Provably Efficient Causal Reinforcement Learning with Confounded Observational Data

Empowered by neural networks, deep reinforcement learning (DRL) achieves tremendous empirical 1 successes. However, DRL requires a large dataset by interacting with the environment, which is un-2 realistic in critical scenarios such as autonomous driving and personalized medicine. In this paper, 3 we study how to incorporate the dataset collected in the offline setting to improve the semple effi-4 5 ciency in the online setting. To incorporate the observational data, we face two challenges. (a) The behavior policy that generates the observational data may depend on unobserved random variables 6 (confounders), which affect the received rewards and transition dynamics. (b) Exploration in the 7 online setting requires quantifying the uncertainty given both the observational and interventional 8 data. To tackle such challenges, we propose the deconfounded optimistic value iteration (DOVI) 9 algorithm, which incorporates the confounded observational data in a provably efficient manner. 10 DOVI explicitly adjusts for the confounding bias in the observational data, where the confounders 11 are partially observed or unobserved. In both cases, such adjustments allow us to construct the bonus 12 based on a notion of information gain, which takes into account the amount of information acquired 13 from the offline setting. In particular, we prove that the regret of DOVI is smaller than the optimal 14 regret achievable in the pure online setting when the confounded observational data are informative 15 upon the adjustments. 16

17 **1 Introduction**

Empowered by the breakthrough in neural networks, deep reinforcement learning (DRL) achieves 18 significant empirical successes in various scenarios [19, 34, 23, 35]. Learning an expressive function 19 approximator necessitates collecting a large dataset. Specifically, in the online setting, it requires 20 the agent to interact with the environment for a large number of steps. For example, to learn a 21 human-level policy for playing Atari games, the agent has to interact with a simulator for more 22 than 10^8 steps [13]. However, in most scenarios, we do not have access to a simulator that allows 23 for trial and error without any cost. Meanwhile, in critical scenarios, e.g., autonomous driving and 24 personalized medicine, trial and error in the real world is unsafe and even unethical. As a result, it 25 remains challenging to apply DRL to more scenarios. 26

To bypass such a barrier, we study how to incorporate the dataset collected offline, namely the observational data, to improve the sample efficiency of RL in the online setting [21]. In contrast to the interventional data collected online in possibly expensive ways, observational data are often abundantly available in various scenarios. For example, in autonomous driving, we have access to trajectories generated by the drivers. As another example, in personalized medicine, we have access to electronic health records from doctors. However, to incorporate the observational data in a provably efficient way, we have to address two challenges.

• The observational data are possibly confounded. Specifically, there often exist unobserved random variables, namely confounders, that causally affect the agent and the environment at the same time. In particular, the policy used to generate the observational data, namely the behavior policy,

possibly depends on the confounders. Meanwhile, the confounders possibly affect the received

rewards and the transition dynamics.

In the example of autonomous driving [9, 22], the drivers may be affected by complicated traffic or poor road design, resulting in traffic accidents even without misconduct. The complicated traffic and poor road design subsequently affect both the action of the drivers and the outcome.

Therefore, it is unclear from the observational data whether the accidents are due to the actions adopted by the drivers. Agents trained with such observational data may be unwilling to take any

actions under complicated traffic, jeopardizing the safety of passengers.

In the example of personalized medicine [28, 8], the patients may not be compliant with pre-45 scriptions and instructions, which subsequently affects both the treatment and the outcome. As 46 another example, the doctor may prescribe medicine to patients based on patients' socioeconomic 47 status (which could be inferred by the doctor through interacting with the patients). Meanwhile, 48 socioeconomic status affects the patients' health condition and subsequently plays the role of the 49 confounder. In both scenarios, such confounders may be unavailable due to privacy or ethical con-50 cerns. Such a confounding issue makes the observational data uninformative and even misleading 51 for identifying and estimating the causal effect, which is crucial for decision-making in the online 52 setting. In all the examples, it is unclear from the observational data whether the outcome is due 53 to the actions adopted. 54

Even without the confounding issue, it remains unclear how the observational data may facilitate 55 exploration in the online setting, which is the key to the sample efficiency of RL. At the core of 56 exploration is uncertainty quantification. Specifically, quantifying the uncertainty that remains 57 given the dataset collected up to the current step, including the observational data and the inter-58 ventional data, allows us to construct a bonus. When incorporated into the reward, such a bonus 59 encourages the agent to explore the less visited state-action pairs with more uncertainty. In par-60 ticular, constructing such a bonus requires quantifying the amount of information carried over by 61 the observational data from the offline setting, which also plays a key role in characterizing the 62 regret, especially how much the observational data may facilitate reducing the regret. 63

Uncertainty quantification becomes even more challenging when the observational data are confounded. Specifically, as the behavior policy depends on the confounders, there is a mismatch between the data generating processes in the offline setting and the online setting. As a result, it remains challenging to quantify how much information carried over from the offline setting is useful for the online setting, as the observational data are uninformative and even misleading due to the confounding issue.

Contribution. To study causal reinforcement learning, we propose a class of Markov decision processes (MDPs), namely confounded MDPs, which captures the data generating processes in both the offline setting and the online setting as well as their mismatch due to the confounding issue. In particular, we study two tractable cases of confounded MDPs in the episodic setting with linear function approximation [40, 41, 16, 7].

In the first case, the confounders are partially observed in the observational data. Assuming that
 an observed subset of the confounders satisfies the backdoor criterion [30], we propose the decon-

⁷⁷ founded optimistic value iteration (DOVI) algorithm, which explicitly corrects for the confound-

⁷⁸ ing bias in the observational data using the backdoor adjustment.

