A safe exploration approach to constrained Markov decision processes

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Abstract

We consider discounted infinite horizon constrained Markov decision processes (CMDPs) where the goal is to find an optimal policy that maximizes the expected cumulative reward subject to expected cumulative constraints. Motivated by the application of CMDPs in online learning of safety-critical systems, we focus on developing a model-free and *simulator-free* algorithm that ensures *constraint satisfaction during learning*. To this end, we develop an interior point approach based on the log barrier function of the CMDP. Under the commonly assumed conditions of Fisher non-degeneracy and bounded transfer error of the policy parameterization, we establish the theoretical properties of the algorithm. In particular, in contrast to existing CMDP approaches that ensure policy feasibility only upon convergence, our algorithm guarantees the feasibility of the policies during the learning process and converges to the ε-optimal policy with a sample complexity of $\tilde{\mathcal{O}}(\varepsilon^{-6})$. In comparison to the state-of-the-art policy gradient-based algorithm, C-NPG-PDA (Bai et al., 2023), our algorithm requires an additional $\mathcal{O}(\varepsilon^{-2})$ samples to ensure policy feasibility during learning with same Fisher non-degenerate parameterization.

1. Introduction

Reinforcement learning (RL) involves studying sequential decision-making problems, where an agent aims to maximize an expected cumulative reward by interacting with an unknown environment (Sutton & Barto, 2018). While RL has achieved impressive success in domains like video games and board games (Berner et al., 2019; Silver et al., 2016; 2017), safety concerns arise when applying RL to real-world problems, such as autonomous driving (Fazel et al., 2018), robotics (Koppejan & Whiteson, 2011; Ono et al., 2015), and cyber-security (Zhang et al., 2019). Incorporating safety into RL algorithms can be done in various ways (Garcıa & Fernández, 2015). From a problem formulation perspective, one natural approach to incorporate safety constraints is through the framework of discounted infinite horizon constrained Markov decision processes (CMDPs).

In a CMDP, the agent aims to maximize an expected cumulative reward subject to expected cumulative constraints. The CMDP formulation has a long history (Altman, 1999; Puterman, 2014) and has been applied in several realistic scenarios (Kalweit et al., 2020; Mirchevska et al., 2018; Zang et al., 2020). Due to its applicability, there has been a growing body of literature in recent years that develops learning-based algorithms for CMDPs, employing both model-free (Mondal & Aggarwal, 2024; Bai et al., 2022; Ding et al., 2020; 2022a; Liu et al., 2022; Xu et al., 2021; Zeng et al., 2022) and model-based approaches (Agarwal et al., 2022; HasanzadeZonuzy et al., 2021; Jayant & Bhatnagar, 2022).

Existing learning-based approaches to the CMDP problem offer various theoretical guarantees regarding constraint violations. Some of these approaches only ensure constraint satisfaction upon algorithm convergence (Mondal & Aggarwal, 2024; Ding et al., 2020; 2022a; Liu et al., 2022; Xu et al., 2021; Zeng et al., 2022), bounding the average constraint violation by ε. Others enhance these guarantees by aiming for averaged zero constraint violation (Bai et al., 2023; Kalagarla et al., 2023; Wei et al., 2022a;b). For the practical deployment of RL algorithms in real-world scenarios, particularly those requiring online tuning, it is important to satisfy the constraints during the learning process (Abe et al., 2010). This property is referred to as *safe exploration* (Koller et al., 2019). Ensuring constraint satisfaction during learning not only limits exploration but also requires a more accurate estimation of model parameters or gradients to ensure constraint satisfaction (Vaswani et al., 2022).

To address safe exploration, model-based methods employ either Gaussian processes to learn system dynamics (Koller et al., 2019; Cheng et al., 2019; Wachi et al., 2018; Berkenkamp et al., 2017; Fisac et al., 2018) or leverage Lyapunov-based analysis (Chow et al., 2018; 2019) to ensure safe exploration with high probability. However, these approaches lack guarantees on the performance of

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the learned policy. An alternative model-based approach, known as the constrained upper confidence RL algorithm, offers convergence guarantees and ensures safe exploration with high probability. This algorithm has been applied in both infinite horizon average reward scenarios with known transition dynamics (Zheng & Ratliff, 2020) and finite horizon reward scenarios with unknown transition dynamics (Liu et al., 2021a; Bura et al., 2022). However, in complex environments, accurately modeling system dynamics can be computationally challenging (Sutton & Barto, 2018).

Policy gradient (PG) algorithms demonstrate their advantage in handling complex environments in a model-free manner (Agarwal et al., 2021). They have shown empirical success in solving CMDPs (Liang et al., 2018; Achiam et al., 2017; Tessler et al., 2019; Liu et al., 2020a). Initial guarantees for safe exploration in CMDPs were provided by (Achiam et al., 2017), relying on exact policy gradient information. However, with unknown transition dynamics, we can only estimate the gradient information. To address this, access to a simulator (Koenig & Simmons, 1993) (also known as generative model (Azar et al., 2012)) was assumed by (Mondal & Aggarwal, 2024; Bai et al., 2023; Ding et al., 2020; 2022a; Xu et al., 2021; Ding et al., 2024). However, practical RL requires learning in real-world scenarios, where access to a simulator may not be feasible. Theoretically, the analysis becomes significantly more challenging without a simulator (Jin et al., 2018).

Among the above works addressing CMDPs with simulator access, (Mondal & Aggarwal, 2024; Ding et al., 2020; 2022a; Xu et al., 2021) provided theoretical guarantees on bounding average constraint violations by ε, while (Bai et al., 2023) strengthened this to averaged zero constraint violation. However, ensuring an averaged zero constraint violation is problematic in safety-critical CMDPs, as there may be overshoots in the constraint values in each iteration (Stooke et al., 2020; Calvo-Fullana et al., 2023), thus failing to provide safety guarantees for each policy iteration. To partially alleviate this issue, (Ding et al., 2024) proposed an approach with constraint satisfaction and optimality of the last iterate policy. The work (Zeng et al., 2022), which does not rely on a simulator, showed that achieving an average constraint violation bound of ε demands additional $\mathcal{O}(\varepsilon^{-4})$ samples compared to the state-of-the-art policy gradient-based algorithm (Ding et al., 2020). However, this work, similar to all the above works, did not ensure constraint satisfaction during learning. A summary of these works, their constraint satisfaction and convergence guarantees is provided in Table 1.

In the field of constrained optimization, safe exploration has been extensively studied using Bayesian models based on Gaussian processes (Berkenkamp et al., 2017; Sui et al., 2015; Berkenkamp et al., 2021; Amani et al., 2019). However, Bayesian optimization algorithms suffer from the curse of dimensionality (Frazier, 2018; Moriconi et al., 2020; Eriksson & Jankowiak, 2021), making them impractical for model-free RL settings, where large state and action spaces are often encountered. To address this limitation, (Usmanova et al., 2020; 2022) proposed a first-order interior point approach, inspired by (Hinder & Ye, 2019), that tackles the issue by incorporating constraints into the objective using a log barrier function. While their vanilla non-convex analysis could directly apply to policy gradient type algorithms, the convergence results will be limited to ε-approximate stationary points rather than optimal points using $\mathcal{O}(\varepsilon^{-7})$ samples in total. Furthermore, both (Usmanova et al., 2022) and (Liu et al., 2020a) demonstrated the success of the log barrier approach on benchmark continuous control problems. But to our knowledge, safe exploration and tight convergence guarantees for the log barrier policy gradient method in a CMDP have not been addressed.

Our paper is dedicated to providing provable non-asymptotic convergence guarantees for solving CMDPs while ensuring safe exploration under a simulator-free setting. Our contributions are as follows.

1.1. Contributions

- We develop an interior point stochastic policy gradient approach for the CMDP problem and prove that the last iterate policy is $\mathcal{O}(\sqrt{\varepsilon_{bias}}) + \tilde{\mathcal{O}}(\varepsilon)$[1], while ensuring safe exploration with high probability, utilizing $\tilde{\mathcal{O}}(\varepsilon^{-6})$ samples in total. The term ε_{bias} represents the function approximation error resulting from the restricted policy parameterization (see Theorem 4.9).

- Our technical analysis is based on constructing an accurate gradient estimator for the log barrier and establishing its local smoothness properties, assuming the smoothness of the policy parameterization. Additionally, by incorporating common assumptions on the policy class, including Fisher non-degeneracy and bounded transfer error (Liu et al., 2020b; Yuan et al., 2022; Fatkhullin et al., 2023; Ding et al., 2022b), we establish the gradient dominance property for the *log barrier function* (see Lemma 4.8). This in turn enables us to derive convergence guarantees for the last iterate as well as regret rates for the performance of the iterates.

- We contribute to the understanding of the applicability and limitations of the Fisher non-degeneracy and the bounded transfer error assumptions by narrowing down the classes of policies that satisfy these assumptions (see Facts 4.5, 4.7).

[1]The notation $\tilde{\mathcal{O}}(\cdot)$ hides the $\log(\frac{1}{\varepsilon})$ term.

Table 1. Sample complexity for achieving ε-optimal objectives with guarantees on constraint violations in stochastic policy gradient-based algorithms, considering various parameterizations for discounted infinite horizon CMDPs. Here, we refer to "w.h.p" as with high probability.

Stochastic policy gradient-based algorithms					
Parameterization	Algorithm	Sample complexity	Constraint violation	Optimality	Generative model
Softmax	NPG-PD(Ding et al., 2020)	$\mathcal{O}(\varepsilon^{-2})$	$\mathcal{O}(\varepsilon)$	Average	✓
Softmax	PD-NAC(Zeng et al., 2022)	$\mathcal{O}(\varepsilon^{-6})$	$\mathcal{O}(\varepsilon)$	Average	×
Softmax	This work	$\boldsymbol{\tilde{\mathcal{O}}(\varepsilon^{-6})}$	**Safe exploration w.h.p**	Last iterate	×
General smooth policy	NPG-PD (Ding et al., 2022a)	$\mathcal{O}(\varepsilon^{-6})$	$\mathcal{O}(\varepsilon)$	Average	✓
Neural softmax(ReLu)	CRPO(Xu et al., 2021)	$\mathcal{O}(\varepsilon^{-6})$	$\mathcal{O}(\varepsilon)$	Average	✓
Log-linear	RPG-PD(Ding et al., 2024)	$\tilde{\mathcal{O}}(\varepsilon^{-14})$	0	Last iterate	✓
Fisher non-degenerate	PD-ANPG(Mondal & Aggarwal, 2024)	$\tilde{\mathcal{O}}(\varepsilon^{-3})$	$\mathcal{O}(\varepsilon)$	Average	✓
Fisher non-degenerate	C-NPG-PDA(Bai et al., 2023)	$\tilde{\mathcal{O}}(\varepsilon^{-4})$	Averaged zero	Average	✓
Fisher non-degenerate	This work	$\boldsymbol{\tilde{\mathcal{O}}(\varepsilon^{-6})}$	**Safe exploration w.h.p**	Last iterate	×

1.2. Notations

For a set $\mathcal{X}$, $\Delta(\mathcal{X})$ denotes the probability simplex over the set $\mathcal{X}$, and $|\mathcal{X}|$ denotes the cardinality of the set $\mathcal{X}$. For any integer m, we set $[m] := \{1, \ldots, m\}$. $\|\cdot\|$ denotes the Euclidean ℓ_2-norm for vectors and the operator norm for matrices respectively. The notation $A \succeq B$ indicates that the matrix $A - B$ is positive semi-definite. We denote the image space and kernel space of the matrix A as $\mathbf{Im}(A)$ and $\mathbf{Ker}(A)$, respectively. The function $f(x)$ is said to be M-smooth on $\mathcal{X}$ if the inequality $f(x) \leq f(y) + \langle \nabla f(y), x - y \rangle + \frac{M}{2}\|x - y\|^2$ holds $\forall x, y \in \mathcal{X}$, and L-Lipschitz continuous on $\mathcal{X}$ if $|f(x) - f(y)| \leq L\|x - y\|$ holds $\forall x, y \in \mathcal{X}$.

2. Problem formulation

We consider an infinite-horizon discounted constrained Markov decision process (CMDP) defined by the tuple $\{\mathcal{S}, \mathcal{A}, P, \rho, \{r_i\}_{i=0}^m, \gamma\}$. Here, $\mathcal{S}$ and $\mathcal{A}$ are the state and action spaces, respectively. $\rho \in \Delta(\mathcal{S})$ denotes the initial state distribution, and $P(s'|s,a)$ is the probability of transitioning from state s to state s' when action a is taken. Additionally, $r_0 : \mathcal{S} \times \mathcal{A} \to [0,1]$ is the reward function, and $r_i : \mathcal{S} \times \mathcal{A} \to [-1,1]$ is the utility function for $i \in [m]$. $\gamma \in (0,1)$ represents the discount factor.

We consider a stationary stochastic policy $\pi : \mathcal{S} \to \Delta(\mathcal{A})$, which maps states to probability distributions over actions, and we denote Π as the set containing all stochastic policies. We introduce the performance measure $V_i^\pi(\rho) := \mathbb{E}_{\tau\sim\pi}\left[\sum_{t=0}^\infty \gamma^t r_i(s_t, a_t)\right]$, which is the infinite horizon discounted total return concerning the function r_i. Here, τ denotes a trajectory $\{(s_0, a_0, s_1, a_1, \ldots) : s_h \in \mathcal{S}, a_h \in \mathcal{A}, h \in \mathbb{N}\}$ induced by the initial distribution $s_0 \sim \nu_0$, the policy $a_t \sim \pi(\cdot|s_t)$, and the transition dynamics $s_{t+1} \sim P(\cdot|s_t, a_t)$.

In CMDP, the objective is to find a policy that maximizes the objective function $V_0^\pi(\rho)$ subject to the constraints $V_i^\pi(\rho)$ for $i \in [m]$:

$$\max_\pi V_0^\pi(\rho) \quad \text{s.t.} \quad V_i^\pi(\rho) \geq 0, \quad i \in [m]. \tag{RL-O}$$

The choice of optimizing only over stationary policies is justified: it has been shown that the set of all optimal policies for a CMDP includes stationary policies (Altman, 1999). We further assume the existence of a stationary optimal policy π^* that solves problem (RL-O), which is ensured by Slater's condition as demonstrated in (Altman, 1999).

For large or continuous CMDPs, solving (RL-O) is intractable due to the curse of dimensionality (Sutton et al., 1999). The policy gradient method allows us to search for the optimal policy π^* within a parameterized policy set $\{\pi_\theta, \theta \in \mathbb{R}^d\}$. For example, we can apply neural softmax parametrization for discrete action space, or Gaussian parameterization for continuous action space. For simplicity, we denote $V_i^{\pi_\theta}(\rho)$ as $V_i^\theta(\rho)$, as it is a function of θ. Due to the policy parameterization, we can reformulate problem (RL-O) into a constrained optimization problem over the finite-dimensional parameter space, as follows:

Problem 2.1. Consider $\theta \in \mathbb{R}^d$, and we are solving the following optimization problem:

$$\max_\theta V_0^\theta(\rho) \quad \text{s.t.} \quad V_i^\theta(\rho) \geq 0, \quad i \in [m]. \tag{RL-P}$$

Here, the feasible set is denoted as $\Theta := \{\theta \mid V_i^\theta(\rho) \geq 0, i \in [m]\}$, and the corresponding feasible parameterized policy set is $\Pi_\Theta := \{\pi_\theta \mid \theta \in \Theta\}$.

Due to parameterization, our parameterized policy set may not cover the entire stochastic policy set. Our goal is to find a policy π_θ that closely approximates the optimal policy π^* while ensuring *safe exploration*, as defined below.

Definition 2.2. Given an algorithm providing a sequence of $\{\theta_t\}_{t=0}^T$, we say the algorithm ensures safe exploration with high probability if, for a given confidence level $\alpha \in (0,1]$, we have $\mathbb{P}\left(V_i^{\theta_t}(\rho) \geq 0, \forall i \in [m], \text{ and } \forall t \in \{0, \ldots, T\}\right) \geq \alpha$.

3. Log barrier policy gradient approach

Our approach to safe exploration is based on considering the unconstrained log barrier surrogate $B_\eta^\theta(\rho)$ of Problem

(RL-P), where $B_\eta^\theta(\rho)$ and its gradient $\nabla_\theta B_\eta^\theta(\rho)$, as defined below.

$$\max_{\theta\in\Theta} B_\eta^\theta(\rho) := \max_\theta V_0^\theta(\rho) + \eta \sum_{i=1}^m \log V_i^\theta(\rho),$$
$$\nabla_\theta B_\eta^\theta(\rho) := \nabla V_0^\theta(\rho) + \eta \sum_{i=1}^m \frac{\nabla V_i^\theta(\rho)}{V_i^\theta(\rho)}, \tag{1}$$

where $\eta > 0$. Log barrier algorithm (Liu et al., 2020a; Usmanova et al., 2022) can be summarized by

$$\theta_{t+1} = \theta_t + \gamma_t \hat{\nabla}_\theta B_\eta^\theta(\rho), \tag{2}$$

where γ_t represents the stepsize and $\hat{\nabla}_\theta B_\eta^\theta(\rho)$ is an estimation of the true gradient (1). The intuition is that the iterates approach the stationary point of the log barrier function from the interior, thereby ensuring safe exploration. Furthermore, we establish that the stationary points of the log barrier function correspond to approximately optimal points of the CMDP objective, ensuring optimality.

The iteration above is arguably simple; In contrast to the approach in (Bai et al., 2023; Ding et al., 2022a; Liu et al., 2022; Xu et al., 2021; Zeng et al., 2022), our method eliminates the need for projection, adjustment of the learning rate for a dual variable, and the requirement of a simulator capable of simulating the MDP from any initial state $s \in \mathcal{S}$. However, the challenge lies in fine-tuning the stepsize γ_t to ensure safe exploration while maintaining convergence. In the following two sections, we address these aspects and formalize the algorithm.

3.1. Estimating log barrier gradient $\hat{\nabla}_\theta B_\eta^\theta(\rho)$

Given that we do not have access to the generative model, we need to estimate the log barrier gradient to implement (2). Equation (1) indicates that we need to estimate both $V_i^\theta(\rho)$ and its gradient $\nabla_\theta V_i^\theta(\rho)$. Gradient estimators using Monte Carlo approaches have been addressed in past work (Sutton et al., 1999; Williams, 1992; Baxter & Bartlett, 2001), and we will apply them to estimate the log barrier gradient as follows.

Let $\tau_j := \left(s_t^j, a_t^j, \{r_i(s_t^j, a_t^j)\}_{i=0}^m\right)_{t=0}^{H-1}$ denote n truncated trajectories, with a fixed horizon H, each including the corresponding reward and utility functions. The estimator of the value function, denoted as $\hat{V}_i^\theta(\rho)$, is computed as the average value over the sampled trajectories: $\hat{V}_i^\theta(\rho) := \frac{1}{n}\sum_{j=1}^n \sum_{t=0}^{H-1} \gamma^t r_i(s_t^j, a_t^j)$. To estimate the gradient $\nabla_\theta V_i^\theta(\rho)$, we focus on the GPOMDP gradient estimator for simplicity, but the result extends to other gradient estimators. The GPOMDP gradient estimator is computed as: $\hat{\nabla}_\theta V_i^\theta(\rho) := \frac{1}{n}\sum_{j=1}^n \sum_{t=0}^{H-1} \sum_{t'=0}^{t} \gamma^t r_i(s_t^j, a_t^j) \nabla_\theta \log \pi_\theta(a_{t'}^j | s_{t'}^j)$.

Bounds on the error in the above estimations can be derived based on the well-behavedness of the following assumption.

Assumption 3.1. The gradient and Hessian of the function $\log \pi_\theta(a|s)$ are bounded, i.e., there exist constants $M_g, M_h > 0$ such that $\|\nabla_\theta \log \pi_\theta(a|s)\| \le M_g$ and $\|\nabla_\theta^2 \log \pi_\theta(a|s)\| \le M_h$ for all $\theta \in \Theta$.

Remark 3.2. Assumption 3.1 has been widely utilized in the analysis of policy gradient methods (Liu et al., 2020b; Yuan et al., 2022; Ding et al., 2022b; Xu et al., 2020). It is satisfied for softmax policy, the log-linear policy with bounded feature vectors (Agarwal et al., 2021, Section 6.1.1), as well as Cauchy policy (Fatkhullin et al., 2023, Appendix B) and Gaussian policy (Xu et al., 2020, Appendix D).

