with minimal risk of eroding general-knowledge-critical parameters in the original pathway. As formally established in Appendix F.1, expanding the layers with the lowest general-competence importance provably minimizes the risk of forgetting. Intuitively, this strategy ensures that new capacity is added where interference with general abilities is weakest, yielding the most favorable trade-off between domain adaptation and knowledge retention.

270 3.2 ADAPTIVE UNIT-WISE DECOUPLED TUNING
271272 This stage aims to further reduce catastrophic forgetting and enable fine-grained control over pa-
273 rameters within the expanded layers. To achieve this, we first decouple each expanded layer into
274 semantic *units* and evaluate their importance using gradient-based estimation (*Unit-wise Neuron*
275 *Decoupling*), and then dynamically adjust learning rates for different units according to their impor-
276 tance scores during training (*Dynamic Learning Rate Adaptation*).
277278 **Unit-wise Neuron Decoupling.** Guided by the heterogeneous importance of parameter units within
279 layers, we perform *unit-level decoupling* on the expanded layers. Following the probing analysis
280 in Section 2.3, we quantify unit importance I_{unit} using gradient sensitivity signals (cf. Eq.5), which
281 aggregate the first-order contributions of parameters θ_j to the training loss \mathcal{L} via $\nabla_{\theta_j} \mathcal{L}$. A higher I_{unit}
282 indicates greater contribution to general competencies and thus warrants more conservative updates,
283 whereas less important units are encouraged to adapt more aggressively to domain-specific signals.
284285 **Dynamic Learning Rate Adaptation.** Based on the unit importance I_{unit} in Eq.5, we assign adap-
286 tive learning rates to different units within the expanded layers:
287

288
$$\text{lr}_U = 2 \cdot (1 - I_{\text{unit}}) \cdot \text{lr}_{\text{base}}, \quad (7)$$

289

290 where lr_{base} is the base learning rate, and the coefficient 2 normalizes the global scale to keep the
291 effective average approximately unchanged. Units more important for general knowledge (higher
292 I_{unit}) receive smaller learning rates to reduce overwriting, while less important units are encouraged
293 to adapt more aggressively to domain-specific data. Training proceeds with the standard autore-
294 gressive objective: $\mathcal{L} = -\sum_{t=1}^T \log P(x_t \mid x_{<t}; \Theta)$. Since the importance of units may change as
295 training progresses, we periodically recompute I_{unit} and update learning rates accordingly, ensuring
296 dynamic adaptation throughout learning. The full training procedure is provided in Appendix L.
297 Appendix F.2 further shows that allocating learning rates inversely to unit importance minimizes
298 an upper bound on general-domain forgetting. In essence, this design formalizes the intuition that
299 highly general-critical units should be preserved via conservative updates, while less critical yet
300 more adaptable ones can update more aggressively to absorb domain-specific information.
301302 4 EXPERIMENT
303304 4.1 EXPERIMENTAL SETUP
305306 **Datasets.** We evaluate ADEPT across two domains, *Mathematics* and *Medicine*. For the mathemati-
307 cal domain, we use *OpenWebMath* (Paster et al., 2023), together with *AceReason-Math* (Chen et al.,
308 2025), concatenated into the continual pretraining corpora. For the medical domain, we adopt the
309 multilingual *MMedC* corpus (Qiu et al., 2024), together with *IndustryIns* and *MMedBench*, forming
310 the medical pretraining corpora. Dataset statistics are provided in Appendix B.1 and Appendix B.2.
311 In addition, for detecting general-knowledge-critical regions, we construct a *General Competence*
312 *Detection Corpus*, following the same setting as in Section 2 and described in Appendix B.3.
313314 **Baselines.** We compare ADEPT with a broad range of baselines from four perspectives:
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- 316
- **Full-parameter tuning.** *PT-Full* directly updates all model parameters on the target corpora.
 - **Replay-based tuning.** *Replay* mitigates catastrophic forgetting by mixing general-domain data
317 into the training process (Que et al., 2024).
 - **Architecture expansion.** *LLaMA-Pro* (Wu et al., 2024b) expands the model by uniformly insert-
318 ing new layers across the model, placing each new layer at fixed periodic intervals, while freezing
319 the original weights. Only the newly introduced parameters are trained, enabling structural growth
320 while preserving prior knowledge.
 - **Parameter-efficient tuning.** *PT-LoRA* performs CPT using Low-Rank Adaptation (Hu et al.,
321 2022), updating only a small set of task-adaptive parameters. *TaSL* (Feng et al., 2024a) extends
322 *PT-LoRA* to a multi-task regime by decoupling LoRA matrices across transformer layers, allowing
323 different subsets of parameters to specialize for different tasks.

324 See Appendix B.6 for implementation details of all baselines.
325

324 Table 1: Performance comparison across *Mathematical* and *Medical* domains. **Bold** numbers indicate
 325 the best performance, and underlined numbers denote the second best.
 326

Method	Mathematics						Medical			
	General		Domain			General		Domain		
	MMLU	CMMLU	GSM8K	ARC-Easy	ARC-Challenge	MMLU	CMMLU	MedQA	MMCU-Medical	CMB
<i>Qwen3-1.7B-Base</i>										
Vanilla	62.57	66.86	57.62	81.44	51.19	62.57	66.86	48.39	69.17	63.67
PT-Full	60.07	62.84	51.86	81.24	49.65	59.44	62.84	48.45	67.45	62.77
Replay	60.69	63.52	54.74	81.01	49.73	60.52	63.85	49.00	67.32	62.20
Llama-Pro	61.54	63.40	<u>60.03</u>	81.08	49.80	59.80	65.51	<u>50.43</u>	66.51	63.54
PT-LoRA	60.07	62.69	59.50	80.22	49.34	57.31	59.68	47.29	61.55	57.60
TaSL	60.34	62.95	59.07	79.76	48.89	62.48	66.14	47.06	67.62	61.15
ADEPT	62.62	67.06	70.51	82.48	52.62	62.80	66.89	50.75	71.98	65.43
<i>Qwen3-4B-Base</i>										
Vanilla	73.19	77.92	69.07	85.52	59.13	73.19	77.92	62.77	82.44	78.92
PT-Full	70.33	73.07	60.96	85.31	57.59	69.48	72.77	62.84	81.34	76.88
Replay	70.46	73.72	63.91	85.06	57.68	70.74	73.81	63.55	80.60	76.74
Llama-Pro	72.42	77.39	<u>73.16</u>	85.14	57.76	72.28	77.28	62.53	81.20	78.12
PT-LoRA	70.20	72.90	71.34	84.18	57.25	72.73	76.78	61.59	80.49	76.92
TaSL	70.50	73.20	70.84	83.68	56.75	<u>73.03</u>	77.08	60.99	79.20	77.08
ADEPT	73.21	78.30	76.19	88.44	60.98	72.95	78.77	64.49	84.58	79.87
<i>Qwen3-8B-Base</i>										
Vanilla	76.94	82.09	69.98	87.12	64.25	76.94	82.09	66.30	86.45	81.67
PT-Full	74.90	78.49	80.21	85.90	61.77	74.06	78.82	67.24	<u>87.69</u>	85.27
Replay	75.19	78.92	81.12	85.98	62.37	74.51	78.86	<u>68.89</u>	<u>86.66</u>	84.73
Llama-Pro	76.16	81.42	80.97	<u>86.62</u>	63.91	76.58	81.69	66.77	87.19	83.76
PT-LoRA	75.66	80.81	<u>82.87</u>	86.36	62.46	76.60	81.57	67.01	86.70	83.04
TaSL	76.63	80.37	80.54	84.81	59.09	76.42	81.86	66.51	86.20	82.54
ADEPT	76.80	82.11	83.87	89.29	64.51	76.77	82.11	69.24	89.84	85.80
<i>Llama3-8B-Base</i>										
Vanilla	65.33	50.83	36.84	84.18	54.01	65.33	50.83	58.91	46.29	35.61
PT-Full	61.62	46.21	<u>49.73</u>	84.01	53.52	59.15	51.39	59.23	66.58	61.65
Replay	62.00	53.31	49.51	82.49	<u>54.18</u>	59.98	54.52	59.07	65.84	61.71
Llama-Pro	64.53	50.26	48.29	83.29	53.07	64.19	50.59	<u>59.94</u>	53.96	47.05
PT-LoRA	64.86	49.82	48.82	83.80	54.01	64.34	50.13	58.84	56.05	48.22
TaSL	65.16	50.11	35.43	83.29	53.51	64.64	50.43	55.55	58.34	47.69
ADEPT	65.35	<u>51.90</u>	50.57	84.96	55.52	65.17	<u>51.92</u>	61.17	67.03	61.78

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 359 **Backbone Models.** To assess the generality of our method, we instantiate ADEPT on multiple
 360 backbone models, including *Qwen3-Base* (1.7B, 4B, 8B) (Yang et al., 2025) and *LLaMA3.1-8B-Base*
 361 (Dubey et al., 2024b), covering a wide range of parameter scales and architectural variants.

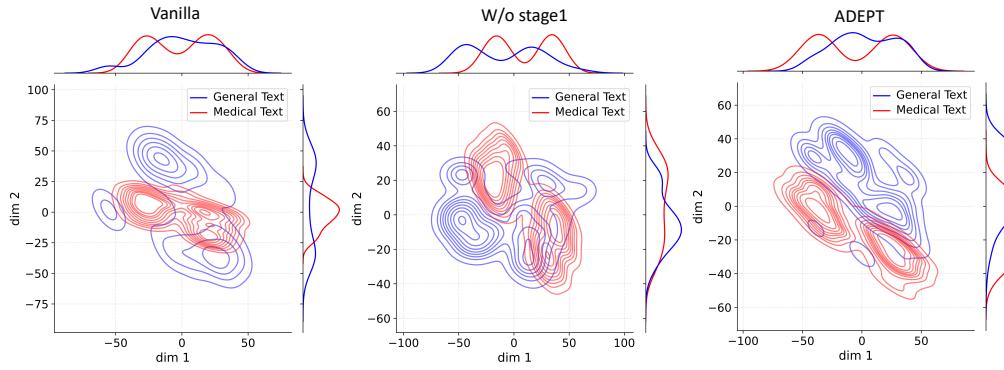
362 **Evaluation Metrics and Strategy.** We adopt multiple-choice question answering accuracy as the
 363 primary evaluation metric across all tasks (see Appendix B.9 for further details). For the **Math-
 364 ematics** domain, we evaluate on *GSM8K* (Cobbe et al., 2021), *ARC-Easy* (Clark et al., 2018), and
 365 *ARC-Challenge* (Clark et al., 2018), which collectively span a wide range of reasoning difficulties.
 366 For the **Medical** domain, we use *MedQA* (Jin et al., 2021), *MMCU-Medical* (Zeng, 2023),
 367 and *CMB* (Wang et al., 2023b), covering diverse medical subjects and varying levels of complexity.
 368 Among them, *MedQA* is an English benchmark, while *MMCU-Medical* and *CMB* are in Chinese.
 369 To assess the model’s ability to retain general-domain knowledge during continual pretraining, we
 370 additionally evaluate on *MMLU* (Hendrycks et al., 2020) and *CMMLU* (Li et al., 2023), two broad-
 371 coverage benchmarks for general knowledge and reasoning in English and Chinese, respectively.
 372

4.2 EXPERIMENTAL RESULTS

373
 374 **Performance Comparison.** As shown in Table 1, ADEPT consistently outperforms all CPT base-
 375 lines across both mathematical and medical domains, confirming its effectiveness in domain-specific
 376 knowledge acquisition while substantially alleviating catastrophic forgetting. Concretely, **ADEPT**
 377 achieves substantial domain-specific improvements. Across all backbones and domain benchmarks,
 ADEPT consistently surpasses baselines, achieving the strongest performance. For instance,

378 Table 2: Ablation study on ADEPT in *Medical* domain. **Bold** numbers indicate the best performance
 379 and underlined numbers denote the second best.
 380

Method	Qwen3-1.7B-Base					Llama3-8B-Base				
	MMLU	CMLLU	MedQA	MMCU-Medical	CMB	MMLU	CMLLU	MedQA	MMCU-Medical	CMB
ADEPT	62.80	66.89	50.75	70.98	65.43	65.17	51.92	61.17	61.78	67.03
w/o Stage-1	57.31	59.68	47.29	61.55	57.60	57.88	50.76	58.32	53.32	60.32
w/o Stage-2	<u>61.56</u>	64.33	49.23	66.19	<u>64.36</u>	<u>64.34</u>	50.74	59.60	50.68	57.36
Uniform Expansion	59.80	<u>65.51</u>	<u>50.43</u>	66.51	63.54	64.19	50.59	<u>59.94</u>	47.05	53.96



400 Figure 4: Activation distribution analysis of Qwen3-8B.
 401
 402

403 on *Qwen3-1.7B-Base*, ADEPT boosts *GSM8K* accuracy from *57.62%* to *70.51% \uparrow* , bringing a large
 404 gain that highlights its advantage on enhancing LLMs’ complex reasoning. Similarly, on *LLaMA3-8B-Base*, it drastically improves *CMB* accuracy improves from *35.61%* to *61.78% \uparrow* , underscoring
 405 the strong enhancement of medical-domain capabilities. On average, ADEPT achieves up to
 406 **5.58%** gains over full-parameter CPT on target-domain benchmarks, confirming its advantage in
 407 domain knowledge acquisition. Furthermore, **ADEPT demonstrates clear advantages in mitigating catastrophic forgetting.** Whereas most baselines suffer noticeable degradation on general
 408 benchmarks such as *MMLU* and *CMLLU*, ADEPT preserves the pretrained LLMs’ general-domain
 409 competencies, and in some cases even surpasses the vanilla backbone. Notably, with *Qwen3-4B* under
 410 medical CPT, ADEPT improves *CMLLU* accuracy from *77.92%* to *78.77% \uparrow* . It also results in
 411 an average performance increase of **5.76%** on general benchmarks over full-parameter CPT. We
 412 attribute this to the disentanglement of domain-specific and general parameters, which prevents harmful
 413 representational interference during adaptation, ensuring that learning specialized knowledge
 414 does not corrupt the model’s foundational abilities. Instead, this focused learning process appears
 415 to refine the model’s overall competencies, leading to synergistic improvements on general-domain
 416 tasks. In summary, ADEPT offers a robust solution for CPT achieving superior domain adaptation
 417 while effectively preserving general knowledge.
 418

419 **Ablation Study.** To investigate the effectiveness of each component in ADEPT, we conduct ablation
 420 experiments in the medical domain using two representative backbones, *Qwen3-1.7B* and *Llama3-8B*. In *w/o Stage-1*, we remove the *General-Competence Guided Selective Layer Expansion* and
 421 directly apply *Adaptive Unit-Wise Decoupled Tuning* on the *k Domain-Adaptable Layers* without
 422 introducing any new parameters. In *w/o Stage-2*, we discard the dynamic decoupled tuning stage
 423 and instead directly fine-tune the expanded layers from *Stage-1*. In *Uniform Expansion*, we replace
 424 importance-guided expansion with *uniformly inserting layers at fixed periodic intervals* followed
 425 by fine-tuning, which is equivalent to the strategy adopted in LLaMA-Pro. As shown in Table 2,
 426 removing either *Stage-1* or *Stage-2* leads to clear degradation in both general and domain-specific
 427 performance, confirming that **both adaptive expansion and decoupled tuning are indispensable**.
 428 In particular, eliminating *Stage-1* results in the largest performance drop, suggesting that adaptive
 429 capacity allocation is crucial for enabling effective domain adaptation without sacrificing general-
 430 domain competencies. Meanwhile, replacing importance-guided expansion with uniform expansion
 431 yields inferior results, underscoring the advantage of expanding only the most domain-adaptable
 432 layers.

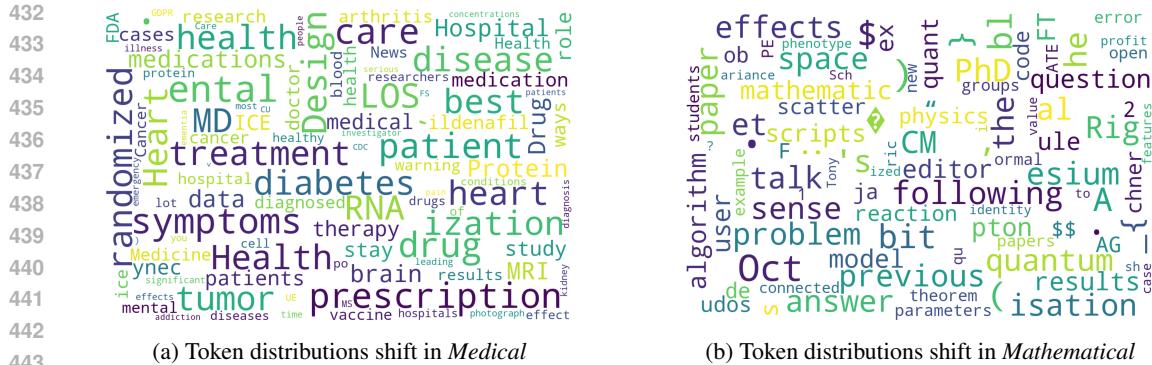


Figure 5: Token distribution shifts across domains. Word cloud visualizations of shifted tokens reveal that ADEPT achieves highly focused alignment, with most changes concentrated on domain-specific terminology.

Decoupling Effectiveness on Expanded Parameters. We visualize cross-domain activations using Kernel Density Estimation (KDE) (Silverman, 2018), sampling 500 instances from both *Medical* and *General* corpora. For the original *Qwen3-8B-Base* (left in Figure 4), the most domain-adaptable layer (lowest I_{layer}) still shows heavy overlap between *general* and *medical* activations, evidencing strong parameter coupling. Direct decoupling without expansion (w/o Stage-1, middle) on the same layer fails to reduce this entanglement, confirming that pretrained parameters are inherently difficult to separate. In contrast, after expansion (right), the duplicated layers serve as a “blank slate,” yielding clearly separated activations across domains. Additional analyses on more backbones are provided in Appendix C.1, where we observe that this trend consistently holds across nearly all evaluated LLMs, further validating the generality of our approach.

Token Distribution Shift Analysis. To assess how ADEPT injects domain knowledge while preserving general competencies, we analyze token-level shifts between the base and continually pre-trained models. Following Lin et al. (2024), tokens are categorized as *unshifted*, *marginal*, or *shifted*. Only a small proportion of tokens shift, while most remain unchanged, indicating stable adaptation. In the medical domain, merely 2.18% shift (vs. 5.61% under full pretraining), largely medical terms such as “prescription,” “diagnosis,” and “therapy” (Figure 5a). In the mathematical domain, only 1.24% shift, mainly scientific terms such as “theorem” and “equation” (Figure 5b). Further details and analyses are provided in Appendix I. These results demonstrate that ADEPT achieves precise and economical domain knowledge injection while minimizing perturbation to general competence.

Extended Investigations and Key Insights. We further investigate several design choices of ADEPT in appendix: In Appendix E, we investigate alternative strategies for probing layer importance and observe the consistency of different measurement methods, offering insight into how importance estimation affects adaptation outcomes. Appendix G explores the effect of expanding different numbers of layers and reveals how the number of expansion layers should be selected under different circumstances and the potential reasons behind this. Appendix H shows that even with relatively low-quality importance detection corpus from pretrain data, our approach maintains strong generalization across domains, suggesting the robustness of ADEPT. Appendix J demonstrates our insights into the potential for merging expanded layers that are independently trained on different domains, offering an intriguing direction for achieving multi-domain adaptation with minimal catastrophic forgetting. In addition, Appendix B.8 analyzes the training efficiency of ADEPT, showing that our selective updating design substantially accelerates convergence compared to baselines. In addition to the core evaluation, we conduct a comprehensive set of extended analyses to further validate the robustness, generality, and adaptability of ADEPT. In Appendix M, we present a sensitivity analysis of the importance-score update intervals, demonstrating that ADEPT is stable across a wide range of update frequencies, with only marginal performance variation. Appendix N investigates the applicability of ADEPT to supervised fine-tuning settings, showing consistent gains over standard fine-tuning baselines without requiring architectural changes. To assess generalization beyond our primary benchmarks, Appendix O includes extended evaluations on additional domains and datasets, where ADEPT continues to outperform strong baselines. In Appendix P, we evaluate ADEPT specifically on code-domain tasks, confirming its effectiveness in structured, logic-

486 intensive environments. Appendix Q further extends our evaluation to multilingual medical benchmarks, highlighting ADEPT’s cross-lingual transfer capability in more challenging domain adaption
 487 setting. Finally, Appendix R addresses a key design question: whether to expand domain-critical
 488 layers or general-noncritical ones. Appendix S investigated the impact of different zero-initialization
 489 strategies. Our analysis reveals that selectively expanding domain-critical layers yields significantly
 490 higher domain performance but more forgetting, providing actionable guidance for layer selection
 491 in domain adaptation scenarios.
 492

493 5 CONCLUSIONS AND FUTURE WORKS

494
 495 We present ADEPT, a framework for LLM continual pretraining for domain adaptation that effec-
 496 tively tackles catastrophic forgetting, leveraging functional specialization in LLMs. By selectively
 497 expanding layers less critical to the general domain and adaptively updating decoupled parameter
 498 units, ADEPT minimizes catastrophic forgetting while efficiently incorporating domain-specific ex-
 499 pertise. Our experiments show significant improvements in both domain performance and general
 500 knowledge retention compared to baselines. Future work could focus on refining the decoupled
 501 tuning mechanism, designing more sophisticated learning rate strategies beyond linear mapping to
 502 allow for more precise adjustments. Another direction is to explore better dynamic and real-time
 503 methods for measuring parameter importance during training.
 504

505 6 ETHICS STATEMENT

506 All datasets used for training and evaluation in this study are publicly available versions obtained
 507 from the Hugging Face platform. The datasets have been curated, cleaned, and de-identified by their
 508 respective data providers prior to release. No patient personal information or identifiable medical
 509 data is present. Consequently, the research does not involve human subjects, and there are no related
 510 concerns regarding privacy, confidentiality, or legal liability. And for full transparency, we report all
 511 aspects of large language model (LLM) involvement in the Appendix K.
 512

513 We strictly adhered to the usage and redistribution licenses provided by the original dataset authors
 514 and hosting platforms. Our research poses no risk of harm to individuals or groups and does not
 515 contain any potentially harmful insights, models, or applications. Additionally, there are no conflicts
 516 of interest or sponsorship concerns associated with this work. We are committed to research integrity
 517 and ethical standards consistent with the ICLR Code of Ethics.
 518

519 7 REPRODUCIBILITY STATEMENT

520 We actively support the spirit of openness and reproducibility advocated by ICLR. To ensure the
 521 reproducibility of our research, we have taken the following measures:
 522

- 523 1. Disclosure of Base Models: All base models used in our experiments are explicitly identified and
 524 described in the main text. This allows readers to directly reference and obtain these models.
 525
- 526 2. Datasets and Experimental Details: All experiments are conducted on publicly available datasets
 527 from the Hugging Face platform. In Appendix B, we provide a comprehensive description of our
 528 experimental implementation, including dataset sources, browser links, and detailed data process-
 529 ing procedures. We also detail the experimental setup, such as training duration, hardware envi-
 530 ronment (e.g., GPU type), and configuration of hyperparameters, including LoRA_rank, number
 531 of extended layers, batch_size, and max_length. These details facilitate transparent verification
 532 and replication of our results.
 533
- 534 3. Open-Source Code Release: To further support reproducibility, we release all training and
 535 evaluation code in an anonymous repository ([https://anonymous.4open.science/](https://anonymous.4open.science/status/ADEPT-F2E3)
 536 [status/ADEPT-F2E3](https://anonymous.4open.science/status/ADEPT-F2E3)). The repository contains clear instructions on installation, data down-
 537 loading, preprocessing, and experimentation, allowing interested researchers to replicate our re-
 538 sults with minimal effort.
 539

We believe that these actions align with the open science principles championed by the ICLR com-
 munity, and we are committed to supporting the reproducibility and transparency of our work.