In the second case, the confounders are unobserved in the observational data. Assuming that there
 exists an observed set of intermediate states that satisfies the frontdoor criterion [30], we propose
 an extension of DOVI, namely DOVI⁺, which explicitly corrects for the confounding bias in the

observational data using the composition of two backdoor adjustments. We remark that $DOVI^+$ follows the same principle of design as DOVI and defer the discussion of $DOVI^+$ to §A.

In both cases, the adjustments allow DOVI and DOVI⁺ to incorporate the observational data into the
interventional data while bypassing the confounding issue. It further enables estimating the causal
effect of a policy on the received rewards and the transition dynamics with enlarged effective sample
size. Moreover, such adjustments allow us to construct the bonus based on a notion of information
gain, which takes into account the amount of information carried over from the offline setting.

In particular, we prove that DOVI and DOVI⁺ attain the $\Delta_H \cdot \sqrt{d^3 H^3 T}$ -regret up to logarithmic factors, where d is the dimension of features, H is the length of each episode, and T = HK

is the number of steps taken in the online setting, where K is the number of episodes. Here the 91 multiplicative factor $\Delta_H > 0$ depends on d, H, and a notion of information gain that quantifies the 92 amount of information obtained from the interventional data additionally when given the properly 93 adjusted observational data. When the observational data are unavailable or uninformative upon the 94 adjustments, Δ_H is a logarithmic factor. Correspondingly, DOVI and DOVI⁺ attain the optimal 95 \sqrt{T} -regret achievable in the pure online setting [40, 41, 16, 7]. When the observational data are 96 sufficiently informative upon the adjustments, Δ_H decreases towards zero as the effective sample 97 size of the observational data increases, which quantifies how much the observational data may 98 facilitate exploration in the online setting. 99 **Related Work.** Our work is related to the study of causal bandit [20]. The goal of causal bandit is to 100

obtain the optimal intervention in the online setting where the data generating process is described by a causal diagram. The previous study establishes causal bandit algorithms in the online setting [32, 25], the offline setting [17, 18], and a combination of both settings [11]. In contrast to this line of work, we study causal RL in a combination of the online setting and the offline setting. Causal RL is more challenging than causal bandit, which corresponds to H = 1, as it involves the transition dynamics and is more challenging in exploration. See §B for a detailed literature review on causal bandit.

Our work is related to the study of causal RL considered in various settings. [43] propose a model-108 based RL algorithm that solves dynamic treatment regimes (DTR), which involve a combination 109 of the online setting and the offline setting. Their algorithm hinges on the analysis of sensitivity 110 [26, 36, 4, 42], which constructs a set of feasible models of the transition dynamics based on the 111 confounded observational data. Correspondingly, their algorithm achieves exploration by choosing 112 an optimistic model of the transition dynamics from such a feasible set. In contrast, we propose a 113 model-free RL algorithm, which achieves exploration through the bonus based on a notion of in-114 formation gain. It is worth mentioning that the assumption of [43] is weaker than ours as theirs 115 does not allow for identifying the causal effect. As a result of partial identification, the regret of 116 their algorithm is the same as the regret in the pure online setting as $T \to +\infty$. In contrast, our 117 work instantiates the following framework in handling confounders for reinforcement learning. (a) 118 First, we propose the estimation equation based on the observations, which identifies the causal ef-119 fect of actions on the cumulative reward. (b) Second, we conduct point estimation and uncertainty 120 quantification based on observations and the estimation equation. (c) Finally, we conduct explo-121 ration based on the uncertainty quantification and achieve the regret reduction in the online setting. 122 Consequently, the regret of our algorithm is smaller than the regret in the pure online setting by 123 a multiplicative factor for all T. [24] propose a model-based RL algorithm in a combination of 124 the online setting and the offline setting. Their algorithm uses a variational autoencoder (VAE) for 125 estimating a structural causal model (SCM) based on the confounded observational data. In partic-126 ular, their algorithm utilizes the actor-critic algorithm to obtain the optimal policy in such an SCM. 127 However, the regret of their algorithm remains unclear. [6] propose a model-based RL algorithm 128 in the pure online setting that learns the optimal policy in a partially observable Markov decision 129 process (POMDP). The regret of their algorithm also remains unclear. [33] utilize generative adver-130 sarial reinforcement learning to reconstruct transition dynamics with confounder, and [38] propose a 131 model-based approach for POMDP based on adjustment with proxy variables. In contrast, our work 132 utilizes backdoor and frontdoor adjustments to handle confounded observation. 133

134 2 Confounded Reinforcement Learning

Structural Causal Model. We denote a structural causal model (SCM) [30] by a tuple (A, B, F, P). Here A is the set of exogenous (unobserved) variables, B is the set of endogenous (observed) variables, F is the set of structural functions capturing the causal relations, which determines an endogenous variable $v \in B$ based on the other exogenous and endogenous variables, and P is the distribution of all the exogenous variables. We say that a pair of variables Y and Z are confounded by a variable W if they are both caused by W. An intervention on a set of endogenous variables $X \subseteq B$ assigns a value x to X regardless of the other exogenous and endogenous variables as well as the structural functions. We denote by do(X = x) the intervention on X and write do(x) if it is clear from the context. Similarly, a stochastic intervention [27, 10] on a set of endogenous variables $X \subseteq B$ assigns a distribution p to X regardless of the other exogenous and endogenous variables as well as the structural functions. We denote by do $(X \sim p)$ the stochastic intervention on X.

Confounded Markov Decision Process. To characterize a Markov decision process (MDP) in the offline setting with observational data, which are possibly confounded, we introduce an SCM, where the endogenous variables are the states $\{s_h\}_{h\in[H]}$, actions $\{a_h\}_{h\in[H]}$, and rewards $\{r_h\}_{h\in[H]}$. Let $\{w_h\}_{h\in[H]}$ be the confounders. In §3, we assume that the confounders are partially observed, while in §A, we assume that they are unobserved. The set of structural functions F consists of the transition of states $s_{h+1} \sim \mathcal{P}_h(\cdot | s_h, a_h, w_h)$, the transition of confounders $w_h \sim \tilde{\mathcal{P}}_h(\cdot | s_h)$, the behavior policy $a_h \sim \nu_h(\cdot | s_h, w_h)$, which depends on the confounder w_h , and the reward function

 $r_h(s_h, a_h, w_h)$. See Figure 1 for the causal diagram that describes such an SCM.