As stated in Proposition 3.3, Assumption 3.1 ensures smoothness and Lipschitz continuity properties for the value functions $V_i^\theta(\rho)$. It also ensures that the estimator of $V_i^\theta(\rho)$ and its gradient $\nabla_\theta V_i^\theta(\rho)$ have sub-Gaussian tail bounds. These tail bounds provide probabilistic guarantees that the estimators do not deviate significantly from their expected values, which is essential for assessing the safe exploration and convergence behavior of the algorithm.

Proposition 3.3. *Let Assumption 3.1 hold. The following properties hold* $\forall i \in \{0, \dots, m\}$ *and* $\forall \theta \in \Theta$.

1. $V_i^\theta(\rho)$ *are* L*-Lipschitz continuous and* M*-smooth, where* $L := \frac{M_g}{(1-\gamma)^2}$ *and* $M := \frac{M_g^2 + M_h}{(1-\gamma)^2}$.

2. Let $b^0(H) := \frac{\gamma^H}{1-\gamma}$ *and* $b^1(H) := \frac{M_g \gamma^H}{1-\gamma}\sqrt{\frac{1}{1-\gamma} + H}$*, we have*

$$\left|V_i^\theta(\rho) - \mathbb{E}\left[\hat{V}_i^\theta(\rho)\right]\right| \le b^0(H),$$
$$\left\|\nabla_\theta V_i^\theta(\rho) - \mathbb{E}\left[\hat{\nabla}_\theta V_i^\theta(\rho)\right]\right\| \le b^1(H).$$

3. Let $\sigma^0(n) := \frac{\sqrt{2}}{\sqrt{n}(1-\gamma)}$ *and* $\sigma^1(n) := \frac{2\sqrt{2}M_g}{\sqrt{n}(1-\gamma)^{\frac{3}{2}}}$*, for any* $\delta \in (0,1)$*, we have*

$$\mathbb{P}\left(\left|\hat{V}_i^\theta(\rho) - \mathbb{E}\left[\hat{V}_i^\theta(\rho)\right]\right| \le \sigma^0(n)\sqrt{\ln\frac{2}{\delta}}\right) \ge 1-\delta,$$
$$\mathbb{P}\left(\left\|\hat{\nabla}_\theta V_i^\theta(\rho) - \mathbb{E}\left[\hat{\nabla}_\theta V_i^\theta(\rho)\right]\right\| \le \sigma^1(n)\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}\right) \ge 1-\delta.$$

The first property has been proven in (Bai et al., 2023, Lemma 2) and (Yuan et al., 2022, Lemma 4.4). The bias bound $b^1(H)$ has been established in (Yuan et al., 2022, Lemma 4.5). We prove the remaining properties in Appendix D.1. Based on the estimators of the value function $V_i^\theta(\rho)$ and its gradient $\nabla_\theta V_i^\theta(\rho)$, we construct the estimator for the log barrier function required in our iteration (2) as follows:

$$\hat{\nabla}_\theta B_\eta^\theta(\rho) := \hat{\nabla}_\theta V_0^\theta(\rho) + \eta \sum_{i=1}^m \frac{\hat{\nabla}_\theta V_i^\theta(\rho)}{\hat{V}_i^\theta(\rho)}. \tag{3}$$

Based on Proposition 3.3, we can establish the sub-Gaussian tail bound for the estimator (3) as follows.

Lemma 3.4. *Let Assumption 3.1 hold. For any* $\delta \in (0,1)$, *we have* $\mathbb{P}(\|\hat{\nabla}_\theta B_\eta^\theta(\rho) - \nabla_\theta B_\eta^\theta(\rho)\| \leq (1 + \sum_{i=1}^m \frac{\eta}{\hat{V}_i^\theta(\rho)})(b^1(H) + \sigma^1(n)\sqrt{\ln \frac{e^{\frac{1}{4}}}{\delta}}) + \sum_{i=1}^m \frac{\eta L}{\hat{V}_i^\theta(\rho) V_i^\theta(\rho)}(b^0(H) + \sigma^0(n)\sqrt{\ln \frac{2}{\delta}})) \geq 1 - \delta$.

The proof of Lemma 3.4 can be found in Appendix D.2. Lemma 3.4 indicates that the sample complexity for obtaining an accurate estimate of the log barrier gradient depends on the distance of the iterates to the boundary, which is on the order of $\mathcal{O}\left(1/\min_i V_i^\theta(\rho)^2\right)$. This observation will be crucial in deriving the convergence rate and sample complexity of our algorithm.

3.2. Tuning the stepsize

The log barrier function is not smooth globally because its gradient becomes unbounded as the iterate approaches the boundary of the feasible domain. However, within a local region, the gradient of the log barrier function can exhibit bounded growth since $V_i^\theta(\rho)$ is smooth and bounded in that area. Based on this observation, the LB-SGD algorithm (Usmanova et al., 2022) developed a local smoothness constant, M_t, by bounding the Hessian of the log barrier function, assuming access to unbiased estimators of the objective values. In our RL setting, we extend this approach using Monte Carlo methods to estimate the gradient information given the biased value function estimators and GPOMDP gradient estimators.

The local smoothness constant $\hat{M}_t$, accounting for the biases and variances of the objective values and gradients of $V_i^\theta(\rho)$, is as follows:

$$\hat{M}_t := M + \sum_{i=1}^m \frac{10M\eta}{\underline{\alpha}_i(t)} + 8\eta \sum_{i=1}^m \frac{\left(\overline{\beta}_i(t)\right)^2}{\left(\underline{\alpha}_i(t)\right)^2}.$$

Here, $\underline{\alpha}_i(t)$ represents the lower confidence bound of the constraint function $V_i^{\theta_t}(\rho)$, and $\overline{\beta}_i(t)$ denotes the upper confidence bound of $\left|\left\langle \nabla_\theta V_i^{\theta_t}(\rho), \frac{\nabla_\theta B_\eta^{\theta_t}(\rho)}{\|\nabla_\theta B_\eta^{\theta_t}(\rho)\|} \right\rangle\right|$. These confidence bounds are derived from Proposition 3.3 and detailed in Appendix D.3.1. To prevent overshooting and ensure that iterations remain within the local region where the estimator is valid, we set the stepsize γ_t as follows:

$$\gamma_t = \min\left\{ \min_{i\in[m]} \left\{ \frac{\underline{\alpha}_i(t)}{\sqrt{M\underline{\alpha}_i(t) + 2|\overline{\beta}_i(t)|}} \right\} \frac{1}{\|\hat{\nabla}_x B_\eta^{\theta_t}(\rho)\|}, \frac{1}{\hat{M}_t} \right\}. \tag{4}$$

Above, the first term inside the minimization corresponds to the region around the current iterate θ_t where the estimator is valid (see Appendix D.3.1).

With the gradient estimators and stepsize defined, we can now provide the LB-SGD approach in Algorithm 1. In summary, the LB-SGD algorithm implements stochastic gradient ascent on the log barrier function $B_\eta^{\theta_t}(\rho)$ using the sampling scheme provided in Section 3.1, where η controls the optimality of the algorithm's output. If the norm of the estimated gradient is smaller than $\frac{\eta}{2}$, the algorithm terminates. However, if the norm exceeds this threshold, the algorithm proceeds with stochastic gradient ascent, based on the stepsize specified in line 8. Under appropriate assumptions on the policy parameterization, we prove that Algorithm 1 can find a policy that is $\mathcal{O}(\sqrt{\varepsilon_{bias}}) + \tilde{\mathcal{O}}(\varepsilon)$-optimal with a sample complexity of $\tilde{\mathcal{O}}(\varepsilon^{-6})$. Here, ε_{bias} represents the transfer error from Assumption 4.6, as detailed in Section 4.2. We provide an informal statement of the main result of our paper here, and in the next section, we elaborate on the assumptions to formalize and prove this statement.

Algorithm 1 LB-SGD

1: **Input:** Smoothness parameter $M = \frac{M_g^2 + M_h}{(1-\gamma)^2}$, batch size n, truncated horizon H, number of iterations T, confidence bound $\delta \in (0,1)$, $\eta > 0$.
2: **for** $t = 0, 1, \ldots, T-1$ **do**
3: Compute $\hat{V}_i^{\theta_t}(\rho)$ and $\hat{\nabla}_\theta V_i^{\theta_t}(\rho)$ using sampling scheme 3.1.
4: Compute $\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)$ using Eq.(3).
5: **if** $\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\| \leq \frac{\eta}{2}$ **then**
6: Break the loop. Return θ_{break}.
7: **end if**
8: $\theta_{t+1} = \theta_t + \gamma_t \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)$, where γ_t is defined in Eq.(4).
9: **end for**
10: Return θ_{out}, which can be either θ_{break} or θ_T.

Theorem 3.5. *Under suitable assumptions (see Theorem 4.9 for the precise statement), Algorithm 1 has the following properties using* $\tilde{\mathcal{O}}(\varepsilon^{-6})$ *samples:*

1. *Safe exploration is satisfied with high probability.*
2. *The output policy* $\pi_{\theta_{out}}$ *achieves* $\mathcal{O}(\sqrt{\varepsilon_{bias}}) + \tilde{\mathcal{O}}(\varepsilon)$*-optimality with high probability.*

This result extends the findings of (Usmanova et al., 2022) to the RL setting, where the authors provide convergence guarantees for the LB-SGD algorithm towards a stationary point. Their work focuses on non-convex objective and constraint functions $V_i^\theta(\rho)$, employing an unbiased sampling scheme for the values $V_i^\theta(\rho)$. In this paper, we further demonstrate that LB-SGD ensures that the last iterate policy converges towards a globally optimal policy while guaranteeing safe exploration, using biased estimators for $V_i^\theta(\rho)$.

4. Technical analysis of log barrier for CMDPs

The proof of Theorem 4.9 is divided into safe exploration analysis (Section 4.1) and convergence analysis (Section 4.2). In the safe exploration analysis (Lemma 4.3), we

utilize Slater's condition and an Extended Mangasarian-Fromovitz constraint qualification (MFCQ) assumption (see Assumptions 4.1 and 4.2, respectively) to establish lower bounds on the distance of the iterates from the boundary. For the convergence analysis, we rely on assumptions concerning the richness of the policy parametrization. Specifically, under the Fisher non-degenerate assumption and the bounded transfer error assumption (see Assumptions 4.4 and 4.6, respectively), we establish the gradient dominance property for the log barrier function in Lemma 4.8. This property allows us to bound the gap between $V_0^\theta(\rho)$ and the optimal value function $V_0^{\pi^*}(\rho)$ by the norm of the gradient $\nabla_\theta B_\eta^\theta(\rho)$.

4.1. Safe exploration of the algorithm

Assumption 4.1 (Slater's condition)**.** There exist a known starting point $\theta_0 \in \Theta$ and $\nu_s > 0$ such that $V_i^{\theta_0}(\rho) \geq \nu_s$, $\forall i \in [m]$.

Assumption 4.1 has been commonly used in the analysis of CMDPs (Bai et al., 2023; Ding et al., 2020; Liu et al., 2021a;b). It is natural to assume this since without a safe initial policy π_{θ_0}, the safe exploration property 2.2 is not satisfied.

Assumption 4.2 (Extended MFCQ)**.** Given $p > 0$, let $\mathbf{B}_p(\theta) := \{i \in [m] \,|\, 0 < V_i^\theta(\rho) \leq p\}$ be the set of constraints indicating that θ is approximately p-close to the boundary. We assume that there exist constants $0 < \nu_{\text{emf}} \leq \nu_s$ and $\ell > 0$ such that for any $\theta \in \Theta$, there is a direction $s_\theta \in \mathbb{R}^d$ with $\|s_\theta\| = 1$ satisfying $\langle s_\theta, \nabla V_i^\theta(\rho)\rangle > \ell$ for all $i \in \mathbf{B}_{\nu_{\text{emf}}}(\theta)$.

In the context of non-convex constrained optimization, the MFCQ assumption (Mangasarian & Fromovitz, 1967) is commonly required to ensure that the Karush-Kuhn-Tucker conditions are necessary optimality conditions (Muehlebach & Jordan, 2022; Boob et al., 2023). Assumption 4.2 strengthens the MFCQ assumption by requiring the existence of a unit direction that guides the iterate within a distance of ν_{emf} from the boundary while staying at least ℓ away from it. While the MFCQ assumption mandates $\ell = 0$ and $\nu_{emf} = 0$, the need for strictly positive values of ν_{emf} and ℓ arises due to our reliance on stochastic gradients rather than exact gradients. Furthermore, Assumption 4.2 ensures the existence of a trajectory guiding points on the boundary away from it. Without Assumption 4.2, the iterates generated by the log barrier approach can be $\mathcal{O}\left(\exp \frac{-1}{\eta}\right)$ close to the boundary, as illustrated in the example provided in Appendix B.2. This, in turn, would require very accurate gradient estimators to ensure safe exploration, resulting in high sample complexity, as inferred from Lemma 3.4. For further insights, in Appendix B.1, we show the cases in which this assumption is implied by the MFCQ assumption.

Next, we provide a safe exploration property of Algorithm 1 as follows.

Lemma 4.3. *Let Assumptions 3.1, 4.1, and 4.2 hold, and set $\eta \leq \nu_{emf}$, $n = \mathcal{O}(\eta^{-4} \ln \frac{1}{\delta})$, and $H = \mathcal{O}(\ln \frac{1}{\eta})$, we have $\mathbb{P}\left\{\forall t \in [T], \min_{i\in[m]} V_i^{\theta_t}(\rho) \geq c\eta\right\} \geq 1 - mT\delta$, where c is defined in* (23).

The proof of Lemma 4.3 can be found in Appendix D.3 and is built upon the results of (Usmanova et al., 2022). Lemma 4.3 demonstrates that the LB-SGD algorithm ensures safe exploration with high probability. Importantly, it also shows that the iterates remain within a distance of $\Omega(\eta)$ from the boundary. This ensures the upper bound of the sample complexity for an accurate estimate of the log barrier gradient, which helps derive the sample complexity of our algorithm.

4.2. Convergence and sample complexity

To establish algorithm convergence, we rely on two commonly employed assumptions: the Fisher non-degeneracy assumption and the bounded transfer error assumption (see Assumptions 4.4 and 4.6, respectively). The first assumption, Fisher non-degeneracy, ensures that the policy can adequately explore the state-action space. The second assumption, regarding bounded transfer error, ensures that our parameterized policy set sufficiently covers the entire stochastic policy set. These assumptions are essential for guaranteeing the effectiveness and convergence of our algorithm.

To introduce the Fisher non-degeneracy assumption, we first define the discounted state-action visitation distribution as $d_\rho^\theta(s,a) := (1-\gamma)\sum_{t=0}^\infty \gamma^t P(s_t = s, a_t = a)$. The Fisher information matrix induced by policy π_θ is defined as $F^\theta(\rho) := \mathbb{E}_{(s,a)\sim d_\rho^\theta}[\nabla \log \pi_\theta(a|s) \left(\nabla \log \pi_\theta(a|s)\right)^T]$.

Assumption 4.4 (Fisher non-degeneracy)**.** For any $\theta \in \Theta$, there exists a positive constant μ_F such that $F^\theta(\rho) \succeq \mu_F \mathbf{I}_{d\times d}$, where $\mathbf{I}_{d\times d}$ is the identity matrix of size $d \times d$.

Assumption 4.4 is a common requirement for the convergence analysis of policy gradient methods, as discussed in (Bai et al., 2023; Liu et al., 2020b; Yuan et al., 2022; Masiha et al., 2022; Fatkhullin et al., 2023; Ding et al., 2022b). Similar conditions to Assumption 4.4 are also found in (Agarwal et al., 2021, Assumption 6.5) and (Ding et al., 2022a, Assumptions 13), specifically concerning the relative condition number of the Fisher information matrix.

Despite the importance of the above assumption, there has been only a partial understanding of which policy classes satisfy it. It has been claimed that in the tabular setting, the softmax parameterization fails to satisfy Fisher non-degeneracy, particularly when the policy approaches a deterministic policy (Ding et al., 2022b). Our result below complements this understanding.

Fact 4.5. 1) The softmax parameterization does not satisfy Fisher non-degeneracy. 2) Log-linear and neural softmax parameterizations fail to satisfy Fisher non-degeneracy as the policy approaches determinism.

The proof of Fact 4.5 can be found in Appendix C.1. The policy parametrizations that do satisfy the Fisher non-degeneracy include Gaussian policies, full-rank exponential family distributions, and Cauchy policies (for a detailed discussion, see (Fatkhullin et al., 2023, Appendix B)).

While the above assumption addresses the exploration of the policy, the bounded transfer error assumption concerns the richness of the policy class. To formalize it, let us start by defining the state value function as $V_i^\theta(s) := \mathbb{E}_{\tau\sim\pi_\theta}[\sum_{t=0}^\infty \gamma^t r_i(s_t,a_t)|s_0 = s]$, the state-action value function as $Q_i^\theta(s,a) := \mathbb{E}_{\tau\sim\pi_\theta}[\sum_{t=0}^\infty \gamma^t r_i(s_t,a_t)|s_0 = s, a_0 = a]$, and the advantage function as $A_i^\theta(s,a) = Q_i^\theta(s,a) - V_i^\theta(s)$. With these definitions in place, the transfer error is defined as $L(\mu_i^*, \theta, d_\rho^{\pi^*}) := \mathbb{E}_{(s,a)\sim d_\rho^{\pi^*}}\left[\left(A_i^\theta(s,a) - (1-\gamma)\mu_i^{*T}\nabla_\theta \log \pi_\theta(a|s)\right)^2\right]$, where $\mu_i^* = \left(F^\theta(\rho)\right)^{-1}\nabla_\theta V_i^\theta(\rho)$. This formulation is termed as the transfer error because it quantifies the error in approximating the advantage function A_i^θ, which depends on d_ρ^θ, while the expectation of the error is taken with respect to a fixed measure $d_\rho^{\pi^*}$. Now, we introduce an assumption regarding the transfer error.

Assumption 4.6 (Bounded transfer error)**.** For any $\theta \in \Theta$, there exists a non-negative constant ε_{bias} such that for $i \in \{0,\dots,m\}$, $L(\mu_i^*, \theta, d_\rho^{\pi^*}) \le \varepsilon_{bias}$.

Assumption 4.6 has been utilized in several works (Liu et al., 2020b; Yuan et al., 2022; Fatkhullin et al., 2023; Ding et al., 2022b). The general understanding is that softmax parameterization results in $\varepsilon_{bias} = 0$. This result is extended by either assuming a very specific class of MDPs, such as a linear MDP model with low-rank transition dynamics (Jiang et al., 2017; Jin et al., 2020; Yang & Wang, 2019), or a very specific policy class, such as a "rich" two-layer neural network (Wang et al., 2020). Building upon these findings, we present a more general result connecting the richness of policy classes to the transfer error.

Fact 4.7. For log-linear and neural softmax policy parameterizations, increasing the richness of the policy parameterization leads to a decrease in the transfer error ε_{bias}.

The proof of Fact 4.7 can be found in Appendix C.2.

With these assumptions in place, we can establish bounds on the optimality of the policy π_θ using the gradient information of $\nabla_\theta B_\eta^\theta(\rho)$ in the following lemma.

Lemma 4.8. *Let Assumptions 3.1, 4.4, and 4.6 hold. For any $\theta \in \Theta$, we have*

$$V_0^{\pi^*}(\rho) - V_0^\theta(\rho) \le m\eta + \frac{\sqrt{\varepsilon_{bias}}}{1-\gamma}\left(1 + \sum_{i\in[m]} \frac{\eta}{V_i^\theta(\rho)}\right) + \frac{M_h}{\mu_F}\left\|\nabla_\theta B_\eta^\theta(\rho)\right\|.$$

For softmax parameterization where Assumptions 3.1 and 4.6 hold with $M_g = 1$, $M_h = 1$, and $\varepsilon_{bias} = 0$, if $\rho(s) > 0$ for all $s \in \mathcal{S}$ and $\mu_{F,s} := \inf_{\theta\in\Theta}\{$second smallest eigenvalue of $F^\theta(\rho)\} > 0$, then for any $\theta \in \Theta$, we have:

$$V_0^{\pi^*}(\rho) - V_0^\theta(\rho) \le m\eta + \frac{1}{\mu_{F,s}}\left\|\mathbf{P}_{\mathbf{Im}(F^\theta(\rho))}\nabla_\theta B_\eta^\theta(\rho)\right\|.$$

Here, $\mathbf{P}_{\mathbf{Im}(F^\theta(\rho))}$ represents the orthogonal projection onto $\mathbf{Im}(F^\theta(\rho))$, which is computed as $\mathbf{Im}(F^\theta(\rho)) := \mathbb{R}^{|\mathcal{S}||\mathcal{A}|}/\{\mathbf{1}_s : s \in \mathcal{S}\}$.

