Causal Discovery with Hidden Confounders

Abstract

Causal sufficiency is a cornerstone assumption in causal discovery. It is, however, both unlikely to hold in practice as well as unverifiable. When it does not hold, existing methods struggle to return meaningful results. In this paper, we show how to discover the causal network over both observed *and* unobserved variables. Moreover, we show that the causal model is identifiable in the sparse linear Gaussian case. More generally, we extend the algorithmic Markov condition to include latent confounders. We propose a consistent score based on the Minimum Description Length principle to discover the full causal network, including latent confounders. Based on this score, we develop an effective algorithm that finds those sets of nodes for which the addition of a confounding factor Z is most beneficial, then fits a new causal network over both observed as well as inferred latent variables.

1 INTRODUCTION

Discovering causal relationships from observational data is one of the most important open problems in science [Pearl, 2009]. Causal discovery methods aim to identify causal networks from data by reporting only edges that cannot be explained away by any other variables. Typical causal discovery methods have in common that unless *all* relevant variables have been measured, they return models that include (many) spurious edges and thus lack a causal interpretation. The standard approach is to wish the problem away by assuming *causal sufficiency*, i.e., that all common causes of all observed variables are observed. However, doing so does not make the issue disappear in practice; in many applications, we do not know all the relevant variables or would be unable to measure them even if we knew.

In this paper, we present a new approach to causal discovery that does not require causal sufficiency. We show under which conditions it is possible to identify joint confounders, how to infer these using factor analysis, and how to construct a directed causal network without spurious edges over both the observed X and the discovered confounders Z.

This may seem impossible. After all, given only a sample from $P(X)$, there exist infinitely many joint distributions $P(X, Z)$ consistent with the marginal $P(X)$, and picking out the $P(X, Z)$ that corresponds to the true causal mechanism sounds far-fetched. It is not. First, we can exploit the fact that a causal graph discovered over the observed variables X will contain many spurious edges $X_i \to X_j$ when both are affected by the hidden latent variable Z [Elidan et al., 2000]. That is, by focusing on those subsets of X that are densely connected in the graph, we can determine which variables are likely to share a hidden confounder.

While not every densely connected set of variables necessarily shares a hidden confounder, we can use the *algorithmic Markov condition* (AMC) to find the simplest causal model describing the data [Janzing and Schölkopf, 2010]. In particular, such a model may include latent variables Z affecting the observed X so as to respect the *independence of causal mechanisms* [Parascandolo et al., 2018].

Putting these two ideas together, we have the following natural approach: run a causal discovery algorithm on the observed data, find sets of densely connected variables in the learned graph, learn a latent factor model for each set, and then use the AMC to determine which so-found $P(X, Z)$ are simpler than $P(X)$. If so, add the best newly discovered confounder Z to X and iterate until convergence.

We show that our approach is both theoretically and empirically sound. It provably recovers the true set of confounded nodes under general conditions, while for the sparse linear Gaussian setting, it is consistent for recovering the entire model. Empirical evaluation shows it to be highly accurate. It improves both over methods that do assume causal sufficiency as well as those which do not. The supplementary material includes all code, data, results, and proofs.

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2 THEORY

We first describe our problem setting. We then prove identifiability for sparse linear Gaussian (SLG) models and provide a framework for causal discovery under latent confounding. With this, we derive a consistent score for the SLG.

2.1 PROBLEM SETTING

Let $X = (X_1, \dots, X_m)$ and $Z = (Z_1, \dots, Z_l)$ be two sets of variables with joint distribution $P(X, Z)$, where X are observed and Z unobserved variables. Our goal is to discover a network over X, Z, given by a directed acyclic graph (DAG) $G = (V, E)$ with vertices $X \cup Z$ and edges capturing the causal relationships in $P(X, Z)$.

To permit the discovery of such a network G, we have to make some common assumptions [Koller and Friedman, 2009]. First, *Causal Faithfulness*: if U and V are independent given W in $P(X, Z)$, then U and V are d-separated by W in G. Second, the *Causal Markov Condition*: each $Y \in X \cup Z$ is independent of its non-descendants given its parents $\mathrm{Pa}_G(Y)$. Third, we do not assume *Causal Sufficiency* over X, but we *do* assume it over $X \cup Z$. That is, we assume that all common parents of at least two variables $U, V \in (X, Z)$ are included in $X \cup Z$. In other words, all non-causal correlations can be *explained away* by conditioning on the right variables. Last, we assume that all Z_j are jointly independent and that no reverse causation exists, i.e., $\mathrm{Pa}(Z_j) = \emptyset$. Under these assumptions, we have

$$P(X, Z) = \prod_{i=1}^{m} P(X_i \mid \mathrm{Pa}_i) \prod_{j=1}^{l} P(Z_j)\,,$$

where $\mathrm{Pa}_i = \mathrm{Pa}_G(X_i)$. Such factorizations are a cornerstone of causal learning [Pearl, 2009], allowing for the identification of many causal effects. Our goal is the following.

