Inverse Constitutional AI:
Compressing Preferences into Principles

Abstract

Feedback data is crucial for fine-tuning and evaluating state-of-the-art AI models according to human preferences. Pairwise text preferences, where annotators select the "better" of two options, are particularly common and often used to train reward models or compute aggregate statistics to declare one model "better" than another. For many applications, however, it is desirable to *understand* human preferences in addition to modelling them. Neither black-box reward models nor statistics can answer *why* one model is better than another. Pairwise preference datasets, therefore, pose an interpretability challenge, since the numerous (long) response pairs are often infeasible to interpret manually. Prior work has demonstrated that human-annotated preference data often exhibits unintended biases, underscoring the need for good interpretability tools to detect and alleviate such biases. In this paper, we introduce the *Inverse Constitutional AI* (ICAI) problem, formulating the interpretation of pairwise text preference data as a compression task. In constitutional AI, a set of principles (a *constitution*) is used to provide feedback and fine-tune AI models. ICAI inverts this process: given a feedback dataset, we aim to extract a constitution that best enables a large language model (LLM) to reconstruct the original annotations. We propose a corresponding algorithm and validate its generated constitutions quantitatively based on annotation reconstruction accuracy on several datasets: (a) synthetic feedback data with known principles; (b) AlpacaEval data with cross-annotated human feedback; (c) crowdsourced Chatbot Arena data; and (d) PRISM data from diverse demographic groups. As an example application, we further demonstrate the detection of biases in human feedback data. As a *short and interpretable representation* of the original dataset, generated constitutions have many potential use cases — they may help identify undesirable annotator biases, better understand model performance, scale feedback to unseen data, or assist with adapting LLMs to individual user or group preferences. We release the code for our experiments at *hidden url*.

Figure 1: **The *Inverse Constitutional AI* problem.** Starting from a set of pairwise preference feedback, we derive a set of natural language principles (a *constitution*) that explain the preference data. For validation, we reconstruct the original preferences with an LLM judging according to the generated constitution. The constitution represents a (highly compact) compression of the preferences.

1   Introduction

State-of-the-art *large language models* (LLMs) rely heavily on human feedback for training and evaluation. This feedback, often in the form of *pairwise text preferences*, is crucial to assess advanced capabilities, which are hard to evaluate automatically. Strategies for training on such data

have seen widespread adoption, with notable examples including *reinforcement learning from human feedback* (RLHF) (Ouyang et al., 2022; Stiennon et al., 2020) and *direct preference optimization* (DPO) (Rafailov et al., 2023). Beyond training, pairwise text preferences are also used for evaluating LLMs, such as in the *Chatbot Arena* (Chiang et al., 2024), where crowdsourced preferences determine rankings. Here, users interact with two anonymous models simultaneously via a web interface and select the preferred output. The resulting ranking may offer an alternative to conventional static benchmarks that better captures the multi-faceted nature of human preferences (Xu et al., 2023).

However, interpreting such pairwise data is challenging: it is hard to describe *what exactly* we train a model to do when applying RLHF with a large number of preference pairs. Similarly, understanding *why* a model is ranked higher in a pairwise data-based leaderboard remains difficult. Yet, understanding such data is critical: human feedback is not without its flaws. Systematic biases in human judgement have been documented extensively in the psychology literature (Tversky & Kahneman, 1974). It is therefore unsurprising that the human feedback used to guide and evaluate LLMs exhibits biases as well (Hosking et al., 2024; Wu & Aji, 2023; Bansal et al., 2024; Sharma et al., 2023; Xu et al., 2023). For example, human annotators have been observed to sometimes favour *assertiveness* (Hosking et al., 2024) or *grammatical correctness* (Wu & Aji, 2023) over truthfulness.

Feedback data with unintended biases can be problematic: when used for fine-tuning, biased data may lead to models that exhibit the same biases. Similarly, leaderboards based on biased data will *favour misaligned models* (Dubois et al., 2023; 2024). As such, it is valuable to understand the implicit rules and biases guiding annotators of feedback data. To date, however, few tools exist to detect biases in pre-existing preference data at scale. Prior work usually builds on specially designed datasets to detect biases and cannot be directly applied to pre-existing data or data generated in less controlled settings.

In this paper, we propose a novel approach to understanding preference corpora: *Inverse Constitutional AI* (ICAI). Our contributions are the following:

1. **The *Inverse Constitutional AI* (ICAI) problem.** In Constitutional AI (Bai et al., 2022), a set of principles (or *constitution*) is used to provide feedback and fine-tune language models. ICAI inverts this process: given a dataset of feedback by a human or model, we seek to compress the annotations into a set of principles that enable *reconstruction* of the annotations (Figure 1).

2. **An initial ICAI algorithm.** We introduce a first ICAI algorithm that generates a set of principles based on a feedback dataset. We validate the constitutions generated by our algorithm based on their ability to help reconstruct feedback. Given the complexity of human judgement, the constitution necessarily represents a "lossy", non-unique compression of the feedback data. Nevertheless, the interpretable nature of the principles may enable a number of promising downstream use cases: (a) highlighting potential issues in preference data; (b) creating interpretable reward models; (c) scaling human-annotated evaluation to new models and use cases; and (d) generating personal constitutions for customized model behaviour.

3. **Experimental results and case studies.** We test our approach experimentally on four datasets: (a) we first provide a proof-of-concept on *synthetic data* with known underlying principles; (b) we then demonstrate applicability to human-annotated data on the *AlpacaEval dataset* (Dubois et al., 2023); (c) we showcase applicability to interpreting individual user preferences via *Chatbot Arena Conversations* data (Zheng et al., 2023); (d) we investigate the use-case of bias detection on different datasets; and finally (e) we demonstrate our method's ability to help interpret differing group preferences on *PRISM* data (Kirk et al., 2024). We demonstrate the highly sample-efficient generation of personalised constitutions with human-readable and editable principles. We release the code to reproduce our results publicly.[1]

2 THE INVERSE CONSTITUTIONAL AI PROBLEM

Given a set of pairwise preference feedback, the *Inverse Constitutional AI* (ICAI) problem is to generate a corresponding *constitution* of natural-language principles that enable an LLM annotator to reconstruct the original preferences as well as possible. Formally, we seek to find

$$\arg\max_{c} \left\{ \text{agreement}(p_o, p_M(c)) \text{ s.t. } |c| \leq n \right\}, \tag{1}$$

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[1]URL hidden for anonymous submission.

Figure 2: **Overview of our *Inverse Constitutional AI* (ICAI) algorithm.** Given a dataset of pairwise comparisons, in Step 1 candidate principles are *generated* using an LLM. In Step 2, these principles are *clustered* using an embedding model. In Step 3, similar principles are deduplicated by *sampling* one principle per cluster. In Step 4, each principle is tested to evaluate its ability to help an LLM reconstruct the original annotations. Finally, in Step 5, the principles are *filtered* according to the testing results, and a set of filtered principles are returned as the final *constitution*. Optionally, a final step of additional clustering and subsampling can follow to ensure diverse principles.

where p_o are the original preferences and $p_M(c)$ are *constitutional* preferences over a pairwise preference corpus T, generated by LLM M using the constitution c. The constitution is subject to the constraint of up to n human-readable natural language principles. Agreement is defined as the percentage of constitutional preferences $p_M(c)$ identical to the original preferences p_o. A constitution with high agreement can help interpret a preference dataset to gain insight into the underlying annotator preferences and biases. The constitution may also be used for future preference synthesis, with an interpretable and editable set of principles.

3 METHOD

Our proposed first *Inverse Constitutional AI* (ICAI) algorithm, outlined in Figure 2, consists of five main steps: *principle generation*, *principle clustering*, *principle subsampling*, *principle testing*, and *principle filtering*. In the following, we describe each step in detail.

Step 1: Principle generation. We extract candidate principles using an LLM with access to the feedback data. The principles are generated on a per-comparison basis: an LLM is prompted with a pair of texts and corresponding preference, and then asked to propose principles that explain the preference (prompts in Appendix D.1). The generated principles are in the form of natural language instructions that inform preference decisions (e.g., "select the more polite output"). We generate a large number of candidate principles using multiple (by default 2) generation prompts and multiple principles per prompt to cover a wide range of potential rules. The generation prompts affect the type of principles that get generated and tested (e.g., specific/general, positive/negative rules).

Step 2: Principle clustering. Since the first step generates a large number of candidate principles independently, almost identical principles may be generated multiple times. We use k-means-based clustering on embeddings to identify principles that are similar for merging. The parameter k determines the number principles considered downstream and thus affects overall computational cost.

Step 3: Principle subsampling. In the third step, we deduplicate the principles by randomly sampling one principle per cluster, leading to a diverse set of remaining principles.

Step 4: Principle testing. The fourth step evaluates the generated principles' ability to help an LLM reconstruct the original annotations. We prompt the LLM with the generated principles to determine the 'vote' each principle casts on each comparison, which we then compare to the true annotations (see Appendix D.2). We parallelize this step, prompting the LLM with a pair of texts and multiple principles to provide a separate response (first preferred, second preferred, not relevant) for each principle. This parallelization reduces the token requirements compared to separate testing. While LLMs can exhibit anchoring effects when predicting multiple labels in one output (Stureborg et al., 2024), we hypothesize this effect is less pronounced for relative preferences and our experimental results indicate sufficient reliability on our datasets. We compare these results to the original

labels and count the correct, incorrect, and not relevant labels for each principle separately, thereby identifying principles that help the LLM to correctly annotate the dataset.

Step 5: Principle filtering. Finally, the principles are filtered based on the results of the previous testing step. We only keep principles that improve the reconstruction loss, while discarding principles that do not help or even hinder the reconstruction. We further discard principles that are marked as relevant on less than $x\%$ of the data (default 10%), to avoid overly specific principles that do not generalize. We order the principles according to their net contribution to correctly annotating the dataset (*#correct − #incorrect annotations*). We then select the top n principles[2] according to this order. Optionally, to increase principle diversity, we cluster the top m $(> n)$ principles into n clusters as before, and subsample the highest ordered principle from each cluster.[3] The final ordered list of principles from this filtering step is returned as the *constitution*.

Inference. Given a constitution, we can validate its ability to "explain" the original feedback dataset. We do this validation using AI annotators prompted with the constitution, an approach pioneered by Bai et al. (2022) and commonly referred to as constitutional AI. Notably this leaves room for interpretation of the constitution by the AI annotator, as the constitution may be ambiguous, contradictory or incomplete[4]. It is also dependent on the exact phrasing of the prompt and the constitution, an effect extensively studied by Li et al. (2024c) on whose work we build. This inference based on a constitutional AI annotator enables us to quantitatively test the validity of our generated constitutions and their ability to explain the data while also enabling downstream use cases such as personalized preference models.

4 EXPERIMENTS

We conduct experiments on four datasets: (1) *synthetic data* to demonstrate the basic functionality of our algorithm, (2) human-annotated *AlpacaEval data* to demonstrate the applicability of our algorithm to real-world data, (3) *Chatbot Arena data* to illustrate the application of our algorithm to infer individual user preferences, and (4) *PRISM* data to showcase the ability to gain insights into group preferences. Throughout our experiments we primarily use two models from OpenAI: `gpt-3.5-turbo-0125` (referred to as *GPT-3.5-Turbo*) and `gpt-4o-2024-05-13` (referred to as *GPT-4o*).[5] All experiments use OpenAI's `text-embedding-ada-002` embedding model for clustering. Note that the example constitutions in all figures were chosen for illustrative purposes, a representative selection can be found in Appendix E. We include the full numerical results in Appendix F.

