# Diff-HySAC: Diffusion-Based Hybrid Soft Actor-Critic for 6D Non-Prehensile Manipulation

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Abstract: Learning diverse policies for non-prehensile manipulation of objects can potentially improve skill transfer and generalization to out-of-distribution scenarios and unseen objects. In this work, we propose an innovative approach to learning versatile 6D non-prehensile manipulation policies by introducing a new objective function based on entropy maximization terms. This allows for simultaneous exploration of discrete and continuous action spaces, such as contact location and motion parameter spaces. To further enhance the diversity of the agent's policy, we represent a continuous motion parameter policy as a diffusion model and derive the maximum entropy objective for optimizing diffusion policies as the lower bound of the maximum reward likelihood using structured variational inference. As a result, we introduce the hybrid soft actor-critic with diffusion policy algorithm (Diff-HySAC). We evaluate the benefit of adding maximum entropy regularization and diffusion on both simulation and zero-shot sim2real tasks. Results show that this combination helps learn more diverse behavior policies. The largest improvements we obtain are for zero-shot sim2real transfer on a 6D object pose alignment task where the success rate increases from 53% to 72%.

Keywords: diffusion policies, non-prehensile manipulation, soft actor-critic

# 1 Introduction

The ability to manipulate objects beyond simple grasping is critical to human dexterity and essential for tasks ranging from daily activities to complex industrial processes. Enabling robots to achieve such dexterity remains a significant challenge in robotics [1, 2]. While previous work has made advances, challenges in object generalization and complex motion persist [3, 4, 5]. Motion primitives (MPs) and object-centric action representations are often employed to simplify action representations and reduce sample complexity, with Reinforcement Learning (RL) used to learn these skills, especially within hybrid action spaces combining discrete contact points and continuous MPs [6, 7]. To improve generalization and skill transfer, we introduce HySAC, an off-policy hybrid soft actor-critic algorithm with maximum entropy objectives across discrete and continuous actions.

Diffusion models have shown promise for learning multi-modal policies in RL by generating actions through structured denoising steps, which encourage diverse behavior [8]. Diffusion Probabilistic Models (DDPMs) excel at modeling complex, multi-modal distributions, valuable for RL tasks with diverse action spaces. While they've been explored in offline RL [9, 10], their application in online RL remains limited. In this work, we propose an approach to learning versatile and diverse manipulation policies by introducing a maximum entropy objective for both discrete and continuous actions, and a novel off-policy hybrid soft actor-critic algorithm, HySAC. Our second contribution is DiffSAC, a soft actor-critic algorithm optimized for diffusion-based policies, incorporating entropy maximization as a lower bound through structured variational inference. Building on this,

#### 8th Conference on Robot Learning (CoRL 2024), Munich, Germany.

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#### Diff-HySAC: Diffusion-Based Hybrid Soft Actor-Critic



Figure 1: Diff-HySAC overview. The input to the policy is a point cloud where each point includes a 3D location, a 1D segmentation mask and a 3D goal flow vector. Diff-HySAC outputs motion primitive parameters along with the optimal contact location.

we propose Diff-HySAC, a hybrid diffusion-based soft actor-critic algorithm for 6D non-prehensile manipulation, as illustrated in Fig. 1.

# 2 Methodology

**Problem Statement** We define the non-prehensile manipulation task as a Markov decision process (MDP) represented by the tuple  $\{S, A, \mathcal{R}, \mathcal{P}, \gamma, \mathcal{P}_0\}$  [11], where S is the state space, A the action space,  $\mathcal{R}$  the reward function,  $\mathcal{P}$  the transition probabilities,  $\gamma$  the discount factor, and  $\mathcal{P}_0$  the initial state distribution. The goal is to maximize the cumulative reward  $R_t = \sum_{i=0}^{\infty} \gamma^i r(s_{t+i}, a_{t+i})$ .

The policy receives input as a point cloud X, where each point consists of 3D location, a 1D segmentation mask, and a 3D goal flow vector. This setup allows hybrid action spaces that combine discrete contact locations with continuous motion parameters, which we address using our proposed HySAC and Diff-HySAC algorithms for effective exploration and diverse policy learning.