Problem Statement. *Given a sample from $P(X)$, discover*

- *a (small) set of latent variables Z*
- *a (sparse) network G over X and Z*
- *and a (simple) joint distribution $P(X, Z)$ such that*

$$P(X, Z) = \prod_{i=1}^{m} P(X_i \mid \mathrm{Pa}_i) \prod_{j=1}^{l} P(Z_j)\,,$$

factorizes according to the discovered G.

In the following, we note a simple property laying the foundations for discovering all three of these components.

2.2 STRUCTURE OF LATENT CONFOUNDING

To solve our problem, we start with the following observation. Whenever a set of variables $X_S = (X_i)_{i \in S}$, $S \subseteq \{1, \dots, m\}$, are co-caused by an unmeasured Z, no pair $X_i, X_j \in X_S$ can be made independent by conditioning on any other subset $W \subset X$. Thus, when G captures the conditional independences of P, all pairs in X_S are connected. That is, G contains a *clique* over X_S.

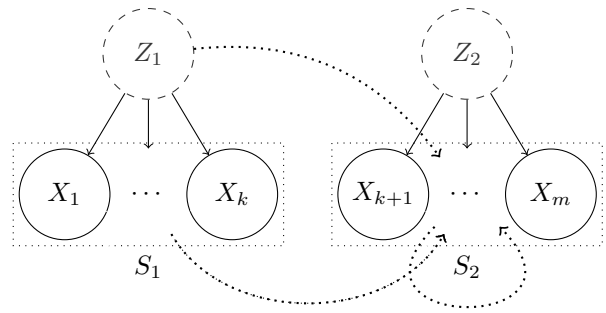


Figure 1: Structural assumptions (A1) and (A2) of our model. Each Z_i has an edge towards all nodes in S_i (solid), but only few other edges (dotted) are incoming to each S_i.

Proposition 1 (Confounders and Cliques)**.** *Let $P(X, Z)$ be the joint distribution of X, Z where Z is one-dimensional and let $S = \{i : Z \to X_i\}$. Then any graph G capturing the correlations in $P(X)$ contains a clique over X_S.*

When Z is multivariate, each Z_j induces its own clique in G, all of which may overlap. Next, we show that this graphical characterization of confounding is already sufficient to identify the true model in the sparse linear Gaussian case.

2.3 IDENTIFIABILITY FOR THE SPARSE LINEAR GAUSSIAN MODEL

To prove identifiability, we assume that $P(X, Z)$ is given by a linear Gaussian structural equation model (SEM)

$$X = A^\top X + B^\top Z + \epsilon \tag{1}$$

where A encodes the DAG G, $Z \sim N(0, I)$ and $\epsilon \sim N(0, \sigma_\epsilon^2 I)$. We further make the following assumptions on the causal model generating our data X, Z.

(A1) Variables X are split into disjoint sets $S_1, \dots, S_l$. Each $X_i \in S_j$ has a non-zero weight b_{ij}, and in each S_j at least one variable $X_i \in S_j$ has known $\mathrm{sign}(b_{ij})$.

(A2) For each S_j, there are at most $|S_j| - 4$ edges incoming to vertices in S_j, aside from those starting in Z_j.

(A3) For all distinct X_i, X_j, X_u, X_v not independent given Z, with covariances σ_{rs}, we have $\sigma_{ij}\sigma_{uv} \neq \sigma_{iu}\sigma_{jv}$.

Assumptions (A1) and (A2) ensure that each Z_j "owns" one of the sets S_j: since Z_j has non-zero weights to all X_i in S_j, it has $|S_j|$ many connections to S_j, while all other sources *combined* may influence at most $|S_j| - 4$ variables (Fig. 1).

This both makes Z_j the most prominent confounder for S_j but also prohibits dense networks from overshadowing Z_j. The assumption that the sign of b_{ij} is known for some $X_i \in S_j$ is often realistic in practice, where we know the direction of the effect for some variables. Assumption (A3) ensures the weights a_{ij} and b_{ij} are not picked adversarially so as to make variables appear purely confounded. This assumption holds with probability 1 when the non-zero entries of A and B are sampled from a continuous distribution $p(a, b)$. When all assumptions hold, the causal model is identifiable.

Theorem 2. *Let our distribution $P(X, Z)$ be described by the linear Gaussian SEM given in Eq.* (1)

$$X = A^\top X + B^\top Z + \epsilon \,.$$

Further, let assumptions (A1)-(A3) hold. Then the parameters A, B, σ_ϵ^2 are identifiable. In particular, G is identifiable.

Unlike this sparse linear Gaussian (SLG) case, causal models with latent variables are generally overparametrized and thus unidentifiable. As we show next, however, it is possible to identify *whether or not* latent confounders are involved.

