LEARNING TRANSFERABLE MOTOR SKILLS WITH HIERARCHICAL LATENT MIXTURE POLICIES

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ABSTRACT

For robots operating in the real world, it is desirable to learn reusable behaviours that can effectively be transferred and adapted to numerous tasks and scenarios. We propose an approach to learn abstract motor skills from data using a hierarchical mixture latent variable model. In contrast to existing work, our method exploits a three-level hierarchy of *both* discrete and continuous latent variables, to capture a set of high-level behaviours while allowing for variance in how they are executed. We demonstrate in manipulation domains that the method can effectively cluster offline data into distinct, executable behaviours, while retaining the flexibility of a continuous latent variable model. The resulting skills can be transferred and fine-tuned on new tasks, unseen objects, and from state to vision-based policies, yielding better sample efficiency and asymptotic performance compared to existing skill- and imitation-based methods. We further analyse how and when the skills are most beneficial: they encourage directed exploration to cover large regions of the state space relevant to the task, making them most effective in challenging sparse-reward settings.

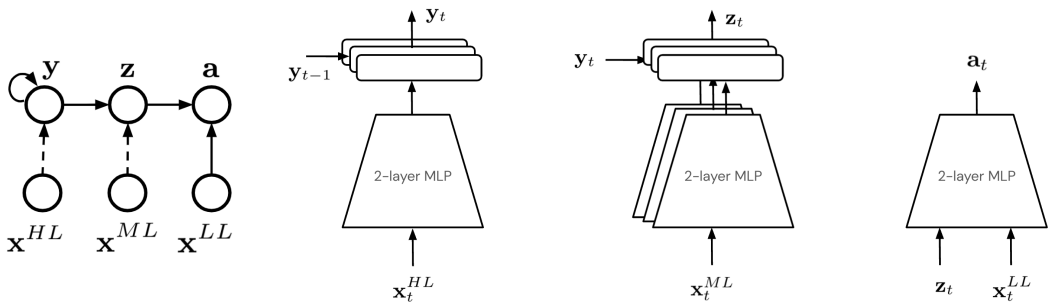
1 INTRODUCTION

Reinforcement learning is a powerful and flexible paradigm to train embodied agents, but still relies on large amounts of agent experience, computation, and time, on each individual task. Learning each task from scratch is inefficient: it is desirable to learn a set of behaviours, or *skills*, that can efficiently be reused and adapted to related downstream tasks. This is particularly pertinent for real-world robots, where interaction is expensive and data-efficiency is crucial. There are numerous existing approaches to learn transferable embodied skills, usually formulated as a two-level hierarchy with a high-level controller and low-level skills. These methods predominantly use either a continuous skill representation, such as goal-conditioned (Lynch et al., 2019; Pertsch et al., 2020b) or latent space policies (Haarnoja et al., 2018; Merel et al., 2019; Singh et al., 2021); or a discrete set of skills, such as mixture or option-based methods (Sutton et al., 1999; Daniel et al., 2012; Wulfmeier et al., 2021). Our goal is to combine these perspectives to integrate their complimentary advantages.

We propose an approach to learn a three-level skill hierarchy from an offline dataset, capturing both discrete and continuous variations at multiple levels of behavioural abstraction. The model comprises a low-level latent-conditioned controller that can learn motor primitives, a set of continuous latent mid-level skills, and a discrete high-level controller that can compose and select among these abstract mid-level behaviours. Since the mid- and high-level form a mixture, we call our method Hierarchical Latent Mixtures of Skills (HeLMS). We demonstrate on challenging object manipulation tasks that our method can decompose a dataset into distinct, intuitive, and reusable behaviours. We show that these skills lead to improved sample efficiency and performance in numerous transfer scenarios: reusing skills for new tasks, generalising across unseen objects, and transferring from state to vision-based policies. Further analysis and ablations reveal that both continuous and discrete components are beneficial, and that the learned hierarchical skills are most useful in sparse-reward settings, as they encourage directed exploration of task-relevant parts of the state space.

Our main contributions are as follows:

- We propose a novel approach to learn skills at different levels of abstraction from an offline dataset. The method captures both discrete behavioural modes and continuous variation using a hierarchical mixture latent variable model.



(a) (b)

Figure 1: (a) Graphical model for HeLMS, with solid lines indicating the underlying generative model (prior) and dashed lines indicating dependencies introduced by the inference model (posterior). (b) Network architecture of the proposed approach, showing the high-, mid-, and low-level networks from left to right, respectively. As indicated by superscripts, different subsets of the input state $\mathbf{x}$ can be provided to the high level (HL), mid level (ML), and low level (LL) (information-asymmetry).

- We present two techniques to reuse and adapt the learned skill hierarchy via reinforcement learning in downstream tasks, and perform extensive evaluation and benchmarking in different transfer settings: to new tasks and objects, and from state to vision-based policies.
- We present a detailed analysis to interpret the learned skills, understand when they are most beneficial, and evaluate the utility of both continuous and discrete skill representations.

