AN EMPIRICAL INVESTIGATION OF THE ROLE OF PRE-TRAINING IN LIFELONG LEARNING

ABSTRACT

The lifelong learning paradigm in machine learning is an attractive alternative to the more prominent isolated learning scheme not only due to its resemblance to biological learning, but also its potential to reduce energy waste by obviating excessive model re-training. A key challenge to this paradigm is the phenomenon of catastrophic forgetting. With the increasing popularity and success of pre-trained models in machine learning, we pose the question: What role does pre-training play in lifelong learning, specifically with respect to catastrophic forgetting? We investigate existing methods in the context of large, pre-trained models and evaluate their performance on a variety of text and image classification tasks, including a large-scale study using a novel dataset of 15 diverse NLP tasks. Across all settings, we observe that generic pre-training implicitly alleviates the effects of catastrophic forgetting when learning multiple tasks sequentially compared to randomly initialized models. We then further investigate *why* pre-training alleviates forgetting in this setting. We study this phenomenon by analyzing the loss landscape, finding that pre-trained weights appear to ease forgetting by leading to wider minima. Based on this insight, we propose jointly optimizing for current task loss and loss basin sharpness in order to explicitly encourage wider basins during sequential fine-tuning. We show that this optimization approach leads to performance comparable to the state-of-the-art in task-sequential continual learning across multiple settings, without retaining a memory that scales in size with the number of tasks. [1]

1 INTRODUCTION

The contemporary machine learning paradigm concentrates on isolated learning (Chen & Liu, 2018) i.e., learning a model from scratch for every new task. In contrast, the lifelong learning (LL) paradigm (Thrun, 1996) defines a biologically-inspired learning approach where models learn tasks in sequence, ideally preserving past knowledge and leveraging it to efficiently learn new tasks. LL has the added benefit of avoiding periodical re-training of models from scratch to learn novel tasks or adapt to new data, with the potential to reduce both computational and energy requirements (Hazelwood et al., 2018; Strubell et al., 2019; Schwartz et al., 2020). In the context of modern machine learning where state-of-the-art models are powered by deep neural networks, *catastrophic forgetting* has been identified as a key challenge to implementing successful LL systems (McCloskey & Cohen, 1989; French, 1999). Catastrophic forgetting is when deep networks forget knowledge learned in previous tasks as information relevant to the current task is incorporated, and mitigating or preventing this phenomenon is critical to achieving true LL.

At the same time, transfer learning (TL) has shown impressive results in both computer vision (CV; Zhuang et al. 2021) and natural language processing (NLP) applications (Howard & Ruder, 2018; Peters et al., 2018; Devlin et al., 2019).[2] The modern TL paradigm involves *pre-training* a fixed architecture (like ResNet or BERT) using copious amounts of data, and then *fine-tuning* the learnt parameters on target tasks. Given the tremendous success of pre-trained models, there has been increased interest in understanding their role in improving generalization (Erhan et al., 2010; Neyshabur et al., 2020), speed of convergence (Hao et al., 2019), successful transfer (He et al., 2019;

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[1]The code is available in the supplemental material and will be publicly released upon acceptance.

[2]One of the original motivations for transfer learning was as a way to enable lifelong learning, discussed in a NIPS-95 workshop on "Learning to Learn" (Pan & Yang, 2009).

Pruksachatkun et al., 2020), and out-of-distribution robustness (Hendrycks et al., 2020; Tu et al., 2020). Despite these efforts, the role of pre-trained initializations in lifelong learning settings has been under-explored. In contemporary work, it has been shown that pre-trained models can be used as **feature extractors** (i.e., pre-trained weights are frozen) for task-sequential learning (Hu et al., 2021). Because the pre-trained weights are explicitly frozen in this setting, the model undergoes no catastrophic forgetting. In contrast, **fine-tuning** pre-trained weights updates the pre-trained model parameters and is susceptible to severe forgetting. This is typically the most accurate and thus common TL paradigm (Peters et al., 2019), and the one we consider in this work. To the best of our knowledge, there is no prior work systematically analyzing the role of pre-trained initialization on catastrophic forgetting in lifelong learning scenarios.

Figure 1 shows that simply changing the network initialization to generic pre-trained weights can significantly reduce forgetting on the first task when doing sequential training on five tasks. This observation motivates us to ask: **Does pre-training implicitly alleviate catastrophic forgetting, and if so, why?** To answer this question we conduct a systematic study on existing CV and NLP benchmarks and observe that pre-training indeed leads to less forgetting. We also investigate the effect of the type of pretrained initialization by analyzing the extent to which four pre-trained Transformer language model variants (Sanh et al., 2019; Devlin et al., 2019; Liu et al., 2019) undergo forgetting, observing that increasing the capacity of the model and diversity of the pre-training corpus play an important role in alleviating forgetting. To further stress-test these models on a large number of diverse tasks, we introduce a dataset with 15 diverse NLP tasks and observe that forgetting consistently increases in this setting.

Figure 1: Pre-trained and randomly initialized DistilBERT on Split YahooQA dataset. Performance of the first task visualized over sequential learning of tasks (averaged over 5 runs). Both models start with approximately equal average task accuracy, but pre-trained initialization leads to significantly less forgetting.

We hypothesize that pre-trained weights already have a good inductive bias to implicitly alleviate forgetting. To explain this behavior we build upon two separate observations — Hao et al. (2019) and Neyshabur et al. (2020) show that in the context of transfer learning, pre-trained weights lead to a flat basin in the loss landscape when fine-tuning on a single task. Mirzadeh et al. (2020b) argues that the geometric properties of the local minima found for each task play an important role in forgetting, and they propose to modify the training regime (learning rate decay, batch size, dropout) to widen the tasks' local minima.

To verify the above hypothesis, we analyze the loss landscape of the first task while the model is training incrementally on subsequent tasks. For pre-trained initializations, we see that minima obtained after training on a sequence of tasks still remain in the relatively low loss basin of the first task when compared with random initialization.[3] These observations hint at the flatness of the minima reached in the case of pre-trained initialized models. To quantify the flatness of the loss landscape, we evaluate the sharpness metric (Keskar et al., 2017) and verify that pre-trained weights indeed lead to flat basins in comparison to random weights while training sequentially. These analyses help us showcase that continual training from pre-trained weights induces wide task minima, which is shown to alleviate forgetting (Mirzadeh et al., 2020b). To further alleviate forgetting when sequentially fine-tuning the pre-trained weights, we explicitly seek flat basins by minimizing the current task loss value and sharpness metric. We use the existing Sharpness-Aware Minimization (SAM) procedure (Foret et al., 2021) for this purpose and report improved results across many experimental settings.

Our main contributions can be summarized as follows:

- We observe that initializing models with pre-trained weights results in less forgetting compared to random weights despite achieving higher performance on each task. We bolster this observation with a systematic study validating that this behavior persists across applications

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[3]Linearly interpolating loss across sequentially trained task minima confirms that models initialized with pre-trained weights undergo a more gradual change in loss compared to random initialization (Appendix D.1).

(NLP, CV) and three existing approaches: Elastic weight consolidation (Kirkpatrick et al., 2017), A-GEM (Chaudhry et al., 2018), and episodic replay (Chaudhry et al., 2019).

- To understand the role of varying pre-trained initializations, we analyse a suite of pre-trained Transformer language models and showcase that model capacity and diversity of the pre-training corpus do play a role in alleviating forgetting. We also show that sequential training on diverse tasks is still challenging for models initialized with pre-trained weights by introducing a new, more challenging benchmark for lifelong learning in NLP consisting of 15 diverse NLP tasks.

- We hypothesize and verify empirically that pre-trained models alleviate forgetting as they have an implicit bias towards wider task minima. The effect of these wider minima is that changes in weights from learning subsequent tasks result in a smaller change to the current task loss, which helps reduce forgetting. We further show that explicitly seeking flat basins during sequential fine-tuning results in even less forgetting.