# 2.1 Soft Actor-Critic with Diffusion Policy

We propose DiffSAC, a variant of SAC designed to optimize policies parameterized by diffusion models. The diffusion policy  $\pi_{\theta}$  is represented as a diffusion process  $\pi_{\theta}(a|s)$ . DiffSAC optimizes the following objective:  $J_{\pi}(\theta) = \sum_{t} \mathbb{E}_{s_{t}, a_{t}^{0:K} \sim \pi_{\theta}} \left[ r(s_{t}, a_{t}^{0}) - \alpha \sum_{k=0}^{K} \log \pi_{\theta}(a_{t}^{k-1}|a_{t}^{k}, k, s_{t}) \right]$  where  $\alpha$  is the entropy regularization coefficient,  $a^{0}$  is the action executed by the agent (sampled at step 0), and the diffusion chain includes K steps. The entropy term can be interpreted as  $-\log p(a_{t}|s_{t})$  for the entire diffusion-sampled action path, instead of just  $-\log p(a_{t}^{0}|s_{t})$  as in standard SAC, because computing the density of diffusion models is intractable. We follow the derivation of structured variational inference [12] to show that  $J_{\pi}(\theta)$  forms a lower bound on the maximum reward likelihood (proof is provided in Appendix A). Using DDPMs or Consistency models [13], each probability  $p_{\theta}(a_{t}^{k-1}|a_{t}^{k}, k, s_{t})$  is a Gaussian and benefits from the reparameterization trick:  $a_{t}^{k-1} = f_{\theta}(\epsilon_{t}^{k-1}; a_{t}^{k}, k, s_{t})$ . Thus, the gradient of the actor loss is approximated as:

$$\nabla_{\theta} \mathcal{L}(\theta) = -\nabla_{\boldsymbol{a}_{t}^{0}} Q_{\phi}(\boldsymbol{s}_{t}, \boldsymbol{a}_{t}^{0}) \frac{\partial \boldsymbol{a}_{t}^{0}}{\partial \theta} + \sum_{k=1}^{K} \nabla_{\boldsymbol{a}_{t}^{k-1}} \log p_{\theta}(\boldsymbol{a}_{t}^{k-1} | \boldsymbol{a}_{t}^{k}, k, \boldsymbol{s}_{t}) \nabla_{\theta} f_{\theta}(\boldsymbol{\epsilon}_{t}^{k}; \boldsymbol{a}_{t}^{k}, k, \boldsymbol{s}_{t})$$

where the term  $\frac{\partial a_t^0}{\partial \theta}$  is also computed using the reparameterization trick, as in previous direct policy optimization methods [9, 10].

### 2.2 Hybrid Soft Actor-Critic with Standard Policy and Diffusion Policy

We introduce two hybrid actor-critic algorithms for non-prehensile manipulation: Hybrid Soft Actor-Critic with a standard policy representation (HySAC) and Hybrid Soft Actor-Critic with a



Figure 2: A real robot task showcases the multi-modalities of action sequences, (top) Push $\rightarrow$  Push, In this task, we fixed the goal and initial pose and generated the action sequences with two different random seeds.

diffusion policy (Diff-HySAC). HySAC extends SAC to handle hybrid action spaces, while Diff-HySAC builds on DiffSAC to incorporate diffusion-based policies (see Section 2.1).

**HySAC:** HySAC adapts SAC by incorporating both discrete and continuous actions. The actor loss includes entropy terms for both location and motion policies:

$$J_i(\theta) = -Q_{\phi}(f_i, \boldsymbol{a}_i^m) + \alpha \log \pi_{\theta, i}(x_i, \boldsymbol{a}_i^m | \boldsymbol{s}),$$

where  $\log \pi_{\theta,i}(x_i, a_i^m | s)$  includes both location entropy  $\log \pi_i^{\text{loc}}(x_i | s)$  and motion entropy  $\log \pi_i^{\text{m}}(a_i^m | s)$ . The critic update is:  $y_t = r_t + \gamma \mathbb{E}_{x_i \sim \pi_{\text{loc}}, a_i^m \sim \pi_m} [Q_\phi(f_i(s_{t+1}, a_i^m)) - \alpha \log \pi_{\theta,i}(x_i, a_i^m | s)].$ 

**Diff-HySAC:** Diff-HySAC uses a diffusion model to generate action maps  $a^m$  through a denoising process  $\pi^m(a^m|s)$ ,  $\alpha_1$  and  $\alpha_2$  are hyperparameter. The actor loss for diffusion models is:

$$J_i(\theta) = -Q_\phi(f_i, \boldsymbol{a}^{m,0}) + \alpha_1 \log \pi_i^{\text{loc}}(x_i | \boldsymbol{s}) + \alpha_2 \sum_{k=0}^K \log p_\theta(\boldsymbol{a}_t^{k-1} | \boldsymbol{a}_t^k, k, \boldsymbol{s})$$

This approach can incorporate consistency models, as proposed by [13], to improve inference speed, leading to Con-HySAC. The diffusion policy can be replaced by a consistency model  $\pi^m(a^m|s) =$ Consistency\_Model( $s; f_{\theta}$ ) without changing the optimization process. Both algorithm variants are shown in Appendix B.