2 METHOD

2.1 OVERVIEW

HeLMS learns a hierarchical skill space from a dataset $\mathcal{D}$ of trajectories, each containing a sequence of state-action pairs $\{\mathbf{x}_t, \mathbf{a}_t\}_{t=0}^{T}$. The model incorporates a discrete latent variable $\mathbf{y}_t$ as a high-level *skill selector*, and a continuous variable $\mathbf{z}_t$ (mid-level) conditioned on $\mathbf{y}_t$ which *parameterises* each skill. Marginally, $\mathbf{z}_t$ is then a latent mixture distribution representing both a discrete set of skills and the variation in their execution. A sample of $\mathbf{z}_t$ represents an abstract behaviour, which is then executed by a low-level controller $p(\mathbf{a}_t \,|\, \mathbf{z}_t, \mathbf{x}_t)$. The learned skill space can then be transferred to a reinforcement learning agent π in a Markov Decision Process defined by tuple $\{\mathcal{S}, \mathcal{A}, \mathcal{T}, \mathcal{R}, \gamma\}$: these represent the state, action, and transition distributions, reward function, and discount factor respectively. When transferring, we can freeze the low-level controller and train an agent to act in the latent space $\mathbf{z}_t$, or can also freeze the mid-level skills and purely learn a categorical high-level controller to set $\mathbf{y}_t$. This high-level controller can be trained with different inputs, such as images.

We explain our method in detail in the following sections.

2.2 LATENT MIXTURE SKILL SPACES FROM OFFLINE DATA

Our method employs the generative model in Figure 1a. As shown, the state inputs can be different for each level of the hierarchy, but to keep notation uncluttered, we refer to all state inputs as $\mathbf{x}_t$ and the specific input can be inferred from context. The joint distribution of actions and latents over a trajectory is decomposed into a latent prior $p(\mathbf{y}_{1:T}, \mathbf{z}_{1:T})$ and a low-level controller $p(\mathbf{a}_t \,|\, \mathbf{z}_t, \mathbf{x}_t)$:

$$
\begin{aligned}
p(\mathbf{a}_{1:T}, \mathbf{y}_{1:T}, \mathbf{z}_{1:T} \,|\, \mathbf{x}_{1:T}) &= p(\mathbf{y}_{1:T}, \mathbf{z}_{1:T}) \prod_{t=1}^{T} p(\mathbf{a}_t \,|\, \mathbf{z}_t, \mathbf{x}_t) \\
p(\mathbf{y}_{1:T}, \mathbf{z}_{1:T}) &= p(\mathbf{y}_0) \prod_{t=1}^{T} p(\mathbf{y}_t \,|\, \mathbf{y}_{t-1}) p(\mathbf{z}_t \,|\, \mathbf{y}_t), \qquad (1)
\end{aligned}
$$

such that all the relevant skill information (both the discrete modes and continuous variation) is encoded into $\mathbf{z}_t$. The low-level controller $p(\mathbf{a}_t \mid \mathbf{z}_t, \mathbf{x}_t)$ then relies on $\mathbf{z}_t$ to provide information on desired abstract behaviour beyond what is present in the state $\mathbf{x}_t$; this can be encouraged with information-asymmetry, as we discuss later in this section.

To perform inference over the latent variables, we introduce the following variational approximation:

$$q(\mathbf{y}_{1:T}, \mathbf{z}_{1:T} \mid \mathbf{x}_{1:T}) = p(\mathbf{y}_0) \prod_{t=1}^{T} q(\mathbf{y}_t \mid \mathbf{y}_{t-1}, \mathbf{x}_t) q(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t) \tag{2}$$

Here, the selection of a skill $\mathbf{y}_t \sim q(\mathbf{y}_t \mid \mathbf{y}_{t-1}, \mathbf{x}_t)$ is dependent on that of the previous timestep (allowing for temporal consistency), as well as the input. The mid-level skill is then parameterised by $\mathbf{z}_t \sim q(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t)$ based on the chosen skill and current input. $p(\mathbf{y}_0)$ and $p(\mathbf{y}_t \mid \mathbf{y}_{t-1})$ model a skill prior and skill transition prior respectively, while $p(\mathbf{z}_t \mid \mathbf{y}_t)$ represents a skill parameterisation prior to regularise each mid-level skill. While all of these priors can be learned in practice, we only found it necessary to learn the transition prior, with a uniform categorical for the initial skill prior and a simple fixed $\mathcal{N}(0, I)$ prior for $p(\mathbf{z}_t \mid \mathbf{y}_t)$.