2 PRELIMINARIES

2.1 PROBLEM SETUP

We consider a setup where we receive a continuum of data from different tasks in sequential manner: $(x_1, y_1, t_1), \cdots, (x_i, y_i, t_i), \cdots$. Each triplet (x_i, y_i, t_i) consists of a task descriptor $t_i \in \mathcal{T}$, input data $x_i \in \mathcal{D}_{t_i}$ and target labels $y_i \in \mathcal{Y}_{t_i}$. In our setup, we consider an explicit task descriptor t_i because the same input x_i can appear in multiple different tasks but with different labels. For example, we can have a product review with positive sentiment along with the grammatical acceptability judgements. Following Lopez-Paz & Ranzato (2017), we assume that the continuum is locally i.i.d, i.e., each triplet (x_i, y_i, t_i) satisfies $(x_i, y_i) \overset{iid}{\sim} \mathcal{P}_{t_i}(X, Y)$. Based upon the observed data, our goal is to learn a predictor $f : \mathcal{X} \times \mathcal{T} \to \mathcal{Y}$ where we want to evaluate test pairs (x, t) from previously observed tasks (backward transfer), current task, and future tasks (forward transfer) at any time during the continual training of our model.

2.2 DATASETS AND TASKS

We conduct experiments on CV and NLP applications, using the following datasets:

Split CIFAR-100 This dataset is based on the CIFAR-100 image classification dataset (Krizhevsky & Hinton, 2009). The 100 classes are randomly split into 20 5-way classification tasks, with each task containing 2500 train examples and 500 test examples.

Split CIFAR-50 This dataset takes the first 50 classes of the CIFAR-100 dataset, and randomly splits them into five 10-way classification tasks. Each task contains 5000 training examples and 1000 test examples. This dataset serves as a homogeneous counterpart to the diverse 5-dataset, so it was constructed to match the structure and length of 5-dataset.

5-dataset (Ebrahimi et al., 2020) consists of five 10-way image classification datasets: CIFAR-10 (Krizhevsky & Hinton, 2009), MNIST (LeCun, 1998), Fashion-MNIST (Xiao et al., 2017), SVHN (Netzer et al., 2011), and notMNIST (Bulatov, 2011).

Split YahooQA This dataset is a 10-way topic classification dataset (Zhang et al., 2015) to create five 2-way classification tasks. We randomly split topics into different tasks. Each task contains around $279,000$ training examples and $12,000$ testing examples.

5-dataset-NLP consists of text classification datasets (Zhang et al., 2015) from diverse domains and constitutes four tasks: (1) News classification (AGNews, 4-way classification); (2) sentiment analysis (Yelp, Amazon, 5-way classification); (3) Wikipedia article classification (DBPedia, 14-way classification); and (4) question and answer topic categorization (YahooQA, 10-way classification). We follow the data processing procedure mentioned in (de Masson d'Autume et al., 2019) and have $115,000$ training examples and $7,600$ test examples per task.

15-dataset-NLP consists of 15 diverse text classification tasks: (1) CoLA (Warstadt et al., 2019); (2) BoolQ (Clark et al., 2019); (3) SST-2 (Socher et al., 2013); (4) QQP[4]; (5) YahooQA (Zhang et al., 2015); (6) Yelp (Zhang et al., 2015); (7) Event Factuality (Poliak et al., 2018); (8) Argument Aspect Mining (Stab et al., 2018); (9) Explicit Discourse Marker Prediction (Prasad et al., 2019; Kim et al., 2020); (10) QNLI (Wang et al., 2018); (11) Rocstory (Mostafazadeh et al., 2016); (12) MNLI (Williams et al., 2018); (13) SciTail (Khot et al., 2018); (14) Implicit Discourse Relation Classification (Prasad et al., 2019; Kim et al., 2020); and (15) Emotion Detection (Saravia et al., 2018). For more details on this dataset, see Appendix B.

2.3 EVALUATION

Let $s_{t,\tau}$ denote the score (e.g., accuracy) on the task τ after training on task t. After model finishes training on the task t, we compute the **average accuracy** (A_t), **forgetting** (F_t) and **learning accuracy** (LA_t) metrics as proposed by (Lopez-Paz & Ranzato, 2017; Riemer et al., 2019). F_t measures the influence of learning task t on the performance of all previously seen tasks $\tau, (1 \le \tau < t)$. LA_t measures the learning capability when model sees the new task t. Say we learn the tth task, then A_t, F_t and LA_t are defined as follows:

$$A_t = \frac{1}{t}\sum_{\tau=1}^{t} S_{t,\tau} \qquad F_t = \frac{1}{t-1}\sum_{\tau=1}^{t-1} \max_{\tau' \in \{1,\cdots,t-1\}}(S_{\tau',\tau} - S_{t,\tau}) \qquad LA_t = \frac{1}{t}\sum_{\tau=1}^{t} S_{\tau,\tau} \qquad (1)$$

2.4 METHODS

We consider prominent approaches from the literature for our analysis. We first consider the **fine-tune (FT)** approach, where we simply fine-tune the model on each task in sequence with no additional constraints on learning. **Elastic weight consolidation (EWC)** (Kirkpatrick et al., 2017) is a regularization-based approach that tries to mitigate forgetting by limiting learning for parameters important to previously learned tasks, as measured by the Fisher information matrix. **A-GEM** (Chaudhry et al., 2018) and **episodic replay (ER)** (Chaudhry et al., 2019) methods augment the base model with episodic memory module which retains examples from the previously seen tasks. We retain one example per task per class and randomly select examples for storage. **Stable SGD** (Mirzadeh et al., 2020b) controls training dynamics by varying the learning rate, learning rate decay, dropout and batch size (see Appendix A). (Prabhu et al., 2020; Hussain et al., 2021) show that simple ER method outperforms all of the previous methods under realistic continual learning setting and we compare our results with ER.

3 DOES PRE-TRAINING IMPLICITLY ALLEVIATE FORGETTING?

Having defined the formal problem definition, evaluation metrics, and methods for alleviating the forgetting phenomenon, in this section we conduct experiments to tease apart the role of pre-training for lifelong learning. We are interested in answering the following questions: (Q1) How much does pre-training help in alleviating the forgetting? (Q2) Do pre-trained weights undergo similar forgetting on diverse (5-dataset, 5-dataset-NLP) and homogeneous tasks (Split CIFAR-50, Split YahooQA)? (Q3) How do different pre-trained initializations affect forgetting?

Experimental design. To answer these questions convincingly, we select various datasets across text and vision domains. For text classification, we conduct experiments on Split YahooQA, 5-dataset-NLP, and 15-dataset-NLP. For image classification, we consider Split CIFAR-50, Split CIFAR-100, and 5-dataset. We utilize the DistilBERT$_{\text{base}}$ (Sanh et al., 2019) architecture for text classification and the ResNet-18 (He et al., 2016) architecture for image classification. To isolate the effect of pre-training, we consider two variants for each of these architectures: pre-trained models (**DistilBERT-PT**, **ResNet-18-PT**) and randomly initialized models (**DistilBERT-R**, **ResNet-18-R**). For our study, we need to ensure that there are as few confounding factors as possible. Therefore, we keep all other hyperparameters the same and vary only the initialization (for more details refer to Appendix A). To measure the severity of forgetting, we ideally want sufficient training samples to ensure either a pre-trained model or randomly initialized model of the same capacity can achieve

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[4]https://www.quora.com/share/First-Quora-Dataset-Release-Question-Pairs

Table 1: Comparing performance in terms of accuracy, forgetting, and learning accuracy across methods after training on the last task (averaged over 5 runs). ↑ indicates higher, ↓ lower is better.