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818 A RELATED WORK

820 A.1 CONTINUAL PRETRAINING FOR LLMs

822 Continual pretraining updates pretrained LLMs with new corpora to equip them with new knowl-
 823 edge and capabilities. Data-centric approaches adopt data replay to mitigate catastrophic forget-
 824 ting (Huang et al., 2024; Zhang et al., 2025; Xiong et al., 2023; Song et al., 2023), or utilize data
 825 construction strategies to synthesize training corpora (Yang et al., 2024; Arbel et al., 2024). How-
 826 ever, these methods make no changes to the model or training procedure, failing to effective inject
 827 new knowledge due to capacity saturation and only partially alleviating forgetting. Another line of
 828 works focus on adjusting model architecture and training strategy. LoRA (Hu et al., 2022) improve
 829 efficiency for fine-tuning by adapting low-rank updates on top of frozen backbones, but their lim-
 830 ited adjustments to LLMs can not effectively address continual pretraining for deep domain adap-
 831 tation. LLaMA-Pro (Wu et al., 2024b) expands model blocks and tunes the added parameters on
 832 new corpora, improving knowledge injection and mitigating forgetting compared to vanilla CPT.
 833 Yet existing expansion policies insert layers uniformly across depths and treat all expanded parame-
 834 ters indiscriminately during optimization, leaving open how to place capacity where domain signals
 835 concentrate and update it without disturbing general knowledge. Classical continual-learning regu-
 836 larizers (Kirkpatrick et al., 2017) constrain updates on weights deemed important to previous tasks,
 837 but they do not guide where capacity allocation nor how to target LLM domain adaptation learning.

838 A.2 FUNCTIONAL SPECIALIZATION IN LLMs

839 Growing evidence indicates that, akin to human brains, LLMs exhibit functional specialization,
 840 where different regions such as layers, attention heads and neurons play distinct roles. A series of
 841 causal and studies show that factual knowledge are predominantly stored in FFN layers (Dai et al.,
 842 2022c), and attention heads usually play specialized roles for certain functions (Zheng et al., 2024),
 843 suggesting that knowledge and skills are unevenly distributed in LLMs. Inspired by this special-
 844 ization, several methods have tried to decouple functional modules during training. For instance,
 845 Parenting (Xu et al., 2025) separates the subspaces responsible for evidence-following and noise-
 846 robustness in retrieval-augmented generation, and optimizes them with tailored objectives to im-
 847 prove performance under noisy retrieval. Similarly, TaSL (Feng et al., 2024a) addresses multi-task
 848 adaptation by disentangling LoRA parameters from different tasks and merging them in a weighted
 849 manner, which helps reduce interference. Other works on orthogonal (Wang et al., 2023a) or decom-
 850 posed LoRA (Liu et al., 2024b) further reflects the idea that training different parameter subspaces
 851 separately improves robustness and transfer. Despite these advances, prior work does not address
 852 CPT, where the tension between knowledge injection and retention needs to be tackled. To our
 853 knowledge, our work is the first to explicitly leverage functional specialization during CPT to sim-
 854 ultaneously improve domain performance and alleviate catastrophic forgetting.

855 B DATA RECIPE AND EXPERIMENT SETTINGS

857 To demonstrate the applicability and generalizability of our approach, we conducted domain-
 858 adaptive continual pretraining experiments on two distinct and highly significant domains: Mathe-
 859 matics and Medicine, both of which play crucial roles in the advancement of artificial intelligence
 860 and the applications of LLM. The mathematical domain often poses challenges that emphasize a
 861 model’s reasoning and computational abilities, while the medical domain predominantly requires a
 862 deep understanding and memorization of medical concepts. From a cognitive perspective, we be-
 863 lieve that the capabilities that need to be infused into the model differ significantly between these
 864 two domains, which further demonstrates the generalisability of our approach.

864 The continual pretraining process leverages both pretraining datasets for foundational knowledge
 865 and supervised fine-tuning (SFT) datasets for task-specific optimization (Cheng et al., 2023). Below,
 866 we detail the data composition and processing details. **All data used will be processed into the**
 867 **format of pre-training data.**

869 B.1 MEDICAL PRETRAIN DATA SOURCE

871 Our medicine datasets are divided into pre-training data, designed to provide extensive general
 872 knowledge, and supervised fine-tuning (SFT) data, which refine the model’s understanding for spe-
 873 cific instructions in the medicine domain (will be converted to pretrain data format when training).

- 875 • Pre-training data: we utilize English and Chinese portions of MMedC dataset, a multilingual
 876 medical dataset, furnishing a total of 14.3 billion tokens.
- 877 • Instruction tuning data: we incorporate two supervised datasets:
 - 879 1. IndustryIns, contributing 1.6 billion tokens from instruction-based examples
 - 880 2. MMedBench, with 18 million tokens focused on medical reasoning tasks.

882 Table 3: Overview of medicine Datasets. This table summarizes medicine-specific pre-training and
 883 SFT datasets, including their language coverage, dataset links, and used token counts. For MMedC,
 884 we only use the English and Chinese parts and we only use the *Health-Medicine* subset.

886 Dataset Name	887 Dataset Type	888 Language	889 Dataset Link	890 #Token Used
887 MMedC	888 Pre-training	889 Multilingual	890 Henrychur/MMedC	891 14.3B
887 IndustryIns	888 SFT	889 Chinese and English	890 BAAI/IndustryInstruction	891 1.6B
887 MMedBench	888 SFT	889 Chinese and English	890 Henrychur/MMedBench	891 18M

892 B.2 MATHEMATICS PRETRAIN DATA SOURCE

894 Mathematics pretrain datasets include both pre-training and fine-tuning data (will be converted to
 895 pretrain data format when training), structured similarly to the medicine datasets.

- 896 • Pre-training data: we use the Open-Web-Math (Paster et al., 2023) dataset, containing a diverse
 897 set of general mathematics knowledge amounting to 14.7 billion tokens.
- 898 • For Instruction-tuning data: we use the AceReason-Math (Chen et al., 2025), contributing 102
 899 million tokens, with a strong emphasis on chain-of-thought reasoning and problem-solving.

901 Table 4: Overview of Mathematics Datasets. This table includes the pre-training and SFT datasets
 902 for mathematical reasoning, highlighting their contents, links, and used token counts.

904 Dataset Name	905 Dataset Type	906 Language	907 Dataset Link	908 Used Token
906 Open-Web-Math	907 Pre-training	908 English	909 open-web-math/open-web-math	910 14.7B
906 AceReason-Math	907 SFT	908 English	909 nvidia/AceReason-Math	910 102M

910 B.3 GENERAL COMPETENCE DETECTION CORPUS

911 To accurately probe which parameters are critical for preserving general knowledge during contin-
 912 ual pretraining, we construct a *General Importance Detection Corpus*. This corpus is designed to
 913 capture both broad world knowledge and instruction-following capability in English and Chinese.
 914 Specifically, we include the development splits of two widely recognized multi-task benchmarks,
 915 MMLU_{dev} and CMMLU_{dev} to capture general knowledge without data leakage.

916 MMLU and CMMLU are formatted as multiple-choice question answering tasks with explicit
 917 prompts and ground-truth answers. For these, we compute gradient-based importance only on the

target answer tokens to avoid biases from prompt formatting, thereby capturing each parameter group’s contribution to accuracy.

To clarify how gradient signals are obtained, we illustrate two examples. In SFT-style corpora (e.g., MMLU, CMMLU), only the ground-truth answer token contributes to gradient computation, ensuring clean signals for decision-making importance. In PT-style corpora (e.g., FineWeb_Edu), all tokens contribute under the causal LM objective, providing dense gradients that reflect general modeling capacity. Examples are shown in Example 1 and Example 2.

Table 5: General Competence Detection Corpus. #Examples means the number of examples we used.

Dataset	Language	#Examples	Hugging Face Link
MMLU_dev	English	285	cais/mmlu
CMMLU_dev	Chinese	295	haonan-li/cmmlu

The statistics of the selected datasets are summarized in Table 5.

Example 1

Gradient Flow in SFT Data for Importance Estimation

Input Prompt:

Question: Find all $c \in \mathbb{Z}_3$ such that $\mathbb{Z}_3[x]/(x^2 + c)$ is a field.

- A. 0 B. 1 C. 2 D. 3

Answer:

B

Explanation:

In this SFT setup, only the target answer token (e.g., B) is used to compute gradients for parameter importance. The input question and options are excluded from gradient computation to avoid encoding biases from instruction formatting. By focusing gradient signals solely on the correct answer token, we measure how each parameter contributes to decision-making accuracy under structured knowledge tasks, while preventing overfitting to input patterns and ensuring clean separation between training and probing data.

Example 2

Gradient Flow in PT Data for Importance Estimation

Context (Compute Gradient):

The heart is a muscular organ responsible for pumping blood throughout the body. It consists of four chambers: the left and right atria, and the left and right ventricles. Oxygen-poor blood enters the right atrium, then flows to the right ventricle, which pumps it to the lungs. After oxygenation, blood returns to the left atrium, moves to the left ventricle, and is finally pumped into the aorta for systemic circulation. This process is regulated by electrical signals originating in the sinoatrial node. These signals ensure synchronized contraction and efficient blood flow.

Explanation:

In PT-style training, parameter importance is computed using causal language modeling loss across the entire sequence. Every token — both context and continuation — contributes to the gradient signal. This captures how parameters support general language modeling over natural text distributions. Unlike SFT, there is no explicit input/output separation; instead, each token is predicted from its prefix, making the gradient flow dense and continuous. This allows us to assess parameter sensitivity in open-ended, domain-relevant pre-training scenarios such as those provided by FineWeb_Edu.

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B.4 DATA PROCESSING

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To generate training corpus in pretrain format, SFT data is structured by concatenating questions, chain-of-thought (CoT) reasoning, and final answers for each instance. This ensures that the model is optimized for multi-step reasoning tasks common in medicine applications. We take Example 3 as an example.

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Example 3

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Problem: On Liar Island, half the people lie only on Wednesday, Friday, and Saturday, while the other half lie only on Tuesday, Thursday, and Sunday. One day, everyone on the island says: “I will tell the truth tomorrow.” What day is it? (2021 Xin Xiwang Bei Competition, Grade 2, Preliminary Math Exam)

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Analysis: We examine the truth-telling patterns over the week:

- First group (lies on Wed, Fri, Sat): Truth pattern across 7 days: True, True, False, True, False, False, True.
- Second group (lies on Tue, Thu, Sun): Truth pattern: True, False, True, False, True, True, False.

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Now evaluate each option:

Option A (Tuesday): If today is Tuesday, the first group tells the truth today, so their statement “I will tell the truth tomorrow” implies they should tell the truth on Wednesday. But they lie on Wednesday — contradiction. The second group lies today, so their statement is false, meaning they will *not* tell the truth tomorrow (i.e., lie on Wednesday). But they actually tell the truth on Wednesday — also a contradiction. So A is invalid.

Option B (Wednesday): First group lies today; their statement is false → they will *not* tell the truth tomorrow (i.e., lie on Thursday). But they tell the truth on Thursday — contradiction. Second group tells the truth today → they should tell the truth on Thursday. But they lie on Thursday — contradiction. So B is invalid.

Option C (Friday): First group lies today → statement is false → they will *not* tell the truth tomorrow (i.e., lie on Saturday). They do lie on Saturday — consistent. Second group tells the truth today → they will tell the truth on Saturday. They do tell the truth on Saturday — consistent. So C is correct.

Option D (Saturday): First group lies today → should lie on Sunday. But they tell the truth on Sunday — contradiction. Second group tells the truth today → should tell the truth on Sunday. But they lie on Sunday — contradiction. So D is invalid.

Option E (Sunday): First group tells the truth today → should tell the truth on Monday. They do — consistent. Second group lies today → their statement is false → they will *not* tell the truth on Monday (i.e., lie). But they tell the truth on Monday — contradiction. So E is invalid.

Therefore, the correct answer is C (Friday).

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[This example demonstrates how structured SFT data — consisting of a standalone problem (in blue), detailed step-by-step analysis (in green) and a short answer (in red) — is concatenated into a single coherent narrative. In PT-style training, such concatenation enables models to learn implicit reasoning patterns from natural language flow, bridging supervised fine-tuning signals with pre-training objectives.]

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To handle input sequences that exceed the maximum context length of 4096 tokens imposed by transformer-based models, we apply a sliding window segmentation strategy with overlap, following the approach used in DATAMAN (Peng et al., 2025). For any sequence longer than 4096 tokens, we split it into multiple segments, each of length at most 4096, using a sliding window with a stride of 3072 tokens and an overlap of 1024 tokens (i.e., 1/4 of the window size). This ensures that consecutive segments share contextual information when training in the same or adjacent batches, preserving semantic continuity and high data utilization rate across boundaries.

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Formally, given a token sequence $D = [t_1, t_2, \dots, t_L]$ of length $L > 4096$, we generate $K = \lceil \frac{L-1024}{3072} \rceil$ segments. The k -th segment is defined as $S_k = D[\ell_k : r_k]$, where $\ell_k = (k-1) \cdot 3072 + 1$ and $r_k = \min(\ell_k + 4097, L)$. The overlapping region between S_k and S_{k+1} consists of the last 1024 tokens of S_k , which are identical to the first 1024 tokens of S_{k+1} .

1026 This method prevents information loss due to truncation and allows the model to learn from continuous
 1027 context during training. The 1024-token overlap helps maintain coherence at segment boundaries, which is crucial for tasks requiring long-range understanding, while keeping computational
 1028 overhead manageable.
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1031 B.5 FINAL DATA ORGANIZATION SCHEME

1032 Our final training data is organized as follows:

- 1034 1. English pre-training corpus
- 1036 2. Chinese pre-training corpus (if have)
- 1037 3. English supervised fine-tuning (SFT) corpus
- 1039 4. Chinese SFT corpus (if have)

1040 This organization is motivated by several key points in Qwen3 Technical Report (Yang et al., 2025)
 1041 and Llama3 Technical Report (Dubey et al., 2024a). First, we follow the principle that high-quality
 1042 data (SFT data in our work) should be used after extensive pre-training on large-scale general
 1043 corpora, allowing the model to first acquire broad knowledge and language structure, and then specialize
 1044 on more curated tasks and instructions.

1045 What’s more, according to the technical reports, it is further beneficial to place the same language’s
 1046 data together during training—this maximizes the coherence within each mini-batch and reduces
 1047 unintended cross-lingual transfer until later stages. Most LLMs are dominated by English corpora
 1048 in their pre-training phase, supporting the choice of placing English data first. Finally, during later
 1049 training stages, continued training and decay are performed on SFT examples, which aligns with
 1050 established recipes for improving supervised task performance.

1051 B.6 COMPARED METHODS.

- 1054 • **Full-parameter tuning.** *PT-Full* directly updates all model parameters on the target corpus, serving
 1055 as the most straightforward yet commonly used baseline for continual pretraining.
- 1056 • **Replay-based tuning.** *Replay* mitigates catastrophic forgetting by mixing general-domain data
 1057 into the continual pretraining process (Que et al., 2024), thereby preserving part of the original
 1058 knowledge distribution while adapting to the new domain. Following (Zhang et al., 2025), based
 1059 on the data from Data Recipe, we randomly sampled totally 1.91B data from FinewebEdu and
 1060 FinewebEdu-Chinese at a ratio of 7:3, and randomly shuffled them into the domain-specific data,
 1061 helping the model better recall general domain knowledge.
- 1062 • **Architecture expansion.** *LLaMA-Pro* (Wu et al., 2024b) expands the model by uniformly inserting
 1063 new layers into each transformer block while freezing the original weights. Only the newly
 1064 introduced parameters are trained, enabling structural growth while preserving prior knowledge.
- 1065 • **Parameter-efficient tuning.** *PT-LoRA* performs continual pretraining using Low-Rank Adaptation
 1066 (Hu et al., 2022), updating only a small set of task-adaptive parameters. *TaSL* (Feng et al.,
 1067 2024a) extends PT-LoRA to a multi-task regime by decoupling LoRA matrices across transformer
 1068 layers, allowing different subsets of parameters to specialize for different tasks. This enables more
 1069 fine-grained adaptation to domain-specific signals. We used the DEV sets of MMLU and CMMLU
 1070 to assess general capabilities, and their mathematics and medical subsets to specifically evaluate
 1071 mathematical and medical competencies, respectively. Taking the medical domain as an example,
 1072 we treat the original model as one equipped with a LoRA module initialized to all zeros. The final
 1073 LoRA module is then obtained by merging the domain-specific LoRA with the original (empty)
 1074 LoRA using TaSL.

1075 B.7 EXPERIMENTAL IMPLEMENTATION.

1076 We conduct our all pre-training experiments on the Qwen3-1.7B-Base/Qwen3-4B-Base/Qwen3-8B-
 1077 Base/Llama3-8B model with the following hyperparameter configuration. Training is performed for
 1078 3 epochs using a batch size of 512 (8 NVIDIA H800 GPUs) and a maximum sequence length of
 1079 4096 tokens. We utilize a cosine learning rate scheduler with an initial learning rate of 3.0e-5 and a
 warmup ratio of 0.03. Optimization is performed in bf16 precision.

1080 For methods requiring block expansion, we expand 4 layers; for methods based on LoRA, we set the
 1081 LoRA rank to 256 to ensure the number of trainable parameters is roughly comparable between the
 1082 two approaches. For the medicine injection into Llama models, which have poor Chinese support,
 1083 we expand 8 layers for block expansion methods and set the LoRA rank to 512 for LoRA-based
 1084 methods.

1085 For our ADEPT, we calculate the importance score and update learning rate per 500 iterations. (It
 1086 does not affect the impact of warmup, decay scheduler on the learning rate, but only performs a
 1087 reallocation.)

1089 B.8 EFFICIENCY ANALYSIS OF ADEPT FOR MEDICAL APPLICATIONS

1091 Table 6: Training Time Comparison in the Medical Domain. We select representative baselines
 1092 including full-parameter (PT-Full) training, PT-Lora, and Llama Pro to validate the effectiveness of
 1093 our method. The **bold** entries denote the optimal results.

	Qwen3-1.7B	Qwen3-4B	Qwen3-8B	Llama3-8B
PT-Full	2 days, 17h	5 days, 14h	8 days, 9h	7 days, 22h
ADEPT	1 day, 9h	2 days, 11h	3 days, 15h	3 days, 19h
PT-Lora	3 days, 0h	6 days, 4h	8 days, 23h	8 days, 2h
Llama Pro	2 days, 1h	3 days, 14h	5 days, 8h	4 days, 21h

1101 As shown in the Table 6, our ADEPT approach achieves the fastest training time across all tested
 1102 model sizes, with Llama Pro being the next most efficient competitor. The substantial efficiency
 1103 gain of our method is mainly attributed to its design: ADEPT only updates a small subset of
 1104 parameters, primarily located in the deeper layers of the network. This structure allows the backward
 1105 computation graph to terminate earlier, significantly reducing the overall training time.

1106 We further analyze two aspects that explain and quantify the practical efficiency of ADEPT: (1) the
 1107 runtime overhead of the importance-probing steps (layer masking and unit-level gradient probing)
 1108 under single- and multi-GPU execution; and (2) the scaling behavior of training time when varying
 1109 the number of expanded layers. These measurements complement Table 6 and clarify why ADEPT
 1110 achieves shorter end-to-end training times (including both probing and training) in practice.

1112 **Probing overhead.** The importance-probing in ADEPT comprises: a one-time layer-importance
 1113 pass (layer masking) and periodic unit-level gradient probing. Both operations are lightweight relative
 1114 to full training: layer masking is computed once before the main CPT loop and is fully parallelizable, and gradient probing requires only a single backward pass per probe interval (every 500
 1115 steps). Table 7 reports wall-clock times for these two components on single-GPU and 8-GPU setups,
 1116 along with a representative total backpropagation time during training. All measurements use the
 1117 same hardware configuration and identical probing data (CMMLU + MMLU dev subsets, ≈ 580 examples).
 1118 The results demonstrate that (1) layer masking is trivially parallelizable across devices and
 1119 thus benefits nearly linearly from multi-GPU execution; and (2) gradient probing is a small fraction
 1120 of the overall training backpropagation time.

1122 Table 7: Wall-clock time for layer masking and unit-level gradient probing on single-GPU and 8-
 1123 GPU settings. ‘Total Backprop (Train)’ reports the total backward probing time during training.

Model	Layer Mask (1 GPU)	Layer Mask (8 GPUs)	Grad Probe (1 GPU)	Grad Probe (8 GPUs)	Total Backprop (Train)
Qwen3-1.7B-Base	36m30s	8m16s	2m22s	1m50s	16m20s
Qwen3-4B-Base	1h10m	17m39s	3m14s	2m10s	25m43s
Qwen3-8B-Base	1h32m	23m08s	5m24s	2m33s	29m03s
Llama3-8B	1h24m	21m47s	6m26s	3m19s	40m42s

1129 Combined probing time is small relative to the total training backpropagation time, so probing does
 1130 not meaningfully affect end-to-end efficiency, as the time saved due to ADEPT’s reduced backprop-
 1131 agation significantly outweighs the probing overhead.

1133 **Scaling analysis.** We next quantify how training time scales as we increase the number of expanded
 1134 layers. Because each expanded Transformer layer contributes a known parameter and compute

footprint, wall-clock training time increases approximately linearly with the number of expanded layers in our implementation. This near-linear behavior enables straightforward time-constrained auto-tuning: given a time budget, one can estimate an upper bound on the number of layers that may be expanded. Table 8 provides empirical training times for expanding different numbers of layers in Qwen3 base models. These times were measured under the same training configuration used for Table 6, isolating the effect of expansion count.

Table 8: Training time when expanding different numbers of layers in Qwen3 models.

Model	1 Layer	2 Layers	4 Layers	8 Layers	16 Layers
Qwen3-1.7B-Base	24h	1d 2h	1d 9h	2d 1h	2d 20h
Qwen3-4B-Base	1d 17h	2d 4h	2d 11h	3d 4h	4d 10h
Qwen3-8B-Base	2d 18h	3d 2h	3d 15h	4d 6h	6d 22h

The empirical timings show near-linear increases in total training time with expanded-layer count for all evaluated model sizes. Notably, Qwen3-8B-Base shows a sharp time increase beyond 8 expanded layers, not due to algorithmic nonlinearity but GPU memory limits that force smaller batch sizes and thus longer training. Time estimates should therefore account for compute resources. Still, our measured times offer practical guidance for layer scaling and selecting expansion size under a fixed time budget.

Summary. The additional measurements above demonstrate that (1) the runtime overhead of our importance-probing is small and highly parallelizable, and (2) the training-time cost of expanding more layers grows predictably and near-linearly. Together with the fact that ADEPT updates only a fraction of parameters, these behaviors explain the consistent end-to-end time savings reported in Table 6.

B.9 EVALUATION SETTING

We evaluate the performance of large language models on multiple-choice question answering tasks using accuracy as the primary metric. For a given question with N candidate options (typically $N = 4$, labeled A, B, C, D), the model’s prediction is determined by computing the sequence-level likelihood of each option when appended to the question stem.