Training via the Evidence Lower Bound For a trajectory $\{\mathbf{x}_{1:T}, \mathbf{a}_{1:T}\} \sim \mathcal{D}$, we can compute the Evidence Lower Bound (ELBO) for the state-conditional action distribution as follows:

$$\begin{aligned}
ELBO \;\leq\; & p(\mathbf{a}_{1:T} \mid \mathbf{x}_{1:T}) \\
= \;& \mathbb{E}_{q_{\phi_{y,z}}(\mathbf{y}_{1:T}, \mathbf{z}_{1:T} \mid \mathbf{x}_{1:T})} \Big[\log p_{\psi_{y,a}}(\mathbf{a}_{1:T}, \mathbf{y}_{1:T}, \mathbf{z}_{1:T} \mid \mathbf{x}_{1:T}) - \log q_{\phi_{y,z}}(\mathbf{y}_{1:T}, \mathbf{z}_{1:T} \mid \mathbf{x}_{1:T}) \Big] \\
\approx \;& \sum_{t=1}^{T} \Bigg[\sum_{\mathbf{y}_t} q(\mathbf{y}_t \mid \mathbf{x}_{1:t}) \Big(\overbrace{\log p_{\psi_a}(\mathbf{a}_t \mid \tilde{\mathbf{z}}_t^{\{\mathbf{y}_t\}}, \mathbf{x}_t)}^{\text{per-component action recon}} - \beta_z \overbrace{\mathrm{KL}(q_{\phi_z}(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t) \,||\, p(\mathbf{z}_t \mid \mathbf{y}_t))}^{\text{per-component KL regulariser}} \Big) \Bigg] \\
& - \beta_y \sum_{t=1}^{T} \Bigg[\sum_{\mathbf{y}_{t-1}} q(\mathbf{y}_{t-1} \mid \mathbf{x}_{1:t-1}) \underbrace{\mathrm{KL}\big(q_{\phi_y}(\mathbf{y}_t \mid \mathbf{y}_{t-1}, \mathbf{x}_t) \,||\, p_{\psi_y}(\mathbf{y}_t \mid \mathbf{y}_{t-1})\big)}_{\text{categorical regulariser}} \Bigg]
\end{aligned} \tag{3}$$

where $\tilde{\mathbf{z}}_t^{\{\mathbf{y}_t\}} \sim q(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t)$, and $\{\phi_y, \phi_z, \psi_a, \psi_y\}$ are the trainable parameters for the high-level posterior, mid-level skills, low-level controller, and high-level categorical prior respectively. The coefficients β_y and β_z can be used to weight the KL terms, and the cumulative component probability $q(\mathbf{y}_t \mid \mathbf{x}_{1:t})$ can be computed iteratively as $q(\mathbf{y}_t \mid \mathbf{x}_{1:t}) = \sum_{\mathbf{y}_{t-1}} q_{\phi_y}(\mathbf{y}_t \mid \mathbf{y}_{t-1}, \mathbf{x}_t) q(\mathbf{y}_{t-1} \mid \mathbf{x}_{1:t-1})$. In other words, for each timestep t and each mixture component, we compute the latent sample and the corresponding action log-probability, and the KL-divergence between the component posterior and prior. This is then marginalised over all $\mathbf{y}_t$, with an additional KL over the categorical transitions. For the full derivation, see Appendix B.1.

Information-asymmetry As noted in previous work (Tirumala et al., 2019; Galashov et al., 2019), hierarchical approaches often benefit from information-asymmetry, with higher levels seeing additional context or task-specific information. This ensures that the high-level remains responsible for abstract, task-related behaviours, while the low-level executes simpler motor primitives. We employ similar techniques in HeLMS: the low-level inputs $\mathbf{x}_{LL}$ comprise the proprioceptive state of the embodied agent; the mid-level inputs $\mathbf{x}_{ML}$ also include the poses of objects in the environment; and the high-level $\mathbf{x}_{HL}$ concatenates both object and proprioceptive state for a short number of lookahead timesteps. The high- and low-level are similar to (Merel et al., 2019), with the low-level controller enabling motor primitives based on proprioceptive information, and the high-level using the lookahead information to provide additional context regarding behavioural intent when specifying which skill to use. The key difference is the categorical high-level and the additional mid-level, with which HeLMS can learn more object-centric skills and transfer these to downstream tasks.

Network architectures The architecture and information flow in HeLMS are shown in Figure 1b. The high-level network contains a *gated head*, which uses the previous skill $\mathbf{y}_{t-1}$ to index into one of K categorical heads, each of which specify a distribution over $\mathbf{y}_t$. For a given $\mathbf{y}_t$, the corresponding mid-level skill network is selected and used to sample a latent action $\mathbf{z}_t$, which is then used as input for the latent-conditioned low-level controller, which parameterises the action distribution. The skill

transition prior $p(\mathbf{y}_t \mid \mathbf{y}_{t-1})$ is also learned, and is parameterised as a linear softmax layer which takes in a one-hot representation of $\mathbf{y}_{t-1}$ and outputs the distribution over $\mathbf{y}_t$. All components are trained end-to-end via the objective in Equation 3.

2.3 Reinforcement learning with reloaded skills

Once learned, the hierarchical skill space can be transferred to downstream tasks in different ways. Following most previous work, we freeze the low-level controller $p(\mathbf{a}_t \mid \mathbf{z}_t, \mathbf{x}_t)$, and learn a policy $\pi(\mathbf{z}_t \mid \mathbf{x}_t)$ to act in the abstract latent space. We propose two methods to achieve this.