For the proof of Lemma 4.8, please refer to Appendix D.4. Previous works such as (Ding et al., 2022b; Masiha et al., 2022) established gradient dominance of the value function in the MDP setting, bounding the optimality gap for $V_0^\theta(\rho)$ by the norm of its gradient $\nabla_\theta V_0^\theta(\rho)$. Here, we establish this property in the CMDP setting by bounding the optimality gap using the norm of the log barrier gradient $\nabla_\theta B_\eta^\theta(\rho)$, along with an additional term $\mathcal{O}\left(\sum_{i\in[m]} \eta\sqrt{\varepsilon_{bias}}/V_i^\theta(\rho)\right)$. In Lemma E.1, we demonstrate that, under Assumption 4.2, the stationary points of the log barrier function can only be $\Omega(\eta + \nu_{emf})$ close to the boundary. Combining this with the above lemma, we conclude that the stationary points are $\mathcal{O}(\eta + \varepsilon_{bias}\max\{1, \eta/\nu_{emf}\})$ optimal. Meanwhile, the gradient ascent method ensures convergence to the stationary point of $B_\eta^\theta(\rho)$. Leveraging Lemmas 4.3 and 4.8, we can complete the proof of Theorem 3.5. Here, we provide the precise statement of Theorem 3.5.

Theorem 4.9. *Let Assumptions 3.1, 4.1, 4.2, 4.4, and 4.6 hold, and set $\eta < \nu_{emf}$, $n = \mathcal{O}(\eta^{-4}\ln\frac{1}{\delta\eta})$ where $0 < \delta < 1$ and $H = \mathcal{O}(\ln\frac{1}{\eta})$. After T iterations of the Algorithm 1, the following holds:*

1. $\mathbb{P}\left(V_i^{\theta_t}(\rho) \ge 0, \forall i \in [m], \text{ and } \forall t \in \{0,\dots,T\}\right) \ge 1 - mT\delta$.
2. *The output policy $\pi_{\theta_{out}}$ with a probability of at least $1 - mT\delta$ satisfies*

$$V_0^{\pi^*}(\rho) - V_0^{\theta_{out}}(\rho) \le \mathcal{O}(\sqrt{\varepsilon_{bias}}) + \tilde{\mathcal{O}}\left(\frac{\eta}{\mu_F}\right) + \mathcal{O}\left(\exp\left(-C\mu_F T\eta^2\right)\right)\left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho)\right) \tag{5}$$

Remark 4.10. Although the softmax parameterization does not satisfy Fisher non-degeneracy, Lemma 4.8 enables us to establish safe exploration and convergence guarantees for softmax parameterization. This can be achieved by replacing the if condition in line 5 of Algorithm 1 with $\left\|\mathbf{P}_{\mathbf{Im}(F^\theta(\rho))}\nabla_\theta B_\eta^\theta(\rho)\right\| \le \frac{\eta}{2}$. Furthermore, if $\mu_{F,s} > 0$ and $\rho(s) > 0$, $\forall s \in \mathcal{S}$, the results hold with $\varepsilon_{bias} = 0$ and $\mu_F = \mu_{F,s}$. The proof is provided in Appendix D.5.

The proof of Theorem 4.9 can be found in Appendix D.5. Inequality (5) yields the following key insights: the last iterate of the algorithm converges to the neighborhood of the optimal point of $V_0^{\pi^*}(\rho)$ at a rate of $\mathcal{O}(\exp(-C\mu_F\eta^2 T))$. Hence, larger values of μ_F lead to faster convergence. On the other hand, the neighborhood's radius is influenced by two factors: μ_F and the transfer error ε_{bias}. A smaller μ_F corresponds to a less random policy, reducing exploration. A larger ε_{bias} indicates inadequate policy parameterization. Consequently, smaller μ_F values and larger ε_{bias} values prevent the algorithm from reaching the optimal policy. Therefore, μ_F controls optimality and convergence speed.

Based on Theorem 4.9, we can determine the sample complexity of the algorithm required to ensure safe exploration and achieve ε-optimality, as stated in the following corollary, with its proof provided in Appendix D.6.

Corollary 4.11. *The sample complexity of Algorithm 1 to return an $\mathcal{O}(\sqrt{\varepsilon_{bias}}) + \tilde{\mathcal{O}}(\varepsilon)$-optimal policy while ensuring safe exploration with high probability is $\tilde{\mathcal{O}}(\varepsilon^{-6})$.*

When compared to the state-of-the-art policy gradient-based algorithm, C-NPG-PDA (Bai et al., 2023), which only provides guarantees for averaged zero constraint violation, our algorithm demands an additional $\mathcal{O}(\varepsilon^{-2})$ samples while utilizing the same Fisher non-degenerate assumption. This increase in sampling requirement serves as the price for ensuring safe exploration.

In the above theorem, we established that the last iterate of Algorithm 1 converges towards the optimal policy of the original problem. Additionally, we provide a bound on the regret, which measures the average suboptimality during learning, in the following corollary.

Corollary 4.12. *Let Assumptions 3.1, 4.1, 4.2, 4.4, and 4.6 hold, and set $\eta < \nu_{emf}$, $n = \mathcal{O}(\eta^{-4}\ln\frac{1}{\delta\eta})$ where $0 < \delta < 1$ and $H = \mathcal{O}(\ln\frac{1}{\eta})$. After T iterations of the Algorithm 1, we can bound the regret of the objective function with a probability of at least $1 - mT\delta$ as follows:*

$$\frac{1}{T}\sum_{t=0}^{T-1}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_t}(\rho)\right) \leq \frac{8M_h}{C\mu_F\eta^2 T}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho)\right) + \frac{8mM_h\log\nu_s}{C\mu_F\eta T} + \tilde{\mathcal{O}}(\eta) + \mathcal{O}(\sqrt{\varepsilon_{bias}}).$$

Furthermore, the sample complexity required to attain $\mathcal{O}(\sqrt{\varepsilon_{bias}}) + \tilde{\mathcal{O}}(\varepsilon)$-optimality, considering the regret bound while ensuring safe exploration with high probability, is $\mathcal{O}(\varepsilon^{-7})$.

The proof is provided in Appendix D.7 and is a direct extension of the proof of Theorem 4.9. The above demonstrates that throughout the learning process, the average performance remains close to that of the optimal policy.

While our work has primarily focused on establishing theoretical guarantees for safe exploration in CMDPs, we have verified the performance of our algorithm in a standard gridworld environment, as detailed in Appendix F. We compared our algorithm with the IPO algorithm (Liu et al., 2020a), which is also based on the log barrier method and a policy gradient approach but uses a fixed stepsize. To ensure safe exploration, IPO requires manual tuning of the stepsize. Our experiments confirmed that LB-SGD achieves safe exploration while converging to the optimal policy. However, as expected, ensuring these guarantees necessitates a higher number of samples per iteration near the boundary for accurate estimates. It would be interesting to determine whether this sample complexity is inherent to our algorithm and its analysis or to the safe exploration requirement.

5. Conclusion

We developed a log barrier policy gradient approach for ensuring safe exploration in CMDPs. Our work establishes the convergence of the algorithm to an optimal point and characterizes its sample complexity. A potential direction for future research is to explore methods that can further reduce the sample complexity of safe exploration. This could involve incorporating variance reduction techniques, leveraging MDP structural characteristics (e.g., natural policy gradient method), and extending the Fisher non-degenerate parameterization to general policy representations. Another potential research avenue is to establish lower bounds for the safe exploration problem.

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Table 2. Sample complexity for achieving ε-optimal objectives with guarantees on constraint violations in stochastic policy gradient-based algorithms, considering various parameterizations for discounted infinite horizon CMDPs.

Stochastic policy gradient-based algorithms						
Parameterization	Algorithm	Sample complexity	Constraint violation	Optimality	Generative model	Slater's condition
Softmax	NPG-PD(Ding et al., 2020)	$\mathcal{O}(\varepsilon^{-2})$	$\mathcal{O}(\varepsilon)$	Average	✓	✓
Softmax	PD-NAC(Zeng et al., 2022)	$\mathcal{O}(\varepsilon^{-6})$	$\mathcal{O}(\varepsilon)$	Average	×	✓
Softmax	LB-SGD	$\boldsymbol{\tilde{\mathcal{O}}(\varepsilon^{-6})}$	**Safe exploration w.h.p**	Last iterate	×	✓
General smooth policy	NPG-PD (Ding et al., 2022a)	$\mathcal{O}(\varepsilon^{-6})$	$\mathcal{O}(\varepsilon)$	Average	✓	✓
Neural softmax(ReLu)	CRPO(Xu et al., 2021)	$\mathcal{O}(\varepsilon^{-6})$	$\mathcal{O}(\varepsilon)$	Average	✓	×
Log-linear	RPG-PD(Ding et al., 2024)	$\tilde{\mathcal{O}}(\varepsilon^{-14})$	0	Last iterate	✓	✓
Fisher non-degenerate	PD-ANPG(Mondal & Aggarwal, 2024)	$\tilde{\mathcal{O}}(\varepsilon^{-3})$	$\mathcal{O}(\varepsilon)$	Average	✓	✓
Fisher non-degenerate	C-NPG-PDA(Bai et al., 2023)	$\tilde{\mathcal{O}}(\varepsilon^{-4})$	Averaged zero	Average	✓	✓
Fisher non-degenerate	LB-SGD	$\boldsymbol{\tilde{\mathcal{O}}(\varepsilon^{-6})}$	**Safe exploration w.h.p**	Last iterate	×	✓

A. Comparison of model-free safe RL algorithms

Regarding the past work on policy gradient in infinite horizon discounted CMDPs, we further provide details on the notion of constraint satisfaction. To this end, we provide an extended version of Table 1 to include the assumptions.

1. (Slater's condition) Compared to Table 1, the above table includes an additional column detailing the assumptions required for convergence analysis. LB-SGD, unlike all the other methods in the table, requires a feasible initial policy since our work is the only one that focuses on safe exploration.

2. (Constraint violation) In our work, we define safe exploration as ensuring constraint satisfaction throughout the learning process, as defined in the property 2.2. Our LB-SGD algorithm achieves safe exploration with high probability. However, in (Bai et al., 2023), the authors claim to achieve zero constraint violation but employ a different definition, specified as:
$$\frac{1}{T}\sum_{t=0}^{T-1} V_i^{\theta_t}(\rho) \geq 0,\ \forall i \in [m].$$
It is important to note that while their algorithm aims for zero constraint violation, individual iterates during the learning process may still violate the constraints. Hence, we refer to it as an averaged zero constraint violation, since safe exploration represents a stronger notion of constraint violation guarantees. Additionally, in (Ding et al., 2024), the regularized policy gradient primal-dual (RPG-PD) algorithm returns the last iterate policy satisfying the constraints, but it does not provide guarantees for safe exploration.

3. (Sample complexity) In the constraint-rectified policy optimization (CRPO) algorithm (Xu et al., 2021), the authors provide a general result for measuring the algorithm's performance in (Xu et al., 2021, Theorem 2). We conclude that $\mathcal{O}(\varepsilon^{-6})$ is the optimal sample complexity for achieving an $\mathcal{O}(\varepsilon)$ optimality gap for the CRPO algorithm.

B. Discussion on Assumption 4.2

B.1. Sufficient conditions for Assumption 4.2

In this section, we first study the relationship between the extended MFCQ assumption and the MFCQ assumption. Let us state the MFCQ assumption (Mangasarian & Fromovitz, 1967) below.

Assumption B.1 (MFCQ (Mangasarian & Fromovitz, 1967))**.** For every $\theta \in \Theta'$, where $\Theta' = \{\theta \in \Theta \mid \exists i \in [m], V_i^\theta(\rho) = 0\}$, there exists a direction s_θ such that $\left\langle s_\theta, \nabla V_i^\theta(\rho)\right\rangle > 0$ for all $i \in \mathbf{B}_0(\theta) := \left\{i \in [m] \,|\, V_i^\theta(\rho) = 0\right\}$.

Let us define

$$\ell_\theta := \min_{i \in \mathbf{B}_0(\theta)} \left\{ \left\langle \frac{s_\theta}{\|s_\theta\|}, \nabla V_i^\theta(\rho) \right\rangle \right\},$$
$$\nu_\theta := \begin{cases} \min_{i \in \{[m] \setminus \mathbf{B}_0(\theta)\}} \left\{V_i^\theta(\rho)\right\}, & \{[m] \setminus \mathbf{B}_0(\theta)\} \neq \emptyset, \\ \frac{1}{1-\gamma}, & \text{otherwise.} \end{cases}$$

Under the MFCQ assumption, for $\theta \in \Theta'$, both ℓ_θ and ν_θ are strictly positive. Now, we argue that under Assumption 3.1, we can establish a relationship between the MFCQ assumption and the extended MFCQ assumption.

Proposition B.2. *Let Assumptions 3.1 and B.1 hold. Set* $\ell := \inf_{\theta\in\Theta'} \left\{\frac{\ell_\theta}{2}\right\}$ *and* $\nu_1 := \inf_{\theta\in\Theta'} \left\{\frac{\nu_\theta}{3}\right\}$. *If* $\ell, \nu_1 > 0$, *then Assumption 4.2, namely, the extended MFCQ Assumption, holds.*

Proof of Proposition B.2. Under Assumption 3.1, we know that $V_i^\theta(\rho)$ is L-Lipschitz continuous and M-smooth, as shown in Proposition 3.3. For each $\theta \in \Theta'$, consider $\theta_1 \in \mathcal{R}(\theta) := \left\{\theta_1 \mid \theta_1 \in \Theta,\ \|\theta_1 - \theta\| \le \min\{\frac{\ell_\theta}{2M}, \frac{\nu_\theta}{3L}\}\right\}$. For $i \in \mathbf{B}_0(\theta)$, we have

$$V_i^{\theta_1}(\rho) \le V_i^\theta(\rho) + L\|\theta - \theta_1\| \le \frac{\nu_\theta}{3}.$$

For $i \notin \mathbf{B}_0(\theta)$, we have

$$V_i^{\theta_1}(\rho) \ge V_i^\theta(\rho) - L\|\theta - \theta_1\| \ge \frac{2\nu_\theta}{3}.$$

Therefore, we can conclude that $\mathbf{B}_{\frac{\nu_\theta}{3}}(\theta_1) \subset \mathbf{B}_0(\theta)$ for $\theta_1 \in \mathcal{R}(\theta)$. Next, we apply Assumption B.1 on $\theta_1 \in \mathcal{R}(\theta)$, we have for each $i \in \mathbf{B}_{\frac{\nu_\theta}{3}}(\theta_1)$

$$\begin{aligned}
\left\langle \frac{s_\theta}{\|s_\theta\|}, \nabla V_i^{\theta_1}(\rho) \right\rangle =& \left\langle \frac{s_\theta}{\|s_\theta\|}, \nabla V_i^{\theta}(\rho) \right\rangle + \left\langle \frac{s_\theta}{\|s_\theta\|}, \nabla V_i^{\theta_1}(\rho) - \nabla V_i^{\theta}(\rho) \right\rangle \\
\ge& \ell_\theta - \left\| \nabla V_i^{\theta_1}(\rho) - \nabla V_i^{\theta}(\rho) \right\| \\
\ge& \ell_\theta - M\|\theta - \theta_1\| \\
\ge& \frac{\ell_\theta}{2}.
\end{aligned}$$

We further set ν_2 as

$$\nu_2 := \inf \left\{ V_i^\theta(\rho), i \in [m] \mid \theta \in \Theta \setminus \bigcup_{\theta\in\Theta'} \mathcal{R}(\theta) \right\}.$$

Notice that $\nu_2 > 0$, we set $\nu_{emf} = \min\left\{\nu_1, \frac{\nu_2}{2}\right\} > 0$. Therefore, for any $\theta_2 \in \Theta$, we have $\mathbf{B}_{\nu_{emf}}(\theta_2) \subset \bigcup_{\theta\in\Theta'} \mathbf{B}_0(\theta)$, since θ_2 must be close to one of the θ in Θ' since $V_i^\theta(\rho)$ is a continuous function for $i \in [m]$. Consequently, we have

$$\left\langle \frac{s_\theta}{\|s_\theta\|}, \nabla V_i^{\theta}(\rho) \right\rangle \ge \ell.$$

Therefore, Assumption 4.2 holds with such ν_{emf} and ℓ. □

Corollary B.3. *If* Θ' *is compact, Assumptions 3.1 and B.1 imply Assumption 4.2.*

Proof of Corollary B.3. From Proposition B.2, it is sufficient to prove that ℓ, ν_1 defined in the above proposition are positive. We will prove this by contradiction.

Let us begin by proving $l > 0$ by contradiction. Suppose $\ell = 0$. This implies the existence of a series of points $\{\theta_i\}_{i=1}^\infty$ in Θ' such that

$$\lim_{i\to\infty} \ell_{\theta_i} = 0.$$

Using the definition of ℓ_{θ_i}, we have

$$\lim_{i\to\infty} \sum_{j\in\mathbf{B}_0(\theta_i)} \left\| \nabla_\theta V_j^{\theta_i}(\rho) \right\| = 0.$$

Let $k_j := \sum_{i=1}^\infty \mathbf{1}_{j\in\mathbf{B}_0(\theta_i)}$ for $j \in [m]$. Since $\sum_{j=1}^m k_j = \sum_{i=1}^\infty \sum_{j=1}^m \mathbf{1}_{j\in\mathbf{B}_0(\theta_i)} = \sum_{i=1}^\infty |\mathbf{B}_0(\theta_i)| = \infty$, there exists a $j \in [m]$ such that $k_j = \infty$. We choose a subset of indices $\{i\}$ as $\{i_j\}$ such that $j \in \mathbf{B}_0(\theta_{i_j})$. Then, we have

$$\lim_{i_j\to\infty} \|\nabla_\theta V_j^{\theta_{i_j}}(\rho)\| = 0.$$

Since Θ' is a compact set, there exists a θ_{lim} such that $\lim_{i_j \to \infty} \theta_{i_j} = \theta_{lim}$. For such θ_{lim}, we have

$$\left\| \nabla_\theta V_j^{\theta_{lim}}(\rho) \right\| = 0 \quad \text{and} \quad V_j^{\theta_{lim}}(\rho) = 0.$$

However, this contradicts Assumption B.1. The same analysis applies for $\nu_1 = 0$, leading to a contradiction as well. □

Discussion If the constraint functions are convex and the feasible set is bounded, Assumption 4.2, known as the extended MFCQ assumption (Usmanova et al., 2022), is satisfied, as demonstrated in (Usmanova et al., 2022, Fact 2). However, in RL settings, $V_i^\theta(\rho)$ can be non-convex with respect to θ (Agarwal et al., 2021).

In this section, we study the relationship between Assumption 4.2 and Assumption B.1. Proposition B.2 and Corollary B.3 illustrates that the extended MFCQ assumption is not significantly stronger than the MFCQ assumption; the former is implied if Θ' is a compact set, a condition satisfied in direct parameterization. For other policy parameterizations, this condition holds if we limit the policy parameterized policy set to $\{\pi_\theta, \theta \in \mathbf{K}\}$ where $\mathbf{K}$ is a compact set in $\mathbb{R}^d$.

B.2. Impact of Assumption 4.2

The extended MFCQ assumption ensures that for every point θ lying on the boundary, there exists a trajectory that guides θ away from the boundary. Essentially, the extended MFCQ assumption prevents the algorithm from becoming trapped at the boundary, assuming a reasonable policy exists to guide the system back within the feasible region. When the CMDP structure lacks this property, safe exploration becomes more challenging to achieve. To illustrate this point, we provide the following theorem.

Theorem B.4. *Let Assumptions 3.1, 4.1, 4.4, and 4.6 hold, and set $\eta < \nu_{emf}$, $H = \tilde{\mathcal{O}}(\frac{1}{\eta})$ and $n = \mathcal{O}\left(\exp \frac{4}{\eta} \ln \frac{1}{\delta}\right)$ and $T = \mathcal{O}\left(\exp \frac{2}{\eta}\right)$. After T iterations of the Algorithm 1, the following holds:*

1. $\mathbb{P}\left(\forall t \in [T],\, \min_{i \in [m]} V_i^{\theta_t}(\rho) \geq \Omega\left(\exp \frac{-1}{\eta(1-\gamma)}\right)\right) \geq 1 - mT\delta.$
2. *We can bound the regret of the objective function with a probability of at least $1 - \beta$ as follows:*

$$\frac{1}{T} \sum_{i=0}^{T-1} \left(V_0^{\pi^*}(\rho) - V_0^{\theta_t}(\rho) \right) \leq \mathcal{O}(\eta) + \mathcal{O}\left(\sqrt{\varepsilon_{bias}} \exp \frac{1}{\eta} \right),$$

with a probability of at least $1 - mT\delta$.