Specifically, let Q denote the input question and O_i represent the i -th answer option (e.g., A. True, B. False). The model computes the conditional probability of the full sequence $Q \parallel O_i$ (i.e., the concatenation of the question and the i -th option) under the causal language modeling objective. We calculate the average negative log-likelihood (or perplexity, PPL) of the tokens in O_i given Q :

$$\text{PPL}(O_i \mid Q) = \exp \left(-\frac{1}{|O_i|} \sum_{t=1}^{|O_i|} \log P(o_t \mid Q, o_1, \dots, o_{t-1}) \right) \quad (8)$$

The model selects the option with the lowest perplexity as its predicted answer:

$$\hat{y} = \arg \min_{O_i \in \{A, B, C, D\}} \text{PPL}(O_i \mid Q) \quad (9)$$

This method, often referred to as *perplexity-based decoding*, does not require fine-tuning or additional parameters and is widely used for evaluation of base models. It leverages the pre-training objective directly by predicting the next token, making it particularly suitable for evaluating general knowledge in base LLMs.

Finally, accuracy is defined as the percentage of questions for which the model’s predicted answer matches the ground-truth label:

$$\text{Accuracy} = \frac{1}{M} \sum_{j=1}^M \mathbb{I}(\hat{y}_j = y_j) \quad (10)$$

1188 where M is the total number of test questions, \hat{y}_j is the model’s prediction on the j -th question, y_j is the true label, and $\mathbb{I}(\cdot)$ is the indicator function.

1189
 1190 For our experiments, we evaluate all model checkpoints using the lm_harness¹ framework. For
 1191 the **Mathematics** domain, we adopt the default configurations of `GSM8K_cot`, `ARC-Easy`, and
 1192 `ARC-Challenge`. For the **Medical** domain, we design custom configuration files for `MedQA`,
 1193 `MMCU-Medical`, and `CMB`, following the official evaluation protocols of `MMLU` and `CMMU`. For
 1194 the **General** domain, we directly evaluate on `MMLU` and `CMMU`. In all cases, we use 5-shot prompts
 1195 and greedy decoding (temperature = 0) for inference. This standardized evaluation protocol ensures
 1196 fair comparison across models and tasks.

1198 C MODEL PARAMETER GROUP

1200 To enable efficient and semantically meaningful parameter decoupling during fine-tuning, we partition
 1201 the model parameters into modular units based on their functional roles within the transformer
 1202 architecture. Given the substantial number of model parameters, extremely fine-grained control at
 1203 the neuron level—as used in methods like DAS (Ke et al., 2023)—is computationally prohibitive
 1204 and contradicts the goal of parameter-efficient adaptation. Moreover, such fine granularity often
 1205 leads to training instability due to noisy importance estimation.

1206 On the other hand, treating an entire layer as a single unit (e.g., standard LoRA) is too coarse and
 1207 lacks semantic discrimination. While TaSL (Feng et al., 2024b) proposes decomposing LoRA into
 1208 `LoRA_A` and `LoRA_B`, this approach is specific to low-rank adapters and does not generalize well to
 1209 full-layer decomposition.

1210 To strike a balance between granularity and efficiency, we introduce a **semantic-aware module par-**
 1211 **titioning strategy**, which divides each transformer layer into multiple functional units according to
 1212 their architectural semantics. This design allows us to manipulate parameters at a meaningful inter-
 1213 mediate level—finer than whole layers, but coarser than individual neurons—achieving a practical
 1214 trade-off between controllability and computational feasibility.

1215 Table 9 presents the detailed parameter grouping scheme used in this work, exemplified on the
 1216 LLaMA architecture.

1218
 1219 Table 9: Model Parameter Grouping Scheme

1220 Parameter Type	1221 Parameter Name	1222 Description
1223 Attention	self_attn.q_proj.weight	Query projection weight; maps input to query space
	self_attn.k_proj.weight	Key projection weight; maps input to key space
	self_attn.v_proj.weight	Value projection weight; maps input to value space
	self_attn.o_proj.weight	Output projection weight; projects attention output back to target dimension
1230 MLP	mlp.gate_proj.weight	Gating projection weight; controls information flow in SwiGLU activation
	mlp.up_proj.weight	Up-projection weight; maps features to higher-dimensional intermediate space
	mlp.down_proj.weight	Down-projection weight; projects features back to original dimension
1236 LayerNorm	input_layernorm.weight	Input layer normalization weight; normalizes input before attention
	post_attention_layernorm.weight	Normalization weight after attention; stabilizes post-attention outputs

1240
 1241 ¹<https://github.com/EleutherAI/lm-evaluation-harness>

As shown in Table 9, each transformer layer is decomposed into three primary functional modules: *Attention*, *MLP*, and *LayerNorm*. Within each module, parameters are grouped by their semantic role:

- The **Attention** module includes all four linear projections (Q, K, V, O), which collectively handle context modeling through self-attention.
- The **MLP** module contains the up, gate, and down projection layers, responsible for non-linear feature transformation.
- The **LayerNorm** components are kept separate due to their distinct role in stabilizing activations and gradient flow.

This grouping enables targeted manipulation of specific sub-functions (e.g., disabling attention outputs or freezing normalization statistics) while maintaining training stability and interpretability.

C.1 COMPATIBILITY BETWEEN LAYER EXPANSION AND DECOUPLING

First, we would like to share our understanding of the Compatibility between Layer Expansion and Decoupling:

1. Although layer expansion can minimize changes to the original parameter space, this alone makes it difficult to fully prevent model drift during long-term pre-training. Parameter decoupling offers a more fine-grained means of controlling this phenomenon.
2. Since our models are pre-trained on a large corpus, their parameter space is inherently uncontrollable, making thorough decoupling of the original model parameters challenging. In contrast, the newly expanded parameters initially contribute nothing to the model’s output. As we continue domain-specific training in the medical field, gradually decoupling these new parameters is more conducive to achieving complete decoupling.

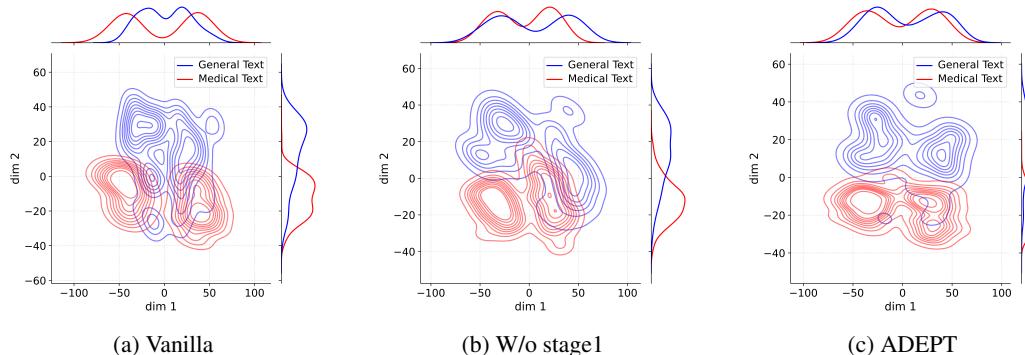


Figure 6: Kernel Density Estimation of activations for Qwen3-1.7B-Base under different configurations. Our layer extension strategy enables effective parameter decoupling. Expanded layers: 22, 23, 25, and 27.

To examine the effectiveness of our layer extension strategy, we conduct activation distribution analysis across multiple backbones. For each model, we first identify the most domain-adaptable layer (i.e., the layer with the lowest I_{layer}). We then randomly sample 500 instances from both the *Medical* and *General* corpora, compute activations at the selected layer, and visualize their distributions using Kernel Density Estimation (KDE). The following three configurations are compared: (1) the original base model, where we visualize the most domain-adaptable layer; (2) direct decoupling without expansion (w/o Stage-1), where we visualize the same most domain-adaptable layer; (3) our method with expanded layers, where we visualize the newly created expanded layer (copied from the most domain-adaptable layer).

Figure 6 presents the results from three different model configurations, providing compelling evidence for the advantages of our proposed approach.

Figure 6 a) shows the activation distribution in layer 27 of the original Qwen3-1.7B-Base model. The substantial overlap between general and medical text distributions indicates strong parameter

coupling, which is an expected consequence of mixed-domain pretraining. This coupling makes it challenging to achieve clean separation of domain-specific functionalities through conventional fine-tuning approaches. However, the divergence between the peak values in the general domain and the medical domain also indicates the potential for decoupling.

This coupling phenomenon persisted in our ablation studies with only the decoupling method in Figure 6 b). Despite our attempts to decouple the medical and general modules when training, the model’s activation distributions remained largely entangled (the graph still shows substantial overlap), failing to achieve distinct separation between domains. This observation further supports our argument that pre-existing parameter coupling from mixed-domain pretraining creates inherent challenges for direct decoupling approaches.

In contrast, Figure 6 c) demonstrates the activation distribution in layer 31 of our extended model, where we first expanded the model by copying parameters from layer 27 and then applied decoupling training. The clear separation between general and medical text distributions suggests successful parameter decoupling. This superior decoupling effect can be attributed to our “blank slate” approach: the extended layers, while initialized with copied parameters, provide a fresh parameter space that hasn’t been constrained by mixed-domain pretraining. During decoupling training, these extended layers can adapt more freely to domain-specific patterns through gradient descent and importance-based learning rate adjustments.

To validate our hypothesis, we also examine the effect of applying in Qwen3-4B-Base (Figure 7), Qwen3-8B-Base (Figure 8), Llama3-8B (Figure 9). The results indicate limited separation between domains, which supports our argument that the entangled parameters from mixed-domain pretraining are challenging to decouple through training alone.

These findings demonstrate that our layer extension strategy provides a more effective pathway for parameter decoupling compared to direct decoupling training. By creating a new parameter space through layer extension, we avoid the constraints of pre-existing parameter coupling, allowing for cleaner separation of domain-specific functionalities during subsequent training. This approach offers a promising direction for developing more modular and domain-adaptable language models.

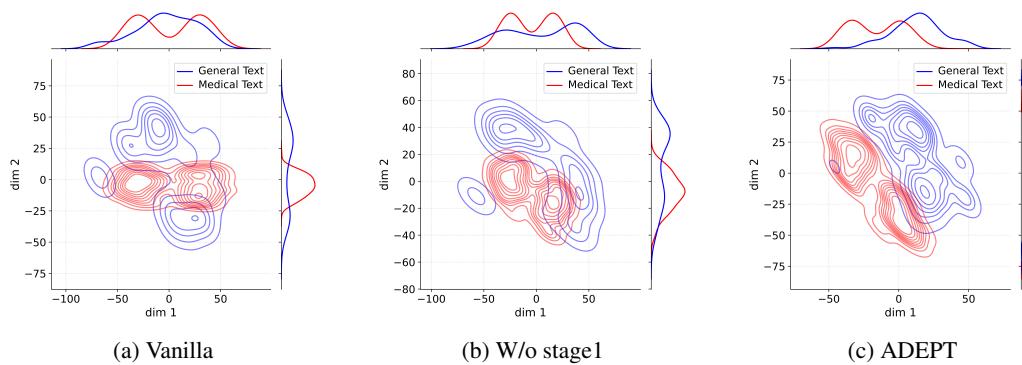


Figure 7: Visualization of activation distributions for Qwen3-4B-Base model configurations showing the effectiveness of our layer extension strategy for parameter decoupling. We expand the layer 28, 30, 31, 35 of Qwen3-4B-Base.

D DETAILED IMPORTANCE DISTRIBUTION

To investigate which layers should be expanded, we conduct a comprehensive importance analysis at both the layer and parameter levels. Specifically, we compute the importance scores for each layer and parameter across multiple models, and visualize their detailed distributions (see Figure 10, Figure 11, Figure 12, and Figure 13). Our analysis yields the following key observations:

1. Layer and parameter importance alignment. Overall, the distributions of layer-wise importance and parameter-wise importance are highly aligned across all four models. This alignment is expected, as both metrics are fundamentally computed under the same principle—estimating the impact of masking out (setting to zero) a given layer or parameter on model performance. Since param-

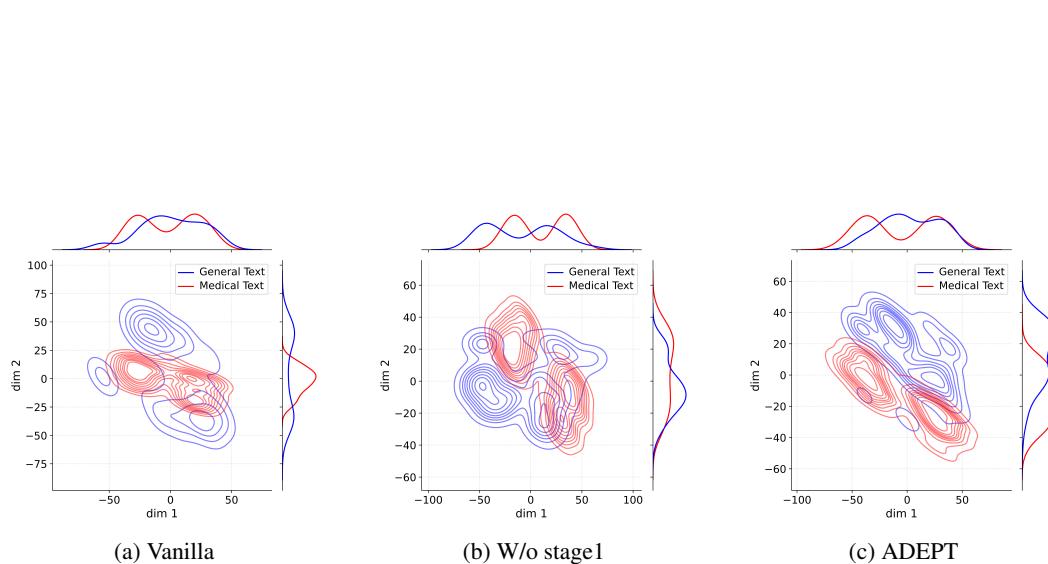


Figure 8: Kernel Density Estimation of activations for Qwen3-8B-Base, showing that our layer extension strategy enables clear parameter decoupling. We expand layers 26, 28, 29, and 30.

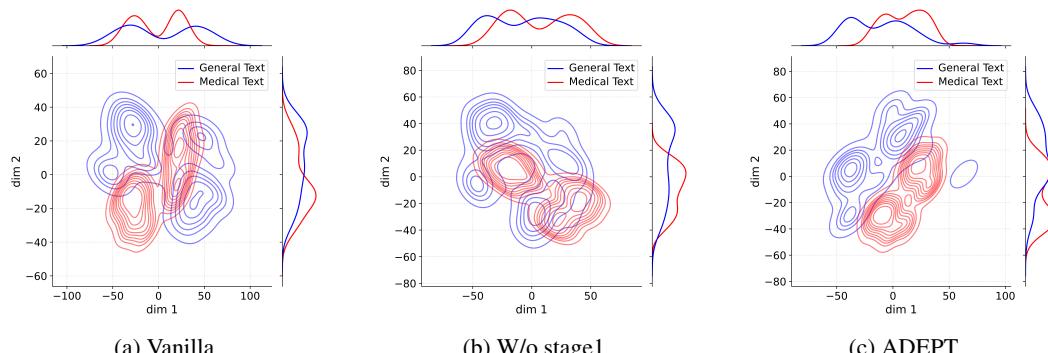


Figure 9: Kernel Density Estimation of activations for Llama3-8B, showing that our layer extension strategy enables clear parameter decoupling. We expand layers 22, 23, 24, and 28.

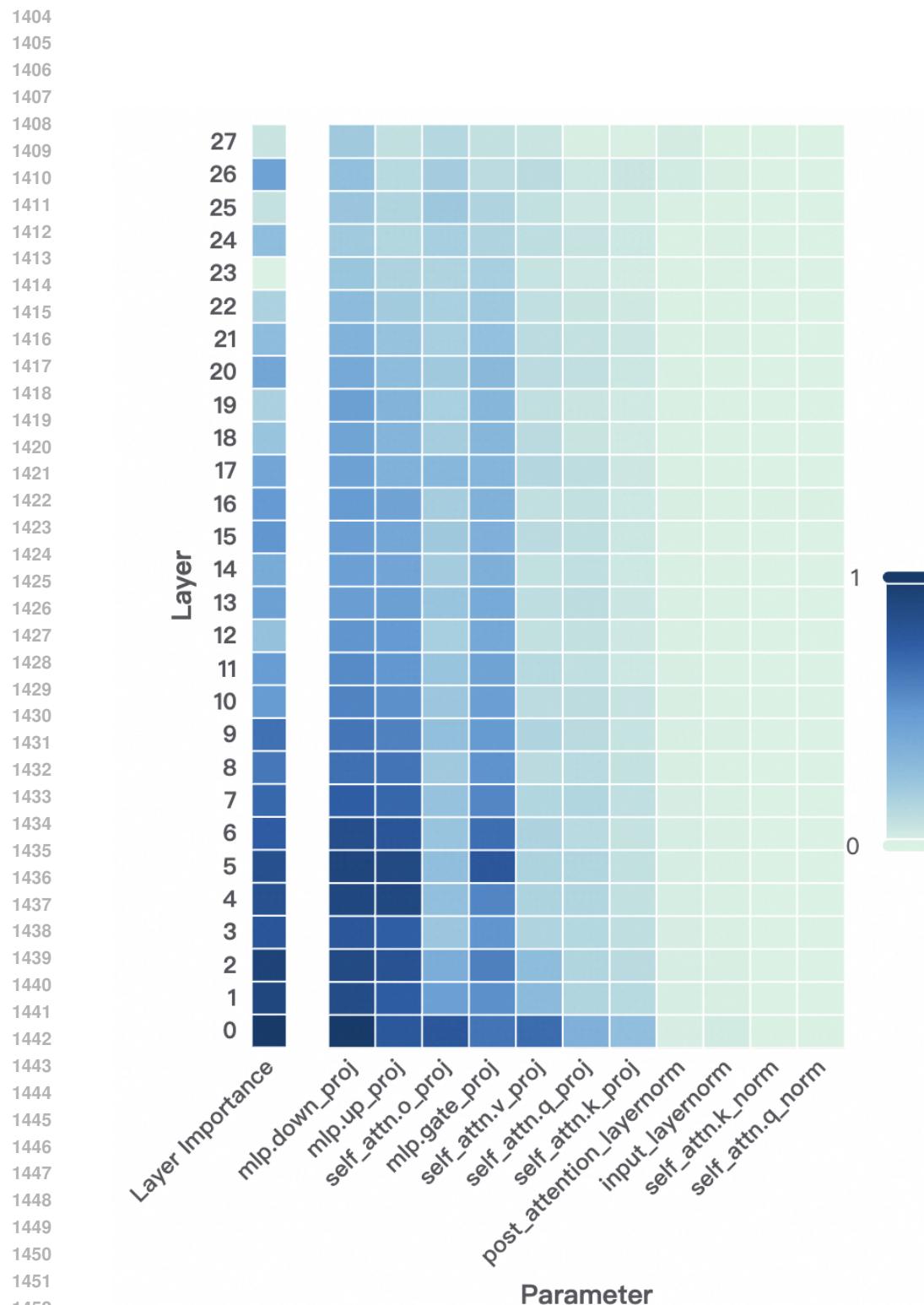


Figure 10: Layer-wise and parameter-wise importance distribution of Qwen3-1.7B-Base model

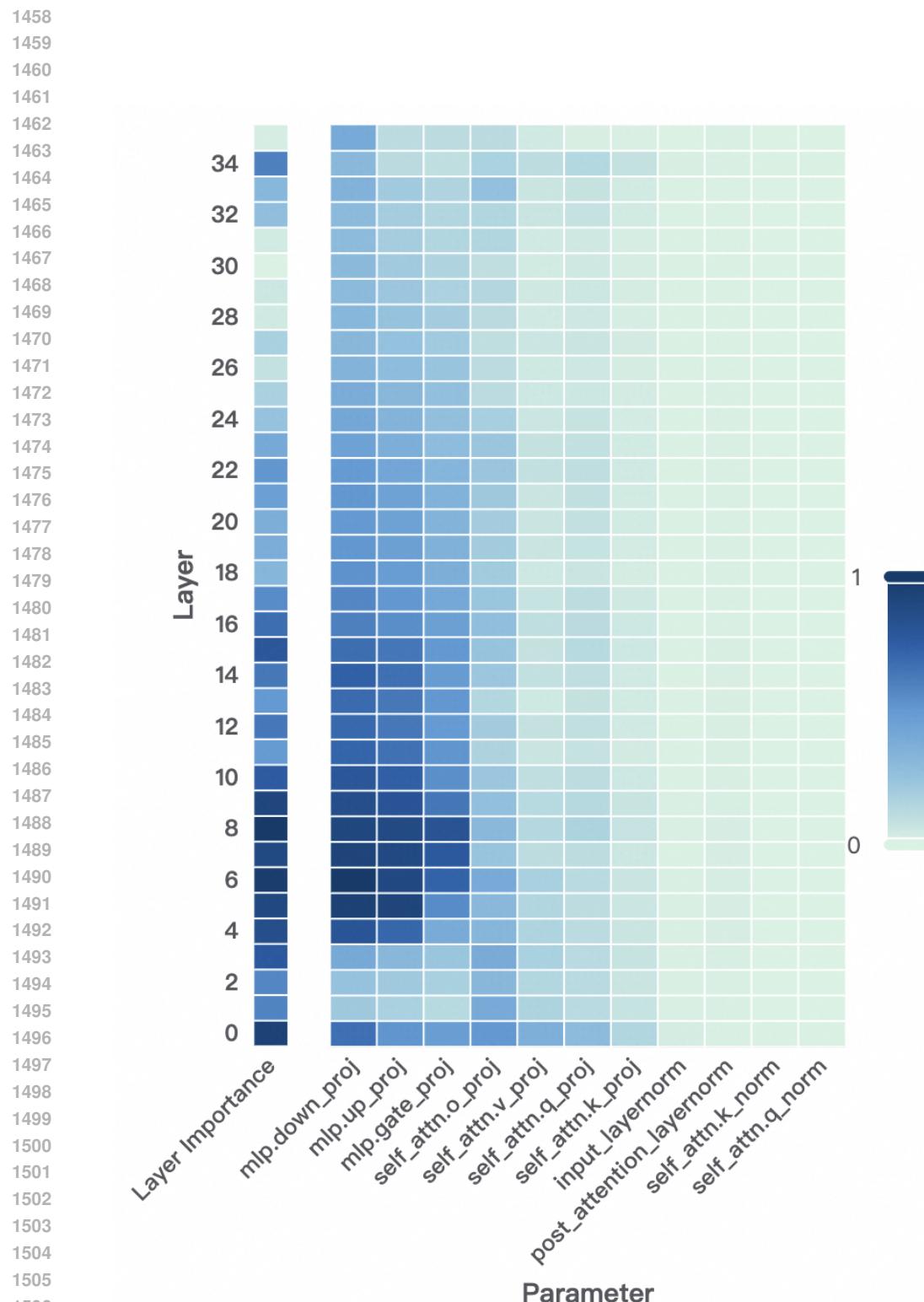


Figure 11: Layer-wise and parameter-wise importance distribution of the Qwen3-4B-Base model

