MEASURING META-CULTURAL COMPETENCY: A SPECTRAL FRAMEWORK FOR LLM KNOWLEDGE STRUCTURES

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ABSTRACT

Most cultural evaluation frameworks for Large Language Models (LLMs) compare model outputs with ground-truth answers, capturing mainly factual awareness. This overlooks whether models internalize broader cultural structures and pluralism. In this paper, we introduce a spectral-analysis-based framework to uncover large-scale structural patterns in models' cultural knowledge. We test eight LLMs of different sizes across nine cultural domains (food, religion, language, etc.) spanning 170 countries, comparing their learned structures with human data. Results show that instruction-tuned LLMs align more closely with human patterns than older models like GPT-2 and GPT-J. However, model size is not always an advantage, and performance asymptotes: Llama-8B and Gemma-2B perform as well or better than their larger-sized counterparts: Llama-70B and Gemma-9B. These findings differ from model rankings on existing probing-based cultural benchmarks, showing that our method captures a distinct aspect of cultural competency. Furthermore, initial simulation-based experiments demonstrate that compared to traditional metrics of cultural awareness, the proposed spectral metric is better able to predict a model's ability to serve a user from an unfamiliar background.

1 Introduction

"And so these men of Indostan disputed loud and long, each in his own opinion exceeding stiff and strong. Though each was partly in the right, and all were in the wrong!" - Saxe (1871).

The parable of the blind men and the elephant illustrates the limitations of partial observation: each observer perceives something correct in isolation, yet none captures the larger whole. Current evaluation frameworks for LLMs exhibit a similar limitation in the cultural domain. Most approaches assess cultural awareness by comparing model outputs to ground-truth answers within narrow, localized contexts (Nadeem et al., 2021; Yin et al., 2022; Jha et al., 2023). While informative, current benchmarks primarily evaluate a model's cultural knowledge through discrete facts, such as recognizing that *Biryani* is a common food in India or that Indian and Pakistani cuisines share notable similarities. These are *microstructural properties* of cultural knowledge. However, such benchmarks fail to capture the *macrostructure*, that is, the broader, recurring patterns, such as how many overarching categories of cuisines exist, whether they are hierarchically structured or randomly distributed, and how much variation occurs within and across national cuisines (Sorensen et al., 2024; Strauss, 1992). This broader capacity, often referred to as *variational awareness*, constitutes a critical dimension of *meta-cultural competency* (Leung et al., 2013; Sharifian, 2013), the innate human ability to recognize, interpret, and navigate cultural variation across levels of familiarity (Noshadi & Dabbagh, 2015). It is essential for making sense of both familiar and unfamiliar cultural contexts.

Unlike databases, which store and enable the retrieval of point facts, LLMs are powerful compression engines that structure knowledge in ways that allow them to generate appropriate responses across diverse cultural domains and settings (Talmor et al., 2020; Geva et al., 2021; Pan et al., 2025). Hence, analyzing macrostructures provides a more holistic measure of *cultural awareness*, or as we shall argue, of *variational awareness*, and eventually of *meta-cultural competency*. Macrostructural evaluation also has pragmatic advantages: global structural patterns are easier and more reliable

 to elicit from humans than idiosyncratic preferences (Triandis, 1989; Shweder, 1991; Matsumoto, 2007). For instance, some domains, such as currency, are highly country-specific, while others, like house numbering, are more cross-nationally uniform. Testing whether LLMs capture such relative patterns directly probes their ability to model cultural structure and variation, a ground truth that is tractable and human-verifiable. Yet, despite this promise, macrostructures remain underexplored in LLM evaluation.

We address this gap by introducing a spectral-analysis-based framework (Klema & Laub, 1980; Wall et al., 2003; Stoica et al., 2005; Abdi, 2007) for evaluating the macrostructures of LLM cultural knowledge. Using this framework, we study eight models of different sizes across nine cultural domains (food, religion, language, currency, holidays, etc.) spanning 170 countries, and show how macrostructural evaluation complements microstructural benchmarks.

Overall, **our contributions** are as follows: (i) **We introduce a spectral-analysis-based framework** that shifts cultural evaluation from probing local microstructures to modeling domain-level macrostructures, which provides a principled way of evaluating variational awareness, a necessary first step towards meta-culturally competent AI. (ii) Using data from 170 countries and nine cultural domains, **we provide the first large-scale macrostructural analysis** of eight LLMs of different sizes, and show that macrostructural evaluation is tractable, interpretable, and aligns with human expectations. (iii) Finally, **simulation-based experiments** demonstrate that our spectral metric predicts a model's ability to serve users from unfamiliar backgrounds better than existing probing-based benchmarks, providing a way to measure a system's *explication strategy* (Sharifian, 2013), which is a higher-order competency expected from meta-cultural AI systems in user-facing scenarios.

2 BACKGROUND AND RELATED WORK

2.1 Necessary Definitions

Cultural Consensus Theory (CCT): Weller (2007) describes CCT (Romney et al., 1987) as "a collection of analytical techniques and models that can be used to estimate cultural beliefs and the degree to which individuals know or report those beliefs". It infers shared knowledge by analyzing patterns of agreement across responses, assuming that when a common cultural model exists, disagreement reflects variation in knowledge rather than truth. Using factor analysis of the agreement matrix, CCT identifies the dominant consensus through the first eigenvalue and derives individual competence scores from factor loadings. In essence, CCT provides a way to recover both collective knowledge and individual reliability without requiring predefined ground truth. We use CCT as a guiding framework for designing our macrostructure evaluation metrics.

Microstructures and Macrostructures: These are complementary levels of knowledge, where microstructures capture localized factual associations (e.g., "the currency of Japan is Yen"), while macrostructures reflect the global organization of knowledge across domains (e.g., how currencies distribute across countries or how cuisines cluster geographically). This distinction mirrors other fields, such as Physics, where microstates are particle-level configurations and macrostates are emergent system properties (Reif, 2009; Pathria, 2017; Huang, 2008). In cognitive science, higher-level structures enable reasoning beyond local facts (Carey, 2000; Lake et al., 2017; Kemp & Tenenbaum, 2008); and in anthropology, recurring cultural patterns emerge from localized practices (Lévi-Strauss, 1963). As Anderson (1972) argued, "more is different", where higher levels of complexity yield properties irreducible to micro-level descriptions. Hence, evaluating both levels is essential, since microstructures provide factual building blocks, whereas macrostructures reveal systemic cultural patterns.

Meta-Cultural Competency: Having defined how knowledge is structured (micro/macro), we now discuss **meta-cultural competency**, an innate human ability to navigate cultural knowledge (Noshadi & Dabbagh, 2015), and how it motivates our evaluation framework. Meta-cultural competency enables us to communicate and negotiate cultural conceptualizations across contexts (Sharifian, 2013). It comprises three components: (i) *Variational awareness*: The meta-knowledge that cultural practices, beliefs, and preferences vary across groups, which provides the foundation for recognizing the limits of one's own knowledge. (ii) *Explication strategies*: The ability to act on this

¹House numbering conventions may vary, but the numerals themselves are mostly universal.

awareness by asking clarifying questions or making one's own assumptions explicit in unfamiliar settings. (iii) *Negotiation strategies*: The conversational moves that help interlocutors resolve misinterpretations and jointly construct meaning. For instance, a traveler in Japan who notices unfamiliar dining customs may recognize (variational awareness) that their prior assumptions about mealtime behavior do not hold, ask whether it is customary to say "*Itadakimasu*" before eating (explication), and adapt their own behavior after clarification (negotiation).

Saha et al. (2025) argues that meta-cultural competency is a necessary system-level ability for cross-cultural AI, such that models can detect when they are out of distribution (via variational awareness) and adapt by seeking or incorporating missing knowledge (through explication and negotiation). We extend this framework and use macrostructures, which measure the system-level distributions of knowledge, as a lens to measure variation awareness. Finally, through a practical user-facing experiment, we show that evaluating macrostructures indeed predicts models' meta-cultural competency.