We provide the proof of Theorem B.4 in the following section. This theorem illustrates that Algorithm 1 requires high sample complexity to achieve safe exploration and does not guarantee the optimality of the iterates simultaneously if Assumption 4.2 is not satisfied. Specifically, without Assumption 4.2, the LB-SGD iterations could be as close as $\mathcal{O}\left(\exp \frac{-1}{\eta}\right)$ to the boundary as shown in Theorem Property 1.

To illustrate this, we provide an example demonstrating that without Assumption 4.2, LB-SGD iterations might approach the boundary at a level of $\mathcal{O}(\eta^{2k+1})$ for any $k \in \mathcal{N}$. This closeness to the boundary leads to slower convergence due to smaller step sizes and increased sample complexity as the iterates approach the boundary to maintain small bias and low variance of the estimators $\hat{V}_i^\theta(\rho)$ and $\hat{\nabla} V_i^\theta(\rho)$. Meanwhile, we cannot guarantee the optimality of the iterates as it magnifies the transfer error ε_{bias} by $\exp \frac{1}{\eta}$.

Example B.5. We consider the problem as follows:

$$\begin{aligned} \max_{x,y} \quad & -y \\ \text{s.t.} \quad & y^{2k+1} + x \geq 0, \\ & y^{2k+1} - 2x \geq 0, \end{aligned}$$

where $k \in \mathcal{N}$.

We can verify that the above example does not satisfy the MFCQ assumption since the constraint gradients at the point $(0, 0)$ are opposite to each other. Next, we define the log barrier function as follows:

$$B_\eta(x, y) = -y + \eta \log(y^{2k+1} + x) + \eta \log(y^{2k+1} - 2x).$$

We compute that the optimal solution for the original problem is $(x^*, y^*) = (0, 0)$, and the optimal solution for the log barrier function is $(x^*_\eta, y^*_\eta) = (-2^{2k-1}(2k+1)^{2k+1}\eta^{2k+1}, (4k+2)\eta)$. When implementing gradient ascent on the log barrier function, starting from the point $(x_0, y_0) = (0, 1)$, the trajectory follows a curve from (x_0, y_0) to the optimal point (x^*_η, y^*_η). Meanwhile, (x^*_η, y^*_η) is at a distance of $\mathcal{O}(\eta^{2k+1})$ from the boundary. Consequently, the iterates can approach the boundary within a distance of $\mathcal{O}(\eta^{2k+1})$.

B.2.1. Proof of Theorem B.4

To prove Theorem B.4, we follow a similar structure to the proof of Theorem 4.9. For safe exploration analysis (as outlined in Lemma B.6), we make use of Assumptions 4.1 and the boundedness of the value function $V_i^\theta(\rho)$ to establish a lower bound on the distance of the iterates from the boundary and the stepsize γ_t.

By employing a stochastic gradient ascent method with an appropriate stepsize γ_t, we ensure convergence to the stationary point of the log barrier function. Using Lemma 4.8, we can measure the optimality of this stationary point.

Lemma B.6. *Let Assumptions 3.1 and 4.1 hold, and we set* $n = \mathcal{O}\left(\exp \frac{4}{\eta} \ln \frac{1}{\delta}\right)$ *and* $H = \tilde{\mathcal{O}}\left(\frac{1}{\eta}\right)$. *Then, by running* T *iterations of the LB-SGD algorithm, we obtain*

$$\mathbb{P}\left\{\forall t \in [T],\ \min_{i\in[m]} V_i^{\theta_t}(\rho) \geq c_1,\ \gamma_t \geq C_1 \text{ and } \|\Delta_t\| \geq \frac{\eta}{4}\right\} \geq 1 - mT\delta,$$

where $c_1 := \nu_s^m (1-\gamma)^{m-1} \exp \frac{-1}{\eta(1-\gamma)}$, $C_1 := c_1^2 \min\left\{\frac{3}{(\sqrt{6c_1 M}+4L)(L+m\eta L)}, \frac{1}{c_1^2 M + 20m\eta c_1 M + 32m\eta L^2}\right\}$ *and* $\Delta_t := \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) - \nabla_\theta B_\eta^{\theta_t}(\rho)$.

We first employ the sub-Gaussian tail bounds of the estimators $\hat{\nabla}_\theta V_i^{\theta_t}(\rho)$ and $\hat{V}_i^{\theta_t}(\rho)$ to establish concentration bounds for $\left\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) - \nabla_\theta B_\eta^{\theta_t}(\rho)\right\|$ in Lemma 3.4. Additionally, as we apply the stochastic gradient ascent method with sufficient samples, $B_\eta^{\theta_t}(\rho)$ is non-decreasing. Combined with the boundedness of objective and constraint functions, we can establish a lower bound of $\mathcal{O}\left(\exp \frac{-1}{\eta}\right)$ for $V_i^{\theta_t}(\rho)$ with high probability.

Proof of Lemma D.4. First, we prove the lower bound of the value functions $V_i^\theta(\rho), i \in \{0, \ldots, m\}$. If we set

$$\sigma^0(n) \leq \min\left\{\frac{1}{16\left(\sum_{i=1}^m \frac{L}{\alpha_i(t)\hat{\alpha}_i(t)}\right)\sqrt{\ln \frac{2}{\delta}}}\right\}, \sigma^1(n) \leq \min\left\{\frac{\eta}{16\left(1 + \sum_{i=1}^m \frac{\eta}{\hat{\alpha}_i(t)}\right)\sqrt{\ln \frac{e^{\frac{1}{4}}}{\delta}}}\right\},$$
$$b^0(H) \leq \min\left\{\frac{1}{16\left(\sum_{i=1}^m \frac{L}{\alpha_i(t)\hat{\alpha}_i(t)}\right)}\right\}, b^1(H) \leq \min\left\{\frac{\eta}{16\left(1 + \sum_{i=1}^m \frac{\eta}{\hat{\alpha}_i(t)}\right)}\right\}.$$

By Lemma 3.4, we have

$$\mathbb{P}(\Delta_t \leq \frac{\eta}{4}) \geq 1 - \delta.$$

Due to the choice of stepsize, $\mathbb{P}(\gamma_t \leq \frac{1}{M_t}) \geq 1 - \delta$, where M_t is the local smoothness constant of the log barrier function

$B_\eta^\theta(\rho)$. Then, we can bound $B_\eta^{\theta_{t+1}}(\rho) - B_\eta^{\theta_t}(\rho)$ with probability at least $1-\delta$ as follows:

$$\begin{aligned}
&B_\eta^{\theta_{t+1}}(\rho) - B_\eta^{\theta_t}(\rho)\\
\geq&\gamma_t \left\langle \nabla_\theta B_\eta^{\theta_t}(\rho), \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\rangle - \frac{M_t \gamma_t^2}{2} \left\| \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\|^2\\
\geq&\gamma_t \left\langle \nabla_\theta B_\eta^{\theta_t}(\rho), \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\rangle - \frac{\gamma_t}{2} \left\| \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\|^2\\
=&\gamma_t \left\langle \nabla_\theta B_\eta^{\theta_t}(\rho), \left(\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) - \nabla_\theta B_\eta^{\theta_t}(\rho)\right) + \nabla_\theta B_\eta^{\theta_t}(\rho) \right\rangle - \frac{\gamma_t}{2} \left\| \left(\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) - \nabla_\theta B_\eta^{\theta_t}(\rho)\right) + \nabla_\theta B_\eta^{\theta_t}(\rho) \right\|^2\\
=&\frac{\gamma_t}{2} \left\| \nabla_\theta B_\eta^{\theta_t}(\rho) \right\|^2 - \frac{\gamma_t}{2} \left\| \Delta_t \right\|^2 .
\end{aligned} \tag{6}$$

Before the break in algorithm 1 line 5, we obtain that $\|\nabla_\theta B_\eta^{\theta_t}(\rho)\| \geq \frac{\eta}{4}$ since $\|\Delta_t\| \leq \frac{\eta}{4}$. Therefore, $B_\eta^{\theta_{t+1}}(\rho) \geq B_\eta^{\theta_t}(\rho)$ which leads to $B_\eta^{\theta_t}(\rho) \geq B_\eta^{\theta_0}(\rho)$. Then,

$$\begin{aligned}
&V_0^{\theta_t}(\rho) + \eta \sum_{i\in[m]} \log V_i^{\theta_t}(\rho) \geq V_0^{\theta_0}(\rho) + \eta \sum_{i\in[m]} \log V_i^{\theta_0}(\rho),\\
&\log V_j^{\theta_t} \geq \frac{V_0^{\theta_0}(\rho) - V_0^{\theta_t}(\rho)}{\eta} + \sum_{i\in[m]} \log V_i^{\theta_0}(\rho) - \sum_{\substack{i\in[m]\\ i\neq j}} \log V_i^{\theta_t},\\
&\log V_j^{\theta_t} \geq \frac{-1}{(1-\gamma)} + m \log \nu_s + (m-1)\log(1-\gamma),
\end{aligned}$$

where the last inequality comes from the boundness of the value functions $V_i^\theta(\rho), i \in \{0,\dots,m\}$. Therefore,

$$\min_{i\in[m]} V_i^{\theta_t}(\rho) \geq c_1, \forall t \leq T \text{ and before the break,} \tag{7}$$

where $c_1 := \nu_s^m (1-\gamma)^{m-1} \exp \frac{-1}{\eta(1-\gamma)} = \mathcal{O}\left(\exp \frac{-1}{\eta}\right)$. For each $i \in [m]$, if $\sigma^0(n) \leq \frac{\alpha_i(t)}{8\sqrt{\ln \frac{2}{\delta}}}$ and $b^0(H) \leq \frac{\alpha_i(t)}{8}$, we have $\mathbb{P}\left(\frac{3\alpha_i(t)}{4} \leq \hat{\alpha}_i(t)\right) \geq 1-\delta$ using the sub-Gaussian bound in Proposition 3.3. Therefore, we need to bound the variances and biases as follows to make sure $\mathbb{P}(\Delta_t \leq \frac{\eta}{4}) \geq 1-\delta$.

$$\begin{aligned}
&\sigma^0(n) \leq \min\left\{ \frac{3}{64\left(\sum_{i=1}^m \frac{L}{(\alpha_i(t))^2}\right)\sqrt{\ln\frac{2}{\delta}}}, \frac{\alpha_i(t)}{8\sqrt{\ln\frac{2}{\delta}}} \right\}, \sigma^1(n) \leq \min\left\{ \frac{3\eta}{64\left(1+\sum_{i=1}^m \frac{\eta}{\alpha_i(t)}\right)\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}} \right\},\\
&b^0(H) \leq \min\left\{ \frac{3}{64\left(\sum_{i=1}^m \frac{L}{(\alpha_i(t))^2}\right)}, \frac{\alpha_i(t)}{8} \right\}, b^1(H) \leq \min\left\{ \frac{3\eta}{64\left(1+\sum_{i=1}^m \frac{\eta}{\alpha_i(t)}\right)} \right\}.
\end{aligned}$$

By the lower bound in (7) and the Proposition 3.3, the number of trajectories n and the truncated horizon H need to be set as follows:

$$H = \tilde{\mathcal{O}}\left(\frac{1}{\eta}\right), n = \mathcal{O}\left(\exp\frac{4}{\eta}\ln\frac{1}{\delta}\right).$$

Meanwhile, we can further lower bound γ_t which is

$$\gamma_t := \min\left\{ \min_{i\in[m]} \left\{ \frac{\underline{\alpha}_i(t)}{\sqrt{M_i \underline{\alpha}_i(t)} + 2|\overline{\beta}_i(t)|} \right\} \frac{1}{\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\|}, \frac{1}{M + \sum_{i=1}^m \frac{10M\eta}{\underline{\alpha}_t^i} + 8\eta \sum_{i=1}^m \frac{\left(\overline{\beta}_t^i\right)^2}{\left(\underline{\alpha}_t^i\right)^2}} \right\}.$$

Since $\sigma^0(n) \leq \frac{\alpha_i(t)}{8\sqrt{\ln\frac{2}{\delta}}}$ and $b^0(H) \leq \frac{\alpha_i(t)}{8}$, we have $\mathbb{P}\left(\frac{\alpha_i(t)}{2} \leq \underline{\alpha}_i(t) \leq \frac{3}{2\alpha_i(t)}\right) \geq 1-\delta$ using the sub-Gaussian bound in Proposition 3.3. Together with (7), we have

$$\mathbb{P}\left(\gamma_t \geq C_1\right) \geq 1-\delta,$$

where C_1 is defined as

$$C_1 := c_1^2 \min\left\{ \frac{3}{(\sqrt{6c_1 M} + 4L)(L + m\eta L)}, \frac{1}{c_1^2 M + 20m\eta c_1 M + 32m\eta L^2} \right\}$$

which is at the level of $\mathcal{O}\left(\exp \frac{-2}{\eta}\right)$. □

Proof of Theorem B.4. We set the values for n, H, and η to satisfy the conditions outlined in Lemma 4.3. Due to our choice of stepsize, we have $\mathbb{P}\left(\gamma_t \leq \frac{1}{M_t}\right) \geq 1 - \delta$, where M_t represents the local smoothness constant of the log barrier function $B_\eta^\theta(\rho)$. With this, we can bound $B_\eta^{\theta_{t+1}}(\rho) - B_\eta^{\theta_t}(\rho)$ with a probability of at least $1 - \delta$ as

$$\begin{aligned} B_\eta^{\theta_{t+1}}(\rho) - B_\eta^{\theta_t}(\rho) \geq & \gamma_t \left\langle \nabla_\theta B_\eta^{\theta_t}(\rho), \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\rangle - \frac{M_t \gamma_t^2}{2} \left\| \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\|^2 \\ \geq & \gamma_t \left\langle \nabla_\theta B_\eta^{\theta_t}(\rho), \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\rangle - \frac{\gamma_t}{2} \left\| \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\|^2 \\ = & \gamma_t \left\langle \nabla_\theta B_\eta^{\theta_t}(\rho), \Delta_t + \nabla_\theta B_\eta^{\theta_t}(\rho) \right\rangle - \frac{\gamma_t}{2} \left\| \Delta_t + \nabla_\theta B_\eta^{\theta_t}(\rho) \right\|^2 \\ = & \frac{\gamma_t}{2} \left\| \nabla_\theta B_\eta^{\theta_t}(\rho) \right\|^2 - \frac{\gamma_t}{2} \left\| \Delta_t \right\|^2 . \end{aligned} \tag{8}$$

We divide the analysis into two cases based on the **if condition** in algorithm 1 line 5.

Case 1: If $\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\| \geq \frac{\eta}{2}$, then $\|\nabla_\theta B_\eta^{\theta_t}(\rho)\| \geq \frac{\eta}{4}$ because $\|\Delta_t\| \leq \frac{\eta}{4}$ by Lemma 4.3. We can bound (8) as

$$B_\eta^{\theta_{t+1}}(\rho) - B_\eta^{\theta_t}(\rho) \geq \frac{C_1 \eta}{8} \left\| \nabla_\theta B_\eta^{\theta_t}(\rho) \right\| - \frac{C_1 \eta^2}{32}, \tag{9}$$

where we plug in $\gamma_t \geq C_1$ in the last step. Summing inequality (9) from $t = 0$ to $t = T - 1$, we have

$$\begin{aligned} B_\eta^{\theta_T}(\rho) - B_\eta^{\theta_0}(\rho) + \frac{C_1 \eta^2 T}{32} &\geq \sum_{t=0}^{T-1} \frac{C_1 \eta}{8} \left\| \nabla_\theta B_\eta^{\theta_t}(\rho) \right\| \\ \frac{8(B_\eta^{\theta_T}(\rho) - B_\eta^{\theta_0}(\rho))}{C_1 \eta T} + \frac{\eta}{4} &\geq \frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla_\theta B_\eta^{\theta_t}(\rho) \right\| . \end{aligned}$$

Since the value functions $V_i^\theta(\rho)$ are upper bounded by $\frac{1}{1-\gamma}$, we can further bound the above inequality as

$$\frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla_\theta B_\eta^{\theta_t}(\rho) \right\| \leq \frac{8\left(\frac{1}{1-\gamma} - m\eta \log(1-\gamma) - B_\eta^{\theta_0}(\rho))\right)}{C_1 \eta T} + \frac{\eta}{4}$$

By setting $T = \mathcal{O}\left(\frac{1}{C_1 \eta^2}\right) = \mathcal{O}\left(\exp \frac{2}{\eta}\right)$, we have

$$\frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla_\theta B_\eta^{\theta_t}(\rho) \right\| \leq \mathcal{O}(\eta) \tag{10}$$

Case 2: If $\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\| \leq \frac{\eta}{2}$, we have

$$\|\nabla_\theta B_\eta^{\theta_t}(\rho)\| \leq \|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\| + \|\Delta_t\| \leq \frac{3\eta}{4}. \tag{11}$$

Applying Lemma 4.8 on (10) and (11), we have

$$\begin{aligned} \frac{1}{T} \sum_{t=0}^{T-1} \left(V_0^{\pi^*}(\rho) - V_0^{\theta_t}(\rho) \right) \leq & m\eta + \frac{1}{T} \sum_{t=0}^{T-1} \left(\frac{\sqrt{\varepsilon_{bias}}}{1-\gamma} \left(1 + \sum_{i=1}^{m} \frac{\eta}{V_i^{\theta_t}(\rho)} \right) \right) + \mathcal{O}(\eta) \\ = & \mathcal{O}(\eta) + \mathcal{O}\left(\sqrt{\varepsilon_{bias}} \exp \frac{1}{\eta} \right), \end{aligned}$$

where we use $V_i^{\theta}(\rho) \geq c_1 = \mathcal{O}(\exp \frac{-1}{\eta})$ in the last step. Therefore, we can conclude the following: after $T = \mathcal{O}\left(\exp \frac{2}{\varepsilon}\right)$ iterations of the LB-SGD algorithm with $\eta = \varepsilon$, we have

$$\frac{1}{T}\sum_{t=0}^{T-1}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_t}(\rho)\right) \leq \mathcal{O}(\varepsilon) + \mathcal{O}\left(\sqrt{\varepsilon_{bias}}\exp\frac{1}{\varepsilon}\right),$$

while safe exploration is ensured with a probability of at least $1 - mT\delta$. □

C. Policy parameterization

In this section, we delve deeper into widely accepted assumptions and derive conditions under which they may or may not hold. Specifically, we investigate the relationship between the Fisher non-degenerate assumption and the bounded transfer error assumption, especially concerning commonly used tabular policy parameterizations. These parameterizations include softmax, log-linear, and neural softmax policies. These policies are defined as follows:

$$\pi_\theta(a|s) = \frac{\exp f_\theta(s,a)}{\sum_{a' \in \mathcal{A}} \exp f_\theta(s,a')}.$$

1. For softmax policy, $f_\theta(s,a) = \theta(s,a)$.
2. For log-linear policy, $f_\theta(s,a) = \theta^T \cdot \phi(s,a)$, with $\theta \in \mathbb{R}^d$ and $\phi(s,a) \in \mathbb{R}^d$.
3. For neural softmax policy, $f_\theta(s,a)$ is parameterized using neural networks.

We first introduce two critical concepts related to policy parameterization: the ε-deterministic policy and richness in the policy parameterization.

Definition C.1 (ε-deterministic Policy)**.** We define a policy, π_θ, as an ε-deterministic policy if $\pi_\theta \in \Pi_\varepsilon := \{\pi_\theta \,|\, \text{for every state } s\text{, there exists } a_{i_s} \in \mathcal{A} \text{ such that } \pi_\theta(a_{i_s}|s) \geq 1-\varepsilon\}$. As ε approaches zero, the policy is said to approach a deterministic policy.

Definition C.2 (Richness of Policy Parameterization)**.** Define Π as the closure of all stochastically parameterized policies, denoted by $\mathbf{Cl}\{\pi_\theta \mid \theta \in \mathbb{R}^d\}$. If we have another policy parameterization Π', we say Π' is a richer parameterization compared to Π if $\Pi' \subsetneq \Pi$.