Categorical agent One simple and effective technique is to additionally freeze the mid-level components $q(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t)$, and instead learn a categorical high-level controller $\pi(\mathbf{y}_t \mid \mathbf{x}_t)$ for the downstream task. The learning objective is given by:

$$\mathcal{J} = \mathbb{E}_{\pi(\mathbf{y}_t|\mathbf{x}_t)}\left[\sum_{t=0}^{\infty} \gamma^t r_t\right] + \eta_y \mathrm{KL}(\pi(\mathbf{y}_t \mid \mathbf{x}_t) \,||\, \pi_0(\mathbf{y}_t \mid \mathbf{x}_t)), \tag{4}$$

where the standard discounted return objective in RL is augmented by an additional term performing KL-regularisation to some prior π_0 scaled by coefficient η_y. This could be any categorical distribution such as the previously learned transition prior $p(\mathbf{y}_t \mid \mathbf{y}_{t-1})$, but in this paper we regularise to the uniform categorical prior to encourage diversity. While any RL algorithm can be used to optimize $\pi(\mathbf{y}_t \mid \mathbf{x}_t)$, in this paper we use MPO (Abdolmaleki et al., 2018) with a categorical action distribution. We hypothesise that this method improves sample efficiency by converting a continuous control problem into a discrete abstract action space, which may also aid in credit assignment. However, since both the mid-level components and low-level are frozen, it can limit flexibility and plasticity, and also requires that all of the mid- and low-level input states are available in the downstream task. We call this method **HeLMS-cat**.

Mixture agent A more flexible method of transfer is to train a latent mixture policy, $\pi(\mathbf{z}_t \mid \mathbf{x}_t) = \sum_{\mathbf{y}_t} \pi(\mathbf{y}_t \mid \mathbf{x}_t)\pi(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t)$. While the high-level controller $\pi(\mathbf{y}_t \mid \mathbf{x}_t)$ is learned from scratch, the mixture components can be initialised to the mid-level skills $q(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t)$ learned offline, to allow for initial exploration over the space of skills. Alternatively, the mixture components can use different inputs: for example, vision-based skills can be learned from scratch more efficiently by regularising to state-based skills learned offline. In both cases, KL-regularisation is again applied:

$$\mathcal{J} = \mathbb{E}_{\pi}\left[\sum_{t=0}^{\infty} \gamma^t r_t\right] + \eta_y \mathrm{KL}(\pi(\mathbf{y}_t \mid \mathbf{x}_t) \,||\, \pi_0(\mathbf{y}_t \mid \mathbf{x}_t)) + \eta_z \sum_{\mathbf{y}_t} \mathrm{KL}(\pi(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t) \,||\, \pi_0(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t)). \tag{5}$$

where, in addition to the categorical prior, we also regularise to mid-level skill priors $\pi_0(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t)$. While these could be any set of policies, we regularise to the latent skill posteriors $q(\mathbf{z}_t \mid \mathbf{y}_t, \mathbf{x}_t)$ to ensure the mixture components cannot drift too far from the skills learned offline. This is related to (Tirumala et al., 2019), which also applies KL-regularisation at multiple levels of a hierarchy. We optimise this using RHPO (Wulfmeier et al., 2020), which applies a similar underlying optimisation to MPO to mixture policies (see Appendix for details). We call this method **HeLMS-mix**.

3 Related work

A long-standing challenge in reinforcement learning is to learn reusable motor skills that can transfer and adapt efficiently to related settings. One way to learn such skills is with reinforcement learning on several related tasks (Heess et al., 2016; James et al., 2018; Hausman et al., 2018; Riedmiller et al., 2018), where the intuition is that behaviors useful for a given task should aid the learning of related tasks. However, such approaches often require careful curation of the task set, where each skill is often represented by a separate task. Other approaches attempt to avoid such issues by learning skills in an unsupervised manner using intrinsic objectives that often maximize the entropy of visited states while keeping skills distinguishable (Gregor et al., 2017; Eysenbach et al., 2019; Sharma et al., 2019; Zhang et al., 2020).

Several existing approaches employ architectures in which the policy is comprised of two (or more) levels of hierarchy. Commonly, there is a separation of concerns between a low-level controller,

that represents the learned set of skills, and a high-level policy that instructs the low-level controller via a latent variable or goal. Such latent variables can be discrete (Wulfmeier et al., 2020) or continuous (Nachum et al., 2018; Haarnoja et al., 2018) and regularization of the latent space is often crucial (Tirumala et al., 2019). Depending on the exact approach, a latent variable can represent the behaviour for one timestep, for a fixed number of timesteps (Ajay et al., 2021), or *options* with different durations (Sutton et al., 1999; Bacon et al., 2017; Wulfmeier et al., 2021).

