Embrace the Gap: VAEs Perform Independent Mechanism Analysis

Abstract

Variational autoencoders (VAEs) are a popular framework for modeling complex data distributions; they can be efficiently trained via variational inference by maximizing the evidence lower bound (ELBO), at the expense of a gap to the exact (log-)marginal likelihood. While VAEs are commonly used for representation learning, it is unclear why ELBO maximization would yield useful representations, since unregularized maximum likelihood estimation cannot invert the data-generating process. Yet, VAEs often succeed at this task. We seek to elucidate this apparent paradox by studying nonlinear VAEs in the limit of near-deterministic decoders. We first prove that, in this regime, the optimal encoder approximately inverts the decoder—a commonly used but unproven conjecture—which we refer to as *self-consistency*. Leveraging self-consistency, we show that the ELBO converges to a regularized log-likelihood. This allows VAEs to perform what has recently been termed independent mechanism analysis (IMA): it adds an inductive bias towards decoders with column-orthogonal Jacobians, which helps recovering the true latent factors. The gap between ELBO and log-likelihood is therefore welcome, since it bears unanticipated benefits for nonlinear representation learning. In experiments on synthetic and image data, we show that VAEs uncover the true latent factors when the data generating process satisfies the IMA assumption.

1 Introduction

Latent Variable Models (LVMs) allow to effectively approximate a complex data distribution and to sample from it [5, 51]. Deep LVMs employ a neural network (the *decoder* or *generator*) to parameterize the conditional distribution of the observations given latent variables, which are typically assumed to be independent. However, Maximum Likelihood Estimation (MLE) of the model parameters is computationally intractable. In *Variational Autoencoders (VAEs)* [39, 58], the exact log-likelihood is substituted with a tractable lower bound, the evidence lower bound (ELBO). This objective introduces an approximate posterior of the latents given the observations (the *encoder*) from a suitable variational distribution whose mean and covariance are parametrized by neural networks. The encoder is introduced to efficiently train a deep LVM: however, it is not explicitly designed to extract useful representations [17, 61].

Nonetheless, VAEs and their variants are widely used in representation learning [26, 1], where they often recover semantically meaningful representations [43, 9, 38, 6]. Our understanding of this empirical success is still incomplete, since (deep) LVMs with independent latents are nonidentifiable from i.i.d. data [32, 46]; different models fitting the data equally well may yield arbitrarily different representations, thus rendering the recovery of a ground truth generative model impossible. While auxiliary variables, weak supervision [31, 34, 22, 47, 77, 19], or specific model constraints [32, 73, 74, 28, 24] can help identifiability, the mechanism through which the ELBO may enforce a useful inductive bias remains unclear, despite recent efforts [6, 60, 42, 15, 76].

Figure 1: **Modeling choices in VAEs promote *Independent Mechanism Analysis (*IMA*) [24].** We assume a Gaussian VAE (3), and prove that in the near-deterministic regime the mean encoder approximatetely inverts the mean decoder, $g^{\theta} \approx f^{\theta-1}$ (*self-consistency*, Prop. 1). **Bottom:** Closing the gap requires matching the covariances of the variational (LHS, $q_{\phi}(z|x)$) and the true posterior (RHS, approximated by $g^{\theta}_{*}[p_{\theta}(x|z)]$, cf. § 3.2 for details). Under self-consistency, an encoder with diagonal covariance enforces a row-orthogonal encoder Jacobian $\mathbf{J}_{g^{\theta}}(x)$—or equivalently, a column-orthogonal decoder Jacobian $\mathbf{J}_{f^{\theta}}(z)$. This regularization was termed Independent Mechanism Analysis (IMA) [24] and shown to be beneficial for learning the true latent factors. The connection elucidates unintended benefits of using the ELBO for representation learning.

In this work, we investigate the benefits of optimizing the ELBO for representation learning by analyzing VAEs in a *near-deterministic* limit for the conditional distribution parametrized by the nonlinear decoder. Our first result concerns the encoder's optimality in this regime. Previous works relied on the intuitive assumption that the encoder inverts the decoder in the optimum [52, 42, 76]; we formalize this *self-consistency* assumption and prove its validity for the optimal variational posterior in the near-deterministic nonlinear regime.

Using self-consistency, we show that the ELBO tends to a regularized log-likelihood—rather than to the exact one as conjectured in previous work [52]. The regularization term allows VAEs to perform what has been termed Independent Mechanism Analysis (IMA) [24]: it encourages column orthogonality of the decoder's Jacobian. This generalizes previous findings based on linearizations or approximations of the ELBO [60, 48, 42], and allows us to characterize the gap w.r.t. the log-likelihood in the deterministic limit. Our results elucidate the gap between ELBO and exact log-likelihood as a possible mechanism through which the ELBO implements a useful inductive bias. Unlike the unregularized log-likelihood, the IMA-regularized objective can help invert the data generating process under suitable assumptions [24]. We verify this by training VAEs in experiments on synthetic and image data, showing that they can recover the ground truth factors when the IMA assumptions are met.

The **contributions** of this paper can be summarized as follows:

- we characterize and prove *self-consistency* of VAEs in the near-deterministic regime (i.e., when the decoder variance tends to zero), justifying its usage in previous works (§ 3.1);
- we show that under self-consistency, the ELBO converges to a regularized log-likelihood (§ 3.2), and discuss its possible role as a useful inductive bias in representation learning;
- we test the applicability of our theoretical results in experiments on synthetic and image data, and show that VAEs recover the true latent factors when the IMA assumptions are met (§ 4).

2 Background

We will connect two unsupervised learning objectives: the ELBO in VAEs and the IMA-regularized log-likelihood. Both stem from LVMs with latent variables z distributed according to a *prior* $p_0(z)$, and a mapping from z to observations x given by a conditional generative model $p_{\theta}(x|z)$.