Figure 1: Causal diagrams of the h-th step of the confounded MDP (a) in the offline setting and (b) in the online setting, respectively.

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Here a_h and s_{h+1} are confounded by w_h in addition to s_h . We denote such a confounded MDP by the tuple $(S, \mathcal{A}, \mathcal{W}, H, \overline{\mathcal{P}}, r)$, where H is the length of an episode, S, \mathcal{A} , and \mathcal{W} are the spaces of states, actions, and confounders, respectively, $r = \{r_h\}_{h \in [H]}$ is the set of reward functions, and $\overline{\mathcal{P}} = \{\mathcal{P}_h, \widetilde{\mathcal{P}}_h\}_{h \in H}$ is the set of transition kernels. In the sequel, we assume without loss of generality that r_h takes value in [0, 1] for all $h \in [H]$.

In the online setting that allows for intervention, we assume that the confounders $\{w_h\}_{h\in[H]}$ 160 are unobserved. A policy $\pi = {\pi_h}_{h \in [H]}$ induces the stochastic intervention do $(a_1 \sim$ 161 $\pi_1(\cdot | s_1), \ldots, a_H \sim \pi_H(\cdot | s_H))$, which does not depend on the confounders. In particular, an 162 agent interacts with the environment as follows. At the beginning of the k-th episode, the environ-163 ment arbitrarily selects an initial state s_1^k and the agent selects a policy $\pi^k = {\{\pi_h^k\}_{h \in [H]}}$. At the 164 *h*-th step of the *k*-th episode, the agent observes the state s_h^k and takes the action $a_h^k \sim \pi_h^k(\cdot | s_h^k)$. 165 The environment randomly selects the confounder $w_h^k \sim \widetilde{\mathcal{P}}_h(\cdot | s_h^k)$, which is unobserved, and the agent receives the reward $r_h^k = r_h(s_h^k, a_h^k, w_h^k)$. The environment then transits into the next state 166 167 $s_{h+1}^{\tilde{k}} \sim \mathcal{P}_h(\cdot \mid s_h^k, a_h^k, w_h^k).$ 168

For a policy $\pi = {\pi_h}_{h \in H}$, which does not depend on the confounders ${w_h}_{h \in [H]}$, we define the value function $V^{\pi} = {V_h^{\pi}}_{h \in [H]}$ as follows,

$$V_h^{\pi}(s) = \mathbb{E}_{\pi} \left[\sum_{j=h}^H r_j(s_j, a_j, w_j) \middle| s_h = s \right], \quad \forall h \in [H],$$
(2.1)

where we denote by \mathbb{E}_{π} the expectation with respect to the confounders $\{w_j\}_{j=h}^H$ and the trajectory $\{(s_j, a_j)\}_{j=h}^H$, starting from the state $s_j = s$ and following the policy π . Correspondingly, we define the action-value function $Q^{\pi} = \{Q_h^{\pi}\}_{h \in [H]}$ as follows,

$$Q_{h}^{\pi}(s,a) = \mathbb{E}_{\pi} \left[\sum_{j=h}^{H} r_{j}(s_{j},a_{j},w_{j}) \middle| s_{h} = s, \operatorname{do}(a_{h} = a) \right], \quad \forall h \in [H].$$
(2.2)

We assess the performance of an algorithm using the regret against the globally optimal policy $\pi^* = {\pi_h^*}_{h \in [H]}$ in hindsight after K episodes, which is defined as follows,

$$\operatorname{Regret}(T) = \max_{\pi} \sum_{k=1}^{K} \left(V_1^{\pi}(s_1^k) - V_1^{\pi^k}(s_1^k) \right) = \sum_{k=1}^{K} \left(V_1^{\pi^*}(s_1^k) - V_1^{\pi^k}(s_1^k) \right).$$
(2.3)

Here T = HK is the total number of steps.

Our goal is to design an algorithm that minimizes the regret defined in (2.3), where π^* does not 177 depend on the confounders $\{w_h\}_{h\in[H]}$. In the online setting that allows for intervention, it is well 178 understood how to minimize such a regret [14, 3, 15, 16]. However, it remains unclear how to effi-179 ciently utilize the observational data obtained in the offline setting, which are possibly confounded. 180 In real-world applications, e.g., autonomous driving and personalized medicine, such observational 181 data are often abundant, whereas intervention in the online setting is often restricted. We refer to §D 182 183 for a comparison between the confounded MDP and other extensions of MDP, including the dynamics treatment regime (DTR), partially observable MDP (POMDP), and contextual MDP (CMDP). 184

Why is Incorporating Confounded Observational Data Challenging? Straightforwardly incorporating the confounded observational data into an online algorithm possibly leads to an undesirable regret due to the mismatch between the online and offline data generating processes. In particular, due to the existence of the confounders $\{w_h\}_{h\in[H]}$, which are partially observed (§3) or unobserved (§A), the conditional probability $\mathbb{P}(s_{h+1} | s_h, a_h)$ in the offline setting is different from the causal effect $\mathbb{P}(s_{h+1} | s_h, do(a_h))$ in the online setting [31]. More specifically, it holds that

$$\mathbb{P}(s_{h+1} \mid s_h, a_h) = \frac{\mathbb{E}_{w_h \sim \widetilde{\mathcal{P}}_h(\cdot \mid s_h)} \left[\mathcal{P}_h(s_{h+1} \mid s_h, a_h, w_h) \cdot \nu_h(a_h \mid s_h, w_h) \right]}{\mathbb{E}_{w_h \sim \widetilde{\mathcal{P}}_h(\cdot \mid s_h)} \left[\nu_h(a_h \mid s_h, w_h) \right]}$$
$$\mathbb{P}(s_{h+1} \mid s_h, \operatorname{do}(a_h)) = \mathbb{E}_{w_h \sim \widetilde{\mathcal{P}}_h(\cdot \mid s_h)} \left[\mathcal{P}_h(\cdot \mid s_h, a_h, w_h) \right].$$

