Improvable Gap Balancing for Multi-Task Learning

Abstract

In multi-task learning (MTL), gradient balancing has recently attracted more research interest than loss balancing since it often leads to better performance. However, loss balancing is much more efficient than gradient balancing, and thus it is still worth further exploration in MTL. Note that prior studies typically ignore that there exist varying improvable gaps across multiple tasks, where the improvable gap per task is defined as the distance between the current training progress and desired final training progress. Therefore, after loss balancing, the performance imbalance still arises in many cases. In this paper, following the loss balancing framework, we propose two novel improvable gap balancing (IGB) algorithms for MTL: one takes a simple heuristic, and the other (for the first time) deploys deep reinforcement learning for MTL. Particularly, instead of directly balancing the losses in MTL, both algorithms choose to dynamically assign task weights for improvable gap balancing. Moreover, since IGB is shown to be complementary to gradient balancing, we also provide a fusion paradigm to combine both loss balancing and gradient balancing for MTL. Extensive experiments on two benchmark datasets demonstrate that our IGB algorithms lead to the best results in MTL via loss balancing and achieve further improvements when combined with gradient balancing.

1 INTRODUCTION

Multi-task learning (MTL) is to jointly train a single model that can perform multiple tasks [Caruana, 1998, Ruder, 2017, Zhang and Yang, 2021, Vandenhende et al., 2021]. Compared with single-task learning (STL), MTL has two remarkable advantages: 1) the model typically has a smaller size and higher learning efficiency by sharing parameters across tasks [Misra et al., 2016, Yang et al., 2020, Vandenhende et al., 2021], and 2) the performance on some tasks can be further improved due to the correlation between different tasks [Swersky et al., 2013]. Therefore, MTL has been widely used in real-world application scenarios such as recommendation systems [Zhao et al., 2019] and automatic driving [Chowdhuri et al., 2019].

Note that the largest challenge in MTL is the seesaw phenomenon [Tang et al., 2020]: joint training often results in better performance on some tasks but worse performance on others. To overcome this challenge, many optimization methods have been proposed for MTL: one is loss balancing that directly assigns different weights to the losses of multiple tasks according to a variety of criteria [Kendall et al., 2018, Liu et al., 2019, Lin et al., 2022]; the other is gradient balancing that first calculates the task gradients and then aggregates them in different ways [Sener and Koltun, 2018, Liu et al., 2021a, Navon et al., 2022]. Since gradient balancing typically performs better than loss balancing in MTL, it has attracted more research interest recently. However, the training cost of gradient balancing is significantly higher than that of loss balancing, especially when there are significantly more tasks in MTL [Kurin et al., 2022].

Although most of prior studies focus on improving the performance of MTL by proposing more advancing methods, we emphasize that **improving the learning efficiency is also of the primary research significance in MTL**. Therefore, loss balancing and gradient balancing are both worth further study, and the trade-off between efficiency and performance can be taken according to practical requirements. In this paper, we focus on further improving the performance of existing loss balancing methods. Specifically, within the loss balancing framework, we propose two novel improvable gap balancing algorithms, where the improvable gap per task is defined as the distance between the current training progress and desired final training progress. To define the improvable gap, we have to first represent the training progress as the loss decline normalized by the average loss

Figure 1: Schematic illustration of the improvable gaps for three different tasks in MTL. The improvable gap per task is defined as the distance between the current training progress and desired final training progress.

across the current training time (from the beginning of training). As shown in Figure 1, the normalized task losses tend to converge to nonzero values due to the limited training data and model capacity. Importantly, different tasks in MTL tend to have different convergence patterns (thus have different improvable gaps at the current training time). However, existing algorithms rarely notice that tasks trained together usually have different improvable gaps, which results in that some tasks are fully trained (or even make MTL outperform STL on these tasks), while others are still underfitted. Therefore, our main idea is to **dynamically assign task weights for improvable gap balancing (IGB)**, instead of loss balancing that has been widely used in MTL.

We propose the first algorithm IGBv1 to balance improvable gaps through a simple heuristic by uniformly defining the ideal loss as 0 for each task. Moreover, loss balancing can be interpreted as the maximum cumulative loss decline in the future by assigning weights through sequential decisions, which is consistent with the application scenario of reinforcement learning [Kaelbling et al., 1996]. Therefore, we propose another algorithm IGBv2 to jointly minimize all improvable gaps through deep reinforcement learning (DRL) [Arulkumaran et al., 2017]. Additionally, since our IGB algorithms are shown to be complementary to gradient balancing, we propose a fusion paradigm that combines loss balancing and gradient balancing for MTL.