	w/o Pretraining (ResNet-18-R/ DistilBERT-R)			w/ Pretraining (ResNet-18-PT/ DistilBERT-PT)		
	Accuracy(%) ↑	Forgetting(%) ↓	LA(%) ↑	Accuracy(%) ↑	Forgetting(%) ↓	LA(%) ↑
Split-YahooQA						
Finetune	73.10(±4.69)	26.39(±5.88)	94.21(±0.03)	87.66(±3.72)	9.45(±4.66)	95.22(±0.02)
Finetune + SAM	73.45(±4.04)	25.94(±5.04)	94.20(±0.03)	88.53(±2.81)	8.37(±3.52)	95.22(±0.00)
EWC	76.06(±3.09)	22.69(±3.88)	94.21(±0.02)	89.52(±3.35)	7.13(±4.20)	95.22(±0.02)
ER	77.19(±3.33)	21.28(±4.17)	94.22(±0.01)	89.35(±0.69)	7.33(±0.90)	95.22(±0.00)
ER + SAM	77.48(±1.40)	20.91(±1.76)	94.21(±0.02)	88.98(±0.69)	7.78(±0.91)	95.20(±0.04)
5-dataset-NLP						
Finetune	44.27(±4.97)	36.66(±6.27)	73.59(±0.07)	64.28(±4.53)	16.73(±5.67)	77.67(±0.06)
Finetune + SAM	45.95(±4.99)	34.30(±6.25)	73.39(±0.05)	66.41(±2.76)	13.93(±3.48)	77.56(±0.06)
EWC	48.71(±4.92)	31.11(±6.19)	73.60(±0.04)	66.77(±3.30)	13.60(±4.15)	77.64(±0.07)
ER	56.34(±3.05)	21.58(±3.90)	73.60(±0.10)	70.17(±1.60)	9.39(±2.04)	77.68(±0.06)
ER + SAM	56.27(±3.93)	21.45(±5.03)	73.43(±0.12)	71.07(±1.21)	8.07(±1.51)	77.53(±0.04)
Split-CIFAR50						
Finetune	42.76(±3.14)	23.68(±1.09)	66.44(±2.14)	86.29(±1.16)	7.11(±0.92)	93.40(±0.46)
Finetune + SAM	50.34(±2.19)	14.95(±2.14)	65.30(±1.20)	90.45(±1.11)	4.24(±0.98)	94.69(±0.40)
EWC	45.28(±2.53)	20.65(±1.47)	65.93(±1.28)	86.15(±0.85)	7.36(±0.92)	93.52(±0.65)
A-GEM	47.34(±2.65)	21.08(±1.95)	68.42(±0.71)	87.25(±0.95)	6.16(±0.63)	93.42(±0.41)
ER	45.76(±1.76)	20.63(±1.41)	66.38(±2.65)	86.16(±1.05)	7.14(±0.84)	93.30(±0.46)
ER + SAM	50.75(±0.53)	16.88(±0.85)	67.63(±0.68)	88.44(±1.26)	5.96(±1.14)	94.40(±0.26)
Stable SGD	46.02(±2.33)	12.07(±0.42)	58.09(±2.45)	84.06(±1.89)	5.16(±1.61)	89.21(±0.73)
5-dataset						
Finetune	33.72(±2.53)	51.51(±2.58)	85.23(±1.99)	57.19(±5.10)	38.28(±5.01)	95.47(±0.20)
Finetune + SAM	47.58(±3.75)	40.60(±3.98)	88.19(±1.33)	70.40(±4.37)	25.61(±4.44)	96.01(±0.1)
EWC	34.99(±4.94)	50.05(±6.53)	85.05(±1.85)	56.67(±3.75)	38.75(±3.78)	95.42(±0.16)
A-GEM	46.05(±6.75)	39.48(±7.13)	85.17(±2.53)	71.98(±2.27)	23.00(±2.27)	94.98(±0.22)
ER	50.58(±4.50)	35.02(±5.35)	85.60(±1.31)	70.73(±1.52)	24.16(±1.43)	94.89(±0.19)
ER + SAM	60.26(±3.94)	27.32(±4.05)	87.59(±1.32)	77.40(±3.91)	18.23(±3.90)	95.63(±0.18)
Stable SGD	50.20(±7.04)	40.31(±7.81)	90.51(±0.97)	71.32(±2.71)	20.53(±2.49)	91.86(±0.84)
Split-CIFAR100						
Finetune	38.89(±2.20)	39.11(±2.02)	77.96(±0.96)	81.98(±2.97)	13.83(±2.55)	95.81(±0.50)
Finetune + SAM	48.93(±4.78)	28.53(±4.97)	77.46(±0.87)	88.31(±1.72)	8.60(±1.28)	96.91(±0.55)
EWC	37.37(±1.47)	40.12(±1.82)	77.47(±1.54)	81.29(±2.52)	14.52(±2.13)	95.81(±0.61)
A-GEM	46.84(±3.48)	32.01(±3.77)	78.79(±0.95)	84.00(±1.58)	11.71(±1.02)	95.70(±0.69)
ER	48.60(±1.86)	29.84(±1.32)	78.10(±0.66)	84.41(±2.17)	11.36(±1.71)	95.75(±0.53)
ER + SAM	60.53(±0.45)	20.91(±0.69)	81.39(±0.70)	88.41(±0.71)	8.61(±0.20)	96.73(±0.53)
Stable SGD	52.94(±1.71)	21.02(±2.01)	73.83(±1.53)	86.64(±2.17)	5.53(±1.54)	91.75(±0.74)

similar learning accuracy on each task. To control for this behavior we either select a large training corpus whenever available (e.g., 279k examples for the Split YahooQA task) or run our experiments for multiple epochs (5 epochs for CV benchmarks unless explicitly specified). Finally, the ResNet-18-PT model was pretrained on a subset of Imagenet consisting of 733 classes where classes that were semantically similar to the classes in the CIFAR-100 dataset were removed.

3.1 How much does pre-training help in alleviating forgetting?

From Table 1, we see that models with pre-trained initializations (ResNet-18-PT, DistilBERT-PT) undergo significantly less forgetting in comparison to models with random initializations (ResNet-18-R, DistilBERT-R). This trend holds across all three methods. For text classification tasks (Split YahooQA, 5-dataset-NLP), we see that both models have comparable learning accuracy (LA) and significantly less forgetting for DistilBERT-PT. This can be completely attributed to the pre-trained initialization. Now on 5-dataset, ResNet-18-PT (38.28) undergoes less forgetting when compared to ResNet-18-R (51.51). Specifically, despite task accuracy starting at a higher base for ResNet-18-PT, *the absolute forgetting value is still lower compared to ResNet-18-R models*. Additionally, this effect also holds when considering a sequentially finetuned pre-trained model (with no additional regularization to alleviate forgetting) to a randomly initialized model trained with lifelong learning methods. For example, on 5-dataset-NLP, sequentially finetuning DistilBERT-PT undergoes less forgetting (16.73) compared to competitive ER method (21.58) when applied to DistillBERT-R. This raises an interesting research direction — explicitly focusing on learning generic features while training sequentially apart from just focusing on the forgetting aspect of lifelong learning.

3.2 Do pre-trained weights undergo similar forgetting on diverse and homogeneous tasks?

Most work in the lifelong learning literature evaluate algorithms on the Split MNIST, Split CIFAR-10, Split CIFAR-100, and FewRelations benchmarks (Chaudhry et al., 2019; Wang et al., 2019), which are homogenous in nature; different tasks in these benchmarks are sourced from the same underlying data distribution. From Table 1, we see that ResNet-18-PT does not undergo a significant amount of forgetting when sequentially fine-tuned on Split CIFAR-50, Split CIFAR-100 (homogenous tasks). On Split CIFAR-50, forgetting is around 7 accuracy points. Surprisingly, the competitive ER method also undergoes a similar amount of forgetting, thereby raising a question about the applicability of these datasets when studying forgetting in the context of the pre-trained ResNet models. It may be possible to manually cluster tasks based upon semantic closeness, rendering severe interference to make these benchmarks more challenging (Ramasesh et al., 2020). Given the generic nature of the pre-trained initialization, we ask: What happens when we train the model sequentially on diverse datasets, where diverse datasets are ones that span multiple sources? To answer this question, we conduct experiments on 5-dataset and 5-dataset-NLP. From Table 1, **we empirically observe that pre-trained models are susceptible to forgetting when exposed to diverse tasks**. Particularly, DistilBERT-PT undergoes a 16.73 point drop in accuracy when trained on 5-dataset-NLP. Similarly, ResNet-18-PT undergoes a 38.28 point drop in accuracy when trained on 5-dataset.