2.4 ALGORITHMIC MODEL OF CAUSALITY

To determine whether variables X are influenced by latent confounders, we introduce the algorithmic model of causality. We begin by studying $P(X)$ under the assumption that no latent variables Z are involved. In the algorithmic model of causality, the distribution $P(X)$ with graph G corresponds to a set of programs f_i describing how each X_i is generated from Pa_i and mutually independent noise ϵ

$$X_i = f_i(\mathrm{Pa}_i, \epsilon_i)\,, \quad \epsilon_i \perp\!\!\!\perp \mathrm{Pa}_i \;.$$

We can measure the complexity of such a description of $P(X)$ using Kolmogorov complexity [Li and Vitányi, 2009]. Given a universal Turing machine U, it measures the length of the shortest program p approximating a given function f,

$$K(f) := \min_p \{|p| \mid \forall u \forall q : |U(u, p, q) - f(u)| \leq 1/q\} \;.$$

Kolmogorov complexity optimally utilizes all available information and therefore measures the length of the best compression of f. If $P(X)$ is the distribution generated by a causal process, the *true* causal model should also compress $P(X)$ *best*. This notion is captured by the algorithmic Markov condition (AMC) [Janzing and Schölkopf, 2010].

Postulate (Algorithmic Markov Condition)**.** *Let G^* be the true causal network for $P(X)$. Then*

$$K(P(X)) \stackrel{+}{=} \sum_{i=1}^{m} K(P(X_i | \mathrm{Pa}_{G^*}(X_i)))\,,$$

where $\stackrel{+}{=}$ denotes inequality up to an additive constant.

In the bivariate case, if X causes Y, it says

$$K(P(X)) + K(P(Y \mid X)) \stackrel{+}{\leq} K(P(Y)) + K(P(X \mid Y))\,.$$

The AMC states that the true network G^* not only provides the best factorization of P but the best compression of P in general. In particular, $P(X_i \mid \mathrm{Pa}_i)$ and $P(X_j \mid \mathrm{Pa}_j)$ cannot be better compressed jointly so that they do not share any structure. In other words, the causal mechanisms generating X_i and X_j are *algorithmically independent* of each other [Janzing and Schölkopf, 2010].

This independence breaks under latent confounding. Consider the case where $(X_1, \ldots, X_4)$ are given by $X = B^t Z + \epsilon$ with unobserved univariate $Z \sim N(0, 1)$. Then $P(X)$ is fully described by its covariances $\sigma_{ij} = b_i b_j$. However, for 4 variables, there are 6 covariances described by the four parameters $b_1, \ldots, b_4$, rendering them dependent.

Finding models with independent causal mechanisms, therefore, requires us to consider models with latent factors, i.e., distributions $P(X, Z)$ with marginals $P(X)$ and $P(Z) = \prod_j P(Z_j)$, the class of which we refer to as $\mathcal{P}$. The question is whether it is meaningful to compare $P(X, Z)$ with $P(X)$ in terms of Kolmogorov complexity. The following theorem provides a positive answer to this question.

Theorem 3 (Kolmogorov Does Not Incorrectly Detect Confounders)**.** *For any distribution $P(X)$, we have*

$$\inf_{P(X,Z) \in \mathcal{P}} K(P(X, Z)) \stackrel{+}{\leq} K(P(X))\,,$$

where the infimum is over all joint distributions $P(X, Z)$ with fixed marginal $P(X)$ and independent Z. Conversely, if a joint distribution $P(X, Z) \in \mathcal{P}$ exists such that

$$K(P(X, Z)) < K(P(X))\,, \tag{2}$$

then the true generating mechanism of X includes latent variables influencing some subset X_S.

First, this result shows that there is no intrinsic bias towards one type of distribution being more complex than the other. Second a confounded model can only offer the best description of the data if the true generating mechanism involves unobserved variables. In this case, we can write

$$K(P(X, Z)) = \sum_{i=1}^{m} K(P(X_i \mid \mathrm{Pa}(X_i))) + \sum_{j=1}^{l} K(P(Z_i))$$

where the parents of X_i are among both X and Z. Note that while we cannot incorrectly infer latent confounders where there are none, we may miss latent variables that do exist.

2.5 INSTANTIATING THE AMC

Using Kolmogorov complexity, we have developed a framework for discovering latent confounders affecting $P(X)$. To

use it in practice, however, we need to address two challenges: access only to a sample x and incomputability of Kolmogorov complexity [Li and Vitányi, 2009].

The first issue is resolved in the large sample limit, where measuring the suitability of a causal model using $K(x)$ instead of $K(P(X))$ leads to the same decisions [Marx and Vreeken, 2021]. To solve the second issue, we use the Minimum Description Length (MDL) principle [Grünwald, 2007]. In its simplest form, to encode data x, we choose a model M and encode both M and x given M as

$$L(x, M) = L(x \mid M) + L(M)\,.$$

We then want to find the best model M^* in some model class $\mathcal{M}$. For any $\mathcal{M}$, we have $K(x) \leq \inf_{M\in\mathcal{M}} L(x, M)$, so that MDL provides a well-founded upper bound on K.

In this work, our focus is not on identifying a single best model but on determining whether a subset X_S of the observed variables is confounded or not. To distinguish between model classes, we use refined MDL Grünwald [2007]

$$L(x, \mathcal{M}) := -\log \int\limits_{M\in\mathcal{M}} P(x|M)Q(M)dM\,, \tag{3}$$

where Q is a prior on the models $M \in \mathcal{M}$.