In other words, without proper covariate adjustments [30], the confounded observational data may be not informative for estimating the transition dynamics and the associated action-value function in the online setting. To this end, we propose an algorithm that incorporates the confounded observational data in a provably efficient manner. Moreover, our analysis quantifies the amount of information carried over by the confounded observational data from the offline setting and to what extent it helps reducing the regret in the online setting.

¹⁹⁷ **3** Algorithm and Theory for Partially Observed Confounder

In this section, we propose the Deconfounded Optimistic Value Iteration (DOVI) algorithm. DOVI handles the case where the confounders are unobserved in the online setting but are partially observed in the offline setting. We then characterize the regret of DOVI. We defer the extension of DOVI, namely DOVI+, to §A which handles the case where the confounders are unobserved in both the online setting and the offline setting.

203 3.1 Algorithm

Backdoor Adjustment. In the online setting that allows for intervention, the causal effect of a_h on s_{h+1} given s_h , that is, $\mathbb{P}(s_{h+1} | s_h, do(a_h))$, plays a key role in the estimation of the action-value function. Meanwhile, the confounded observational data may not allow us to identify the causal effect $\mathbb{P}(s_{h+1} | s_h, do(a_h))$ if the confounder w_h is unobserved. However, if the confounder w_h is partially observed in the offline setting, the observed subset u_h of w_h allows us to identify the causal effect $\mathbb{P}(s_{h+1} | s_h, do(a_h))$, as long as u_h satisfies the following backdoor criterion.

Assumption 3.1 (Backdoor Criterion [30, 31]). In the SCM defined in §2 and its induced directed acyclic graph (DAG), for all $h \in [H]$, there exists an observed subset u_h of w_h that satisfies the backdoor criterion, that is,

• the elements of u_h are not the descendants of a_h , and

• conditioning on s_h , the elements of u_h d-separate every path between a_h and s_{h+1} that has an incoming arrow into a_h .

See Figure 4 for an example that satisfies the backdoor criterion. In particular, we identify the causal effect $\mathbb{P}(s_{h+1} | s_h, \operatorname{do}(a_h))$ as follows.

Proposition 3.2 (Backdoor Adjustment [30]). Under Assumption 3.1, it holds for all $h \in [H]$ that

$$\mathbb{P}(s_{h+1} \mid s_h, \operatorname{do}(a_h)) = \mathbb{E}_{u_h \sim \mathbb{P}(\cdot \mid s_h)} [\mathbb{P}(s_{h+1} \mid s_h, a_h, u_h)],$$
$$\mathbb{E}[r_h(s_h, a_h, w_h) \mid s_h, \operatorname{do}(a_h)] = \mathbb{E}_{u_h \sim \mathbb{P}(\cdot \mid s_h)} \Big[\mathbb{E}[r_h(s_h, a_h, w_h) \mid s_h, a_h, u_h] \Big].$$

Here (s_{h+1}, s_h, a_h, u_h) follows the SCM defined in §2, which generates the confounded observational data.

221 *Proof.* See [30] for a detailed proof.

With a slight abuse of notation, we write $\mathbb{P}(s_{h+1} | s_h, a_h, u_h)$ as $\mathcal{P}_h(s_{h+1} | s_h, a_h, u_h)$ and $\mathbb{P}(u_h | s_h)$ as $\widetilde{\mathcal{P}}_h(u_h | s_h)$, since they are induced by the SCM defined in §2. In the sequel, we define \mathcal{U} the space of observed state u_h and write $r_h = r_h(s_h, a_h, w_h)$ for notational simplicity.

Backdoor-Adjusted Bellman Equation. We now formulate the Bellman equation for the confounded MDP. It holds for all $(s_h, a_h) \in S \times A$ that

$$Q_{h}^{\pi}(s_{h}, a_{h}) = \mathbb{E}_{\pi} \left[\sum_{j=h}^{H} r_{j}(s_{j}, a_{j}, u_{j}) \mid s_{h}, \operatorname{do}(a_{h}) \right] = \mathbb{E} \left[r_{h} \mid s_{h}, \operatorname{do}(a_{h}) \right] + \mathbb{E}_{s_{h+1}} \left[V_{h+1}^{\pi}(s_{h+1}) \right],$$

where $\mathbb{E}_{s_{h+1}}$ denotes the expectation with respect to $s_{h+1} \sim \mathbb{P}(\cdot | s_h, do(a_h))$. Here $\mathbb{E}[r_h | s_h, do(a_h)]$ and $\mathbb{P}(\cdot | s_h, do(a_h))$ are characterized in Proposition 3.2. In the sequel, we define the following transition operator and counterfactual reward function,

$$(\mathbb{P}_h V)(s_h, a_h) = \mathbb{E}_{s_{h+1} \sim \mathbb{P}(\cdot \mid s_h, \operatorname{do}(a_h))} [V(s_{h+1})], \quad \forall V : \mathcal{S} \mapsto \mathbb{R}, \ (s_h, a_h) \in \mathcal{S} \times \mathcal{A},$$
(3.1)

$$R_h(s_h, a_h) = \mathbb{E}[r_h \mid s_h, \operatorname{do}(a_h)], \quad \forall (s_h, a_h) \in \mathcal{S} \times \mathcal{A}.$$
(3.2)