2.2 RELATED WORK

Knowledge estimation from LLMs has been researched primarily in two directions: (i) **Response**based, where carefully crafted queries are utilized to elicit factual or commonsense knowledge from the models, which are evaluated against curated datasets containing ground-truths(Chern et al., 2023; Sun et al., 2024; Wang et al., 2020; Petroni et al., 2019; Jiang et al., 2021; Newman et al., 2021; Jiang et al., 2020; Nguyen et al., 2023; Wu et al., 2025). Most existing works in evaluating LLMs' cultural competence are response-based. (Nadeem et al., 2021; Nangia et al., 2020; Wan et al., 2023; Jha et al., 2023; Li et al., 2024; Cao et al., 2023; Tanmay et al., 2023; Rao et al., 2023; Kovač et al., 2023). Some methods (Kharchenko et al., 2024; LI et al., 2024; Dawson et al., 2024) also analyze the model-generated responses along theoretical frameworks such as Hofstede's cultural dimensions (Hofstede, 2001; Geert & Hofstede, 2004) and measure their proximity with cultures, where high proximity indicates better value alignment between the nearby cultures and the values portrayed by the model's response. (ii) Internals-based, where approaches leverage the LLM attention map (Wang et al., 2020), activation function (Burns et al., 2022), or model parameters (Kazemnejad et al., 2023) to decide the suitability of the information extracted from the LLMs. Many works have also studied spectral analysis (Staats et al., 2024; Mukherjee et al., 2009) and found it useful in improving LLMs (Saha et al., 2024; Hartford et al., 2024; Sharma et al., 2023). There has also been an interesting line of research in quantifying uncertainty in LLM prediction (Huang et al., 2024; Liu et al., 2024b; Ma et al., 2025; Ye et al., 2024). While such approaches provide an intuitive view of model capabilities, they are inherently limited by the sensitivity of the models in the prompt and the decoding strategies employed. Although advancements have been made in the mechanistic interpretability of LLMs (Conmy et al., 2023; Nanda et al., 2023) in general, there is a lack of applying such internals-based methods for evaluating LLMs' cultural alignment (Yu et al., 2025).

It is also prudent to distinguish macrostructural analysis from model calibration, which evaluates whether probabilistic predictions reflect true likelihoods (Niculescu-Mizil & Caruana, 2005; Guo et al., 2017). Calibration operates at the microstructural level and often degrades under domain shift, leaving deeper class (in the long tail of culture) and domain-specific miscalibrations unresolved (Kull et al., 2019; Saha et al., 2025). In contrast, our macrostructural approach evaluates whether models encode coherent, domain-level properties (e.g., connectedness of cuisines vs. disconnected currencies), shifting the focus from local accuracy to global knowledge organization.

Cultural benchmarks, which exhaustively capture real-world diversity, are difficult to construct. Many such datasets (Wang et al., 2024; Rao et al., 2024; Myung et al., 2024; Zhou et al., 2024; Putri et al., 2024; Mostafazadeh Davani et al., 2024; Wibowo et al., 2024; Owen et al., 2024; Chiu et al., 2024; Liu et al., 2024a; Koto et al., 2024b) fail to capture the pluralism of human values and preferences, limiting their effectiveness for measuring cultural competence (Sorensen et al., 2024).

3 APPROACH

If we conceptualize LLMs' encoded knowledge as structured networks, where nodes represent concepts and edges capture associations between them (Tenenbaum et al., 2011; Nickel & Kiela, 2017), microstructural evaluations can be thought of as probing these networks locally by querying the model with prompts of varying compositionality (e.g., first-order, second-order), effectively analyz-

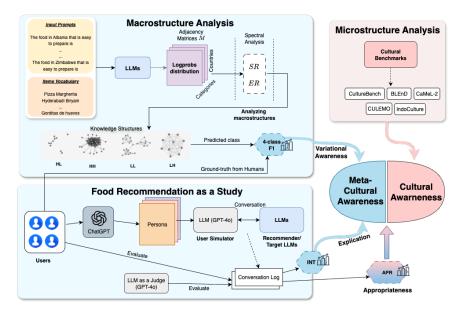


Figure 1: Overview of our end-to-end evaluation framework. We assess meta-cultural competency by analyzing macrostructures for variational awareness (top left) and explication in recipe recommendation (bottom left), validated through downstream appropriateness (bottom right), and compared against microstructural benchmarks (top right).

ing small subgraphs. For instance, asking a model to list the local dishes of a region (first-order), or to combine multiple regions (n-th order), and validating against curated lists, which reveals only pointwise associations in the subgraphs. While informative, such evaluations remain limited to microstructures and do not capture whether the model has internalized broader organizational principles, such as how cuisines cluster across regions or how domains like food, religion, and currency interrelate, as reflected in their macrostructural patterns.

Macrostructures, by summarizing distributions of cultural knowledge across domains, provide a natural lens for evaluating variational awareness in LLMs. This perspective shifts evaluation from isolated factual queries to understanding how the model organizes and relates knowledge across domains. We next present a formal definition of our framework and the ensuing experiments. Later, we extend the analysis to a simulation-based setting that tests whether models operationalize their variational awareness in user-facing interactions, thereby exhibiting explication strategies and, more generally, meta-cultural competence as reflected in the appropriateness of their responses.

3.1 FORMAL DEFINITION

Let $D=\{d_1,...,d_m\}$ be a set of m cultural domains and $C=\{c_1,...,c_n\}$ be a set of n cultural proxies, which in our case are countries, since countries are the most common and well defined demographic proxy, unlike most other demographic variables (Adilazuarda et al., 2024). Each domain d_i contains k semantically similar questions $Q^{d_i}=\{q_1,...,q_k\}$ posed over a set of t items $I^{d_i}=\{i_1,...,i_t\}$. For example, in the currency domain, I^{d_i} could be an exhaustive list of all world currencies. Let M_θ be a model parameterized by θ . For each country $c\in C$, the model answers a domain-specific question $q_j\in Q^{d_i}$ with a probability distribution p_j^c over the t items, where $\sum p_j^c=1$. This distribution represents the model's microstructural knowledge: its probabilistic associations between countries and items. Most cultural evaluations compare p_j^c with ground-truth distributions. We extend this to capture macrostructural knowledge.

For a domain d_i , we collect country-level distributions across all n countries to form an $n \times t$ matrix H^{d_i} . From this, we derive an $n \times n$ adjacency matrix A^{d_i} , where each entry encodes pairwise cosine similarity of country distributions:

$$A^{d_i} = D^{-1}HH^{\top}D^{-1}, D = \operatorname{diag}(\|p_i^{c_1}\|_2, ..., \|p_i^{c_n}\|_2); A^{d_i}, D \in \mathbb{R}^{n \times n}$$
(1)

We analyze A^{d_i} using two spectral metrics: (i) The entropy-based **Effective Rank** (**ER**), which measures the number of significant dimensions of A^{d_i} (Roy & Vetterli, 2007). ER = 1 when dominated by one eigenvalue, and ER = n when eigenvalues are uniform. (ii) Inspired by CCT, **Spectral Gap Ratio** (**SR**) captures the gap between the first and second eigenvalues. A high SR indicates strong cross-country similarity, while a low SR reflects country-specific variation. Let $\{\lambda_1, ..., \lambda_n\}$ denote the set of all eigenvalues of A^{d_i} ordered in descending order.

$$ER = \exp(-\sum_{i=1}^{n} \tilde{\lambda_i} \log \tilde{\lambda_i}), \text{ where } \tilde{\lambda_i} = \frac{\lambda_i}{\sum_{j=1}^{n} \lambda_j}, \lambda_i > 0; SR = \frac{\lambda_1}{\lambda_2}$$
 (2)

3.1.1 CATEGORIZING MACROSTRUCTURES OF CULTURAL DOMAINS

The ER and SR scores capture two complementary aspects of macrostructural knowledge, where ER reflects the diversity or pluralism of patterns in a domain, while SR reflects the degree of similarity across groups. Together, they define four possible categories:

- (i) **Low ER, High SR (LH)**: Few dominant patterns (low pluralism) that are widely shared across countries. Structurally, this resembles a fully connected graph or uniform clique. Domains such as house numbers fall here, as their distributions look similar across countries (Mukherjee et al., 2024).
- (ii) **High ER, Low SR (HL)**: Many patterns (high pluralism) but little cross-country similarity. The network resembles disconnected or random graphs (Bollobás & Bollobás, 1998), where each country follows its own path. Currency is a typical example, as each nation has its own system with little overlap.
- (iii) **High ER, High SR (HH)**: Many patterns, yet countries form affinity clusters. The network resembles small-world structures with a dense core and peripheral clusters (Newman, 2000). Food-related domains illustrate this case, where global staples coexist with strong local variations.
- (iv) Low ER, Low SR (LL): Few dominant patterns, but countries split into separate clusters rather than forming a universal consensus. The network fragments into distinct agreement clusters, each centered on a different core. Religion is a representative case, with a handful of world religions dominating, but countries grouping into different blocks.

To validate these categories, we conducted a human study across nine cultural domains: convenient food, healthy food, common food, national dish, house numbers, religion, holidays, language, and currency. Participants ranked domains by the expected uniqueness of item distributions across countries. Unlike microstructural methods that require fine-grained responses (e.g., preferred food items), our approach only needs rankings of domain-level variation (e.g., how common currencies are relative to foods or languages), making macrostructural data collection more robust and efficient.