In summary, our main contributions are four-fold:
(1) We propose two novel loss balancing algorithms to dynamically balancing the improvable gaps in MTL. To our best knowledge, we are the first to apply DRL to MTL.
(2) We propose a fusion paradigm to combine both loss balancing and gradient balancing for MTL.
(3) Extensive experiments on two benchmark datasets demonstrate that our IGB algorithms perform the best in MTL via loss balancing and yield further improvements when combined with gradient balancing.
(4) We rethink the significance of loss balancing from the perspective of learning efficiency as well as its complementarity with gradient balancing.

2 RELATED WORK

Multi-Task Learning. Multi-task learning (MTL) research is broadly divided into two categories: one is to learn the correlation between tasks through model structures [Misra et al., 2016, Ma et al., 2018, Liu et al., 2019], and the other is to balance the joint training process of all tasks through optimization algorithms [Kendall et al., 2018, Lin et al., 2022, Sener and Koltun, 2018, Liu et al., 2021b, Navon et al., 2022]. Our research is primarily concerned with the latter, which can be categorized into two types: loss balancing and gradient balancing.

Loss balancing directly updates the model by adding up or averaging the weighted losses after assigning task weights according to a variety of criteria. The training time of loss balancing is nearly the same as that of STL, since the input data, such as losses of the current batch, is low dimensional. The most common method for loss balancing is Equal Weighting (EW), which directly minimizes the sum of task losses. Besides, various criteria are considered in prior studies. For example, Kendall et al. [2018] measured task uncertainty through learnable parameters; Guo et al. [2018] estimated task difficulty based on key performance; Liu et al. [2019] considered the change rate of loss; Lin et al. [2022] assigned task weights randomly; Ye et al. [2021] focused on the validation performance of metamodel.

Gradient balancing, on the other hand, first calculates task gradients separately and then updates the model by aggregating task gradients in different ways. The performance of gradient balancing is typically better than that of loss balancing, since it can deal with gradients conflict [Yu et al., 2020] directly at the gradient level. For example, Chen et al. [2018] normalized task gradients to learn each task at a similar rate; Sener and Koltun [2018] regarded gradient aggregation as a multi-objective optimization problem; Liu et al. [2021a] added the condition of minimum average loss to Sener and Koltun [2018]; Yu et al. [2020] projected task gradients onto the normal planes of conflicting gradients; Chen et al. [2020] randomly dropped some task gradients; Liu et al. [2021b] aimed to make the aggregate gradient contribute equally to each task; Navon et al. [2022] considered gradient aggregation as a Nash bargaining game. However, due to multiple backpropagations and high dimensional gradient aggregation, gradient balancing often requires greater training time than STL, which severely limits its learning efficiency in practice. Additionally, only Liu et al. [2021b] explored the combination of loss balancing and gradient balancing, but it ignored the complementary effect of the two types of methods, using loss balancing for the task-specific parameters and gradient balancing for the task-shared parameters without impacting each other.

Soft Actor-Critic. Reinforcement learning (RL) is an interactive machine learning decision-making method for streaming data to maximize the expected return [Kaelbling et al.,

1996]. It is commonly modeled using a Markov decision process, which assumes that the future state is independent of the past state given the present state [Watkins, 1989]. In other words, let s_i be the state at time i, the state s_t is Markovian if and only if

$$\Pr(s_{t+1}|s_t) = \Pr(s_{t+1}|s_1, s_2, \cdots, s_t). \tag{1}$$

Soft Actor-Critic (SAC) [Haarnoja et al., 2018] is an off-policy actor-critic algorithm based on the maximum entropy RL framework, which is chosen as the loss weighting component in our IGBv2 algorithm.

The Actor-Critic algorithm [Peters and Schaal, 2008] combines policy-based and value-based RL, where the actor generates actions and interacts with the environment, while the critic evaluates the performance of the actor and directs its actions in the subsequent stage. This algorithm is faster than those policy gradient methods, because it can be updated at each step.

The replay buffer [Mnih et al., 2013] employed in SAC is a classic off-policy mechanism where the agent learned and the agent interacting with the environment is different. It stores historical data for training, which is composed of four elements: the state s_t, the action a_t, the reward r_t and the next state s_{t+1}. The off-policy mechanism is beneficial to improve sample efficiency and reduce training instability caused by time series data.

The maximum entropy reinforcement learning [Ziebart et al., 2008] changes the optimization objective to maximizing both the expected return and the expected entropy of the policy. It increases the randomness of the policy, indicating that the probability distribution of the action is much wider. More randomness is proved beneficial to improve performance in MTL [Lin et al., 2022, Chen et al., 2020].

3 METHODOLOGY

In this section, we first provide a scale-invariant loss balancing paradigm. Based this paradigm, we then describe our IGB algorithms. Finally, we give the fusion paradigm to combine loss balancing and gradient balancing.

3.1 SCALE-INVARIANT LOSS BALANCING

The objective of existing loss balancing algorithms is to minimize the weighted sum or average of task losses [Lin et al., 2021]. However, if task losses are on different scales, the model update is probably dominated by a specific task.