For this score to be sound, we next establish a result similar to Eq (2). More precisely, we show that confounded models obtain a better score only if causal sufficiency is violated. To do this formally, we require two things. First, a class $\mathcal{M}_0$ of models without latent factors. Second, a set $\mathfrak{M}$ of model classes $\mathcal{M}$ describing the observed distribution $P(X)$ as marginal of a joint distribution $P(X, Z)$ in some distinct way. For data x sampled from $P(X)$, Eq. (2) then corresponds to asking whether or not

$$\inf_{\mathcal{M}\in\mathfrak{M}} L(x, \mathcal{M}) < L(x, \mathcal{M}_0)\,. \tag{4}$$

The following theorem tells us that, indeed, Eq. (4) holds only if latent variables were involved in generating x.

Theorem 4 (MDL Does Not Incorrectly Detect Confounders)**.** *Let x^n be the observed part of an i.i.d. sample from $P \in \mathfrak{M} \cup \{\mathcal{M}_0\}$. Further, assume that Eq.* (4) *holds P-almost surely as $n \to \infty$. Then $P \in \mathfrak{M}$.*

Just as in the case of algorithmic causality, i.e., Thm. 3, it is generally impossible to guarantee recovery of the exact true model. However, for the SLG, it is possible to define a consistent score, requiring no further assumptions than those we already made for identifiability. in Sec. 2.3.

Theorem 5 (Consistency of BIC for SLGs)**.** *Let $x = x^n$ be a sample from the SLG of Eq.* (1) *and let assumptions (A1)-(A3) hold. Let $\mathcal{M}$ be the corresponding model class and $\mathcal{M}_0$ the restriction of $\mathcal{M}$ to models with $B = 0$. Let*

$$L(x^n, M) = -\log P(x^n \mid A, B, \sigma_\epsilon^2) + \lambda\|A\|_0 + \lambda\|B\|_0 \tag{5}$$

and $\widehat{A}, \widehat{B}$ its minimizers. Then for $\lambda = \log(n)/2$, the score L is consistent for detecting confounders. That is,

$$\lim_{n\to\infty} P\left(\min_{M\in\mathcal{M}} L(x^n, M) < \min_{M\in\mathcal{M}_0} L(x^n, M)\right) = 1\,.$$

Further, $\widehat{A}$ and $\widehat{B}$ converge to the true A, B in probability,

$$\lim_{n\to\infty} P(\widehat{A} = A, \widehat{B} = B) = 1\,.$$

While it is remarkable that in the linear Gaussian case, the full causal model can be recovered from a sample x from $P(X)$ only, we have to solve two problems before we can put this into practice. First, we do not know B, nor even which of the exponentially many subsets $X_S \subseteq X$ are affected by any one Z_j. Second, even knowing B and Z, optimizing Eq. (5) is NP-hard [Peters and Bühlmann, 2012]. We, therefore, next develop a good heuristic as to which subsets X_S are likely affected by Z and show how standard causal discovery algorithms can be leveraged to find a causal network over both the observed X and the latent Z.

3 THE CDHC ALGORITHM

With the theory we developed, we can now introduce CDHC, our method for Causal Discovery with Hidden Confounders.

3.1 FINDING CONFOUNDED VARIABLES

To find a causal network over both X and its confounders Z, we first need to determine which subsets of X are likely to be confounded. A structure learning algorithm $\mathcal{A}$ can help us determine these sets by discovering connected subsets of variables (Prop. 1). If X_S are densely connected in the discovered graph G, then the Markov boundaries satisfy $X_i \in X_S$ is $\mathrm{MB}(X_i) \approx X_S$. Therefore, we consider the Markov boundary of each node as the seed sets S over which we may infer latent confounders.

3.2 LEARNING LATENT CONFOUNDERS

To evaluate a proposed set of confounded nodes and its associated graph G, we introduce a causal model including latent factors as follows. Based on Theorem 2, given a graph G over (X, Z), we assume that the data is generated from a model in a class $\mathcal{M} = \mathcal{M}(G)$ similar to Probabilistic PCA (PPCA) [Tipping and Bishop, 1999]

$$\begin{aligned} Z_i &\sim N(0, 1)\,, & \epsilon &\sim N(0, \sigma_\epsilon^2) \\ A_{ij} &\sim N(0, \sigma_a^2)\,, & B_{ij} &\sim N(0, \sigma_b^2) \\ & X = A^\top X + B^\top Z + \epsilon\,, \end{aligned} \tag{6}$$

where entries of A, B are nonzero only when their corresponding edges are in G. By marginalizing out Z, we obtain

$$X \mid A, B \sim N(0, C(B^\top B + \sigma_\epsilon^2)C^\top)\,,$$

Algorithm 1: CDHC

input : data x sampled from $P(X)$, algorithm $\mathcal{A}$
output : graph G and distribution $P(X, Z)$