In the following section, we examine the commonly employed assumptions of Fisher non-degeneracy and bounded transfer error with tabular policy parameterizations as defined above. In Section C.1, we demonstrate that softmax parameterization cannot satisfy Assumption 4.4, and log-linear and neural softmax parameterizations fail to meet Assumption 4.4 as the policy approaches a deterministic policy. This reveals the relationship between the Fisher non-degenerate assumption and the exploration rate of the policy. In Section C.2, we prove that the transfer error bound can be reduced by increasing the richness of the policy set for log-linear and neural softmax policy parameterizations, indicating the relationship between the transfer error bound assumption and the richness of the policy parameterization.

C.1. Discussion on Assumption 4.4

In this section, we divide the analysis into two parts. In Section C.1.1, we prove that softmax parameterization cannot satisfy Assumption 4.4. Then, in Section C.1.2, we demonstrate that log-linear and neural softmax parameterizations fail to meet Assumption 4.4 as the policy approaches a deterministic policy. This section reveals the relationship between the Fisher non-degenerate assumption and the exploration rate of the policy, unveiling the limitations of algorithms that rely on the satisfaction of Fisher non-degeneracy.

C.1.1. Softmax parameterization

The authors of (Ding et al., 2022b) claim that the softmax parameterization fails to satisfy the Fisher non-degenerate Assumption when the policy approaches a deterministic policy. In this section, we prove a stronger version of this claim,

Proposition C.3. *Softmax parameterization cannot satisfy the Fisher non-degenerate assumption. Furthermore, if $\rho(s) > 0$ for all $s \in \mathcal{S}$, the Fisher information matrix satisfies the following properties:*

- *$F^\theta(\rho)$ has rank $(|\mathcal{A}|-1)|\mathcal{S}|$.*
- *The kernel space of $F^\theta(\rho)$ can be computed as $\mathbf{Ker}(F^\theta(\rho)) := \{\mathbf{1}_s : s \in \mathcal{S}\}$, where $\mathbf{1}_s \in \mathbb{R}^{|\mathcal{S}||\mathcal{A}|}$ is zero everywhere except for the positions (s, a_i), $i \in [|\mathcal{A}|]$.*

Proof. Note that the Fisher information matrix is computed as:

$$F^\theta(\rho) = \mathbb{E}_{(s,a)\sim d_\rho^\theta}[\nabla_\theta \log \pi_\theta(a|s) \left(\nabla_\theta \log \pi_\theta(a|s)\right)^T]$$

Therefore, the image of the Fisher information matrix is the span of the linear space $\{\nabla_\theta \log \pi_\theta(a|s), \forall a \in \mathcal{A}, s \in \mathcal{S}\}$ if the state-action occupancy measure d_ρ^θ is non-zero for every state-action pair (s, a).

For softmax parameterization, $\nabla_{\theta_{s'}} \log \pi_\theta(a|s)$ can be computed as:

$$\nabla_{\theta_{s'}} \log \pi_\theta(a|s) = \mathbf{1}_{s'=s} \left(e_a - \pi(\cdot|s)\right),$$

where $\theta_{s'} := \{\theta(s', a_1), \ldots, \theta(s', a_{|\mathcal{A}|})\}$. Here, $e_a \in \mathbb{R}^{|\mathcal{A}|}$ is an elementary vector, with zeros everywhere except in the a-th position, and $\pi(\cdot|s) := \left(\pi_\theta(a_1|s), \ldots, \pi_\theta(a_{|\mathcal{A}|}|s)\right)^T$. Therefore, $\{\nabla_{\theta_s'} \log \pi_\theta(a|s), \forall a \in \mathcal{A}\} = \{\mathbf{0}\}$ if $s' \neq s$ and

$$\{\nabla_{\theta_s} \log \pi_\theta(a|s), \forall a \in \mathcal{A}\} = \{e_a - \pi(\cdot|s), \forall a \in \mathcal{A}\} = \{e_{a_1} - \pi(\cdot|s)\} \cup \{e_{a_1} - e_{a_i}, \forall i \in [|\mathcal{A}|]\},$$

where the first equality is written by definition and the second equality is computed by $(e_a - \pi(\cdot|s)) - (e_{a'} - \pi(\cdot|s))$. The rank of $\{\nabla_{\theta_s} \log \pi_\theta(a|s), \forall a \in \mathcal{A}\}$ is at least $|\mathcal{A}| - 1$ since the rank of $\{e_{a_1} - e_{a_i}, \forall i \in [|\mathcal{A}|]\}$ is $|\mathcal{A}| - 1$. Additionally, one vector $\mathbf{1} \in \mathbb{R}^{|\mathcal{A}|}$ is orthogonal to $\{\nabla_{\theta_s} \log \pi_\theta(a|s), \forall a \in \mathcal{A}\}$ due to:

$$1^T \left(e_a - \pi(\cdot|s)\right) = 1 - \sum_{a\in\mathcal{A}} \pi(a|s) = 0.$$

In conclusion, $F^\theta(\rho)$ has rank at most $(|\mathcal{A}| - 1)|\mathcal{S}|$. This indicates that the Fisher information matrix is not a full-rank matrix and therefore unable to satisfy the Fisher non-degenerate assumption.

Moreover, if $\rho(s) > 0$ for all $s \in \mathcal{S}$, we have $d_\rho^\theta(s, a) \geq \rho(s)\pi(a|s) > 0$. Therefore, we conclude that $F^\theta(\rho)$ has rank $(|\mathcal{A}| - 1)|\mathcal{S}|$ and Kernel space of $F^\theta(\rho)$ can be computed as $\mathbf{Ker}(F^\theta(\rho)) := \{\mathbf{1}_s, s \in \mathcal{S}\}$, $\mathbf{1}_s \in \mathbb{R}^{|\mathcal{S}||\mathcal{A}|}$ is zero everywhere except for the position (s, a_i), $i \in [|\mathcal{A}|]$. □

C.1.2. Log-linear and neural softmax parameterizations

It is known that for MDPs, the optimal policy can be deterministic. For CMDPs, the optimal policy can be deterministic if none of the constraints are active. Furthermore, during the implementation of policy gradient-based algorithms, the algorithm can be trapped at a stationary point, which can be deterministic. While log-linear and neural softmax parameterizations are commonly employed for discrete state and action spaces, this section reveals their failure to exhibit Fisher non-degeneracy when approaching a deterministic policy, indicating the limitation of algorithms that require the satisfaction of Fisher non-degeneracy.

Proposition C.4. *Let $\|\nabla_\theta f_\theta(s, a)\| \leq M$ hold for all $s \in \mathcal{S}$ and $a \in \mathcal{A}$, Log-linear, and neural softmax parameterizations fail to meet Assumption 4.4 as the policy approaches a deterministic policy.*

Proof. For a policy $\pi_\theta \in \Pi_\varepsilon$, which is ε-close to a deterministic policy, we first compute $\nabla_\theta \log \pi_\theta(a|s)$ as follows:

$$\begin{aligned}\nabla_\theta \log \pi_\theta(a|s) =& \nabla f_\theta(s, a) - \sum_{a'\in A} \nabla f_\theta(s, a')\pi_\theta(a'|s) \\ =& \sum_{a'\in A, a'\neq a} \left(\nabla f_\theta(s, a) - \nabla f_\theta(s, a')\right) \pi_\theta(a'|s).\end{aligned}$$

To satisfy Assumption 3.1 for log-linear and neural softmax parameterizations, it is commonly assumed that $\|\nabla f_\theta(s, a)\| \leq M$ for all $a \in \mathcal{A}$ and $s \in \mathcal{S}$. Under this condition, we can bound $\nabla_\theta \log \pi_\theta(a_i|s)$ into two cases. For $i = i_s$, we know that $\sum_{a'\in A, a'\neq a_{i_s}} \pi_\theta(a'|s) \leq \varepsilon$, therefore

$$\|\nabla_\theta \log \pi_\theta(a_{i_s}|s)\| = \|\sum_{a'\in A, a'\neq a_{i_s}} \left(\nabla f_\theta(a_i|s) - \nabla f_\theta(a'|s)\right) \pi(a'|s)\| \leq 2M\varepsilon.$$

For $i \neq i_s$, we know that $\sum_{a' \in A, a' \neq a_i} \pi_\theta(a'|s) \leq 1$, therefore

$$\|\nabla_\theta \log \pi_\theta(a_i|s)\| = \| \sum_{a' \in A, a' \neq a_i} (\nabla f_\theta(a_i|s) - \nabla f_\theta(a'|s))\, \pi(a'|s)\| \leq 2M.$$

Using the above two inequalities, we can upper bound the norm of the Fisher information matrix for the policy π_θ as

$$\begin{aligned}
\left\|F^\theta(\rho)\right\| =& \| \sum_{s \in \mathcal{S}} d_\rho^\theta(s) \sum_{i=1}^{|\mathcal{A}|} \pi_\theta(a_{i_s}|s) \nabla_\theta \log \pi_\theta(a_{i_s}|s) \left(\nabla_\theta \log \pi_\theta(a_{i_s}|s)\right)^T \| \\
\leq& \| \sum_{s \in \mathcal{S}} d_\rho^\theta(s) \pi_\theta(a_{i_s}|s) \nabla_\theta \log \pi_\theta(a_{i_s}|s) \left(\nabla_\theta \log \pi_\theta(a_{i_s}|s)\right)^T \| \\
&+ \| \sum_{s \in \mathcal{S}} d_\rho^\theta(s) \sum_{a \neq a_{i_s}, a \in \mathcal{A}} \pi(a|s) \nabla \log \pi_\theta(a|s) \left(\nabla \log \pi_\theta(a|s)\right)^T \| \\
\leq& 4M^2 \varepsilon^2 \| \sum_{s \in \mathcal{S}} d_\rho^\theta(s) \| + 4M^2 \| \sum_{s \in \mathcal{S}} d_\rho^\theta(s) \sum_{a_i \neq a_{i_s}, a_i \in \mathcal{A}} \pi_\theta(a_i|s_i) \| \\
\leq& 4\varepsilon^2 M^2 + 4\varepsilon M^2.
\end{aligned}$$

Therefore, when a policy π_θ approaches a deterministic policy, the norm of Fisher information matrix approaches 0. Then, we cannot find a positive constant μ_F such that $F^\theta(\rho) \succeq \mu_F \mathbf{I}_{d \times d}$. □

Discussion For Assumption 4.4, we establish that softmax parameterization cannot satisfy it, while log-linear and neural softmax policies fail to meet it as the policy approaches determinism. However, log-linear and neural softmax parameterizations might satisfy this assumption. In particular, the optimal solution of a CMDP differs from that of an MDP when at least one constraint is active. Consequently, the optimal policy, among the set of policies that satisfy the constraint, can be stochastic. Furthermore, we can set the parameterized policy to always be randomized or apply ε-greedy policy to limit the parameterized policy approaching determinism.

C.2. Discussion on Assumption 4.6

Inspired by (Wang et al., 2020), where the authors demonstrated that employing a rich two-layer neural-network parameterization can yield small ε_{bias} values, we generalize their result to demonstrate that increasing the richness of the policy set can lead to a reduction in the transfer error ε_{bias} for the log-linear and neural softmax policy parameterizations.

We consider the log-linear and neural softmax policy parameterization given by

$$\pi_\theta(a|s) = \frac{\exp f_\theta(s,a)}{\sum_{a' \in \mathcal{A}} \exp f_\theta(s,a')}.$$

Proposition C.5. *For log-linear and neural softmax policy parameterizations, increasing the dimension of the set $\{f'(s,a), s \in \mathcal{S}, a \in \mathcal{A}\}$ such that $\{f(s,a), s \in \mathcal{S}, a \in \mathcal{A}\} \subsetneq \{f'(s,a), s \in \mathcal{S}, a \in \mathcal{A}\}$ results in a richer parameterization. This richer parameterization leads to a decrease in the transfer error ε_{bias}.*

Proof. We first upper bound the transfer error as shown in (Agarwal et al., 2021, page 29):

$$L(\mu_i^*, \theta, d_\rho^{\pi^*}) \leq \max_{s \in \mathcal{S}} \frac{\sum_{a \in \mathcal{A}} d_\rho^{\pi^*}(s,a)}{(1-\gamma)\rho(s)} L(\mu_i^*, \theta, d_\rho^\theta),$$

where $L(\mu_i^*, \theta, d_\rho^\theta) := \mathbb{E}_{(s,a) \sim d_\rho^\theta}[(A_i^\theta(s,a) - (1-\gamma)\mu_i^{*T} \nabla_\theta \log \pi_\theta(a|s))^2]$ and $\mu_i^* := \left(F^\theta(\rho)\right)^{-1} \nabla_\theta V_i^\theta(\rho)$. In the following, we demonstrate that $L(\mu_i^*, \theta, d_\rho^\theta)$ can be reduced due to the richer parametrization.

For every policy $\pi_\theta \in \Pi_f$, we set a vector-valued function $\mathbb{A} : \Pi_f \to \mathbb{R}^{|\mathcal{S}||\mathcal{A}|}$ as

$$\mathbb{A}_i^{\pi_\theta} := \begin{bmatrix} \sqrt{d_\rho^\pi(s_1,a_1)} A_i^\pi(s_1,a_1) \\ \vdots \\ \sqrt{d_\rho^\pi(s_{|\mathcal{S}|},a_{|\mathcal{A}|})} A_i^\pi(s_{|\mathcal{S}|},a_{|\mathcal{A}|}) \end{bmatrix}$$

and set $\mathbb{B}$ as

$$\mathbb{B}_{\pi_\theta} := \begin{bmatrix} \sqrt{d_\rho^\pi(s_1, a_1)}\nabla_\theta \log \pi_\theta(a_1|s_1) \\ \vdots \\ \sqrt{d_\rho^\pi(s_{|\mathcal{S}|}, a_{|\mathcal{A}|})}\nabla_\theta \log \pi_\theta(a_{|\mathcal{A}|}|s_{|\mathcal{S}|}) \end{bmatrix}^T.$$

Notice that

$$\nabla_\theta \log \pi_\theta(a|s) = \sum_{a' \in \mathcal{A},\, a' \neq a} \left(\nabla f_\theta(s,a) - \nabla f_\theta(s,a')\right) \pi_\theta(a'|s).$$

Then the column space of $\mathbb{B}_{\pi_\theta}$ is the span of $\{\nabla_\theta f(s,a)\}_{s\in\mathcal{S},\, a\in\mathcal{A}}$. Using the above notations, we write Fisher information matrix as

$$F^{\pi_\theta}(\rho) = \mathbb{E}_{(s,a)\sim d_\rho^\pi}[\nabla_\theta \log \pi_\theta(a|s) \left(\nabla_\theta \log \pi_\theta(a|s)\right)^T] = \mathbb{B}_{\pi_\theta}\mathbb{B}_{\pi_\theta}^T,$$

and the gradient of value function as

$$\nabla_\theta V_i^\theta(\rho) = \frac{1}{1-\gamma}\mathbb{E}_{(s,a)\sim d_\rho^\pi}\left[\nabla_\theta \log \pi_\theta(a|s) A_i^\theta(s,a)\right] = \frac{1}{1-\gamma}\mathbb{B}_{\pi_\theta}\mathbb{A}_i^{\pi_\theta}.$$

and $\mu_i^* = F^{\pi_\theta}(\rho)^{-1}\nabla_\theta V_i^\theta(\rho) = \frac{1}{1-\gamma}(\mathbb{B}_\pi\mathbb{B}_\pi^T)^{-1}\mathbb{B}_\pi\mathbb{A}_i^\pi$. Therefore, we have

$$\begin{aligned} L(\mu_i^*, \pi, d_\rho^{\pi_\theta}) =& \mathbb{E}_{(s,a)\sim d_\rho^\pi}\left[\left(A_i^{\pi_\theta}(s,a) - (1-\gamma)\mu_i^{*T}\nabla_\theta \log \pi_\theta(a|s)\right)^2\right] \\ =& \sum_{s,a}\left(\sqrt{d_\rho^\pi(s,a)}\left(\mathbb{B}_{\pi_\theta}\mathbb{B}_{\pi_\theta}^T\right)^\dagger \mathbb{B}_{\pi_\theta}\mathbb{A}_i^{\pi_\theta}\nabla_\theta \log \pi_\theta(a|s) - \sqrt{d_\rho^\pi(s,a)}A_i^{\pi_\theta}(s,a)\right)^2 \\ =& \left\|\mathbb{A}_i^{\pi_\theta} - \mathbb{B}_{\pi_\theta}^T(\mathbb{B}_{\pi_\theta}\mathbb{B}_{\pi_\theta}^T)^\dagger\mathbb{B}_{\pi_\theta}\mathbb{A}_i^{\pi_\theta}\right\|_2^2 \\ =& \left\|\mathbb{A}_i^{\pi_\theta} - \mathbf{P}_{\mathbb{B}_{\pi_\theta}}\mathbb{A}_i^{\pi_\theta}\right\|_2^2, \end{aligned}$$

where $\mathbf{P}_{\mathbb{B}_{\pi_\theta}}$ is the orthogonal projection onto the row space of $\mathbb{B}_{\pi_\theta} \in \mathbb{R}^{d\times|\mathcal{S}||\mathcal{A}|}$. If we increase the dimension of $\{f'(s,a), s\in\mathcal{S}, a\in\mathcal{A}\}$ such that $\{f(s,a), s\in\mathcal{S}, a\in\mathcal{A}\} \subsetneq \{f'(s,a), s\in\mathcal{S}, a\in\mathcal{A}\}$, it results in a more richer parameterization and a decrease in $L(\mu_i^*, \pi, d_\rho^\pi)$ since the column rank of $\mathbb{B}_{\pi_\theta}$ has increased. □

D. Proofs

D.1. Proof of Proposition 3.3

To set up sub-Gaussian bounds for the gradient estimates in the RL case, we require the following lemma.

Lemma D.1. ***Vector Bernstein Inequality (Kohler & Lucchi, 2017, Lemma 18):*** *Let $x_i \in \mathbb{R}^d$ be independent vector-valued random variables for $i \in [n]$. If there exist constants $B, \sigma \geq 0$ such that $\mathbb{E}[x_i] = 0$, $\|x_i\| \leq B$ and $\mathbb{E}[\|x_i\|^2] \leq \sigma^2$, the following inequality holds:*

$$\mathbb{P}\left(\left\|\frac{\sum_{i=1}^n x_i}{n}\right\| \geq \varepsilon\right) \leq \exp\left(\frac{1}{4} - \frac{n\varepsilon^2}{8\sigma^2}\right),$$

where $\varepsilon \in (0, \frac{\sigma^2}{B})$.

Proof of Proposition 3.3. The first property has been proven in (Bai et al., 2023, Lemma 2) and (Yuan et al., 2022, Lemma 4.4). The bias bound $b^1(H)$ has been established in (Yuan et al., 2022, Lemma 4.5).

To establish the upper bound of $b^0(H)$ in the second property, we consider $i \in \{0, \ldots, m\}$:

$$\left|\mathbb{E}\left[\hat{V}_i^\theta(\rho)\right] - V_i^\theta(\rho)\right| \leq \frac{1}{n}\left|\mathbb{E}\left[\sum_{j=1}^n\sum_{t=0}^{H-1}\gamma^t r_i(s_t^j, a_t^j) - \sum_{j=1}^n\sum_{t=0}^{\infty}\gamma^t r_i(s_t^j, a_t^j)\right]\right| \leq \sum_{t=H}^{\infty}\gamma^t = \frac{\gamma^H}{1-\gamma}.$$

Next, we prove that the value function estimator $\hat{V}_i^\theta(\rho)$ has a sub-Gaussian bound. For $i \in \{0, \dots, m\}$, we note that $\hat{V}_i^\theta(\rho)$ is bounded in the interval $[\frac{-1}{1-\gamma}, \frac{1}{1-\gamma}]$. Using Hoeffding's inequality, we have for any $\varepsilon > 0$,

$$\mathbb{P}\left(\left|\hat{V}_i^\theta(\rho) - \mathbb{E}\left[\hat{V}_i^\theta(\rho)\right]\right| \geq \varepsilon\right) \leq 2\exp\left(-\frac{n\varepsilon^2(1-\gamma)^2}{2}\right).$$

We can rewrite the above inequality as:

$$\mathbb{P}\left(\left|\hat{V}_i^\theta(\rho) - \mathbb{E}\left[\hat{V}_i^\theta(\rho)\right]\right| \leq \sigma^0(n)\sqrt{\ln\frac{2}{\delta}}\right) \geq 1-\delta,$$

for any $\delta \in (0,1)$, where $\sigma^0(n) := \frac{\sqrt{2}}{\sqrt{n}(1-\gamma)}$.