Our work is related to methods that learn robot policies from demonstrations (LfD, e.g. (Rajeswaran et al., 2018; Shiarlis et al., 2018; Strudel et al., 2020)) or more broadly from logged data (offline RL, e.g. (Wu et al., 2019; Kumar et al., 2020; Wang et al., 2020)). While many of these are focused on learning single task policies, several recent approaches learn skills offline that can be transferred online to unseen related tasks (Merel et al., 2019; Lynch et al., 2019; Pertsch et al., 2020a; Ajay et al., 2021; Singh et al., 2021). These approaches all train a two-level hierarchical model, with a high-level encoder that maps to a continuous latent space, and a low-level controller conditioned on the latent. The high-level encoder can encode an entire trajectory (Pertsch et al., 2020a; 2021; Ajay et al., 2021); a sequence of states for a short look-ahead (Merel et al., 2019); the current and final goal state in a trajectory (Lynch et al., 2019); or can even be simple isotropic Gaussian noise (Singh et al., 2021) that can be flexibly transformed by a flow-based low-level controller. At transfer time, a new high-level policy is learned from scratch: this can be more efficient with skill priors (Pertsch et al., 2020a) or enforced temporal abstraction (Ajay et al., 2021).

HeLMS builds on this large body of work by explicitly modelling both discrete and continuous behavioural structure via a three-level skill hierarchy. We use a similar information asymmetry to Neural Probabilistic Motor Primitives (NPMP) (Merel et al., 2019; 2020), conditioning the high-level encoder on a short look-ahead trajectory of body and object states. However HeLMS crucially learns an additional mid-level which is able to transfer abstract skills to downstream tasks, rather than learning the mapping to the continuous latent space from scratch. Further, HeLMS can explicitly capture discrete behavioural modes in the data via the high-level categorical controller, and learns temporal consistency via a learned skill transition prior.

4 EXPERIMENTS

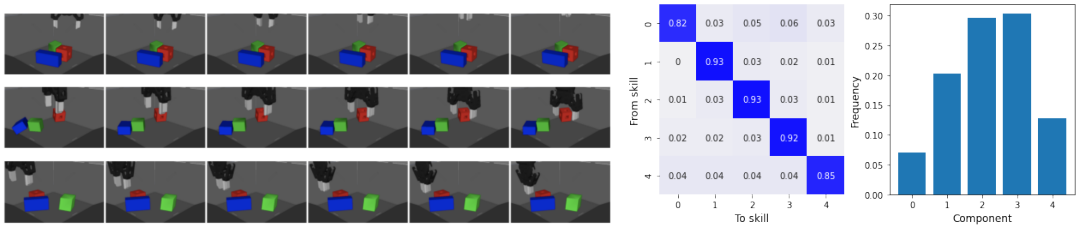
In our experiments, we aim to answer the following questions: (1) Can we learn a hierarchical skill space of distinct, interpretable behaviours in manipulation settings? (2) How do we best reuse these skills to improve sample efficiency and performance on downstream tasks? (3) How do these behaviours transfer to (i) different objects in the environment; (ii) different tasks; and (iii) different modalities such as vision-based policies? (4) How exactly do the learned skills aid learning of downstream tasks? Do they aid exploration? Are they useful in sparse or dense reward scenarios?

4.1 EXPERIMENTAL SETUP

Environment and Tasks We focus on manipulation tasks, using a MuJoCo-based environment with a single Sawyer arm, and three objects coloured red, green, and blue. We follow the challenging object stacking benchmark of Lee et al. (2021), which specifies five object sets, carefully designed to have diverse geometries and present different challenges for a stacking agent. These range from simple rectangular objects that can easily be stacked (object set 4), to more difficult geometries such as slanted faces (sets 1 and 2) to make grasping or placing the objects more challenging. This environment allows us to systematically evaluate generalisation of manipulation behaviours across object geometries and for different object interaction tasks. For further information and visual examples of the objects, we refer the reader to Appendix C.1 or to (Lee et al., 2021). Details of the rewards for the various evaluation tasks are also provided, in Appendix E.

Datasets To evaluate our approach and baselines in the manipulation settings, we use two datasets:

- `red_on_blue_stacking`: this data is collected by an agent trained to stack the red object on the blue object and ignore the green one, for the simplest object set, set4.
- `all_pairs_stacking`: similar to the previous case, but with all six combinations of stacking {red, green, blue} on {red, green, blue}, and randomly sampling from one of the five object sets on each episode.



(a) (b) (c)

Figure 2: Analysis of skills learned by HeLMS. (a) Image sequences showing example episode rollouts when conditioning on a particular skill (different for each row) and running the mid- and low-level controllers in the environment. Each skill executes a different discrete behaviour, such as lifting (top row), reach-to-red (middle row), or grasping (bottom) (b) The learned skill transition prior $p(\mathbf{y}_t \mid \mathbf{y}_{t-1})$. (c) Histogram showing the use of different skills.