1 $G = (V, E) \leftarrow$ Graph inferred over x using $\mathcal{A}$;
2 **do**
3 **foreach** i $\in \{1, \ldots, m\}$ **do**
4 $X_S \leftarrow$ Markov boundary of X_i in G;
5 $G' \leftarrow (V \cup \{Z\}, E \cup \{Z \to X_S\})$;
  // Forward phase
6 **do**
7 $j \leftarrow \arg\min_{j \notin S} L(x, G' \cup \{Z \to X_j\})$;
8 $(S, G') \leftarrow (S \cup \{j\}, G' \cup \{Z \to X_j\})$;
9 **while** $L(x, G')$ decreases;
  // Backward phase
10 **do**
11 $j \leftarrow \arg\min_{j \in S} L(x, G_j \setminus \{Z \to X_j\})$;
12 $(S, G') \leftarrow (S \setminus \{j\}, G \setminus \{Z \to X_j\})$;
13 **while** $L(x, G')$ decreases;
14 $z \leftarrow$ sample from $P(Z \mid X)$;
15 $G[i] \leftarrow$ Graph inferred over (x, z) using $\mathcal{A}$;
  // Use the model with best confounder
16 $G \leftarrow \arg\min_{G[i]} L((x, z), G[i])$;
17 **while** G changes;
18 **return** G and the $P(X, Z)$ associated with G

where $C = (I - A^t)^{-1}$. Since the A_{ij} are sampled from a continuous distribution, assumption (A3) holds almost surely so that, unlike PPCA, we do not require $A = 0$.

To evaluate the fit of our model class $\mathcal{M}$ to our data x, we use the score $L(x, \mathcal{M})$ defined in Eq. (3)

$$L(x, \mathcal{M}) = -\log \int P(x \mid A, B) P(A, B) dA dB \,,$$

which we can estimate using standard variational methods [Kucukelbir et al., 2017]. This score is suitable in that it is consistent for causal discovery with latent confounders.

Theorem 6 (Consistency of MDL for SLGs)**.** *Let the assumptions of Thm. 5 hold. Then the minimizer $\widehat{G}$,*

$$\widehat{G} = \arg\min_G L(x^n, \mathcal{M}(G)) \,,$$

converges to the ground truth G^* with probability one,

$$\lim_{n \to \infty} P(\widehat{G} = G^*) = 1 \,.$$

With this guarantee that our score is sound, we now introduce our method for discovering the entire causal network.

3.3 DISCOVERING THE CAUSAL NETWORK

We can now put all of the above together and present CDHC. We give the pseudo-code as Algorithm 1. We first (line 1) discover a graph G over the observed data x using a score-based structure discovery algorithm $\mathcal{A}$, such as GES [Chickering, 2002], GGSL [Gao et al., 2017] or NOTEARS [Zheng et al., 2018]. We then consider every node X_i and initialize the confounded set X_S with the Markov boundary $\mathrm{MB}(X_i)$ and add a node Z and edges $Z \to X_S$ to G. (l. 4-5). We refine S by greedily adding nodes (l. 6-9), then removing nodes (l. 10-13). After finding the locally optimal set S, we sample z from $P(Z \mid X)$ and fit a network over (x, z) using $\mathcal{A}$ (l. 14-15). Out of all these networks, we update G to be the best of them (l. 16) and iterate until convergence (l. 17). Finally, we return the discovered network G and distribution $P(X, Z)$ over X and its inferred confounders Z (l. 18).

This approach is guaranteed to recover the true set of confounded nodes in the infinite sample limit.

Proposition 7 (Consistency of CDHC for Discovering Confounded Nodes)**.** *Let x^n be the an i.i.d. sample from $P \in \mathcal{M}(G^*)$ defined in Eq. (6), let assumptions (A1-3) hold and let S_i^* be the set of nodes affected by Z_i. Assume that $\bigcap_{s \in S_i^*} MB_{G^*}(X_s) \setminus \{Z_i\} \subsetneq S_i^*$. Let $\mathcal{A}$ be a causal discovery algorithm consistent for $P(X)$. Let $\widehat{S}_i$ be the set nodes confounded by Z_i discovered by* CDHC*. Then*

$$\lim_{n \to \infty} P(\widehat{S}_i = S_i^*) = 1.$$

Note that without further assumptions on $\mathcal{A}$, we cannot guarantee that the entire ground truth G^* will be recovered.

4 RELATED WORK

Causal inference is one of the most important problems in statistical inference and has attracted a lot of research attention [Pearl, 2009, Spirtes et al., 2000]. Unfortunately, latent confounding makes it impossible to infer causality from observational data without making additional assumptions [Pearl, 2009]. Traditional constraint-based [Spirtes et al., 2000, Zhang, 2008] and score-based [Chickering, 2002, Gao et al., 2017, Zheng et al., 2018] causal discovery methods can reconstruct the true causal network up to Markov equivalence when causal sufficiency holds.

When causal sufficiency does not hold, a number of algorithms such as the FCI family [Spirtes et al., 2000, Colombo et al., 2012, Ogarrio et al., 2016], 3OFF2 [Affeldt et al., 2016] and DCD [Bhattacharya et al., 2021] can find complete partially directed acyclic graphs which can capture correlations due to confounders. However, they are generally difficult to interpret and cannot determine which sets of variables share the same latent confounder.