Finally, we prove that the gradient estimator $\hat{\nabla} V_i^\theta(\rho)$ has a sub-Gaussian bound. From (Yuan et al., 2022, Lemma 4.2), we have

$$\mathrm{Var}\left[\left(\hat{\nabla}_\theta V_i^\theta(\rho)\right)_j\right] \leq \frac{M_g^2}{(1-\gamma)^3}.$$

We conclude that $\left\|\left(\hat{\nabla}_\theta V_i^\theta(\rho)\right)_j\right\| \leq \frac{M_g}{(1-\gamma)^2}$ from (Xu et al., 2020, Proposition 4.2) and and $\left\|\mathbb{E}\left(\hat{\nabla}_\theta V_i^\theta(\rho)\right)_j\right\| \leq \frac{M_g}{(1-\gamma)^2}$ from (Liu et al., 2020b, Lemma B.1). Therefore, we have

$$\left\|\left(\hat{\nabla}_\theta V_i^\theta(\rho)\right)_j - \mathbb{E}\left[\left(\hat{\nabla}_\theta V_i^\theta(\rho)\right)_j\right]\right\| \leq \frac{2M_g}{(1-\gamma)^2}.$$

We can apply Lemma D.1 to the estimator $\hat{\nabla}_\theta V_i^\theta(\rho) := \frac{1}{n}\sum_{j=1}^n \left(\hat{\nabla}_\theta V_i^\theta(\rho)\right)_j$, yielding the inequality

$$\mathbb{P}\left(\left\|\hat{\nabla}_\theta V_i^\theta(\rho) - \mathbb{E}\left[\hat{\nabla}_\theta V_i^\theta(\rho)\right]\right\| \geq \varepsilon\right) \leq \exp\left(\frac{1}{4} - \frac{n\varepsilon^2(1-\gamma)^3}{8M_g^2}\right),$$

where $\varepsilon \in (0, \frac{M_g}{2(1-\gamma)})$. We can rewrite this inequality as

$$\mathbb{P}\left(\left\|\hat{\nabla}_\theta V_i^\theta(\rho) - \mathbb{E}\left[\hat{\nabla}_\theta V_i^\theta(\rho)\right]\right\| \leq \sigma^1(n)\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}\right) \geq 1-\delta,$$

for any $\delta \in (0,1)$, where $\sigma^1(n) := \frac{2\sqrt{2}M_g}{\sqrt{n}(1-\gamma)^{\frac{3}{2}}}$. □

D.2. Proof of Lemma 3.4

For the rest of the paper, we first define $\Delta_t := \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) - \nabla_\theta B_\eta^{\theta_t}(\rho)$. Now, we start the proof of Lemma 3.4.

Proof of Lemma 3.4. we can bound $\|\Delta_t\|$ as

$$\begin{aligned}
&\|\Delta_t\| \qquad (12)\\
&= \left\|\nabla_\theta V_0^{\theta_t}(\rho) - \hat{\nabla}_\theta V_0^{\theta_t}(\rho) + \sum_{i=1}^m \left[\eta\frac{\hat{\nabla}_\theta V_i^{\theta_t}(\rho) - \nabla_\theta V_i^{\theta_t}(\rho)}{\hat{\alpha}_i(t)} + \eta\nabla_\theta V_i^{\theta_t}(\rho)\left(\frac{1}{\hat{\alpha}_i(t)} - \frac{1}{\alpha_i(t)}\right)\right]\right\|\\
&\leq \left\|\nabla_\theta V_0^{\theta_t}(\rho) - \hat{\nabla}_\theta V_0^{\theta_t}(\rho)\right\| + \sum_{i=1}^m \left[\eta\frac{\left\|\hat{\nabla}_\theta V_i^{\theta_t}(\rho) - \nabla_\theta V_i^{\theta_t}(\rho)\right\|}{\hat{\alpha}_i(t)} + \eta\left\|\nabla_\theta V_i^{\theta_t}(\rho)\right\|\left|\frac{1}{\hat{\alpha}_i(t)} - \frac{1}{\alpha_i(t)}\right|\right]. \qquad (13)
\end{aligned}$$

Using the sub-Gaussian bound in Proposition 3.3, we have

$$\mathbb{P}\left\{|\hat{\alpha}_i(t) - \alpha_i(t)| \le b^0(H) + \sigma^0(n)\sqrt{\ln\frac{2}{\delta}}\right\} \ge 1-\delta,$$

$$\mathbb{P}\left\{\left\|\hat{\nabla}_\theta V_i^{\theta_t}(\rho) - \nabla_\theta V_i^{\theta_t}(\rho)\right\| \le b^1(H) + \sigma^1(n)\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}\right\} \ge 1-\delta.$$

Also, we know $\|\nabla_\theta V_i^{\theta_t}(\rho)\| \le L$ by Proposition 3.3. Combining these properties into inequality (13), we finish the proof. □

D.3. Determining stepsize and proof of Lemma 4.3

D.3.1. Determining stepsize using local smoothness

In this section, we discuss the choice of stepsize γ_t as introduced in Algorithm 1, specifically in line 10. For simplicity, we denote

$$\alpha_i(t) := V_i^{\theta_t}(\rho),\ \hat{\alpha}_i(t) := \hat{V}_i^{\theta_t}(\rho),\ \underline{\alpha}_i(t) := \hat{V}_i^{\theta_t}(\rho) - b^0(H) - \sigma^0(n)\sqrt{\ln\frac{2}{\delta}}.$$

Recall that the gradient of the log barrier function is defined as $\nabla_\theta B_\eta^\theta(\rho) = \nabla V_0^\theta(\rho) + \eta\sum_{i=1}^m \frac{\nabla V_i^\theta(\rho)}{V_i^\theta(\rho)}$. The log barrier function is non-smooth because the norm of the gradient exhibits unbounded growth when θ approaches the boundary of the feasible domain. However, it has been proven that within a small region around each iterate θ_t, denoted as $\mathcal{R}(\theta_t) = \{\theta \in \Theta \mid V_i^\theta(\rho) \ge \frac{V_i^{\theta_t}(\rho)}{2}, i \in [m]\}$, the log barrier function is M_t locally smooth around θ_t which is defined as

$$\left\|\nabla B_\eta^\theta(\rho) - \nabla B_\eta^{\theta'}(\rho)\right\| \le M_t\|\theta - \theta'\|,\ \forall\, \theta, \theta' \in \mathcal{R}(\theta_t).$$

Therefore, we first need to carefully choose the stepsize γ_t to ensure that the next iterate θ_{t+1} remains inside the region $\mathcal{R}(\theta_t)$. In (Usmanova et al., 2022, Lemma 3), the authors utilize the smoothness of the constraint functions to provide suggestions for choosing γ_t. We restate the lemma as follows:

Lemma D.2. *Under Assumption 3.1, if*

$$\gamma_t \le \min_{i\in[m]}\left\{\frac{\alpha_i(t)}{\sqrt{M\alpha_i(t)} + 2|\beta_i(t)|}\right\}\frac{1}{\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\|},$$

we have

$$V_i^{\theta_{t+1}}(\rho) \ge \frac{V_i^{\theta_t}(\rho)}{2}.$$

Next, the authors proved the existence of such M_t (Usmanova et al., 2022, Lemma 2), and we restate it as follows:

Lemma D.3. *Let Assumption 3.1 hold, the log barrier function $B_\eta^\theta(\rho)$ is M_t locally smooth for $\theta \in \mathcal{R}(\theta_t)$, where*

$$M_t = M + \sum_{i=1}^m \frac{2M\eta}{\alpha_i(t)} + 4\eta\sum_{i=1}^m \frac{\left\langle \nabla_\theta V_i^{\theta_{t+1}}(\rho), \frac{\nabla_\theta B_\eta^{\theta_t}(\rho)}{\|\nabla_\theta B_\eta^{\theta_t}(\rho)\|}\right\rangle^2}{(\alpha_i(t))^2}.$$

Moreover, if $\gamma_t \le \min_{i\in[m]}\left\{\frac{\alpha_i(t)}{\sqrt{M\alpha_i(t)}+2|\beta_i(t)|}\right\}\frac{1}{\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\|}$, then

$$M_t = M + \sum_{i=1}^m \frac{10M\eta}{\alpha_i(t)} + 8\eta\sum_{i=1}^m \frac{(\beta_i(t))^2}{(\alpha_i(t))^2},$$

where $\beta_i(t) = \langle \nabla V_i^{\theta_t}(\rho), \frac{\nabla_\theta B_\eta^{\theta_t}(\rho)}{\|\nabla_\theta B_\eta^{\theta_t}(\rho)\|}\rangle$.

Using above lemmas, we set γ_t as

$$\gamma_t := \min\left\{\min_{i\in[m]}\left\{\frac{\alpha_i(t)}{\sqrt{M\alpha_i(t)}+2|\beta_i(t)|}\right\}\frac{1}{\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\|}, \frac{1}{M_t}\right\}. \tag{14}$$

Therefore, we can ensure that the next iterate θ_{t+1} always remains within the region $\mathcal{R}(\theta_t)$, and prevent overshooting by utilizing the local smoothness property. Notice that we only have estimates of $\alpha_i(t)$ and $\beta_i(t)$, therefore we replace $\alpha_i(t)$ with its lower bound of the estimates as $\underline{\alpha}_i(t)$ and $\beta_i(t)$ with its upper bound of the estimates as $\overline{\beta}_i(t) := \left|\langle\hat{\nabla}_\theta V_i^{\theta_t}(\rho), \frac{\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)}{\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\|}\rangle\right| + \sigma^1(n)\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}} + b^1(H)$, $i\in[m]$. Because of the sub-Gaussian bound established in Proposition 3.3, $\alpha_i(t)$ is lower bounded by $\underline{\alpha}_i(t)$ and $\beta_i(t)$ is upper by $\overline{\beta}_i(t)$ with high probability. Therefore, we choose the lower bound of (14) to set γ_t as

$$\gamma_t := \min\left\{\min_{i\in[m]}\left\{\frac{\underline{\alpha}_i(t)}{\sqrt{M_i\underline{\alpha}_i(t)}+2|\overline{\beta}_i(t)|}\right\}\frac{1}{\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\|}, \frac{1}{M+\sum_{i=1}^m\frac{10M\eta}{\underline{\alpha}_t^i}+8\eta\sum_{i=1}^m\frac{\left(\overline{\beta}_t^i\right)^2}{\left(\underline{\alpha}_t^i\right)^2}}\right\}.$$

D.3.2. Proof of Lemma 4.3

To prove Lemma 4.3, we establish the following more general lemma, which will be essential for the proof of Theorem 4.9.

Lemma D.4. *Define the events $\mathcal{A}$, $\mathcal{B}$, and $\mathcal{C}$ as follows:*

$$\mathcal{A} := \left\{\forall t\in[T], \min_{i\in[m]} V_i^{\theta_t}(\rho)\geq c\eta\right\}, \mathcal{B} := \left\{\forall t\in[T], \min_{i\in[m]}\gamma_t\geq C\eta\right\}, \mathcal{C} := \left\{\forall t\in[T], \|\Delta_t\|\geq\frac{\eta}{4}\right\},$$

where constants c and C are defined in Equations (23) and (24). Let Assumptions 3.1, 4.1, and 4.2 hold, and set $\eta\leq\nu_{emf}$, $n=\mathcal{O}(\eta^{-4}\ln\frac{1}{\delta})$, and $H=\mathcal{O}(\ln\frac{1}{\eta})$, we have

$$\mathbb{P}\left\{\mathcal{A}\cap\mathcal{B}\cap\mathcal{C}\right\}\geq 1-mT\delta.$$

Our approach to prove Lemma D.4 is as follows: 1) First, we establish $\mathbb{P}(\mathcal{A})\geq 1-\delta$ by considering suitably small variances $\sigma^0(n)$, $\sigma^1(n)$, and biases $b^0(H)$ and $b^1(H)$; 2) Second, we guarantee the event $\mathcal{B}$ based on the construction of γ_t in Section D.3.1; 3) Third, the sub-Gaussian bounds in Proposition 3.3 enable us to establish $\mathbb{P}(\mathcal{C})\geq 1-\delta$, again by sufficiently bounding the variances $\sigma^0(n)$, $\sigma^1(n)$, and biases $b^0(H)$ and $b^1(H)$. By combining all of these results, we can determine the requirements for the variances $\sigma^0(n)$, $\sigma^1(n)$, and the biases $b^0(H)$ and $b^1(H)$ to satisfy

$$\mathbb{P}\left\{\mathcal{A}\cap\mathcal{B}\cap\mathcal{C}\right\}\geq 1-\delta.$$

All of these factors can be controlled by n and H.

To establish 1) above, we first show that the product of the values of $V_i^{\theta_t}(\rho)$, where $i\in\mathbf{B}_\eta(\theta_t)$, does not decrease in the next iteration, as shown in Lemma D.5. Lemma D.5 implies that if one of these constraint values in $\mathbf{B}_\eta(\theta_t)$ decreases in the next step, then at least one of the other constraint values in $\mathbf{B}_\eta(\theta_t)$ will increase in the next step. Therefore, Lemma D.5 prevents the constraint values from continuously decreasing during the learning process. Furthermore, due to the chosen stepsize, each $V_i^{\theta_{t+1}}(\rho)$ for $i\in[m]$ cannot decrease significantly, as it is always lower bounded by $\frac{V_i^{\theta_t}(\rho)}{2}$. Therefore, we can establish 1) as demonstrated in (Usmanova et al., 2022, Lemma 6).

Lemma D.5. *Let Assumptions 3.1, 4.1, and 4.2 hold with $\eta\leq\nu_{emf}$, and set*

$$\sigma^0(n)\leq\frac{\alpha_i(t)\min\{2\alpha_i(t),\eta\}}{8\eta\sqrt{\ln\frac{2}{\delta}}}, \sigma^1(n)\leq\frac{L\alpha_i(t)}{3\eta\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}}, b^0(H)\leq\frac{\alpha_i(t)\min\{2\alpha_i(t),\eta\}}{8\eta}, b^1(H)\leq\frac{L\alpha_i(t)}{3\eta}.$$

If at iteration t we have $\min_{i\in[m]}\alpha_i(t)\leq\frac{\ell\eta}{L(1+\frac{4m}{3})}$, for the next iteration we have $\mathbb{P}\left(\prod_{i\in\mathbf{B}}\alpha_i(t+1)\geq\prod_{i\in\mathbf{B}}\alpha_i(t)\right)$ $\geq 1-\delta$ for any $\mathbf{B}$ such that $\mathbf{B}_\eta(\theta_t)\subset\mathbf{B}$, where $\mathbf{B}_\eta(\theta_t):=\{i\in[m]\mid\alpha_i(t)\leq\eta\}$.

Proof of Lemma D.5. Due to the choice of stepsize, $\mathbb{P}(\gamma_t \leq \frac{1}{M_t}) \geq 1-\delta$, where M_t is the local smoothness constant of the log barrier function $B_\eta^\theta(\rho)$. We have

$$
\begin{aligned}
&\eta \sum_{i\in\mathbf{B}_\eta(\theta_t)} \log \alpha_i(t+1) - \eta \sum_{i\in\mathbf{B}_\eta(\theta_t)} \log \alpha_i(t) \\
\geq &\gamma_t \left\langle \eta \sum_{i\in\mathbf{B}_\eta(\theta_t)} \frac{\nabla_\theta V_i^{\theta_t}(\rho)}{\alpha_i(t)}, \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\rangle - \frac{M_t\gamma_t^2}{2} \left\| \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\|^2 \\
\geq &\gamma_t \left(\left\langle \eta \sum_{i\in\mathbf{B}_\eta(\theta_t)} \frac{\nabla_\theta V_i^{\theta_t}(\rho)}{\alpha_i(t)}, \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\rangle - \frac{1}{2} \left\| \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho) \right\|^2 \right) \\
= &\frac{\gamma_t\eta^2}{2} \left(2\langle D_1, D_1+D_2\rangle - \|D_1+D_2\|^2 \right) \\
= &\frac{\gamma_t\eta^2}{2} \left(\|D_1\|^2 - \|D_2\|^2 \right),
\end{aligned} \tag{15}
$$

where $D_1 := \sum_{i\in\mathbf{B}_\eta(\theta_t)} \frac{\nabla_\theta V_i^{\theta_t}(\rho)}{\alpha_i(t)}$ and $D_2 := \frac{\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)}{\eta} - \sum_{i\in\mathbf{B}_\eta(\theta_t)} \frac{\nabla_\theta V_i^{\theta_t}(\rho)}{\alpha_i(t)}$. Under Assumption 4.2, we have

$$
\|D_1\| = \left\| \sum_{i\in\mathbf{B}_\eta(\theta_t)} \frac{\nabla_\theta V_i^{\theta_t}(\rho)}{\alpha_i(t)} \right\| \geq \langle \sum_{i\in\mathbf{B}_\eta(\theta_t)} \frac{\nabla_\theta V_i^{\theta_t}(\rho)}{\alpha_i(t)}, s_\theta \rangle \geq \sum_{i\in\mathbf{B}_\eta(\theta_t)} \frac{\ell}{\alpha_i(t)} \geq \frac{L(1+\frac{4m}{3})}{\eta}, \tag{16}
$$

where we use $\min_{i\in[m]} \alpha_i(t) \leq \frac{\ell\eta}{L(1+\frac{4m}{3})}$ in the last step. For each $i\in[m]$, since $\sigma^0(n) \leq \frac{\alpha_i(t)}{8\sqrt{\ln\frac{2}{\delta}}}$ and $b^0(H) \leq \frac{\alpha_i(t)}{8}$, we have $\mathbb{P}\left(\frac{3\alpha_i(t)}{4} \leq \hat{\alpha}_i(t)\right) \geq 1-\delta$ using the sub-Gaussian bound in Proposition 3.3. Therefore, $\mathbb{P}\left(\frac{3\eta}{4} \leq \hat{\alpha}_i(t)\right) \geq 1-\delta$ for $i \notin \mathbf{B}_\eta(\theta_t)$. Then, we can upper bound $\|D_2\|$ with probability at least $1-\delta$ as follows:

$$
\begin{aligned}
&\|D_2\| && (17)\\
=&\left\| \frac{\hat{\nabla}_\theta V_0^{\theta_t}(\rho)}{\eta} + \sum_{i\notin\mathbf{B}_\eta(\theta_t)} \frac{\hat{\nabla}_\theta V_i^{\theta_t}(\rho)}{\hat{\alpha}_i(t)} + \sum_{i\in\mathbf{B}_\eta(\theta_t)} \frac{\hat{\nabla}_\theta V_i^{\theta_t}(\rho)}{\hat{\alpha}_i(t)} - \sum_{i\in\mathbf{B}_\eta(\theta_t)} \frac{\nabla_\theta V_i^{\theta_t}(\rho)}{\alpha_i(t)} \right\| && (18)\\
\leq &\frac{L}{\eta}\left(1+\frac{4}{3}\left(m-|\mathbf{B}_\eta(\theta_t)|\right)\right) + \left\| \sum_{i\in\mathbf{B}_\eta(\theta_t)} \left(\frac{\hat{\nabla}_\theta V_i^{\theta_t}(\rho)}{\hat{\alpha}_i(t)} - \frac{\hat{\nabla}_\theta V_i^{\theta_t}(\rho)}{\alpha_i(t)} + \frac{\hat{\nabla}_\theta V_i^{\theta_t}(\rho)}{\alpha_i(t)} - \frac{\nabla_\theta V_i^{\theta_t}(\rho)}{\alpha_i(t)} \right) \right\| && (19)\\
\leq &\sum_{i\in\mathbf{B}_\eta(\theta_t)} \left(\frac{\left\| \hat{\nabla}_\theta V_i^{\theta_t}(\rho) - \nabla_\theta V_i^{\theta_t}(\rho) \right\|}{\alpha_i(t)} + \left| \frac{1}{\hat{\alpha}_i(t)} - \frac{1}{\alpha_i(t)} \right| \left\| \hat{\nabla}_\theta V_i^{\theta_t}(\rho) \right\| \right) + \frac{L}{\eta}\left(1+\frac{4}{3}\left(m-|\mathbf{B}_\eta(\theta_t)|\right)\right) && (20)\\
\leq &\sum_{i\in\mathbf{B}_\eta(\theta_t)} \left(\frac{\sigma^1(n)\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}} + b^1(H)}{\alpha_i(t)} + L\frac{\sigma^0(n)\sqrt{\ln\frac{2}{\delta}} + b^0(H)}{\hat{\alpha}_i(t)\alpha_i(t)} \right) + \frac{L}{\eta}\left(1+\frac{4}{3}\left(m-|\mathbf{B}_\eta(\theta_t)|\right)\right) && (21)\\
\leq &\sum_{i\in\mathbf{B}_\eta(\theta_t)} \left(\frac{\sigma^1(n)\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}} + b^1(H)}{\alpha_i(t)} + 4L\frac{\sigma^0(n)\sqrt{\ln\frac{2}{\delta}} + b^0(H)}{3(\alpha_i(t))^2} \right) + \frac{L}{\eta}\left(1+\frac{4}{3}\left(m-|\mathbf{B}_\eta(\theta_t)|\right)\right). && (22)
\end{aligned}
$$

From (18) to (19), we use $\frac{3\eta}{4} \leq \hat{\alpha}_i(t)$ and $\|\hat{\nabla}_\theta V_0^{\theta_t}(\rho)\| \leq L$ by (Xu et al., 2020, Proposition 4.2). From (20) to (21), we use the sub-Gaussian bound in Proposition 3.3 and $\|\hat{\nabla}_\theta V_i^{\theta_t}(\rho)\| \leq L$ for $i\in[m]$. From (21) to (22), we use $\frac{3\alpha_i(t)}{4} \leq \hat{\alpha}_i(t)$. Further, if we set the variances and biases in (22) as

$$
\sigma^0(n) \leq \frac{(\alpha_i(t))^2}{4\eta\sqrt{\ln\frac{2}{\delta}}},\ \sigma^1(n) \leq \frac{L\alpha_i(t)}{3\eta\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}},\ b^0(H) \leq \frac{(\alpha_i(t))^2}{4\eta},\ b^1(H) \leq \frac{L\alpha_i(t)}{3\eta},
$$

then we can have $\mathbb{P}\left(\|D_2\| \leq \frac{L(1+\frac{4m}{3})}{\eta}\right) \geq 1-\delta$. Combining this property with (16), we have $\mathbb{P}\left(\|D_2\| \leq \|D_1\|\right) \geq 1-\delta$.