Baselines For evaluation in transfer scenarios, we compare HeLMS with a number of baselines:

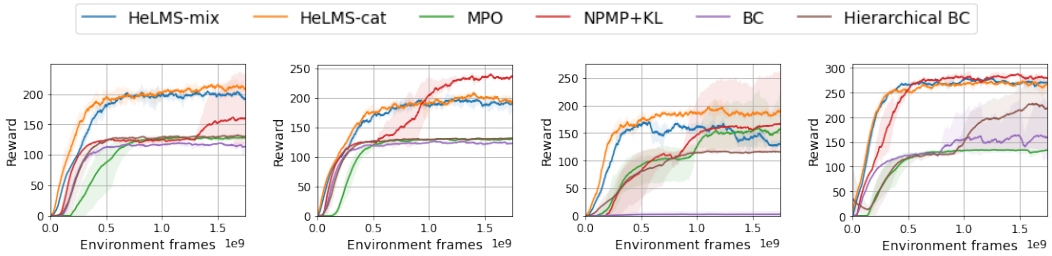
- **From scratch**: We use MPO to learn the task from scratch, without offline data.
- **NPMP+KL**: We compare against NPMP (Merel et al., 2019), which is the most similar skill-based approach in terms of information-asymmetry and policy conditioning. We make some small changes to the originally proposed method, and also apply additional KL-regularisation to the latent prior: we found this to improve performance significantly in our experiments. For more details and an ablation, see Appendix A.1.
- **Behaviour Cloning (BC)**: We apply behaviour cloning to the dataset, and fine-tune this policy via MPO on the downstream task. While the actor is initialised to the solution obtained via BC, the critic still needs to be learned from scratch.
- **Hierarchical BC**: We evaluate a hierarchical variant of BC which incorporates a similar latent space $\mathbf{z}$ to NPMP, with a latent Gaussian high-level controller. However, rather than freezing the low-level and learning just the high-level policy, Hierarchical BC fine-tunes the entire model.
- **Asymmetric actor-critic**: For state-to-vision transfer, HeLMS uses prior skills that depend on object states to learn a purely vision-based policy. Thus, we also compare against a variant of MPO with an asymmetric actor-critic (Pinto et al., 2017) setup, which uses object states differently: to speed up learning of the critic, while still learning a vision-based actor.

4.2 Learning skills from offline data

We first aim to understand whether we can learn a set of distinct and interpretable skills from data (question (1)). For this, we train HeLMS on the `red_on_blue_stacking` dataset with 5 skills. Figure 2a shows some example episode rollouts when the learned hierarchical agent is executed in the environment, holding the high-level categorical skill constant for an episode. Each row represents a different skill component, and the resulting behaviours are both distinct and diverse: for example, a lifting skill (row 1) where the gripper closes and rises up, a reaching skill (row 2) where the gripper moves to the red object, or a grasping skill (row 3) where the gripper lowers and closes its fingers. Furthermore, without explicitly encouraging this, the emergent skills capture temporal consistency: Figure 2b shows the learned prior $p(\mathbf{y}_t \mid \mathbf{y}_{t-1})$ (visualised as a transition matrix) assigns high probability along the diagonal (remaining in the same skill). Finally, Figure 2c demonstrates that all skills are used, without degeneracy.

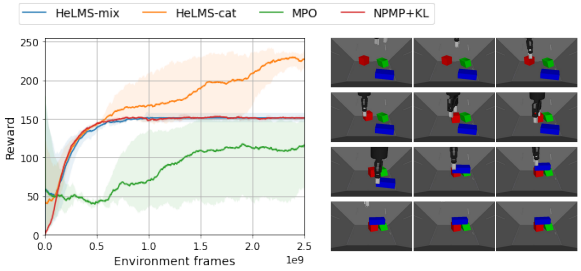
4.3 Transfer to downstream tasks

Generalising to different objects We next evaluate whether the previously learned skills (i.e. trained on the simple objects in set 4) can effectively transfer to more challenging object interaction scenarios: the other four object sets proposed by (Lee et al., 2021). The task uses a sparse staged reward, with reward incrementally given after completing each sub-goal of the stacking task. As shown in Figure 3, most baselines reach a much lower reward, with the exception of NPMP, which



(a) Set 1 (b) Set 2 (c) Set 3 (d) Set 5

Figure 3: Performance when transferring to the red-on-blue stacking task using staged sparse reward with every unseen object set.



(a) (b)

Figure 4: (a) Performance on pyramid task; and (b) image sequence showing episode rollout from a learned solution on this task (left-to-right, top-to-bottom).