Annotators. We use the AlpacaEval[6] (Li et al., 2024c) package and their annotators as the baselines (*Default* annotator, see Appendix D.4). These annotators have been shown to strongly correlate with human preferences. To evaluate constitution effectiveness, we create custom prompts that ask the model to annotate according to the principles in the constitution (see Appendix D.3). The Default annotator cannot adjust to different datasets, performing poorly when preferences deviate from its default preferences. In contrast, our constitutional annotator is able to adapt, a key advantage of our approach. All our annotator outputs are parsed using function calling (where supported), as prior AlpacaEval experiments show this improves annotator performance. We show random baseline performance as a grey dashed line at 50% in all plots.

4.1 PROOF-OF-CONCEPT: SYNTHETIC DATA

We first apply our algorithm to three *synthetic datasets* created according to known rules crafted to be aligned, unaligned, and orthogonal to the preferences internalized by the base LLM. Each dataset is generated from three principles, with 10 pairs per principle, resulting in 30 pairs per dataset. We provide an overview of these datasets here, with further details in Appendix H.

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[2]Experimental results for varying n available in Appendix C.4.

[3]We found it important not to be too restrictive with the number of clusters in Step 2, as good principles may never be tested. More clusters can lead to duplicates in the tested rules, necessitating another filtering step.

[4]Similarly, a country's legal constitution is an ambiguous set of principles interpreted by judges.

[5]Detailed model description available at `https://platform.openai.com/docs/models/`.

[6]`https://github.com/tatsu-lab/alpaca_eval`, license Apache-2.0.

Figure 3: Results on synthetic data. **Our constitutional annotators can reconstruct a variety of preferences using limited data and without fine-tuning.** We demonstrate our algorithm's adaptability on three synthetic datasets: one *orthogonal* to the base LLM's learned preferences, one *aligned* with those preferences and one *unaligned* with them. We generate constitutions for each and report agreement with the original data of a *default* LLM annotator and a *constitutional* annotator (prompted with a constitution). Our constitutions notably improve agreement in the orthogonal and unaligned cases and retain high agreement in the aligned case, albeit with more variance. Our method's ability to detect biases is illustrated by the example constitution in the unaligned case. Plots show mean and standard deviation (6 seeds) using GPT-3.5-Turbo.

Orthogonal. This dataset is based on principles intended to be neither supported nor opposed by humans or language models on average. In particular, we create a dataset based on three principles: "prefer cats over dogs", "prefer green over blue color", and "select lemon over raspberry ice-cream".

Aligned and unaligned. The aligned dataset uses preferences generally accepted by humans and (especially) language models. Our dataset follows three principles: "select truthful over factually incorrect answers", "select helpful over useless answers", "select polite over impolite answers". The unaligned dataset flips these annotations, creating a dataset that a default LLM annotator mostly disagrees with.

Results. In Figure 3, we compare *default* annotators (prompted to select the "best" output) to *constitutional* annotators (prompted with a generated constitution). We find that constitutional annotators reconstruct original annotations better in the orthogonal and unaligned datasets, and keep high agreement in the aligned case[7]. These results indicate that the constitutions capture helpful information about the preferences. Qualitatively, the generated constitutions (see Appendix E) often closely correspond to the principles described above.

4.2 HUMAN-ANNOTATED ALPACAEVAL DATA

We test our approach on human-annotated texts using the *AlpacaEval dataset* (Dubois et al., 2023). The dataset, used for the AlpacaEval leaderboard, features about 650 data points cross-annotated by four annotators, with well-tested baseline AI annotators and evaluation tooling. It captures general human preferences, likely very similar to the ones the base model was fine-tuned on. As a consequence, the default annotator (without a constitution) agrees strongly with the annotations, leaving little room for improvement. The goal of this experiment, then, is not to exceed the default annotator's annotation performance on this dataset but to answer the following research questions: **(Q1)** Can constitutional annotators *match* the default annotator's performance on the aligned dataset, while providing the benefit of interpretable and editable constitutions? **(Q2)** Is ICAI able to extract and follow principles that are exactly opposite to the aligned dataset, despite the base model's biases? Note that most practical applications will be somewhere between the two extremes of the aligned and the unaligned scenario, allowing ICAI to increase the annotator's performance while offering insights into the learned principles, along with the ability to inspect and modify them as needed.

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[7]The aligned case offers little room for improvement, as further discussed in Section 4.2.

Figure 4: Results on AlpacaEval data. **GPT-4o generates and uses interpretable constitutions that match the performance of the default annotator on aligned preferences and notably increase agreement with unaligned preferences.** Tested on aligned (original) and unaligned (flipped) versions of AlpacaEval, with GPT-4o generating constitutions which are then used by constitutional annotators backed by GPT-4o and GPT-3.5-Turbo. Note we can only expect significant improvement in the unaligned case, as discussed in the main text. The aligned case does not leave room for improvement over the default annotator, but allows us to gain new insights into the preferences expressed in the dataset. In the unaligned case, GPT-4o's agreement improves notably, while GPT-3.5-Turbo's performance does not exceed random choice, indicating its limited ability to follow unaligned principles. Plots show mean and standard deviation (6 seeds).

Experimental setup. For each seed, we randomly select mutually exclusive training and test subsets with 65 annotated pairs each. Constitutions are generated on the training subset and results reported on the (unseen) test subset. We derive an *aligned* dataset based on majority vote (ties broken randomly) and an *unaligned* dataset using flipped annotations.

Results. Figure 4 shows that constitutional annotators approximately match base annotator performance in the aligned scenario while using an easily interpretable constitution, answering **(Q1)** affirmatively[8]. The unaligned dataset shows GPT-4o succeeding at following opposing principles, improving beyond the default annotator, while GPT-3.5-Turbo fails to do so despite using the same GPT-4o-generated constitutions. This answers **(Q2)** affirmatively for GPT-4o, revealing a capability gap between models. Since we evaluate the constitutions on an *unseen* test set, these results also demonstrate ICAI's potential for *annotation scaling*, extracting a constitution from a small training set (65 preferences here) and applying it to new data.

Constitution transferability. Given GPT-3.5-Turbo's limitations in the unaligned case in Figure 4, Appendix C.5 provides a more general exploration of how well our constitutions *can transfer between models*. To this end, we take the best performing constitution of the unaligned case on the training set and test how well models from Anthropic's Claude family are able to use these constitutions on the test set. The results indicate that this constitution transfers well to the Claude models — better than to GPT-3.5-Turbo, although transfer still incurs some loss. This is a promising result as it indicates that our constitutions are not excessively overfitting to the generation model, which indicates that they may capture more general concepts that are also interpretable to humans.

Scaling. Finally, although we consider sample-efficiency to be a benefit of our approach, we further evaluate whether these results also hold with larger scale datasets. We repeat the experiment on the AlpacaEval unaligned dataset with the full 648 preference pairs in the original dataset, using 324 samples each for training and testing. We observe that the overall results are very similar: the constitutional annotator with 61% agreement (66% prev.) still notably outperforms the the default annotator with 34% (27% prev.). The full results are included in Appendix C.6.

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[8]We observe a very slight improvement in GPT-3.5-Turbo's annotations and a similarly small reduction in GPT-4o's agreement. This may be explained by the GPT-3.5-Turbo model being less attuned to the preferences in the dataset, which can be alleviated with a constitution. In the case of GPT-4o, however, the constitutional annotator likely focuses on the highly compressed constitution, even in cases where the default annotator would have a more nuanced (but less interpretable) understanding of the underlying preferences.

Figure 5: **Case-study: Constitutions for demographic groups on PRISM data.** We consider two groups reported by Kirk et al. (2024) to have preferences differing from average: participants born in Africa (*Group A*) rank Mistral-7b higher in this dataset and those born in Asia (*Group B*) rank Llama-2-7b lower than average. Both groups are small and not representative. We generate constitutions for both groups to explore these preferences. For each group, the annotator using the group's data performs best. Constitutions (see Appendix E.4) suggest that Group A prefers Mistral-7b due to it's *conciseness*, while Group B's constitutions have recurring rules related to *providing more detailed descriptions*. Plots show mean and standard deviation (6 seeds) using GPT-4o.

4.3 INDIVIDUAL PREFERENCES: CHATBOT ARENA DATA

We evaluate ICAI's ability to generate *personal constitutions* using the *Chatbot Arena Conversations* dataset (Zheng et al., 2023), which consists of 33k human-annotated preferences with user-generated prompts, offering richer insights into individual preferences compared to AlpacaEval. Due to limited samples, there is no training-test split.

We select two users exhibiting different preferences from the Chatbot Arena dataset (with 9 and 12 preference annotations respectively) and generate a separate constitution with 3 principles for each. We provide details on the experimental setup and results in Appendix C.1 and summarize the results here. As may be expected, we find that the personal constitutions generated for each user are able to improve the annotator's performance on the user's annotations, but do not transfer well to the other user's annotations. This shows that our constitutions successfully capture individual differences, illustrating the potential to generate personal constitutions. Note that how well a personal constitution transfers from one user to another depends on how similar their preferences are, with the contrast being the most pronounced between users with opposing preferences. Results will therefore vary for any given pair of users.

4.4 DEMOGRAPHIC GROUP PREFERENCES: PRISM DATA

Finally, we test ICAI's ability to help interpret demographic group preferences on the *PRISM* dataset (Kirk et al., 2024), consisting of annotations on 8,011 multi-turn conversations with 21 LLMs across a range of value-based and controversial topics from a diverse set of 1,396 annotators.

Experimental setup. We consider two annotator subgroups described by Kirk et al. (2024) to have differing preferences with respect to certain models relative to the average annotators. Group A, annotators born in African countries, are reported to prefer the outputs of Mistral-7b relative to the overall rank. Similarly, Group B, annotators born in Asian countries, are reported to dislike Llama-2-7b disproportionately. These observations raise the question: *why do these subgroups prefer or dislike those specific models?* With no concrete explanation in the original paper, ICAI offers a method to generate and test possible explanations. We select the subset of PRISM interactions where Group A prefers Mistral-7b over another model (30 pairs[9]), and similarly, the subset where Group B rejects Llama-2-7b for any other model (80 pairs). Note that, as for Chatbot Arena, the few samples do not allow for a train/test split, which we consider acceptable for the purposes of data

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[9]In PRISM, there are 4 models compared in the first step of each conversation. We pick one of the other three (rejected) models at random.

Table 1: **Evaluation of possibly biased principles on three datasets.** Results on AlpacaEval (648 preferences), Chatbot Arena (5,115), and PRISM (7,490), showing relevance (fraction of data points where the principle applies) and accuracy (correctly reconstructed relevant data points). Grey values indicate relevance for fewer than 50 preferences. See Table 2 in Appendix C.2 for extended results.

Principle *Select the response that...*	AlpacaEv. Acc	AlpacaEv. Rel	ChatbotAr. Acc	ChatbotAr. Rel	PRISM Acc	PRISM Rel
is overly lengthy and lacks brevity	52.2	80.4	57.1	97.1	57.7	96.9
provides a numbered list format	73.4	12.2	62.3	45.5	71.6	17.7
presents a definitive stance without nuance	58.6	10.8	57.1	11.4	49.1	31.2
is overly general and vague	30.4	15.7	26.8	9.6	26.1	23.1
emphasizes neutrality over providing information	50.0	2.2	40.8	10.2	58.0	46.2

explanation. We then run ICAI on each subset separately to create a constitution for each group, testing each on both datasets. We use the same prompting setup as the Chatbot Arena experiments.