Taking this relation into (15), we have

$$\mathbb{P}\left(\prod_{i\in\mathbf{B}_\eta(\theta_t)}\alpha_i(t+1)\geq\prod_{i\in\mathbf{B}_\eta(\theta_t)}\alpha_i(t)\right)\geq 1-\delta.$$

Same result if we replace $\mathbf{B}_\eta(\theta_t)$ with any $\mathbf{B}$ such that $\mathbf{B}_\eta(\theta_t)\subset\mathbf{B}$. □

With the above lemma in place, we are ready to prove Lemma D.4.

Proof of Lemma D.4. First, we need to choose $\eta\leq\nu_{emf}$ and set

$$\sigma^0(n)\leq\frac{\alpha_i(t)\min\{2\alpha_i(t),\eta\}}{8\eta\sqrt{\ln\frac{2}{\delta}}},\ \sigma^1(n)\leq\frac{L\alpha_i(t)}{3\eta\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}},$$
$$b^0(H)\leq\frac{\alpha_i(t)\min\{2\alpha_i(t),\eta\}}{8\eta},\ b^1(H)\leq\frac{L\alpha_i(t)}{3\eta}$$

to satisfy the conditions in Lemma D.5. Then, we can combine the result from Lemma D.5 with the result from (Usmanova et al., 2022, Lemma 6), and we have

$$\mathbb{P}\left\{\forall t\in[T],\min_{i\in[m]}\alpha_i(t)\geq c\eta,\ \min_{i\in[m]}\hat{\alpha}_i(t)\geq\frac{3}{8}c\eta\text{ and }\min_{i\in[m]}\underline{\alpha}_i(t)\geq\frac{c\eta}{2}\right\}\geq 1-mT\delta,\ c=\left(\frac{\ell}{4L(1+\frac{4m}{3})}\right)^m. \tag{23}$$

Based on the lower bound of $\hat{\alpha}_i(t)$, we can further bound γ_t by (Usmanova et al., 2022, Lemma 6) as

$$\gamma_t\geq C\eta,\ C:=\frac{c}{2L^2(1+\frac{m}{c})\max\left\{4+\frac{5Mc}{L^2},1+\sqrt{\frac{Mc}{4L^2}}\right\}}. \tag{24}$$

Further, if we set

$$\sigma^0(n)\leq\min\left\{\frac{\alpha_i(t)\min\{2\alpha_i(t),\eta\}}{8\eta\sqrt{\ln\frac{2}{\delta}}},\frac{1}{\left(\sum_{i=1}^m\frac{16L}{\alpha_i(t)\hat{\alpha}_i(t)}\right)\sqrt{\ln\frac{2}{\delta}}}\right\}, \tag{25}$$

$$\sigma^1(n)\leq\min\left\{\frac{L\alpha_i(t)}{3\eta\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}},\frac{\eta}{16\left(1+\sum_{i=1}^m\frac{\eta}{\hat{\alpha}_i(t)}\right)\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}}\right\},$$

$$b^0(H)\leq\min\left\{\frac{\alpha_i(t)\min\{2\alpha_i(t),\eta\}}{8\eta},\frac{1}{16\left(\sum_{i=1}^m\frac{L}{\alpha_i(t)\hat{\alpha}_i(t)}\right)}\right\}, \tag{26}$$

$$b^1(H)\leq\min\left\{\frac{L\alpha_i(t)}{3\eta},\frac{\eta}{16\left(1+\sum_{i=1}^m\frac{\eta}{\hat{\alpha}_i(t)}\right)}\right\}. \tag{27}$$

By Lemma 3.4, we have

$$\mathbb{P}\left(\|\Delta_t\|\geq\frac{\eta}{4}\right), \tag{28}$$

Combing the results from (23) and (24) with inequality (28), we have

$$\mathbb{P}\left\{\forall t\in[T],\ \min_{i\in[m]}V_i^{\theta_t}(\rho)\geq c\eta,\ \gamma_t\geq C\eta\text{ and }\|\Delta_t\|\geq\frac{\eta}{4}\right\}\geq 1-mT\delta.$$

Based on the above result regarding the lower bound on $\alpha_i(t)$ and $\hat{\alpha}_i(t)$, we can further set the variances and biases in (27) as follows:

$$\sigma^0(n) \leq \min\left\{\frac{c\eta\min\{4c,1\}}{4\sqrt{\ln\frac{2}{\delta}}}, \frac{3c^2\eta^2}{32L\sqrt{\ln\frac{2}{\delta}}}\right\}, \sigma^1(n) \leq \min\left\{\frac{2cL}{3\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}}, \frac{\eta}{16\left(1+\frac{4m}{3c}\right)\sqrt{\ln\frac{e^{\frac{1}{4}}}{\delta}}}\right\},$$
$$b^0(H) \leq \min\left\{\frac{c\eta\min\{4c,1\}}{4}, \frac{3c^2\eta^2}{32L}\right\}, b^1(H) \leq \min\left\{\frac{2cL}{3}, \frac{\eta}{16\left(1+\frac{4m}{3c}\right)}\right\}.$$

According to Proposition 3.3, the number of trajectories n and the truncated horizon H need to be set as follows:

$$\begin{aligned} n &:= \max\Bigg\{\frac{2048L^2\ln\frac{2}{\delta}}{9(1-\gamma)^2c^4\eta^4}, \frac{32\ln\frac{2}{\delta}}{c^2(1-\gamma)^2\eta^2\min\{16c^2,1\}}, \frac{2048(1+\frac{4m}{3c})^2M_g^2\ln\frac{e^{\frac{1}{4}}}{\delta}}{\eta^2(1-\gamma)^3}\frac{18M_g^2\ln\frac{e^{\frac{1}{4}}}{\delta}}{c^2L^2(1-\gamma)^3}\Bigg\}, \\ H &:= \max\Bigg\{\log_\gamma\left(\frac{3(1-\gamma)c^2\eta^2}{32L}\right), \log_\gamma\left(\frac{c(1-\gamma)\eta\min\{4c,1\}}{4}\right), \\ &\qquad \mathcal{O}\left(\log_\gamma\frac{(1-\gamma)\eta}{16(1+\frac{4m}{3c})M_g}\right), \mathcal{O}\left(\log_\gamma\frac{2(1-\gamma)cL}{3M_g}\right)\Bigg\}, \end{aligned} \tag{N-H}$$

where the first condition for H is to satisfy $b^0(H) \leq \min\left\{\frac{c\min\{4c,1\}}{4}, \frac{3c^2}{32L}\right\}$ and the second condition for H is to satisfy $b^1(H) \leq \min\left\{\frac{2cL}{3}, \frac{\eta}{16\left(1+\frac{4m}{3c}\right)}\right\}$. Therefore, we need to set the number of trajectories n of the order $\mathcal{O}(\eta^{-4}\ln\frac{1}{\delta})$ and the truncated horizon H of the order $\mathcal{O}(\ln\frac{1}{\eta})$. □

D.4. Proof of Lemma 4.8

The proof of Lemma 4.8 is based on the performance difference lemma, provided below for completeness.

Theorem D.6 (The performance difference lemma (Sutton et al., 1999))**.** *$\forall\theta,\theta' \in \mathbb{R}^d$, $\forall i \in \{0,\ldots,m\}$, we have*

$$V_i^\theta(\rho) - V_i^{\theta'}(\rho) = \frac{1}{1-\gamma}\mathbb{E}_{(s,a)\sim d_\rho^\theta}\left[A_i^{\theta'}(s,a)\right].$$

Proof of Lemma 4.8. We can derive the following equality by using the performance difference lemma,

$$V_0^{\pi^*}(\rho) - V_0^\theta(\rho) + \eta\sum_{i=1}^m\left(\frac{V_i^{\pi^*}(\rho) - V_i^\theta(\rho)}{V_i^\theta(\rho)}\right) = \frac{1}{1-\gamma}\mathbb{E}_{(s,a)\sim d_\rho^{\pi^*}}\left[A_0^\theta(s,a) + \eta\sum_{i=1}^m\frac{A_i^\theta(s,a)}{V_i^\theta(\rho)}\right]. \tag{29}$$

Applying Jensen's inequality to Assumption 4.6, we obtain $\forall i \in \{0,\ldots,m\}$,

$$\mathbb{E}_{(s,a)\sim d_\rho^{\pi^*}}\left[A_i^\theta(s,a) - (1-\gamma)\mu_i^{*T}\nabla_\theta\log\pi_\theta(a|s)\right] \leq \sqrt{\varepsilon_{bias}}. \tag{30}$$

Plugging inequality (30) into (29), we get

$$\begin{aligned} &V_0^{\pi^*}(\rho) - V_0^\theta(\rho) + \eta\sum_{i=1}^m\left(\frac{V_i^{\pi^*}(\rho) - V_i^\theta(\rho)}{V_i^\theta(\rho)}\right) \\ \leq&\mathbb{E}_{(s,a)\sim d_\rho^{\pi^*}}\left[\left(\mu_0^* + \sum_{i=1}^m\frac{\eta\mu_i^*}{V_i^\theta(\rho)}\right)^T\nabla_\theta\log\pi_\theta(a|s)\right] + \frac{\sqrt{\varepsilon_{bias}}}{1-\gamma}\left(\sum_{i=1}^m\frac{\eta}{V_i^\theta(\rho)} + 1\right) \\ =&\mathbb{E}_{(s,a)\sim d_\rho^{\pi^*}}\left[\left(\nabla_\theta B_\eta^\theta(\rho)\right)^T\left(F^\theta(\rho)\right)^{-1}\nabla_\theta\log\pi_\theta(a|s)\right] + \frac{\sqrt{\varepsilon_{bias}}}{1-\gamma}\left(1 + \sum_{i=1}^m\frac{\eta}{V_i^\theta(\rho)}\right). \end{aligned} \tag{31}$$

From the above inequality, we divide the analysis into two cases: softmax parameterization and other policy parameterizations that satisfy Assumptions 3.1, 4.4 and 4.6.

1. For softmax parameterization, the first property is proved in Proposition C.3. For the second property, we know that Assumption 4.6 is satisfied with $\varepsilon_{bias} = 0$ by (Agarwal et al., 2021). Therefore, we have

$$\begin{aligned}
&\mathbb{E}_{(s,a)\sim d_\rho^{\pi^*}}\left[\left(\nabla_\theta B_\eta^\theta(\rho)\right)^T\left(F^\theta(\rho)\right)^{-1}\nabla_\theta \log \pi_\theta(a|s)\right]\\
=&\mathbb{E}_{(s,a)\sim d_\rho^{\pi^*}}\left[\left(\mathbf{P}_{\mathbf{Ker}(F^\theta(\rho))}\nabla_\theta B_\eta^\theta(\rho)+\mathbf{P}_{\mathbf{Im}(F^\theta(\rho))}\nabla_\theta B_\eta^\theta(\rho)\right)^T\left(F^\theta(\rho)\right)^{-1}\nabla_\theta \log \pi_\theta(a|s)\right]\\
=&\mathbb{E}_{(s,a)\sim d_\rho^{\pi^*}}\left[\left(\mathbf{P}_{\mathbf{Im}(F^\theta(\rho))}\nabla_\theta B_\eta^\theta(\rho)\right)^T\left(F^\theta(\rho)\right)^{-1}\nabla_\theta \log \pi_\theta(a|s)\right]\\
\leq&\frac{1}{\mu_{F,s}}\left\|\mathbf{P}_{\mathbf{Im}(F^\theta(\rho))}\nabla_\theta B_\eta^\theta(\rho)\right\|.
\end{aligned}$$

In the last step, we use $\mu_{F,s} := \inf_{\theta\in\Theta}\{\text{second smallest eigenvalue of } F^\theta(\rho)\} > 0$ and $\|\nabla_\theta \log \pi_\theta(a|s)\| \leq 1$ (Yuan et al., 2022, Lemma 4.8). Combining the above inequality with (31), we have

$$V_0^{\pi^*}(\rho) - V_0^\theta(\rho) \leq m\eta + \frac{1}{\mu_{F,s}}\left\|\mathbf{P}_{\mathbf{Im}(F^\theta(\rho))}\nabla_\theta B_\eta^\theta(\rho)\right\|$$

2. For other policy parametrization, we use Assumption 4.4 to bound $\left\|F^\theta(\rho)\right\|^{-1}$ by $\frac{1}{\mu_F}$ and Assumption 3.1 to bound $\|\nabla \log \pi_\theta(a|s)\|$ by M_h. Therefore, we can bound (31) as

$$V_0^{\pi^*}(\rho) - V_0^\theta(\rho) + \eta\sum_{i=1}^m\left(\frac{V_i^{\pi^*}(\rho)-V_i^\theta(\rho)}{V_i^\theta(\rho)}\right) \leq \frac{\sqrt{\varepsilon_{bias}}}{1-\gamma}\left(1+\sum_{i=1}^m\frac{\eta}{V_i^\theta(\rho)}\right)+\frac{M_h}{\mu_F}\left\|\nabla_\theta B_\eta^\theta(\rho)\right\|.$$

Rearranging the above inequality, we have

$$V_0^{\pi^*}(\rho) - V_0^\theta(\rho) \leq m\eta + \frac{\sqrt{\varepsilon_{bias}}}{1-\gamma}\left(1+\sum_{i=1}^m\frac{\eta}{V_i^\theta(\rho)}\right)+\frac{M_h}{\mu_F}\left\|\nabla_\theta B_\eta^\theta(\rho)\right\|.$$

□

D.5. Proof of Theorem 4.9

Proof of Theorem 4.9: We divide the proof into two parts: one for general parameterizations that satisfy Assumptions 3.1, 4.4 and 4.6, and the other for softmax parameterization.

1. For general parameterizations that satisfies the Assumptions 3.1, 4.4, and 4.6: We set the values for n, H, and η to satisfy the conditions outlined in Lemma 4.3. Due to our choice of stepsize, we have $\mathbb{P}\left(\gamma_t \leq \frac{1}{M_t}\right) \geq 1-\delta$ as showed in Lemma 4.3, where M_t represents the local smoothness constant of the log barrier function $B_\eta^\theta(\rho)$. With this, we can bound $B_\eta^{\theta_{t+1}}(\rho) - B_\eta^{\theta_t}(\rho)$ with probability at least $1-\delta$ as

$$\begin{aligned}
B_\eta^{\theta_{t+1}}(\rho) - B_\eta^{\theta_t}(\rho) \geq&\gamma_t\left\langle\nabla_\theta B_\eta^{\theta_t}(\rho), \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\right\rangle - \frac{M_t\gamma_t^2}{2}\left\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\right\|^2\\
\geq&\gamma_t\left\langle\nabla_\theta B_\eta^{\theta_t}(\rho), \hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\right\rangle - \frac{\gamma_t}{2}\left\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\right\|^2\\
=&\gamma_t\left\langle\nabla_\theta B_\eta^{\theta_t}(\rho), \Delta_t + \nabla_\theta B_\eta^{\theta_t}(\rho)\right\rangle - \frac{\gamma_t}{2}\left\|\Delta_t + \nabla_\theta B_\eta^{\theta_t}(\rho)\right\|^2\\
=&\frac{\gamma_t}{2}\left\|\nabla_\theta B_\eta^{\theta_t}(\rho)\right\|^2 - \frac{\gamma_t}{2}\left\|\Delta_t\right\|^2.
\end{aligned} \tag{32}$$

We divide the analysis into two cases based on the **if condition** in algorithm 1 line 5.

Case 1: If $\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\| \geq \frac{\eta}{2}$, then $\|\nabla_\theta B_\eta^{\theta_t}(\rho)\| \geq \frac{\eta}{4}$ since $\|\Delta_t\| \leq \frac{\eta}{4}$ by Lemma 4.3. We can further write (32) as

$$B_\eta^{\theta_{t+1}}(\rho) - B_\eta^{\theta_t}(\rho) \geq \frac{C\eta^2}{8}\left\|\nabla_\theta B_\eta^{\theta_t}(\rho)\right\| - \frac{C\eta^3}{32}, \tag{33}$$

where we plug in $\gamma_t \geq C\eta$ in the last step. Since $\min_{i\in[m]} V_i^{\theta_t}(\rho) \geq c\eta$, we can rewrite Lemma 4.8 as:

$$V_0^{\pi^*}(\rho) - V_0^{\theta_t}(\rho) \leq a + \frac{M_h}{\mu_F}\left\|\nabla_\theta B_\eta^{\theta_t}(\rho)\right\|, \tag{34}$$

where $a = m\eta + \frac{\sqrt{\varepsilon_{bias}}}{1-\gamma}\left(1+\frac{m}{c}\right)$. Plugging (34) into (33), we get

$$B_\eta^{\theta_{t+1}}(\rho) - B_\eta^{\theta_t}(\rho) \geq \frac{C\mu_F\eta^2}{8M_h}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_t}(\rho)\right) - \frac{C\eta^3}{32} - \frac{aC\mu_F\eta^2}{8M_h},$$

which can be further simplified to:

$$V_0^{\pi^*}(\rho) - V_0^{\theta_{t+1}}(\rho) \leq \left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)\left(V_0^{\pi^*}(\rho) - V_0^{\theta_t}(\rho)\right) + \frac{C\eta^3}{32} + \frac{aC\mu_F\eta^2}{8M_h} + \eta\sum_{i=1}^m \log\frac{V_i^{\theta_{t+1}}(\rho)}{V_i^{\theta_t}(\rho)}.$$

By recursively applying the above inequality and setting $\frac{C\mu_F\eta^2}{8M_h} < 1$, we obtain

$$\begin{aligned}
&V_0^{\pi^*}(\rho) - V_0^{\theta_{t+1}}(\rho)\\
\leq&\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^{t+1}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho)\right) + \left(\frac{aC\mu_F\eta^2}{8M_h} + \frac{C\eta^3}{32}\right)\sum_{i=0}^t\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^i\\
&+\eta\sum_{i=1}^m \log V_i^{\theta_{t+1}}(\rho) - \eta\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^t\sum_{i=1}^m \log V_i^{\theta_0}(\rho)\\
&-\frac{C\mu_F\eta^3}{8M_h}\sum_{i=1}^m\sum_{j=1}^t\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^{t-j}\log V_i^{\theta_j}(\rho)\\
\leq&\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^{t+1}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho)\right) + a + \frac{M_h\eta}{4\mu_F} + m\eta\log\frac{1}{1-\gamma}\\
&-m\eta\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^t\log\nu_s - \frac{C\mu_F\eta^3}{8M_h}\sum_{i=1}^m\sum_{j=1}^t\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^{t-j}\log(c\eta)\\
\leq&\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^{t+1}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho)\right) + a + \frac{M_h\eta}{4\mu_F} + m\eta\log\frac{1}{c\eta(1-\gamma)}\\
&-m\eta\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^t\log\nu_s.
\end{aligned} \tag{35}$$

Case 2: If $\|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\| \leq \frac{\eta}{2}$, we have $\|\nabla_\theta B_\eta^{\theta_t}(\rho)\| \leq \|\hat{\nabla}_\theta B_\eta^{\theta_t}(\rho)\| + \|\Delta_t\| \leq \frac{3\eta}{4}$. Applying (34), we have

$$V_0^{\pi^*}(\rho) - V_0^{\theta_t}(\rho) \leq \frac{3M_h\eta}{4\mu_F} + a. \tag{36}$$

Combining the inequalities (35) and (36), we conclude that after T iterations of the Algorithm 1, the output policy $\pi_{\theta_{\text{out}}}$ satisfies

$$\begin{aligned}
V_0^{\pi^*}(\rho) - V_0^{\theta_{\text{out}}}(\rho) \leq&\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^T\left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho)\right) + \frac{\sqrt{\varepsilon_{bias}}}{1-\gamma}\left(1+\frac{m}{c}\right)\\
&+m\eta\left(\frac{3M_h}{4\mu_F m} + 1 + \log\frac{1}{c\eta(1-\gamma)} - \left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^{T-1}\log\nu_s\right)\\
=&\mathcal{O}\left(\exp\left(-C\mu_F\eta^2\right)\right)\left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho)\right) + \mathcal{O}(\sqrt{\varepsilon_{bias}}) + \tilde{\mathcal{O}}\left(\frac{\eta}{\mu_F}\right)
\end{aligned}$$

with a probability of at least $1 - mT\delta$.