3.3 How do different pre-trained initializations affect forgetting?

To examine the impact of varying pre-trained initialization on forgetting, we choose to evaluate different pre-trained Transformer models, DistilBERT (Sanh et al., 2019), BERT (Devlin et al., 2019), RoBERTa (Liu et al., 2019), on text classification tasks. From the previous subsection, we observe that pre-trained models are relatively more susceptible to forgetting when sequentially training on diverse tasks. In response, we conduct a thorough investigation on the **5-data-NLP** dataset. From Table 2, we observe that when keeping the pre-training corpora the same and increasing the capacity of the model — DistilBERT (66M), BERT-base (110M), and BERT-large (336M) — we observe that larger models undergo less forgetting on sequential training of diverse NLP tasks. Further, to explore the impact of the diversity of the pre-training corpora, we compare BERT-base (110M) with RoBERTa-base (125M). We observe that the RoBERTa-base model performs far superior to BERT-base, thus hinting at the necessity of diverse pre-training corpora to implicitly alleviate forgetting. Further, to stress-test these models, we introduce a novel suite of 15 diverse text classification tasks (for more details see Appendix B). We observe that by increasing the number of tasks in the sequence, pre-trained models undergo severe forgetting. Surprisingly, the RoBERTa-base model out-performs BERT-Large despite having many fewer parameters. We conclude based on the empirical results that **diversity of pre-training corpora is highly relevant when it comes to easing catastrophic forgetting when training on a diverse sequence of tasks.**

4 Exploring the Loss Landscape

To better understand how pre-training reduces forgetting, we perform experiments analyzing where models are situated in the loss landscape after training on each task. We denote model parameters after training on task k as w_k. If we define forgetting as the increase in loss for a given task during training (instead of decrease in accuracy), Mirzadeh et al. (2020b) show that the forgetting can actually be bounded by:

$$L_1(w_2) - L_1(w_1) \approx \frac{1}{2}\Delta w^\top \nabla^2 L_1(w_1)\Delta w \leq \frac{1}{2}\lambda_1^{max}\|\Delta w\|^2 \qquad (2)$$

where $L_1(w)$ represents the loss on Task 1 with parameters w, $\Delta w = w_2 - w_1$, and λ_1^{max} is the largest eigenvalue of $\nabla^2 L_1(w_1)$. The magnitude of the eigenvalues of $L_1(w)$ can be used to characterize the curvature of the loss function (Keskar et al., 2017), and thus λ_1^{max} can be thought of as a proxy for the flatness of the loss function (lower is flatter). From Equation 2, we can see that the flatter the minima, the less forgetting occurs in the model.

We hypothesize that the one explanation of improvements from pre-training shown in the previous section might be because pre-training leads to a more favorable loss landscape. Specifically, pre-training results in wider, flatter minima for each task. The effect of these wider minima is that the

Table 2: Comparing performance in terms of average accuracy, forgetting, and learning accuracy for sequential finetuning after training on the last task. ↑ indicates higher is better, ↓ indicates lower is better. All metrics are averaged across 5 runs. Overall, we observe that models pre-trained on diverse corpora (RoBERTa-base) undergo minimal forgetting across both 5 and 15 diverse tasks.

	5-dataset-NLP (1 epoch)			15-dataset-NLP (1 epoch)		
	Accuracy(%) ↑	Forgetting(%) ↓	LA(%) ↑	Accuracy(%) ↑	Forgetting(%) ↓	LA(%) ↑
DistilBERT						
Finetune	64.28(±4.53)	16.73(±5.67)	77.67(±0.06)	46.99(±3.50)	18.80(±4.03)	64.41(±1.19)
Finetune + SAM	66.41(±2.76)	13.93(±3.48)	77.56(±0.06)	47.51(±3.12)	16.46(±3.84)	62.53(±0.78)
ER	70.17(±1.60)	9.39(±2.04)	77.68(±0.06)	53.22(±3.39)	13.05(±4.07)	65.32(±0.59)
ER + SAM	71.07(±1.21)	8.07(±1.51)	77.53(±0.04)	53.46(±2.04)	11.00(±3.05)	63.07(±1.04)
BERT-base						
Finetune	67.55(±2.76)	13.57(±3.37)	78.40(±0.07)	52.86(±2.82)	19.20(±3.01)	70.76(±0.27)
Finetune + SAM	70.82(±2.08)	9.53(±2.52)	78.44(±0.07)	55.11(±2.61)	16.38(±3.21)	70.39(±0.65)
ER	70.61(±2.14)	9.74(±2.61)	78.40(±0.07)	56.39(±2.93)	15.70(±3.03)	71.03(±0.38)
ER + SAM	72.97(1.54±)	6.88(±1.89)	78.47(±0.07)	57.82(±1.85)	13.65(±1.91)	70.53(±0.47)
RoBERTa-base						
Finetune	71.43(±1.67)	9.52(±2.03)	79.04(±0.07)	55.48(±3.10)	21.02(±3.01)	75.10(±0.52)
Finetune + SAM	72.56(±1.22)	7.83(±1.53)	78.83(±0.02)	57.82(±1.72)	15.40(±1.88)	72.08(±1.36)
ER	73.69(±0.76)	6.74(±0.93)	79.09(±0.10)	60.92(±1.44)	15.32(±1.58)	75.22(±0.12)
ER + SAM	74.33(±0.62)	5.65(±0.76)	78.85(±0.02)	62.14(±1.54)	12.17(±2.09)	73.30(±0.79)
BERT-Large						
Finetune	70.98(±2.02)	10.22(±2.53)	79.15(±0.03)	53.82(±1.21)	23.42(±1.43)	75.68(±0.41)
Finetune + SAM	73.66(±1.28)	6.86(±1.58)	79.15(±0.03)	58.74(±3.38)	17.11(±4.26)	74.64(±2.18)
ER	73.46(±1.15)	7.17(±1.44)	79.20(±0.07)	61.06(±2.55)	15.06(±2.87)	75.12(±1.21)
ER + SAM	74.57(±0.62)	5.73(±0.83)	79.15(±0.09)	61.74(±1.25)	13.73(±2.77)	74.53(±1.49)

change in weights from learning on future tasks results in a smaller change on the actual loss for the current task, which leads to less forgetting. We verify this idea in two parts. First we use loss contours and then interpolate between model checkpoints to show that the flat loss basins lead to smaller changes in loss. Next we compute a sharpness metric to show that pre-training leads to flat loss basins. All models analyzed in this section are trained using the Finetune method.

4.1 Loss Contour

In Figure 2, we visualize the contours of the test loss for the first task. On those contours, we plot the locations of the model (w_1, w_2, w_3) after training on each of the first three tasks. Pre-training results in significantly wider optima. In fact, as the model is trained on tasks sequentially, the pre-trained model still remains mostly at the same loss level as compared to randomly initialized models, despite moving approximately the same (or even more) euclidean distance away from the original model. For example, in the plot for the pre-trained model on 5-dataset (Figure 2e), the model after the second task (w_2) remains at the same Task 1 loss level as after just training on Task 1 (w_1). It is a couple of loss levels higher for task 3 (w_3). For the randomly initialized model (Figure 2a), the euclidean distances between the model parameter vectors are approximately the same as for the pre-trained model, but the differences in Task 1 loss levels are significantly higher. We provide more instances of these visualizations along with loss interpolation plots in Appendix D.

4.2 Sharpness

As another measure of the wideness of the minima, we calculate a sharpness metric (Keskar et al., 2017) for the model on each task as it goes through training. The metric tries to find the maximum value of the loss in the neighborhood of the minima, and calculates the difference between the maximum and the minimum loss value, scaled by the loss value. The maximization is performed in a subspace of the entire parameter space $\mathbb{R}^n$, specified by a projection matrix $A \in \mathbb{R}^{n \times p}$. For our experiments, we randomly sample our matrix A and set $p = 100$ as in Keskar et al. (2017). The neighborhood of the metric is given by:

$$C_\epsilon = \{z \in \mathbb{R}^p : -\epsilon(|(A^+x)_i| + 1) \leq z_i \leq \epsilon(|(A^+x)_i| + 1) \forall i \in \{1 \ldots p\}\} \tag{3}$$

Figure 2: Loss contours for Task 1 on each dataset. Each contour shows the location of the model parameters after training on each of the first three tasks. The top row shows contours for randomly initialized models and the bottom row shows contours for pre-trained initialized models.

Table 3: Average sharpness (lower is flatter) of minima across tasks in a 100 dimensional random subspace. Pre-training leads to flat minima for each task in training by an order of magnitude.