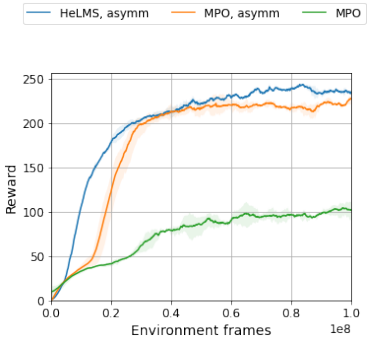


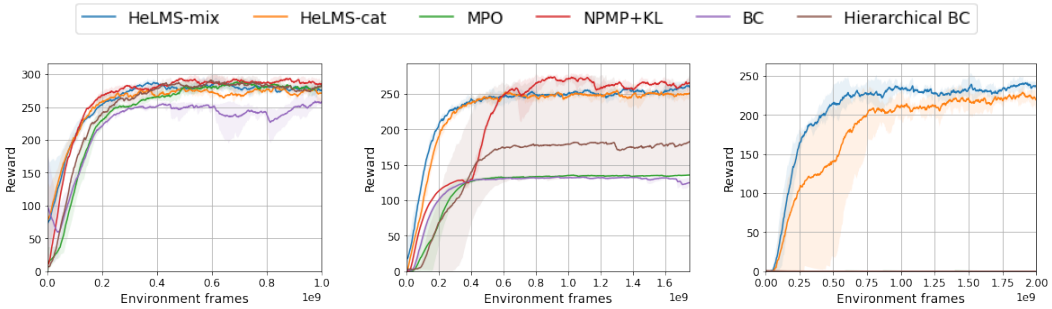
Figure 5: Performance for vision-based stacking.

performs strongly. HeLMS learns faster than all other baselines in all cases; and outperforms NPMP on average on two object sets (1 and 3), poorer on set 2, and similarly on set 5. Interestingly, the HeLMS-mix approach degrades over time on the challenging object set 3, highlighting the important regularisation properties of the HeLMS-cat approach: by freezing mid-level skills we can ensure they cannot drift over time for challenging sparse-reward scenarios.

Compositional reuse of skills To evaluate whether the learned skills are composable for new tasks, we train HeLMS on the `all_pairs_stacking` dataset with 10 skills, and transfer to a *pyramid* task. In this setting, the agent has to place the red object adjacent to the green object, and stack the blue object on top to construct a pyramid. The task is specified via a sparse staged reward for each stage or sub-task: reaching, grasping, lifting, and placing the red object, and subsequently the blue object. In Figure 4(a), we plot the performance of both variants of our approach, as well as NPMP and MPO; we omit the BC baselines as this involves transferring to a fundamentally different task. While HeLMS-mix performs similarly to NPMP, HeLMS-cat reaches a higher asymptotic performance, indicating that the learned skills can be better transferred to a different task. We show an episode rollout in Figure 4(b) in which the learned agent can successfully solve the task.

From state to vision-based policies While our method learns skills from proprioception and object state, we evaluate whether these skills can be used to more efficiently learn a vision-based policy. This is invaluable for practical real-world scenarios, since the agent acts from pure visual observation at test time without requiring privileged and often difficult-to-obtain object state information.

We use the HeLMS-mix variant to transfer skills to a vision-based policy, by reusing the low-level controller, initialising a new high-level controller and mid-level latent skills (with vision and proprioception as input), and KL-regularising these to the previously learned state-based skills. While the learned policy is vision-based, this KL-regularisation still assumes access to object states during training. For a fair comparison, we additionally compare our approach with a version of MPO using an asymmetric critic (Pinto et al., 2017), which exploits object state information instead of vision in



(a) Dense reward (b) Sparse staged reward (c) Sparse reward

Figure 6: Transfer performance on a stacking task with different reward sparsities. Left: dense reward, Centre: staged sparse reward, Right: sparse reward

the critic, and also use this for HeLMS. As shown in Figure 5, learning a vision-based policy with MPO from scratch is very slow and computationally intensive, but an asymmetric critic significantly speeds up learning, supporting the empirical findings of Pinto et al. (2017). However, HeLMS once again demonstrates better sample efficiency, and reaches slightly better asymptotic performance. We note that this uses the same offline model as for the object generalisation experiments, showing that the same state-based skill space can be reused in numerous settings, even for vision-based tasks.

4.4 Where and how can hierarchical skill reuse be effective?

Sparse reward tasks We first investigate how HeLMS performs for varying degrees of reward sparsity. We use the skill space trained on `red_on_blue_stacking` and transfer it to the same RL task of stacking on object set 4. We evaluate performance when using a dense shaped reward, the sparse staged reward from the object generalisation experiments, and a fully sparse reward that is only provided after the agent stacks the object. The results are shown in Figure 6. With a dense reward (and no object transfer required), all of the approaches can successfully learn the task. With the sparse staged reward, the baselines all plateau at a lower performance, with the exception of NPMP, as previously discussed. However, for the challenging fully-sparse scenario, HeLMS is the only method that achieves non-zero reward. This neatly illustrates the benefit of hierarchical skills: they allow for directed exploration which ensure that even sparse rewards can be encountered. We next investigate this claim in more depth.