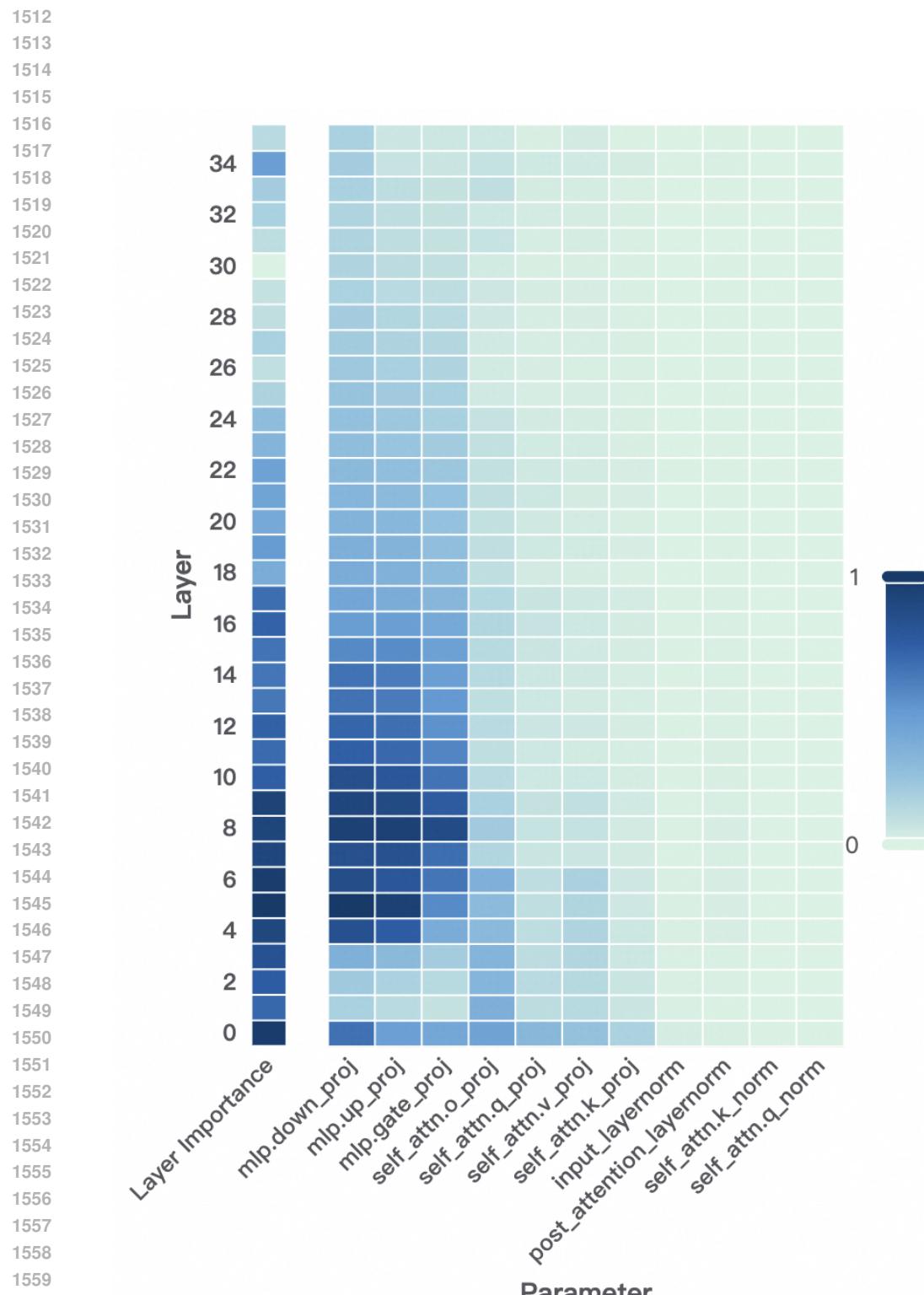


Figure 12: Layer-wise and parameter-wise importance distribution of the Qwen3-8B-Base model

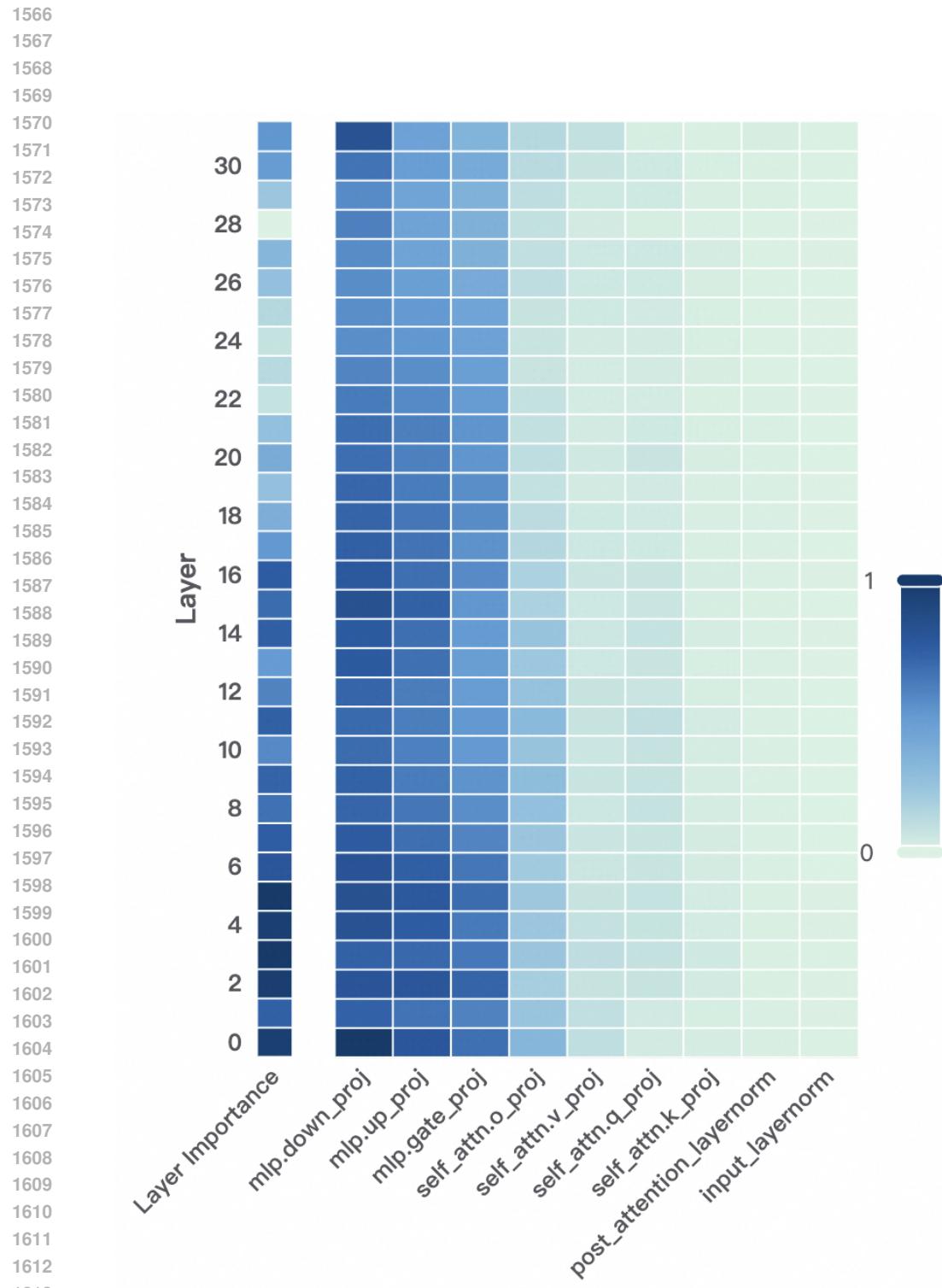


Figure 13: Layer-wise and parameter-wise importance distribution of the Llama3-8B model

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eter importance essentially decomposes the contribution at the layer level, this consistency reflects the intrinsic, nested relationship between the two. It also indicates that layer-level and parameter-level interventions affect the model’s predictive capability in a coherent manner.

2. High importance in lower layers and the penultimate layer exception. A notable pattern across all models is that the most important layers tend to be concentrated in the lower (early to middle) layers of the network, with importance values generally decreasing towards higher layers. This pattern suggests that the early layers play a critical role in the overall function of the model.

One plausible explanation, is that lower layers are responsible for capturing general syntactic properties and foundational compositionality (Clark et al., 2019; Hewitt & Manning, 2019), such as basic grammar and phrase structure. In contrast, deeper layers are typically responsible for integrating more task- or context-specific semantic information. This division of labor (earlier layers for generic linguistic structure, deeper layers for task semantics) naturally results in higher sensitivity to interventions at the bottom layers. This also provides a theoretical basis for layer expansion in deep layers.

An interesting exception observed in all models is that the penultimate layer does not follow this general trend: its importance appears elevated relative to immediately adjacent layers. This may stem from the model’s need to consolidate high-level semantic features just before producing the output prediction. The penultimate layer may act as a “bottleneck” for aggregating information necessary for the final decision or token generation—potentially as a final representation refinement step. Similar phenomena have been observed in works such as *Intrinsic Dimensionality Explains the Effectiveness of Language Model Pruning* (Aghajanyan et al., 2021), which highlight the special role of upper- and penultimate layers in output formation.

3. Intra- and inter-family patterns: Qwen vs. Llama models.

Qwen family: Across the Qwen models (Qwen3-1.7B, 4B, 8B), the overall trends are similar:

- Importance is strongly concentrated in the lower and middle layers, particularly within the first 10 layers, regardless of total model depth.
- Among parameters, `mlp.down.proj` and `mlp.up.proj` typically dominate in the most important layers, suggesting that feed-forward (MLP) components contribute substantially to the information processing in the Qwen series.
- With increasing model size (from 1.7B to 8B), the importance distribution appears to spread out slightly, showing less sharpness at the very bottom—possibly reflecting increased capacity and redundancy in larger networks.

Cross-family: Comparing Qwen models to Llama3-8B, we observe both notable similarities and differences:

- Both model families consistently exhibit high importance in MLP-related parameters (`mlp.down.proj`, `mlp.up.proj`, and `mlp.gate.proj`), especially in the most important layers. This underscores the universal role of the feed-forward network in transforming and integrating information beyond the capabilities of self-attention alone.
- Llama3-8B shows a broader distribution of importance across layers, with non-negligible values extending further into the middle and upper layers, suggesting a more distributed processing pipeline. In contrast, Qwen models tend to concentrate importance more in the lower layers.
- The dominance of MLP components in Llama3-8B is somewhat less pronounced than in Qwen, with parameter importance appearing more diffuse overall. These inter-family differences may be attributable to variations in architecture (such as normalization, attention mechanisms, or feed-forward design), pre-training data, or other modeling choices, leading to distinct strategies of information flow and representation across the network depth.

E LAYER-WISE IMPORTANCE ESTIMATION METHODS COMPARISON

To investigate which layers contribute most to model performance, we employed four different strategies to compute layer-wise importance:

- 1674
1675 1. **Cumulate importance of parameters:** For each parameter p in a layer, we compute the
1676 product $p \frac{\partial \mathcal{L}}{\partial p}$, and sum across all parameters in the layer:

$$I_{\text{layer}} = \sum_{p \in \text{layer}} p \frac{\partial \mathcal{L}}{\partial p} \quad (11)$$

- 1680
1681 2. **Module-wise rank aggregation:** For each module (e.g., attention, MLP, normalization),
1682 we calculate the importance score, rank layers by their score within each module, and
1683 aggregate rankings to obtain a total rank for each layer.
1684 3. **Masking out:** For each layer, we mask out its parameters (i.e., set to zero) and evaluate the
1685 change in loss:

$$I_{\text{layer}} = \mathcal{L}(\text{model with layer } l \text{ masked}) - \mathcal{L}(\text{original model}) \quad (12)$$

- 1687
1688 4. **Fisher information:** For each parameter p in a layer, using the Fisher information approx-
1689 imation

$$F(p) = \mathbb{E} \left[\left(\frac{\partial \log p(y|x)}{\partial p} \right)^2 \right] \quad (13)$$

1691 Layer-level Fisher importance is obtained by summing over all parameters in the layer.
1692

1693 To further understand the significance and robustness of these metrics, we conducted a preliminary
1694 experiment on the Qwen3-1.7B-Base in the medical domain with dev subset of MMLU, CMMLU
1695 to detect the importance of layers, focusing on how different gradient computation strategies affect
1696 downstream performance.

1697
1698 Table 11: Performance of different expansion methods on medical-domain tasks (**best result in each**
1699 **column is bolded**). The numbers in parentheses after each method in the table indicate which layers
1700 were expanded. The Qwen3-1.7B-Base model has a total of 28 layers, indexed from 0 to 27.

Methods Name	mmlu	cmmlu	medqa	cmb	mmcu
Qwen3-1.7B-Base	62.57	66.86	48.39	63.67	69.17
Uniformly Expansion (6,13,20,27)	59.06	64.98	48.78	64.25	70.10
Uniformly Expansion for first 16 layers (3,7,11,15)	59.60	64.91	48.78	64.07	69.80
Uniformly Expansion for last 16 layers (15,19,23,27)	61.60	66.15	49.32	65.55	71.09
Importance Cumulation (23,24,25,27)	62.63	66.81	50.19	63.85	69.48
Rank Aggregation (22,24,25,27)	62.72	66.86	50.57	63.97	69.78
Masking Out (22,23,25,27)	62.80	66.89	50.75	65.43	71.98
Fisher (23,24,25,26)	61.84	66.43	49.15	64.13	68.82

1713 Table 11 compares the effect of different layer selection methods for expansion on a variety of
1714 medical-domain tasks using Qwen3-1.7B-Base. Several key observations can be made:

1715 1. **Similarity of selected layers across methods.** All importance calculation methods lead to the
1716 selection of similar layers for expansion. For instance, the layers chosen by methods such as Im-
1717 portance Cumulation (23,24,25,27), Rank Aggregation (22,24,25,27), Masking Out (22,23,25,27),
1718 and Fisher (23,24,25,26) significantly overlap, especially in the last 6 layers of the model (layers 22
1719 and above). This convergence strongly validates our previous observations that general capability-
1720 critical layers tend to be concentrated in the latter half of the model in Appendix D.

1721 In addition, the results show that uniform expansion into the last 16 layers (Uniformly Expansion for
1722 last 16 layers (15,19,23,27)) consistently outperforms expansion into the first 16 layers (Uniformly
1723 Expansion for first 16 layers (3,7,11,15)) or uniformly across all layers, further supporting the result
1724 in Appendix D.

1725 2. **Robustness of expansion results across methods.** Despite minor variability in the specific lay-
1726 ers chosen by each method, the final performance of all importance-based expansion approaches
1727 is consistently better than both the vanilla baseline and uniform expansion. For example, on the

1728 MedQA dataset, all methods using calculated importance exceed the baseline score (e.g., Masking
 1729 Out achieves 50.75 vs. baseline 48.39), and on MMLU-med, Rank Aggregation achieves 67.95
 1730 versus the baseline 66.49. Crucially, the differences in scores among Masking Out, Rank Aggregation,
 1731 Importance Cumulation, and Fisher are relatively small for most tasks (typically less than 2
 1732 points), indicating that the overall framework is robust to the choice of importance calculation tech-
 1733 nique. Since our principal contribution is the training paradigm rather than the specific importance
 1734 metric, for subsequent experiments, we employ the masking out approach, which demonstrated the
 1735 strongest effect in preliminary experiment.

1736 F THEORETICAL ANALYSIS

1739 Our theoretical analysis relies on several simplifying assumptions as outlined below. We discuss the
 1740 rationality and limitations of each assumption:

- 1742 **(A1) Linearized Model Structure:** We model the transformer as a stack of L independent
 1743 residual blocks, effectively ignoring cross-layer coupling effects such as those arising from
 1744 pre-norm and residual connections.

1746 *Justification:* In our layer expansion scheme, **the newly added layers are always sepa-**
 1747 **rated by at least one original frozen layer and never arranged in a cascading manner.**
 1748 This design substantially weakens direct coupling between newly expanded layers, which,
 1749 in turn, reduces the degree of inter-layer interaction and nonlinearity affecting our analysis.
 1750 And this abstraction is commonly used in theoretical studies (e.g., NTK analysis or pruning
 1751 literature) to make layerwise analysis tractable.

- 1752 **(A2) Loss Function Smoothness:** We assume the loss function $\ell(\cdot, \cdot)$ is β -smooth and L_∞ -
 1753 Lipschitz with respect to predictions.

1754 *Justification:* Standard loss functions such as cross-entropy (with stability improvement)
 1755 and mean squared error are widely established to satisfy these properties. These condi-
 1756 tions allow us to relate small output perturbations to controlled changes in loss, facilitating
 1757 theoretical bounds.

- 1758 **(A3) Training Dynamics:** Our analysis assumes training is performed with a first-order SGD-
 1759 like optimizer, disregarding effects from Adam or other adaptive methods.

1760 *Justification:* First-order SGD provides well-understood theoretical properties and is com-
 1761 monly used in theoretical deep learning research. While Adam introduces adaptive scaling
 1762 that can affect convergence, many results (e.g., generalization gap bounds) transfer qual-
 1763 itatively between SGD and Adam in practice.

- 1764 **(A4) NTK Regime and Sensitivity:** Our analysis of layer sensitivity relies on the NTK (Neural
 1765 Tangent Kernel) approximation (Jacot et al., 2018), which essentially assumes the model
 1766 behaves locally linearly around its current parameters. Moreover, we should consider the
 1767 model training process to be relatively stable, with no anomalous occurrences such as gra-
 1768 dient explosion.

1769 *Justification:* This assumption is particularly well-motivated in our setting for two reasons.
 1770 First, our adaptation protocol only updates a small number of newly introduced parameters
 1771 while keeping the vast majority of the pre-trained weights frozen and decouples parameters
 1772 to maximize the retention of general capabilities. This ensures that the parameter changes
 1773 remain minimal, keeping the network within the local linear (NTK) regime throughout
 1774 adaptation. Second, unlike random initialization, our starting point is a well-trained model
 1775 on a large general-domain corpus, which already provides robust and meaningful repre-
 1776 sentations. Perturbations induced by finetuning are thus intrinsically local in the function
 1777 space and less likely to induce sudden or nonlinear model behavior, further enhancing the
 1778 validity of the NTK approximation.

1779 Overall, these assumptions enable us to derive interpretable upper bounds and provide actionable
 1780 layer selection criteria, but should be considered as idealizations. The correspondence between
 1781 these theoretical insights and practical behavior is also validated in our empirical experiments.

1782 F.1 OPTIMALITY OF LEAST-IMPORTANT BLOCK EXPANSION FOR PRESERVING GENERAL
 1783 CAPABILITIES
 1784

1785 **Notation:** Let M_0 denote the original base model, and $M_S^{(T)}$ denote the model after T steps of
 1786 adaptation, wherein only the set S of k layers are unfrozen and updated, and $\ell(\cdot, y)$ is the loss func-
 1787 tion (e.g., cross-entropy) which is L -Lipschitz and β -smooth in its first argument. $\Delta^{(l)}$ represents
 1788 the importance score of layer l as defined below.

1789 **Layer Importance Score:**
 1790

1791
$$\Delta^{(l)} := \mathbb{E}_{x \sim D_{gen}} [\ell(M_0^{(-l)}(x), y(x)) - \ell(M_0(x), y(x))]$$

 1792

1793 where $M_0^{(-l)}$ is M_0 with the l -th layer masked out.
 1794

1795 **Theorem F.1** (Upper Bound on Generalization Gap by Layer Importance). *Let $S \subseteq [L]$ be the set
 1796 of layers selected for expansion/adaptation, and $G(S)$ denote the source-domain generalization gap
 1797 after adaptation, i.e.,*

1798
$$G(S) := \mathbb{E}_{x \sim D_{gen}} [\ell(M_S^{(T)}(x), y(x)) - \ell(M_0(x), y(x))].$$

 1799

1800 *Under function-preserving initialization, limited adaptation steps, and L -Lipschitz and β -smooth
 1801 loss, the following upper bound holds:*

1802
$$G(S) \leq C \sum_{l \in S} \Delta^{(l)} + O(k(\overline{\Delta W})^2)$$

 1803
 1804

1805 *where C is a constant depending on the learning rate, steps, loss smoothness, and initialization, and
 1806 $\overline{\Delta W}$ is the maximal per-layer parameter change over adaptation.*

1807
 1808
 1809 *Proof.* **Step 1: Output Deviation Linearization.** By function-preserving initialization, $M_S^{(0)}(x) =$
 1810 $M_0(x)$. After adaptation, since only layers in S are modified and changes are small (Assumption
 1811 A4), the output difference admits a first-order Taylor expansion:
 1812

1813
$$M_S^{(T)}(x) - M_0(x) \approx \sum_{l \in S} J_l(x) \Delta W_l$$

 1814

1815 where $J_l(x) = \frac{\partial M}{\partial W_l} \Big|_{W=W_0}$ and $\Delta W_l = W_l^{(T)} - W_l^{(0)}$.
 1816

1817 **Step 2: Lipschitz Property Application.** By L -Lipschitzness of $\ell(\cdot, y)$ in its first argument,
 1818

1819
$$|\ell(M_S^{(T)}(x), y) - \ell(M_0(x), y)| \leq L \left\| M_S^{(T)}(x) - M_0(x) \right\|_2.$$

 1820

1821 Taking the expectation over $x \sim D_{gen}$,
 1822

1823
$$G(S) \leq L \mathbb{E}_x \left[\left\| M_S^{(T)}(x) - M_0(x) \right\|_2 \right].$$

 1824

1825 **Step 3: Breaking by Layer via Triangle Inequality.** According to Assumption A1 and using the
 1826 triangle inequality,
 1827

1828
$$\left\| M_S^{(T)}(x) - M_0(x) \right\|_2 \leq \sum_{l \in S} \|J_l(x) \Delta W_l\|_2,$$

 1829

1830 thus,
 1831

1832
$$G(S) \leq L \sum_{l \in S} \mathbb{E}_x [\|J_l(x) \Delta W_l\|_2].$$

 1833

1834 **Step 4: Relating to Layer Importance Score.** Recall the definition:
 1835

1836
$$\Delta^{(l)} = \mathbb{E}_x [\ell(M_0^{(-l)}(x), y) - \ell(M_0(x), y)].$$

1836 By Taylor expansion and Lipschitz continuity,

$$1838 |\ell(M_0^{(-l)}(x), y) - \ell(M_0(x), y)| \approx L \|J_l(x)W_l^{(0)}\|_2,$$

1839 so for small modifications,

$$1841 \mathbb{E}_x[\|J_l(x) \Delta W_l\|_2] \leq \frac{\|\Delta W_l\|_2}{\|W_l^{(0)}\|_2} \Delta^{(l)} + O(\|\Delta W_l\|_2^2).$$

1844 Assume $\|\Delta W_l\|_2 \leq \overline{\Delta W}$ for all $l \in S$ and $\|W_l^{(0)}\|_2$ are similar or lower-bounded by $w_0 > 0$, so

$$1846 G(S) \leq L \frac{\overline{\Delta W}}{w_0} \sum_{l \in S} \Delta^{(l)} + O(k(\overline{\Delta W})^2).$$

1849 **Step 5: Optimization Control.** In standard SGD (Assumption A3), $\overline{\Delta W}$ is controlled by learning
1850 rate η , steps T , batch size N , and bounded gradients:

$$1852 \overline{\Delta W} \lesssim \frac{\eta T}{N} \max_{t,i} \|\nabla_{W_t} \ell(M_0(x_i), y_i)\|_2.$$

1854 Thus, all learning and initialization constants can be absorbed into a scalar constant C (Assumption
1855 A3 and A4).

1856 **Step 6: Conclusion.** Thus,

$$1858 G(S) \leq C \sum_{l \in S} \Delta^{(l)} + O(k(\overline{\Delta W})^2).$$

1860 which completes the proof. □

1862 **Due to the use of residual connections, the original block and the expanded block can be viewed
1863 as a single aggregated unit. Importantly, before training, the addition of the new block does
1864 not alter the model's output, and thus the overall importance of the aggregated block remains
1865 exactly the same as that of the original block (i.e., $\Delta^{(l)}$).** As a result, when we train the parameters
1866 of the new block, it is effectively equivalent to adapting the aggregated block as a whole, whose im-
1867 portance is still characterized by the original importance score $\Delta^{(l)}$. This justifies why the potential
1868 impact of training the expanded layer is governed by the original layer's importance.