To solve the scale imbalance problem of task losses, Navon et al. [2022] introduces a scale-invariant objective $\sum_{i=1}^{n} \log(L_i)$, where n is the number of tasks and L_i is the ith task loss. Inspired by this, we propose a scale-invariant

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Algorithm 1 Training iteration of IGBv1

Input: task number n, current batch losses $\boldsymbol{L} = [L_1, \cdots, L_n]$, current epoch ce, current batch cb, batch number of one epoch bn, learning rate η, task-shared parameters θ, task-specific parameters $\{\psi_i\}_{i=1}^{n}$
Output: updated task-shared parameters θ', updated task-specific parameters $\{\psi'_i\}_{i=1}^{n}$
1: **if** $ce = 2$ **and** $cb = bn$ **then**
2:     Assign $\boldsymbol{L_{base}}$ to the average losses of the current epoch;
3: **end if**
4: **if** $ce \leq 2$ **then**
5:     $\boldsymbol{\lambda_{v1}} = \boldsymbol{1} \in \mathbb{R}^n$;
6: **else**
7:     $\boldsymbol{\lambda_{v1}} = n \times \text{softmax}(\boldsymbol{L}/\boldsymbol{L_{base}})$;
8: **end if**
9: $\theta' = \theta - \eta \nabla_\theta \sum_{i=1}^{n} \lambda_{v1,i} \log(L_i)$;
10: **for** i = 1 **to** n **do**
11:     $\psi'_i = \psi_i - \eta \nabla_{\psi_i} \lambda_{v1,i} \log(L_i)$;
12: **end for**

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loss balancing paradigm referred as SI. The total loss of SI is defined as:

$$L_{total} = \sum_{i=1}^{n} \lambda_{l,i} \log(L_i), \tag{2}$$

where $\lambda_{l,i}$ is the ith task weight assigned by a specific loss balancing algorithm. In this paper, both of our IGB algorithms follow the SI paradigm.

3.2 IMPROVABLE GAP BALANCING

We propose two loss balancing algorithms: IGBv1 directly balances improvable gaps across tasks estimated by a simple heuristic, while IGBv2 jointly minimizes all improvable gaps through a DRL model.

3.2.1 IGBv1

In the ideal situation, the MTL model can completely fit each training data, which satisfies $L_i = 0, \forall i$. Therefore, we assume that the desired final training losses of all tasks are 0, so that the improvable gap can be directly represented by the normalized loss of the current batch.

To normalize the training losses, we record the average losses of the second epoch as $\boldsymbol{L_{base}}$, since the losses of the first epoch may be too large to accurately represent the order of loss magnitude if the MTL model is randomly initialized. In the first two epochs of training, the task weights are assigned to constant 1. In the subsequent training process, the task weights are calculated as:

$$\boldsymbol{\lambda_{v1}} = n \times \text{softmax}\left(\frac{\boldsymbol{L}}{\boldsymbol{L_{base}}}\right), \tag{3}$$

Figure 2: The architecture overview of our proposed IGBv2 algorithm by applying DRL to MTL.

where $\boldsymbol{L} = [L_1, \cdots, L_n]$ is the vector of the current batch losses. By this way, we dynamically assign more weights to tasks with more improvable gaps. The training process of IGBv1 is summarized in Algorithm 1, where we initially set both the current epoch cp and the current batch cb as 1.

3.2.2 IGBv2

In practice, it is difficult for the MTL model to satisfy $L_i = 0, \forall i$ at the end of training. The reason is that existing deep learning methods cannot fully fit the training data distribution, and the minimal loss on the training data usually indicates overfitting. Therefore the estimation of the improvable gap in IGBv1 is inaccurate, and we present IGBv2 which can adaptively balance improvable gaps through DRL.

Note that assigning task weights for loss balancing can be interpreted as sequential decisions for maximizing the cumulative loss declines of tasks in the future, while the loss declines can be regarded as the feedback reward for task weights, which is consistent with the application scenario of RL. Inspired by this, we propose deploying a DRL model to assign task weights, with the loss decline of the MTL model as the reward for DRL.

We choose SAC [Haarnoja et al., 2018] as the DRL model to guide the training of the MTL model, which is an off-policy actor-critic algorithm based on the maximum entropy RL framework. As interpreted in Figure 2, the task weights are assigned by the SAC model with the losses of the MTL model as input, and the MTL and SAC models are alternately trained. The reasons for choosing SAC are as follows: 1) The actor-critic structure [Peters and Schaal, 2008] can make the SAC model updated at each step, which enables IGBv2 to assign the current optimal weights in time; 2) The replay buffer [Mnih et al., 2013] in SAC is a commonly used off-policy mechanism, which can improve sample efficiency by training the SAC model on random historical data.