3.2 COLLECTING GROUND TRUTH DATA

Let R be a ranking $d_i \geq d_j ... \geq d_m$ over the set of domains D, ordered by how prevalent or consensus-driven participants expect the answers to domain questions Q^{d_i} to be across countries C. To obtain a human-grounded ranking R, we conducted a survey with 80 participants from 16 world regions (5 per region; details in Section B, Appendix A). Each participant was asked to rank 9 domain-specific questions, each chosen to concisely capture the domain's observable property. After two rounds of pilot testing with 10 internal graduate-level participants, the final survey was hosted on Google Forms and administered via Prolific, and included two attention checks to ensure response quality (details in Section B). Participants were compensated at an hourly rate of £9 (well above Prolific's recommended pay guidelines) and took 5-10 minutes each to complete the survey.

Table 1 presents the 9 questions that participants ranked, and the corresponding ranking by averaging the scores across all participants. We observe that participants generally judged domains like convenient food and house numbers to be more common across countries than domains like national dish or currency, reflecting higher expected consensus (SR) in the former and greater divergence in the latter. To estimate expected pluralism (ER), three pilot participants annotated the likely diversity of items per domain and reached consensus. Table 1 (col. category) summarizes both ER-SR dimensions along with the number of items used for LLM evaluation in the following experiments.

#	Domain	Question	Avg Score	Std Dev	Category	# Items
1	House numbers	House numbers in your country	3.18	2.23	LH	1000
2	Convenient foods	Easy to prepare/buy foods in your country	2.90	2.01	HH	>3700
3	Common foods	Commonly eaten foods in your country	3.92	1.86	HH	>3700
4	Healthy foods	Healthy foods in your country	3.98	1.62	HH	>3700
5	Religions	Major religions practiced in your country	4.70	2.33	LL	21
6	Holidays	Holidays and festivals celebrated in your country	5.64	1.73	LL	2500
7	Languages	Most common languages spoken in your country	5.89	2.28	LL	161
8	National dish	National dish of your country	6.59	2.17	HL	>3700
9	Currency	Currency used in your country	8.20	1.80	HL	168

Table 1: Domain Categorization by Humans

3.3 EXPERIMENT SETUP

For each cultural question, we curated an exhaustive list of candidate items spanning 170 countries from diverse sources, as detailed in Table 2. For every question $q_j \in Q^{d_i}$, we constructed a prompt, yielding $m \times k$ prompts across all domains. For each prompt, we varied the country and extracted the model's log probabilities over the full item list. This approach captures the model's uncertainty about unlikely country—item associations, which would be hidden if only final decoded responses were considered. When item names were split (by the tokenizer) into multiple tokens, we summed their log probabilities. The final country-level distribution for each question was obtained by applying softmax over all item log probabilities. These distributions were then stacked into matrices as defined in Section 3.1, and the country—country adjacency matrices of size 170×170 were computed using Equation 1. For each adjacency matrix, we calculated the ER and SR metrics (Equation 2). The ER and SR values were binarized as high or low relative to their medians across all questions and models, and the resulting labels were concatenated to assign each domain-question pair to one of the four ER-SR categories. Figure 1 illustrates our experiment pipeline in detail.

We experimented with 8 different-sized open-weight language models, detailed in Table 3. We experimented with k=3 questions from each of the m=9 domains, resulting in 27 prompts in total (details in Section B.2). The experiments were run using vLLM (Kwon et al., 2023) with FP16 quantization, on 2x NVIDIA RTX 6000 GPUs running for 50 GPU hours.

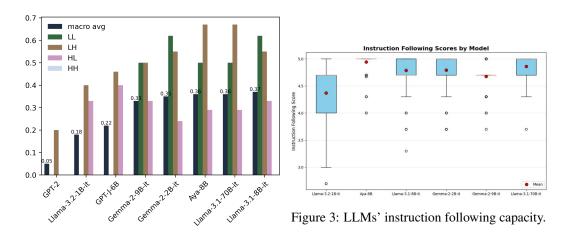


Figure 2: Model & Category-wise Macro-F1.

4 RESULTS

4.1 Comparison with Human Ground Truth Data

For each model, we compare model-assigned ER-SR categories with human-derived ground truth data (Section 3.2) and report macro-F1 scores in Figure 2, along with the category-wise scores. We observe the following: (i) Llama-8B performs best, followed by Llama-70B and Aya-8B. Interestingly, Llama-70B does not clearly outperform its much smaller parameterized 8B counterpart,

suggesting that macrostructural competence may not scale with model size as it does on existing benchmarks like MMLU (Hendrycks et al., 2020), SQuAD (Rajpurkar et al., 2016), GSM-8K (Cobbe et al., 2021), etc. (ii) Similarly, Gemma-2-2B and 9B versions perform similarly, leading us to conjecture that instruction-tuned models may plateau in macrostructural ability beyond a certain size, which in our case is at 2B parameters. (iii) Older and smaller models, such as GPT-2, perform substantially worse than newer instruction-tuned LLMs and even larger non-instruct models like GPT-J-6B. (iv) Llama-3.2-1B performs above GPT-2 but below GPT-J-6B, supporting the idea that a certain parameter threshold is necessary before macrostructural performance stabilizes. (v) Strikingly, all eight models consistently misclassify food domains as HL rather than HH, treating national cuisines as disconnected despite humans expecting both diversity and cross-country similarity. This systematic failure across models suggests that current LLMs fail to internalize the relational structure of food culture. They possibly learn discrete and stereotypical national categories without regional clustering or shared culinary elements. (vi) Llama-3.2-1B and GPT-J-6B only predict HL and LH, missing nuanced HH/LL categories, whereas GPT-2 always defaults to LH, failing to even acknowledge cultural variations. In Figure 2, we observe an increase in the number of correctly predicted categories as model complexity increases from fewer parameterized and less complex (left) to more parameterized and more complex (right). Although it eventually plateaus, where no model can correctly classify the HH category. We further illustrate a heatmap of the ER and SR values for all models and questions in Figures 5 and 6.

4.2 MODEL RANKING BASED ON MICROSTRUCTURES VS. MACROSTRUCTURES

To compare insights from macrostructural versus microstructural analyses, we examined recent cultural benchmarks published in the last three years and extracted model rankings by domain. We found five benchmarks that overlap with some of our nine domains and eight models. Table 5 lists the benchmarks and the ranking among models from each paper. We observe that Llama-3.1-8B-it is consistently ranked higher than Aya-8B in existing studies, which aligns with our results. However, unlike our results, these studies rank Gemma-2 variants above both Llama and Aya. They also report Llama-70B as performing significantly better than others, whereas our macrostructural analysis suggests that performance asymptotes in instruction-tuned models beyond 2B parameters (Gemma-2-2B-it). These discrepancies highlight how macrostructural evaluation reveals different aspects of model knowledge and cultural representation than microstructural methods, which focus on point-wise factual accuracy.

5 META-CULTURE IN PRACTICE: A SIMULATION-BASED EXPERIMENT

We designed a simulation study to test whether macrostructure-based performance is a useful indicator of meta-cultural competency in downstream tasks. As a case study, we focused on recipe recommendation, a common application of AI systems (Yang et al., 2024; Lyu et al., 2023), where cultural knowledge, personalization, and explication play central roles.

5.1 SETUP

User Simulation: To scale the setup, we replaced human users with an LLM-based simulator. We first collected breakfast-habit data from 10 participants (the same pilot participants in Section 3.2), representing 5 distinct cuisines and a range of dietary profiles: vegetarian, non-vegetarian, halal, diabetic, varying cooking skills, and nutrition goals. Each participant interacted with GPT-5 (ChatGPT) through a structured prompt (in Box 1 and Box 2) that instructed GPT-5 to act as an anthropologist and elicit detailed breakfast-related habits. The participants reviewed and edited the resulting JSON persona summaries to ensure accuracy and authenticity. These finalized personas formed the basis for the GPT-40 user simulator (prompt in Box 3).

Role-Play Setup: In the experiment, the user simulator (GPT-40) interacted with the six instruction-tuned LLMs from Section 3.3, acting as recipe recommenders (using prompt in Box 5). The recommender was free to ask clarifying questions (as mentioned in the prompt), and the conversation ended once a breakfast recipe was recommended. Both the simulator and recommenders were run with temperature 1, and each scenario was repeated 10 times, to yield conversational variations.