1870 The tightness of the derived upper bound hinges on both the local linearity of the expansion regime
1871 and the control over parameter updates during adaptation. In cases where the expansion layers are
1872 initialized to be function-preserving and the adaptation is performed with sufficiently small learning
1873 rates and moderate step sizes, the Taylor and Lipschitz approximations used in the proof become
1874 increasingly sharp. Thus, the upper bound is not only theoretically attainable, but also approaches
1875 the realistic generalization gap observed in practice under these conditions. This means that mini-
1876 mizing the sum $\sum_{l \in S} \Delta^{(l)}$ when selecting layers for expansion is not merely a mathematical conve-
1877 nience—it is a principled, actionable strategy for controlling catastrophic forgetting and generaliza-
1878 tion degradation. As a consequence, our criterion provides practical guidance: by limiting updates to
1879 those layers with the lowest importance scores, practitioners can reliably minimize negative trans-
1880 fer from domain adaptation, especially when adapting large pre-trained models with limited new
1881 capacity.

1882 F.2 OPTIMALITY OF IMPORTANCE-BASED LEARNING RATE ADJUSTMENT FOR MODULES

1884 We provide a rigorous analysis of learning rate reallocation in Stage 2. Specifically, let the impor-
1885 tance of each parameter θ_j in the general domain be defined as

$$1886 1887 I_{\theta_j} = \left| \frac{\partial L_{\text{gen}}}{\partial \theta_j} \right|$$

1889 where L_{gen} denotes the general-domain loss and I_{θ_j} quantifies the sensitivity of the overall perfor-
1890 mance with respect to θ_j . Under the constraint of a fixed average learning rate, our strategy assigns

lower learning rates to parameters with high general-domain importance, and higher learning rates to those deemed less important. This importance-weighted reallocation is provably optimal for minimizing the upper bound of catastrophic forgetting in the general domain, subject to the constant average learning rate constraint. Furthermore, we formulate and analytically solve the underlying constrained optimization problem to ensure that our reallocation approach achieves relative optimality in practice.

Setup and Notation Let D_{gen} be the general domain distribution with loss $L_{gen}(\theta)$. With θ^* as the original pre-trained parameters, we define parameter importance $I_j \triangleq \theta_j \frac{\partial L_{gen}}{\partial \theta_j}|_{\theta^*}$ and unit importance:

$$I_{U_i} \triangleq \frac{1}{|U_i|} \sum_{j \in U_i} I_j \in [0, 1] \quad (14)$$

under learning rate budget constraint:

$$\sum_i \frac{|U_i|}{|\Theta_\sim|} lr_{U_i} = lr_{base} \quad (15)$$

F.2.1 UPPER BOUND ON FORGETTING

Define forgetting as:

$$F \triangleq L_{gen}(\theta(T)) - L_{gen}(\theta^*) \quad (16)$$

Assuming L_{gen} is β -smooth, the first-order Taylor expansion provides:

$$F \leq \nabla_\theta L_{gen}(\theta^*)^\top \Delta(T) + \frac{\beta}{2} \|\Delta(T)\|^2 \quad (17)$$

Due to parameter freezing, the gradient $\nabla_\theta L_{gen}(\theta^*)$ is only non-zero for expanded parameters:

$$\nabla_\theta L_{gen}(\theta^*) = \sum_i \sum_{j \in U_i} I_j e_j \quad (18)$$

where $I_j = \frac{\partial L_{gen}}{\partial \theta_j}$, e_j are basis vectors.

Assuming gradient descent with per-group step size η_{U_i} and T steps, for each parameter $j \in U_i$ (Assumption A4):

$$\Delta_j(T) \approx -T\eta_{U_i} \frac{\partial L_{med}}{\partial \theta_j} \quad (19)$$

Substitute into the smoothness bound:

$$F \leq \sum_i \sum_{j \in U_i} I_j \Delta_j(T) + \frac{\beta}{2} \sum_i \sum_{j \in U_i} (\Delta_j(T))^2 \quad (20)$$

$$\leq \sum_i |U_i| \cdot |I_{U_i}| \cdot (T\eta_{U_i} G) + \frac{\beta}{2} T^2 \sum_i |U_i| \eta_{U_i}^2 G^2 \quad (21)$$

where $G := \max_j |\frac{\partial L_{med}}{\partial \theta_j}|$ upper-bounds the adaptation gradients.

The derived upper bound encompasses all possible learning rate allocations and ensures conservative control over catastrophic forgetting. Note that if group gradients G or importance scores I_{U_i} are heterogeneous, a more refined bound can be obtained by analyzing variance rather than worst-case values.

1944
1945

F.3 OPTIMAL IMPORTANCE-DRIVEN LEARNING RATE REALLOCATION

1946

Problem Statement:1947
1948

We aim to allocate learning rates η_{U_i} for each parameter group U_i so as to minimize the upper bound on forgetting:

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1950

$$F \leq a \sum_i w_i I_i \eta_{U_i} + b \sum_i w_i \eta_{U_i}^2$$

1951
1952
1953
1954

where $w_i = |U_i|$ is the number of parameters in group U_i , $I_i = |I_{U_i}|$ indicates the average importance of parameters in U_i , $a, b > 0$ are constants determined by training steps, gradient norms, and the smoothness constant (β (Assumption A2)). The constraint is that the average learning rate remains fixed:

1955
1956

$$\sum_i w_i \eta_{U_i} = W \eta_{avg}$$

1957

where $W = \sum_i w_i$ is the total number of trainable parameters.

1958
1959
1960**Lagrangian Formulation:**

Introduce a Lagrange multiplier λ and write the Lagrangian:

1961
1962
1963

$$\mathcal{L}(\{\eta_{U_i}\}, \lambda) = a \sum_i w_i I_i \eta_{U_i} + b \sum_i w_i \eta_{U_i}^2 + \lambda \left(\sum_i w_i \eta_{U_i} - W \eta_{avg} \right)$$

1964

Optimality Condition:

1965

Taking derivatives and setting to zero, we obtain for each j :

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1967
1968
1969

$$\begin{aligned} \frac{\partial \mathcal{L}}{\partial \eta_{U_j}} &= aw_j I_j + 2bw_j \eta_{U_j} + \lambda w_j = 0 \\ \implies \eta_{U_j}^* &= -\frac{a}{2b} I_j - \frac{\lambda}{2b} \end{aligned}$$

1970

Including the constraint:

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1972
1973
1974
1975

$$\sum_j w_j \eta_{U_j}^* = W \eta_{avg}$$

1976

Plugging in the expression for $\eta_{U_j}^*$ gives:

1977
1978
1979

$$-\frac{a}{2b} \sum_j w_j I_j - \frac{\lambda}{2b} W = W \eta_{avg}$$

1980

Solving for λ :

1981
1982
1983
1984

$$\lambda = -2b \eta_{avg} - \frac{a}{W} \sum_j w_j I_j$$

So the optimal learning rate for group U_j is:

1985
1986
1987
1988

$$\eta_{U_j}^* = \eta_{avg} - \frac{a}{2b} \left(I_j - \frac{1}{W} \sum_{j'} w_{j'} I_{j'} \right) \quad (22)$$

1989

Interpretation and Guidance:1990
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When the theoretical upper bound is tight—which is often the case in well-controlled, locally linear training regimes—this result has direct practical utility. Notably, the optimal learning rate allocation $\eta_{U_j}^*$ is an affine (linear) function of the group importance I_j . Our method, which assigns $\text{lr}_U = 2 \cdot (1 - I_{\text{unit}}) \cdot \text{lr}_{\text{base}}$, can be viewed as a simplified implementation of the derived optimal form. By decreasing the learning rate for groups with high general-domain importance and increasing it for those with low importance, this strategy effectively minimizes the risk of catastrophic forgetting while respecting the global learning rate constraint. Thus, our approach provides actionable guidance for tailoring learning rates based on parameter importance in continual learning and domain adaptation.

1998 G EXPERIMENT ABOUT THE NUMBER OF EXPANDED LAYERS

1999
 2000 In Stage 1, determining the optimal number of expanded layers emerges as a crucial hyperparameter.
 2001 To investigate this, we conducted systematic experiments across various model scales in the medical
 2002 domain by expanding different numbers of layers. These comprehensive experiments aim to pro-
 2003 vide empirical insights into selecting the most effective layer expansion strategy, offering valuable
 2004 guidance for future research in this direction.

2005
 2006 Table 12: Comparative Performance of Different Layer Expansion Strategies across Model Scales
 2007 and Medical Tasks. **Bold** indicates the best-performing setup for each task; underline shows the
 2008 second-best. This highlights optimal and near-optimal choices for each scenario.

Model	MMLU	CMMLU	MedQA	MMCU-Medical	CMB
<i>Qwen3-1.7B</i>					
Vanilla	62.57	66.86	48.39	69.17	63.67
1-layer	62.31	66.23	48.08	69.95	61.40
2-layer	62.48	66.91	48.63	70.78	62.89
4-layer	62.80	<u>66.89</u>	50.75	<u>71.98</u>	65.43
8-layer	<u>61.84</u>	66.02	<u>49.57</u>	72.41	<u>65.00</u>
16-layer	60.96	64.65	<u>48.86</u>	70.13	64.88
<i>Qwen3-4B</i>					
Vanilla	73.19	77.92	62.77	82.44	78.92
1-layer	72.98	<u>77.69</u>	<u>63.39</u>	82.83	78.21
2-layer	73.10	<u>77.84</u>	63.08	82.80	78.48
4-layer	72.95	78.77	64.49	84.58	79.87
8-layer	<u>73.06</u>	77.65	65.02	<u>84.22</u>	<u>78.81</u>
16-layer	72.06	77.11	62.61	82.09	78.61
<i>Qwen3-8B</i>					
Vanilla	<u>76.94</u>	82.09	66.30	86.45	81.67
1-layer	76.84	82.06	67.87	86.95	81.50
2-layer	76.70	82.10	67.93	87.99	82.90
4-layer	76.77	82.11	69.24	89.84	85.80
8-layer	76.77	<u>82.15</u>	68.34	<u>88.02</u>	<u>84.85</u>
16-layer	77.12	82.28	<u>68.56</u>	87.76	84.32
<i>LLaMA3-8B</i>					
Vanilla	65.33	50.83	58.91	46.29	35.61
1-layer	65.29	51.12	58.97	50.83	40.45
2-layer	<u>65.61</u>	50.98	<u>59.56</u>	55.92	47.83
4-layer	65.25	<u>51.73</u>	<u>60.82</u>	<u>63.17</u>	<u>54.65</u>
8-layer	65.17	51.92	61.17	67.03	61.78
16-layer	65.12	52.45	61.92	70.86	65.31

2046 For general language tasks such as MMLU and CMMLU, all models largely preserve their baseline
 2047 performance regardless of the number of expanded layers. This indicates that layer expansion does
 2048 not compromise the models’ general language capabilities and robustness.

2049
 2050 However, for domain-specific medical tasks (MedQA, MMCU-Medical, and CMB), the impact of
 2051 layer expansion is more pronounced. Across all Qwen model variants (1.7B, 4B, and 8B), expanding
 4 layers consistently yields optimal performance, as shown by the bolded results in Table 12. Specif-

2052 ically, the Qwen3-1.7B, 4B, and 8B models improve on MMCU-Medical by up to 2.8%, 2.1%, and
 2053 3.4%, respectively, when increasing from baseline to 4-layer expansion. Notably, expanding
 2054 beyond 4 layers (e.g., to 8 or 16 layers) does not systematically improve performance—and in several
 2055 cases, results in diminishing or even degraded accuracy. This suggests that moderate layer ex-
 2056 pansion (4 layers) achieves a balance between performance gain and model stability, while excessive
 2057 expansion may introduce optimization difficulties, overfitting, or disrupt the pre-trained knowledge
 2058 representations, leading to suboptimal outcomes.

2059 In contrast, the LLaMA3-8B model displays a unique trend: performance improvements are con-
 2060 tinuous as more layers are expanded, with the best results observed at expanding 16 layers. The
 2061 gains are considerable for tasks like MMCU-Medical and CMB, where scores rise dramatically
 2062 from 46.29% and 35.61% in the vanilla model to 70.86% and 65.31% with 16 expanded layers.
 2063 This behavior contrasts with the Qwen models and is likely due to LLaMA’s more limited Chinese
 2064 capability in its original configuration. The need for extensive architectural expansion reflects the
 2065 necessity to build new, specialized representations to compensate for baseline deficiencies when ad-
 2066 dressing Chinese-centric tasks. Therefore, while moderate layer expansion is optimal for models pre-
 2067 trained on Chinese data (Qwen), more substantial expansion may be required for models less
 2068 adapted to the target language or domain (LLaMA).

2069 Overall, these results indicate that expanding more layers does not guarantee better performance. For
 2070 well-aligned models, excessive expansion may lead to interference with the original knowledge or
 2071 cause optimization instability. In contrast, for models lacking target domain competence, increased
 2072 expansion helps establish the missing representations, albeit at the cost of greater computational
 2073 complexity.

2074 H TAKE PRETRAIN DATA AS IMPORTANCE SOURCE

2077 Our previous experiments employed the dev sets of MMLU and CMMLU as benchmark datasets
 2078 for gradient-based importance estimation. However, such high-quality and carefully curated bench-
 2079 marks are often scarce, especially in practical industrial scenarios. To investigate the robustness of
 2080 our ADEPT method under more realistic conditions where benchmark data may not be available,
 2081 we explore the use of noisier pretraining data for importance estimation.

2082 Table 13: General Competence Detection Pretrain Corpus. #Examples means the number of exam-
 2083 ples we used.

2085 Dataset	2086 #Examples	2087 Hugging Face Link
2087 FineWeb_Edu	2088 500	HuggingFaceFW/fineweb-edu
2088 FineWeb_Edu_Chinese V2.1	2089 500	HuggingFaceFW/fineweb-edu

2090 Specifically, we utilize the FineWebEdu and FineWebEdu-Chinese datasets (Data overview and links
 2091 in Table 13), extracting the top 500 samples with the highest educational scores from the first 10,000
 2092 entries in each corpus to serve as our importance estimation set. Compared to curated benchmarks,
 2093 these datasets are much more accessible in real-world applications. Furthermore, the computational
 2094 cost for filtering out such high-quality samples is negligible relative to the overall cost of large-scale
 2095 pretraining.

2096 This experimental setting allows us to rigorously evaluate the robustness of ADEPT when real-
 2097 world, easily accessible pretraining data replaces ideal benchmark datasets for importance-based
 2098 layer expansion decisions.

2099 Table 14 summarizes the performance of our ADEPT method when the importance estimation is
 2100 conducted with either high-quality benchmark data or more easily accessible pretraining data across
 2101 different model scales. Overall, the results demonstrate that ADEPT not only consistently out-
 2102 performs the vanilla baseline but also shows remarkable robustness across most scenarios when
 2103 using pretraining data for importance calculation. In Qwen3 series models, the difference between
 2104 benchmark-based and pretraining-data-based importance estimation is minimal. In several cases, the
 2105 latter even slightly surpasses the benchmark version (e.g., Qwen3-1.7B on MMLU and Qwen3-8B
 on MMLU and CMMLU), validating the practical applicability and flexibility of our approach.

2106
 2107 Table 14: Performance comparison of ADEPT with benchmark-based and pretraining-data-based
 2108 importance estimation across model scales. **Bold** indicates the best performance per column;
underline marks the second-best.

Model	MMLU	CMMLU	MedQA	MMCU-Medical	CMB
<i>Qwen3-1.7B</i>					
Vanilla	62.57	66.86	48.39	69.17	<u>63.67</u>
ADEPT (Benchmark)	<u>62.80</u>	66.89	50.75	71.98	65.43
ADEPT (PT Data)	62.85	<u>66.87</u>	<u>49.39</u>	<u>70.84</u>	63.07
<i>Qwen3-4B</i>					
Vanilla	73.19	<u>77.92</u>	62.77	82.44	78.92
ADEPT (Benchmark)	72.95	78.77	64.49	84.58	79.87
ADEPT (PT Data)	<u>73.14</u>	77.96	<u>63.94</u>	<u>83.34</u>	<u>79.62</u>
<i>Qwen3-8B</i>					
Vanilla	76.94	82.09	66.30	86.45	81.67
ADEPT (Benchmark)	76.77	82.11	69.24	89.84	85.80
ADEPT (PT Data)	76.83	82.20	<u>67.56</u>	<u>87.20</u>	<u>83.92</u>
<i>LLaMA3-8B</i>					
Vanilla	65.33	50.83	58.91	46.29	35.61
ADEPT (Benchmark)	<u>65.25</u>	51.73	60.82	63.17	54.65
ADEPT (PT Data)	65.21	50.27	<u>59.13</u>	<u>60.29</u>	<u>51.32</u>

2134
 2135 For LLaMA3-8B, ADEPT with pretraining data still yields clear improvements over the vanilla
 2136 baseline on all tasks, particularly in domain-specific metrics such as MedQA and MMCU-Medical.
 2137 However, compared to the benchmark-based ADEPT, the pretraining-data variant shows slightly
 2138 lower performance, with a gap of approximately 1–5% across tasks. This modest drop can be at-
 2139 tributed to two main factors: first, the inherent discrepancy between noisier pretraining data and
 2140 expertly curated benchmarks introduces less precise gradient signals for importance estimation. Sec-
 2141 ond, LLaMA3-8B’s weaker baseline in Chinese tasks means its optimization is more sensitive to the
 2142 quality of importance source, and benefits more from highly targeted benchmark data. Nonethe-
 2143 less, even with this gap, the pretraining-data approach remains highly valid, especially in practical
 2144 scenarios where access to dedicated benchmarks is limited.

2145 In summary, ADEPT demonstrates strong effectiveness and robustness when layer expansion is
 2146 guided by pretraining data, making it highly suitable for real-world deployment. The slight perfor-
 2147 mance drop observed in LLaMA3-8B highlights the additional value of benchmark data for models
 2148 or tasks with substantial baseline limitations, but does not diminish the overall utility of our method
 in resource-constrained settings.

I TOKEN DISTRIBUTION SHIFT

2153 Following the methodology proposed by Lin et al. (2024), we conducted a comprehensive analysis of
 2154 token distribution shifts between the base and aligned models using the MMLU (Massive Multitask
 2155 Language Understanding) dataset. The analysis focuses on identifying and quantifying the changes
 2156 in token prediction patterns that occur during the alignment process.

2157 Our analysis procedure consists of the following steps:

- 2158 1) For each position in the input text, we use the aligned model with greedy decoding to generate
 2159 the output token o_t .

2160 2) We then examine how this token is ranked in the base model's probability distribution P_{base} . This
 2161 ranking, denoted as η , serves as our primary metric for categorizing token shifts.

3) Based on the base ranking η , we classify each token position into three categories:

- Unshifted positions ($\eta = 1$): The token is top-ranked in both base and aligned models
 - Marginal positions ($1 < \eta \leq 3$): The token has a relatively high probability in the base model
 - Shifted positions ($\eta > 3$): The token is unlikely to be sampled by the base model

2169 4) For shifted tokens, we calculate *Rank Improvement Ratio*: $\frac{\text{base_rank}}{\text{aligned_rank}}$

Our analysis of the MMLU dataset revealed significant distribution shifts between the base and continual pretrained models by ADEPT. Figure 14 visualizes the most significantly shifted tokens, where the size of each token is proportional to its rank improvement ratio.



Figure 14: Word cloud visualization of shifted tokens. The size of each token represents its rank improvement ratio ($\frac{\text{base_rank}}{\text{aligned_rank}}$), indicating the magnitude of distributional shift during alignment. Larger tokens indicate more significant shifts in the model’s prediction patterns.

2201 Our analysis of the MMLU dataset revealed significant and efficient distribution shifts between the
2202 base and aligned models. Figure 14 visualizes the most significantly shifted tokens, where the size
2203 of each token is proportional to its rank improvement ratio.

The analysis revealed a notably efficient token distribution shift pattern. Specifically, only 2.18% of tokens underwent significant shifts (compared to 5.61% in full pretraining), with 88.78% remaining unshifted and 9.04% showing marginal changes (Totally 645496 tokens analyzed). This represents a more focused and efficient alignment compared to full pretraining scenarios, which typically show higher shift percentages (unshifted: 75.59%, marginal: 18.80%, shifted: 5.61%).

2209 Most remarkably, the shifted tokens demonstrate a clear concentration in medical terminology and
2210 medicine-related concepts. Key examples include: "prescription", "diagnosis", "symptoms", "dia-
2211 betes", "arthritis", "tumor", "MRI", "therapy", "treatment", "hospital", "care", "patients".
2212

2213 This specialized distribution stands in stark contrast to the more general token shifts observed in full pretraining, where top shifted tokens (such as <im_end>, "CIF", "Registered", "progression",

“median”) show no particular domain focus and more noise. This comparison suggests that ADEPT achieved a more targeted and efficient knowledge injection, specifically enhancing the model’s medical domain expertise while maintaining stability in other areas. The lower percentage of shifted tokens (2.18% vs 5.61%) combined with their high domain relevance indicates a more precise and economical alignment process that effectively injects medical knowledge without unnecessary perturbation of the model’s general language capabilities.

These findings suggest that domain-specific alignment can be achieved with minimal token distribution disruption while maintaining high effectiveness in knowledge injection. This efficiency in token shifting demonstrates the potential for targeted domain adaptation without the broader distributional changes typically seen in full pretraining scenarios.

Similarly, in mathematical domain alignment (Figure 15), we observed an even more efficient token distribution shift. The analysis shows only 1.24% of tokens underwent significant shifts, with 91.51% remaining unshifted and 7.25% showing marginal changes. This represents an even more concentrated alignment compared to full pretraining (unshifted: 85.45%, marginal: 10.18%, shifted: 4.37%).

The shifted tokens clearly reflect mathematical and scientific terminology, as evidenced by terms such as "theorem", "quantum", "parameters", "physics", and "equation". This highly focused shift pattern, utilizing merely one-third of the token shifts compared to full pretraining (1.24% vs 4.37%), demonstrates the effectiveness of our approach in precisely targeting mathematical knowledge injection while maintaining model stability in other domains.



Figure 15: Word cloud visualization of shifted tokens in mathematical domain alignment. The predominance of mathematical and scientific terminology demonstrates the precise targeting of domain-specific knowledge.

J LINEAR MERGE OF DOMAIN-SPECIFIC EXTENSIONS: RESULTS AND INSIGHTS

In Table 15, we compare the performance of the Vanilla model and the Merged Model, which was constructed by linearly merging the domain-specific extension layers (with equal weights of 0.5 for medical and mathematical domains) after independent training. Our results show that the merged

2268 Table 15: Performance comparison of Vanilla and Merged Models on multiple benchmarks (Qwen3-
 2269 1.7B and Qwen3-4B).

	MMLU	CMMLU	GSM8K	ARC-E	ARC-C	MedQA	MMCU	CMB
Qwen3-1.7B								
Vanilla	62.57	66.86	57.62	81.44	51.19	48.39	69.17	63.67
Merged Model	62.70	65.83	60.80	81.06	51.94	48.39	68.61	64.83
Qwen3-4B								
Vanilla	73.19	77.92	69.07	85.52	59.13	62.77	82.44	78.92
Merged Model	72.96	77.99	73.16	85.27	58.96	62.83	82.83	78.42

2281
 2282 model does not exhibit any significant collapse, and in some indicators even surpasses the original
 2283 base model. For example, on the GSM8K benchmark for Qwen3-1.7B, the merged model achieves
 2284 60.80%, compared to 57.62% for the vanilla model. This demonstrates the generalization and ex-
 2285 tensibility of our method, enabling fusion across multiple vertical domains.