To make the resulting causal networks more interpretable, observational and experimental data can be combined to improve results [Kallus et al., 2018, Kocaoglu et al., 2019]. However, these methods are generally restricted in their

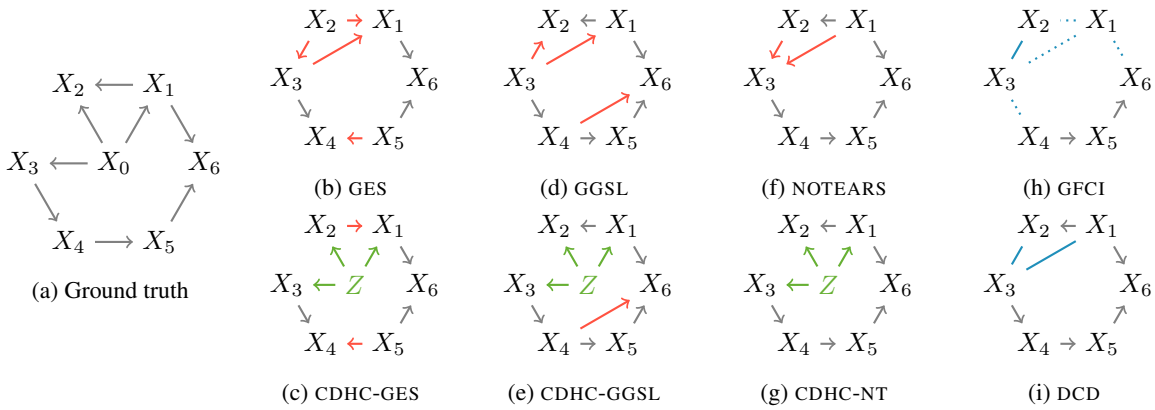


Figure 2: Application of CDHC to synthetic data generated from the network shown in (a). When X_0 is withheld, all base algorithms $\mathcal{A}$ (b,d,f) find a clique of spurious edges on X_1, X_2, X_3 (red). GFCI (h) and DCD (i) indicate that some pairs from X_1, X_2 and X_3 are confounded (blue) but cannot tell that they share the same confounder. In contrast, by applying CDHC (c, e, g), we discover a confounder capturing the effect of X_0 (green) and obtain higher quality networks in all cases.

ability to rule out or corroborate the existence of latent variables by the scarcity of available experimental data.

Other research controls causal estimates for latent confounders. To do so, Hoyer et al. [2008] solve the overcomplete ICA problem to correct the estimated causal effect of X on Y for confounders, whereas Wang and Blei [2018] and Ranganath and Perotte [2018] use factor models.

Little prior research has tackled the topic of determining which variables share the same latent confounders. Janzing and Schölkopf [2018] considered the case of determining whether the variables X are confounded by finding deviations of the regression vector from theoretical properties in high-dimensional regression. Kaltenpoth and Vreeken [2019] use the AMC [Janzing and Schölkopf, 2010] to infer whether two sets of variables X and Y are causally related or jointly confounded. Silva et al. [2006] proposed a model based on low-rank correlation structures between observed variables. Elidan et al. [2000] proposed an algorithm for replacing semi-cliques in a discovered causal graph with single nodes based on the idea that they are likely confounded. However, none of these approaches attempt to find a causal network including both observed and latent variables.

5 EXPERIMENTS

In this section, we evaluate CDHC empirically. We are interested in two things; first, how well it recovers the set of confounded nodes S^*, and second, how well it recovers the entire network. We compare CDHC against NOTEARS [Zheng et al., 2018], 3OFF2 [Affeldt et al., 2016], DCD [Bhattacharya et al., 2021] and GFCI [Ogarrio et al., 2016].[1] We instantiate CDHC with different causal discovery algorithms $\mathcal{A}$ and refer to CDHC using $\mathcal{A}$ as CDHC-$\mathcal{A}$. Specifically, we use GES [Chickering, 2002], GGSL [Gao et al., 2017], and NOTEARS [Zheng et al., 2018]. When clear from the context, we write CDHC for CDHC-GES. We implement CDHC in Python. For comparison with all other methods, we use the implementations provided by the respective authors. All experiments finished within minutes on a commodity laptop. All code and data are included in the supplement along with additional experiments postponed in the interest of space.

[1] GFCI is part of a group of methods, including FCI and RFCI. Preliminary experiments corroborated previous research [Ogarrio et al., 2016] that GFCI performs better than its relatives.

5.1 SYNTHETIC DATA

We evaluate CDHC on synthetic data by generating a random acyclic graph G of size m from the Erdős-Rényi model with parameter $p = 0.3$. We model the causal relationships via a linear SEM, $X = AX + \alpha BZ + \epsilon$ where $A_{ij} \neq 0$ if and only if $(i, j) \in E(G)$. Nonzero values of A, B, Z, ϵ are all $\sim N(0, 3)$. The parameter $\alpha \sim U[1, 8]$ determines the relative strength of confounding. Using this model, we generate 1000 data sets over $m = 50$ variables, of which ten nodes are confounded. Before moving to the general case, we begin by studying how CDHC improves over base algorithms $\mathcal{A}$ on an illustrative example with $\dim(Z) = 1$.