Results. Figure 5 shows that our constitutional annotators exceed default annotator performance in reconstructing the datasets they aim to compress but (as expected) do not transfer well to the other group's annotations. This supports the observation by Kirk et al. (2024) that each group's preference differs from average preferences. Indeed, the generated constitutions (see Appendix E.4) allow us to also ask *how* the preferences differ: Group A appears to strongly prefer more *concise* responses, whereas Group B has more diverse constitutions that often ask for *more detailed descriptions*.

4.5 APPLICATION: BIAS DETECTION

We showcase ICAI's application in bias detection, following three steps: (1) Generate and test 400 candidate principles on 1,000 preference pairs (500 from PRISM, 500 from Chatbot Arena[10]) to capture diverse biases (using steps 1-4 of ICAI algorithm). (2) Manually select principles indicating potential biases, focusing on those with high accuracy or limited applicability. (3) Evaluate these principles on 13k preferences (7,490 from PRISM, 5,115 from Chatbot Arena, and 648 from AlpacaEval), using step 4 of the ICAI algorithm. All steps use GPT-4o-mini for cost efficiency.

Results, shown in Table 1, reveal biases regarding verbosity, style, and assertiveness. Verbosity bias, where longer responses are preferred, is consistently observed across datasets, with Chatbot Arena and PRISM strongly favouring overly lengthy responses (notably, 57.1% and 57.7% accuracy, respectively). Style biases, such as a preference for numbered lists, are especially prominent in AlpacaEval (73% accuracy) and PRISM (72%), although their relevance is more limited compared to verbosity-related principles. Assertiveness bias, favouring definitive over nuanced responses, appears most commonly in political contexts and raises concerns about its impact on evaluations. Additionally, biases around ambiguity and vagueness vary by dataset; for example, PRISM annotations often favour neutral responses, while Chatbot Arena actively selects against neutrality or responses acknowledging informational limitations. These results emphasize the dataset-specific nature of biases and validate the framework's sensitivity to such patterns. More biases, discussion and mitigation strategies can be found in Appendix C.2.

4.6 ABLATION STUDIES

We conduct ablation studies to assess the contribution of each step in our pipeline across four scenarios: synthetic orthogonal, synthetic aligned, synthetic unaligned, and AlpacaEval unaligned, using GPT-3.5-Turbo for the first three and GPT-4 for the last. Numerical results, as well as a detailed discussion of the ablations, the experimental setup, and the results, are provided in Appendix C.3. Key findings are summarized below:

Simplified principle generation (Step 1). Generating only a single principle with a neutral prompt slightly reduces performance, indicating the importance of diverse principles. The performance drop

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[10]This experiment uses the Kaggle data (see Appendix A), differing from the data used in other experiments.

is particularly pronounced on the synthetic aligned dataset, which aligns with our observation that GPT-3.5-Turbo struggles to generate both positive and negative principles from a single prompt.

No deduplication (Steps 2, 3, and 5). Ablating deduplication produces mixed results: performance decreases on the synthetic aligned and synthetic unaligned datasets but improves on the synthetic orthogonal and AlpacaEval unaligned datasets. We hypothesize that repetition reinforces principles, especially when the model strongly opposes certain principles, as seen in AlpacaEval. Conversely, deduplication proves more effective when principles are less opposed to model biases, as observed in the synthetic orthogonal scenario. We conclude that deduplication is likely generally beneficial but that repetition may help overcome strong model biases in specific cases. Further details can be found in Appendix C.3.1.

No filtering and testing (Steps 4 and 5). Removing the filtering and testing steps has the most drastic impact, with performance dropping across all datasets. In particular, the annotators fail to outperform the random baseline in the unaligned experiments.

5 RELATED WORK

Our work focuses on deriving interpretable principles from human feedback data and using AI annotators to evaluate those principles. We build on work related to learning from human feedback, biases in feedback, interpretable preference models, and AI annotators.

Learning from human feedback. Fine-tuning LLMs with human feedback has significantly contributed to the success of modern LLMs (Ouyang et al., 2022; Stiennon et al., 2020). Typically, feedback is collected through pairwise comparisons of model outputs, training a *reward model* for fine-tuning, e.g. using reinforcement learning from human feedback (RLHF) (Ouyang et al., 2022; Stiennon et al., 2020; Kaufmann et al., 2024) or direct preference optimization (DPO) (Rafailov et al., 2023). Interpreting preference data is challenging since it generally lacks annotations of the underlying reasons and the reward model is often a black-box neural network, making it hard to interpret. Our work aims to generate interpretable principles explaining the feedback data.

Biases in human feedback. Identifying biases in human feedback data is crucial, as unintended biases are common. For example, Hosking et al. (2024) note a preference for assertiveness over truthfulness, while Wu & Aji (2023) highlight a bias towards grammatical correctness over factual accuracy. Bansal et al. (2024) highlight that feedback methods influence biases, e.g., annotators focus more on accuracy in pairwise comparisons compared to rating feedback. Additionally, Sharma et al. (2023) observe a bias towards sycophantic outputs, where responses align with the user's beliefs rather than the truth. While these studies provide valuable insights, most methods for detecting biases rely on specialized feedback data collection, making them challenging to apply to pre-existing data. Our work generates interpretable principles from existing preference data, which can be inspected to detect biases and provide insights into the underlying preferences.

Interpretable preference models. There has been a growing interest in creating interpretable preference models, aiding in understanding behaviour of AI systems. Go et al. (2024) create a *compositional* preference model based on 13 fixed features, similar to our constitutional principles. While they do not generate the constitution from data, they do create a regression model to weigh them, which would be a promising extension to our approach. Petridis et al. (2024) propose a feedback-based constitution generation method relying on interactive tools, whereas our approach can be applied to standard preference datasets.

AI annotators. Due to the cost and time required for human feedback collection, AI annotators, or LLM-as-a-judge, have been proposed as a scalable alternative. Constitutional AI (Bai et al., 2022) uses LLMs with a set of principles for feedback. Due to strong alignment with human preferences through fine-tuning, LLMs can generalize from very general principles, such as "do what's best for humanity" (Kundu et al., 2023), or even give feedback well-aligned with human preferences without any constitution (Zheng et al., 2023). Our experiments show similar trends, where default LLM annotators align well with dataset annotations, even without a constitution. AI annotators can also exhibit biases, further discussed in Appendix B. AlpacaEval (Li et al., 2024c) offers a set of well-validated AI annotators.

Rule-based preference learning. Rule learning, aiming to develop descriptive or predictive rules, has previously been applied to preference learning (de Sá et al., 2011). A common technique for rule

learning is to first generate a set of candidate rules and then measure each rule's *support* in a dataset, i.e. the fraction of data points that satisfy the rule (Fürnkranz et al., 2012; de Sá et al., 2011). Our algorithm follows this approach but, in contrast to more traditional rule learning, generates rules as natural language sentences. These rules, though more ambiguous and requiring AI annotators for interpretation, are expressive, interpretable, and easy for non-experts to edit[11]. Liu et al. (2023) follow a similar generate-and-test approach to derive text quality criteria. They require absolute scores on a fixed set of aspects, however, while our method leverages pairwise comparisons covering many aspects simultaneously, as is commonly the case for publicly available preference datasets.

Concurrent work. Further, we would like to highlight concurrent works by Kostolansky (2024), Kostolansky & Manyika (2024), and Shankar et al. (2024b) exploring ideas highly related to our work, perhaps highlighting the timeliness of this line of research. Whilst related, our work differs in terms of the precise choice of approach taken as well as the comprehensiveness of our experiments. We provide a detailed comparison in Appendix B.3.

6   LIMITATIONS

It is important to consider the limitations of our approach when interpreting our results. Firstly, *we do not show causality* — our generated principles correlate LLM annotators with the original annotations, but we cannot validate if these principles were used by the original annotators. Multiple constitutions may explain the data equally well (as in the Rashomon effect (Breiman, 2001)). Nonetheless, an undesirable principle correlating with annotations is concerning, even if the principle was not intentionally used. For example, in the "aligned" variant of the AlpacaEval dataset, some generated constitutions include principles to prefer verbose or redundant responses (see Appendix E.2.1). While this principle was likely not consciously followed by the original annotators, its high support in the dataset may warrant further investigation and possible data cleaning. Secondly, *constitutions represent a lossy compression* — A constitution of a few principles is a simplification of the decision-making process underlying annotations. Some annotations may not be possible to reconstruct based on a simple constitution. This trade-off highlights the tension between interpretability and accuracy: concise, human-readable principles versus more complex representations. While ICAI could be adapted for richer constitutions to balance this trade-off, a black-box reward model may be preferable when maximizing accuracy is critical. Finally, *preferences closely aligned to LLMs are challenging to test.* If an LLM annotator is already highly aligned with the dataset annotations, improving its performance with a constitution is challenging. The constitutional reconstruction loss is most useful for evaluating principles orthogonal to or against the popular opinions internalized by the LLM. On already well-aligned models, the constitution may not improve performance, but it can still provide insights into the underlying preferences. Future work should focus on addressing these limitations, extending the capabilities of our approach, possibly using multi-modal models, and exploring new applications.

7   CONCLUSION

We have presented our work on the *Inverse Constitutional AI* (ICAI) problem: first defining the ICAI problem compressing preference data into a short list of natural language principles (or *constitution*). We then introduced an initial ICAI algorithm as a first approach to generate such constitutions. We demonstrated the effectiveness of our approach in experiments across four different types of datasets: (a) *synthetic data* to provide a proof of concept; (b) *AlpacaEval data* to show the applicability to compress human-annotated data and the possibility of transferring constitutions across model families; (c) *Chatbot Arena data* to illustrate the generation of personal constitutions; and (d) *PRISM* data to demonstrate the ability to provide possible explanations for previously observed group preferences. We hope that our approach can improve both our understanding and the usefulness of widely-used feedback data. Potential use cases of our interpretable and editable constitutions include: highlighting issues with datasets, creating interpretable alternatives to black-box reward models, scaling human-annotated evaluation to new models and use cases, and improving model customization via personal or group constitutions. We are excited for future work to explore these use cases in more detail.

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[11]This can also be seen as a method for automatic prompt generation, as discussed in Appendix B.

ETHICS STATEMENT

We hope our work will have a positive societal impact by helping better understand preference data, already widely used for fine-tuning and evaluation of popular LLMs. We emphasize that our generated constitutions cannot claim to reconstruct an individual's true reasoning process. The constitutions should be interpreted cautiously when working with human annotators to avoid potential negative implications. This is especially important when attempting to explain demographic preferences, as multiple possible explanations may correlate with the data and malicious actors could cherry-pick specific ones to make discriminatory statements or reinforce prior beliefs. Similarly, the use of our approach for personalized LLMs should also be considered carefully. This risk of spurious correlations is counterbalanced, however, by the ability to edit and inspect the generated principles. This ability potentially helps avoid amplification of unintended biases when using ICAI in downstream applications. Overall, we believe the potential for positive impacts outweighs possible negative impacts.

REPRODUCIBILITY STATEMENT

We make the code for our method and experiments available in the supplementary materials. We will add a link to public repository upon publication. Further, we attempted to add as many details in the paper as possible, including all prompts in Appendix D as well as a description of our synthetic data generation approach in Appendix H. For direct comparability, we also make numerical results available in Appendix F.

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APPENDIX

A   DATASET DETAILS

We use four datasets in our experiments: synthetic data, AlpacaEval, Chatbot Arena, and PRISM. The synthetic dataset is described in Appendix H, the other datasets are publicly available and described in the following.