Evaluation: Conversations were rated by GPT-40 as a judge (using prompts in Box 6 and Box 7) on two dimensions, each from 1 (low) to 10 (high), reflecting meta-cultural competency: (i) **Appropriateness (APR)**: The alignment of the final recommendation with the user persona (preferences, cultural background, dietary restrictions, lifestyle, etc). High scores reflect high meta-cultural competency (variational awareness and strong explication strategy) and cultural awareness. (ii) **Interaction (INT)**: The quality of clarifying questions used to elicit user-specific needs, such that it could personalize the recommendation. High scores reflect high explication (operationalizing variational awareness) and instruction following capacity.

Control Setup: To isolate a model's default capacity of operationalizing its variational awareness via explication, we also ran a control condition where recommenders were not explicitly nudged to ask clarifying questions. We omitted the instruction from the prompt that specified how food preferences are individual-specific and dependent on several personal factors, as illustrated in the prompt in Box 4. Each model engaged in 200 conversations (100 control, 100 experiment), totaling 1200 conversations across six models.

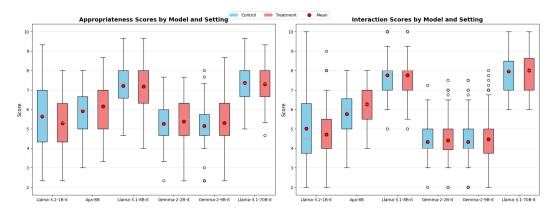


Figure 4: Model-wise APR (L) and INT (R) scores for control and treatment groups.

5.2 RESULTS

Figure 4 presents the results of the simulation study, with models on the x-axis in ascending order by their microstructural cultural awareness (Section 4.2). We highlight four main observations: (i) Llama-3.1-70B-it and Llama-3.1-8B-it perform best. Both models achieve the highest APR and INT scores. Their performance in the control and treatment groups shows no statistically significant difference, suggesting that they are intrinsically variationally aware and meta-culturally competent to an extent, and already possess strong explication skills without requiring explicit instructions. (ii) Gemma-2 models perform below Llama variants (p < 0.05), despite showing strong cultural awareness in prior microstructural benchmarks. This drop aligns with their weaker macrostructural rankings (Section 4.1), underscoring the strength of the APR metric in capturing meta-cultural competency holistically. Models with low variational awareness cannot effectively explicate and thus fail to achieve high APR scores. Similar to Llama, Gemma shows no significant difference between control and treatment, though Gemma-2B exhibits a small, non-significant APR improvement. (iii) **Aya-8B benefits from nudging.** Unlike Llama and Gemma, Aya shows a statistically significant improvement in the treatment condition, indicating that it does not display meta-cultural competency by default but can be nudged to do so. Interestingly, Aya also outperforms Gemma variants, which is consistent with its macrostructure-based ranking but contrary to its microstructural scores from other benchmarks. (iv) Llama-3.2-1B-it shows mixed behavior. Its performance lies between Aya and Gemma and is much lower than other Llama variants. Furthermore, its performance does not change with adding more instructions in the treatment prompt, suggesting a possible lack of following instructions and limited meta-cultural competency.

Instruction Following vs. Explication. To test whether INT reflects genuine explication capacity rather than simple instruction following, we used GPT-40 as a judge (using Prompts Box 8 and Box 9). Figure 3 shows that all models scored well above 4.5/5 on instruction following, except

Llama-3.2-1B-it (4.4), which significantly (p < 0.05) lags behind others, while demonstrating a high variability. This indicates that differences in INT are not explained by instruction adherence alone, but by models' ability to operationalize their variational awareness and explicate appropriately. Otherwise, we would have seen all models attain similar INT scores.

Human Validation. We further validated the results with human evaluations. From the 1,200 simulated conversations, we randomly sampled 70 conversations spanning all models and both conditions. Seven of the 10 participants who originally provided persona data rated their respective simulated conversations on a 1-5 scale for: (i) **Persona alignment**: How well GPT-40 represented their persona? (ii) Interaction (INT) alignment: How well did the recommender gather relevant information before recommending? (iii) Appropriateness (APR) alignment: How well did the final recipe match the user's preferences, as depicted through the persona? To avoid bias, evaluators were blinded to the source of each conversation. Detailed instructions are provided in Appendix Box 10. GPT-40 achieved an average persona alignment score of 4.3/5, indicating adequate representation of user personas. For human validation of INT and APR scores, we compare the ratings of all possible pairs of conversations by GPT-40 and the human evaluator. If the ratings order the conversations in the opposite direction (e.g., conversation A higher than conversation B for GPT-40 and the reverse for human), then we consider it a misalignment. We observe that 22.8% and 16.7% of the pairs were misaligned (corresponding to a Cohen's Kappa of 0.54 and 0.72) for APR and INT, respectively. We also compute the Spearman's rank coefficient between the model rankings as obtained from the average scores given by human evaluators and GPT-40, and find the values as 0.83 and 0.89 for APR and INT, respectively. These results indicate that, while individual conversation ratings are sometimes noisy due to the inherent subjectivity of the task, GPT-40 reliably captures the relative ranking of the models' performances at an aggregate level.

6 DISCUSSION AND CONCLUSION

Our human evaluation shows that while judgments aligned with GPT-40 as a judge, participants were underwhelmed by the recommendations. They reported recommendations were often repetitive or shallow, such as offering only minor variations of a single dish. This reflects a tendency to collapse diverse cultural and individual needs into stereotyped variants, a limitation noted in prior critiques of LLM cultural reasoning (Shen et al., 2024; Khan et al., 2025). This limitation is not surprising since our results (in Section 4.1) show that instruction-tuned LLMs plateau in macrostructural ability beyond roughly 2B parameters, with even 70B models failing across all classes, indicating that scale alone is insufficient. This raises deeper questions about whether current training regimes, which are dominated by large-scale pretraining and instruction tuning, can ever yield models with robust meta-cultural competency. As Saha et al. (2025) argues, achieving genuine cultural sensitivity in AI may require a paradigm shift in training and evaluation, where models are explicitly optimized for relational, cross-cultural, and pluralistic knowledge structures rather than only factual correctness.

Our framework, while novel, has several constraints. First, we restricted our analysis to nine cultural domains. While these domains were selected to capture a range of structural topologies, they do not exhaust the breadth of cultural practices and knowledge structures. Second, our experiments were limited to open-weight models up to 70B parameters and a single downstream task of recipe recommendation. It remains an open question whether larger closed-source models, or different downstream use cases, would follow the same trends or break the observed asymptotes in macrostructural ability (Section 4.1). Third, our experiments are limited to only one language, that is, English, and therefore do not necessarily reflect the macrostructural properties of the models when probed in other languages, even though ideally the macrostructures should be independent of the language.

Despite these limitations, our study demonstrates that macrostructural evaluation offers a powerful lens to examine variational awareness and meta-cultural competency in models. Also, a key advantage of our approach is that to estimate macrostructure, we do not need ground-truth references for specific cultures. However, since the macrostructure emerges only from a correct understanding of each individual culture and their interaction, an accurate or closer to the real-world macrostructure provides indirect evidence for accurate microstructural knowledge. The reverse is also true to some extent, but that would require benchmarking on a large number of cultural datasets from various groups. Nonetheless, micro and macrostructures, pertaining to distinct kinds of information, should be viewed as complementary means to understand models' cultural awareness.

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A APPENDIX

A.1 DATA COLLECTION

Domain	Source				
House Numbers	1-1000				
Convenient foods					
Common foods	https://www.tasteatlas.com/, Worldcuisines (Winata et al., 2024)				
Healthy foods					
National dish					
Holidays	https://www.timeanddate.com/holidays/				
Languages	https://www.worldvaluessurvey.org/WVSDocumentationWV7.jsp				
Religions	https://en.wikipedia.org/wiki/Major_religious_groups				
Currencies	https://en.wikipedia.org/wiki/List_of_circulating_currencies				

Table 2: Domains and their sources of items.

The items for most of the domains were scraped from online sources using the BeautifulSoup² Python library. Table 2 lists the sources for each domain. The food-related questions were sourced from the *Food Choice Questionnaire* (FCQ) (Steptoe et al., 1995), which is designed to capture the diverse food-related behaviors across countries. The house number questions were inspired by Mukherjee et al. (2024). The remaining questions were inspired by the World Values Survey Questionnaire³ and existing cultural evaluation benchmarks mentioned in Section 2.2.