Comparison with Base Algorithms We begin by showing that CDHC produces better results than standard discovery algorithms when not all variables are observed. We consider the network shown in Fig. 2a containing nodes $X_0, ..., X_6$, of which X_1, X_2, X_3 are confounded by X_0. When withholding X_0, none of the base methods find the correct structure over X_1, X_2, X_3. Furthermore, while GFCI and DCD find the variables to be confounded, they cannot tell that all variables share the same confounder. In contrast, by applying CDHC, we consistently find that X_1, X_2, X_3 are confounded while maintaining the quality of the remaining edges.

Confidence and Performance Since we generally do not have

Method	Number of confounders 1	2	3	4	5
CDHC	0.43	0.38	0.35	0.23	0.15
DCD	0.35	0.18	0.11	0.07	0.03
3OFF2	0.36	0.2	0.14	0.11	0.04
GFCI	0.22	0.11	0.05	0.02	0.01

Table 1: Comparison of CDHC, DCD, 3OFF2 and GFCI for graphs with varying numbers of latent confounders. While all methods perform well, only CDHC maintains its performance as the number of latent factors increases.

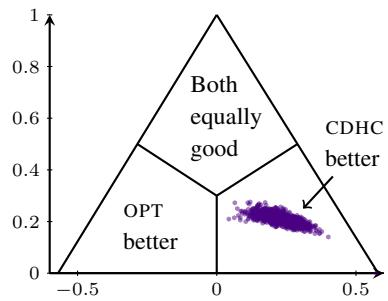


Figure 4: Significance assessment of the improvement of CDHC against its competitors.

access to the ground truth network in practice, we next test how well we can predict the performance of each method from an easily observable quantity. That is, we compare the confidence—the improvement of the discovered network compared to a baseline—of each method to a range of metrics measuring the quality of our results. We provide details on the computation of the confidences in the Appendix.

We evaluate each method based on four criteria: (1) the F_1 score for network recovery including the confounder (F_1^{net}), (2) the F_1 score for the recovery of the set of confounded nodes (F_1^{conf}), (3) the Structural Hamming Distance (SHD) between the discovered and true network, and (4) the Structural Intervention Distance (SID) to measure differences in causal interpretations [Peters and Bühlmann, 2013].

We show the results in the form of decision rate (DR) plots in Fig. 3. First, we sort the result of each method by their confidence. Then we plot the confidence against each metric. On the left of each plot, we include data sets where each method is most confident and increase this number of sets until all are included on the right. We see that CDHC outperforms its competitors by a large margin. Interestingly, the choice of $\mathcal{A}$ has little influence on the performance of CDHC, and the gap between each $\mathcal{A}$ with CDHC-$\mathcal{A}$ is comparable. We include further results for GGSL and GES in the Appendix.

Higher-dimensional Z We next consider the effect of including multiple confounders Z_i in our causal model, each influencing non-overlapping sets of 5 variables in a network of $m = 50$ variables. We show the F_1^{conf} scores for one to five confounders in Table 1. We omit NOTEARS, GGSL, and GES since none of them are designed for this task.

We see that for one to three confounders, CDHC performs at a consistent level, but for four and five confounders, its performance decreases due to the difficulty of finding additional sets of confounded nodes. In contrast, while DCD, 3OFF2, and GFCI perform well for single-dimensional confounders, their performance drops immediately upon addition of a second latent confounder. The reason for this is instructive: since they do not model the confounder but instead indicate whether pairs of variables are confounded, they cannot distinguish between different confounders. Even when trying to adjust for these issues, as described in the Appendix, the discovered graphs remained of low quality.

Significance To verify that CDHC significantly outperforms its competitors, we use the Bayesian signed rank test [Benavoli et al., 2014]. It explicitly models the probability that one model is significantly better than the other *in practice* by introducing a *region of practical equivalence* (rope) specified by parameter r [Benavoli et al., 2014]. Two methods are considered to perform equally well if the difference in scores for the methods lies in $[-r, r]$. We pick $r = 0.05$ [Benavoli et al., 2014] but the conclusion remains the same for values $r \in (0, 0.15]$. Since the test was designed for *two*

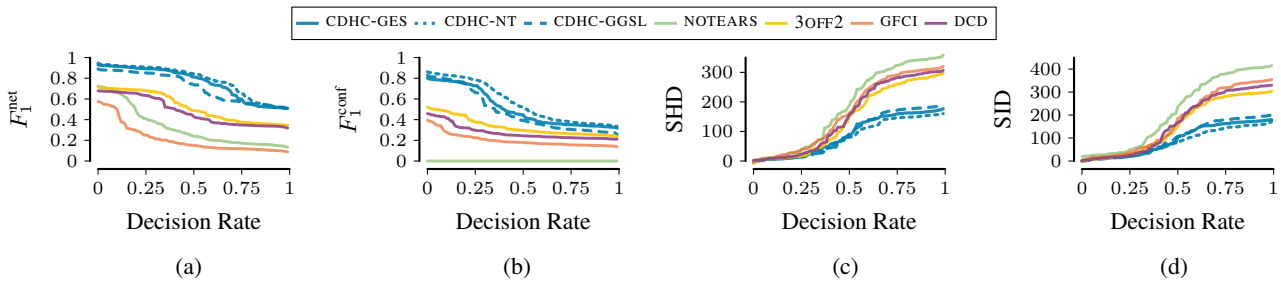
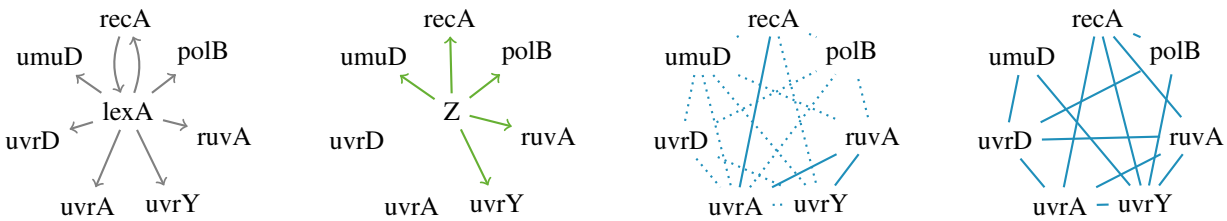