Because the MTL model is trained only once, the amount of data available to train the SAC model is much less than that for typical DRL applications, making sample efficiency more crucial; 3) The maximum entropy mechanism [Ziebart et al., 2008] can make the randomness of the action much greater, which increases the likelihood to discover the global optimum of the MTL model.

Unlike deploying DRL to play games [Mnih et al., 2013] which needs millions of episodes, in MTL only one complete training is allowed to get the optimal model. Therefore many details are redesigned to accommodate the differences between the two domains.

First, we consider the fundamental elements of DRL including environment, state, action, and reward:

- **Environment:** We regard the entire MTL model and the training data for MTL as the environment.

- **State:** The state is required to properly describe the current environment and not be too dimensional for learning efficiency. Therefore we choose the losses of the current batch as the state s_t, which is determined by both the current parameter situation of the MTL model and the input training data of the current batch. By this way, the past training process of the MTL model can be fully represented by the current state, which can be formulated as a standard Markov decision process.

- **Action:** We regard the task weights of the current batch as the action a_t, and limit it to positive numbers that sum to n for a fair comparison with other algorithms.

- **Reward:** Inspired by the multi-objective optimization in Sener and Koltun [2018], we regard the minimum loss decline of all tasks in the current batch as the reward, where the training losses are also normalized by the average losses of the second epoch $\boldsymbol{L_{base}}$. Additionally, since it is more challenging to reduce the

Algorithm 2 Training iteration of IGBv2

Input: task number n, current batch losses $\boldsymbol{L} = [L_1, \cdots, L_n]$, current epoch ce, current batch cb, batch number of one epoch bn, SAC model sac, replay buffer $buffer$, start epoch to update the SAC model $update\_e$, start epoch to use the SAC model use_e, learning rate η, task-shared parameters θ, task-specific parameters $\{\psi\}_{i=1}^n$

Output: updated task-shared parameters θ', updated task-specific parameters $\{\psi'\}_{i=1}^n$

1: **if** $ce = 2$ **and** $cb = bn$ **then**
2:     Assign $\boldsymbol{L_{base}}$ to the average losses of the current epoch;
3: **end if**
4: **if** $ce > 2$ **then**
5:     Obtain r_{t-1}, s_t and a_t;
6:     Add $(s_{t-1}, a_{t-1}, r_{t-1}, s_t)$ into $buffer$;
7: **end if**
8: **if** $ce \geq update\_e$ **then**
9:     Train the SAC model $sac.\text{train}(buffer)$;
10: **end if**
11: **if** $ce < use\_e$ **then**
12:     $\boldsymbol{\lambda_{v2}} = n \times \text{softmax}(\text{random\_normal}(n))$;
13: **else**
14:     $\boldsymbol{\lambda_{v2}} = sac.\text{select\_action}(\boldsymbol{L})$;
15: **end if**
16: $\theta' = \theta - \eta \nabla_\theta \sum_{i=1}^n \lambda_{v2,i} \log(L_i)$;
17: **for** i = 1 **to** n **do**
18:     $\psi'_i = \psi_i - \eta \nabla_{\psi_i} \lambda_{v2,i} \log(L_i)$;
19: **end for**

Algorithm 3 Training iteration of combining loss balancing with gradient balancing

Input: loss balancing algorithm LB, gradient balancing algorithm GB, task number n, current batch losses $\boldsymbol{L} = [L_1, \cdots, L_n]$, learning rate η, task-shared parameters θ, task-specific parameters $\{\psi\}_{i=1}^n$

Output: updated task-shared parameters θ', updated task-specific parameters $\{\psi'\}_{i=1}^n$

1: Compute the task weights assigned by loss balancing $\boldsymbol{\lambda_l} = LB(\boldsymbol{L})$;
2: **for** i = 1 **to** n **do**
3:     $g_i = \nabla_\theta \lambda_{l,i} \log(L_i)$;
4: **end for**
5: $\theta' = \theta - \eta GB(g_1, \cdots, g_n)$;
6: **for** i = 1 **to** n **do**
7:     $\psi'_i = \psi_i - \eta \nabla_{\psi_i} \lambda_{l,i} \log(L_i)$;
8: **end for**

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losses of the MTL model when the learning rate is lower than it was at the start of training, we add a multiplier factor α to the reward, which is calculated by the ratio of the initial learning rate to the current learning rate. Finally, the reward is defined as:

$$r_t = \alpha \times \min\left(\frac{\boldsymbol{L_t} - \boldsymbol{L_{t+1}}}{\boldsymbol{L_{base}}}\right), \qquad (4)$$

where $\boldsymbol{L_t}$ is the vector of the current batch losses and $\boldsymbol{L_{t+1}}$ is that of the next batch losses.

The SAC model adaptively assigns task weights to maximize the cumulative reward, so that the cumulative loss decline of each task can be maximized to the improvable gap. Therefore IGBv2 jointly minimizes the improvable gaps of all tasks by gradually minimizing the training losses to the desired final training losses.