Variational Autoencoders. Optimizing the data likelihood $p_{\theta}(x)$ in deep LVMs—i.e., finding decoder parameters θ maximizing $\int p_{\theta}(x|z)p_0(z)dz$—is intractable in general, so approximate objectives are required. Variational approximations [66] replace the true posterior $p_{\theta}(z|x)$ by an approximate one, called the *variational posterior* $q_{\phi}(z|x)$, which is a stochastic mapping $x \mapsto z$ with parameters ϕ. This allows to evaluate a tractable evidence lower bound (ELBO) [39, 58] of the model's log-likelihood that can be defined as

$$\text{ELBO}(x, \theta, \phi) = \mathbb{E}_{q_{\phi}(z|x)}[\log p_{\theta}(x|z)] - \text{KL}[q_{\phi}(z|x)||p_0(z)]. \tag{1}$$

The two terms in (1) are sometimes interpreted as a reconstruction term measuring the sample quality of the decoder and a regularizer—the Kullback-Leibler Divergence (KL) between the prior and the

encoder [40]. The variational approximation trades off computational efficiency with a difference w.r.t. the exact log-likelihood, which is expressed alternatively as (see [17, 40] and Appx. A)

$$\text{ELBO}(\boldsymbol{x}, \boldsymbol{\theta}, \boldsymbol{\phi}) = \log p_{\boldsymbol{\theta}}(\boldsymbol{x}) - \text{KL}\left[q_{\boldsymbol{\phi}}(\boldsymbol{z}|\boldsymbol{x})||p_{\boldsymbol{\theta}}(\boldsymbol{z}|\boldsymbol{x})\right], \tag{2}$$

where the KL between variational and true posteriors characterizes the *gap*: if the variational family of $q_{\boldsymbol{\phi}}(\boldsymbol{z}|\boldsymbol{x})$ does not include $p_{\boldsymbol{\theta}}(\boldsymbol{z}|\boldsymbol{x})$, the ELBO will be strictly smaller than $\log p_{\boldsymbol{\theta}}(\boldsymbol{x})$.

VAEs [39] rely on the variational approximation in (1) to train deep LVMs where neural networks parametrize the *encoder* $q_{\boldsymbol{\phi}}(\boldsymbol{z}|\boldsymbol{x})$ and the *decoder* $p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})$. Common modeling choices include constraining the variational family of $q_{\boldsymbol{\phi}}(\boldsymbol{z}|\boldsymbol{x})$ to be a factorized Gaussian with posterior means $\mu_k^{\boldsymbol{\phi}}(\boldsymbol{x})$ and variances $\sigma_k^{\boldsymbol{\phi}}(\boldsymbol{x})^2$ for each $z_k|\boldsymbol{x}$, and with a diagonal covariance $\boldsymbol{\Sigma}_{\boldsymbol{z}|\boldsymbol{x}}^{\boldsymbol{\phi}}$; and the decoder to a factorized Gaussian, conditional on $\boldsymbol{z}$, with mean $\boldsymbol{f}^{\boldsymbol{\theta}}(\boldsymbol{z})$ and an isotropic covariance in d dimensions,

$$z_k|\boldsymbol{x} \sim \mathcal{N}(\mu_k^{\boldsymbol{\phi}}(\boldsymbol{x}), \sigma_k^{\boldsymbol{\phi}}(\boldsymbol{x})^2)\,; \qquad \boldsymbol{x}|\boldsymbol{z} \sim \mathcal{N}\left(\boldsymbol{f}^{\boldsymbol{\theta}}(\boldsymbol{z}), \gamma^{-2}\mathbf{I}_d\right). \tag{3}$$

The deterministic limit of VAEs. The stochasticity of VAEs makes it nontrivial to relate them to generative models with deterministic decoders such as Independent Component Analysis (see paragraph below), though postulating a deterministic regime (where the decoder precision γ^2 becomes infinite) is possible. Interestingly, Nielsen et al. [52] explored this deterministic limit and argued that *deterministic* VAEs optimize an exact log-likelihood, similar to normalizing flows [57, 53]. Normalizing flows model arbitrarily complex distributions with a simple base distribution $p_0(\boldsymbol{z})$ and a juxtaposition of *deterministic and invertible* transformations $\boldsymbol{f}^{\boldsymbol{\theta}}$ through the change of variables[1]

$$\log p_{\boldsymbol{\theta}}(\boldsymbol{x}) = \log p_0(\boldsymbol{z}) - \log\left|\mathbf{J}_{\boldsymbol{f}^{\boldsymbol{\theta}}}(\boldsymbol{z})\right|. \tag{4}$$

The comparison is nontrivial, since VAEs contain an encoder and a decoder, whereas normalizing flows consist of a single architecture. Nielsen et al. [52] made this analogy by resorting to what we call a *self-consistency assumption*, stating that the VAE encoder inverts the decoder. We define self-consistency in the *near-deterministic* regime: as the decoder variance goes to zero, i.e. $\gamma \to +\infty$.

Definition 1 ((Near-deterministic) self-consistency). *For a fixed $\boldsymbol{\theta}$, assume that mean encoder $\boldsymbol{f}^{\boldsymbol{\theta}}$ is invertible with inverse $\boldsymbol{g}^{\boldsymbol{\theta}}$, and that a map associates each choice of decoder parameters and observation $(\boldsymbol{\theta}, \gamma, \boldsymbol{x})$ to an encoder parameter $(\boldsymbol{\theta}, \gamma, \boldsymbol{x}) \mapsto \widehat{\boldsymbol{\phi}}(\boldsymbol{\theta}, \gamma, \boldsymbol{x})$, we say the VAE is self-consistent whenever*

$$\boldsymbol{\mu}^{\widehat{\boldsymbol{\phi}}}(\boldsymbol{x}) \to \boldsymbol{g}^{\boldsymbol{\theta}}(\boldsymbol{x}) \quad \text{and} \quad \boldsymbol{\sigma}^{\widehat{\boldsymbol{\phi}}}(\boldsymbol{x})^2 \to \boldsymbol{0}\,, \text{ as } \gamma \to +\infty\,. \tag{5}$$

The encoder parameter map reflects the choice of a particular encoder model for each $(\boldsymbol{\theta}, \gamma)$ pair:[2] in § 3.1, we study this problem by introducing and justifying a particular choice for $\widehat{\boldsymbol{\phi}}$ (see also § 5). This self-consistency assumption appears central to deterministic claims [52, 42], but has not yet been proven. In particular, Nielsen et al. [52] assume that taking the deterministic limit is well-behaved. However, VAEs' *near-deterministic* properties have not been investigated analytically.