	$\epsilon = 5 \times 10^{-4}$		$\epsilon = 10^{-3}$	
	w/o Pre-training	w/Pre-training	w/o Pre-training	w/Pre-training
5-dataset	2.07 ± 0.56	0.09 ± 0.02	5.65 ± 1.64	0.20 ± 0.04

where A^+ is the pseudo inverse of A, x is the parameter vector and ϵ is a hyperparameter controlling the size of the neighborhood. The metric is then defined as:

$$\phi_{x,f} := \frac{(\max_{y \in C_\epsilon} f(x + Ay)) - f(x)}{1 + f(x)} \times 100 \qquad (4)$$

where $f(x)$ denotes the loss value with parameters x. We calculate the sharpness metric at $\epsilon = 5 \times 10^{-4}$ and 10^{-3}. After training on each task, we compute the sharpness values of the minimum reached by the model on that task. We then take the sharpness value of the run to be the mean of the values across the sequence of tasks. We present the mean and standard deviation across 5 runs. The sharpness values for **5-dataset** are presented in Table 3 and for rest of the datasets see Table 5 and Table 6 (in Appendix C). We see that for all datasets, the sharpness values for the pretrained initialized models are significantly lower than the values for the randomly initialized models.

5 SHARPNESS AWARE MINIMIZATION FOR LIFELONG LEARNING

In the previous section, we looked at how initialization plays an important role in overcoming forgetting as pre-trained initializations favor flat loss basins. On the other hand, (Mirzadeh et al., 2020b) suggests modifying the training regime by varying learning rate decay, batch size, and dropout regularization such that inherent noise in the stochastic gradients leads to flat basins in the loss landscape. However, the procedure for tuning these hyperparameters before continual learning of tasks is ill-defined, thereby rendering their strategy less helpful and quite expensive. Doing a sweep over just the hyperparameter values suggested in the original paper requires 48 separate runs. Furthermore, these hyperparameters cannot be reused across different architectures and datasets, and thus we need to do even more sweeps. To alleviate these issues, we propose to explicitly seek flat basins while sequential fine-tuning of the pre-trained weights. Towards this objective, we employ the Sharpness-Aware Minimization (SAM) procedure (Foret et al., 2021) that seeks parameters that lie in

the neighborhoods having uniformly low loss values by jointly minimizing the task loss value and sharpness metric. SAM defines the sharpness of the loss function f at parameters x as:

$$\max_{||\epsilon||_2 \leq \rho} f(x + \epsilon) - f(x) \tag{5}$$

where maximization region is an ℓ^p ball with radius ρ for $p = 2$ in Equation (5). SAM problem can be defined in terms of the following minimax optimization:

$$\min_x \max_{||\epsilon||_2 \leq \rho} f(x + \epsilon) + \lambda ||x||_2^2 \tag{6}$$

The gradient of the result of the maximization problem can be approximated as

$$\nabla_x \max_{||\epsilon||_2 \leq \rho} f(x + \epsilon) \approx \nabla_x f(x) \Big|_{x + \hat{\epsilon}(\mathbf{x})} + \frac{\partial \hat{\epsilon}(\mathbf{x})}{x} \nabla_x f(x) \Big|_{x + \hat{\epsilon}(\mathbf{x})}, \tag{7}$$

where

$$\hat{\epsilon}(\mathbf{x}) = \rho \operatorname{sign}(\nabla_x f(x)) \Big(\frac{|\nabla_x f(x)|}{\|\nabla_x f(x))\|} \Big)^{\frac{1}{2}} \tag{8}$$

To make the optimization simpler, the second order term in the gradient is dropped, leaving us with

$$\nabla_x \max_{||\epsilon||_2 \leq \rho} f(x + \epsilon) \approx \nabla_x f(x) \Big|_{x + \hat{\epsilon}(\mathbf{x})} \tag{9}$$

The full derivation of this gradient can be found in Foret et al. (2021).

From the results in Tables 1 and 2, we can see that SAM results in a consistent improvement in performance over non-SAM counterparts. Simply adding SAM to the sequential finetune baseline makes the approach competitive with, and sometimes outperform, state-of-the-art baselines like ER and Stable SGD, and with minimal hyperparameter tuning required (we used the default value of the $\rho = 0.05$ parameter for all experiments). Finally, since SAM is simply an optimizer, it can be combined with existing continual learning methods. Combining SAM with ER results in a method that outperforms all existing baselines.

6 RELATED AND FUTURE WORK

We focus on several closely related lines of work studying the optimization and loss landscapes of deep learning and lifelong learning models here, and discuss some more distant related work in Appendix E. Hao et al. (2019) show that for single-task generalization, pre-training leads to wider optima for BERT models. Keskar et al. (2017) explore how larger batch sizes lead to sharper minima and worse generalization in the single-task learning setting. Mirzadeh et al. (2020b) look at how catastrophic forgetting can be impacted by the training regime, and show that certain hyperparameter settings produce wider minima which lead to less catastrophic forgetting. Finally, Mirzadeh et al. (2020a) compare minima that result from multitask learning and continual learning, and show that the the minima resulting from continual learning are linear mode connected to the optimal sequential multitask minima, but not to each other, which results in forgetting and a corresponding drop in performance. These works all either explore the relation between pre-training and flatness of minima in single-task settings, or between flatness of minima and model generalization capability. We extend this line of work by examining whether benefits from pre-training can persist across training on several tasks, assessing the effects of pre-training on loss landscapes over the course of lifelong learning, and validating a hypothesis explaining the effects of pre-training on lifelong learning.

Based on our findings and results, a potential future work could explore where the multitask minima are in relation to the pre-trained initialization, as Mirzadeh et al. (2020a) show that the sequential multitask minima are linear mode connected to minima after each task in lifelong learning. The flatness of the minima for every model starting from a pre-trained initialization could suggest a way to regularize the sequential training process with the pre-trained initialization such that that the model ends up at the multitask minima. One final takeaway from these results is that lifelong learning methods should focus on creating more general representations instead of simply reducing catastrophic forgetting, as more general representations appear to result in more robust learning.

7 ETHICS STATEMENT

Large neural network models are known to mimic and potentially emphasize biases found in the data, including biases that can negatively impact the individuals who interact with these increasingly ubiquitous models. Our work does not analyze this aspect of these models as it pertains to lifelong learning, but without such analysis it is unknown whether lifelong learning could further exacerbate negative societal biases exhibited in these models. We leave this important analysis to future work.

8 REPRODUCIBILITY STATEMENT

We include the code, and instructions needed to reproduce the main experimental results in the supplemental material. We specify all the training details including the hyper-parameters for our method and baselines ones. The relevant training details are provided in Sections 3, 4, 5 and Appendix A. Every experiment in the paper was run across 5 random seeds and is reported with error bars (See Tables 1, 2 and Figures 3a and 3b). We cite all datasets and baselines used as a part of our experiments in Section 2. In the supplemental material, we provide a way to aggregate our new 15-dataset-NLP.

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A   IMPLEMENTATION DETAILS

Vision Experiments   For all vision experiments, we use the full ResNet-18 He et al. (2016) architecture, with the final linear layer replaced (the number of outputs corresponds to the total number of classes in all given tasks). During inference, only the subset of outputs corresponding to the given task is considered. All images are resized to 224×224, and normalized with $\mu = (0.485, 0.456, 0.406)$ and $\sigma = (0.229, 0.224, 0.225)$. We used a SGD optimizer with the learning rate set to $.01$ for all methods (we did a hyperparameter search for both pre-trained and randomly initialized models and found the learning rate 0.01 resulted in a good learning accuracy for both pre-trained and randomly initialized models). The batch size was set to 10 for the Split CIFAR-50 and Split CIFAR-100 experiments and 64 for the 5-dataset experiments. The memory per class for ER was set to 1, and the λ parameter for EWC was also set to 1.

For Stable SGD, we performed a hyperparameter sweep over the parameters specified in the original paper, namely:

- initial learning rate: [.25 (Split-CIFAR100-Random, Split-CIFAR50-Random, 5data-Random), .1, .01 (Split-CIFAR100-PT, Split-CIFAR50-PT), .001 (5data-PT)]
- learning rate decay: [0.9 (Split-CIFAR50-Random, 5data-Random, Split-CIFAR100-PT), 0.85 (Split-CIFAR100-Random, Split-CIFAR50-PT), 0.8 (5data-PT)]
- batch size: [10 (all), 64]
- dropout: [0.5 (5data-Random), 0.25 (Split-CIFAR100-Random, Split-CIFAR50-Random, Split-CIFAR100-PT, Split-CIFAR50-PT, 5data-PT)]

NLP Experiments   For most of the text classification experiments, we use the Transformer architecture based text encoder, DistilBERT-base (Sanh et al., 2019) to encode our input. In a single sentence text classification task, x_t is an input sentence to be classified. In a sentence-pair classification task, concatenation of x_t^1 and x_t^2 sentences separated by a $[SEP]$ symbol is considered as a input x_t. DistilBERT produces a contextual representation of each token in x_t including a special beginning of the sentence token symbol $[CLS]$. We use the representation of the $[CLS]$ symbol from model as features for a linear task classifier. We have a separate classifier for each task. We mainly set hyper-parameters to default implementation from HuggingFace.[5] We use Adam as our optimizer, set dropout 0.1, the base learning rate to $2e^{-5}$, batch size to 32 and the maximum total input sequence length after tokenization to 128. For EWC, we set the regularization strength λ to 100 (as this ended up with comparable LA across other methods) and for ER, following (Chaudhry et al., 2019), the memory per class per task is set to 1. For SAM, we set $\rho = 0.02$ for all models (random as well as pre-trained) on 5-dataset-NLP and 15-dataset-NLP. For SplitYahooQA we set $\rho = 0.001$.