Next, we present the training process of IGBv2 in Algorithm 2, where we initially set both the current epoch cp and the current batch cb as 1. At the beginning of training, since the SAC model is not sufficiently trained to be used, RLW [Lin et al., 2022] is deployed to randomly weight task losses for MTL. After obtaining $\boldsymbol{L_{base}}$, we can get the state s_t, the action a_t and the reward r_{t-1} in each training batch of

the MTL model. These data are continually added into the replay buffer for the training of the SAC model. Once the SAC model is trained well enough, it is deployed to weight task losses instead of RLW.

Furthermore, we set the replay buffer size to be significantly smaller than typical SAC applications. Since the performance of the MTL model is improved and the training losses are decreased gradually, training the SAC model by too earlier historical data is not beneficial to the current training of the MTL model.

3.3 COMBINATION OF LOSS BALANCING AND GRADIENT BALANCING

Our IGB algorithms dynamically provide varying importance for each task to balance the improvable gaps, while gradient balancing algorithms deal more directly with gradients conflict at the gradient level. These two categories of algorithms are complementary and can be combined together. Therefore, we propose a fusion paradigm to combine both loss balancing and gradient balancing.

We first assign task weights with the loss balancing algorithm and then input the weighted losses to the gradient balancing algorithm to obtain the final update gradient. By this way, the performance can be further improved while the training time is almost the same as that of gradient balancing, since loss balancing hardly adds extra training time.

Typically, updating the model with existing gradient balancing algorithms can be divided into two ways: one assigns weights to the gradients of both the task-shared and task-specific parameters, while the other just aggregates the gradients of the task-shared parameters. As illustrated in Algorithm 3, when combining loss balancing and gradient balancing in the latter case which is more common, the task-

shared parameters are updated by both loss balancing and gradient balancing, while the task-specific parameters are updated independently by loss balancing.

4 EXPERIMENTS

4.1 EXPERIMENTAL SETUP

Datasets. We train and evaluate our model on the NYUv2 dataset [Silberman et al., 2012] for multi-tasking scene understanding and the QM9 dataset [Ramakrishnan et al., 2014] for multi-tasking regression prediction.

NYUv2 is an indoor scene dataset that contains 795 training samples and 654 test samples. Prior studies [Liu et al., 2021a, Navon et al., 2022] typically regard the average performance of the last 10 epochs on the test set as the final result, which is clearly unreasonable in machine learning research. Therefore, we we randomly divide the 654 original test samples into 197 validation samples (the validation set) and 457 test samples (the test set).

QM9 is a chemical molecules dataset widely-used for graph neural networks (GNN) [Wu et al., 2020], with approximately 130K molecular samples (which are represented as graphs annotated with node and edge features). We use this dataset for 11 property prediction of chemical molecules.

Compared Methods. We compare our methods with the following classic algorithms that have been described in Section 2: (1) Equal Weighting (EW) which minimizes $\sum_{i=1}^{n} L_i$; (2) Random Loss Weighting (RLW) [Lin et al., 2022]; (3) Dynamic Weight Average (DWA) [Liu et al., 2019]; (4) Uncertainty Weighting (UW) [Kendall et al., 2018]; (5) Multiple Gradient Descent Algorithm (MGDA) [Sener and Koltun, 2018]; (6) Projecting Conflicting Gradient (PCGrad) [Yu et al., 2020]; (7) Conflict-Averse Gradient (CAGrad) [Liu et al., 2021a]; (8) Impartial Multi-Task Learning (IMTL-G) [Liu et al., 2021b]; (9) Nash-MTL (Nash) [Navon et al., 2022].

Evaluation Metrics. In the experiments, we first report the common evaluation metrics for each task over each dataset. Moreover, since the significance of MTL optimization is to improve both model performance and learning efficiency, we report two overall metrics to comprehensively evaluate the MTL optimization methods:

(1) Δm: the average per-task performance drop compared with STL, which is defined as:

$$\Delta m = \frac{1}{K} \sum_{k=1}^{K} (-1)^{\delta_k} \frac{M_{m,k} - M_{b,k}}{M_{b,k}}, \qquad (5)$$

where K is the total number of common evaluation metrics for each task, $M_{m,k}$ and $M_{b,k}$ are the values on the k-th metric of the evaluated method and the STL baseline. $\delta_k = 1$

if a higher value is better for the k-th metric and 0 otherwise [Liu et al., 2021a, Navon et al., 2022].

(2) T: the relative training time compared with EW, which is calculated as the ratio of the training time of the evaluated method to that of the EW baseline.

Implementation Details. In the experiments on the NYUv2 dataset, we train a SegNet model from Badrinarayanan et al. [2017] for 500 epochs with the Adam optimizer [Kingma and Ba, 2014], while the learning rate is initially set as $1e-4$ and decays by half for every 100 epochs. Then we test the model which has the best *validation* metric Δm to obtain the final algorithm performance.