Identifiability, ICA, and IMA. Independent Component Analysis (ICA) [10, 33] models observations as the *mixing* of a latent vector $\boldsymbol{z}$ with independent components through a deterministic function $\boldsymbol{f}$, i.e., $\boldsymbol{x} = \boldsymbol{f}(\boldsymbol{z}), p_0(\boldsymbol{z}) = \prod_i p_0(z_i)$.[3] In ICA the focus is on defining conditions under which the original latent variables can be recovered from observations—i.e., the model is identifiable by design [34]. The goal is to learn an unmixing $\boldsymbol{g}^{\boldsymbol{\theta}}$ such that the recovered components $\boldsymbol{y} = \boldsymbol{g}^{\boldsymbol{\theta}}(\boldsymbol{x})$ are estimates of the true ones up to some ambiguities (e.g., permutation and element-wise nonlinear transformations). Unfortunately, the nonlinear problem is nonidentifiable without further constraints [16, 32]: any two observationally equivalent models can yield components which are arbitrarily entangled, thus making recovery of the ground truth factors impossible. This is typically shown by suitably constructed counterexamples [32, 46], and it was argued to imply impossibility statements for unsupervised disentanglement [46, 69]. Identifiability can be recovered when *auxiliary* variables [34, 22, 37, 19] are available, or exploiting a temporal structure in the data [31, 25].

Restrictions on the mixing function class (e.g., linear [10]) are another possibility to recover identifiability [32, 73]. Recently, Gresele et al. [24] proposed restricting the function class by taking

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[1] note that in normalizing flows the change of variables is usually expressed in terms of $\boldsymbol{g}^{\boldsymbol{\theta}} = \boldsymbol{f}^{\boldsymbol{\theta}-1}$

[2] both the ELBO and $\widehat{\boldsymbol{\phi}}$ depends on the decoder precision γ: we will omit this in the following for simplicity

[3] the conditional distribution $p(\boldsymbol{x}|\boldsymbol{z})$ is therefore degenerate

inspiration from the *principle of independent causal mechanisms* [54], in an approach termed Independent Mechanism Analysis (IMA). IMA postulates that the latent components influence the observations "independently", where influences correspond to the partial derivatives $\partial \boldsymbol{f}^{\boldsymbol{\theta}} / \partial z_k$, and their non-statistical independence amounts to an orthogonality condition. While full identifiability has not been characterized for this model class, it was proven to rule out the most common counterexamples to identifiability, and empirically shown to help recover the ground truth through regularization of the log-likelihood in (4) with an objective $\mathcal{L}_{\mathrm{IMA}}(\boldsymbol{f}^{\boldsymbol{\theta}}, \boldsymbol{z}) := \log p_{\boldsymbol{\theta}}(\boldsymbol{x}) - \lambda \cdot c_{\mathrm{IMA}}(\boldsymbol{f}^{\boldsymbol{\theta}}, \boldsymbol{z})$, where $\lambda > 0$ and the regularization term $c_{\mathrm{IMA}}(\boldsymbol{f}^{\boldsymbol{\theta}}, \boldsymbol{z})$ and its expectation $C_{\mathrm{IMA}}(\boldsymbol{f}^{\boldsymbol{\theta}}, p_0)$ are given by

$$c_{\mathrm{IMA}}(\boldsymbol{f}^{\boldsymbol{\theta}}, \boldsymbol{z}) = \sum_{k=1}^{d} \log \left\| \frac{\partial \boldsymbol{f}^{\boldsymbol{\theta}}}{\partial z_k}(\boldsymbol{z}) \right\| - \log \left| \mathbf{J}_{\boldsymbol{f}^{\boldsymbol{\theta}}}(\boldsymbol{z}) \right|; \quad C_{\mathrm{IMA}}(\boldsymbol{f}^{\boldsymbol{\theta}}, p_0) = \mathbb{E}_{p_0(\boldsymbol{z})}\left[c_{\mathrm{IMA}}(\boldsymbol{f}^{\boldsymbol{\theta}}, \boldsymbol{z}) \right], \quad (6)$$

and termed *local* (resp. *global*) IMA contrast. When $\boldsymbol{f}^{\boldsymbol{\theta}}$ is in the IMA function class (i.e., $C_{\mathrm{IMA}}(\boldsymbol{f}^{\boldsymbol{\theta}}, p_0)$ vanishes), the objective is equal to the log-likelihood; otherwise, it lower bounds it.

3 Theory

Our theoretical analysis assumes that all the model's defining densities ($p_0(\boldsymbol{z})$, $q_{\boldsymbol{\phi}}(\boldsymbol{z}|\boldsymbol{x})$ and $p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})$) are factorized. We also assume a Gaussian decoder, matching common modeling practice in VAEs.

Assumption 1 (Factorized VAE class with isotropic Gaussian decoder and log-concave prior). *We are given a fixed latent prior and three parameterized classes of $\mathbb{R}^d \to \mathbb{R}^d$ mappings: the mean decoder class $\boldsymbol{\theta} \mapsto \boldsymbol{f}^{\boldsymbol{\theta}}$, and the mean and standard deviation encoder classes, $\boldsymbol{\phi} \mapsto \boldsymbol{\mu}^{\boldsymbol{\phi}}$ and $\boldsymbol{\phi} \mapsto \boldsymbol{\sigma}^{\boldsymbol{\phi}}$ s.t.*

(i) $p_0(\boldsymbol{z}) \sim \prod_k m(z_k)$, with m being smooth and fully supported on $\mathbb{R}$, having a bounded non-positive second-order, and bounded third-order logarithmic derivatives;

(ii) the encoder and decoder are of the form in (3), with isotropic decoder covariance $^1/\gamma^2 \mathbf{I}_d$;

(iii) the variational mean and variance encoder classes are universal approximators;

(iv) for all $\boldsymbol{\theta}$, $f^{\boldsymbol{\theta}} : \mathbb{R}^d \to \mathbb{R}^d$ is a bijection with inverse $\boldsymbol{g}^{\boldsymbol{\theta}}$, and both are C^2 with bounded first and second order derivatives.