B   DATASETS

One of the objectives of our work is to study the role of different pre-trained initializations in lifelong learning. To enable this study, we introduce **15-dataset-NLP**, a novel suite of diverse tasks for lifelong learning. It consists of fifteen text classification tasks covering a broad range of domains and data sources. Although there exists a setup with 4 tasks spanning 5 datasets, **5-dataset-NLP** (de Masson d'Autume et al., 2019), we show that our introduced benchmark proves more challenging (see Table 2 and Section 3.3) than the previous setup for the Transformer models (e.g., DistilBERT, BERT, RoBERTa) considered in our study.

15-dataset-NLP benchmark consists of single sentence or sentence pair classification tasks. We design our benchmark from existing tasks such that (1) the overall dataset includes various domains, (2) different tasks are (dis)similar to each other, thereby, facilitating both transfer and interference phenomena. All tasks under consideration differ in dataset size (from 8.5k-400k), so for our experiments, we only use between 8.5-14k training examples from each task. Lifelong learning from highly imbalanced data is an interesting problem, and we feel that our introduced benchmark can be used to investigate this problem as well. As our data is gathered from publicly available sources, for some tasks we do not have access to hidden test examples. In such cases, we consider dev examples as test

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[5]https://github.com/huggingface/transformers

Table 4: **15-dataset-NLP**: Task/Dataset description and statistics. All tasks are either single sentence or sentence pair classification. |Train|, |Dev|, |Test| denotes the number of examples in train, dev, test splits respectively. |L| denotes the number of classes for each tasks.

Task	Dataset/ Corpus	Domain(s)/ Text source(s)	|Train|	|Dev|	|Test|	|L|	Metrics
Linguistic Acceptability	CoLA	Journal articles & books	7,695	856	1,043	2	Matthews correlation
Boolean Question Answering	BoolQ	Google queries, Wikipedia passages	8,483	944	3,270	2	Acc.
Sentiment Analysis	SST-2	Movie reviews	9,971	873	872	2	Acc.
Paraphrase Detection	QQP	Quora questions	10,794	4,044	4,043	2	Acc. & F1
Q & A Categorization	YahooQA	Yahoo! Answers	13,950	4,998	4,998	10	Acc.
Review Rating Prediction	Yelp	Business reviews	12,920	3,999	3,998	5	Acc.
Event Factuality	Decomp	FactBank	10,176	4,034	3,934	2	Acc.
Argument Aspect Detection	AAC	Web documents	10,893	2,025	4,980	3	Acc. & F1
Explicit Discourse Marker Prediction	DISCONN8	Penn Discourse TreeBank	9,647	1,020	868	8	Acc. & F1
Question Answering NLI	QNLI	Wikipedia	9,927	5,464	5,463	2	Acc.
Binary Sentence Order Prediction	RocBSO	Roc story, corpus	10,000	2,400	2,400	2	Acc.
Natural Language Inference	MNLI	speech, fiction, govt. reports	11,636	4,816	4,815	3	Acc.
Multi-choice Science QA	SciTAIL	Science exams	11,145	1,305	1,304	2	Acc.
Implicit Discourse Relation Classification	PDTB2L1	Penn Discourse TreeBank	13,046	1,183	1,046	4	Acc. & F1
Emotion Detection	Emotion	Twitter	9,600	2,000	2,000	6	Acc. & F1

split and sample examples from train split for validation[6]. We describe the tasks below and Table 4 details the evaluation metrics and train/dev/test split sizes for each task.

1. Linguistic acceptability aims at identifying whether the given sequence of words is a grammatical sentence. The Corpus of Linguistic Acceptability (**CoLA**) ((Warstadt et al., 2019) consists of English sentences annotated with their grammatical judgements. The data spans multiple domains, specifically books and journal articles.

2. Boolean QA is a reading comprehension task of answering yes/no questions for a given passage. The Boolean Questions (**BoolQ**) (Clark et al., 2019) dataset consists of short passages with yes/no questions about the passage. The questions are sourced from anonymous Google users and paired up with passages from Wikipedia articles.

3. Sentiment analysis is a binary classification task of identifying the polarity (positive/negative sentiment) of a given text. The Stanford Sentiment Treebank (**SST-2**) (Socher et al., 2013) corpus consists of sentences from Rotten Tomatoes movie reviews annotated with their sentiment.

4. Paraphrase detection aims at identifying whether two sentences are semantically equivalent. The Quora Question Pairs (**QQP**) corpus constitutes of question pairs from **Quora**[7] website annotated for semantic equivalence of question pairs.

5. Q&A categorization is a topic classification task of categorizing question and answer text pairs into existing topics. The Yahoo! Answers Comprehensive Questions and Answers (**YahooQA**) (Zhang et al., 2015) corpus contains data corresponding to the ten largest categories from Yahoo! Webscope program.

6. Review rating prediction is a five-way classification task of predicting the number of stars the user has given in a review given the corresponding text. The **Yelp** (Zhang et al., 2015) dataset contains business reviews obtained from the Yelp Dataset Challenge (2015).

7. Event factuality prediction is the task of determining whether an event described in the text occurred. The factuality annotations from the **Decomp** corpus are recast into an NLI structure and we use the modified dataset from Diverse NLI Collection (Poliak et al., 2018).

8. Argument aspect mining is concerned with the automatic recognition and interpretation of arguments (assessing the stance, source, and supportability for a given topic). The Argument Aspect Corpus (**AAC**) (Stab et al., 2018) has over 25,000 arguments spanning eight topics annotated with three labels (no argument, supporting argument, opposing argument). Stab et al. (2018) collected the data from web documents representing a range of genre and text types, including blogs, editorials, forums, encyclopedia articles.

9. The explicit discourse marker prediction task aims at classifying the discourse markers between sentences. Specifically, words like 'and', 'but', 'because', 'if', 'when', 'also', 'while', 'as' mark the conceptual relationship between sentences (**DISCONN8**) and are considered as labels for this task as discussed in (Prasad et al., 2019; Kim et al., 2020). We use examples from the Penn Discourse TreeBank 3.0 marked for explicit discourse relationship for our experimentation.

10. Question-answering NLI (**QNLI**) is a task adapted from the SQuAD by converting it into the sentence pair classification task (Wang et al., 2018). QNLI is a binary classification task of detecting whether the context sentence contains the answer to the question.

11. Binary Sentence Ordering (BSO) is a binary classification task to determine the order of two sentences. This task is similar to pre-training objectives considered in recent works. We use Roc Stories (**RocBSO**) (Mostafazadeh et al., 2016) corpus for constructing the dataset for this task.

12. Natural language inference (NLI) is a three-way classification task of predicting whether the premise entails the hypothesis (entailment), contradicts the hypothesis (contradiction), or neither (neutral). The Multi-Genre Natural Language Inference (**MNLI**) (Williams et al., 2018) corpus consists of sentence pairs from different sources (transcribed speech, fiction, and government report) annotated for textual entailment.

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[6]We plan to release sampled example indices for replicability of our results
[7]https://www.quora.com/share/First-Quora-Dataset-Release-Question-Pairs

13. Multi-choice QA is a reading comprehension task wherein given a passage and question, models need to pick up the right option out of provides ones. Khot et al. (2018) cast the multiple-choice science exam questions into an NLI structure to convert them to the binary classification task. We use the **SciTAIL** (Khot et al., 2018) dataset released by them for our experimentation.