In the experiments on the QM9 dataset, following Navon et al. [2022], we normalize each task target to have zero mean and unit standard deviation, and use the code implemented by Fey and Lenssen [2019], which contains a popular GNN from Gilmer et al. [2017] and a pooling operator from Vinyals et al. [2015]. We train the model for 300 epochs with the Adam optimizer [Kingma and Ba, 2014], while the learning rate is searched in $\{1e-3, 5e-4, 1e-4\}$ and decreased by the ReduceOnPlateau scheduler according to the *validation* metric Δm.

For the IGBv2 algorithm, the SAC model is updated once every 50 batches during the MTL model training, where the learning rate of the SAC model is adjusted according to the situation: $1e-4$ when combining IGBv2 with MGDA [Sener and Koltun, 2018], PCGrad [Yu et al., 2020] or Nash [Navon et al., 2022], and $3e-4$ when combining IGBv2 with other gradient balancing algorithms or using IGBv2 alone. The replay buffer size is set to $1e4$. The discount factor γ is set to 0.99. The start epoch to update the SAC model $update\_e$ is set to 4, while the start epoch to use the SAC model use_e is set to 6.

4.2 RESULTS OF MULTI-TASK SCENE UNDERSTANDING ON NYUV2

Scene understanding on the NYUv2 dataset is the most common evaluation scenario in the MTL research, which contains three tasks: semantic segmentation, depth estimation, and surface normal prediction.

The comparative results are shown in Table 1. To verify the complementarity between IGB and gradient balancing, we combine our IGB algorithms with all compared gradient balancing algorithms. We categorize all methods into two groups according to efficiency and compare the performance in each group: one is the loss balancing algorithms; the other is the gradient balancing algorithms and also the combined algorithms by IGB and gradient balancing.

First, we focus on the overall performance and learning efficiency of MTL. **In terms of overall performance (Δm):** Our IGB algorithms are the best in loss balancing and also

Table 1: Comparative results on the NYUv2 dataset for multi-task scene understanding. ↑ (↓) indicates that the higher (lower) the result, the better the performance. + represents the combination of loss balancing and gradient balancing. In each group, the best results are **bolded** and the second-best results are underlined.

| Methods | Segmentation | | Depth | | Surface Normal | | | | | $\Delta m\downarrow$ | $T\downarrow$ |
| | | | | | Angle Distance↓ | | Within $t°$↑ | | | | |
	mIoU↑	Pix Acc↑	Abs Err↓	Rel Err↓	Mean	Median	11.25	22.5	30		
STL	41.16	65.70	0.6074	0.2400	24.49	18.24	31.92	59.16	70.56		
EW	40.12	66.16	0.5189	0.2039	28.30	23.58	23.07	48.35	61.39	8.45	1.00
RLW [Lin et al., 2022]	39.72	65.40	0.5252	0.2092	28.85	24.38	21.59	46.74	59.98	10.82	1.00
DWA [Liu et al., 2019]	41.60	66.52	0.5041	**0.2000**	28.11	23.32	23.32	48.71	61.83	7.08	1.00
UW [Kendall et al., 2018]	40.29	64.60	0.5081	0.2058	26.69	21.47	26.18	52.43	65.21	4.09	1.00
IGBv1 (ours)	39.91	66.03	**0.4961**	0.2009	26.08	20.69	27.52	54.11	66.57	1.76	1.00
IGBv2 (ours)	**41.66**	**66.98**	0.5392	0.2090	**25.47**	**19.88**	**28.79**	**55.86**	**68.14**	**0.50**	1.09
MGDA [Sener and Koltun, 2018]	30.55	60.20	0.5728	0.2179	**24.16**	**18.12**	**32.34**	**59.51**	**71.04**	1.63	2.88
PCGrad [Yu et al., 2020]	42.08	67.18	0.5098	0.1994	27.48	22.46	24.79	50.46	63.42	5.01	2.52
CAGrad [Liu et al., 2021a]	41.43	67.35	0.5042	0.1976	25.25	19.58	29.31	56.43	68.58	-1.31	2.85
IMTL-G [Liu et al., 2021b]	41.67	67.18	0.5019	0.1977	25.03	19.47	29.61	56.70	68.95	-1.76	2.85
Nash [Navon et al., 2022]	42.96	68.30	0.4966	0.1986	24.79	18.97	30.50	57.74	69.67	-3.39	3.16
IGBv1 + MGDA	40.93	66.66	0.5238	0.2049	24.38	18.44	31.52	58.97	70.66	-3.03	2.90
IGBv2 + MGDA	40.91	67.01	0.5359	0.2060	25.11	19.41	29.65	56.77	68.89	-0.54	2.96
IGBv1 + PCGrad	40.57	66.98	0.4989	0.1990	25.76	20.33	28.12	54.80	67.30	0.56	2.52
IGBv2 + PCGrad	36.00	63.04	0.5286	0.2079	26.00	20.41	28.11	54.65	66.96	3.66	2.60
IGBv1 + CAGrad	40.98	66.84	0.5050	0.1995	25.15	19.49	29.54	56.57	68.74	-1.23	2.86
IGBv2 + CAGrad	40.12	66.23	0.5190	0.2004	24.69	18.77	30.72	58.19	70.00	-2.16	2.93
IGBv1 + IMTL-G	42.01	67.69	0.5009	0.1995	24.97	19.21	30.01	57.20	69.28	-2.35	2.85
IGBv2 + IMTL-G	41.25	66.43	0.5134	0.2011	25.18	19.58	29.17	56.53	68.77	-0.81	2.94
IGBv1 + Nash	42.83	67.99	**0.4892**	**0.1958**	24.70	18.92	30.64	57.79	69.78	-3.71	3.17
IGBv2 + Nash	**43.97**	**68.53**	0.4928	0.1967	24.71	18.83	30.83	57.90	69.86	**-4.15**	3.23