Crucially, *both the mean encoder and the mean decoder can be nonlinear*. Moreover, the family of log-concave priors contains the commonly-used Gaussian distribution as a special case. We study the *near-deterministic decoder* regime of such models, where $\gamma \to +\infty$. This regime is expected to model data generating processes with vanishing observation noise well—in line with the typical ICA setting—and is commonly considered in theoretical analyses of VAEs, e.g. in [52] (which additionally assumes quasi-deterministic encoders), and in [48, 42]. Unlike [52], we consider a large but finite γ, not *at* the limit $\gamma = \infty$, where the decoder is fully deterministic. In fact, for any large but finite γ, the objective is well-behaved and amenable to theoretical analysis, while the KL-divergence is undefined in the deterministic setting. The requirement in assumption *(iv)* deviates from common practice in VAEs—where observations are typically higher-dimensional—but it allows to connect VAEs and exact likelihood methods such as normalizing flows [52] (see also § 5).

Due to considering $\gamma \to +\infty$, results are stated in the following "big-O" notation for an integer p:

$$f(\boldsymbol{x}, \gamma) = g(\boldsymbol{x}, \gamma) + O_{\gamma \to +\infty}(^1/\gamma^p) \iff \gamma^p \| f(\boldsymbol{x}, \gamma) - g(\boldsymbol{x}, \gamma) \| \text{ is bounded as } \gamma \to +\infty.$$

3.1 Self-consistency

In this section, we will prove a *self-consistency* result in the near-deterministic regime. This rests on characterizing optimal variational posteriors (i.e., those minimizing the ELBO gap w.r.t. the likelihood) for a *particular point* $\boldsymbol{x}$ and *fixed decoder parameters* $\boldsymbol{\theta}$. Based on (2), any associated optimal choice of encoder parameters satisfies

$$\widehat{\boldsymbol{\phi}}(\boldsymbol{x}, \boldsymbol{\theta}) \in \arg\max_{\boldsymbol{\phi}} \mathrm{ELBO}(\boldsymbol{x}; \boldsymbol{\theta}, \boldsymbol{\phi}) = \arg\min_{\boldsymbol{\phi}} \mathrm{KL}\left[q_{\boldsymbol{\phi}}(\boldsymbol{z}|\boldsymbol{x}) || p_{\boldsymbol{\theta}}(\boldsymbol{z}|\boldsymbol{x}) \right]. \quad (7)$$

We call *self-consistent* ELBO the resulting achieved value, denoted

$$\mathrm{ELBO}^*(\boldsymbol{x}; \boldsymbol{\theta}) = \mathrm{ELBO}(\boldsymbol{x}; \boldsymbol{\theta}, \widehat{\boldsymbol{\phi}}(\boldsymbol{x}, \boldsymbol{\theta})). \quad (8)$$

The expression in (7) corresponds to a problem of *information projection* [11, 51] of $p_{\boldsymbol{\theta}}(\boldsymbol{z}|\boldsymbol{x})$ onto the set of factorized Gaussian distributions. This means that given a variational family, we search for

Figure 2: Self-consistency (Prop. 1) in VAE training, on a log-log plot, cf. 4.1 for details. **Left**: convergence of $\sigma_k^{\widehat{\phi}}(\boldsymbol{x})^2$ to 0; **Center:** connecting $\sigma_k^{\widehat{\phi}}(\boldsymbol{x})^2$, γ^2, and the column norms of the decoder Jacobian via LHS and RHS of (12); **Right:** convergence of $\boldsymbol{\mu}^{\widehat{\phi}}(\boldsymbol{x})$ to $\boldsymbol{g}^{\boldsymbol{\theta}}(\boldsymbol{x})$

the optimal $q_{\boldsymbol{\phi}}(\boldsymbol{z}|\boldsymbol{x})$ to minimize the KL to $p_{\boldsymbol{\theta}}(\boldsymbol{z}|\boldsymbol{x})$. While such information projection problems are well studied for closed convex sets where they yield a unique minimizer [12], the set projected onto in our case is not convex (convex combinations of arbitrary Gaussians are not Gaussian), making this problem of independent interest. After establishing upper and lower bounds on the KL divergence (exposed in Prop. 6-7 in Appx. C.2), we obtain the following self-consistency result.

Proposition 1 (Self-consistency of near-deterministic VAEs)**.** *Under Assumption 1, for all $\boldsymbol{x}$, $\boldsymbol{\theta}$, as $\gamma \to +\infty$, there exists at least one global minimum solution of (7). These solutions satisfy*

$$\boldsymbol{\mu}^{\widehat{\phi}}(\boldsymbol{x}) = \boldsymbol{g}^{\boldsymbol{\theta}}(\boldsymbol{x}) + O(1/\gamma) \quad and \quad \sigma_k^{\widehat{\phi}}(\boldsymbol{x})^2 = O(1/\gamma^2)\,, \textit{ for all } k\,. \tag{9}$$

Prop. 1 states that minimizing the ELBO gap (equivalently, maximizing the ELBO) w.r.t. the encoder parameters $\boldsymbol{\phi}$ implies in the limit of large γ that the encoder's mean $\boldsymbol{\mu}^{\phi}(\boldsymbol{x})$ tends to $\boldsymbol{g}^{\boldsymbol{\theta}}(\boldsymbol{x})$, the image of $\boldsymbol{x}$ by the *inverse* decoder. We can interpret this as the decoder "inverting" the encoder. Additionally, the variances of the encoder will converge to zero, in line with empirical observations of practitioners. This is also stated as one property of the *polarized regime* (cf. Definition 1 in [60]).