Figure 3: Evaluation on synthetic data. F_1 scores for (a) network recovery and (b) confounded set recovery (higher is better), and (c) Structural Hamming Distance and (d) Structural Intervention Distance (lower is better). Each figure shows the average score over increasing fractions of all datasets, sorted in descending order by the confidence of each method.



(a) Ground Truth (b) CDHC (c) GFCI (d) DCD

Figure 5: Results on SOS DNA repair network in E. coli. CDHC (b) discovers a confounder Z capturing five out of the seven edges (green) in the ground truth network (a). In contrast, GFCI (c) and DCD (d) find many pairs of nodes that are confounded (solid blue), and in the case of GFCI, more pairs yet which *might* be confounded (dotted). However, they do not discover that all nodes share the same confounder, making the resulting networks challenging to interpret.

competing methods, for each dataset, we compare CDHC with the best-performing competitor, which we refer to as OPT. For each dataset k, we compute the F_1^{net} scores for both CDHC and OPT and compute their differences. We include more detail in the Appendix.We show the estimated posterior distribution resulting from this comparison in Fig. 4. Here, the top region contains points where both methods are practically equally good, while the bottom left and right corners contain points where OPT, respectively CDHC, perform better. We see that all points lie squarely in the region, indicating CDHC to outperform OPT, suggesting that CDHC performs significantly better than its competitors.

5.2 CASE STUDY: CELLULAR SIGNALING

Finally, we consider real-world data to investigate the interpretability of the results returned by CDHC. In particular, we consider the SOS DNA repair network in E. coli [Ronen et al., 2002]. This data consists of protein levels of eight genes measured every five minutes for five hours, resulting in only 60 samples. Since the governing relationships in gene regulation are highly nonlinear, this tests the applicability of CDHC even when our assumptions do not hold.

Since the ground truth network has been established [Perrin et al., 2003], we can test CDHC by excluding a gene known to have a downstream causal effect on other genes. An excellent candidate is *lexA* as it has a causal influence on *all* of the other genes: it is upstream of six genes and has a bidirectional relationship with the seventh (Fig. 5a). We also applied the other methods on the same data, including here the results of both GFCI and DCD, and postpone the networks discovered by the other methods to the Appendix.

We show the results in Fig. 5. For clarity, we focus only on discovering which confounded nodes. In Fig. 5b, we find a striking similarity between the Z discovered by CDHC and the true common parent *lexA*. CDHC correctly identifies five out of seven relationships: four out of six downstream effects, as well as one of the two edges between recA and lexA—which is the most a DAG can do, given that the two edges are mutually exclusive. Next, for GFCI (Fig. 5c) and DCD (Fig. 5d), we indicate definite confounding by solid edges and correlations which could be due to either confounding or causation by dotted edges. GFCI indicates definite confounding for only three out of 16 pairs, while we cannot be certain for the other pairs. The resulting network of DCD indicates definite confounding for many pairs of variables. However, neither method can determine that all variables share the *same* latent confounder. The results of both GFCI and DCD are consistent with many different confounders structures and provide no well-founded way of choosing one over the other. Overall, despite low sample size and violations of our model assumptions, CDHC finds a readily interpretable network close to the ground truth.

6 DISCUSSION AND CONCLUSION

We studied the problem of discovering a causal network over both X and its latent confounders Z. In particular, by exploiting the structure among confounded nodes X_S we proved identifiability in the sparse linear Gaussian model.

We derived a general approach for discovering sets of confounded nodes from the algorithmic model of causality by explicitly modeling latent variables. We showed that including latent variables is only beneficial when the observed X are indeed confounded. We used MDL to determine which sets of variables are confounded and showed that CDHC is consistent for recovering the set of confounded nodes when combined with a consistent causal discovery method.

Evaluation of CDHC on synthetic data showed that it outperformed the state of the art on all considered metrics. Furthermore, on real data it generated results close to the ground truth despite small sample size and large deviations from its model assumptions. We further obtained more readily interpretable results than our competitors.

For the future, we are interested in more general identifiability results as well as developing better algorithms which do not require multiple passes of a causal discovery algorithm.

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