14. Implicit discourse relation classification is a common task of identifying discourse relations between two text spans or arguments. The Penn Discourse TreeBank 3.0 (**PDTB3L1**) (Prasad et al., 2019; Kim et al., 2020) contains a hierarchical annotation scheme (top-level senses, fine-grained level-2 senses) and we use top-level senses comprising of four labels (expansion, comparison, contingency, temporal) for our experimentation.

15. Emotion detection is a classification task of detecting the emotions from a given text snippet. We use **Emotion** dataset (Saravia et al., 2018) which contains Twitter messages with six emotions: anger, fear, joy, love, sadness, and surprise.

B.1 TASK SEQUENCES

The task sequences for the **Split CIFAR-50** and **Split CIFAR-100** experiments were generated by randomly sampling classes without replacement for each task, similar to Chaudhry et al. (2019). Thus, the sequences were different for every random seed, but since we ran each method with the same 5 seeds, each method was trained and tested on the same 5 sequences.

For **Split YahooQA**, we created 5 tasks by using disjoint groups of consecutive classes (e.g. $\{0, 1\}, \{2, 3\} \ldots$). These tasks were than randomly ordered for each task sequence, and each method was trained and tested using the same 5 random sequences.

For **5-dataset**, we randomly select the following dataset orders:

Seq1 SVHN→notMNIST→Fashion-MNIST→CIFAR-10→MNIST

Seq2 SVHN→MNIST→notMNIST→Fashion-MNIST→CIFAR-10

Seq3 CIFAR-10→SVHN→notMNIST→Fashion-MNIST→MNIST

Seq4 notMNIST→Fashion-MNIST→CIFAR-10→SVHN→MNIST

Seq5 CIFAR-10→MNIST→notMNIST→SVHN→Fashion-MNIST

For **5-dataset-NLP**, we randomly select the following dataset orders (first 4 are consistent with (de Masson d'Autume et al., 2019)):

Seq1 Yelp→AGNews→DBPedia→Amazon→YahooQA

Seq2 DBPedia→YahooQA→AGNews→Amazon→Yelp

Seq3 Yelp→YahooQA→Amazon→DBpedia→AGNews

Seq4 AGNews→Yelp→Amazon→YahooQA→DBpedia

Seq5 YahooQA→Yelp→DBPedia→AGNews→Amazon

For **15-dataset-NLP**, we randomly select and use the following 5 dataset orders:

Seq1 Decomp→BoolQ→AAC→Yelp→DISCONN8→SST-2→QQP→YahooQA→QNLI
→RocBSO→MNLI→SciTAIL→CoLA→PDTB2L1→Emotion

Seq2 CoLA→QQP→MNLI→QNLI→Emotion→SST-2→BoolQ→Decomp→AAC→SciTAIL
→RocBSO→Yelp→PDTB2L1→YahooQA→DISCONN8

Seq3 SciTAIL→BoolQ→SST-2→AAC→DISCONN8→YahooQA→QNLI→RocBSO→PDTB2L1
→Emotion→Decomp→MNLI→QQP→CoLA→Yelp

Seq4 DISCONN8→QNLI→CoLA→YahooQA→AAC→SciTAIL→PDTB2L1→Emotion
→Decomp→RocBSO→QQP→Yelp→MNLI→BoolQ→SST-2

Seq5 Emotion→SST-2→RocBSO→YahooQA→AAC→MNLI→CoLA→DISCONN8→QQP
→QNLI→Decomp→PDTB2L1→SciTAIL→Yelp→BoolQ

Table 5: Average sharpness (lower is flatter) of minima across tasks in a 100 dimensional random subspace. ResNet-18-PT (w/ PT) has lower sharpness in comparison to ResNet-18-R (w/o PT). Pre-training reduces the sharpness of minima for each task in training by an order of magnitude.

	$\epsilon = 5 \times 10^{-4}$		$\epsilon = 10^{-3}$	
	w/o PT	w/ PT	w/o PT	w/ PT
Split-CIFAR50 (1 epoch)	1.51 ± 0.28	0.21 ± 0.05	4.03 ± 0.65	0.51 ± 0.11
Split-CIFAR50 (5 epoch)	2.25 ± 0.61	0.13 ± 0.04	6.13 ± 1.29	0.33 ± 0.08
Split-CIFAR100 (1 epoch)	1.64 ± 0.31	0.15 ± 0.04	4.45 ± 0.80	0.35 ± 0.09
Split-CIFAR100 (5 epoch)	2.26 ± 0.58	0.10 ± 0.02	5.89 ± 1.33	0.24 ± 0.06

C SHARPNESS

The matrix $A \in \mathbb{R}^{n \times p}$ used for projecting the parameters onto a subspace is randomly sampled and then normalized row-wise. Since this matrix is very large, the computation of the pseudo inverse A^+ (required for calculating the bounds in Equation 3) is very memory intensive and unstable. Instead, we directly calculate A^+x by finding the least squares solution to $Ab = x$. To find the maximum referenced in Equation 4, we use the L-BFGS-B algorithm.[8] We set the maximum number of iterations for the algorithm to 10, and to speed up computation, we directly provide the gradients along with the loss to the algorithm, instead of using the default 2-point finite difference gradient estimation.

For ResNet-18 ($n = 11M$), we set $p = 100$. However, for DistilBERT ($n = 66M$) when we set $p = 100$, we notice extremely small values for the sharpness metric. With the increase in the number of parameters, n, we should ideally increase random subspace projection dimension p. Setting larger $p(> 100)$ values for DistilBERT, however, leads to memory issues relating to allocating space for A and computing the bounds (even with the more efficient method discussed above). So instead of evaluating the sharpness metric in a random manifold, we perform the maximization in the entire space $\mathbb{R}^n$ (basically setting $A = I_n$). According to Keskar et al. (2017), when ϵ is small enough and $A = I_n$, the sharpness metric in Equation 4 relates to the largest eigenvalue of $\nabla^2 f(x)$. In Table 6, we report sharpness values for DistilBERT on 5-dataset-NLP and Split YahooQA datasets for $\epsilon \in \{5e^{-5}, 1e^{-4}, 5e^{-4}\}$. We see that values in the case of pre-trained models (w/ PT) are lower compared to randomly initialized models (w/o PT), thereby, validating the relative flatness of the task minima in the case of pre-trained models.

Table 6: Average sharpness (lower is flatter) of tasks minima. DistilBERT-PT (w/ PT) reduces the sharpness in comparison to DistilBERT-R (w/o PT).

	$\epsilon = 5 \times 10^{-5}$		$\epsilon = 10^{-4}$		$\epsilon = 5 \times 10^{-4}$	
	w/o PT	w/ PT	w/o PT	w/ PT	w/o PT	w/ PT
5-dataset-NLP	32.67 ± 1.17	28.27 ± 1.19	213.61 ± 11.46	128.97 ± 10.49	596.82 ± 13.70	552.09 ± 17.28
Split YahooQA	10.41 ± 0.39	8.77 ± 0.44	53.23 ± 7.02	43.03 ± 4.21	545.06 ± 6.40	422.85 ± 44.31

D LOSS LANDSCAPE

D.1 LINEAR MODEL INTERPOLATION

Ideally, to minimize forgetting, as the model sequentially trains on tasks, its loss on previous tasks would not change. This would be satisfied if the loss surface between model checkpoints were flat. To visualize this, we linearly interpolate between w_1 and the other checkpoints of the model, tracking the test loss on Task 1. This can be interpreted as viewing a slice of the contour plots shown in Figure 2 along the line that connects w_1 to each checkpoint. The results are shown in Figure 3b. The pre-trained plots are shown in hues of blue, and the random plots are shown in hues of red. These plots show that the pretrained initialized models experience a much more gradual increase in the loss

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[8]We used the implementation provided by scipy at https://docs.scipy.org/doc/scipy/reference/optimize.minimize-lbfgsb.html

(a) Average sharpness (log scale; lower is flatter) of minima across tasks in a 100 dimensional random subspace. Pre-training reduces the sharpness of minima by an order of magnitude.

(b) Loss interpolation plots for each dataset. Blue is pre-trained models, red is randomly initialized models. We interpolate between the checkpoint after Task 1 to the checkpoint after every other task, tracking the loss in the process. In general, the loss landscape is flatter along these paths for pre-trained initialization models compared to randomly initialized models.

Figure 3: Visualizations of the loss landscape with and without pre-training.

compared to the randomly initialized models, even when interpolating to checkpoints created after training on several tasks.