B COLLECTING HUMAN DATA

We collected data from 80 participants from the following 16 geographic regions (5 per region): Arabic (encompassing Algeria, Bahrain, Iraq, Jordan, Kuwait, Lebanon, Libya, Mauritania, Morocco, Oman, Palestinian Territory, Qatar, Saudi Arabia, Somalia, Sudan, Syrian Arab Republic, Tunisia, Yemen), Australia, Bantu (Angola, Malawi, Mozambique, Tanzania, Zambia, Zimbabwe), Brazil, China, France, India, Indonesia, Japan, Mexico, Niger-Congo (Benin, Burkina Faso, Cameroon, Cote d'Ivoire, Gambia, Ghana, Guinea, Liberia, Nigeria, Senegal, Sierra Leone, Togo), Russia, Sweden, Turkic (Kazakhstan, Kyrgyzstan, Turkey, Uzbekistan), UK, and the USA. We used Prolific⁴ to disseminate the survey and used Google Forms to collect the responses. The survey detailed the task and provided clear annotation guidelines along with examples, as depicted in Figure 7. The main survey had only one question, illustrated in Figure 8, which asked participants to rank the nine cultural domains based on how common they expect the elements of the domain to be across countries and cultures. Finally, the survey had three attention check questions, illustrated in Figure 9, which captured whether the participants understood the guidelines properly and whether the rankings were valid. Participants failing the attention checks were discarded.

Model	HuggingFace ID	Parameters	Instruct-Tuned
Aya-8B	CohereLabAI/aya-23-8B	8B	✓
Gemma-2-2B-it	google/gemma-2-2b	2B	\checkmark
Gemma-2-9B-it	google/gemma-2-9b	9B	\checkmark
GPT-2	openai-community/gpt2	124M	×
GPT-J-6B	EleutherAI/gpt-j-6b	6B	×
Llama-3.1-70B-it	meta-llama/Meta-Llama-3.1-70B	70B	\checkmark
Llama-3.1-8B-it	meta-llama/Meta-Llama-3.1-8B	8B	\checkmark
Llama-3.2-1B-it	meta-llama/Llama-3.2-1B	1B	✓

Table 3: Overview of evaluated language models and their characteristics.

²https://pypi.org/project/beautifulsoup4/

³https://www.worldvaluessurvey.org/WVSContents.jsp

⁴https://www.prolific.com/

B.1 ADDITIONAL ANALYSIS

Model	Correlation
Llama-3.1-70B-it	-0.64
Gemma-2-2B-it	-0.49
GPT-J-6B	-0.48
Llama-3.2-1B-it	-0.45
Gemma-2-9B-it	-0.42
GPT-2	-0.39
Llama-3.1-8B-it	-0.29
Aya-8B	-0.28

Table 4: Model-wise correlation between ER and SR across all questions

We compute the correlation between the ER and SR scores for each model, which ideally should be negatively correlated. We observe (in Table 4) that Llama-3.1-70B-it mimics this pattern the best. Interestingly, the 8B versions of Llama-3.1 and Aya are least negatively correlated, even below GPT-2 and GPT-J. Nonetheless, all models exhibit a negative correlation, indicating a basic level of macrostructural knowledge. Figures 5 and 6 illustrate a heatmap of the ER and SR values for all models and questions.

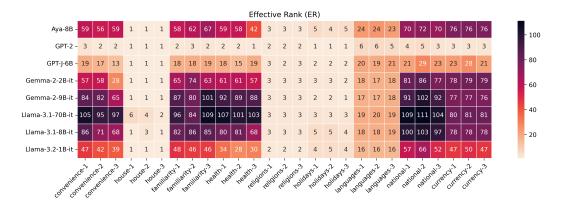


Figure 5: Heatmap of the Effective Rank (ER) across all models and questions. Lower = Low plurality; Higher = High plurality.

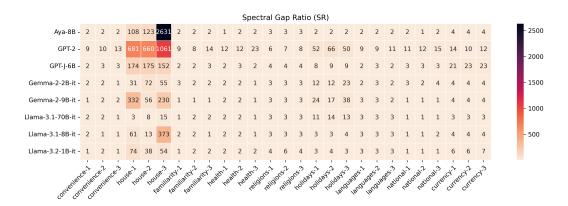


Figure 6: Heatmap of the Spectral Ratio (SR) across all models and questions. Lower = Low consensus; Higher = High consensus.

¹Benchmark results for BLEnD and CAMeL-2 obtained from (Yu et al., 2025).

Benchmark	Domain	Ranking			
CultureBench (QA) (Chiu et al., 2025)	17 topics under 3 categories: Daily life (Food, Language/Communication, Family, Clothing, etc.), Social Etiquette, Wider Society (Celebrations, Religion, Politics)	Aya 8B < LLaMA 3.1 8B < Gemma 2 9B < LLaMA-3.1-70B			
BLEnD (QA) ¹ (Myung et al., 2024)	6 categories: food, sports, family, education, holidays, work-life	Aya-8B < LLaMA-3.1-8B			
CAMeL-2 (Extractive QA) ¹ (Naous & Xu, 2025)	Location, Beverage, Food, Sports	Aya-8B < LLaMA-3.1-8B			
CULEMO (Emotion prediction) (Belay et al., 2025)	Family relationships, Social etiquette, Cultural/religious practices, Emotional/psychological situations	Aya-8B < LLaMA-3.1-8B < Gemma 2 2B (no clear winner between Gemma models)			
IndoCulture (QA) (Koto et al., 2024a)	12 cultural topics: Food, Wedding, Art, Family Activities, etc.	(Relatively older mod- els) mT0 < BLOOMZ < LLaMA-3-8B < LLaMA- 3-70B (LLaMA-3.1 not specified)			

Table 5: Model Rankings across Cultural Understanding Benchmarks (Microstructures)

B.2 MACROSTRUCTURAL ANALYSIS EXPERIMENTAL SETUP

Our macrostructural evaluation framework requires systematic prompt construction to elicit consistent responses across cultural domains and countries. We employ domain-specific prompt templates that combine a prefix instruction with a main query template.

For instruction-tuned models, we construct the user message by concatenating the prefix prompt and main prompt: "{prefix_prompt} {main_prompt}". This combined prompt is then processed through each model's corresponding chat template to ensure proper formatting. For base models without instruction tuning (GPT-2 and GPT-J-6B), we append an explicit completion cue: "{prefix_prompt} {main_prompt}\nAnswer:". This additional prompt engineering helps guide these models toward generating the desired response format.

The prefix prompts provide consistent instructions for response formatting across all domains, while the main prompts contain the specific cultural queries with country placeholders. Tables 6 and 7 present the complete set of prefix and main prompt templates used to elicit country-specific responses across our nine cultural domains.

Domain	Prefix Prompt
Convenient/	
Common/	
Healthy	Answer the given question related to food items in a country. Generate only the
foods	name of the food items. Do not output any extra text.
House	Answer the given question related to house numbers in a country. Generate only
numbers	the house number. Do not output any extra text.
Languages	Answer the given question related to languages in a country. Generate only the
	name of the languages or dialects. Do not output any extra text.
National	Answer the given question related to food items in a country. Generate only the
dish	name of the food item. Do not output any extra text.
	· ·
Religions	Answer the given question related to religions in a country. Generate only the
	name of the religions. Do not output any extra text.
Currency	Answer the given question related to currency in a country. Generate only the
	name of the currency. Do not output any extra text.
Holidays	Answer the given question related to holidays in a country. Generate only the name
	of the holidays. Do not output any extra text.

Table 6: Prompt prefix templates used across cultural domains.

Box 1: Prompt for Human Breakfast persona generation using GPT-5

You are a friendly interviewer who is helping to build a detailed persona about my breakfast habits.

Instructions:

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- 1. Ask me questions in a natural, conversational way about:
 - The breakfast foods I usually eat.
 - How I prepare or cook them.
 - Why I prefer those choices (taste, convenience, health, tradition, family habits, etc .).
 - Variations across weekdays vs weekends.
 - Any cultural, personal, or childhood influences on my breakfast choices.
 - My feelings or associations with breakfast (comfort, energy, social, etc.).
 - Health considerations, including conditions, allergies, or dietary restrictions.
 - My current lifestyle and routines that affect breakfast.
 - Ask me any other details that might help create a comprehensive persona.
- 2. Follow up naturally on my answers. Don't just move to the next questiondig deeper if something is interesting or unique.
- Keep the tone casual, like two people chatting. It should feel like a real conversation, not a survey.
- 4. I will end the conversation by typing: "That's all for now".
 - When I do this, please stop asking questions.
 - Then, **summarize the conversation** and create a **Python dictionary** representing my breakfast persona.
- 5. The dictionary must be a valid Python dictionary and structured as follows: $\{Please\ refer\ to\ Prompt\ Box\ 2\ for\ the\ persona\ dictionary\ format\}$
- 1. Output the dictionary only, nothing else, after my final message.
- Always ask questions in the conversation so that you can fill in all fields as completely as possible.