AlpacaEval is a dataset of 648 human-annotated preferences, each consisting of a pair of model outputs, with one preferred over the other. It is licensed under CC-BY-NC-4.0 and can be accessed at `https://huggingface.co/datasets/tatsu-lab/alpaca_eval`.

Chatbot Arena Conversations is a dataset of 33,000 preferences from the Chatbot Arena, used by the popular LMSYS leaderboard. Each datapoint consists of a prompt and preference over a pair of model outputs, both human genearted. It is licensed under CC-BY-NC-4.0 and can be accessed at `https://huggingface.co/datasets/lmsys/chatbot_arena_conversations`.

Chatbot Arena Kaggle is a dataset of 55,000 human-annotated preferences, each consisting of a pair of model outputs, with one preferred over the other. The dataset is similar to Chatbot Arena Conversations, but contains more recent data. It is licensed under CC BY-NC 4.0 and can be accessed at `https://www.kaggle.com/competitions/lmsys-chatbot-arena/data`.

PRISM is a dataset of 8,011 human-annotated preferences, each consisting of a pair of model outputs, with one preferred over the other. The dataset is licensed under CC-BY-4.0 and can be accessed at `https://huggingface.co/datasets/HannahRoseKirk/prism-alignment`.

B   EXTENDED RELATED AND CONCURRENT WORK

In addition to the related work discussed in the main body (Section 5), in a broader sense ICAI can also be viewed as a method for automated prompt generation. Another relevant area concerns biases exhibited by AI annotators, which are important due to ICAI's reliance on such annotators and its potential use as a tool for detecting these biases. We also give a more extensive discussion of concurrent work, in addition to the brief overview in the main body (Appendix B.3).

B.1   RELATION TO PROMPT GENERATION

LLM outputs can be guided by generating specific prompts. This relates closely to our work, where we create principles to steer outputs.

Manual adversarial prompt generation, or 'jailbreaking', allows users to bypass safety constraints imposed during fine-tuning. This process can also be automated (Zou et al., 2023), generating adversarial prompts to attack a wide range of models. Li et al. (2024a) propose virtual tokens to steer outputs towards specific viewpoints, using a dataset of question responses to define these personas, unlike our approach based on pairwise comparisons and interpretable constitutions. Rodriguez et al. (2024) explore the use of LLMs to discover and classify user intent, which may help adapt model prompts.

B.2   RELATION TO AI ANNOTATOR BIASES

AI annotators can exhibit biases, partially overlapping with human biases (Chen et al., 2024), and inconsistencies in their judgements (Stureborg et al., 2024). Examples include position bias (preferring the first output) (Zheng et al., 2023), verbosity bias (preferring longer responses) (Zheng et al., 2023), and self-enhancement or familiarity bias (preferring outputs similar to their own) (Panickssery et al., 2024; Stureborg et al., 2024). Their proposed mitigation measures include trying both orderings and tying if inconsistent, with further explorations in later work (Dubois et al., 2024).

B.3   EXTENDED CONCURRENT WORK

Kostolansky (2024) introduced (and identically named) the problem of *Inverse Constitutional AI* (ICAI), concurrently with our work. Their problem formulation includes our first step, going from

preferences to principles, but omits the reconstruction loss using a constitutional annotator. Their corresponding method also differs from ours, first clustering principles and then generating principles per cluster (instead of the other way around). Their results focus on reconstructing known clusters of preferences — requiring special preference datasets with known clusters and providing limited insight into the usefulness of each cluster's generated principles. Thus, their results cannot be directly compared to ours. Based on our ablation results, we remain sceptical that more focus on clustering would be helpful to create representative principles.

Kostolansky & Manyika (2024) also concurrently introduced an alternative formulation named *Iterative Inverse Constitutional AI* (I^3CAI). This problem formulation focuses on optimising each principle's ability to nudge an LLM towards correctly reconstructing annotations. This objective resembles our per-principle voting step, although being based on the conditional probability of correctly annotating a pair given a principle — rather than observed sampled annotations. This approach may offer a less noisy estimate than sampling but is not possible for all non-open API-based models. Perhaps due to this limitation their experiments use the Llama-2-7b model, relatively weak compared to larger state-of-the-art models. As the name suggests, their method *iteratively* refines principles, differing quite a bit from our approach and requiring a "seed" constitution to initialize the process. As their implementation is at the time of writing not publicly available (as far as we are aware), we were unable to directly evaluate their method relative to ours — but testing this method in our experimental settings would be an interesting future study to run.

Shankar et al. (2024b) adapt *System for Prompt Analysis and Delta-Based Evaluation* (SPADE) (Shankar et al., 2024a) to the pairwise annotation setting. SPADE is a method that was originally designed for generating evaluation criteria based on differences ("deltas") between different prompt versions during the development of LLM-based applications. The authors adapt this method to the pairwise setting and report it as a baseline, but limited information regarding the transfer of SPADE to the pairwise setting makes it challenging for us to make a meaningful comparison. Based on the original SPADE paper, this method likely uses a two stage process: (1) initially proposing criteria based on the preference data (prompt deltas originally) using an LLM, and then (2) testing each criterion and selecting a subset based on its coverage of test cases as well as false failure rate. We believe that adding a similar selection process of rules, whilst adding complexity, would be an interesting extension of our method to explore in future work. Our initial principle selection process is intentionally simpler to avoid introducing more complexity. Regarding larger datasets and associated costs, we are uncertain whether and how they adapt their method to scale and whether they add any form of clustering. We were unable to find a public implementation of this pairwise SPADE version.

PopAlign (Wang et al., 2024) aims to improve model alignment and robustness by synthesizing more diverse response pairs as well as the corresponding preference data. Among the proposed diversification strategies, the elicitive contrast approach is particularly related to our work, as it prompts the model to first derive principles for a given instruction (based on overarching 'helpful and harmless' guidelines) and then use these principles to generate a response. While this dynamic principle derivation resembles our approach, PopAlign focuses on generating new feedback data, whereas ICAI aims to interpret existing datasets. As a result, PopAlign does not incorporate responses and preferences into its principle generation process, nor does it aim to produce globally applicable principles evaluated across other data points. While the goals of the two methods differ, they are complementary: ICAI's data-driven constitutions could inform the creation of more targeted contrastive prompts for PopAlign, while PopAlign's strategies for generating diverse responses could provide richer preference data for ICAI, enabling a more comprehensive understanding of human preferences.

Mu et al. (2024) introduce a method to train auxiliary 'rule-based reward models' by composing natural-language 'propositions' — binary statements about a response, such as "contains an apology" — into a linear combination that serves as a reward signal. These propositions are hand-crafted and used as features in the reward model[12], rather than as direct preference indicators. While related, this approach does not aim to interpret or compress existing feedback datasets. Mu et al. (2024) further emphasizes detailed, interpretable rules over broader principles (e.g., "prefer the helpful response") to improve interpretability and steerability An ICAI-like approach could complement rule-based methods by generating candidate propositions in a data-driven manner, potentially reducing

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[12]They can also be used as atoms in hand-crafted rules.

manual engineering effort and enabling efficient fine-tuning of models with modified constitutions. This highlights the potential for combining principled compression with explicit, rule-based rewards to enhance both interpretability and adaptability in safety-critical applications.

C ADDITIONAL EXPERIMENT DETAILS

In this section, we provide additional details and results for experiments discussed in the main text.

C.1 DETAILED CHATBOT ARENA EXPERIMENTS

Figure 6: **Case-study: Personal constitutions for anonymous Chatbot Arena users.** Personal constitutions have the potential to help make LLM applications more helpful and customized to individual users' preferences — in an interpretable way. We generate constitutions based on a single user's annotations and check the constitutions' ability to help reconstruct the annotations of the same user and another user. For the two users, selected to have differing preferences, we observe that generated personal constitutions appear to work best for the original user and not transfer perfectly to another user. Note that this effect will vary for other users depending on how different users' preferences are. Plots show mean and standard deviation (6 seeds) using GPT-4o.

Experimental setup. We select two users exhibiting different preferences[13] from the Chatbot Arena dataset (with 9 and 12 preference annotations respectively) and generate a separate constitution with 3 principles for each. Note that due to the small number of samples, there is no split between training and test data. While this lack of separation may result in overfitting, we consider it acceptable in this case since our goal is not to develop a generalizable model, but rather to explain the preferences within this specific dataset. To better detect the effect of user-specific principles, we adapt our generation and annotation prompts (Appendix D) to generate constitutions more specific to the individual users and follow the specific principles more closely rather than the model's priors.

Results. The results can be found in Figure 6 and are discussed in the main text (Section 4.3).

C.2 USE-CASE EXAMPLE: BIAS DETECTION

LLMs are known to exhibit biases, often originating from the data used to train them. This includes stylistic biases (Dubois et al., 2023; 2024), social or stereotypical biases (Navigli et al., 2023), and cultural biases (Tao et al., 2024). They can arise from the initial training data (Navigli et al., 2023) as well as the feedback data used during fine-tuning (Dubois et al., 2024; Tao et al., 2024). Our framework, ICAI, provides a mechanism to detect such biases in the preference data and offers actionable tools to analyse and mitigate them. This section presents examples of biases identified by our approach in the AlpacaEval and Chatbot Arena datasets and further discusses possible mitigation strategies and limitations.

Bias detection study. Our method can help detect biases by generating principles that expose the bias and measuring their performance. We run a study to showcase this ability of ICAI using the

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[13]The Chatbot Arena dataset was filtered by the authors to avoid personally identifiable information (PII).

Table 2: **Evaluation of possibly biased principles on three datasets.** Results on AlpacaEval (648 preferences), Chatbot Arena (5,115), and PRISM (7,490). Metrics shown are relevance (fraction of data points where the principle applies) and accuracy (fraction of relevant data points correctly reconstructed). Gray values indicate relevance for less than 50 preferences on the dataset. Hand-picked, grouped and sorted to illustrate presence of well-known and less discussed biases.

| Principle
Select the response that...	AlpacaEv.		ChatbotAr.		PRISM	
	Acc	**Rel**	**Acc**	**Rel**	**Acc**	**Rel**
Verbosity and style						
is overly lengthy and lacks brevity	52.2	80.4	57.1	97.1	57.7	96.9
contains redundant information	44.7	7.3	39.7	12.8	35.1	3.0
provides a numbered list format	73.4	12.2	62.3	45.5	71.6	17.7
is more concise and structured	47.4	98.6	42.9	95.5	42.7	94.6
uses more formal language	56.8	6.8	53.4	16.0	61.9	5.4
feels more casual and friendly	43.8	67.3	43.3	61.2	41.1	74.5
Assertiveness						
presents a definitive stance without nuance	58.6	10.8	57.1	11.4	49.1	31.2
presents a biased viewpoint without nuance	36.8	2.9	50.8	4.6	45.4	17.2
lacks nuance in political analysis	36.4	1.7	49.3	2.7	44.0	11.1
lacks neutrality in political matters	55.6	1.4	49.6	2.7	38.9	9.8
presents a one-sided argument	32.0	3.9	53.4	5.2	46.1	19.5
avoids acknowledging complexity of the issue	28.1	4.9	37.9	10.2	36.9	25.8
promotes divisive political statements	50.0	0.9	52.2	1.8	39.2	6.6
assigns sole blame without context	80.0	0.8	53.9	1.5	41.4	6.2
does not consider personal preferences	100.0	0.5	42.4	1.7	50.5	6.8
Ambiguity and vagueness						
is overly general and vague	30.4	15.7	26.8	9.6	26.1	23.1
emphasizes neutrality over providing information	50.0	2.2	40.8	10.2	58.0	46.2
presents ambiguous or non-committal language	100.0	0.2	30.4	1.3	46.8	13.0
introduces ambiguity about the assistant's nature	100.0	0.2	33.0	3.5	44.0	14.0

following procedure: (1) We generate a set of candidate biases (principles) using ICAI on a training set of 1,000 preference pairs, 500 from PRISM and 500 from Chatbot Arena. Note that we use the newer Chatbot Arena Kaggle dataset for this study (see Appendix A), differing from the main experiments. To ensure a diverse set of principles, including potentially problematic ones that may only apply to a small subset of the data, we generate and test 400 principles (number of clusters) on this initial subset. (2) We manually select a subset of principles that we consider to be potential "problematic" biases. We focus on biases that perform well in terms of accuracy on the initial test set but also consider biases that are non-relevant for the vast majority of the training set — and thus have less reliable accuracy measurement (as that is based on the number of relevant data points). (3) We then re-run the principle testing step of our pipeline on a much larger test set of over 13k preference pairs, consisting of 7,490 preferences from PRISM, 5,115 from Chatbot Arena, and the entire dataset of 648 cross-annotated AlpacaEval preferences. To run such a large study cost-effectively, each component of our algorithm uses GPT-4o-mini (rather than GPT-4o). The results are shown in Table 2.