2286 Our extension approach ensures that each newly added layer is separated by at least one original
 2287 frozen layer, rather than being directly adjacent. This design leads to greater stability during model
 2288 merging. On one hand, if the merged models were purely cascaded, the non-linear transforma-
 2289 tions introduced could lead to more unpredictable interactions between layers. On the other hand,
 2290 because each layer operates within a consistent contextual environment provided by surrounding
 2291 frozen layers during continual pre-training, we believe that this fixed hierarchical structure imposes
 2292 constraints that make the semantic representations learned by the new layers more aligned in certain
 2293 dimensions. As a result, the merging process becomes more reliable and beneficial to overall model
 2294 performance.

2295 It is worth noting that our merging strategy adopts the simplest possible weighted average. The
 2296 specific merging algorithm is not the focus of this work; we believe that with more scientific weight-
 2297 ing schemes, even better results can be obtained. Here, we hope to stimulate further research and
 2298 provide preliminary insights based on our observations.

K USE OF LLM

2303 In the preparation of this article, we utilized large language models (LLM) solely for writing assis-
 2304 tance purposes. Specifically, we employed the GPT-4.1-0414 model to polish language expressions,
 2305 condense sentences, and improve the overall clarity and readability of the text. The model was used
 2306 exclusively for editing and refining manuscript language and did not participate in any conceptual
 2307 or technical aspects of this work.

2308 All research ideas, theoretical proof methods, experimental designs, and visualizations were con-
 2309 ceived, executed, and finalized by the authors without the involvement of any LLM tools. The
 2310 development of new concepts, formulation and validation of proofs, experimental setups, analysis
 2311 of results, and the creation of figures were performed independently by the research team. At no
 2312 point was the LLM model used to generate, modify, or validate the scientific content, methodology,
 2313 or results presented in this article.

2314 We emphasize that the role of GPT-4.1-0414 in this research was strictly limited to linguistic en-
 2315 hancement at the writing stage, and that all substantive intellectual and scientific contributions orig-
 2316 inate solely from the authors.

L ALGORITHM

2318
 2319 Please see Algorithm 1.

2322 **Algorithm 1** ADEPT

2323 **Require:** Pretrained LLM M_0 with layers $\{\Theta^{(1)}, \dots, \Theta^{(L)}\}$, domain probing corpus $\mathcal{D}_{\text{probe}}$, con-
2324 tinual pretraining corpus $\mathcal{D}_{\text{train}}$, number of layers to expand k , base learning rate lr_{base} , update
2325 interval T_{update}

2326 1: # Stage 1: General-Competence Guided Selective Layer Expansion

2327 2: Compute base loss $\mathcal{L}_{\text{base}} \leftarrow \frac{1}{|\mathcal{D}_{\text{probe}}|} \sum_x \ell(M_0(x), x)$

2328 3: **for** $l \leftarrow 1$ to L **do**

2329 4: Temporarily mask layer l to get $M_0^{(-l)}$

2330 5: Compute masked loss $\hat{\mathcal{L}}^{(l)} \leftarrow \frac{1}{|\mathcal{D}_{\text{probe}}|} \sum_x \ell(M_0^{(-l)}(x), x)$

2331 6: Compute importance score $\Delta^{(l)} \leftarrow \hat{\mathcal{L}}^{(l)} - \mathcal{L}_{\text{base}}$

2332 7: **end for**

2333 8: Select k least-important layers $\mathcal{S}_k \leftarrow \text{LowestK}(\{\Delta^{(l)}\})$

2334 9: **for** each $l \in \mathcal{S}_k$ **do**

2335 10: Duplicate parameters $\tilde{\Theta}^{(l)} \leftarrow \Theta^{(l)}$ ▷ Identity copy

2336 11: Initialize $\tilde{W}_{\text{MHSAs}}^{\text{out}} = 0$, $\tilde{W}_{\text{FFN}}^{\text{out}} = 0$ ▷ Function Preserving Init

2337 12: Freeze original $\Theta^{(l)}$, mark $\tilde{\Theta}^{(l)}$ as trainable

2338 13: **end for**

2339 14: # Stage 2: Adaptive Unit-Wise Decoupled Tuning

2340 15: **for** each training step t **do**

2341 16: **if** $t \bmod T_{\text{update}} == 0$ **then**

2342 17: **for** each expanded layer $\tilde{\Theta}^{(l)}$ **do**

2343 18: Partition into semantic units $\{U_1, \dots, U_n\}$

2344 19: **for** each unit U_i **do**

2345 20: Compute gradient-based importance $I_{U_i} \leftarrow \frac{1}{|U_i|} \sum_{j \in U_i} \theta_j \cdot \nabla_{\theta_j} \mathcal{L}$

2346 21: Assign adaptive learning rate $\text{lr}_{U_i} \leftarrow 2 \cdot (1 - I_{U_i}) \cdot \text{lr}_{\text{base}}$

2347 22: **end for**

2348 23: **end for**

2349 24: **end if**

2350 25: Sample training sequence $x = (x_1, x_2, \dots, x_T) \sim \mathcal{D}_{\text{train}}$

2351 26: Compute autoregressive loss:

2352 27: $\mathcal{L} = -\sum_{t=1}^T \log P(x_t \mid x_{<t}; \Theta)$

2353 28: Update parameters $\{\tilde{\Theta}^{(l)}\}$ using adaptive learning rates $\{\text{lr}_{U_i}\}$

2354 29: **end for**

2355

2356

2357 M SENSITIVITY ANALYSIS OF IMPORTANCE-SCORE UPDATE INTERVALS

2358 To assess the effect of the update frequency in Stage 2, we conduct a systematic sensitivity analysis
2359 on the interval at which unit importance scores are recomputed. While the main experiments
2360 adopt an update interval of 500 steps, it remains unclear how sensitive ADEPT is to more or less frequent
2361 updates. To this end, we perform additional experiments on Qwen3-4B-Base in the medical domain,
2362 evaluating intervals ranging from 10 to 5000 steps. This setup allows us to quantify how different recomputation
2363 frequencies influence model performance and overall training time. As shown in Table 16 and Table 17, we report both the medical-domain and general-domain performance of
2364 ADEPT under different update intervals, together with the corresponding training time (Descriptions
2365 of these newly added benchmarks and their evaluation protocols are provided in Appendix O). This
2366 allows us to clearly quantify how the recomputation frequency impacts domain-specific adaptation,
2367 general knowledge retention, and overall efficiency.

2368 Interestingly, **the most frequent update setting (every 10 steps) does not yield the best results**.
2369 We hypothesize that this is due to training stability: excessively frequent adjustments of unit-wise
2370 learning rates may introduce noise, as the importance scores are estimated via a first-order approxi-
2371 mation and thus inherently sensitive to stochastic fluctuations. The performance of the 500-step
2372 interval is largely comparable to that of the 100-step interval across benchmarks, while the latter
2373 already offers a substantially reduced training time comparing to 10-step interval. This further indi-
2374 cates that the **computational overhead of backpropagation dominates the overall training cost**,

2376 Table 16: Sensitivity of ADEPT to the update interval for recomputing unit importance scores on
 2377 Qwen3-4B-Base in the medical domain.

Interval	PubMedQA (%)	MedQA (%)	MMCU (%)	CMB (%)	CMB-Clin (%)	Time
Qwen3-4B-Base	73.60	62.77	82.44	78.92	–	–
Step-10	77.60	63.26	83.51	79.04	54.12	5d 10h
Step-100	<u>77.40</u>	<u>64.45</u>	<u>84.34</u>	80.46	55.28	2d 12h
Step-500	77.20	64.49	84.58	<u>79.87</u>	<u>54.40</u>	2d 11h
Step-1000	<u>77.40</u>	62.97	82.62	79.44	53.64	2d 11h
Step-5000	77.20	62.05	81.48	77.58	52.26	2d 11h

2386 Table 17: Sensitivity of ADEPT to the update interval for recomputing unit importance scores on
 2387 Qwen3-4B-Base on general-purpose benchmarks.

Interval	TruthfulQA-MC1 (%)	TruthfulQA-MC2 (%)	CEval (%)	CMMLU (%)	BBH (%)	HellaSwag (%)	MMLU (%)	Time
Qwen3-4B-Base	36.84	53.38	79.49	77.92	70.73	55.41	73.19	–
Step-10	37.47	54.24	79.90	77.66	71.05	54.24	<u>72.98</u>	5d 10h
Step-100	<u>37.68</u>	<u>54.33</u>	79.68	78.60	71.51	55.21	73.01	2d 12h
Step-500	38.31	54.63	79.00	78.77	<u>71.08</u>	<u>55.35</u>	72.95	2d 11h
Step-1000	37.21	53.39	78.90	<u>78.65</u>	70.70	54.26	72.43	2d 11h
Step-5000	37.09	53.31	79.05	77.68	70.66	54.00	72.44	2d 11h

2396
 2397 and that the recomputation of importance scores is relatively lightweight. Notably, even an
 2398 extremely infrequent update interval such as 5000 steps (i.e., only six updates throughout training)
 2399 maintains competitive performance, highlighting the robustness of ADEPT.

2400 We also observe the parameter importance during training and find that the overall distribution
 2401 of importance across modules remains relatively stable after the initial update. Subsequent updates
 2402 produce smaller changes, which explains ADEPT’s stable effectiveness.

2405 N APPLICABILITY TO SUPERVISED FINE-TUNING

2407 To demonstrate ADEPT’s transferability beyond continual pretraining, we further conduct Supervised
 2408 Fine-Tuning (SFT) experiments in the medical domain on two widely used instruction-tuned
 2409 backbones, LLaMA3-8B-Instruct and Qwen3-8B.

2411
 2412 **SFT Experimental Setup.** For the SFT experiments, we fine-tune each model on the
 2413 MMedBench training split (the SFT portion of the MMedC dataset). We adopt a mixed training
 2414 regime that interleaves CoT-style samples (including a detailed rationale) and non-CoT sam-
 2415 ples (without rationales), with each item appearing once in both formats. We train with a global
 2416 batch size of 128, a learning rate of 1×10^{-5} , and all other optimization and regularization hy-
 2417 perparameters identical to those used during CPT. LoRA is applied with rank 128. The full SFT
 2418 dataset contains 75,156 samples, and all models are trained for 3 epochs. For ADEPT, we employ
 2419 a single-layer expansion and recompute unit-importance scores every 100 steps, consistent with our
 2420 CPT-stage procedures. To illustrate how each SFT item appears once in both CoT and non-CoT
 2421 formats, we provide an example pair in Examples 4 and 5. Both correspond to the same underlying
 2422 clinical question, with the former including a detailed rationale and the latter containing only the
 2423 concise answer.

2424 Overall, the SFT results reveal several noteworthy patterns. First, lightweight adaptation methods
 2425 such as LoRA and TaSL perform relatively well in the SFT setting, substantially better than in
 2426 CPT. This reflects the suitability of parameter-efficient adapters for supervised updates performed
 2427 on relatively small training corpora. Second, fully updating all model parameters (SFT-Full) yields
 2428 consistently weaker performance, likely due to the large degree of parameter perturbation introduced
 2429 by full-model fine-tuning on a relatively small SFT dataset. Finally, while ADEPT does not exhibit
 the same magnitude of gains as in the CPT experiments, it remains competitive and stable across
 both medical and general benchmarks. Given the limited size of the supervised dataset used here,

2430 Table 18: SFT results on LLaMA3-8B-Instruct with different adaptation strategies. “Vanilla”
 2431 denotes the original pretrained model without any further training. All metrics are reported in %.
 2432 Best and second-best scores for each metric are highlighted in bold and underlined, respectively.

2434	Method	2435 Medical Domain						2436 General Benchmarks				
		2437 PubMedQA	2438 CMB-Clin	2439 MedQA	2440 MMCU	2441 CMB	2442 CEval	2443 TruthQA-MC1	2444 TruthQA-MC2	2445 CMMLU	2446 BBH	2447 HellaSwag
2449 Vanilla	2450 78.80	2451 -	2452 <u>62.68</u>	2453 57.36	2454 52.40	2455 51.04	2456 35.12	2457 51.03	2458 51.91	2459 <u>67.90</u>	2460 56.32	2461 65.30
2462 SFT-Full	2463 75.60	2464 47.28	2465 55.06	2466 57.90	2467 50.20	2468 42.64	2469 35.49	2470 42.64	2471 <u>43.57</u>	2472 19.96	2473 52.82	2474 55.74
2475 SFT-Lora	2476 78.80	2477 52.88	2478 60.56	2479 61.61	2480 <u>53.34</u>	2481 51.63	2482 37.45	2483 51.63	2484 <u>51.69</u>	2485 67.86	2486 <u>57.53</u>	2487 64.28
2488 Llama-Pro	2489 78.20	2490 51.44	2491 61.74	2492 57.46	2493 51.66	2494 51.26	2495 35.98	2496 51.26	2497 51.78	2498 66.76	2499 57.06	2500 65.24
2502 TaSL	2503 76.40	2504 <u>53.14</u>	2505 61.32	2506 59.85	2507 52.30	2508 51.76	2509 36.32	2510 <u>51.86</u>	2511 51.76	2512 67.62	2513 57.73	2514 64.64
2516 ADEPT	2517 78.80	2518 <u>53.76</u>	2519 63.92	2520 <u>60.85</u>	2521 53.81	2522 <u>51.70</u>	2523 <u>37.10</u>	2524 52.10	2525 <u>51.90</u>	2526 68.00	2527 57.20	2528 65.40

2441 Table 19: SFT results on Qwen3-8B with different adaptation strategies. “Vanilla” denotes the
 2442 original pretrained model without any further training. All metrics are reported in %. Best and
 2443 second-best scores for each metric are highlighted in bold and underlined, respectively.

2444	Method	2445 Medical Domain						2446 General Benchmarks				
		2447 PubMedQA	2448 CMB-Clin	2449 MedQA	2450 MMCU	2451 CMB	2452 CEval	2453 TruthQA-MC1	2454 TruthQA-MC2	2455 CMMLU	2456 BBH	2457 HellaSwag
2459 Vanilla	2460 78.40	2461 -	2462 63.55	2463 79.88	2464 73.17	2465 78.75	2466 35.86	2467 53.49	2468 77.97	2469 79.18	2470 55.85	2471 74.59
2472 SFT-Full	2473 76.20	2474 52.48	2475 65.04	2476 79.28	2477 75.53	2478 74.59	2479 <u>37.57</u>	2480 55.91	2481 75.39	2482 56.90	2483 56.90	2484 73.03
2486 SFT-Lora	2487 77.40	2488 51.84	2489 66.84	2490 <u>82.29</u>	2491 <u>77.50</u>	2492 <u>78.82</u>	2493 37.82	2494 <u>55.94</u>	2495 <u>78.26</u>	2496 80.47	2497 56.12	2498 74.87
2501 Llama-Pro	2502 78.00	2503 54.16	2504 63.70	2505 80.59	2506 75.38	2507 78.75	2508 35.98	2509 53.93	2510 77.75	2511 <u>80.63</u>	2512 55.95	2513 74.59
2515 TaSL	2516 77.20	2517 52.14	2518 63.94	2519 78.71	2520 75.65	2521 78.45	2522 36.71	2523 56.32	2524 78.41	2525 80.06	2526 <u>56.92</u>	2527 75.09
2529 ADEPT	2530 77.80	2531 <u>53.36</u>	2532 <u>65.94</u>	2533 83.02	2534 79.51	2535 78.90	2536 36.96	2537 54.60	2538 77.98	2539 81.21	2540 <u>57.06</u>	2541 74.72

2533 we anticipate that ADEPT’s benefits, particularly its targeted capacity expansion, would become
 2534 more pronounced when scaling SFT to larger and more diverse training corpora.

Example 4

2535 **Problem:** A 23-year-old pregnant woman at 22 weeks gestation presents with burning upon
 2536 urination for one day, worsening despite increased fluid intake and cranberry extract. She
 2537 is otherwise well and is followed regularly for prenatal care. Vitals are normal (T 97.7°F,
 2538 BP 122/77 mmHg, HR 80/min, RR 19/min, SpO₂ 98%). Physical examination shows no
 2539 costovertebral angle tenderness and a gravid uterus. Which of the following is the best
 2540 treatment for this patient?

2541 **Analysis:** This patient is pregnant, afebrile, and presents with symptoms of acute cystitis,
 2542 with no signs of pyelonephritis. Safe antibiotic selection during pregnancy is essential:

- 2543 • **Nitrofurantoin** is a first-line therapy for uncomplicated cystitis in pregnancy (especially
 2544 after the first trimester), with an excellent safety profile.
- 2545 • **Ampicillin** and **ceftriaxone** may be used for certain infections but are not first-line for
 2546 simple cystitis in pregnant patients.
- 2547 • **Doxycycline** is contraindicated during pregnancy due to risks of teratogenicity and adverse
 2548 effects on fetal bone and tooth development.

2549 Given her presentation and gestational age, nitrofurantoin is the safest and most appropriate
 2550 therapy.

2551 Therefore, the correct answer is **D. Nitrofurantoin**.

Example 5

2552 **Problem:** A 23-year-old pregnant woman at 22 weeks gestation presents with dysuria and
 2553 worsening urinary discomfort for one day. Vitals and examination are normal. Which of the
 2554 following is the best treatment for this patient?

2555 **Answer:** **D. Nitrofurantoin.**

2484 O EXTENDED EVALUATION ON ADDITIONAL BENCHMARKS AND DOMAINS

2485
 2486 In this section, we incorporate a substantially more diverse collection of domain-specific and
 2487 general-purpose benchmarks to more rigorously evaluate the robustness and effectiveness of our
 2488 method.

2489
 2490 **Extended Medical-Domain Benchmarks.** To enrich the evaluation of medical-domain capabili-
 2491 ties, we additionally include two complementary benchmarks. **CMB-Clin** (Wang et al., 2023b) is
 2492 an open-ended clinical QA benchmark containing 74 complex consultation questions (each ques-
 2493 tion will be followed by several sub-questions and we will score each sub-question independently)
 2494 across all major medical specialties. Each question is paired with a reference answer, and evaluation
 2495 follows an LLM-as-a-judge protocol, where GPT-5 compares model outputs against the reference to
 2496 compute a pairwise win rate to Vanilla model. (We omit the percent sign (%) in the presentation.)
 2497 **PubMedQA** (Jin et al., 2019) is a biomedical question answering dataset constructed from PubMed
 2498 abstracts. Each question asks whether a specific biomedical claim is supported by the evidence
 2499 in the abstract, and the answer is one of *yes*, *no*, or *maybe*. The benchmark therefore evaluates a
 2500 model’s ability to read a short biomedical abstract and make an evidence-based judgment. We report
 2501 accuracy following standard practice.

2502
 2503 **Extended Mathematic-Domain Benchmarks.** To more comprehensively assess improvements in
 2504 mathematical reasoning, we also include two challenging benchmarks that target advanced problem-
 2505 solving skills. **GPQA** (Rein et al., 2024) is a multiple-choice benchmark of 448 expert-written ques-
 2506 tions designed to demand deep scientific reasoning and deliberate problem-solving. The questions
 2507 are intentionally difficult, providing a rigorous testbed for evaluating whether Math-domain training
 2508 improves a model’s capacity for complex, expert-level reasoning. **GSM-Plus** (Li et al., 2024) is
 2509 an adversarial extension of GSM8K that introduces controlled variations such as added statements
 2510 and altered question targets to evaluate robustness in mathematical reasoning. These perturbations
 2511 reduce reliance on pattern matching and require models to generalize their reasoning beyond sur-
 2512 face cues, making GSM-Plus a stringent benchmark for assessing the stability of Mathematic-domain
 2513 training. We report accuracy for both benchmarks.

2514
 2515 **Extended General-Capability Benchmarks.** To more fully assess the general-capability perfor-
 2516 mance of our trained models, we introduce a broader set of diverse and challenging benchmarks
 2517 that are largely orthogonal to our existing evaluation suite. These additional datasets provide a more
 2518 comprehensive evaluation of the model’s overall general ability beyond the settings covered in our
 2519 primary experiments. **BBH** (Suzgun et al., 2023) is a curated subset of 23 challenging tasks from
 2520 BIG-Bench that remain difficult for LLMs. These tasks emphasize multi-step reasoning, abstrac-
 2521 tion, and compositional generalization, making BBH a stringent measure of cross-domain general
 2522 capability. **HellaSwag** (Zellers et al., 2019) is a challenging commonsense inference benchmark
 2523 created through adversarial filtering. Models must choose the most plausible continuation among
 2524 highly confounding distractors, making it a strong test of robustness in everyday reasoning. **CE-
 2525 eval** (Huang et al., 2023) is a comprehensive Chinese exam-style benchmark covering a wide range
 2526 of subjects and professional knowledge areas. It assesses broad general-domain understanding and
 2527 factual reasoning through multiple-choice questions. For BBH, HellaSwag, and CEval, we report
 2528 accuracy. **TruthfulQA** (Lin et al., 2022) evaluates a model’s factuality by testing whether it can
 2529 avoid reproducing widely held misconceptions. The benchmark comprises 817 questions across 38
 2530 domains, each constructed so that factually incorrect but popular answers are tempting. We report
 2531 performance under both official TruthfulQA metrics. **MC1** evaluates single-answer multiple choice:
 2532 given a question and candidate options, the model must select the uniquely correct answer, and ac-
 2533 curacy is computed over all questions. **MC2** evaluates multi-answer probability assignment: given
 2534 a question and sets of true and false reference answers, the score is the normalized total probability
 2535 that the model assigns to the true answer set. MC1 thus measures strict answer accuracy, whereas
 2536 MC2 assesses how much probability mass the model places on factually correct responses.

2537 Table 20 reports the results under the *Medical domain*, where we directly reuse the same medical-
 2538 domain checkpoint from Table 1 and evaluate it on additional medical benchmarks as well as broader
 2539 general-capability tasks. The results show that ADEPT maintains consistently strong performance
 2540 on the newly introduced medical benchmarks, demonstrating robust domain adaptation. Notably,
 2541 ADEPT also exhibits a clear advantage in mitigating catastrophic forgetting on general-capability

2538 Table 20: Comparison of ADEPT and baseline methods on a broad suite of medical and general
 2539 benchmarks. All results are obtained using the **same medical-domain-trained checkpoint** reported
 2540 in Table 1, here evaluated on additional medical and general tasks to further assess cross-domain
 2541 generalization. For ease of comparison, all metrics are uniformly mapped to the [0, 100] range.