Let us now consider the relevance of this result for training VAEs, i.e., maximizing the expectation of the ELBO for an observed distribution $p(\boldsymbol{x})$. While maximization *only* w.r.t. $\boldsymbol{\phi}$ in (7) does not match common practice—which is learning $\boldsymbol{\theta}$ and $\boldsymbol{\phi}$ *jointly*—it models this process in the limit of large-capacity encoders. Indeed, in this case, (7) can be solved for each $\boldsymbol{x}$ as a separate learning problem, which entails that the following inequality is satisfied for any parameter choice

$$\mathbb{E}_{\boldsymbol{x} \sim p(\boldsymbol{x})}\left[\text{ELBO}(\boldsymbol{x}; \boldsymbol{\theta}, \boldsymbol{\phi})\right] = \int p(\boldsymbol{x})\text{ELBO}(\boldsymbol{x}; \boldsymbol{\theta}, \boldsymbol{\phi})d\boldsymbol{x}$$
$$\leq \int p(\boldsymbol{x})\text{ELBO}(\boldsymbol{x}; \boldsymbol{\theta}, \widehat{\boldsymbol{\phi}}(\boldsymbol{x}, \boldsymbol{\theta}))d\boldsymbol{x} =: \mathbb{E}_{\boldsymbol{x} \sim p(\boldsymbol{x})}\left[\text{ELBO}^*(\boldsymbol{x}; \boldsymbol{\theta})\right]\,. \tag{10}$$

The joint optimization of encoder and decoder parameters thus reduces to optimizing the subset of pairs $(\boldsymbol{\theta}, \widehat{\boldsymbol{\phi}}(\boldsymbol{x}, \boldsymbol{\theta}))$, and is equivalent to optimizing the expected self-consistent ELBO, that is

$$\min_{\boldsymbol{\theta}, \boldsymbol{\phi}} \mathbb{E}_{\boldsymbol{x} \sim p(\boldsymbol{x})}\left[\text{ELBO}(\boldsymbol{x}; \boldsymbol{\theta}, \boldsymbol{\phi})\right] \iff \min_{\boldsymbol{\theta}} \mathbb{E}_{\boldsymbol{x} \sim p(\boldsymbol{x})}\left[\text{ELBO}^*(\boldsymbol{x}; \boldsymbol{\theta})\right] \tag{11}$$

This problem reduction is aligned with the original purpose of the ELBO: building a tractable but optimal likelihood approximation. Namely, (i) ELBO* depends on the same parameters as the likelihood ($\boldsymbol{x}$, γ and $\boldsymbol{\theta}$), (ii) its gap KL $[q_{\boldsymbol{\phi}}(\boldsymbol{z}|\boldsymbol{x})||p_{\boldsymbol{\theta}}(\boldsymbol{z}|\boldsymbol{x})]$ is minimal. Clearly, the problem reduction of (11) is more informative only at the critical points of the VAE loss, since it allows us to compare the optimality of different decoders and Prop. 1 allows us to study this question for near-deterministic decoders.

3.2 Self-consistent ELBO, IMA-regularized log-likelihood and identifiability of VAEs

We want to investigate how the choice of $q_{\boldsymbol{\phi}}(\boldsymbol{z}|\boldsymbol{x})$ and $p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})$ implicitly regularizes the Jacobians of their means $\boldsymbol{\mu}^{\phi}(\boldsymbol{x})$ and $\boldsymbol{f}^{\boldsymbol{\theta}}(\boldsymbol{z})$ in the near-deterministic regime. Exploiting self-consistency, we are able to precisely characterize how this happens: we formalize this in Thm. 1.

Theorem 1 (VAEs with a near-deterministic decoder approximate the IMA objective). *Under Assumption 1, the variational posterior satisfies*

$$\sigma_k^{\widehat{\phi}}(\boldsymbol{x})^2 = \left(-\frac{d^2 \log p_0}{dz_k^2}(g_k^{\boldsymbol{\theta}}(\boldsymbol{x})) + \gamma^2 \left\| \left[\mathbf{J}_{\boldsymbol{f}^{\boldsymbol{\theta}}} \left(\boldsymbol{g}^{\boldsymbol{\theta}}(\boldsymbol{x}) \right) \right]_{:k} \right\|^2 \right)^{-1} + O(1/\gamma^3), \tag{12}$$

and the self-consistent ELBO (10) *approximates the* IMA-*regularized log-likelihood* (6):

$$\text{ELBO}^*(\boldsymbol{x}; \boldsymbol{\theta}) = \log p_{\boldsymbol{\theta}}(\boldsymbol{x}) - c_{\text{IMA}}(\boldsymbol{f}^{\boldsymbol{\theta}}, \boldsymbol{g}^{\boldsymbol{\theta}}(\boldsymbol{x})) + O_{\gamma \to \infty}(1/\gamma^2). \tag{13}$$

Proof is in Appx. B. Below, we provide a qualitative argument on the interplay between distributional assumptions in the VAE and implicit constraints on the decoder's Jacobian and its inverse.

Modeling assumptions implicitly regularize the mean decoder class $\boldsymbol{f}^{\boldsymbol{\theta}}$ under self-consistency. In the near deterministic regime, $p_{\boldsymbol{\theta}}(\boldsymbol{x})$ gets close to the pushforward distribution of the prior by the mean decoder $\boldsymbol{f}^{\boldsymbol{\theta}}_*[p_0(\boldsymbol{z})]$, which can be used to show that the true posterior $p_{\boldsymbol{\theta}}(\boldsymbol{z}|\boldsymbol{x}) = p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})p_0(\boldsymbol{z})/p_{\boldsymbol{\theta}}(\boldsymbol{x})$ is approximately the pushforward through the inverse mean decoder $\boldsymbol{g}^{\boldsymbol{\theta}}_*[p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})]$ (see Appx. A for more details). If we select a given latent $\boldsymbol{z}_0$ and denote its image by $\boldsymbol{f}^{\boldsymbol{\theta}}(\boldsymbol{z}_0)$, then we can locally linearize $\boldsymbol{g}^{\boldsymbol{\theta}}$ by its Jacobian $\mathbf{J}_{\boldsymbol{g}^{\boldsymbol{\theta}}} = \mathbf{J}_{\boldsymbol{g}^{\boldsymbol{\theta}}}(\boldsymbol{f}^{\boldsymbol{\theta}}(\boldsymbol{z}_0))$, yielding a Gaussian for the pushforward distribution $\boldsymbol{g}^{\boldsymbol{\theta}}_*[p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})]$ with covariance $1/\gamma^2 \mathbf{J}_{\boldsymbol{g}^{\boldsymbol{\theta}}} \mathbf{J}_{\boldsymbol{g}^{\boldsymbol{\theta}}}^T$. As the sufficient statistics of a Gaussian are given by its mean and covariance, the structure of the posterior covariance $\boldsymbol{\Sigma}_{\boldsymbol{z}|\boldsymbol{x}}^{\phi}$ (which is by design diagonal, cf. (3)) is crucial for minimizing the gap in (2). Practically, this implies that in the zero gap limit, the covariances of $q_{\phi}(\boldsymbol{z}|\boldsymbol{x})$ and $p_{\boldsymbol{\theta}}(\boldsymbol{z}|\boldsymbol{x})$ should match, i.e., $1/\gamma^2 \mathbf{J}_{\boldsymbol{g}^{\boldsymbol{\theta}}} \mathbf{J}_{\boldsymbol{g}^{\boldsymbol{\theta}}}^T$ will be diagonal with entries $\sigma_k^{\phi}(\boldsymbol{x})^2$ and therefore $\mathbf{J}_{\boldsymbol{g}^{\boldsymbol{\theta}}}$ has orthogonal rows. We can express the decoder Jacobian via the inverse function theorem as $\mathbf{J}_{\boldsymbol{f}^{\boldsymbol{\theta}}}(\boldsymbol{z}_0) = \mathbf{J}_{\boldsymbol{g}^{\boldsymbol{\theta}}}(\boldsymbol{f}^{\boldsymbol{\theta}}(\boldsymbol{z}_0))^{-1}$. As the inverse of a row-orthogonal matrix has orthogonal columns, $\boldsymbol{f}^{\boldsymbol{\theta}}$ satisfies the IMA principle. Additionally, we can relate the variational posterior's variances to the column-norms of $\mathbf{J}_{\boldsymbol{f}^{\boldsymbol{\theta}}}$ as $\sigma_k^{\phi}(\boldsymbol{x})^2 = 1/\gamma^2 \| [\mathbf{J}_{\boldsymbol{f}^{\boldsymbol{\theta}}}(\boldsymbol{z}_0)]_{:k} \|^{-2}$. The self-consistent ELBO therefore converges to the IMA-regularized log-likelihood (6).