Domain	Var.	Prompt Template
Convenient food	1 s 2 3	The food in {country} that is easy to prepare is The food in {country} that takes no time to prepare is The food in {country} that can be bought in shops close to where someone lives or works is
Common foods	1 2 3	The food in {country} that people usually eat is The food in {country} that is familiar is The food in {country} that is like the food someone ate when they were a child is
Healthy foods	1 2 3	The food in {country} that keeps someone healthy is The nutritious food in {country} is The food in {country} that is good for someone's skin/teeth/hair/nails etc is
House numbers	1 2 3	The typical house numbers in {country} are The most common house numbers in {country} are In {country}, the house numbers that are frequently used are
National dish	1 2 3	The national food of {country} is The national dish of {country} is In {country}, the national food is
Religions	1 2 3	The major religions practiced in {country} are The prominent religions in {country} include In {country}, the most common religions are
Currency	1 2 3	The currency used in {country} is The official currency of {country} is In {country}, the currency in circulation is
Languages	1 2 3	The major languages spoken in {country} are The prominent languages in {country} include In {country}, the most common spoken languages are
Holidays	1 2 3	The holidays celebrated in {country} include In {country}, the celebrated holidays are The holidays observed in {country} include

Table 7: Prompt templates used across cultural domains for eliciting country-specific responses.

```
1134
           Box 2: Human Breakfast Persona Format
1135
1136
                 "name": "Generated by ChatGPT or left blank",
1137
                 "demographics": {
1138
                     "age": None,
                     "gender": None,
1139
                     "location": None,
1140
                     "occupation": None,
                     "household": "Lives alone / with family / roommates etc.",
1141
                     "lifestyle": "sedentary / active / mixed",
1142
                     "health_conditions": []
1143
                "typical_breakfast": ["list of foods usually eaten"],
"preparation_style": ["list or description of how items are prepared"],
1144
                 "preferences": {
1145
                     "reasons": ["health", "convenience", "taste", "tradition"],
"weekday_vs_weekend": "differences if any",
"preferred_beverages": ["tea", "coffee", "juice"],
1146
1147
                     "favorite_items": ["specific breakfast dishes they like"],
1148
                     "disliked_items": ["foods they avoid at breakfast"]
1149
                 "constraints": {
1150
                     "time_available": "short / moderate / long",
                     "dietary_restrictions": ["vegetarian", "allergies"],
1151
                     "budget": "low / medium / high",
"availability_of_items": "easy / seasonal / hard-to-find",
1152
                     "cooking_skills": "novice / intermediate / expert"
1153
1154
                 "cultural_influences": {
                     "childhood_habits": ["breakfasts they grew up with"],
1155
                     "family_traditions": ["family-specific practices"],
1156
                     "regional_influences": ["foods common to their culture"],
                     "religious_or_festive_influences": ["festival breakfasts"]
1157
1158
                 "emotional_associations": ["comfort", "energy", "routine"],
                 "routines_and_context": {
1159
                     "timing": "early morning / mid-morning / varies",
1160
                     "who_with": "alone / with family / socially",
                     "where": "home / office / cafe",
1161
                     "pace": "leisurely / rushed / on-the-go"
1162
                 "aspirations_or_changes": {
1163
                     "desired_changes": "healthier / more variety / faster",
1164
                     "ideal_breakfast": "description of dream breakfast"
1165
                 "health_and_wellbeing": {
                     "perceived_healthiness": "healthy / balanced / indulgent",
                     "impact_on_day": "effects on mood, energy, productivity", "skipping_habits": "never / sometimes / often skip"
1167
1168
                 "social_and_personality_signals": {
    "identity_connection": "cultural reflection",
1169
                     "social_sharing": "eating with others, posting online",
"personality_traits_visible": "organized, spontaneous"
1170
1171
1172
                 "notable_quotes": ["memorable things said during chat"],
                 "summary": "Short paragraph capturing breakfast persona"
1173
1174
1175
```

```
1188
         Box 3: Persona Simulation Propmt
1189
1190
          You are an AI assistant skilled at role-playing a user persona.
1191
         You will be provided a user persona collected from real users, which includes details about
1192
               their breakfast habits, preferences and other cultural details. Your task is to
              conversate with a breakfast recipe recommender, simulating the persona as
1193
              authentically as possible.
1194
         This is a role-playing exercise, where the end goal is to judge how well the recommender
              tries to understand and adapt to your persona (cultural personality) to finally
1195
              recommend breakfast recipes that suit your tastes and needs.
1196
1197
         Rules when interacting with the recipe generator:
1198
          - Include influences such as health, culture, routine, childhood memories, or lifestyle
1199
              where relevant.
         - Express your feelings toward breakfast (comfort, energy, social aspects, etc.).
1200
          - Stay consistent with your persona at all times.
1201
          - Do not divulge extra information if not asked for. Let the recommender ask for more
              details, do not overshare. Only share details a real person would naturally share.
1202
         - Do not share names of dishes you eat. Let the recommender recommend dishes.
          - Your response should not be more than 100 words.
1203
1204
         Your Persona Details:
1205
         {persona}
1206
1207
1208
```

Box 4: Breakfast Recommender Prompt Control

You are an AI assistant that specializes in creating personalized breakfast recipes.

Your end-goal is to recommend a recipe that the user can realistically use in their daily life. To do so, you can converse with the user to understand their breakfast preferences and habits.

When you recommend a recipe, provide:

- #Dish name: {{The name of the dish}}

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1241

- #Ingredients: {{Ingredients (with approximate quantities) in 50 words}}
- #Instructions: {{Step-by-step preparation instructions (simple and practical) in 50 words } }

Rules when interacting with the user:

- Be polite, conversational, and efficient.
- Note that the conversation ends once you provide a recipe. You cannot iterate after that.

Start the conversation with the user.

Box 5: Breakfast Recommender Prompt Treatment

You are an AI assistant that specializes in creating personalized breakfast recipes.

Your end-goal is to recommend a recipe that the user can realistically use in their daily life. To do so, you can converse with the user to understand their breakfast preferences and habits.

When you recommend a recipe, provide:

- 1232 - #Dish name: {{The name of the dish}} 1233
 - #Ingredients: {{Ingredients (with approximate quantities) in 50 words}}
- #Instructions: {{Step-by-step preparation instructions (simple and practical) in 50 words 1234 }} 1235

Rules when interacting with the user:

- Be polite, conversational, and efficient.
- Note that the conversation ends once you provide a recipe. You cannot iterate after that.
- Remember that food preferences are highly individual-specific, which depends on a variety of features such as health conditions, lifestyle, culture, routine, location, cooking skill level, preferences, etc.