competitive with some gradient balancing algorithms. Combining IGB and gradient balancing is better than using gradient balancing alone. In particular, IGBv1 + Nash and IGBv2 + Nash achieve better performance than Nash [Navon et al., 2022], yielding the SOTA performance of all algorithms. **In terms of learning efficiency (T):** The training time of gradient balancing is about three times that of loss balancing. Either used alone or combined with gradient balancing, IGBv1 hardly leads to extra training time, and IGBv2 slightly leads to extra training time but can achieve better performance than IGBv1 in most situations.

Notably, with our IGB algorithms, users now have more freedom to take the trade-off between efficiency and performance in real-world MTL applications: our IGB algorithms could be chosen if efficiency is more important, and IGB + gradient balancing algorithms could be chosen if performance is more important. More specifically, IGBv1 is more efficient and simpler to implement, while IGBv2 achieves better performance in most situations.

Next, we analyze the superiority of our IGB algorithms through the specific task performance. Compared with STL, the performance of most existing algorithms is close to or even better on semantic segmentation and depth estimation, but significantly worse on surface normal prediction. To some extent, it means that in the NYUv2 MTL scenario, semantic segmentation and depth estimation are simpler,

while surface normal prediction is more difficult. Such performance imbalance is undesirable in most MTL scenarios. As expected, our IGB algorithms can alleviate this imbalance problem effectively. That is, compared with other loss balancing algorithms, the performance of our IGBv1 and IGBv2 is competitive on semantic segmentation and depth estimation, and significantly better on surface normal prediction, which is close to that of STL.

Moreover, the performance of MGDA [Sener and Koltun, 2018] is the best on surface normal prediction among all algorithms but significantly worse than other algorithms on semantic segmentation and depth estimation, which leads to its poor overall performance. By combining MGDA and our IGB algorithms, we significantly alleviate the performance imbalance problem and greatly improve its overall performance. The main reason is that during the training process, our improvable gap balancing algorithms can automatically focus on tasks that have not been properly trained.

4.3 RESULTS OF MULTI-TASK REGRESSION PREDICTION ON QM9

Predicting 11 properties of chemical molecules on the QM9 dataset is a more challenging MTL problem, because of the larger task number, lower task relevance and more varied task difficulty. Prior studies have found that the performance of STL on 11 properties prediction is significantly better

Table 2: Comparative results on the QM9 dataset for multi-task regression prediction. The performance results are averaged over 3 random seeds. In each group, the best results are **bolded** and the second-best results are underlined.

Methods	μ	α	ϵ_{HOMO}	ϵ_{LUMO}	$\langle R^2 \rangle$ MAE↓	ZPVE	U_0	U	H	G	c_v	$\Delta m \downarrow$	$T \downarrow$
STL	0.067	0.181	60.57	53.91	0.502	4.53	58.8	64.2	63.8	66.2	0.072		
EW	**0.106**	**0.325**	**73.57**	**89.67**	5.19	14.06	143.4	144.2	144.6	140.3	0.128	177.6	1.00
RLW [Lin et al., 2022]	0.113	0.340	76.95	92.76	5.86	15.46	156.3	157.1	157.6	153.0	0.137	203.8	1.00
DWA [Liu et al., 2019]	0.107	**0.325**	74.06	90.61	5.09	13.99	142.3	143.0	143.4	139.3	0.125	175.3	1.00
UW [Kendall et al., 2018]	0.386	0.425	166.2	155.8	1.06	4.99	66.40	66.78	66.80	66.24	0.122	108.0	1.02
IGBv1 (ours)	0.271	0.351	143.1	132.4	1.07	4.53	**56.74**	**57.13**	**57.16**	**56.73**	0.115	**73.9**	1.01
IGBv2 (ours)	0.251	0.333	149.1	130.2	**0.956**	**4.39**	56.75	57.19	57.25	**56.73**	**0.110**	67.7	1.16
MGDA [Sener and Koltun, 2018]	0.217	0.368	126.8	104.6	3.22	5.69	88.37	89.40	89.32	88.01	0.120	120.5	22.90
PCGrad [Yu et al., 2020]	0.106	0.293	**75.85**	88.33	3.94	9.15	116.4	116.8	117.2	114.5	0.110	125.7	5.85
CAGrad [Liu et al., 2021a]	0.118	0.321	83.51	94.81	3.21	6.93	114.0	114.3	114.5	112.3	0.116	112.8	4.97
IMTL-G [Liu et al., 2021b]	0.136	0.287	98.31	93.96	**1.75**	5.69	101.4	102.4	102.0	100.1	0.096	77.2	4.96
Nash [Navon et al., 2022]	**0.102**	**0.248**	82.95	**81.89**	2.42	5.38	**74.5**	**75.02**	**75.10**	**74.16**	**0.093**	**62.0**	7.20