230 We have the following Bellman equation,

$$Q_{h}^{\pi}(s_{h}, a_{h}) = R_{h}(s_{h}, a_{h}) + (\mathbb{P}_{h}V_{h+1}^{\pi})(s_{h}, a_{h}), \quad \forall h \in [H], \ (s_{h}, a_{h}) \in \mathcal{S} \times \mathcal{A}.$$
(3.3)

²³¹ Correspondingly, the Bellman optimality equation takes the following form,

$$Q_{h}^{*}(s_{h}, a_{h}) = R_{h}(s_{h}, a_{h}) + (\mathbb{P}_{h}V_{h+1}^{*})(s_{h}, a_{h}), \quad V_{h}^{*}(s_{h}) = \max_{a_{h} \in \mathcal{A}} Q_{h}^{*}(s_{h}, a_{h}), \quad (3.4)$$

which holds for all $h \in [H]$ and $(s_h, a_h) \in S \times A$. Such a Bellman optimality equation allows us to adapt the least-squares value iteration (LSVI) algorithm [5, 14, 29, 3, 16].

Linear Function Approximation. We focus on the following setting with linear transition kernels and reward functions [40, 41, 16, 7], which corresponds to a linear SCM [31].

236 Assumption 3.3 (Linear Confounded MDP). We assume that

$$\mathcal{P}_h(s_{h+1} \mid s_h, a_h, u_h) = \langle \phi_h(s_h, a_h, u_h), \mu_h(s_{h+1}) \rangle, \quad \forall h \in [H], \ (s_{h+1}, s_h, a_h) \in \mathcal{S} \times \mathcal{S} \times \mathcal{A},$$

- where $\phi_h(\cdot, \cdot, \cdot)$ and $\mu_h(\cdot) = (\mu_{1,h}(\cdot), \dots, \mu_{d,h}(\cdot))^\top$ are \mathbb{R}^d -valued functions. We assume that $\sum_{i=1}^d \|\mu_{i,h}\|_1^2 \leq d$ and $\|\phi_h(s_h, a_h, u_h)\|_2 \leq 1$ for all $h \in [H]$ and $(s_h, a_h, u_h) \in \mathcal{S} \times \mathcal{A} \times \mathcal{U}$.
- 239 Meanwhile, we assume that

$$\mathbb{E}[r_h \mid s_h, a_h, u_h] = \phi_h(s_h, a_h, u_h)^\top \theta_h, \quad \forall h \in [H], \ (s_h, a_h, u_h) \in \mathcal{S} \times \mathcal{A} \times \mathcal{U},$$
(3.5)

- where $\theta_h \in \mathbb{R}^d$ and $\|\theta_h\|_2 \leq \sqrt{d}$ for all $h \in [H]$.
- Such a linear setting generalizes the tabular setting where S, A, and U are finite.

Proposition 3.4. We define the backdoor-adjusted feature as follows, 242

> $\psi_h(s_h, a_h) = \mathbb{E}_{u_h \sim \widetilde{\mathcal{P}}_h(\cdot \mid s_h)} \big[\phi_h(s_h, a_h, u_h) \big], \quad \forall h \in [H], \ (s_h, a_h) \in \mathcal{S} \times \mathcal{A}.$ (3.6)

Under Assumption 3.1, it holds that 243

 $\mathbb{P}(s_{h+1} \mid s_h, \operatorname{do}(a_h)) = \langle \psi_h(s_h, a_h), \mu_h(s_{h+1}) \rangle, \quad \forall h \in [H], \ (s_{h+1}, s_h, a_h) \in \mathcal{S} \times \mathcal{S} \times \mathcal{A}.$

Moreover, the action-value functions Q_h^{π} and Q_h^{*} are linear in the backdoor-adjusted feature ψ_h for 244 245 all π .

Proof. See §F.1 for a detailed proof. 246

Such an observation allows us to estimate the action-value function based on the backdoor-adjusted 247 features $\{\psi_h\}_{h\in[H]}$ in the online setting. See §E for a detailed discussion. In the sequel, we assume 248 that either the density of $\{\tilde{\mathcal{P}}_h(\cdot | s_h)\}_{h \in [H]}$ is known or the backdoor-adjusted feature $\{\psi_h\}_{h \in [H]}$ is 249 know. 250

In the sequel, we introduce the DOVI algorithm (Algorithm 1). Each iteration of DOVI consists of 251

two components, namely point estimation, where we estimate Q_h^* based on the confounded observa-252

tional data and the interventional data, and uncertainty quantification, where we construct the upper 253

Algorithm 1 Deconfounded Optimistic Value Iteration (DOVI) for Confounded MDP

Require: Observational data $\{(s_h^i, a_h^i, u_h^i, r_h^i)\}_{i \in [n], h \in [H]}$, tuning parameters $\lambda, \beta > 0$, backdooradjusted feature $\{\psi_h\}_{h\in[H]}$, which is defined in (3.6).

1: Initialization: Set $\{Q_h^0, V_h^0\}_{h \in [H]}$ as zero functions and V_{H+1}^k as a zero function for $k \in [K]$.