Our argument indicates that minimizing the gap between the ELBO and the log-likelihood encourages column-orthogonality in $\mathbf{J}_{\boldsymbol{f}^{\boldsymbol{\theta}}}$ by matching the covariances of $q_{\phi}(\boldsymbol{z}|\boldsymbol{x})$ and $\boldsymbol{g}^{\boldsymbol{\theta}}_*[p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})]$. When $q_{\phi}(\boldsymbol{z}|\boldsymbol{x}) = p_{\boldsymbol{\theta}}(\boldsymbol{z}|\boldsymbol{x})$, the gap is closed; this is only possible if the decoder is in the IMA class, for which c_{IMA} vanishes and the ELBO *tends to an exact log-likelihood*. To the best of our knowledge, we are the first to prove this for nonlinear functions, extending related work for linear VAEs [48].

Implications for identifiability of VAEs. While previous works argued that the VAE objective favors decoders with a column-orthogonal Jacobian [60, 42], they did not exactly characterize how: our result shows that the self-consistent ELBO tends to a regularized log-likelihood, where the regularization term c_{IMA} explicitly enforces this (soft) constraint. Thus, it possibly explains why VAEs are successful in learning disentangled representations: namely, the IMA function class provably rules out certain spurious solutions for nonlinear ICA [24], and the IMA-regularized log-likelihood was empirically shown to be beneficial in recovering the true latent factors. Thus, we speak about *embracing the gap*, as its functional form equips VAEs with a useful inductive bias. While the IMA function class has not yet been shown to be identifiabile, such results exist for special cases such as conformal maps (only in $d = 2$) [32], isometries [28] and for closely-related unsupervised nonlinear ICA models [75]. In the following, we empirically corroborate that VAEs: (i) recover the ground truth sources when the mixing satisfies IMA, and thereby (ii) achieve unsupervised disentanglement.

4 Experiments

Our experiments serve three purposes: 1) demonstrating that self-consistency holds in practice (§ 4.1); 2) showing the relationship of the self-consistent ELBO*, the IMA-regularized and unregularized log-likelihood objectives (§ 4.2); and 3) providing empirical evidence that the connection to the IMA function class in VAEs can lead to success in learning disentangled representations (§ 4.3). More details are provided in Appx. F.

4.1 Self-consistency in practical conditions

Experimental setup. We use a 3-layer MultiLayer Perceptron (MLP) with smooth Leaky ReLU nonlinearities [23] and orthogonal weight matrices—which intentionally does not belong to the IMA

Figure 3: **Left:** c_{IMA} and Mean Correlation Coefficient (MCC) for 3-dimensional Möbius mixings
Right: MCC depending on the *volume-preserving linear map's* c_{IMA} ($\gamma^2 = 1\text{e}5$)

228 class, as our results are more general. The 60,000 source samples are drawn from a standard normal
229 distribution and fed into a VAE composed of a 3-layer MLP encoder and decoder with a uniform
230 prior. We use 20 seeds for each $\gamma^2 \in \{1\text{e}1; 1\text{e}2; 1\text{e}3; 1\text{e}4; 1\text{e}5\}$.
231 **Results.** Fig. 2 summarizes our results, featuring the *logarithms* on each axes. The **left** plot shows
232 that the posterior variances $\sigma_k^\phi(\boldsymbol{x})^2$ converge to zero with a $1/\gamma^2$ rate, as predicted by (9). The **center**
233 plot shows that the expression for $\sigma_k^\phi(\boldsymbol{x})^2$ corresponds to (12) in the optimum of the ELBO by
234 comparing both sides of the equation. The **right** plot shows approximate convergence of the mean
235 encodings $\boldsymbol{\mu}^{\widehat{\phi}}(\boldsymbol{x})$ to $\boldsymbol{g}^{\boldsymbol{\theta}}(\boldsymbol{x})$ with a $1/\gamma$ rate (see § 5). As $\boldsymbol{f}^{\boldsymbol{\theta}}$ is not guaranteed to be invertible, we use
236 instead the *optimal* encoder and decoder parameters to compare $\boldsymbol{f}^{\boldsymbol{\theta}}(\boldsymbol{\mu}^{\widehat{\phi}}(\boldsymbol{x}))$ to $\boldsymbol{x}$.