In Figure 4 we present additional linear model interpolation visualizations as described in Section D.1. Specifically, we track the **Task 2** test loss as we interpolate from the model checkpoint after training on Task 2 ($\mathbf{w}_2$) to the other checkpoints. These plots show that the trends presented in Figure 3b holds for Task 2 as well, thereby verifying that pre-trained initialized models lead to flatter task minima for subsequent tasks. Pre-trained initialized models experience a much more gradual increase in the loss compared to the randomly initialized models.

Figure 4: Loss interpolation plots for each dataset. Blue is pre-trained models, red is randomly initialized models. We interpolate between the checkpoint after **Task 2** to the checkpoint after every other task, tracking the loss in the process. In general, the loss landscape is flatter along these paths for pre-trained initialization models compared to randomly initialized models.

D.2 Loss Contours

In this section we present loss contours for Task 1 and Task 2 for all task sequences (refer to Section B.1 for more details) for **5-dataset-NLP**, **Split YahooQA**, **Split CIFAR-50**, and **5-dataset**. For **Split CIFAR-50** and **5-dataset**, we also present the loss contours for 5-epoch training. In line with our observation from the sharpness and linear model interpolation analyses, pre-trained initialized models lead to flatter task minima for subsequent tasks as well.

D.2.1 5-DATASET-NLP

Figure 5: Loss contours for **Task 1** on 5 task sequences of **5-dataset-NLP**. Each contour shows the location of the model parameters after training sequentially on **Task 1 (w_1), Task 2 (w_2), Task 3 (w_3)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

Figure 6: Loss contours for **Task 2** on 5 task sequences of **5-dataset-NLP**. Each contour shows the location of the model parameters after training sequentially on **Task 2 (w_2), Task 3 (w_3), Task 4 (w_4)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

D.2.2 SPLIT YAHOOQA

Figure 7: Loss contours for **Task 1** on 5 task sequences of **Split YahooQA**. Each contour shows the location of the model parameters after training sequentially on **Task 1 (w_1), Task 2 (w_2), Task 3 (w_3)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

Figure 8: Loss contours for **Task 2** on 5 task sequences of **Split YahooQA**. Each contour shows the location of the model parameters after training sequentially on **Task 2 (w_2), Task 3 (w_3), Task 4 (w_4)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

D.2.3   SPLIT CIFAR-50 (1 EPOCH)

Figure 9: Loss contours for **Task 1** on 5 task sequences of **Split CIFAR-50** with 1 epoch of training on each task. Each contour shows the location of the model parameters after training sequentially on **Task 1 (w_1), Task 2 (w_2), and Task 3 (w_3)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

Figure 10: Loss contours for **Task 2** on 5 task sequences of **Split CIFAR-50** with 1 epoch of training on each task. Each contour shows the location of the model parameters after training sequentially on **Task 2 (w_2), Task 3 (w_3), and Task 4 (w_4)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

D.2.4 SPLIT CIFAR-50 (5 EPOCHS)

Figure 11: Loss contours for **Task 1** on 5 task sequences of **Split CIFAR-50** with 5 epochs of training on each task. Each contour shows the location of the model parameters after training sequentially on **Task 1 (w_1), Task 2 (w_2), and Task 3 (w_3)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

Figure 12: Loss contours for **Task 2** on 5 task sequences of **Split CIFAR-50** with 5 epochs of training on each task. Each contour shows the location of the model parameters after training sequentially on **Task 2 (w_2), Task 3 (w_3), and Task 4 (w_4)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

D.2.5   5-DATASET (1 EPOCH)

Figure 13: Loss contours for **Task 1** on 5 task sequences of **5-dataset** with 1 epoch of training on each task. Each contour shows the location of the model parameters after training sequentially on **Task 1 (w_1), Task 2 (w_2), and Task 3 (w_3)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

Figure 14: Loss contours for **Task 2** on 5 task sequences of **Split CIFAR-50** with 1 epoch of training on each task. Each contour shows the location of the model parameters after training sequentially on **Task 2 (w_2), Task 3 (w_3), and Task 4 (w_4)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

D.2.6 5-DATASET (5 EPOCHS)

Figure 15: Loss contours for **Task 1** on 5 task sequences of **Split CIFAR-50** with 5 epochs of training on each task. Each contour shows the location of the model parameters after training sequentially on **Task 1 (w_1), Task 2 (w_2), and Task 3 (w_3)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

Figure 16: Loss contours for **Task 2** on 5 task sequences of **5-dataset** with 5 epochs of training on each task. Each contour shows the location of the model parameters after training sequentially on **Task 2 (w_2), Task 3 (w_3), and Task 4 (w_4)**. The top row shows contours for randomly initialized models (w/o PT) and the bottom row shows contours for pre-trained initialized models (w/ PT).

E ADDITIONAL RELATED WORK

Transfer learning from generic pre-trained models has enabled significant recent progress in ML (Zhuang et al., 2021). This trend started in the CV field with the ImageNet dataset (Deng et al., 2009). Transfer learning in NLP has witnessed its own "ImageNet revolution" where large models pre-trained on self-supervised tasks have shown impressive results across many language understanding tasks (Peters et al., 2018; Howard & Ruder, 2018; Radford et al., 2018; Devlin et al., 2019; Raffel et al., 2019; Liu et al., 2019).

Lifelong learning approaches focus on the idea of mitigating the catastrophic forgetting phenomenon and can be categorized into three groups: (1) *Regularization-based* approaches that augment the loss function with extra penalty terms preventing important parameters learned on previous tasks from significantly deviating while training on the new task (Kirkpatrick et al., 2017; Zenke et al., 2017); (2) *memory-based* approaches that augment the model with episodic memory for sparse experience

replay of previous task examples (Lopez-Paz & Ranzato, 2017; Chaudhry et al., 2018; Wang et al., 2020) (3) *network expansion-based* approaches that dynamically expand the network based upon new tasks (Rusu et al., 2016; Aljundi et al., 2017; Sodhani et al., 2020). We analyze regularization-based and memory-based approaches in this work.

Meta-learning involves creating models that learn to learn over time. Several works have applied meta-learning approaches to the task of lifelong learning (Riemer et al., 2019; Finn et al., 2019; Javed & White, 2019; Wang et al., 2020). Caccia et al. (2020) propose a two-phase continual learning scenario where the first phase is pre-training (using MAML (Finn et al., 2017)) and the second phase involves continual deployment with task revisiting. They make the point that in many scenarios (Lomonaco et al., 2019), it would be unrealistic to deploy agents with no pre-training in a lifelong learning setting. Whereas some of these works do use pre-trained initializations for their models, many do not, and none have extensively studied the effect of pre-training on lifelong learning.

F RELATED AND FUTURE WORK

We focus on several closely related lines of work studying the optimization and loss landscapes of deep learning and lifelong learning models here, and discuss some more distant related work in Appendix E. Hao et al. (2019) show that for single-task generalization, pre-training leads to wider optima for BERT models. Keskar et al. (2017) explore how larger batch sizes lead to sharper minima and worse generalization in the single-task learning setting. Mirzadeh et al. (2020b) look at how catastrophic forgetting can be impacted by the training regime, and show that certain hyperparameter settings produce wider minima which lead to less catastrophic forgetting. Finally, Mirzadeh et al. (2020a) compare minima that result from multitask learning and continual learning, and show that the the minima resulting from continual learning are linear mode connected to the optimal sequential multitask minima, but not to each other, which results in forgetting and a corresponding drop in performance. These works all either explore the relation between pre-training and flatness of minima in single-task settings, or between flatness of minima and model generalization capability. We extend this line of work by examining whether benefits from pre-training can persist across training on several tasks, assessing the effects of pre-training on loss landscapes over the course of lifelong learning, and validating a hypothesis explaining the effects of pre-training on lifelong learning.

Based on our findings and results, a potential future work could explore where the multitask minima are in relation to the pre-trained initialization, as Mirzadeh et al. (2020a) show that the sequential multitask minima are linear mode connected to minima after each task in lifelong learning. The flatness of the minima for every model starting from a pre-trained initialization could suggest a way to regularize the sequential training process with the pre-trained initialization such that that the model ends up at the multitask minima. One final takeaway from these results is that lifelong learning methods should focus on creating more general representations instead of simply reducing catastrophic forgetting, as more general representations appear to result in more robust learning.