2: for
$$k = 1, ..., K$$
 do

- 3: for h = H, ..., 1 do
- Set $\omega_h^k \leftarrow \operatorname{argmin}_{\omega \in \mathbb{R}^d} \sum_{\tau=1}^{k-1} (r_h^\tau + V_{h+1}^\tau(s_{h+1}^\tau) \omega^\top \psi_h(s_h^\tau, a_h^\tau))^2 + \lambda \|\omega\|_2^2 + L_h^k(\omega),$ where L_h^k is defined in (3.8). 4:
- Set $Q_h^k(\cdot, \cdot) \leftarrow \min\{\psi_h(\cdot, \cdot)^\top \omega_h^k + \Gamma_h^k(\cdot, \cdot), H h\}$, where Γ_h^k is defined in (3.12). Set $\pi_h^k(\cdot | s_h) \leftarrow \operatorname{argmax}_{a_h \in \mathcal{A}} Q_h^k(s_h, a_h)$ for all $s_h \in \mathcal{S}$. Set $V_h^k(\cdot) \leftarrow \langle \pi_h^k(\cdot | \cdot), Q_h^k(\cdot, \cdot) \rangle_{\mathcal{A}}$. 5:
- 6:
- 7:
- end for 8:
- Obtain s_1^k from the environment. 9:
- 10:
- for $h = 1, \dots, H$ do Take $a_h^k \sim \pi_h^k(\cdot | s_h^k)$. Obtain $r_h^k = r_h(s_h^k, a_h^k, u_h^k)$ and s_{h+1}^k . 11:
- 12: end for 13: end for
- **Point Estimation.** To solve the Bellman optimality equation in (3.4), we minimize the empirical 255 mean-squared Bellman error as follows at each step, 256

$$\omega_{h}^{k} \leftarrow \underset{\omega \in \mathbb{R}^{d}}{\operatorname{argmin}} \sum_{\tau=1}^{k-1} \left(r_{h}^{\tau} + V_{h+1}^{\tau}(s_{h+1}^{\tau}) - \omega^{\top} \psi_{h}(s_{h}^{\tau}, a_{h}^{\tau}) \right)^{2} + \lambda \|\omega\|_{2}^{2} + L_{h}^{k}(\omega), \quad h = H, \dots, 1,$$
(3.7)

where we set $V_{H+1}^k = 0$ for all $k \in [K]$ and V_{h+1}^{τ} is defined in Line 7 of Algorithm 1 for all 257 $(\tau,h) \in [K] \times [H-1]$. Here k is the index of episode, $\lambda > 0$ is a tuning parameter, and L_h^k is a 258 regularizer, which is constructed based on the confounded observational data. More specifically, we 259 define 260

$$L_{h}^{k}(\omega) = \sum_{i=1}^{n} \left(r_{h}^{i} + V_{h+1}^{k}(s_{h+1}^{i}) - \omega^{\top} \phi_{h}(s_{h}^{i}, a_{h}^{i}, u_{h}^{i}) \right)^{2}, \quad \forall (k,h) \in [K] \times [H],$$
(3.8)

which corresponds to the least-squares loss for regressing $r_h^i + V_{h+1}^k(s_{h+1}^i)$ against $\phi_h(s_h^i, a_h^i, u_h^i)$ for all $i \in [n]$. Here $\{(s_h^i, a_h^i, u_h^i, r_h^i)\}_{(i,h)\in[n]\times[H]}$ are the confounded observational data, where 261 262

confidence bound (UCB) of the point estimator. 254

 $\begin{array}{ll} _{263} & u_h^i \sim \widetilde{\mathcal{P}}_h(\cdot \mid s_h^i), \, s_{h+1}^i \sim \mathcal{P}_h(\cdot \mid s_h^i, a_h^i, u_h^i), \, \text{and} \, \, a_h^i \sim \nu_h(\cdot \mid s_h^i, w_h^i) \text{ with } \nu = \{\nu_h\}_{h \in [H]} \text{ being the} \\ _{264} & \text{behavior policy. Here recall that, with a slight abuse of notation, we write } \mathbb{P}(s_{h+1} \mid s_h, a_h, u_h) \text{ as} \end{array}$

behavior policy. Here recall that, with a slight abuse of notation, we write $\mathbb{P}(s_{h+1} | s_h, a_h, u_h)$ as $\mathcal{P}_h(s_{h+1} | s_h, a_h, u_h)$ and $\mathbb{P}(u_h | s_h)$ as $\widetilde{\mathcal{P}}_h(u_h | s_h)$, since they are induced by the SCM defined in

266 §2

The update in (3.7) takes the following explicit form,

$$\omega_{h}^{k} \leftarrow (\Lambda_{h}^{k})^{-1} \bigg(\sum_{\tau=1}^{k-1} \psi_{h}(s_{h}^{\tau}, a_{h}^{\tau}) \cdot \big(V_{h+1}^{k}(s_{h+1}^{\tau}) + r_{h}^{\tau}\big) \\
+ \sum_{i=1}^{n} \phi_{h}(s_{h}^{i}, a_{h}^{i}, u_{h}^{i}) \cdot \big(V_{h+1}^{k}(s_{h+1}^{i}) + r_{h}^{i}\big) \bigg),$$
(3.9)

268 where

$$\Lambda_{h}^{k} = \sum_{\tau=1}^{k-1} \psi_{h}(s_{h}^{\tau}, a_{h}^{\tau}) \psi_{h}(s_{h}^{\tau}, a_{h}^{\tau})^{\top} + \sum_{i=1}^{n} \phi_{h}(s_{h}^{i}, a_{h}^{i}, u_{h}^{i}) \phi_{h}(s_{h}^{i}, a_{h}^{i}, u_{h}^{i})^{\top} + \lambda I.$$
(3.10)