4.2 Relationship between ELBO*, IMA-regularized, and unregularized log-likelihoods

238 **Experimental setup.** We use an MLP $\boldsymbol{f}^{\boldsymbol{\theta}}$ with
239 square upper-triangular weight matrices and
240 invertible element-wise nonlinearities to construct a
241 mixing not in the IMA class [24] and fix the VAE de-
242 coder to the ground truth such that (4) gives the true
243 data log-likelihood. This way, we ensure that the
244 unregularized and IMA-regularized log-likelihoods
245 differ and make the claim of Nielsen et al. [52] com-
246 parable to ours. With a fixed decoder, the ELBO*
247 depends only on ϕ, therefore we only train the en-
248 coder with γ^2 values from [1e1; 1e5] (5 seeds each).
249 **Results.** Fig. 4 compares the difference of the
250 estimate of ELBO* and the unregularized/IMA-
251 regularized log-likelihoods after convergence over
252 the whole dataset. As the decoder and the data are
253 fixed, $\log p_{\boldsymbol{\theta}}(\boldsymbol{x})$ and C_{IMA} will not change during
254 training, only ELBO* does. The figure shows that
255 as $\gamma \to +\infty$, ELBO* approaches $\mathcal{L}_{\text{IMA}}(\boldsymbol{f}^{\boldsymbol{\theta}}, \boldsymbol{z})$, as
256 predicted by Thm. 1, and not $\log p_{\boldsymbol{\theta}}(\boldsymbol{x})$, as stated in [52]—the difference is C_{IMA}.

Figure 4: Comparison of the ELBO*, the IMA-
regularized and unregularized log-likelihoods
over different γ^2. Error bars are omitted as they
are orders of magnitude smaller

4.3 Connecting the IMA principle, γ^2, and disentanglement

258 **Experimental setup (synthetic).** We use 3-dimensional conformal mixings (i.e., the Möbius trans-
259 form [55]) from the IMA class with *uniform* ground-truth and prior distributions. Our results quantify
260 the relationship of the decoder Jacobian's IMA-contrast and identifiability with MCC [30] and show
261 how this translates to disentanglement—we note that MCC was already used to quantify disentangle-
262 ment [77, 41]. To determine whether a mixing from the IMA class is beneficial for disentanglement,
263 we apply a volume-preserving linear map after the Möbius transform (using 100 seeds) to make
264 $c_{\text{IMA}} \neq 0$. Other parameters are the same as in § 4.1, with the exception of picking the best $\gamma^2 = 1\text{e}5$.
265 **Results (synthetic).** The **left** of Fig. 3 empirically demonstrates the benefits of optimizing the
266 IMA-regularized log-likelihood. By increasing γ^2, MCC increases, while c_{IMA} decreases, suggesting
267 that VAEs in the near-deterministic regime encourage disentanglement by enforcing the IMA

Figure 5: **Left:** c_{IMA} and MCC for Sprites [70] during training ($\gamma^2 = 1$); **Center:** true and estimated latent factors for the best trained VAE on Sprites; **Right:** the corresponding latent interpolations and MCC values (from top to bottom): y- (0.989), x-position (0.996), scale (0.933), and color (0.989)

principle. The **right** plot shows that when the mixing is outside the IMA class, MCC decreases, corroborating the benefits of such mixings for disentanglement.

Experimental setup (image). We train a VAE (not β-VAE) with a factorized Gaussian posterior and Beta prior on a Sprites image dataset generated using the spriteworld renderer [70] with a Beta ground truth distribution. Similar to [35], we use four latent factors, namely, *x- and y-position, color and size*, and omit factors that can be problematic, such as shape (as it is discrete) and rotation (due to symmetries) [60, 41]. Our choice is motivated by [28, 18] showing that the data-generating process presumably is in the IMA class.

Results (image). The **left** of Fig. 5 indicates that VAEs can learn the true latent factors and MCC is *anticorrelated* with c_{IMA}, reinforcing the hypothesis that the data-generating process belongs to the IMA class. The **center** plot compares estimated and true latent factors from the best model (scaling and permutation indeterminacies are removed), whereas the **right** plot shows the corresponding latent interpolations—thus, connecting identifiability (measured by MCC) to disentanglement.

5 Limitations

The near-deterministic regime. Our theory relies on $\gamma \rightarrow +\infty$; this is the regime where posterior collapse may be avoided [48], and where calculating the reconstruction loss may be possible even without sampling [42]. However, in practice it may be unclear when γ^2 is large enough. This seems to be problem-dependent [60, 48], and possibly tied to the covariance of the observations [63, 62]. Moreover, large values of γ^2 may be harder to optimize due to an exploding reconstruction term in (1). This may be one explanation for the slight deviation of Fig. 2, right from our theory's predictions: while convergence of $\boldsymbol{\mu}^{\phi}(\boldsymbol{x})$ to $\boldsymbol{g}^{\boldsymbol{\theta}}$ matches the prediction in Prop. 1, its rate is not precisely the one predicted for the self-consistent ELBO (10). Another cause could be the encoder's finite capacity. Nonetheless, we have experimentally shown that for realistic hyperparameters, VAEs' behavior matches the predictions of our theory for the near-deterministic regime.

Dimensionality. The setting in § 3 requires same dimensionality of $\boldsymbol{z}$ and $\boldsymbol{x}$. This matches most work on normalizing flows [53] and connecting these to VAEs [52], as well as most of the work on nonlinear ICA [31, 34, 25] (but see, e.g., [37]). Nonetheless, we could empirically verify that the predictions of our theory also hold for dimensionality reduction (§ 4.3). Extending our theory to this setting could rely on, e.g., [13, 7] and is left for future work.

The ELBO, the self-consistent ELBO and amortized inference. There are in principle multiple ways to obtain self-consistency (Defn. 1). Notably, one could simply force the variational mean and variance encoder maps to behave this way; unlike [42], we model the actual behavior of VAEs trained under ELBO maximization, and obtain self-consistency as a result. For this, we assume that the optimal encoder, which minimizes the gap between ELBO and log-likelihood, can be learned. This is not guaranteed in general, since it requires universal approximation capability of the encoder. On the other hand, (10) requires *unamortized* inference to introduce ELBO*, which does not depend on ϕ. As in practice amortized inference may be used to efficiently estimate a single set of ϕ for all $\boldsymbol{x}$ [64], it can lead to a suboptimal gap to the log-likelihood and discrepancies with our theoretical predictions.