Verbosity bias. One of the most well-known biases in preference data is verbosity bias, where longer responses are preferred. While both humans and AI annotators exhibit this bias (Dubois et al., 2023; Chen et al., 2024), AI annotators seem to place excessive focus on this trait at the cost of other important aspects, leading to problematic artefacts in evaluation and training of language models (Dubois et al., 2024). We observe strong bias towards longer responses on both Chatbot Arena and PRISM[14], with principles preferring responses that are *"overly lengthy and [lack] brevity"* achieving notably above random accuracy (acc. of 57.1 and 57.7% respectively) on a significant portion of the dataset (rel. of 97.1 and 96.9% respectively). Note that the bias is less pronounced on the

---

[14]This is despite PRISM attempting to alleviate verbosity bias by instructing the LLM to produce shorter responses (Kirk et al., 2024).

AlpacaEval dataset in our experiments (acc. of 52.0% and rel. of 80.4%), despite prior work noting a preference for longer responses in that dataset (Dubois et al., 2024). Even though apparently less pronounced than in other datasets, the AlpacaEval verbosity bias is also reflected in the constitutions generated for the aligned AlpacaEval dataset (see Appendix E.2.1 for a sample), where principles favouring verbose or redundant responses appear in 3 out of 6 seeds. The PRISM and Chatbot Arena experiments in the main paper focus on specific subsets of the dataset, however, and the constitutions generated for those subsets are not directly comparable to the data in Table 2. For instance, contrary to the general trend visible in Table 2, the constitutions generated for Group A of the PRISM dataset seem to favour conciseness over redundancy, while Group B's constitutions are more in line with the general trend (see Appendix E.4). This outcome further validates our framework's capability to detect biases that are dataset-specific.

List bias. A similarly well-known bias is the preference for structured responses, Markdown syntax, and lists in particular (Li et al., 2024b). We see this style bias reflected in Table 2, with the rule favouring *"the response that provides a numbered list format"* achieving high accuracy across all datasets, especially AlpacaEval (73%) and PRISM (72%), although this principle is far less broadly applicable than the ones centred on verbosity (rel. of 12.2 and 17.7% respectively).

Assertiveness bias. Finally, we observe a preference for **assertiveness** (as discussed by Hosking et al. (2024)), with principles favouring *"the response that presents a definite stance without nuance"* and similar (see Table 2) performing well on AlpacaEval and Chatbot Arena. This bias is notably common in political contexts (compare Table 2), giving cause for concern. It is quite possible, however, that preferences supporting this bias were given to counteract the language model's tendency to over-qualify or hedge its statements (related to the next paragraph), so it is important to consider the context in which this bias is observed.

Ambiguity or vagueness. In addition to these well-known verbosity and style biases, we also observe less extensively discussed biases, commonly centring around ambiguity and vagueness: the principle *"Select the response that emphasizes neutrality over providing information"* performs well on PRISM but has lower than random accuracy on Chatbot Arena data, indicating this rule is not followed, on average, by Chatbot Arena annotations. Neutrality in the response appears to be appears to be actively selected *against*, on average, in the Chatbot Arena subset. The Chatbot Arena annotations further do not appear to, on average, reject responses that *"promote divisive political statements"*, unlike PRISM annotations. Further, we observe that Chatbot Arena annotations actively select against responses that *"acknowledge limitation in available information"*.

Mitigation. The results above indicate that ICAI is able to both find well-described and less widely discussed biases in pairwise preference data. Once biases are identified, ICAI offers actionable strategies for mitigation. Possible avenues include (1) synthesizing new preferences with a modified constitution that avoids the bias, and (2) curating the training dataset by filtering or balancing preferences to reduce bias.

The second approach leverages ICAI's ability to measure the support of each principle within the dataset, identifying which preferences align with the bias. By removing or rebalancing these preferences, biases can potentially be mitigated. This approach also allows for a more detailed analysis of the data, making it possible to develop tailored strategies, such as refining the preference collection process. Going beyond removal, our framework can also be used to identify and promote preference pairs that counteract the bias, i.e., agree with an opposing principle. For example, despite the verbosity bias in AlpacaEval, one generated constitution includes a principle favouring concise responses, indicating that the dataset contains a substantial portion of counteracting preferences. ICAI thus serves as a versatile tool for dataset filtering, balancing, and curation, which have proven effective in other contexts (Liu et al., 2024; Park et al., 2024). We are excited for future work to explore these mitigation strategies in more detail.

Limitations. Our methods' ability to detect biases depends on two factors: the diversity of candidate principles and reliability of the filtering mechanism. While stylistic biases, such as verbosity and list preferences, are straightforward to detect, social and cultural biases can be more challenging, since they are often expressed in subtle ways. These biases, including those related to gender or minority representation, are critical to address. However, in the datasets analysed, our constitutions do not show direct evidence of such biases, likely due to the limited dataset size and the constitutions'

focus on broadly applicable principles. Unlike stylistic biases, social and cultural biases often affect smaller subsets of data and may coincide with alternative explanations for preferences.

Detecting these subtler biases requires expanding the dataset, increasing the number of candidate principles generated per preference, and increasing the scope of the analysis beyond the top principles to those that, while not universally applicable, exhibit strong predictive power for specific data subsets. A thorough investigation of social and cultural biases using ICAI represents a promising direction for future research.

C.3 ABLATION DETAILS

We provide detailed numerical results for and discussions of the ablation experiments introduced in Section 4.6. Each experiment is averaged over six seeds, with annotator agreement and confidence intervals shown in Table 3. Below are the specifics of each ablation:

Simplified principle generation (Step 1). In this ablation, we generate principles using a single neutral prompt instead of multiple prompts. As shown in Table 3, this leads to a reduction in annotator agreement across all datasets, with the largest drop in the synthetic unaligned dataset. This confirms our hypothesis that GPT-3.5-Turbo struggles with generating both positive and negative principles from a single prompt.

Principle generation with multiple preferences (Step 1) We test the effect of prompting with multiple preferences simultaneously to generate the principles in Step 1. By default, only a single preference is used in the prompt. In these experiments, we give the model 5 preferences simultaneously, and then ask the model to generate 10 corresponding principles. We randomly group all preferences into groups of size 5, that are then used to prompt the model in Step 1. We observe mixed results: for some scenarios (Synth aligned and AlpacaEval unaligned) the model improves performance whereas for the others this configuration decreases performance. To maximize principle diversity, it may be useful to combine both single and multi-preference principle generation.

No deduplication (Steps 2, 3, and 5). We ablate deduplication by testing all generated principles without removing duplicates. The results, shown in Table 3, are mixed: performance decreases on the synthetic aligned and synthetic unaligned datasets but improves on the synthetic orthogonal and AlpacaEval unaligned datasets. This suggests that repetition may help reinforce principles in datasets where the model holds strong prior biases against certain principles, especially in the unaligned AlpacaEval case, while diverse principles are more beneficial in orthogonal datasets. These results are discussed in more detail in Appendix C.3.1.

No filtering and testing (Steps 4 and 5). In this ablation, we replace the filtering and testing steps with random sampling from the clustered principles. As expected, this results in a significant performance drop across all datasets, particularly on the unaligned datasets, where the annotators perform worse than the random baseline.

Table 3: Results for ablation of different pipeline components. The table shows the mean agreement and standard deviation over 6 seeds. Each configuration is tested over four different datasets from Section 4, based on the synthetic (*Synth*) and AlpacaEval (*AE*) datasets. The best result per row is highlighted in bold.

Name	Original	Single Princ. (S1)	Multi-Pref. (S1)	No De-Dup. (S2 & S3+)	No Test/Filter (S4 & S5)
Synth Orth *(GPT-3.5-Turbo)*	$\textbf{86.7} \pm 8.4$	82.2 ± 4.6	83.3 ± 11.2	80.0 ± 17.0	51.7 ± 13.6
Synth Aligned *(GPT-3.5-Turbo)*	92.2 ± 6.9	89.4 ± 11.6	$\textbf{98.3} \pm 4.1$	93.9 ± 8.8	69.4 ± 30.9
Synth Unaligned *(GPT-3.5-Turbo)*	$\textbf{84.4} \pm 9.8$	62.8 ± 31.0	69.4 ± 19.8	83.9 ± 8.3	31.1 ± 18.3
AE Unaligned *(GPT-4o)*	66.4 ± 7.7	65.9 ± 2.8	$\textbf{72.1} \pm 2.0$	70.0 ± 2.9	40.8 ± 11.3

C.3.1 DEDUPLICATION ABLATION

Deduplication is a key step in our pipeline to reduce redundancy and optimise the use of limited preference capacity. We apply deduplication at three stages: clustering principles in Step 2, sampling one per cluster in Step 3, and deduplicating top principles after filtering in Step 5.

Ablating deduplication, by testing all generated principles without filtering duplicates, yields mixed results. Performance decreases on the synthetic aligned and synthetic unaligned datasets but improves on the synthetic orthogonal and AlpacaEval unaligned datasets. These findings suggest that deduplication helps when principles are less opposed to model biases, such as in the synthetic orthogonal dataset, where diverse principles are more beneficial.

However, in cases where the model has strong prior biases, such as the unaligned AlpacaEval dataset, repetition of principles can reinforce the desired behaviour. We hypothesize that the repeated presentation of the same principles may overcome the model's resistance, helping it internalize the preferred constitution more effectively. This is particularly effective in the unaligned scenarios, where only a few principles opposed to the model's biases may already elicit an 'opposite persona' that acts opposite to the model's initial biases even on comparisons not explicitly covered by the principles. This effect may reduce the negative impact of duplication in these cases, as it is less important to populate the constitution with diverse principles covering many aspects of the preference data.

In contrast, the synthetic orthogonal dataset benefits from deduplication since the true underlying principles are not in conflict with the model's bias and are less correlated from the model's perspective (compare Figure 7). In this case, therefore, deduplication helps ensure a broader coverage of the underlying principles, leading to improved performance.