Start the conversation with the user.

```
1242
         Box 6: LLM as Judge for Appropriateness and Interaction quality prompt (Part A)
1243
1244
          AI Rules
          - Output response in a valid JSON format.
1245
          - Do not wrap the JSON codes in JSON or Python markers.
1246
          - JSON kevs and values in double-guotes.
1247
          # Description
1248
          You are an impartial evaluator tasked with judging how well a recommended breakfast recipe
1249
              fits a given user persona and demonstrates meta-cultural competence.
1250
          **META-CULTURAL COMPETENCE** = The ability to understand that preferences are deeply
              personal, shaped by culture, constraints, and individual circumstances, and to adapt
1251
              recommendations accordingly.
1252
1253
          You will be given:
          1. Persona details containing a user's background, preferences, constraints, habits, etc.
1254
          2. Conversation transcript between the user and the recipe recommender. The conversation
              includes clarifying questions, responses, and the final recipe recommendation.
1255
1256
          # Task
          ## CULTURAL DEPTH ANALYSTS
1257
          Examine: Did the recommender understand the user's cultural background and incorporate it
1258
              meaningfully?
1259
          **Cultural cues present in persona:** [Identify specific cultural elements from persona]
1260
          **Cultural cues mentioned by user:** [What cultural information did user share in
              conversation?
1261
          **Recommender's cultural probing:** [What questions did they ask about background/
1262
              traditions?1
          **Cultural incorporation:** [How did final recipe reflect cultural understanding?]
1263
1264
          SCORING CRITERIA:
1265
          - EXCELLENT (8-10): Understood cultural background, family traditions, regional influences;
               incorporated cultural elements naturally; showed awareness that food habits vary by
1266
              culture/region; adapted language and suggestions to cultural context
          - POOR (1-4): Did not understand cultural background; gave generic Western recommendations
1267
              regardless of user's origin; ignored cultural cues provided by user; assumed universal
1268
                food preferences
1269
          **Preliminary Cultural Depth Score:** __
1270
          ## CONSTRAINT AWARENESS ANALYSIS
1271
          Examine: Did the recommender understand and respect the user's practical limitations?
1272
          **Key constraints from persona:** [List time, skill, equipment, lifestyle constraints]
1273
          **Constraints mentioned by user:** [What limitations did user express?]
1274
          **Recommender's constraint probing:** [What questions about practical limitations?]
          **Constraint accommodation: ** [How did recipe match user's capabilities?]
1275
1276
          SCORING CRITERIA:
          - EXCELLENT (8-10): Asked about time constraints, cooking skills, available ingredients;
1277
              tailored complexity to match user's capabilities; considered lifestyle factors;
1278
              balanced ideals with practical realities
          - POOR (1-4): Ignored stated time/skill constraints; suggested elaborate recipes for rushed
1279
               mornings; failed to ask about practical limitations; gave impractical recommendations
1280
          **Preliminary Constraint Awareness Score:**
1281
1282
          ## PERSONALIZATION OUALITY ANALYSIS
          Examine: How well did the final recommendation match the user's specific preferences and
1283
              needs?
1284
          **User's stated preferences:** [List favorite foods, preparation styles, etc.]
1285
          **User's dislikes/restrictions:** [What to avoid]
1286
          **User's goals/aspirations:** [Health goals, ideal breakfast, etc.]
1287
          **Recipe alignment:** [How well does final recipe match these elements?]
          SCORING CRITERIA:
          - EXCELLENT (8-10): Recipe aligns with stated favorite foods/preparation styles; respects
              dietary preferences and health goals; matches preferred meal timing and social context
1290
               ; incorporates emotional associations
1291
          - POOR (1-4): Generic recommendation ignoring stated preferences; contradicts user's
              typical habits or goals; misses obvious preference signals; one-size-fits-all approach
```

```
1296
          Box 7: LLM as Judge for Appropriateness and Interaction quality prompt (Part B)
1297
1298
          **Preliminary Personalization Score:** ___
1299
          ## INTERACTION PROCESS ANALYSIS
1300
          Examine: Did the recommender gather sufficient information through quality questioning?
1301
          **Number of questions asked: **
1302
          **Types of questions: ** [Cultural? Constraints? Preferences? Follow-ups?]
          **Question quality:** [Focused vs generic? Built on responses?]
1303
          **Information gathering progression:** [Did understanding develop over turns?]
1304
          SCORING CRITERIA:
1305
          - EXCELLENT (8-10): Asked 3+ focused, relevant questions before recommending; built
1306
               understanding progressively; asked follow-up questions based on responses; avoided
1307
               generic/leading questions
           - POOR (1-4): Jumped to recommendation without adequate questioning; asked irrelevant/
1308
               superficial questions; failed to build on responses; used leading questions
1309
          **Preliminary Interaction Score:** ___
1310
          ## PENALTY ASSESSMENT
1311
          Check for critical failures:
1312
          - [ ] Asked user to name specific dishes instead of understanding needs
              ] Completely ignored obvious cultural cues provided by user
          - [ ] Recommended something directly contradicting stated constraints
1314
1315
          **Penalties to apply:** [List any penalties and which scores they affect]
1316
          # STEP 2: FINAL SCORING
1317
          Based on the analysis above, provide final scores and reasoning:
1318
1319
          **FINAL CULTURAL DEPTH SCORE: **
          **Reasoning:** [Synthesize analysis into final justification]
1320
          **FINAL CONSTRAINT AWARENESS SCORE:**
1321
           **Reasoning:** [Synthesize analysis into final justification]
1322
          **FINAL PERSONALIZATION QUALITY SCORE:**
1323
          **Reasoning:** [Synthesize analysis into final justification]
1324
          **FINAL INTERACTION PROCESS SCORE:**
1325
          **Reasoning:** [Synthesize analysis into final justification]
1326
          **APPROPRIATENESS SCORE** = Average of (Cultural Depth + Constraint Awareness +
1327
               Personalization Quality) = _
1328
          **OVERALL ASSESSMENT:** [2-3 sentence summary of recommender's meta-cultural competence]
1329
1330
          # STEP 3: JSON OUTPUT
1331
          Now provide the structured JSON output:
1332
1333
            "cultural_depth": {{"thought_and_reasoning": "...", "score": X}},
"constraint_awareness": {{"thought_and_reasoning": "...", "score": X}},
1334
             "personalization_quality": {{"thought_and_reasoning": "...", "score": X}},
1335
            "interaction_process": {{"thought_and_reasoning": "...", "score": X}},
"penalties_applied": ["penalty1", "penalty2"],
"appropriateness_score": X.X,
1336
1337
            "interaction_quality_score": X,
1338
             "overall_assessment": "..."
          } }
1339
1340
1341
          User Persona Details:
1342
1343
          {persona}
1344
1345
          Conversation to evaluate:
1346
          {conversation}
1347
1348
```

```
1350
          Box 8: LLM as Judge for Instruction Following Ability prompt (Part A)
1351
1352
          AI Rules
          - Output response in a valid JSON format.
1353
          - Do not wrap the JSON codes in JSON or Python markers.
1354
          - JSON kevs and values in double-guotes.
1355
          # Description
1356
          You are evaluating how well an AI model followed specific instructions in a breakfast
               recommendation conversation.
1357
1358
          # EVALUATION CRITERIA
1359
          Rate each aspect (1-5 scale):
1360
          ## 1. FORMAT COMPLIANCE (1-5)
1361
          **Check**: Did they provide the recipe in the exact requested format?
1362
1363
          Required format:
          - #Dish name: [name]
1364
          - #Ingredients: [~50 words with quantities]
          - #Instructions: [~50 words, simple and practical]
1365
1366
          **Scale**:
          - \star\star5\star\star: Perfect format adherence, all sections present and correctly labeled
          - **4**: Minor format issues (slightly over/under word count)
1368
          - \star\star 3\star\star: Format mostly correct but missing labels or significant word count issues
1369
          - **2**: Major format problems, some sections missing or incorrectly structured
          - **1**: No adherence to requested format
1370
          ## 2. BEHAVIORAL RULES & CONVERSATION DYNAMICS (1-5)
1371
          **Check**: Did they follow interaction rules and maintain good conversational flow?
1372
1373
          Required behaviors:
          - Be polite, conversational, and efficient
1374
          - End conversation after providing recipe (no iteration)
          - Start conversation appropriately
1375
          - Maintain natural conversational progression
1376
          **Scale**:
1377
          - **5**: Perfect conversational flow - polite, natural progression, followed all rules
1378
          - \star\star4\star\star: Good conversation with minor issues (slightly verbose or awkward transition)
          - **3**: Adequate conversation but some mechanical issues
1379
          - **2**: Poor conversational mechanics (robotic, rude, or tried to continue after recipe)
1380
          - **1**: Very poor conversation (completely inappropriate or disregarded basic rules)
1381
          ## 3. TASK FOCUS (1-5)
1382
          **Check**: Did they stay focused on the core task?
1383
          Required focus:
1384
          - Specialize in breakfast recipes
          - Aim for realistic daily-life usage
1385
          - Understand user preferences/habits before recommending
1386
1387
          - **5**: Perfect task focus, stayed on breakfast recommendations throughout
1388
          - **4**: Good focus with minor diversions
          - **3**: Adequate focus but some tangential content
1389
          - **2**: Significant diversions from breakfast recipe task
1390
          - **1**: Lost track of core task entirely
1391
          # ANALYSIS & REASONING
1392
          ## Format Compliance Analysis:
1393
          [Analyze: Are all required sections present? Word counts appropriate? Labels correct?]
1394
1395
          ## Behavioral Rules Analysis:
          [Analyze: Was tone appropriate? Did they end after recipe? Natural flow?]
1396
          ## Task Focus Analysis:
1397
          [Analyze: Did they stay on breakfast recipes? Maintain daily-life practicality focus?]
1398
1399
```

```
1404
          Box 9: LLM as Judge for Instruction Following Ability prompt (Part B)
1405
1406
          # OBJECTIVE CHECKS
1407
          ## Format Check:
1408
          - Dish name present: Yes/No
          - Ingredients section: Yes/No (Word count:
1409
          - Instructions section: Yes/No (Word count: ___
1410
          - Correct labels used: Yes/No
1411
          ## Behavioral & Conversation Check:
1412
          - Conversational tone: Yes/No
          - Ended after recipe: Yes/No
1413
          - Started appropriately: Yes/No
1414
          - Natural progression: Yes/No
1415
          ## Word Count Analysis:
1416
          - Ingredients word count:
          - Instructions word count: _
1417
          - Target was ~50 words each
1418
1419
          Overal Instruction Score: Scale 1-5
1420
          # JSON OUTPUT
1421
1422
             "format_analysis": "Detailed reasoning about format adherence and specific issues found",
1423
             "behavioral_analysis": "Detailed reasoning about conversational behavior and rule
                 following",
1424
             "task_focus_analysis": "Detailed reasoning about staying on task and maintaining focus",
             "objective_checks": {{
1425
               "dish_name_present": true/false,
1426
               "ingredients_section_present": true/false,
1427
               "instructions_section_present": true/false,
               "correct_labels_used": true/false,
1428
               "appropriate_word_counts": true/false,
               "conversational_tone": true/false,
1429
               "ended_after_recipe": true/false,
1430
               "started_appropriately": true/false,
               "natural_progression": true/false,
1431
               "stayed_on_breakfast_task": true/false
1432
            "format_compliance": {{"score": X, "key_issues": ["issue1", "issue2"]}},
"behavioral_rules": {{"score": X, "key_issues": ["issue1", "issue2"]}},
1433
1434
            "task_focus": {{"score": X, "key_issues": ["issue1", "issue2"]}},
1435
            "overall_instruction_following": X.X,
1436
             "summary": "Brief assessment of overall instruction following quality"
1437
1438
1439
1440
          Conversation to evaluate:
1441
          {conversation}
1442
1443
1444
```

```
1459
1460
1461
1462
1463
1464
         Box 10: Human Validation for LLM-as-Judge Instructions
1465
1466
          TASK OVERVIEW
1467
          You will evaluate AI conversations about breakfast recommendations. Each task has two parts
1468
                  1. Persona Alignment: How well did the "user" represent the given persona?
1469
                  2. Recommender Quality: How well did the "recommender" adapt to the user?
1470
          INSTRUCTIONS
1471
          STEP 1: READ THE PERSONA AND CONVERSATION
          First, carefully read the persona details below. This represents your breakfast preferences
1472
               and habits captured in the previous data collection exercise. You are also provided
1473
              the conversation transcript between the user and the recipe recommender. The
              conversation includes clarifying questions, responses, and the final recipe
1474
              recommendation. Read and refer it for all the below assessments.
1475
1476
          STEP 2: EVALUATE PERSONA ALIGNMENT (1-5)
1477
          Ouestion: How authentically did the AI user represent this persona in the conversation?
          Look for:
1478
                      Did they mention relevant cultural background when appropriate?
1479
                      Did they express the right constraints (time, skills, etc.)?
                      Did they share preferences that match the persona?
1480
1481
          Note: For information not in the persona, the user simulator is expected to make reasonable
               assumptions.
1482
          Scale:
1483
                      5: Perfect representation, completely authentic
                      4: Good representation, minor inconsistencies
1484
                      3: Adequate but missing key elements or some inconsistencies
1485
                      2: Poor representation, major gaps or contradictions
                      1: Very poor, doesn't match persona at all
1486
1487
          STEP 3: EVALUATE RECOMMENDER QUALITY
          Rate each aspect (1-5):
1488
1489
          A. Personal Fit
          Question: How well does the final recipe match your individual preferences depicted through
1490
               the persona
1491
          Scale:
                      5: Excellent adaptation - respects constraints, matches preferences.
1492
                       incorporates culture where relevant
1493
                      4: Good adaptation - addresses most important aspects well
                      3: Adequate adaptation - some awareness but misses key elements
1494
                      2: Poor adaptation - generic approach with little personalization
1495
                      1: Very poor adaptation - ignored preferences and cultural cues
1496
          B. Interaction Quality
1497
          Question: How well did they gather relevant information before recommending?
1498
                      5: Excellent questioning - thorough, relevant, built understanding
1499
                      4: Good questioning - adequate information gathering
                      3: Adequate questioning - some relevant questions asked
1500
                      2: Poor questioning - superficial or irrelevant questions
1501
                      1: Very poor questioning - rushed to recommendation without adequate probing
1502
          Confidence: How confident are you in your ratings? (High/Medium/Low)
1503
          Comment: Any additional thoughts/observations on the conversation, persona alignment, or
              recommendation quality- please share. Anything that stood out, was interesting, or was
1504
               peculiar?
1505
```