6 Discussion

On disentanglement in unsupervised VAEs. It is widely believed that unsupervised VAEs cannot learn disentangled representations [46, 37], motivating work on models with, e.g., conditional priors [37] or sparse decoding [50]. We show that under certain assumptions, ELBO optimization can

implement useful inductive biases for representation learning, yielding disentangled representations in unsupervised VAEs. However, while our results are formulated for VAEs, some of the most successful models at disentanglement are modifications thereof—e.g., β-VAEs [26, 6], with an additional parameter β multiplying the KL in (1). Self-consistency is harder to prove for β-VAEs, as they deviate from the information projection setting considered in § 3.1. However, convergence of the loss in Thm. 1, mainly relies on self-consistency to hold. We thus conjecture that our results would be applicable to β-VAEs as well, as long as they are in a regime that satisfies self-consistency. Investigating this question is left to future work. Overall, we stress that we uncover *one* possible mechanism through which VAEs may achieve disentanglement. By connecting to IMA [24], we discuss implications on recovering the ground truth under suitable assumptions, extending uniqueness results presented in [42]. We speculate that our success in disentanglement is probably due to selecting data sets where the mixing is in the IMA class (cf. [28, 18]), which presumably was not the case in [46].

Characterizing the ELBO gap for nonlinear models. Thm. 1 characterizes the gap between ELBO and true log-likelihood for nonlinear VAEs, and extends the linear analysis of Lucas et al. [48]; we also empirically characterize the gap in the deterministic limit in § 4.2. An unanticipated consequence of this result is that—consistent with [48]—VAEs optimize the IMA-regularized log-likelihood in the near-deterministic limit, and not the unregularized one, as stated in [52].

Extensions to related work. Several papers discuss the (near-)deterministic regime [52, 60, 42]. For example, Nielsen et al. [52] postulate a deterministic VAE with the encoder inverting the decoder. Also Kumar and Poole [42] work in that regime, but without justifying the relationship between the encoder and decoder. Although they show that the choice of $p_0(\boldsymbol{z})$ and $q_\phi(\boldsymbol{z}|\boldsymbol{x})$ influences uniqueness (by, e.g., ruling out rotations), this does not imply recovering the true latents. Our approach formalizes (Defn. 1), proves (Prop. 1), and demonstrates the practical feasibility of (§ 4) the near-deterministic regime. To the best of our knowledge, all previous work relied on the linear case [48] or a (linear) approximation and the evaluation of the ELBO *around a point* to show the inductive bias on the decoder Jacobian. However, our main result (Thm. 1) yields a nonlinear equation where the decoder Jacobian can be evaluated at *any point* and is equipped with a convergence bound. Moreover, the consistency of VAE estimation for identifiable models [37] requires guarantees on $q_\phi(\boldsymbol{z}|\boldsymbol{x})$; our result helps proving these. We discuss extended connections to the literature in Appx. D and Appx. E.

Covariance structure and IMA. We have shown that specific choices for encoder and decoder covariances regularize the decoder Jacobian. Assuming factorized $q_\phi(\boldsymbol{z}|\boldsymbol{x})$ and isotropic $p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})$, IMA holds only for the *decoder*; since in the other direction the pushforward of $q_\phi(\boldsymbol{z}|\boldsymbol{x})$ through $\boldsymbol{f}^{\boldsymbol{\theta}}$ has covariance $\mathbf{J}_{\boldsymbol{f}^\theta}(\boldsymbol{z}) \boldsymbol{\Sigma}_{\boldsymbol{z}|\boldsymbol{x}}^\phi \mathbf{J}_{\boldsymbol{f}^\theta}(\boldsymbol{z})^T$, which cannot be simplified in the general case. Additionally assuming an isotropic encoder would make IMA hold in both directions and would yield conformal Jacobians (as both $\mathbf{J}_{\boldsymbol{f}^\theta}(\boldsymbol{z})$ and $\mathbf{J}_{\boldsymbol{g}^\theta}(\boldsymbol{x})$ need to be column-orthogonal). On the other hand, if the observation model is non-isotropic, IMA would only hold for the *encoder* Jacobian. Covariance structure has an intuitive meaning: an isotropic $p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})$ covariance equals having i.i.d. noise for each x_i. For data recorded by the same device (e.g., pixels) this may be reasonable, but multi-view settings with non-isotropic noise could require different modeling choices.

Conjecture for VAEs with isotropic encoder and decoder covariances. Following our intuition (Fig. 1), we suspect that an isotropic encoder entails a decoder with conformal Jacobian (i.e., the product of a scalar field and an orthogonal matrix). This is an interesting constraint, especially as there is growing evidence that nonlinear ICA with conformal mixings may be identifiable: the two-dimensional case was proven by Hyvärinen and Pajunen [32] and IMA was shown to rule out certain spurious solutions for conformal mixings [24]. Based on these, we conjecture:

Conjecture 1 (Unsupervised VAEs with isotropic $q_\phi(\boldsymbol{z}|\boldsymbol{x})$ and $p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})$ are identifiable)**.** *When $q_\phi(\boldsymbol{z}|\boldsymbol{x})$ and $p_{\boldsymbol{\theta}}(\boldsymbol{x}|\boldsymbol{z})$ have (possibly data-dependent) isotropic covariances, i.e., $\boldsymbol{\Sigma}_{\boldsymbol{z}|\boldsymbol{x}} = \alpha(\boldsymbol{x})\mathbf{I}_d$ and $\boldsymbol{\Sigma}_{\boldsymbol{x}|\boldsymbol{z}} = \beta(\boldsymbol{z})\mathbf{I}_d$, and self-consistency holds, then unsupervised VAEs are identifiable.*

Conclusion. We provide a theoretical justification for the widely-used self-consistency assumption in the near-deterministic regime of small decoder variance. Using this result, we show that the self-consistent ELBO converges to the IMA-regularized log-likelihood, and not to the unregularized one. Thus, we can characterize the gap between ELBO and true log-likelihood and reason about its possible role as an inductive bias for representation learning in nonlinear VAEs. We characterize a set of assumptions under which unsupervised VAEs can be expected to disentangle and we demonstrate this behavior in experiments on synthetic and image data.

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