than that of MTL [Maron et al., 2019, Gasteiger et al., 2020], but driven by the need for learning efficiency and model size, MTL methods are still worth studying.

The comparative results on the QM9 dataset are shown in Table 2. We can clearly see that our IGB algorithms beat all compared algorithms except Nash [Navon et al., 2022] in performance, and perform much better than all gradient balancing algorithms in learning efficiency. For example, the training time of Nash is about seven times that of our IGB algorithms with the closest performance, and the training time of MGDA [Sener and Koltun, 2018] is twenty-two times that of our IGB algorithms due to aggregating the high dimensional gradients by multi-objective optimization. As the task number increases, the learning efficiency gap between loss balancing and gradient balancing becomes larger and larger. In a scenario like QM9, loss balancing (especially IGB) is thus more valuable. Unfortunately, since all MTL methods perform much worse than STL on QM9 for regression prediction, combining loss balancing and gradient balancing does not further improve the performance.

4.4 ABLATION STUDY

As shown in Table 3, we analyze the contributions of improvable gap balancing in our algorithms and the effects of different settings in the IGBv2 algorithm on the NYUv2 dataset. The compared methods include: (1) EW which minimizes $\sum_{i=1}^{n} L_i$; (2) SI which minimizes $\sum_{i=1}^{n} \log(L_i)$ [Navon et al., 2022]; (3) IGBv1 (full); (4) IGBv2 (reward / min, buffer $1e4$) where the reward is calculated by the average loss decline instead of the minimum; (5) IGBv2 (reward / α, buffer $1e4$) where the reward is calculated without the multiplier factor α; (6) IGBv2 (full reward, buffer $1e6$) in which the replay buffer size is set as $1e6$; (7) IGBv2 (full reward, buffer $1e4$) which is our full IGBv2.

We can observe from Table 3 that: (1) SI brings significant performance improvement compared with EW, indicating that the scale-invariant loss balancing paradigm is supe-

Table 3: Results of ablation study on the NYUv2 dataset. 'reward / min' (or 'reward / α') denotes that min (or α) is removed from the definition of the full reward.

Methods	$\Delta m \downarrow$	$T \downarrow$
EW	8.45	1.00
SI [Navon et al., 2022]	2.36	1.00
IGBv1 (full)	1.76	1.00
IGBv2 (reward / min, buffer $1e4$)	5.97	1.09
IGBv2 (reward / α, buffer $1e4$)	0.91	1.09
IGBv2 (full reward, buffer $1e6$)	3.48	1.06
IGBv2 (full reward, buffer $1e4$)	0.50	1.09

rior to the traditional loss balancing paradigm. (2) Our full IGBv1 and IGBv2 further improve the performance compared with SI, which clearly validates the effectiveness of improvable gap balancing. (3) IGBv2 (reward / min, buffer $1e4$), IGBv2 (reward / α, buffer $1e4$), and IGBv2 (full reward, buffer $1e6$) all produce performance degradation compared with the full IGBv2, indicating that our redesign of the reward and the replay buffer size is necessary when deploying DRL for MTL optimization.

5 CONCLUSION

In this paper, we propose two novel loss balancing algorithms, IGBv1 and IGBv2, and a fusion paradigm to combine loss balancing and gradient balancing. We dynamically assign task weights to balance the improvable gaps: IGBv1 takes a simple heuristic, and IGBv2 (for the first time) applies DRL to MTL. We analyze the complementarity between IGB and gradient balancing, and then provide a combination paradigm. Extensive experiments show that our IGB algorithms outperform all existing loss balancing algorithms and bring further performance improvements when combined with gradient balancing. More importantly, we reemphasize the significance of loss balancing in MTL and give users more freedom to balance efficiency and performance in real-world applications.

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