#### **3** Experiments

#### 3.1 Experimental Setup

We evaluate HySAC, Diff-HySAC, and Con-HySAC against HACMan [7], along with two baselines: HybridDiff-TD3 and HybridCon-TD3. These baselines use TD3 but replace the motion parameter policy with a diffusion or consistency model, respectively. All methods share the same training setup, using a 4D point cloud input composed of 3D goal flow vectors and a 1D segmentation mask, which labels points as part of the target object or background. In simulations, ground-truth masks are used,

Table 1: Simulation experiment: Generalization to unseen objects, reported as mean *success rate* and std. Results are averaged over 200 runs for unseen category and instance evaluations.

Method	Unseen Category	Unseen Instance
HACMan	$0.80 \pm 0.06$	$0.84 \pm 0.05$
HySAC	$0.76 \pm 0.06$	$0.86 \pm 0.05$
HybridDiff-TD3	$0.78\pm0.06$	$0.81\pm0.06$
Diff-HySAC	$0.81\pm0.05$	$0.89\pm0.04$
HybridCon-TD3	$0.75\pm0.06$	$0.76\pm0.06$
Con-HySAC	$0.86 \pm 0.05$	$0.93\pm0.04$

while real-world experiments employ background subtraction for segmentation.

**Task Setting**: We validate our method on the 6D object pose alignment task introduced in HACMan [7], which requires non-prehensile manipulations such as pushing and flipping. The simulation

environment, built with Robosuite [14] and MuJoCo [15], consists of 44 objects split into 32 training objects, 7 unseen instances, and 5 unseen categories. Success is measured by achieving a mean distance of less than 3 cm between corresponding points of the object and the goal.

**Policy Diversity**: To assess the diversity of the learned policies, we evaluate Con-HySAC in terms of action sequence variety. We keep the initial pose and goal the same across two runs with identical environment settings, such as point cloud sampling. As shown in Fig. 2, Con-HySAC produces two distinct action sequences to reach the goal pose. The order of flipping and pushing actions differs between the two, demonstrating policy flexibility in action.

**Real Robot Setting**: For sim-to-real transfer, we evaluate the trained policies on a 7DoF Franka Panda arm with three static Realsense cameras. We test two configurations: (i) Planar goals, where the object starts in a fixed pose and the goal involves a planar translation, and (ii) 6D goals, where both the initial and goal poses are stable SE(3) poses.

#### 3.2 Experimental Results

**Simulation Results:** Table 1 presents results for 6D tasks, including unseen categories, and unseen instances. Diff-HySAC and Con-HySAC outperform HACMan and HySAC, in unseen category and instance evaluations. HybridDiff-TD3 and HybridCon-TD3, lacking entropy regularization, suffer from mode collapse and perform worse than HACMan.

**Real Robot Results:** We evaluated the trained policies on the "All Objects + 6D Goals" simulation task using a real-world robot with the same setup, pose randomization, and success criteria as HAC-Man. The evaluation includes 5 objects: Lego, Lotion, Milk, Soja, and Cube. Diff-HySAC and Con-HySAC achieved success rates of 68% and 72%, respectively, outperforming HACMan (53%) and HySAC (64%). The performance gap between diffusion-based methods and non-diffusion methods was more pronounced in real-world experiments compared to simulations, suggesting that diffusion-based policies generalize better in real-world settings.

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	Object	HACMan		HySAC (ours)		Diff-HySAC (ours)		Con-HySAC (ours)			
	Lego	6/10	6/10	8/10	5/10	8/10	6/10	9/10	7/10		
	Lotion	6/10	5/10	7/10	6/10	8/10	7/10	7/10	7/10		
	Milk	4/10	6/10	8/10	6/10	7/10	7/10	8/10	7/10		
	Soja	5/10	5/10	6/10	4/10	6/10	6/10	7/10	5/10		
	Cube	5/10	5/10	8/10	6/10	8/10	5/10	9/10	6/10		
	Total	26/50	27/50	37/50	27/50	37/50	31/50	40/50	32/50		

Table 2: Results for real robot experiments on Planar goal (left) and 6D goal (right) tasks.

# 4 Conclusion

We present Hybrid Soft Actor-Critic with Diffusion Policy (Diff-HySAC), an online diffusion-based off-policy maximum entropy RL algorithm for 6D non-prehensile manipulation. We derive a principled objective, the maximum entropy regularization, that treats diffusion policies as a class of stochastic policies. Our results show that incorporating this objective improves the performance of diffusion-based policies in RL applications. Our qualitative analysis highlights that online RL can be challenging for learning multi-modal policy distributions, as diffusion-based methods with entropy-maximizing RL algorithms holds promise for better exploration and learning more diverse behaviors. Future work will focus on enhancing the expressiveness and multi-modal capabilities of diffusion models for exploration strategies and on improving entropy estimation for diffusion model densities to further advance off-policy learning techniques.

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