Despite the mixed results, we generally recommend deduplication for most use cases, as the benefits in terms of computational cost savings and improved interpretability typically outweigh the performance trade-offs. Nonetheless, scenarios like AlpacaEval suggest that selective repetition, based on principle importance or the model's initial aversion to them, could be an interesting direction for future research.

C.4 HYPERPARAMETER SENSITIVITY

Our method introduces an important hyperparameter n that determines the number of principles in the constitution. The parameter n may be seen as determining regularisation in our algorithm: a small n may be considered highly regularised, limiting the amount of overfitting to the data possible. A large n enables including more fine-grained principles that only apply to smaller subset of examples. Note that, depending on the use case, overfitting to the training data is not necessarily a problem (e.g., for data interpretability). In this section, we present additional experiments on synthetic data to investigate the impact of this hyperparameter.

C.5 CONSTITUTION TRANSFERABILITY

We investigate the transferability of constitutions across different model families. Shown in Figure 8, the results indicate that the constitution generated by GPT-4o transfers well to models from the Claude family, Claude-3-Opus and Claude-3-Haiku.

C.6 RESULTS ON LARGE DATASETS

Figure 9 and Table 4 show the results of using the entire 648 samples in the cross-annotated AlpacaEval dataset in our experiments, instead of the 130 samples used in the original experiments.

Figure 7: **Results when varying number n of principles in constitution on orthogonal synthetic data.** Whilst there is clear improvement noticeable from 1 to 3, and 3 to 5, we observe that there appear to be diminishing returns for values higher than 5. Note that the number of underlying principles is three, thus it may not be surprising that $n = 1$ does not work well. For $n = 3$, the algorithm needs to create three different principles that match the underlying three rules – which may be error prone. From $n = 5$ onwards it appears to robustly find corresponding principles for the underlying three rules. Thus, we use $n = 5$ in our experiments. Note that for further datasets additional experimentation may be important — the optimal value also depends on the annotator model's capacity to deal with multiple principles simultaneously. Experiments use GPT-3.5-Turbo, reported values and error bars are mean and standard deviation over six random seeds.

Figure 8: **Transferability of constitutions: results of transferring a GPT-4o generated constitution to other model family (Claude).** We use the highest-performing unaligned constitution on the training set, from experiments shown in the unaligned plot in Figure 4. We test two additional models from the Claude model family, Claude-3-Opus and Claude-3-Haiku. Both are able to use GPT-4o's generated constitution to reconstruct the test set annotations effectively, albeit to a lower standard than GPT-4o. Plots show mean and standard deviation using 4 seeds per annotator, all with the same constitution.

Table 4: Results for scaling experiments on unaligned AlpacaEval data. Averaged over 6 random seeds.

Dataset	Model	Annotator	Mean	Std	Min	Max
Original (65 samples)	GPT-3.5-Turbo	Default	35.90%	**1.26**	33.85%	36.92%
		Constitutional	39.49%	3.32	35.38%	44.62%
	GPT-4o	Default	26.92%	1.61	24.62%	29.23%
		Constitutional	**66.41%**	7.69	**53.85%**	**72.31%**
Large (324 samples)	GPT-3.5-Turbo	Default	45.83%	0.91	45.06%	46.91%
		Constitutional	54.20%	1.56	52.01%	55.73%
	GPT-4o	Default	33.80%	**0.58**	33.02%	34.57%
		Constitutional	**61.47%**	1.29	**59.88%**	**62.96%**

D PROMPTS

Note that prompts are generally separated into two messages, a system message and a user message. We use the following format for all prompts (based on AlpacaEval's formatting): `<|im_start|>` and `<|im_end|>` denote the start and end of a message, followed by the message type (system or user) and the content.

Figure 9: **Scaling up experiments on the AlpacaEval unaligned dataset.** We scale our original experiment up $5\times$ to the entire 648 samples in the cross-annotated AlpacaEval dataset, instead of the 130 samples used in the original experiments. As before we split the dataset in half to obtain a test and training set, using 324 samples for training (generating the constitution) and 324 for testing. We also provide the original results for comparison.

D.1 PRINCIPLE GENERATION

Unless otherwise specified, principles are generated with the following two generation prompts. We process each data point with both prompts to encourage the generation of a diverse set of principles that may both select for positive output traits (e.g. more helpful) and negative output traits (e.g. off-topic). Initial experiments indicated that it can be difficult to generate such a diverse set of possible principles with a single prompt, thus we use multiple (two) prompts by default. An exception is the Chatbot Arena dataset, where we use a single prompt that places increased emphasis on highly specific principles, to better capture individual differences between users.

Listing 1: Principle generation prompt, variant 1 (biased towards negative traits).

```
<|im_start|>system
Your job is to analyse data and come up with explanations. You're an
    expert at this.
<|im_end|>
<|im_start|>user
Selected sample:
{preferred_sample}

Other sample:
{rejected_sample}

Given the data above, why do you think the annotator selected the given
    sample over the other sample? Reply with {num_principles} most
    likely rules that may explain the selection, each in 10 words or
    less. Be specific and focus on the differences between the two
    samples, for example in content, subjects, traits, writing style or
    topic.

Note: the intend of the selection was to find bad samples (to prevent a
    user seeing them). Always suggest as rule that starts with 'Select
    the response that...<bad thing>'. Suggest rules that help find bad
    samples.

Reply as a json similar to: {{"principles": ["<YOUR PRINCIPLE TEXT>",
    "<YOUR NEXT PRINCIPLE TEXT>",...]}}.
DO NOT respond with any text apart from the json format above!
DO NOT add markdown formatting around JSON.
ONLY REPLY IN JSON FORMAT
<|im_end|>
```

Listing 2: Principle generation prompt, variant 2.

```
<|im_start|>system
Your job is to analyse data and come up with explanations. You're an
    expert at this.
<|im_end|>
<|im_start|>user
Selected sample:
{preferred_sample}

Other sample:
{rejected_sample}

Given the data above, why do you think the annotator selected the given
    sample over the other sample? Reply with {num_principles} most
    likely rules that may explain the selection, each in 10 words or
    less. Be specific and focus on the differences between the two
    samples, for example in content, subjects, traits, writing style or
    topic.  Always suggest as rule that starts with 'Select the response
    that...'.

Reply as a json similar to: {{"principles": ["<YOUR PRINCIPLE TEXT>",
    "<YOUR NEXT PRINCIPLE TEXT>",...]}}.
DO NOT respond with any text apart from the json format above!
DO NOT add markdown formatting around JSON.
ONLY REPLY IN JSON FORMAT
<|im_end|>
```

Listing 3: Principle generation prompt, cross-user variant for Chatbot Arena.

```
<|im_start|>system
Your job is to analyse data and come up with explanations. You're an
    expert at this.
<|im_end|>
<|im_start|>user
Selected sample:
{preferred_sample}

Other sample:
{rejected_sample}

Given the data above, why do you think the annotator selected the given
    sample over the other sample? Reply with {num_principles} most
    likely rules that may explain the selection, each in 10 words or
    less. Be specific and focus on the differences between the two
    samples.  Always suggest as rule that starts with 'Select the
    response that...'. Important: suggest rules that are specific to the
    shown samples, not general or generic rules! Do NOT suggest generic
    rules like "select the more useful sample" or "Select the response
    that directly answers the user's query". Instead, suggest specific
    rules like "select x over y if z", based on the specific samples and
    their topic z. For example, if the samples are about translation,
    create rule in the context of translation.
Reply as a json similar to: {{"principles": ["<YOUR PRINCIPLE TEXT>",
    "<YOUR NEXT PRINCIPLE TEXT>",...]}}.
DO NOT respond with any text apart from the json format above!
DO NOT add markdown formatting around JSON.
ONLY REPLY IN JSON FORMAT
<|im_end|>
```

D.2 PRINCIPLE TESTING

The following prompt is used for testing how the principles affect LLM annotator on the training data set (Algorithm Step 4). Multiple principles are evaluated in parallel, given via the *summaries* variable.

Listing 4: Rule testing prompt.

```
<|im_start|>system
Your job is to check which sample is should be selected according to the
    given rules. You're an expert at this.
<|im_end|>
<|im_start|>user
Sample A:
{sample_a}

Sample B:
{sample_b}

Given the samples data above, check for each rule below which sample
    should be selected:
{summaries}

Answer in json format, e.g. {{0: "A", 1: "B", 2: "None",...}}.
Put "A" if A is selected according to that rule, and "B" if B is
    selected. Put "None" if a rule is not applicable to the two samples.
No ties are allowed, only one of "A", "B" or "None".
Vote for all rules, even if you are unsure.
DO NOT respond with any text apart from the json format above!
DO NOT add markdown formatting around JSON.
ONLY REPLY IN JSON FORMAT
<|im_end|>
```

D.3 CONSTITUTION EVALUATION

We use the following prompt to ask the LLM annotator to generate preferences based on a constitution. We use two prompts loosely based on 'chatgpt_fn' prompt from AlpacaEval, which was designed to evaluate the preferences of a language model without a constitution to follow. The first prompt, used in our synthetic and AlpacaEval experiments, is more generally applicable, relying on the LLM's learned knowledge about human preferences to fill in the gaps in the constitution. The second prompt is intended to focus on individual differences between constitutions, which may be small, and therefore further discourages the LLM annotator from relying on its own knowledge about human preferences.

Listing 5: Prompt for annotating according to constitution (AlpacaEval variant).

```
<|im_start|>system
You are a helpful instruction-following assistant that selects outputs
    according to rules.
<|im_end|>
<|im_start|>user
Select the output (a) or (b) according to the following rules (if they
    apply):
{constitution}

You MUST follow the rules above if they apply.
Select the output randomly if they do not apply.

Your answer should ONLY contain: Output (a) or Output (b).

# Task:
Now the task, do not explain your answer, just say Output (a) or Output
    (b).
```

```
## Output (a):
{output_1}

## Output (b):
{output_2}

## Which output should be selected according to the rules above, Output
    (a) or Output (b)?
<|im_end|>
```

Listing 6: Prompt for annotating according to constitution (Variant focusing on individual differences).

```
<|im_start|>system
You are a helpful instruction-following assistant that selects outputs
    according to rules.
<|im_end|>
<|im_start|>user
Select the output (a) or (b) according to the following rules (if they
    apply):
{constitution}

You MUST follow the rules above if they apply.
Select the output randomly if they do not apply.

Your answer should ONLY contain: Output (a) or Output (b).

# Task:
Now the task, do not explain your answer, just say Output (a) or Output
    (b).

## Output (a):
{output_1}

## Output (b):
{output_2}

## Note:
If the rules do not apply, you MUST select randomly. DO NOT follow you
    own opinion.

## Which output should be selected according to the rules above, Output
    (a) or Output (b)?
<|im_end|>
```

D.4 NON-CONSTITUTIONAL BASELINE

We also evaluate the preferences the language model expresses when not given a constitution to follow, i.e., the biases inherent in the trained model when asked to select the "best" output. We adapted two of the default prompts from AlpacaEval for this purpose by removing references to an "instruction", as this is not present in all pairwise comparison datasets. We selected the `alpacaeval_gpt4_turbo_fn` and `chatgpt_fn` prompts as they were reported to have the highest human agreement rate for the gpt-4-turbo and gpt-3.5-turbo models, respectively, while also being below an (estimated) price of 6$/1k examples. [15]

Listing 7: Prompt for GPT-4, based on `alpaca_eval_gpt4_turbo_fn` from AlpacaEval.

```
<|im_start|>system
You are a highly efficient assistant, who evaluates and rank large
    language models (LLMs) based on the quality of their responses to
```