Method	Medical		General				
	PubMedQA	CMB-Clin	TruthQA-MC1	TruthQA-MC2	CEval	BBH	HellaSwag
<i>LLaMA-3-8B-Base</i>							
Vanilla	76.60	—	26.81	43.95	50.45	<u>62.33</u>	60.46
PT-Full	<u>77.00</u>	56.84	23.75	37.74	49.70	47.47	58.03
Replay	78.20	<u>59.20</u>	29.50	<u>44.15</u>	52.75	51.48	58.71
Llama-Pro	76.40	54.92	24.85	38.03	49.70	62.31	60.00
PT-LoRA	73.20	53.48	24.24	38.16	49.93	61.77	59.79
TASL	72.40	50.00	26.35	39.46	50.51	61.92	58.34
ADEPT	78.20	59.70	<u>28.40</u>	45.03	<u>52.11</u>	62.52	60.39
<i>Qwen3-1.7B-Base</i>							
Vanilla	69.20	—	<u>32.19</u>	<u>48.80</u>	<u>65.53</u>	53.05	49.15
PT-Full	<u>70.20</u>	51.92	29.87	45.24	62.78	46.38	48.73
Replay	69.40	52.76	31.82	46.28	63.19	49.17	48.30
Llama-Pro	70.40	<u>52.88</u>	28.27	42.42	60.03	37.37	48.74
PT-LoRA	68.40	48.08	26.81	42.53	64.04	37.87	48.76
TASL	68.00	45.67	25.95	40.83	59.88	36.15	47.15
ADEPT	69.60	53.84	34.39	51.05	66.64	<u>52.96</u>	49.28
<i>Qwen3-4B-Base</i>							
Vanilla	73.60	—	<u>36.84</u>	<u>53.38</u>	79.49	<u>70.73</u>	55.41
PT-Full	<u>76.60</u>	<u>52.64</u>	33.05	47.10	73.11	63.22	53.15
Replay	76.40	51.64	33.05	48.83	73.18	65.32	50.79
Llama-Pro	<u>76.60</u>	52.16	34.27	49.33	77.71	69.37	52.82
PT-LoRA	74.00	51.36	33.90	49.08	78.01	58.02	53.54
TASL	72.60	51.80	35.11	47.54	76.43	60.33	53.76
ADEPT	77.20	54.40	38.31	54.63	<u>78.60</u>	71.08	<u>55.35</u>
<i>Qwen3-8B-Base</i>							
Vanilla	77.40	—	35.13	<u>52.29</u>	82.91	76.69	59.25
PT-Full	<u>78.80</u>	50.36	32.93	47.41	80.09	68.81	56.46
Replay	79.00	<u>52.46</u>	32.93	48.50	79.72	69.73	55.75
Llama-Pro	78.60	51.64	<u>35.74</u>	52.04	78.16	71.80	54.87
PT-LoRA	78.00	51.16	32.56	48.58	81.20	71.11	57.33
TASL	78.20	52.40	31.64	49.92	80.79	70.14	58.39
ADEPT	79.00	52.88	37.58	53.91	<u>82.54</u>	<u>76.33</u>	59.05

2576
 2577 benchmarks, outperforming baseline methods by a large margin. Table 21 summarizes the results
 2578 under the *Mathematical domain*. We observe similar trends: ADEPT retains strong mathematical
 2579 reasoning performance on extended math benchmarks while preserving general abilities more effec-
 2580 tively than competing approaches. These findings further validate the robustness and effectiveness
 2581 of ADEPT across heterogeneous domains.

P CODE-DOMAIN EVALUATION

2586 To further examine the applicability of ADEPT beyond natural-language and scientific domains, we
 2587 additionally conduct experiments in the *Code domain*. Due to computational constraints, we select
 2588 *Qwen3-4B* as a representative model and perform continual pretraining on a Python-only corpus
 2589 constructed from two public datasets: *Swallow-Code-v2*² and *Python-Codes-25k*³. The

²<https://hf-mirror.com/datasets/tokyotech-llm/swallow-code-v2>

³<https://hf-mirror.com/datasets/flytech/python-codes-25k>

2592
 2593 Table 21: Comparison of ADEPT and baseline methods on a broad suite of medical and general
 2594 benchmarks. All results are obtained using the **same mathematical-domain-trained checkpoint**
 2595 reported in Table 1, here evaluated on additional medical and general tasks to further assess cross-
 2596 domain generalization. For ease of comparison, all metrics are uniformly mapped to the [0, 100]
 2597 range. *GSM+* refers to the GSM-Plus benchmark.

2598	2599		2600		2601		
	2602	2603	2604	2605	2606	2607	2608
2609	2610		2611		2612		
	Method	GPQA	GSM+	TQA-MC1	TQA-MC2	CEval	BBH
<i>LLaMA-3-8B</i>							
2613	Vanilla	22.32	30.03	26.80	43.94	50.44	62.33
2614	PT-Full	23.99	33.19	<u>29.13</u>	45.09	46.80	62.93
2615	Replay	<u>27.23</u>	<u>33.62</u>	29.25	44.14	<u>51.70</u>	62.51
2616	Llama-Pro	25.44	29.54	26.68	43.22	50.96	63.51
2617	PT-LoRA	25.22	29.90	27.78	43.46	50.14	62.75
2618	TASL	24.86	30.26	27.71	41.68	49.68	62.37
2619	ADEPT	27.78	34.44	28.78	<u>44.31</u>	51.89	<u>63.47</u>
2620	<i>Qwen3-1.7B-Base</i>						
2621	Vanilla	26.12	50.16	32.19	48.80	<u>65.53</u>	<u>53.05</u>
2622	PT-Full	27.23	52.11	29.87	49.73	62.85	48.20
2623	Replay	<u>27.34</u>	52.32	<u>33.23</u>	51.23	62.43	48.93
2624	Llama-Pro	27.01	<u>54.37</u>	32.19	49.13	62.26	51.45
2625	PT-LoRA	26.56	51.80	30.23	46.97	63.59	32.62
2626	TASL	26.56	52.25	32.68	49.03	59.45	45.62
2627	ADEPT	31.02	54.82	33.65	<u>50.00</u>	66.27	54.40
2628	<i>Qwen3-4B-Base</i>						
2629	Vanilla	<u>27.68</u>	61.62	<u>36.84</u>	<u>53.38</u>	79.49	70.73
2630	PT-Full	26.44	57.37	31.82	47.83	74.07	68.80
2631	Replay	26.10	<u>57.87</u>	32.06	49.14	75.48	69.73
2632	Llama-Pro	27.23	61.74	<u>33.05</u>	49.44	<u>77.27</u>	71.11
2633	PT-LoRA	26.89	60.26	31.33	47.31	<u>77.71</u>	<u>71.80</u>
2634	TASL	26.86	<u>62.63</u>	32.31	48.18	77.43	70.83
2635	ADEPT	29.90	63.76	38.31	54.25	<u>78.26</u>	72.21
2636	<i>Qwen3-8B-Base</i>						
2637	Vanilla	35.26	63.42	<u>35.13</u>	<u>52.29</u>	82.91	76.69
2638	PT-Full	<u>35.66</u>	64.54	32.93	49.83	79.42	73.15
2639	Replay	34.55	65.14	34.27	50.18	78.08	74.62
2640	Llama-Pro	35.44	64.36	29.86	46.05	81.64	75.50
2641	PT-LoRA	33.66	67.01	33.78	51.64	78.38	<u>79.81</u>
2642	TASL	35.19	65.58	34.16	49.38	77.98	75.55
2643	ADEPT	38.91	<u>66.72</u>	38.18	53.39	<u>82.39</u>	79.83
2644							59.16

2632 former provides a large, professionally curated Python corpus, while the latter contributes high-
 2633 quality SFT-style Python tasks covering code generation, code-oriented natural language under-
 2634 standing, behavior analysis, and educational coding variations. Combined, the corpus contains ap-
 2635 proximately **13.7B tokens** ($\sim 4.2 \times 10^4$ samples of length ≈ 512 tokens), enabling a controlled
 2636 examination of ADEPT’s behavior when adapting models to a specialized programming domain.
 2637

2638 For downstream assessment, we adopt three widely used code domain benchmarks, all evaluated
 2639 using the standard `pass@k` metric: **HumanEval** (Chen, 2021), a functional correctness benchmark
 2640 for code synthesis; **MBPP** (Austin et al., 2021), a curated set of introductory-level programming
 2641 tasks; and **CRUXEval** (Gu et al., 2024), which tests execution-based correctness across diverse
 2642 constraint-solving problems. Together, these benchmarks provide a comprehensive view of coding
 2643 capability under continual pretraining in the code domain.

2644 Table 22 summarizes the results of Code-domain continual pretraining. Across the three code
 2645 domain benchmarks, **ADEPT** demonstrates the most balanced and robust performance among
 2646 lightweight adaptation methods. While **PT-Full** and **Replay** benefit from updating the entire

Table 22: Code-domain and general-capability results of Qwen3-4B-Base under different CPT strategies. All metrics are mapped to the [0, 100] range. Best and second-best results for each column are highlighted in bold and underlined, respectively. *TQA* means *TruthfulQA*.

Method	Code									General				
	HumanEval			MBPP			CRUXEval			TQA-MC1	TQA-MC2	HellaSwag	BBH	CEval
	pass@1	pass@5	pass@10	pass@1	pass@5	pass@10	pass@1	pass@5	pass@10					
Vanilla	50.37	78.61	86.59	8.71	32.42	49.80	48.95	76.69	84.69	36.84	<u>53.38</u>	55.41	<u>70.73</u>	<u>79.49</u>
PT-Full	50.79	<u>83.85</u>	89.02	26.50	<u>58.62</u>	67.70	46.64	72.62	80.18	32.07	48.29	52.30	63.94	71.77
Replay	53.23	80.31	85.37	19.30	40.67	54.36	43.12	69.55	78.29	33.54	49.73	53.23	66.46	74.00
Llama-Pro	49.70	79.69	87.10	20.86	45.86	59.81	42.81	70.65	78.42	34.27	51.97	53.99	66.29	77.27
PT-LoRA	36.77	74.43	82.93	<u>28.17</u>	61.64	70.04	39.65	70.97	79.80	31.82	49.28	51.94	34.48	75.85
TaSL	37.42	75.21	84.37	25.94	58.19	66.53	40.18	70.05	80.63	32.45	48.70	52.67	33.96	77.21
ADEPT	<u>51.13</u>	84.81	<u>87.20</u>	31.17	55.07	<u>67.98</u>	<u>46.68</u>	<u>74.57</u>	<u>83.69</u>	<u>35.13</u>	53.83	<u>54.98</u>	70.77	79.63

Table 23: Multilingual medical and general-capability evaluation of Qwen3-4B-Base after continual pretraining on a multilingual medical corpus. All metrics are mapped to the [0, 100] range, and best/second-best results are highlighted in bold and underlined. Language abbreviations: *ES* (*Spanish*), *FR* (*French*), *JA* (*Japanese*), *RU* (*Russian*), *EN* (*English*), *CN* (*Chinese*). *TQA* means *TruthfulQA*.

Method	Multilingual Medical				Multilingual General				CN/EN General				
	MMedBench				MMMLU				TQA-MC1	TQA-MC2	MMLU	CMMLU	CEval
	ES	FR	JA	RU	ES	FR	JA	RU	EN	EN	EN	CN	CN
Vanilla	73.78	<u>75.08</u>	55.78	73.05	66.68	66.19	60.85	62.56	36.84	<u>53.38</u>	<u>73.19</u>	<u>77.92</u>	79.49
PT-Full	73.34	75.40	66.33	59.68	61.77	60.86	56.91	59.68	30.60	43.97	66.91	68.88	69.61
Replay	<u>74.47</u>	72.83	<u>62.31</u>	59.54	63.47	62.33	58.19	59.54	30.72	45.21	68.39	72.19	71.62
Llama-Pro	73.74	74.43	53.27	60.70	65.32	64.43	59.79	60.70	35.86	52.54	72.03	77.08	77.79
PT-LoRA	72.36	73.95	57.29	61.33	64.22	63.56	58.26	61.33	30.82	46.75	70.27	72.52	74.89
TaSL	71.22	73.88	56.45	61.58	65.49	62.59	58.97	60.49	30.70	45.67	70.40	71.65	76.98
ADEPT	74.56	74.92	62.26	74.61	<u>66.64</u>	<u>66.15</u>	61.01	63.19	<u>36.60</u>	54.01	73.69	78.67	<u>78.63</u>

model, **ADEPT** achieves competitive results despite modifying only four layers, and consistently outperforms *Llama-Pro* under the same expansion budget. LoRA shows clear instability across tasks, whereas **ADEPT** maintains stable performance across HumanEval, MBPP, and CRUXEval. In addition, **ADEPT** preserves general capabilities substantially better than full-parameter CPT and Replay, matching or exceeding *Llama-Pro* on most general benchmarks. Overall, **ADEPT provides a favorable trade-off, combining strong performance, stable generalization, and parameter efficiency.**

Q MULTILINGUAL MEDICAL EVALUATION

In Table 1, the continual pretraining data are predominantly English and Chinese. To further strengthen the domain-transfer setting and evaluate cross-lingual robustness, we extend our study to *multilingual medical tasks*. This setting introduces a substantially larger linguistic and domain distribution shift, providing a stringent test of whether **ADEPT** can retain its effectiveness under multilingual medical evaluation.

For CPT, we construct a multilingual medical corpus by combining the multilingual portion of MMedC with the *training split* of the multilingual portion of MMedBench, explicitly removing all English and Chinese samples and retaining only the remaining languages. The resulting corpus comprises approximately **16B tokens** spanning diverse medical subdomains and typologically varied languages. For evaluation, we use the multilingual section of the MMedBench test set to measure multilingual medical capability, and MMMLU (Hendrycks et al., 2020) to assess multilingual general capability. Finally, we report English and Chinese general capabilities using *TruthfulQA*, MMLU, CMMLU, and CEval.

2700 Table 24: Layer-importance rankings for General, Math, Medicine, and calibrated variants (lower
 2701 index = higher importance).

Setting	Layer Importance Ranking
General	0, 2, 1, 5, 4, 3, 6, 7, 9, 8, 15, 16, 10, 11, 13, 26, 20, 17, 14, 21, 24, 12, 18, 19, 22, 25, 27, 23
Math	0, 2, 9, 4, 3, 1, 5, 6, 16, 8, 15, 11, 7, 17, 21, 13, 10, 20, 24, 12, 18, 14, 19, 22, 26, 27, 23, 25
Medicine	2, 0, 5, 6, 4, 1, 7, 9, 3, 17, 11, 15, 21, 10, 8, 16, 14, 13, 12, 18, 20, 24, 19, 26, 22, 23, 27, 25
Math (Calibrated)	16, 15, 6, 8, 27, 24, 7, 9, 5, 14, 4, 11, 10, 18, 19, 0, 20, 21, 23, 12, 22, 13, 26, 17, 3, 2, 25, 1
Medicine (Calibrated)	16, 24, 6, 7, 15, 5, 23, 9, 10, 8, 11, 4, 14, 18, 19, 20, 21, 0, 27, 12, 2, 3, 22, 25, 17, 13, 1, 26

2709
 2710 Table 23 presents the multilingual medical and general-capability evaluation results. A clear pattern
 2711 emerges in the Japanese subset of MMedBench, where both PT-Full and Replay obtain the
 2712 strongest scores among all methods. This aligns with the fact that the Japanese portion exhibits
 2713 a relatively large distributional shift, and full-parameter as well as replay-based strategies tend to
 2714 absorb such shifts more directly, yielding higher task-specific performance. However, this adaptation
 2715 is accompanied by a noticeable decline in multilingual general capability and in CN/EN evaluations.

2716 In contrast, ADEPT maintain consistently stronger CN/EN general performance, showing minimal
 2717 degradation on TruthfulQA, MMLU, CMMLU, and CEval. Among all evaluated methods, ADEPT
 2718 achieves the most balanced multilingual behavior. Its **importance-aware expansion and decoupled**
 2719 **tuning effectively limit overfitting to individual languages while preserving broad generalization**,
 2720 resulting in stable improvements across multilingual medical benchmarks and multilingual as
 2721 well as CN/EN general tasks.

2722 **R DOMAIN-CRITICAL OR GENERAL-NONCRITICAL: WHICH LAYERS
 2723 SHOULD BE EXPANDED?**

2724 **Motivation for Expanding General-Noncritical Layers.** The design choice in ADEPT to
 2725 expand layers that are least important for the general domain is grounded in several considerations.
 2726 First, injecting new domain knowledge is relatively easy for gradient-based optimization, whereas
 2727 catastrophic forgetting is far more harmful and can substantially degrade model abilities; prior
 2728 work (Dai et al., 2022b; Geva et al., 2021a) has shown that domain-specific fine-tuning may improve
 2729 in-domain performance but often causes large drops in general skills. Thus, ADEPT intentionally
 2730 minimizes interference with general-critical parameters. Second, new domain-specific information
 2731 may overwrite existing domain knowledge (e.g., medical factual updates), meaning that even
 2732 accurately identifying domain-important layers does not guarantee preservation of previously learned
 2733 domain-specific representations. In contrast, general-critical layers correspond to knowledge that
 2734 must remain stable, making them a more reliable target for protection. Third, domain-important layers
 2735 frequently overlap with general-critical layers due to shared semantic structures across domains,
 2736 so expanding them still risks inducing forgetting. Finally, in practical settings, high-quality domain
 2737 data may be insufficient to reliably identify domain-critical units, whereas general-noncritical units
 2738 provide a safe and universal expansion region that works consistently across different domains.

2739
 2740 **Probing and Expanding Domain-Critical Layers.** To analyze whether expanding domain-
 2741 critical layers could further improve adaptation, we first probe the importance distribution for the
 2742 mathematics and medical domains and examine their overlap with the general-critical set. The
 2743 probing procedure follows exactly the same strategy used for identifying general-critical layers. For the
 2744 Medical domain, the probe corpus consists of 500 Chinese and 500 English samples drawn from the
 2745 training split of MMedBench; for the Mathematics domain, we use the math-500⁴ dataset.

2746 Table 24 reports the probed layer-importance rankings for the General, Math, and Medical do-
 2747 mains. We observe **substantial overlap** across these three distributions, with early layers consist-
 2748 ently ranked as highly important in all domains. This pattern indicates that early transformer layers
 2749 encode fundamental semantic representations shared across tasks and domains. As a result, **directly**
 2750 **expanding domain-important layers would risk interfering with these shared representations,**
 2751 **making them unsuitable as expansion targets during domain-specific continual pretraining.**

2752
 2753 ⁴<https://huggingface.co/datasets/HuggingFaceH4/MATH-500>

Table 25: Comparison of Math-domain and General performance between *domain-critical expansion* (calibrated) and *least-general-critical expansion* (default ADEPT) on Qwen3-1.7B-Base. All metrics are mapped to [0, 100]. Best and second-best results per column are marked in **bold** and underline, respectively.

Method	Math-Domain Benchmarks						General Benchmarks					
	GPQA	GSM+	GSM8K	ARC-e	ARC-c	BBH	TQA-MC1	TQA-MC2	CEval	HellaSwag	MMLU	CMMLU
Qwen3-1.7B-Base	26.12	50.16	57.62	81.44	51.19	53.05	32.19	48.80	<u>65.53</u>	<u>49.15</u>	<u>62.57</u>	<u>66.86</u>
ADEPT (least-general-critical expansion)	<u>31.03</u>	54.83	<u>70.51</u>	82.48	52.62	<u>54.40</u>	33.66	50.00	66.27	49.17	62.62	67.06
ADEPT (domain-critical expansion)	31.79	<u>52.47</u>	71.02	<u>81.78</u>	53.84	55.26	<u>32.82</u>	48.36	65.16	48.83	61.35	66.26

Table 26: Comparison of Medical-domain and General performance between *domain-critical expansion* (calibrated) and *least-general-critical expansion* (default ADEPT) on Qwen3-1.7B-Base. All metrics are mapped to [0, 100]. Best and second-best results per column are marked in **bold** and underline, respectively.

Method	Medical-Domain Benchmarks					General Benchmarks					
	PubMedQA	CMB-Clin	MedQA	MMCU	CMB	TQA-MC1	TQA-MC2	CEval	HellaSwag	MMLU	CMMLU
Qwen3-1.7B-Base	<u>69.20</u>	–	48.39	69.17	63.67	32.19	48.80	65.53	<u>49.15</u>	<u>62.57</u>	<u>66.86</u>
ADEPT (least-general-critical expansion)	69.60	53.84	50.75	<u>71.98</u>	<u>65.43</u>	34.39	51.05	<u>66.64</u>	49.28	62.80	66.89
ADEPT (domain-critical expansion)	67.00	<u>52.92</u>	49.70	72.55	66.82	<u>32.31</u>	48.30	66.90	48.80	61.69	66.15

Therefore, we introduce an *importance calibration* technique: for each layer we subtract its general-domain importance rank from its domain-specific importance rank, and use this calibrated score to identify layers that are important for the target domain but not important for the general domain (see the calibrated results in Table 24). We then perform layer expansion on this calibrated domain-important subset, while keeping the same decoupling strategy as in ADEPT. In subsequent experiments, we refer to this variant as domain-critical expansion.

Table 25 and Table 26 summarize the empirical results comparing calibrated domain-critical expansion with the original ADEPT strategy of expanding the least important layers for the general domain, across both Mathematics and Medical CPT settings. We observe that domain-critical expansion yields slightly stronger domain-knowledge injection, demonstrating that focusing on domain-specific importance can indeed enhance in-domain adaptation. However, this improvement consistently comes at the cost of **greater degradation on general benchmarks**. This behavior reflects an inherent trade-off between aggressive domain adaptation and preservation of broad general abilities.

These findings reaffirm the motivation behind ADEPT’s original design: expanding the **least important layers for the general domain** minimizes interference with general-critical parameters and reduces the risk of catastrophic forgetting. While domain-critical expansion is a useful alternative when stronger domain specialization is desired, the general-noncritical strategy offers a more balanced and stable solution. We have therefore included the domain-critical expansion variant as an optional configuration in the released ADEPT codebase to support both adaptation preferences.

In the figures below, we present the domain importance profiles across all layers for both the medical and mathematical domains, including both the original (uncalibrated) and calibrated attention variants. Here, parameter importance may be more sensitive to fine-grained calibration, so we primarily focus on layer importance. We can observe that without calibration, the similarity in importance distribution across general, math, and medicine domains is remarkably high. We can observe that the early layers related to semantic understanding are of paramount importance across all tasks. Notably, from a layer-wise perspective, the medical domain exhibits important layers distributed throughout all layers, likely because medical tasks demand a complex combination of reasoning, factual recall, and contextual understanding. In contrast, the mathematical domain shows a concentration of importance in the middle or slightly earlier-middle layers, suggesting that the core computational and deductive processes for mathematical reasoning are primarily localized in these regions.