Uncertainty Quantification. We now construct the UCB $\Gamma_h^k(\cdot, \cdot)$ of the point estimator $\psi_h(\cdot, \cdot)^\top \omega_h^k$ obtained from (3.9), which encourages the exploration of the less visited state-action pairs. To this end, we employ the following notion of information gain to motivate the UCB,

$$\Gamma_{h}^{k}(s_{h}^{k}, a_{h}^{k}) \propto H(\omega_{h}^{k} | \xi_{k-1}) - H(\omega_{h}^{k} | \xi_{k-1} \cup \{(s_{h}^{k}, a_{h}^{k})\}),$$
(3.11)

where $H(\omega_h^k | \xi_{k-1})$ is the differential entropy of the random variable ω_h^k given the data ξ_{k-1} . In particular, $\xi_{k-1} = \{(s_h^{\tau}, a_h^{\tau}, r_h^{\tau})\}_{(\tau,h)\in[k-1]\times[H]} \cup \{(s_h^i, a_h^i, u_h^i, r_h^i)\}_{(i,h)\in[n]\times[H]}$ consists of the confounded observational data and the interventional data up to the (k-1)-th episode. However, it is challenging to characterize the distribution of ω_h^k . To this end, we consider a Bayesian counterpart of the confounded MDP, where the prior of ω_h^k is $N(0, I/\lambda)$ and the residual of the regression problem in (3.7) is N(0, 1). In such a "parallel" confounded MDP, the posterior of ω_h^k follows $N(\mu_{k,h}, (\Lambda_h^k)^{-1})$, where Λ_h^k is defined in (3.10) and $\mu_{k,h}$ coincides with the right-hand side of (3.9). Moreover, it holds for all $(s_h^k, a_h^k) \in S \times A$ that

$$H(\omega_{h}^{k} | \xi_{k-1}) = 1/2 \cdot \log \det((2\pi e)^{d} \cdot (\Lambda_{h}^{k})^{-1}),$$

$$H(\omega_{h}^{k} | \xi_{k-1} \cup \{(s_{h}^{k}, a_{h}^{k})\}) = 1/2 \cdot \log \det((2\pi e)^{d} \cdot (\Lambda_{h}^{k} + \psi_{h}(s_{h}^{k}, a_{h}^{k})\psi_{h}(s_{h}^{k}, a_{h}^{k})^{\top})^{-1}).$$

²⁸⁰ Correspondingly, we employ the following UCB, which instantiates (3.11), that is,

$$\Gamma_h^k(s_h^k, a_h^k) = \beta \cdot \left(\log \det \left(\Lambda_h^k + \psi_h(s_h^k, a_h^k) \psi_h(s_h^k, a_h^k)^\top \right) - \log \det (\Lambda_h^k) \right)^{1/2}$$
(3.12)

for all $(s_h^k, a_h^k) \in S \times A$. Here $\beta > 0$ is a tuning parameter. We highlight that, although the information gain in (3.11) relies on the "parallel" confounded MDP, the UCB in (3.12), which is used in Line 5 of Algorithm 1, does not rely on the Bayesian perspective. Also, our analysis establishes the frequentist regret.

Regularization with Observational Data: A Bayesian Perspective. In the "parallel" confounded
 MDP, it holds that

$$\omega_{h}^{k} \sim N(0, I/\lambda), \quad \omega_{h}^{k} | \xi_{0} \sim N(\mu_{1,h}, (\Lambda_{h}^{1})^{-1}), \quad \omega_{h}^{k} | \xi_{k-1} \sim N(\mu_{k,h}, (\Lambda_{h}^{k})^{-1}),$$

where $\mu_{k,h}$ coincides with the right-hand side of (3.9) and $\mu_{1,h}$ is defined by setting k = 1 in $\mu_{k,h}$. Here $\xi_0 = \{(s_h^i, a_h^i, u_h^i, r_h^i)\}_{(i,h)\in[n]\times[H]}$ are the confounded observational data. Hence, the regularizer L_h^k in (3.8) corresponds to using $\omega_h^k | \xi_0$ as the prior for the Bayesian regression problem given only the interventional data $\xi_{k-1} \setminus \xi_0 = \{(s_h^{\tau}, a_h^{\tau}, r_h^{\tau})\}_{(\tau,h)\in[k-1]\times[H]}$.

291 3.2 Theory

The following theorem characterizes the regret of DOVI, which is defined in (2.3).

Theorem 3.5 (Regret of DOVI). Let $\beta = CdH\sqrt{\log(d(T+nH)/\zeta)}$ and $\lambda = 1$, where C > 0 and $\zeta \in (0, 1]$ are absolute constants. Under Assumptions 3.1 and 3.3, it holds with probability at least

295 $1 - 5\zeta/2$ that

$$\operatorname{Regret}(T) \le C' \cdot \Delta_H \cdot \sqrt{d^3 H^3 T} \cdot \sqrt{\log(d(T+nH)/\zeta)}, \tag{3.13}$$

where C' > 0 is an absolute constant and

$$\Delta_H = \frac{1}{\sqrt{dH^2}} \sum_{h=1}^{H} \left(\log \det(\Lambda_h^{K+1}) - \log \det(\Lambda_h^1) \right)^{1/2}.$$
 (3.14)

²⁹⁷ *Proof.* See §F.3 for a detailed proof.

Note that $\Lambda_h^{K+1} \leq (n + K + \lambda)I$ and $\Lambda_h^1 \geq \lambda I$ for all $h \in [H]$. Hence, it holds that $\Delta_H = \mathcal{O}(\sqrt{\log(n + K + 1)})$ in the worst case. Thus, the regret of DOVI is $\mathcal{O}(\sqrt{d^3H^3T})$ up to logarithmic factors, which is optimal in the total number of steps T if we only consider the online setting. However, Δ_H is possibly much smaller than $\mathcal{O}(\sqrt{\log(n + K + 1)})$, depending on the amount of information carried over by the confounded observational data from the offline setting, which is quantified in the following.