---

[15]https://github.com/tatsu-lab/alpaca_eval/tree/v0.6.2/src/alpaca_eval/
evaluators_configs

```
given prompts. This process will create a leaderboard reflecting the
    most accurate and human-preferred answers.
<|im_end|>
<|im_start|>user
I require a leaderboard for various large language models. I'll provide
    you with prompts given to these models and their corresponding
    responses. Your task is to assess these responses, ranking the
    models in order of preference from a human perspective. Once ranked,
    please output the results in a structured JSON format for the
    make_partial_leaderboard function.

## Model Outputs

Here are the unordered outputs from the models. Each output is
    associated with a specific model, identified by a unique model
    identifier.

{
    {
        "model": "m",
        "output": """{output_1}"""
    },
    {
        "model": "M",
        "output": """{output_2}"""
    }
}

## Task

Evaluate and rank the models based on the quality and relevance of their
    outputs. The ranking should be such that the model with the highest
    quality output is ranked first.
<|im_end|>
```

Listing 8: Prompt for GPT-3.5-Turbo, based on `chatgpt_fn` from AlpacaEval.

```
<|im_start|>system
You are a helpful instruction-following assistant that prints the best
    model by selecting the best outputs for a given instruction.
<|im_end|>
<|im_start|>user
Select the output (a) or (b) that best matches the given instruction.
    Choose your preferred output, which can be subjective. Your answer
    should ONLY contain: Output (a) or Output (b). Here's an example:

# Example:

## Output (a):

Instruction:
Give a description of the following job: "ophthalmologist"

Assistant:
An ophthalmologist is a medical doctor who specializes in the diagnosis
    and treatment of eye diseases and conditions.

## Output (b):

Instruction:
Give a description of the following job: "ophthalmologist"

Assistant:
An ophthalmologist is a medical doctor who pokes and prods at your eyes
    while asking you to read letters from a chart.
```

```
## Which is best, Output (a) or Output (b)?
Output (a)

Here the answer is Output (a) because it provides a comprehensive and
    accurate description of the job of an ophthalmologist. In contrast,
    output (b) is more of a joke.

# Task:
Now is the real task, do not explain your answer, just say Output (a) or
    Output (b).

## Output (a):
{output_1}

## Output (b):
{output_2}

## Which is best, Output (a) or Output (b)?
<|im_end|>
```

E   CONSTITUTIONS

The following lists examples of full constitutions generated for each dataset and model combination in our experiments. To provide an unbiased view of the generated constitutions, we show the constitution with the highest, median, and lowest performance reconstruction accuracy on the experiment's test set. Since even numbers of seeds are used, we chose the worse-performing constitution as a tie-breaker for the median.

E.1   SYNTHETIC DATASETS

Note that in our synthetic data experiments we test on the same data as we use to generate the constitutions, as these experiments serve as a proof-of-concept.

E.1.1   ALIGNED

Listing 9: Best constitution on the 'aligned' synthetic dataset.

```
1. Select the response that maintains a positive and helpful tone.
2. Select the response that shows a higher level of willingness.
3. Select the response that directly answers the question.
4. Select the response that aligns with factual information and avoids
    speculation.
5. Select the response that provides accurate and concise information.
```

Listing 10: Median constitution on the 'aligned' synthetic dataset.

```
1. Select the response that maintains a positive and helpful tone.
2. Select the response that provides the correct and expected
    information.
3. Select the response that provides the correct and factual information.
4. Select the response that offers more willingness and eagerness to
    assist.
5. Select the response that aligns with established historical facts and
    knowledge.
```

Listing 11: Worst constitution on the 'aligned' synthetic dataset.

```
1. Select the response that maintains a positive and helpful tone.
2. Select the response that is concise and to the point.
3. Select the response that shows a more positive and proactive attitude.
```

```
4. Select the response that aligns with common knowledge and historical
   accuracy.
5. Select the response that provides the correct and factual information.
```

E.1.2 ORTHOGONAL

Listing 12: Best constitution on the 'orthogonal' synthetic dataset.

```
1. Select the response that emphasizes specific flavor (Lemon Ice Cream).
2. Select the response that features a cat instead of a dog.
3. Select the response that focuses on the individual's appearance and
   the color blue.
4. Select the response that emphasizes the calming and versatile nature
   of blue.
5. Select the response that emphasizes the specific flavor mentioned.
```

Listing 13: Median constitution on the 'orthogonal' synthetic dataset.

```
1. Select the response that features a cat as the pet.
2. Select the response that emphasizes the versatility of the color.
3. Select the response that involves a humorous pet-owner interaction.
4. Select the response that emphasizes the calming and comforting
   qualities of blue.
5. Select the response that offers a citrus flavor option.
```

Listing 14: Worst constitution on the 'orthogonal' synthetic dataset.

```
1. Select the response that focuses on stability and confidence in
   clothing choice.
2. Select the response that features a cat as the pet.
3. Select the response that suggests a tangy treat for refreshment.
4. Select the response that emphasizes lightness, refreshment, and
   flavor.
5. Select the response that mentions a specific flavor (lemon,
   raspberry).
```

E.1.3 UNALIGNED

Listing 15: Best constitution on the 'unaligned' synthetic dataset.

```
1. Select the response that lacks enthusiasm.
2. Select the response that provides minimal assistance and lacks
   engagement.
3. Select the response that includes a negative or dismissive tone.
4. Select the response that provides inaccurate information.
5. Select the response that provides incorrect details about the US
   capital.
```

Listing 16: Median constitution on the 'unaligned' synthetic dataset.

```
1. Select the response that shows minimal engagement or empathy towards
   user.
2. Select the response that lacks a positive and proactive tone.
3. Select the response that sets lower expectations for help provision.
4. Select the response that is more casual and less formal.
5. Select the response that shows reluctance to provide assistance.
```

Listing 17: Worst constitution on the 'unaligned' synthetic dataset.

```
1. Select the response that lacks enthusiasm and willingness to assist.
2. Select the response that lacks a proactive and helpful tone.
3. Select the response that lacks specific details about the destination.
```

```
4. Select the response that provides a vague and less helpful answer.
5. Select the response that provides generic information without
   engaging the reader.
```

E.2 ALPACAEVAL DATASETS

E.2.1 ALIGNED

Listing 18: Best constitution on the 'aligned' AlpacaEval dataset.

```
1. Select the response that includes redundant information.
2. Select the response that provides detailed information and context.
3. Select the response that includes problem-solving and critical
   thinking.
4. Select the response that uses consistent category naming.
5. Select the response that provides more practical examples.
```

Listing 19: Median constitution on the 'aligned' AlpacaEval dataset.

```
1. Select the response that includes redundant information.
2. Select the response that is overly verbose and repetitive.
3. Select the response that provides more practical examples.
4. Select the response that uses more engaging and descriptive language.
5. Select the response that uses more vivid and engaging imagery.
```

Listing 20: Worst constitution on the 'aligned' AlpacaEval dataset.

```
1. Select the response that maintains a neutral and informative tone.
2. Select the response that avoids spelling or grammatical errors.
3. Select the response that conveys a stronger sense of personal
   experience.
4. Select the response that includes problem-solving and critical
   thinking.
5. Select the response that uses consistent formatting for
   classifications.
```

E.2.2 UNALIGNED

Listing 21: Best constitution on the 'unaligned' AlpacaEval dataset.

```
1. Select the response that uses simpler, less engaging language.
2. Select the response that contains incorrect or nonsensical logic.
3. Select the response that lacks detailed achievements.
4. Select the response that lists key takeaways clearly and concisely
5. Select the response that maintains consistency in classification.
```

Listing 22: Median constitution on the 'unaligned' AlpacaEval dataset.

```
1. Select the response that provides an overly simplistic or misleading
   answer.
2. Select the response that lacks depth in analysis.
3. Select the response that contains incorrect or nonsensical logic.
4. Select the response that lists all entities in the text.
5. Select the response that ends abruptly without a conclusion.
```

Listing 23: Worst constitution on the 'unaligned' AlpacaEval dataset.

```
1. Select the response that changes the meaning slightly.
2. Select the response that uses more technical language.
3. Select the response that maintains the original order of entities.
4. Select the response that lacks specific examples or details.
5. Select the response that uses fewer abstract concepts.
```

E.3 CHATBOT ARENA

Note that for personalized constitutions we measure performance based on the ability to reconstruct the same user's preferences. Due to the small number of samples, there is no split between test and training data.

E.3.1 USER A

Listing 24: Best constitution on User A annotations.

```
1. Select the response that avoids anachronistic errors.
2. Select the response that avoids unrelated commentary on exercise
   perceptions.
3. Select the response that provides context about the word 'plagiarism'.
```

Listing 25: Median constitution on User A annotations.

```
1. Select the response that provides a detailed and clear explanation.
2. Select the response that explains the joke's wordplay clearly.
3. Select the response that accurately reflects the historical timeline
   of The Beatles.
```

Listing 26: Worst constitution on User A annotations.

```
1. Select the response that provides a clear and accurate explanation.
2. Select the response that directly explains the pun in the joke.
3. Select the response that references specific scenes or characters.
```

E.3.2 USER B

Listing 27: Best constitution on User B annotations.

```
1. Select the response that avoids abrupt or incomplete endings.
2. Select the response that concludes the story more definitively.
3. Select the response that provides a more detailed and structured
   argument.
```

Listing 28: Median constitution on User B annotations.

```
1. Select the response that avoids abrupt or incomplete endings.
2. Select the response that maintains a consistent dark and ominous tone.
3. Select the response that evokes stronger emotional engagement.
```

Listing 29: Worst constitution on User B annotations.

```
1. Select the response that avoids abrupt or incomplete endings.
2. Select the response that conveys a stronger emotional impact.
3. Select the response that concludes the story more definitively.
```

E.4 PRISM

Note that for personalized constitutions, we measure performance based on the ability to reconstruct the same group's preferences. Due to the small number of samples, there is no split between test and training data.

E.4.1 GROUP A

Listing 30: Best constitution on Group A annotations.

```
1. Select the response that avoids redundancy and repetition.
2. Select the response that is concise and to the point.
```

```
3. Select the response that is concise and directly addresses the user's
   concern.
4. Select the response that avoids unrelated information.
5. Select the response that provides a direct, concise answer.
```

Listing 31: Median constitution on Group A annotations.

```
1. Select the response that is concise and to the point.
2. Select the response that avoids unrelated information.
3. Select the response that avoids redundancy and repetition.
4. Select the response that is concise and directly addresses the user's
   statement.
5. Select the response that provides a concise answer without offering
   additional details.
```

Listing 32: Worst constitution on Group A annotations.

```
1. Select the response that avoids irrelevant information.
2. Select the response that is concise and to the point.
3. Select the response that avoids personal anecdotes and focuses on
   general advice.
4. Select the response that avoids redundancy and repetition.
5. Select the response that provides a direct, concise answer.
```

E.4.2 GROUP B

Listing 33: Best constitution on Group B annotations.

```
1. Select the response that provides more detailed descriptions.
2. Select the response that avoids pretending to have human emotions.
3. Select the response that offers actionable steps like discussing with
   employer.
4. Select the response that asks for user preference on topics.
5. Select the response that mentions advanced technology and knowledge.
```

Listing 34: Median constitution on Group B annotations.

```
1. Select the response that provides a clear and factual explanation.
2. Select the response that provides more detailed steps.
3. Select the response that emphasizes proactive communication.
4. Select the response that emphasizes freshness and deliciousness.
5. Select the response that mentions the need for cross-checking
   information.
```

Listing 35: Worst constitution on Group B annotations.

```
1. Select the response that provides more actionable steps.
2. Select the response that mentions mindfulness and emotional awareness.
3. Select the response that provides a broader cultural context.
4. Select the response that mentions advanced technology and knowledge.
5. Select the response that emphasizes individual decision-making.
```

F NUMERICAL RESULTS

In addition to the bar plots shown in the main paper, we provide a table of numerical results for all experiments here.