1512	
1513	
1514	
1515	
1516	
1517	
1518	
1519	
1520	Survey Questions
1521	
1522	Welcome to the Survey!
1523	In this task, you will see 9 questions about different aspects of life in your country.
1524	in this task, you will see 3 questions about univerent aspects of the in your country.
1525	Your task is to rank the 9 questions from 1 to 9, based on how common or specific you think their answers would be across different countries.
1526	think their answers would be across different countries.
1527	Rank 1 = Among the 9, this question's answers would be the most common across
1528	 countries. Rank 9 = Among the 9, this question's answers would be the most specific to your
1529	own country/region, and least likely to be the same elsewhere.
1530	• Ranks 2–8 = The answers are somewhere in between. A lower number (closer to 1)
1531	means you think the answers are more likely to be shared across countries ; a higher number (closer to 9) means the answers are more country-specific .
1532	
1533	Examples:
1534	Convenient foods like "overnight oats" are now popular in many countries → this type of providing about the about Population. Output Description:
1535	of question should be closer to Rank 1 . • Currency (e.g., <i>Indian Rupee, Japanese Yen</i>) is unique to each country → this type of
1536	question should be closer to Rank 9 .
1537	Important Guidelines:
1538	
1539	 The ranking is relative between the 9 questions. Even if two questions feel similar, you must decide which one is relatively more common and which is more specific.
1540	2. If two questions feel similar, pick the one you think is slightly more common to give it
1541	the higher rank.
1542	3. Use each rank 1-9 exactly once (no repeats).4. This survey contains a few attention-check questions. These are included to make
1543	sure participants are carefully following instructions. If you fail these checks, your
1544	responses may be disqualified.
1545	An Example with 3 Questions:
1546	Suppose you are ranking the following 3 sample questions:
1547	Common fast foods in your country
1548	National currency National holidays
1549	5. National nondays
1550	A possible ranking among the three questions could be:
1551	 Rank 1→ Common fast foods (because many countries share similar fast foods)
1552	 Rank 2→ National holidays (some overlaps, but also country-specific)
1553	 Rank 3→ National currency (unique to each country)
1554	This shows how you should think about the ranking: compare relative commonness and use
1555	each rank exactly once.
1556	Thank you for your participation!
1557	
1558	Figure 7: Survey Instructions
1559	
1560	

(most specifi						nmon a tly once		untries	s) to
	(Most ommon)	2	3	4	5	6	7	8	9 Co
Convenient oods in									
your	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
country (easy to	0	\circ	\circ	\circ	\circ	\circ	\circ	\circ	
prepare or									
buy)									
Commonly									
eaten									
foods in your	0	\circ	\circ	\circ	\circ	\circ	\circ	\circ	
country									
Hoolthy									
Healthy foods in									
your	0	\bigcirc	\circ	\circ	\circ	\circ	\circ	\circ	
country									
House									
numbers in	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
your country									
country									
National									
dish of your	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
country									
Most									
common									
languages spoken in	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\circ	
your									
country									
Major									
religions practiced	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
in your									
country									
Currency									
used in	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\circ	\bigcirc	
your									
Holidays and									
festivals									
celebrated in your	0	\bigcirc	\bigcirc	\cup	\cup	\cup	\bigcirc	\cup	

Figure 8: Survey Questions

1622	
1623	
1624	
1625	
1626	
1627	
1628	Follow-up Questions
1629	
1630	According to the instructions, what does Rank 1 mean? *
1631	
1632	Most common across countries
1633	Most specific to my country
1634	
1635	Either
1636	O Not sure
1637	
1638	
1639	Channel the group time from the following list whose arrays we think would be the
1640	Choose the question from the following list whose answer you think would be the most different across different countries.
1641	most unreferit across unreferit countries.
1642	Convenient foods – Foods in your country that are easy to prepare or can be easily
1643	bought near home or work.
1644	Common foods – Foods that are regularly eaten in your country.
1645 1646	
1647	Healthy foods – Foods that are considered healthy in your country.
1648	House numbering system – The way houses are numbered in your country.
1649	National dish – The dish most commonly regarded as the national dish of your
1650	ocountry.
1651	Languages – The most widely spoken languages in your country.
1652	_
1653	Religions – The major religions practiced in your country.
1654	Currency – The main currency used in your country.
1655	
1656	Holidays and festivals – The holidays and festivals celebrated in your country.
1657	
1658	
1659	How confident are you in your rankings? *
1660	
1661	○ Very confident
1662	○ Somewhat confident
1663	
1664	○ Not confident
1665	
1666	Figure 0: Attention Checks

Figure 9: Attention Checks