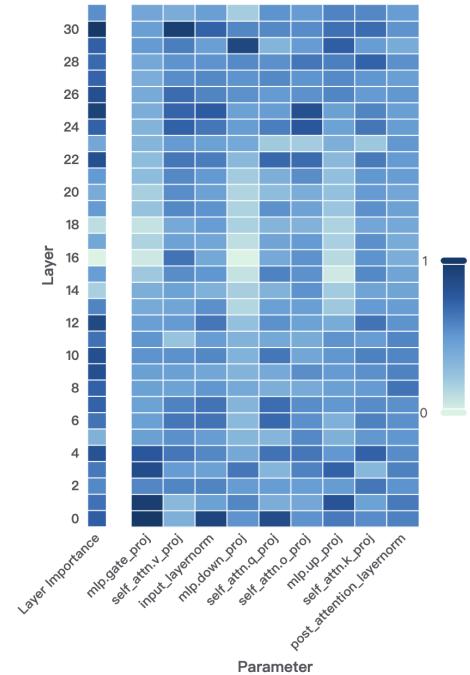
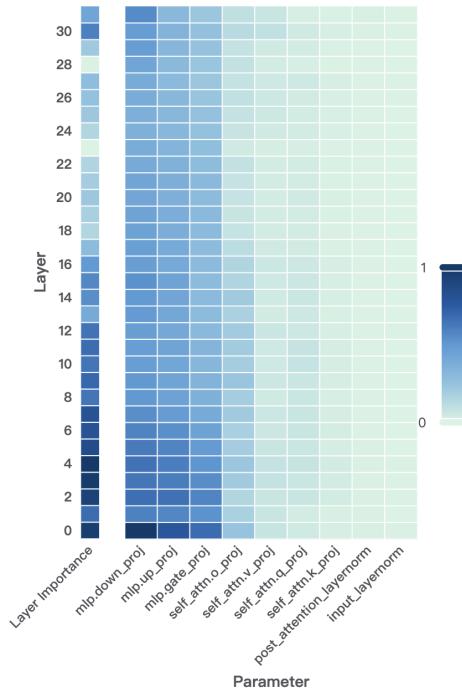
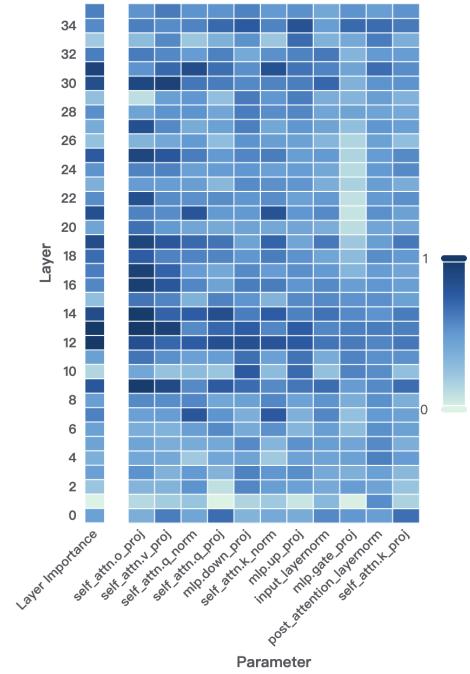
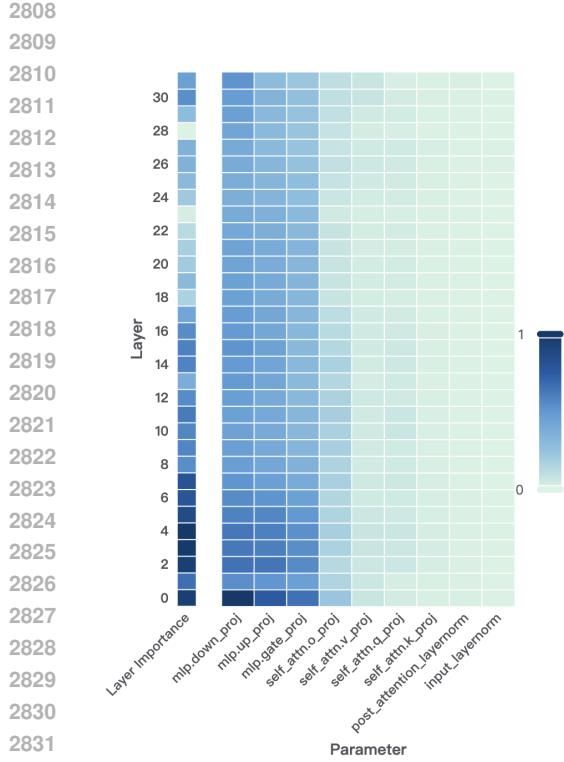


Figure 16: Importance visualization for Llama3-8B-Base across Math and Medical domains, with and without calibration.

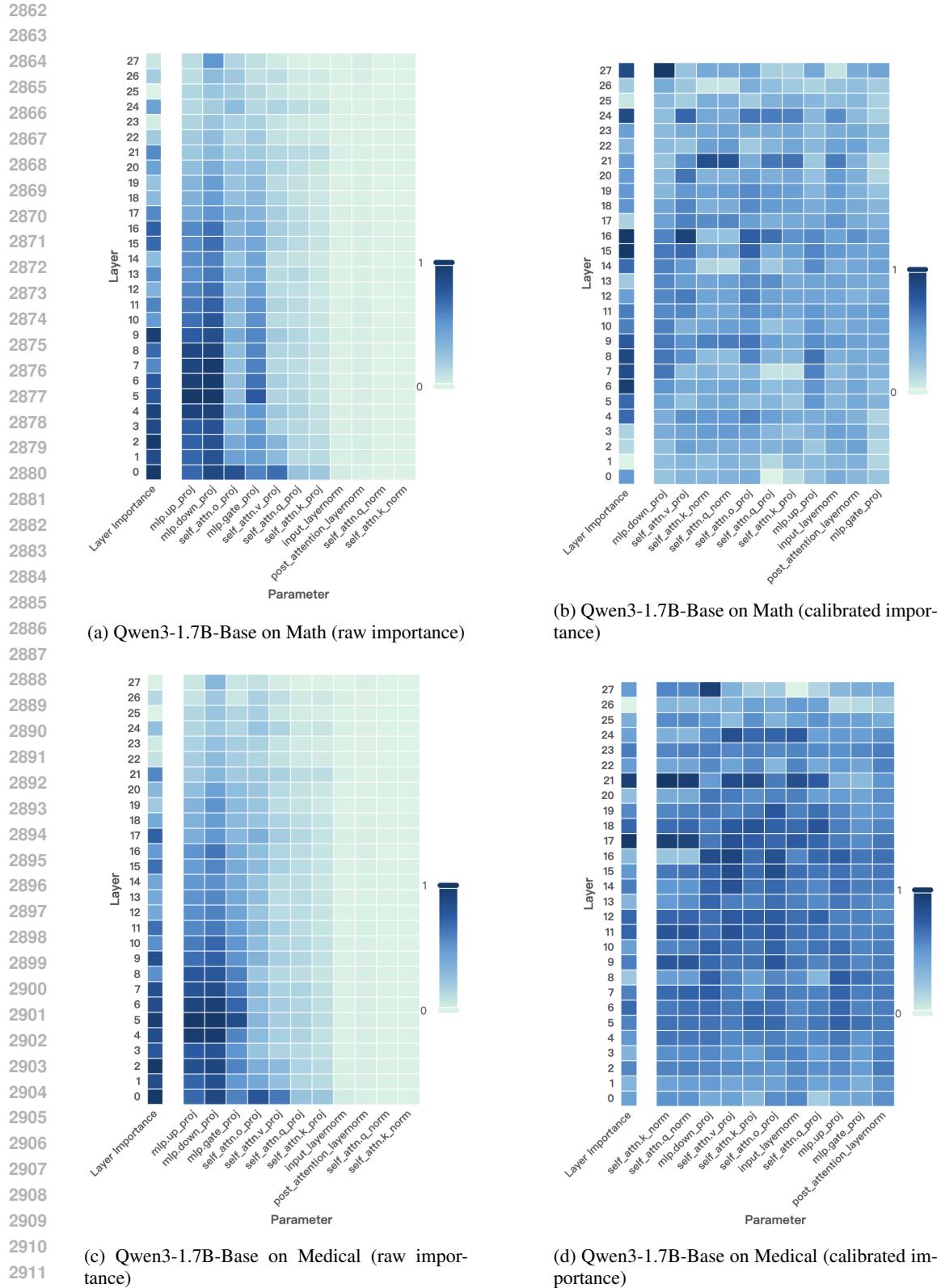


Figure 17: Importance visualization for Qwen3-1.7B-Base across Math and Medical domains, with and without calibration.

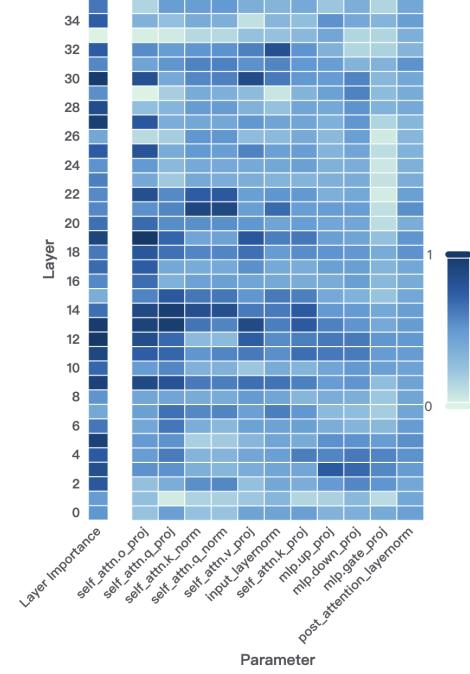
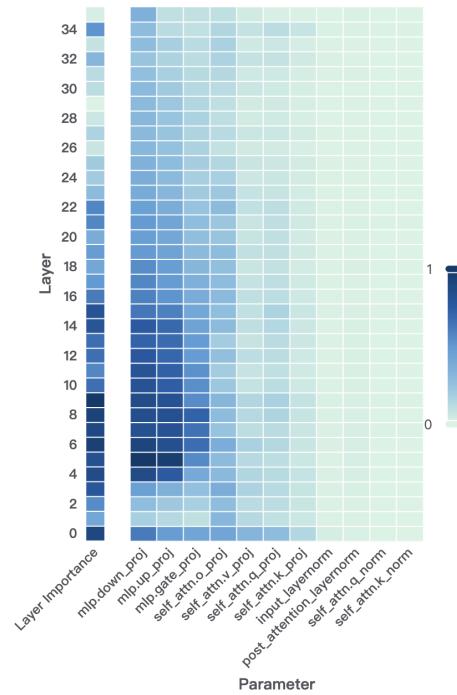
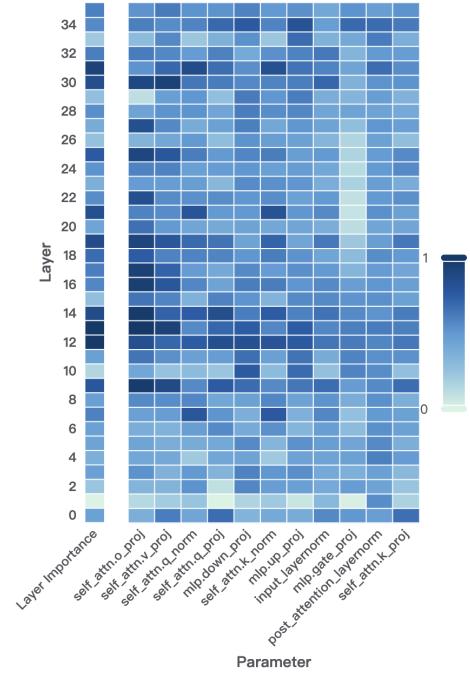
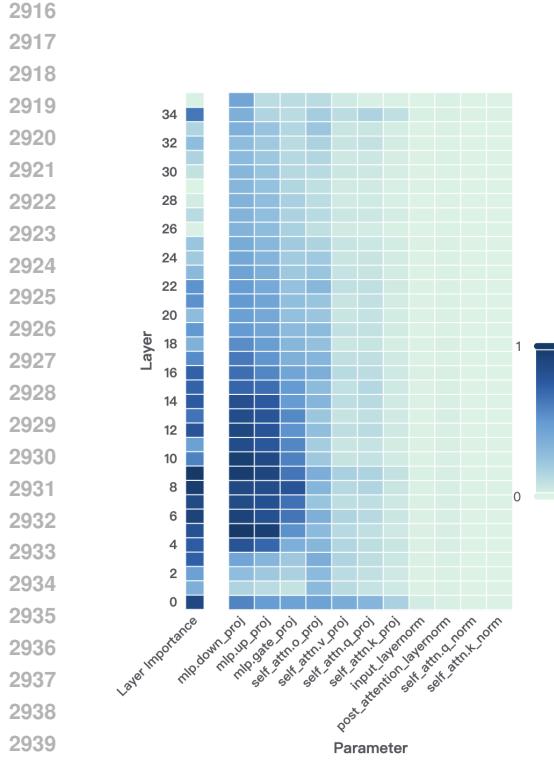


Figure 18: Importance visualization for Qwen3-4B-Base across Math and Medical domains, with and without calibration.

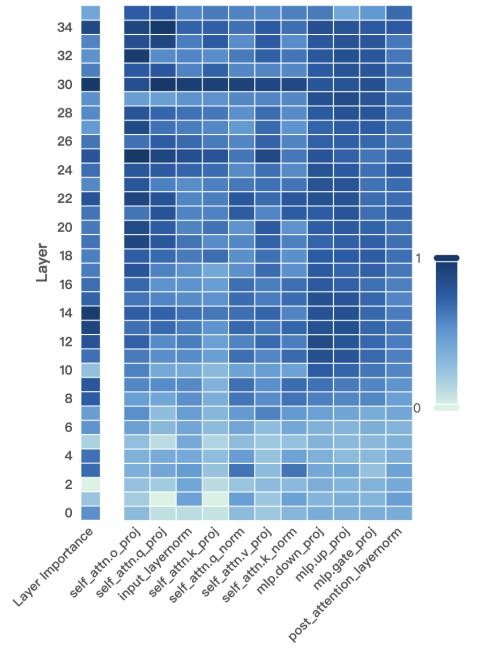
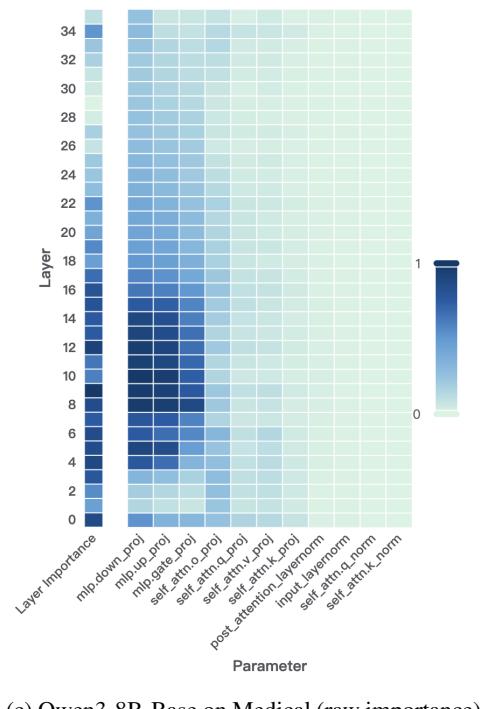
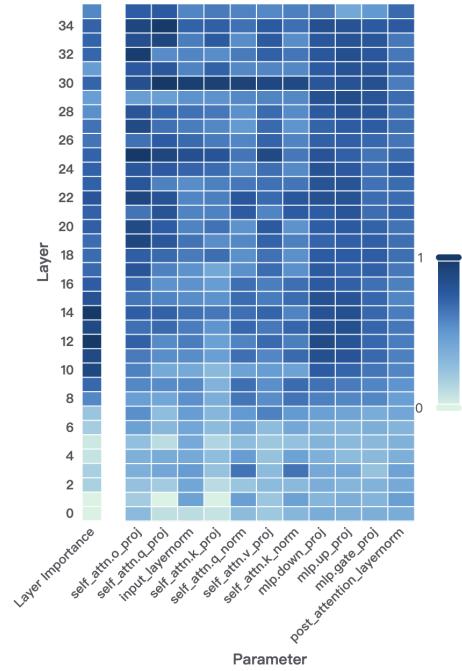
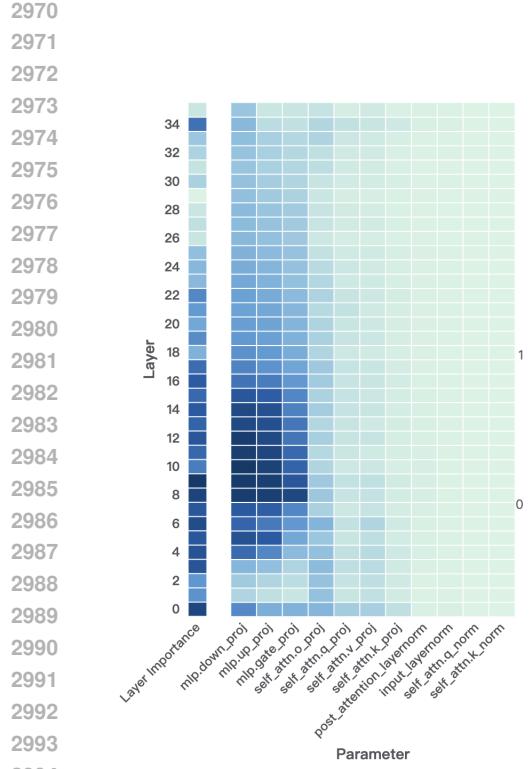


Figure 19: Importance visualization for Qwen3-8B-Base across Math and Medical domains, with and without calibration.

3024
 3025 Table 27: Comparison of Math-domain and General performance between different zero-
 3026 Initialization strategies on Qwen3-1.7B-Base. All metrics are mapped to [0, 100]. Best and
 3027 second-best results per column are marked in **bold** and underline, respectively.

Method	Math-Domain Benchmarks (%)					General Benchmarks (%)						
	GPQA	GSM+	GSM8K	ARC-e	ARC-c	BBH	TQA-MC1	TQA-MC2	CEval	HellaSwag	MMLU	CMMLU
Qwen3-1.7B-Base	26.12	50.16	57.62	81.44	51.19	<u>53.05</u>	32.19	<u>48.80</u>	65.53	<u>49.15</u>	62.57	<u>66.86</u>
ADEPT	31.03	54.83	<u>70.51</u>	82.48	52.62	54.40	<u>33.66</u>	50.00	<u>66.27</u>	49.17	62.62	67.06
ADEPT_up.projection	29.01	53.14	71.11	<u>82.10</u>	51.62	51.82	32.68	47.92	66.34	48.54	62.32	66.72
ADEPT_gate.projection	26.89	<u>54.19</u>	69.58	81.81	<u>51.79</u>	52.53	<u>33.29</u>	47.88	66.20	48.61	62.28	66.33

3028
 3029 **S ANALYSIS OF ZERO-INITIALIZATION STRATEGIES IN MLP EXPANSION:**
 3030 **UP-PROJECTION, DOWN-PROJECTION, AND GATE PROJECTION**

3031 **S.1 PRELIMINARY OBSERVATION: DOMINANT IMPORTANCE OF MLPs AND DIFFERENT**
 3032 **ROLES OF PROJECTIONS.**

3033 The dominance of MLP layers observed in Figure 2 is not merely a consequence of their parameter scale, but also reflects their intrinsic representational role in storing and conveying factual knowledge, as supported by a growing body of interpretability research. Prior work has shown that feed-forward networks in transformers behave as key-value memories (Geva et al., 2021b), that individual “knowledge neurons” in FFNs encode relational and entity-level facts (Dai et al., 2022a), and that modifying mid-layer FFNs can directly alter factual outputs during generation (Meng et al., 2022). Additional studies further demonstrate that specific MLP pathways are repeatedly reused when reasoning with particular facts (Yao et al., 2024), reinforcing the view that MLPs serve as central repositories of semantic and factual information. Complementing this, large-scale analyses indicate that the factual capacity of MLPs grows linearly with parameter count (Nichani et al., 2025), underscoring that their quantitative dominance aligns with their qualitative representational role. Together, these findings explain why ADEPT’s importance probe naturally highlights MLPs as high-value components for preserving and modifying general-domain competence.

3034 Building on this understanding, zero-initializing the MLP down-projection (the output projection) emerges as a principled and effective design choice. First, this choice is consistent with established model-expansion techniques such as LLaMA-Pro, which similarly employ zero-initialized output projections to guarantee strict function preservation. Second, zeroing the down-projection ensures that the replicated MLP branch remains a lossless adapter, preserving the original key-value mappings without interfering with existing knowledge; formal justification is provided in Appendix F. Third, zero initialization actively facilitates knowledge acquisition: because ADEPT’s decoupled update mechanism assigns learning rates inversely proportional to parameter importance, zeroing the new projection reduces its initial importance and thereby increases its learning rate. This allows the expanded region to rapidly absorb new information, matching the established view that MLPs act as the primary storage units for factual knowledge. Finally, zero-initializing the down-projection is particularly suitable for domain-specific knowledge updates. Since the down-projection corresponds to the “value” component of the MLP memory, resetting it permits efficient learning of new values while preserving the semantic keys encoded by the up-projection. This structure is desirable for controlled knowledge rewriting (e.g., updating medical facts), where modifying values while maintaining stable keys is essential. In contrast, zeroing the gate projection provides minimal semantic capacity for learning, and zeroing the up-projection disrupts key retrieval, making both alternatives less suitable for reliable and interpretable knowledge injection.

3035 In summary, the empirical importance of MLPs, their theoretically grounded role as key-value memories, and the optimization dynamics introduced by ADEPT jointly motivate zero-initializing the 3036 down-projection as the most principled and effective strategy for stable, function-preserving model 3037 expansion.

3038 **S.2 EXPERIMENT ON DIFFERENT LAYER EXPANSION STRATEGIES**

3039 To validate the correctness of our theoretical conjecture above, we employed different initialisation 3040 methods for layer expansion.

3078
 3079 Table 28: Comparison of Medicine-domain and General performance between different zero-
 3080 Initialization strategies on Qwen3-1.7B-Base. All metrics are mapped to [0, 100]. Best and
 3081 second-best results per column are marked in **bold** and underline, respectively.

Method	Medical-Domain Benchmarks (%)					General Benchmarks (%)						
	PubMedQA	CMB-Clin	MedQA	MMCU	CMB	BBH	TQA-MC1	TQA-MC2	CEval	HellaSwag	MMLU	CMMLU
Qwen3-1.7B-Base	69.20	—	48.39	69.17	63.67	53.05	32.19	48.80	65.53	<u>49.15</u>	62.57	66.86
ADEPT	69.60	53.84	<u>50.75</u>	71.98	<u>65.43</u>	52.96	<u>34.39</u>	51.05	66.64	<u>49.28</u>	62.80	66.89
ADEPT _{up} .projection	72.60	<u>53.12</u>	48.47	<u>71.62</u>	<u>65.04</u>	52.56	<u>33.29</u>	<u>48.93</u>	<u>66.57</u>	48.56	62.57	67.04
ADEPT _{gate} .projection	68.00	52.76	<u>49.18</u>	71.16	64.39	52.57	32.93	47.83	65.97	48.51	<u>62.60</u>	<u>67.02</u>

3087
 3088 In our experiments, we observe that zero-initializing either the MLP up-projection or down-
 3089 projection yields consistently strong performance across both mathematical and medical bench-
 3090 marks, whereas zeroing the gate projection leads to a clear degradation in accuracy (Tables 27 and
 3091 28). This discrepancy arises from the distinct functional roles these projections play within the MLP
 3092 and their interaction with the key-value structure of knowledge storage.

3093 The up- and down-projections jointly form the semantic key-value mapping of the MLP: the up-
 3094 projection builds high-dimensional semantic keys, while the down-projection retrieves values asso-
 3095 ciated with those keys. Zero-initializing either side preserves the original key-value mapping of the
 3096 pretrained MLP.

- 3097
- 3098 When the *down-projection* is zeroed, the expanded branch produces no output at initializa-
 3099 tion, thus strictly maintaining functional equivalence with the original model. Meanwhile,
 3100 the up-projection remains intact and continues to generate meaningful keys, enabling the
 3101 expanded subspace to learn new value information. This behavior aligns with prior prelim-
 3102 inary research on controlled knowledge injection and with theoretical views of MLPs as
 3103 fact-storage modules.
 - 3104 When the *up-projection* is zeroed, the semantic keys of the expanded branch are reinitial-
 3105 ized, while the original MLP’s key-value mapping remains untouched. Although this limits
 3106 the ability of the expanded dimensions to encode richer key structures, the overall perfor-
 3107 mance remains comparable to zero-down initialization, consistent with the small empirical
 3108 gap observed in Tables 27 and 28.

3109 In contrast, the gate projection plays a fundamentally different role from the up- and down-
 3110 projections, which primarily modulate the dynamic importance of activation channels and govern
 3111 amplitude-level feature selection, rather than providing a semantic space suitable for storing or mod-
 3112 ifying knowledge. Zeroing the gate projection, therefore, does not offer the expanded dimensions
 3113 any meaningful representational capacity for knowledge injection or rewriting. This misalignment
 3114 is reflected in the empirical results: zero-gate consistently underperforms zero-up and zero-down
 3115 across mathematical reasoning tasks and medical tasks in Tables 27 and 28. In contrast, zero-up
 3116 and zero-down preserve the core semantic pathways of the MLP, enabling the expanded dimensions
 3117 to learn new information effectively. Consequently, these results reinforce the distinct functional
 3118 decomposition of MLPs into key-value mapping and gating components in our preliminaries, and
 3119 they offer practical guidance for selecting initialization strategies in ADEPT’s layer expansion.

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