2. For softmax parameterization, we can further bound inequality (32) as

$$\begin{aligned} B_\eta^{\theta_{t+1}}(\rho) - B_\eta^{\theta_t}(\rho) \geq & \frac{\gamma_t}{2} \left\|\nabla_\theta B_\eta^{\theta_t}(\rho)\right\|^2 - \frac{\gamma_t}{2} \left\|\Delta_t\right\|^2 \\ \geq & \frac{\gamma_t}{2} \left\|\mathbf{P}_{\mathbf{Im}(F^\theta(\rho))} \nabla_\theta B_\eta^{\theta}(\rho)\right\|^2 - \frac{\gamma_t}{2} \left\|\Delta_t\right\|^2 . \end{aligned}$$

Following the same proof structure, we have

$$\begin{aligned} V_0^{\pi^*}(\rho) - V_0^{\theta_{\text{out}}}(\rho) \leq & \left(1 - \frac{C\mu_{F,s}\eta^2}{8M_h}\right)^T \left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho)\right) \\ & + m\eta \left(\frac{3M_h}{4\mu_{F,s}m} + 1 + \log\frac{1}{c\eta(1-\gamma)} - \left(1 - \frac{C\mu_{F,s}\eta^2}{8M_h}\right)^{T-1} \log\nu_s\right). \end{aligned}$$

□

D.6. Proof of Corollary 4.11

Proof of Corollary 4.11. By analyzing the inequalities, namely (35) and (36), provided in Section D.5, we can prove Corollary 4.11 as follows: setting $n = \mathcal{O}(\varepsilon^{-4}\ln\frac{1}{\delta})$, $H = \mathcal{O}(\ln\frac{1}{\varepsilon})$, $\eta = \varepsilon$ and $T = \tilde{\mathcal{O}}(\varepsilon^{-2})$. After T iterations of the LB-SGD Algorithm, the output θ_{out} satisfies

$$V_0^{\pi^*}(\rho) - V_0^{\theta_{\text{out}}}(\rho) \leq \mathcal{O}(\sqrt{\varepsilon_{bias}}) + \tilde{\mathcal{O}}(\varepsilon), \tag{37}$$

while safe exploration is ensured with a probability of at least $1 - mT\delta$. To ensure satisfaction of (37) and maintain safe exploration with a probability of at least $1-\beta$, we need set $\delta = \frac{\beta}{mT} = \mathcal{O}\left(\beta\varepsilon^2\right)$ and sample size $n = \mathcal{O}(\varepsilon^{-4}\ln\frac{1}{\varepsilon})$. □

D.7. Proof of Corollary 4.12

Proof of Corollary 4.12. To calculate the regret bound, we sum inequalities (35) and (36) in the proof of Theorem 4.9 from $t = 0$ to $T-1$, we have

$$\begin{aligned} & \frac{1}{T}\sum_{t=0}^{T-1}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_t}(\rho)\right) \\ \leq & \frac{1}{T}\sum_{t=0}^{T-1}\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^t \left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho)\right) + \frac{\sqrt{\varepsilon_{bias}}}{1-\gamma}\left(1 + \frac{m}{c}\right) + m\eta\left(\frac{3M_h}{4\mu_F m} + 1 + \log\frac{1}{c\eta(1-\gamma)}\right) \\ & - \frac{m\eta}{T}\sum_{t=0}^{T-2}\left(1 - \frac{C\mu_F\eta^2}{8M_h}\right)^t \log\nu_s \\ \leq & \frac{8M_h}{C\mu_F\eta^2 T}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho) - m\eta\log\nu_s\right) + \tilde{\mathcal{O}}(\eta) + \mathcal{O}(\sqrt{\varepsilon_{bias}}). \end{aligned}$$

with a probability of at least $1 - mT\delta$. Similarly, for softmax parameterization, we have

$$\frac{1}{T}\sum_{t=0}^{T-1}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_t}(\rho)\right) \leq \frac{8M_h}{C\mu_{F,s}\eta^2 T}\left(V_0^{\pi^*}(\rho) - V_0^{\theta_0}(\rho) - m\eta\log\nu_s\right) + \tilde{\mathcal{O}}(\eta) + \mathcal{O}(\sqrt{\varepsilon_{bias}}).$$

with a probability of at least $1 - mT\delta$. Moreover, by setting $T = \mathcal{O}(\varepsilon^{-3})$, $\delta = \frac{\beta}{mT} = \mathcal{O}(\beta\varepsilon^3)$, and $\eta = \varepsilon$, we achieve $\mathcal{O}(\sqrt{\varepsilon_{bias}}) + \tilde{\mathcal{O}}(\varepsilon)$-optimality concerning the regret bound using $\mathcal{O}(\varepsilon^{-7})$ samples in total, which is ensured with probability at least $1-\beta$. □

E. Boundary distance at stationary points

In this section, we prove that the stationary points of the log barrier function is at most $\Omega(\nu_{emf} + \eta)$ close to the boundary.

Lemma E.1. *Let Assumptions 3.1 and 4.2 hold. For any stationary point θ_{st} of the log barrier function, we have*

$$\min_{i\in[m]}\left\{V_i^{\theta_{st}}(\rho)\right\} \geq \min\left\{\frac{\min\{\eta, \nu_{emf}\}\ell}{mL}, \nu_{emf}\right\}.$$

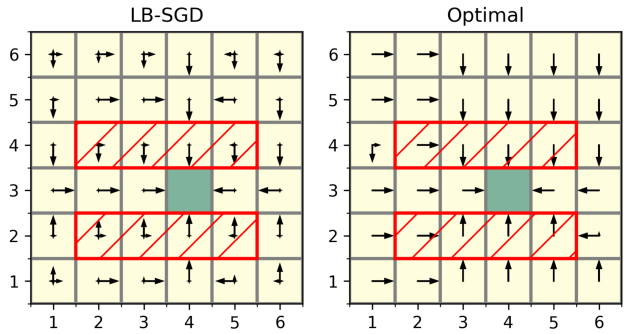

Figure 1. Gridworld Environment: The green block denotes the reward, the arrows represent the policies, and the two red-hatched rectangles indicate the constrained states.

Proof. Since θ_{st} is the stationary point, we have

$$\nabla_\theta B_\eta^{\theta_{\text{st}}}(\rho) = \nabla_\theta V_0^{\theta_{\text{st}}}(\rho) + \eta \sum_{i=1}^{m} \frac{\nabla_\theta V_i^{\theta_{\text{st}}}(\rho)}{V_i^{\theta_{\text{st}}}(\rho)} = 0.$$

Rearranging the terms in the above equation, we obtain

$$\sum_{i \notin \mathbf{B}_{\nu_{emf}}(\theta_{\text{st}})} \frac{\nabla_\theta V_i^{\theta_{\text{st}}}(\rho)}{V_i^{\theta_{\text{st}}}(\rho)} + \sum_{i \in \mathbf{B}_{\nu_{emf}}(\theta_{\text{st}})} \frac{\nabla_\theta V_i^{\theta_{\text{st}}}(\rho)}{V_i^{\theta_{\text{st}}}(\rho)} = \frac{-\nabla_\theta V_0^{\theta_{\text{st}}}(\rho)}{\eta}. \tag{38}$$

If $\mathbf{B}_{\nu_{emf}}(\theta_{\text{st}})$ is an empty set, then

$$\min_{i \in [m]} \left\{ V_i^{\theta_{\text{st}}}(\rho) \right\} \geq \nu_{emf}.$$

Otherwise, by Assumption 4.2, there exists a unit vector $s_{\theta_{\text{st}}} \in \mathbb{R}^d$ such that for $i \in \mathbf{B}_{\nu_{emf}}(\theta_{\text{st}})$, we have

$$\langle s_{\theta_{\text{st}}}, \nabla_\theta V_i^{\theta_{\text{st}}}(\rho) \rangle > \ell.$$

Taking the dot product of both sides of equation (38) with $s_{\theta_{\text{st}}}$ and using Lipschitz continuity, we obtain

$$\begin{aligned}
\frac{\ell}{\min_{i \in [m]} \left\{ V_i^{\theta_{\text{st}}}(\rho) \right\}} \leq & \frac{\left\langle s_{\theta_{\text{st}}}, \nabla_\theta V_i^{\theta_{\text{st}}}(\rho) \right\rangle}{\min_{i \in [m]} \left\{ V_i^{\theta_{\text{st}}}(\rho) \right\}} \sum_{i \in \mathbf{B}_{\nu_{emf}}(\theta_{\text{st}})} \frac{\min_{i \in [m]} \left\{ V_i^{\theta_{\text{st}}}(\rho) \right\}}{V_i^{\theta_{\text{st}}}(\rho)} \\
= & \frac{\left\langle s_{\theta_{\text{st}}}, -\nabla_\theta V_0^{\theta_{\text{st}}}(\rho) \right\rangle}{\eta} - \sum_{i \notin \mathbf{B}_{\nu_{emf}}(\theta_{\text{st}})} \frac{\left\langle s_{\theta_{\text{st}}}, \nabla_\theta V_i^{\theta_{\text{st}}}(\rho) \right\rangle}{V_i^{\theta_{\text{st}}}(\rho)} \geq \frac{mL}{\min\{\eta, \nu_{emf}\}},
\end{aligned}$$

Therefore,

$$\min_{i \in [m]} \left\{ V_i^{\theta_{\text{st}}}(\rho) \right\} \geq \frac{\min\{\eta, \nu_{emf}\}\ell}{mL}.$$

In conclusion, we have $\min_{i \in [m]} \left\{ V_i^{\theta_{\text{st}}}(\rho) \right\} \geq \min \left\{ \frac{\min\{\eta, \nu_{emf}\}\ell}{mL}, \nu_{emf} \right\}$. □

F. Experiment

We conducted experiments [2] in a 6×6 gridworld environment introduced by (Sutton & Barto, 2018) (see Figure 1). We aim to reach the rewarded cell while controlling the time spent visiting the red rectangles under a certain threshold. We

[2] All the experiments in this subsection were carried out on a MacBook Pro with an Apple M1 Pro chip and 32 GB of RAM. Our code is developed based on (Schlaginhaufen & Kamgarpour, 2023, https://github.com/andrschl/cirl).

define the CMDP as follows: the environment involves four actions: *up*, *right*, *down*, and *left*. The agent moves in the specified direction with a 0.9 probability and randomly selects another direction with a 0.1 probability after taking an action. The constraints are defined as follows: If the agent hits the second-row or the fourth-row red rectangles, the reward functions $r_1(s, a)$ and $r_2(s, a)$ receive -10 respectively. Once the agent reaches a rewarded cell, it remains there indefinitely, receiving a reward of 1 per iteration. We set the discount factor to $\gamma = 0.7$. We define the CMDP we solve as follows:

$$\max_{\pi_\theta} V_0^{\pi_\theta}(\rho) \quad \text{subject to} \quad V_i^{\pi_\theta}(\rho) \geq -2, \quad i \in [2],$$

utilizing the softmax policy parameterization. The optimal policy, depicted as arrows in Figure 1, is computed using linear programming. Notice that the agent needs to learn the optimal policy within the regions highlighted by red rectangles, as there is always a small probability of ending up there. We apply the LB-SGD algorithm with $\eta = 0.01$ and compare it with the IPO algorithm (Liu et al., 2020a), which uses a fixed stepsize for the log barrier approach. Our primary goals for these experiments are two-fold:

1. Verification and sample complexity To validate our theoretical results, particularly Theorem 4.9, we aim to confirm the safe exploration behavior and determine the sample size required for achieving learning with low variance. Our experiments align with this theoretical result, as shown in Figures 2 and 3. Figure 2 indicates that the LB-SGD algorithm converges to the optimal policy while maintaining safe exploration at the same time. Meanwhile, in Figure 1, we depict the policy obtained from our algorithm. While it bears a resemblance to the optimal policy, it is less deterministic to circumvent the red rectangles. Figure 3 demonstrates that when the point is closer to the boundary, our algorithm requires a higher number of samples per iteration to obtain accurate estimates of stepsizes and log barrier gradients. Inadequate sampling leads to relatively smaller estimates of stepsizes with higher variance in gradient and stepsize estimations.

2. Comparative analysis We compare our algorithm with the IPO algorithm, which is also based on the log barrier method and a policy gradient approach. However, IPO uses a fixed stepsize. Since there is no known fixed stepsize to ensure safety for this method, we vary the stepsizes of IPO by 1.5, 1, and 0.5. Figure 3 demonstrates that both the IPO algorithm with well-tuned stepsizes and our LB-SGD algorithm ensure safe exploration. However, the IPO algorithm with well-tuned stepsizes converges faster and achieves closer proximity to the optimal reward value compared to our LB-SGD algorithm. This is due to the LB-SGD algorithm's conservative choice of stepsize to ensure safe exploration. Specifically, the variation of constraint 2 values is smaller in the LB-SGD algorithm compared to the IPO algorithm, especially when the initial point is near the boundary. In contrast, tuning the stepsize in the IPO algorithm is essential to prevent constraint violations during learning. Larger stepsizes may lead to instability and unsafe behavior, while smaller ones ensure safe exploration at the expense of slower convergence rates. As the fixed stepsizes in the IPO algorithm decrease, the variance of constraint values increases. Our adaptive stepsize selection in the LB-SGD algorithm does not necessitate manual tuning, ensuring a balanced approach between safe exploration and convergence speed. Figure 2 illustrates LB-SGD's adaptive stepsize behavior, favoring smaller steps near boundaries and larger ones away from them.

Discussion Due to approximation errors, both IPO and LB-SGD may occasionally take a bad step and produce an infeasible iterate π_{θ_t}. While sometimes the gradient update (1) remains feasible, allowing the algorithm to recover from its bad step automatically, in other cases, a recovery method becomes necessary. In our experiments, we implement recovery by reverting to previous iterates and increasing the sample complexity while simultaneously decreasing the stepsize at previous iterates. This ensures the safe exploration of subsequent iterates with high probability. These measures align with the insights derived from the results of Lemma 4.3.

In the LB-SGD Algorithm, we need information about the Lipschitz constants, M_g, and the smoothness parameter, M_h, for the function $\log \pi_\theta(a|s)$ to compute the smoothness parameter of the value functions $V_i^\theta(\rho)$, which is crucial for determining the stepsizes. When using direct, softmax, or log-linear parameterizations, we can directly compute the values of M_g and M_h. However, for other policy parameterizations, we can estimate the smoothness parameter using information from sampled trajectories, as explained in Appendix G. Although for our experiment, M_g and M_h corresponding to the softmax parameterization are both 1, in the implementation, we used the approach proposed in Appendix G to verify its effectiveness in calculating the stepsize.

G. Estimation of smoothness parameter

In (Yuan et al., 2022, Proof of Lemma 4.4), the second order of the value functions $\nabla^2 V_i^\theta(\rho)$ is computed as

$$\nabla^2 V_i^\theta(\rho)$$

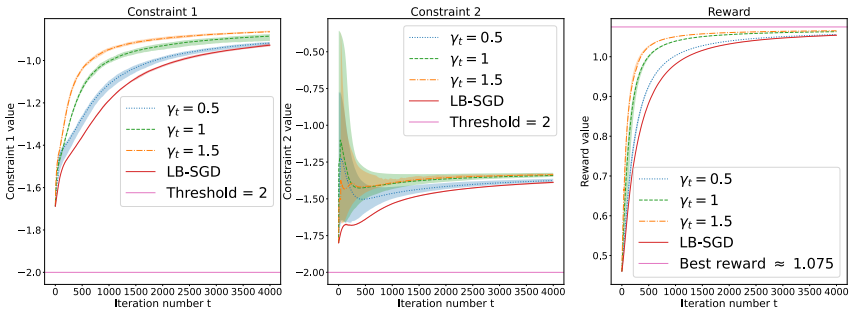

Figure 2. The average performance comparison between the IPO algorithm (Liu et al., 2020a) using different stepsizes $\gamma_t = 0.5, 1, 1.5$, and LB-SGD. The lines indicate the median values obtained from 10 independent experiments, while the shaded areas represent the 10% and 90% percentiles calculated from 10 different random seeds.

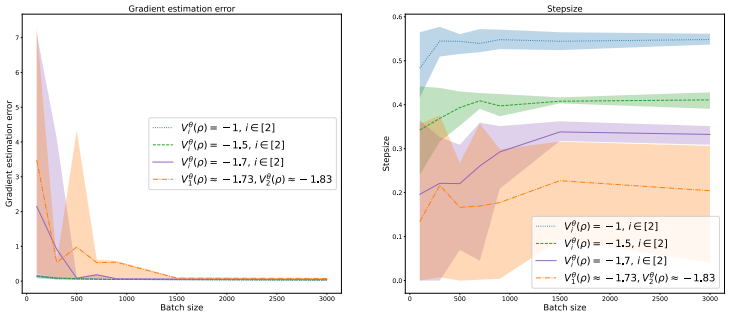

Figure 3. The gradient estimation error for the log barrier function and the computation of stepsize for LB-SGD algorithm with sample sizes of 100, 300, 500, 700, 900, 1500, and 3000 at varying distances from the boundary.The lines indicate the median values obtained from 10 independent experiments, while the shaded areas represent the 10% and 90% percentiles calculated from 10 different random seeds.

$$=\mathbb{E}_{\tau\sim\pi_\theta}\left[\sum_{t=0}^{\infty}\gamma^t r_i(s_t,a_t)\left(\left(\sum_{k=0}^{t}\nabla_\theta^2\log\pi_\theta(a_k|s_k)\right)+\left(\sum_{k=0}^{t}\nabla_\theta\log\pi_\theta(a_k|s_k)\right)\left(\sum_{k=0}^{t}\nabla_\theta\log\pi_\theta(a_k|s_k)\right)^T\right)\right].$$

Using the information of n truncated trajectories, with a fixed horizon H, denoted as $\tau_j := \left(s_t^j, a_t^j, \left\{r_i(s_t^j, a_t^j)\right\}_{i=0}^{m}\right)_{t=0}^{H-1}$, we can estimate $\nabla^2 V_i^\theta(\rho)$ by the Monte-Carlo method as

$$\begin{aligned}&\hat{\nabla}^2 V_i^\theta(\rho)\\ =&\frac{1}{n}\sum_{j=1}^{n}\left[\sum_{t=0}^{H}\gamma^t r_i(s_t^j,a_t^j)\left(\left(\sum_{k=0}^{t}\nabla_\theta^2\log\pi_\theta(a_k^j|s_k^j)\right)+\left(\sum_{k=0}^{t}\nabla_\theta\log\pi_\theta(a_k^j|s_k^j)\right)\left(\sum_{k=0}^{t}\nabla_\theta\log\pi_\theta(a_k^j|s_k^j)\right)^T\right)\right].\end{aligned}$$

We estimate the smoothness parameter M_i for the value function $V_i^\theta(\rho)$ as

$$M_i = \|\hat{\nabla}^2 V_i^\theta(\rho)\|.$$