Interpretation of Δ_H : An Information-Theoretic Perspective. Let ω_h^* be the parameter of the globally optimal action-value function Q_h^* , which corresponds to π^* in (2.3). Recall that we denote by ξ_0 and ξ_K the confounded observational data $\{(s_h^i, a_h^i, u_h^i, r_h^i)\}_{(i,h)\in[n]\times[H]}$ and the union $\{(s_h^i, a_h^i, u_h^i, r_h^i)\}_{(i,h)\in[n]\times[H]} \cup \{(s_h^k, a_h^k, r_h^k)\}_{(k,h)\in[K]\times[H]}$ of the confounded observational data and the interventional data up to the K-th episode, respectively. We consider the aforementioned Bayesian counterpart of the confounded MDP, where the prior of ω_h^* is also $N(0, I/\lambda)$. In such a "parallel" confounded MDP, we have

$$\omega_h^* \sim N(0, I/\lambda), \quad \omega_h^* \,|\, \xi_0 \sim N\left(\mu_{1,h}^*, (\Lambda_h^1)^{-1}\right), \quad \omega_h^* \,|\, \xi_K \sim N\left(\mu_{K,h}^*, (\Lambda_h^{K+1})^{-1}\right), \tag{3.15}$$

311 where

$$\mu_{1,h}^* = (\Lambda_h^1)^{-1} \sum_{i=1}^n \phi_h(s_h^i, a_h^i, u_h^i) \cdot \left(V_{h+1}^*(s_{h+1}^i) + r_h^i\right),$$

$$\mu_{K,h}^* = (\Lambda_h^{K+1})^{-1} \left(\Lambda_h^1 \mu_{1,h}^* + \sum_{\tau=1}^K \psi_h(s_h^\tau, a_h^\tau) \cdot \left(V_{h+1}^*(s_{h+1}^\tau) + r_h^\tau\right)\right).$$

312 It then holds for the right-hand side of (3.14) that

$$1/2 \cdot \log \det(\Lambda_h^{K+1}) - 1/2 \cdot \log \det(\Lambda_h^1) = H(\omega_h^* \,|\, \xi_0) - H(\omega_h^* \,|\, \xi_K).$$
(3.16)

The left-hand side of (3.16) characterizes the information gain of intervention in the online setting 313 given the confounded observational data in the offline setting. In other words, if the confounded 314 observational data are sufficiently informative upon the backdoor adjustment, then Δ_H is small, 315 which implies that the regret is small. More specifically, the matrices $(\Lambda_h^1)^{-1}$ and $(\Lambda_h^{K+1})^{-1}$ de-316 fined in (3.10) characterize the ellipsoidal confidence sets given ξ_0 and ξ_K , respectively. If the 317 confounded observational data are sufficiently informative upon the backdoor adjustment, Λ_h^{K+1} 318 is close to Λ_h^1 . To illustrate, let $\{\psi_h(s_h^{\tau}, a_h^{\tau})\}_{(\tau,h)\in[K]\times[H]}$ and $\{\phi_h(s_h^i, a_h^i, u_h^i)\}_{(i,h)\in[n]\times[H]}$ 319 be sampled uniformly at random from the canonical basis $\{e_\ell\}_{\ell \in [d]}$ of \mathbb{R}^d . It then holds that 320 $\Lambda_h^{K+1} \approx (K+n)I/d + \lambda I \text{ and } \Lambda_h^1 \approx nI/d + \lambda I. \text{ Hence, for } \lambda = 1 \text{ and sufficiently large } n \text{ and } K, \text{ we have } \Delta_H = \mathcal{O}(\sqrt{\log(1+K/(n+d))}) = \mathcal{O}(\sqrt{K/(n+d)}). \text{ For example, for } n = \Omega(K^2),$ 321 322 it holds that $\Delta_H = \mathcal{O}(n^{-1/2})$, which implies that the regret of DOVI is $\mathcal{O}(n^{-1/2} \cdot \sqrt{d^3 H^3 T})$. In 323 other words, if the confounded observational data are sufficiently informative upon the backdoor 324 adjustment, the regret of DOVI can be arbitrarily small given a sufficiently large sample size n of 325 the confounded observational data, which is often the case in practice [28, 8, 9, 22, 21]. 326

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419 Checklist

420	1. Fo	r all authors
421 422	(;	a) Do the main claims made in the abstract and introduction accurately reflect the paper's contributions and scope? [Yes]
423	(1	b) Did you describe the limitations of your work? [No]
424	(c) Did you discuss any potential negative societal impacts of your work? [No]
425	(0	d) Have you read the ethics review guidelines and ensured that your paper conforms to
426		them? [Yes]
427	2. If	you are including theoretical results
428	(a) Did you state the full set of assumptions of all theoretical results? [Yes]
429	(1	b) Did you include complete proofs of all theoretical results? [Yes]
430	3. If	you ran experiments
431 432	(a) Did you include the code, data, and instructions needed to reproduce the main experi- mental results (either in the supplemental material or as a URL)? [N/A]
433	(1	b) Did you specify all the training details (e.g., data splits, hyperparameters, how they
434		were chosen)? [N/A]
435	(c) Did you report error bars (e.g., with respect to the random seed after running experi-
436	,	ments multiple times)? [N/A]
437 438	((d) Did you include the total amount of compute and the type of resources used (e.g., type of GPUs, internal cluster, or cloud provider)? [N/A]
439	4. If	you are using existing assets (e.g., code, data, models) or curating/releasing new assets
440	(a) If your work uses existing assets, did you cite the creators? [N/A]
441	(1	b) Did you mention the license of the assets? [N/A]
442	(c) Did you include any new assets either in the supplemental material or as a URL? [N/A]
443	(0	1) Did you discuss whether and how consent was obtained from people whose data
444	,	you're using/curating? [N/A]
445	()	e) Did you discuss whether the data you are using/curating contains personally identifi-
446	5 If	able information of oriensive content? [IVA]
447	з. п	Dille in the fille of the fille
448 449	(;	a) Did you include the full text of instructions given to participants and screenshots, if applicable? [N/A]
450	(1	b) Did you describe any potential participant risks, with links to Institutional Review
451		Board (IRB) approvals, if applicable? [N/A]
452	(c) Did you include the estimated hourly wage paid to participants and the total amount
453		spent on participant compensation? [IN/A]