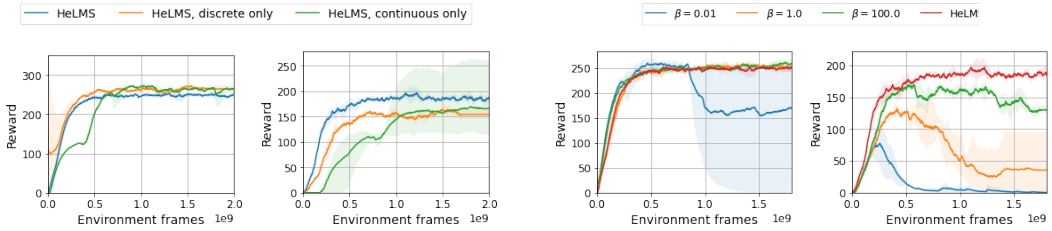
Exploration To measure whether the proposed approach leads to more directed zero-shot exploration, we record the average coverage in state space during an episode at the start of RL. This is computed as the variance (over an episode) of the environment state, separated into three interpretable groups: joints (angles and velocity), grasp (a binary simulated grasp sensor), and object poses (all of which are part of the agents' inputs). We also record the total reward (dense, sparse staged, and fully sparse). The results are reported in Table 1, averaged over 1000 episodes. While all approaches can achieve some zero-shot dense reward (with BC the most effective), HeLMS receives a sparse staged reward an order of magnitude greater. Further, in this particular experiment it was also able to achieve the sparse reward (stacked) in one episode. Analysing the state coverage results, while other methods are able to cover the joint space more (e.g. by randomly moving the joints), HeLMS is nearly two orders of magnitude higher for grasp states. These results indicate the utility of hierarchical skills: by acting over the space of abstract skills rather than low-level behaviours or raw actions, HeLMS is able to perform directed exploration and target particular states and behaviours of interest, such as grasping an object.

4.5 Ablation Studies

Offline learning For the offline learning phase, we answer the question: "how useful is it to capture both the discrete modes of behaviour and continuous variation in their execution?". To do this, we train our method with a fixed variance of zero for each latent component (i.e. 'discrete-only') and transfer to the stacking task with sparse staged reward in an easy case (object set 4) and

Method	Reward			State coverage ($\times 10^{-2}$)		
	Dense	Sparse staged	Sparse	Joints	Grasp	Objects
MPO	3.16	0.0	0.0	8.72	0.004	1.21
NPMP	1.41	0.0	0.0	14.70	0.009	1.22
BC	31.68	0.004	0.0	4.22	0.05	1.52
Hierarchical BC	16.42	0.004	0.0	2.61	0.04	1.31
HeLMS	20.46	0.05	0.003	2.98	1.10	1.61

Table 1: Analysis of zero-shot exploration with different techniques at the start of RL, in terms of the reward obtained and state coverage (variance over an episode of different subsets of the agent's state: proprioception, grasp sensor, and object states). Results are averaged over 1000 episodes.



(a) (b) (c) (d)

Figure 7: Ablations for offline learning (a-b) and online transfer via RL (c-d). Both ablations are evaluated for easy (object set 4) and hard (object set 3) transfer cases, with sparse staged rewards. (a)-(b) investigate the benefit of both continuous and discrete components during offline learning when transferring to the (a) easy and (b) hard case. (c)-(d) evaluate the effect of KL regularisation of skills during RL for (c) easy and (d) hard transfer.

hard case (object set 3), as shown in Figure 7(a) and (b). We also evaluate the 'continuous-only' case without the categorical, with just a single mixture component to represent the high- and mid-level skills: this is equivalent to the NPMP+KL baseline. We observe that the discrete component leads to improved sample efficiency in both easy and hard cases. Additionally modelling the continuous variation yields benefits to asymptotic performance in the hard case on average, but is perhaps not useful in the easy case (where it yields comparable or marginally reduced performance).

Online reinforcement learning One key choice at the RL stage is the degree to which the mid-level skills learned in HeLMS-mix are regularised to their initial values via coefficient η_z (see Section 2.3). The HeLMS-cat approach represents the extreme case where the skills are entirely frozen (i.e. full regularisation). We evaluate this for the same stacking task and reward as the previous ablation, in Figure 7(c) and (d). We observe that the approach is quite insensitive in the easy case, but requires very strong KL regularisation in the harder case. This also illustrates the utility of the categorical agent: while it could limit flexibility and adaptability of the mid-level skills, it can also provide the necessary regularisation in challenging transfer scenarios with sparse rewards, where spurious reward correlations could cause the skills to drift from what was previously learned.

5 Conclusion

We present HeLMS, an approach to learn transferable and reusable skills from offline data using a hierarchical mixture latent variable model. We analyse the learned skills to show that they effectively cluster data into distinct, interpretable behaviours. We demonstrate that the learned skills can be flexibly transferred to different tasks, unseen objects, and to different modalities (such as from state to vision). Ablation studies indicate that it is beneficial to model both discrete modes and continuous variation in behaviour, and highlight the importance of KL-regularisation when transferring to RL and fine-tuning the entire mixture of skills. We also perform extensive analysis to understand where and how the proposed skill hierarchy can be most useful: we find that it is particularly invaluable in sparse reward settings due to its ability to perform directed exploration.

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