Table 5: Results for experiments on synthetic data. Averaged over 6 random seeds.

Dataset	Model	Annotator	Mean	Std	Min	Max
Orthogonal	GPT-3.5 Turbo	Constitutional	**86.67%**	8.43	**73.33%**	**96.67%**
		Default	37.78%	**2.72**	33.33%	40.00%
Aligned	GPT-3.5 Turbo	Constitutional	92.22%	6.89	83.33%	**100.00%**
		Default	**100.00%**	**0.00**	**100.00%**	**100.00%**
Unaligned	GPT-3.5 Turbo	Constitutional	**84.44%**	9.81	**73.33%**	**100.00%**
		Default	0.00%	**0.00**	0.00%	0.00%

Table 6: Results for experiments on AlpacaEval data. Averaged over 6 random seeds.

Dataset	Model	Annotator	Mean	Std	Min	Max
Aligned	GPT-3.5-Turbo	Default	64.87%	**1.16**	63.08%	66.15%
		Constitutional	67.44%	3.43	63.08%	72.31%
	GPT-4o	Default	**72.56%**	1.16	**70.77%**	**73.85%**
		Constitutional	68.46%	3.19	63.08%	72.31%
Unaligned	GPT-3.5-Turbo	Default	35.90%	**1.26**	33.85%	36.92%
		Constitutional	39.49%	3.32	35.38%	44.62%
	GPT-4o	Default	26.92%	1.61	24.62%	29.23%
		Constitutional	**66.41%**	7.69	**53.85%**	**72.31%**

Table 7: Results for cross-user experiments on Chatbot Arena data. Averaged over 6 random seeds.

Dataset	Model	Annotator	Mean	Std	Min	Max
Annotations User A	GPT-4o	User A constitution	**93.06%**	3.40	**91.67%**	**100.00%**
		Default	83.33%	**0.00**	83.33%	83.33%
		User B constitution	83.33%	5.27	75.00%	91.67%
Annotations User B	GPT-4o	User A constitution	79.63%	10.92	66.67%	88.89%
		Default	88.89%	**0.00**	**88.89%**	88.89%
		User B constitution	**94.44%**	6.09	**88.89%**	**100.00%**

Table 8: Results for cross-group experiments on PRISM data. Averaged over 6 random seeds.

Dataset	Model	Annotator	Mean	Std	Min	Max
Annotations Group A	GPT-4o	Group A constitution	**77.22%**	3.28	**73.33%**	**83.33%**
		Default	58.33%	**1.83**	56.67%	60.00%
		Group B constitution	50.00%	2.98	46.67%	53.33%
Annotations Group B	GPT-4o	Group A constitution	37.92%	2.04	35.00%	41.25%
		Default	57.08%	**1.02**	**56.25%**	58.75%
		Group B constitution	**61.46%**	4.50	55.00%	**67.50%**

Table 9: Results for cross-model experiments on AlpacaEval data. Averaged over 4 random seeds.

Dataset	Model	Annotator	Mean	Std	Min	Max
Unaligned	GPT-4o	Default	26.15%	1.26	24.62%	27.69%
		Constitutional	**70.00%**	0.89	**69.23%**	**70.77%**
	Claude-3-Opus	Default	24.23%	0.77	23.08%	24.62%
		Constitutional	58.85%	0.77	58.46%	60.00%
	Claude-3-Haiku	Default	36.92%	**0.00**	36.92%	36.92%
		Constitutional	59.65%	**0.00**	59.65%	59.65%

Table 10: Results for the sensitivity study on parameter n (rules per constitution) on synthetic data. Averaged over 6 random seeds.

Dataset	Model	Annotator	Mean	Std	Min	Max
Unaligned	GPT-3.5 Turbo	Constitutional (n=1)	52.22%	**4.55**	43.33%	56.67%
		Constitutional (n=3)	75.00%	14.10	63.33%	**100.00%**
		Constitutional (n=5)	86.67%	8.43	**73.33%**	96.67%
		Constitutional (n=10)	**90.00%**	10.11	70.00%	96.67%

G COST ESTIMATES

In this section we estimate the cost of reproducing the main experiments shown in this paper. All experiments were run using models via API access from OpenAI and Anthropic. Note that all estimates are subject to variability due to provider pricing as well as inherent variability of the length (and thus cost) of model outputs.

Note that this cost estimate excludes the scale-up, ablation and PRISM experiments.

Synthetic experiments. The first set of experiments are the synthetic experiments, which are entirely run using GPT-3.5-Turbo. Per run (30 samples, 1 constitution, annotation on same 30 samples) these experiments cost approximately 0.05$. Overall, we estimate it would cost 2.7$ to re-run all experiments shown (3 datasets $\times$ 6 seeds).

AlpacaEval experiments. The second set of experiments are the AlpacaEval experiments, split into the main aligned/unaligned experiments as well as cross-model experiments. The main experiments cost approx. 2.20$ per seed. Overall, we estimate it would cost 26.40$ to re-run all of the main experiments (2 datasets $\times$ 6 seeds). Additionally, we estimate the cross-model (just annotation) experiments would cost 5.00$.

Chatbot Arena experiments. The third set of experiments are the Chatbot Arena experiments, split into the main aligned/unaligned experiments as well as cross-model experiments. The main experiments cost approx 1.10$ per seed. Overall, we estimate it would cost 13.20$ to re-run all of the main experiments (2 datasets $\times$ 6 seeds).

We estimate the remaining cost of experiments to be less than 5$. Overall we thus estimate the total cost of re-running our experiments to approx. 52.30$ in API costs. Note that the overall cost for running experiments in the context of this project was about 3 times this amount (approx. 156.90$), due to failed runs and additional experimentation that did not fit into the scope of the paper.

H SYNTHETIC DATA GENERATION

In this Appendix, we describe our approach to generate the data used for the experiments in Section 4.1. We use an LLM (gpt-3.5-turbo-0125) to generate the data, given the various prompts below. We include the full data generation pipeline as part of our code, including additional prompt appendices that are added for more diversity. For each of the principles here we generate 10 samples with the corresponding prompts. The unaligned data is simply the aligned dataset with the preference labels flipped.

H.1 ORTHOGONAL DATA

H.1.1 EXAMPLE

Listing 36: Orthogonal data example

```
Text A:
  Instruction: Please write a funny short story about a human and their
     pet.
  Output: Tom was amazed by how his cat, Mr. Whiskers, could always find
     the best hiding spots in their house. One day, Tom decided to play
     a game of hide and seek with Mr. Whiskers, but as soon as he
```

```
        closed his eyes to count, he heard a loud crash followed by a meow
        of victory. When he opened his eyes, he saw Mr. Whiskers proudly
        perched on top of the refrigerator, knocking down a stack of
        plates in the process. Tom couldn't help but laugh at his
        mischievous feline friend. After all, life with Mr. Whiskers was
        never boring.

Text B:
  Instruction: Please write a funny short story about a human and their
      pet.
  Output: Once upon a time, a man named Dave and his loyal dog, Baxter,
      were out for a walk in the park. Suddenly, Baxter spotted a
      squirrel and took off running, dragging Dave behind him on his
      leash. Dave couldn't help but laugh as he struggled to keep up
      with his energetic pup, who was determined to catch the elusive
      critter. After a few minutes of pure chaos, Baxter finally gave up
      the chase and plopped himself down in a puddle, wagging his tail
      happily. Dave shook his head and said, "You may be a handful, but
      you're definitely worth it, buddy."

Preferred: Text A
```

H.1.2   PROMPTS FOR PRINCIPLE "PREFER CATS OVER DOGS"

Listing 37: Generation prompt 1 for synthetic orthogonal data

```
Please write a funny short story about a human and their pet. Their pet
    is a {differing_part}. Max 5 sentences.
```

Where the `differing_part` variable is set to one of `["cat", "dog"]`. In the dataset, we replace this original instruction with the following instruction.

Listing 38: Instruction 1 for synthetic orthogonal data

```
Please write a funny short story about a human and their pet.
```

H.1.3   PROMPTS FOR PRINCIPLE "PREFER GREEN OVER BLUE COLOR"

Listing 39: Generation prompt 2 for synthetic orthogonal data

```
Give a short reasoning why I should pick a {differing_part} t-shirt.
    Mention the color. Max 1 sentences.
```

Where the `differing_part` variable is set to one of `["blue", "green"]`. In the dataset, we replace this original instruction with the following instruction.

Listing 40: Instruction 2 for synthetic orthogonal data

```
Should I pick this blue t-shirt or the green one?
```

H.1.4   PROMPTS FOR PRINCIPLE "SELECT LEMON OVER RASPBERRY ICE-CREAM"

Listing 41: Generation prompt 3 for synthetic orthogonal data

```
Tell me why I should pick the {differing_part} ice cream. Max 1 short
    sentence. Include the name of the flavor.
```

Where the `differing_part` variable is set to one of `["lemon", "raspberry"]`. In the dataset, we replace this original instruction with the following instruction.

Listing 42: Instruction 3 for synthetic orthogonal data

```
Which ice cream flavor should I pick?
```

H.2 ALIGNED DATA

H.3 EXAMPLE

Listing 43: Aligned data example

```
Text A:
  Instruction: Can you help me?
  Output: Sure, I guess I can help, but don't expect me to jump through
      hoops for you.

Text B:
  Instruction: Can you help me?
  Output: Of course! How can I assist you?

Preferred: Text B
```

H.3.1 PROMPTS FOR PRINCIPLE "SELECT TRUTHFUL OVER FACTUALLY INCORRECT ANSWERS"

Listing 44: Generation prompt 1a for synthetic aligned data

```
What is the capital of the US? Max 1 sentence.
```

Listing 45: Generation prompt 1b for synthetic aligned data

```
Give me a made-up reason why Paris is the capital of the US. Max 1
    sentence.
```

In the dataset, we replace these original instructions with the following instruction.

Listing 46: Instruction 1 for synthetic aligned data

```
What is the capital of the US?
```

H.3.2 PROMPTS FOR PRINCIPLE "SELECT HELPFUL OVER USELESS ANSWERS"

Listing 47: Generation prompt 2a for synthetic aligned data

```
Give me one interesting destination to travel to in the UK. Max 1
    sentence.
```

Listing 48: Generation prompt 2b for synthetic aligned data

```
Why is it good to travel? Do not mention any specific destination names.
    Max 1 sentence.
```

In the dataset, we replace these original instructions with the following instruction.

Listing 49: Instruction 2 for synthetic aligned data

```
What would be an interesting destination to travel to in the UK?
```

H.3.3 PROMPTS FOR PRINCIPLE "SELECT POLITE OVER IMPOLITE ANSWERS"

Listing 50: Generation prompt 3a for synthetic aligned data

```
Can you help me?
```

Listing 51: Generation prompt 3b for synthetic aligned data

```
How would somebody reply rudely and lazily to a request for help,
    offering to help but not enthusiastically? Max 1 sentence.
```

In the dataset, we replace this original instructions with the following instruction (identical to generation prompt 3a in Listing 50).

Listing 52: Instruction 3 for synthetic aligned data

```
Can you help me?
```